

# Practical Histology

## OSPE

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# Cell Structure



# Nucleus

**Q1- Identify the structure :**

Nucleus

**Q2- Identify the features of this structure ?**

**Heterochromatin** ( dark and inactive )

**Euchromatin** ( pale and active )

**Nuclear pore** ( openings in the nuclear envelope )

**Nuclear envelope** (lining the nucleus)

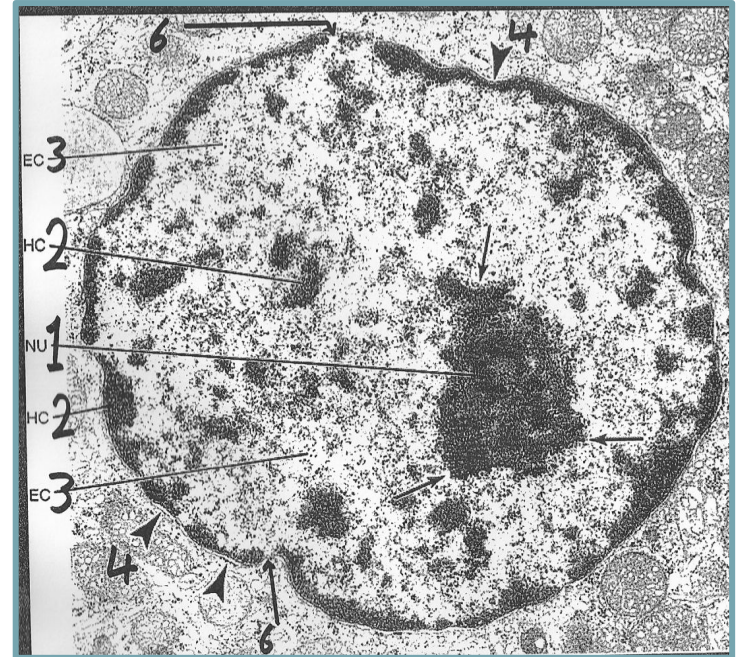
**Nucleolus** ( The biggest dark region in the nucleus)

**Q3- What is the function of Nucleolus ?**

formation of ribosomal RNA (rRNA), which is responsible for protein synthesis in the cytoplasm

**Q4- what is the function of the Nucleus?**

- It is the site of formation of the three types of RNA.
- It is essential for the vitality and division of the cell.
- It is the site of storage of genetic information



