Renal Physiology 1

Renal Functions and Basic Concepts

Learning Objectives:

- Enumerate general functions of the kidney.
- Identify and describe that the **nephron** is the structural and function unit of the kidney.
- Explain glomerular filtration membrane & filtration forces.
- Describe mechanism of filtration & composition of the glomerular filtrate.
- Calculate the net filtration pressure using parameters of Starling forces.

Urinary System

Kidneys perform the functions of the urinary system.

Ureters transport urine from the kidneys to the bladder

Urinary bladder temporary storage of urine

Kidney functions

FILTRATION

200 liters of blood daily, allowing toxins, metabolic wastes, and excess ions to leave the body in urine

BLOOD PRESSURE REGULATION

- By controlling the rate at which water is excreted in the urine → regulate plasma volume → total blood volume → blood pressure.
- By release of renin \rightarrow vasoactive agents

REGULATION

of water and electrolyte balance: Maintain the proper balance between water and salts, and acids and bases

- By ↑ or ↓ the excretion of specific ions in the urine, the kidneys regulate the concentration of the following ions in the plasma:
- Na⁺, K⁺, Ca²⁺, Mg²⁺, Cl⁻, HCO₃⁻, H⁺ and phosphates.

RBC production by bone marrow by controlling erythropoietin hormone levels.

Kidney functions

EXCRETION

of bioactive substances (hormones and many foreign substances, especially drugs) that affects body function

GLUCONEOGENESIS

during prolonged fasting glucose can be synthesized in the liver and kidneys

Glycerol and certain amino acids are used to synthesize **glucose**

Three distinct regions

Cortex granular superficial region

Medulla exhibits coneshaped pyramids

Pyramids are bundles of collecting tubules

Renal pelvis flat, funnel-shaped tube



Diagrammatic view of the kidney



Nephron as a functional unit



Cortical nephron



Types of nephrons

Cortical nephrons: 85% of nephrons

Juxtamedullary nephrons:

loops of Henle
deeply invade the
medulla

 involved in the production of concentrated urine















Turned back: Blood cells Plasma proteins Large anions Protein-bound minerals and hormones Most molecules > 8 nm in diameter

The Glomerular Filtration Membrane

Blood stream

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Endothelial cell of glomerular capillary

Basement membrane

Filtration slit Filtration pore

Foot process of podocyte

Passed through filter:

Water Electrolytes Glucose Amino acids Fatty acids Vitamins Urea Uric acid Creatinine

Capsular space





Filtration Membrane

Filter that lies between the blood and the interior of the glomerular capsule







Loop of Henle

Proximal part is similar to PCT

Thin segment (simple squamous cells) followed by thick segment (cuboidal to columnar cells)





Distal convoluted tubule

Cuboidal cells without microvilli that function more in secretion than reabsorption

Na⁺, Cl⁻



Collecting duct cells

Intercalated cell Acid-base balance

Na⁺, Cl⁻

Water and salt balance **Principal cell**

H+, K+

Mesangial cells

- Irregularly shaped cells in the central part of the glomerular tuft.
- Phagocytic function → prevent the accumulation of macromolecules in the basement membrane which have escaped from the capillaries.
- Hold the delicate glomerular structure in position.



■ Contraction → modifies the surface area of the glomerular capillaries available for filtration.



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Juxtaglomerular Apparatus

Glomerulus

Afferent arteriole

Juxtaglomerular cell

- Macula densa

 Distal convoluted tubule

Glomerular capsule Efferent arteriole



Macula densa

- Tall, closely packed distal tubule cells
- Lie adjacent to JG cells
- Function as chemoreceptors or osmoreceptors
- The cells of the macula densa are sensitive to the ionic content and water volume of the fluid in the tubule.



produce molecular signals that promote renin secretion by the juxtaglomerular cells



A hormone system that regulates BP and water balance.

Day-to-day control of Na⁺ excretion.





RAS

Innervation of the kidney

- Only sympathetic nerves supply renal blood vessels
- regulate blood flow, filtration, water reabsorption, renin secretion.

 \uparrow sympathetic = constriction, \downarrow blood flow

There is no parasympathetic innervation

Control of GFR



Net filtration pressure (10 mm Hg)

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Glomerular hydrostatic pressure (60 mm Hg)

Bowman's capsule pressure (18 mm Hg) Glomerular oncotic pressure (32 mm Hg)