# Cell membrane

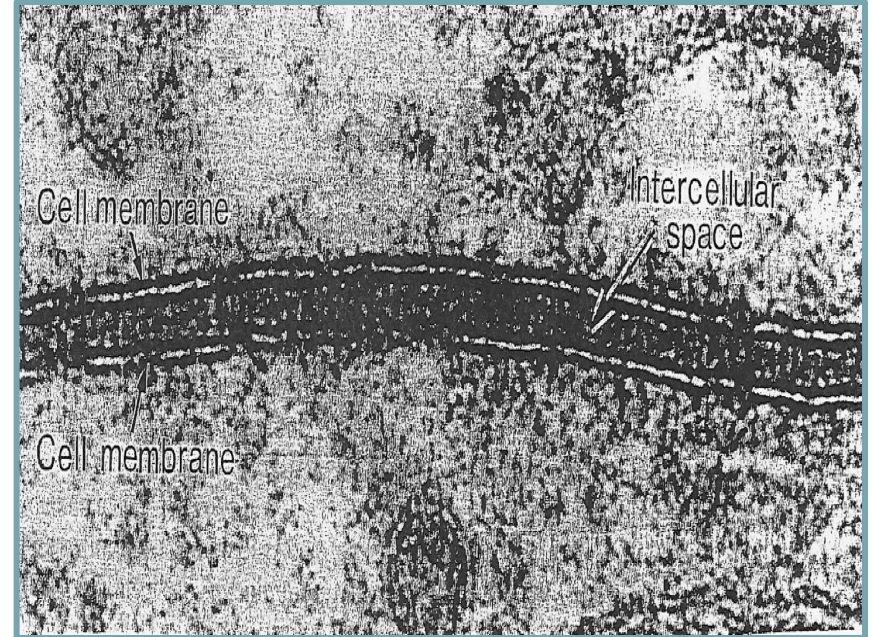
**Q1- Identify the structure?**

Cell membrane

**Q2- Identify the features of this structure ?**  
(trilaminar appearance)

**Q3 -Function of the cell membrane ?**

Selective barrier





# Mitochondria

**Q1- Identify the structure?**

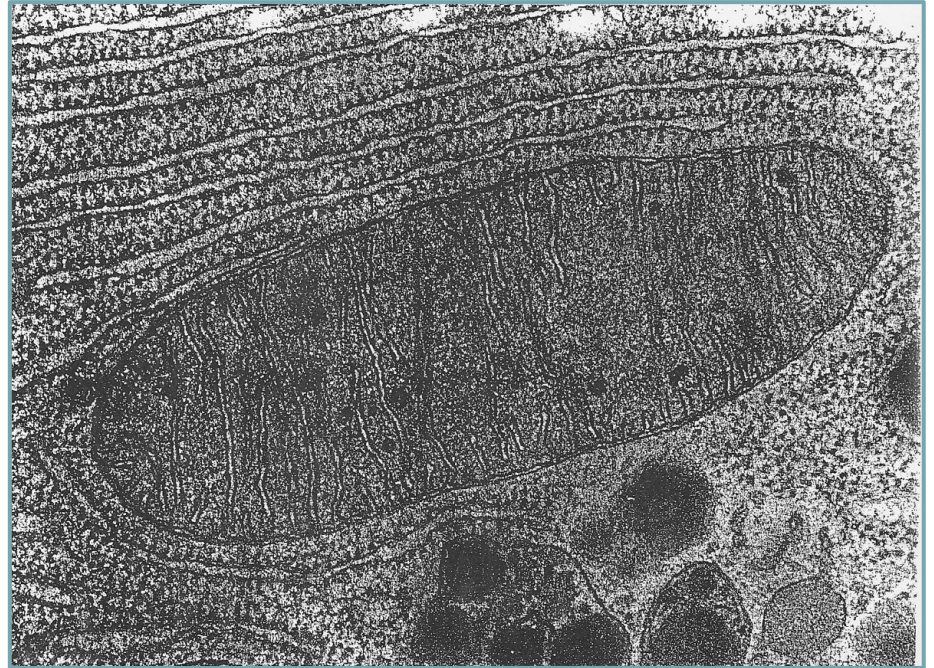
Mitochondria

**Q2- Identify the features of this structure ?**

- 1- Rod-shaped
- 2- Its wall has 2 membranes
- 3- The outer is smooth, the inner is folded to form CRISTAE.
- 4- Membranous organelles

**Q3- What is the function ?**

- 1) Generation of ATP “they are called the power house”
- 2) They can form their own protein and undergo self replication because they have their own DNA



# Golgi Apparatus

**Q1- Identify the structure?**

Golgi apparatus

**Q2- Identify the features of this structure ?**

Have two faces:

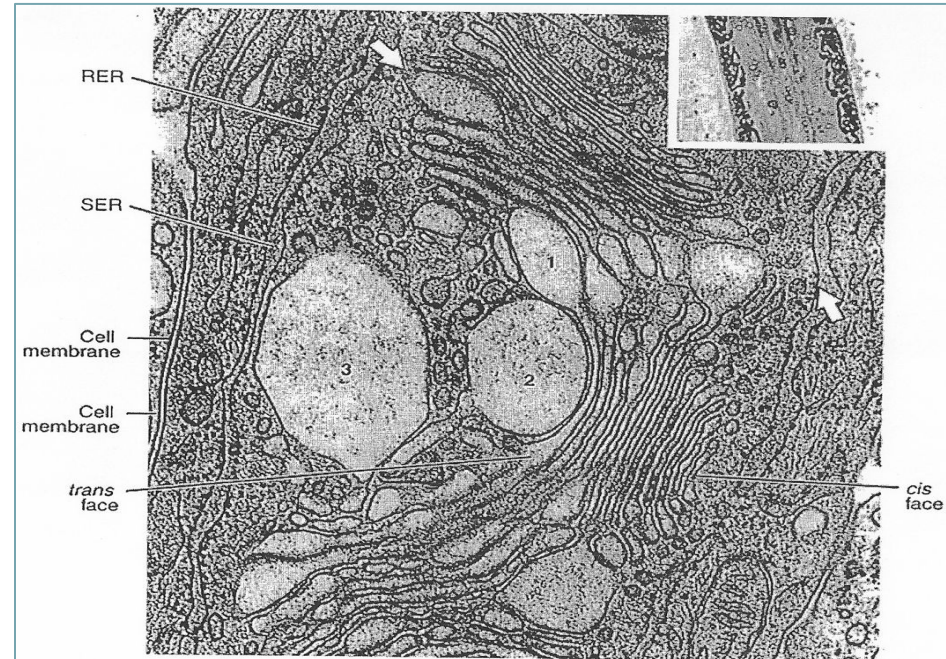
1- Convex (FORMING) face: receives transfer vesicles.

2- Concave (MATURE) face: forms secretory vesicles.

3- Membranous organelles

**Q2-What the function ?**

1. Sorting, modification & packaging of proteins
2. Secretory vesicles formation





# Rough Endoplasmic Reticulum

**Q1- Identify the structure**

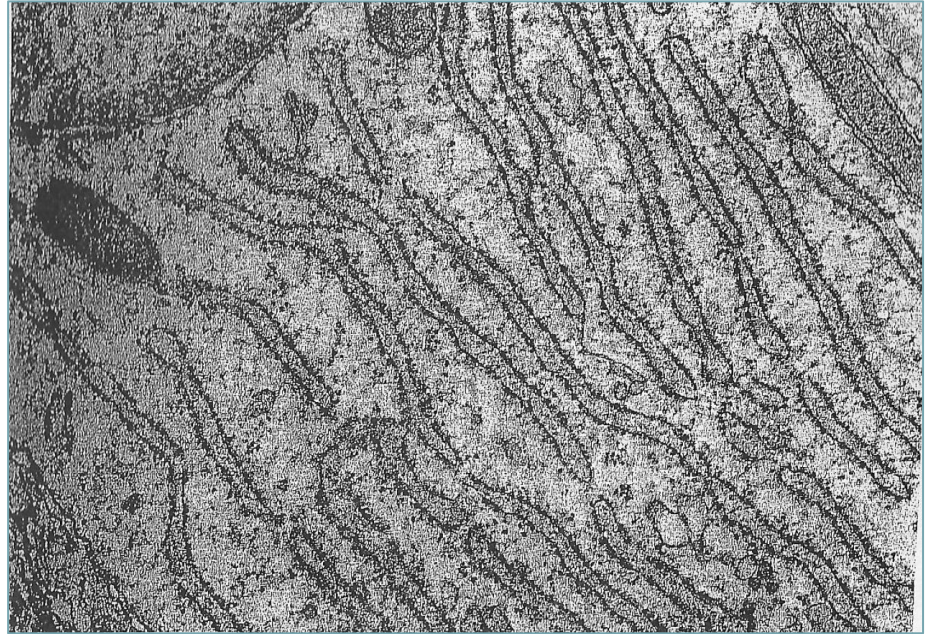
Rough Endoplasmic Reticulum

**Q2- Identify the features of this structure ?**

1-Membranous sheets of flattened tubules & vesicles 2-with ribosomes on the surface

**Q3-What is the function ?**

Synthesis of protein by the ribosomes in the outer surface.



# Smooth Endoplasmic Reticulum

**Q1- Identify the structure?**

Smooth Endoplasmic Reticulum

**Q2- Identify the features of this structure ?**

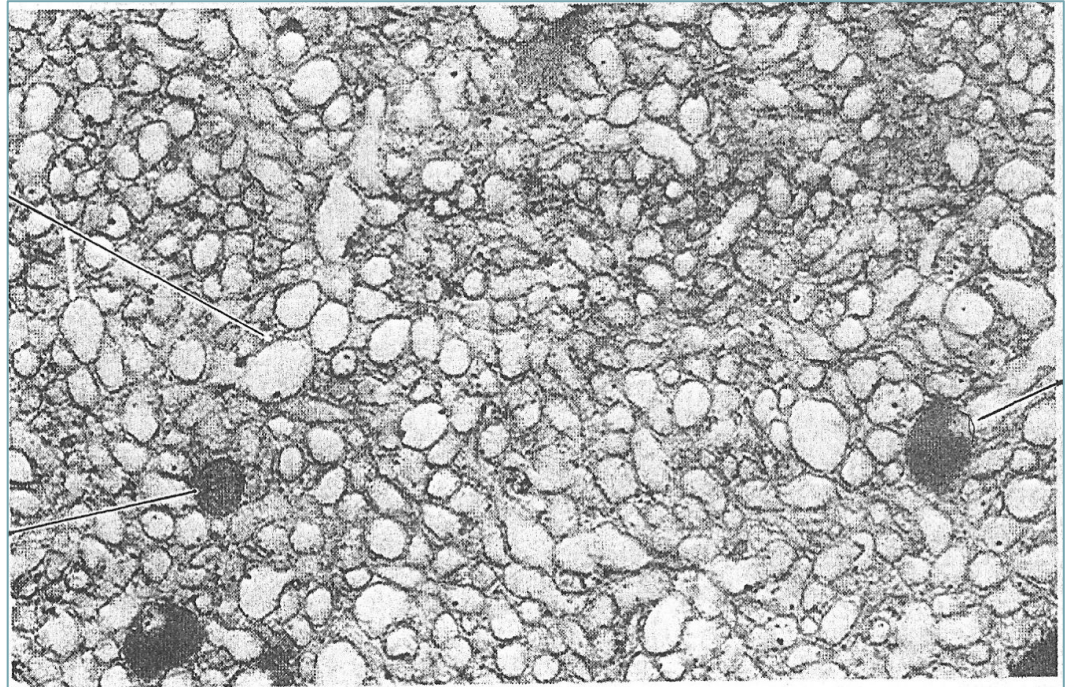
1-Membranous tubules and vesicles

2-no ribosomes of the surface

**Q3-What is the function ?**

Synthesis of lipids

Detoxification of toxins





# Centrioles

**Q1- Identify the structure?**

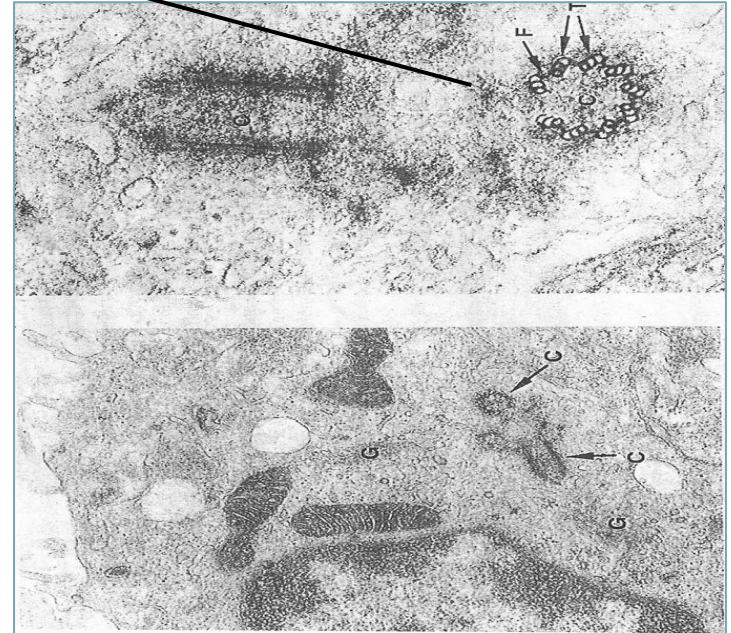
Centrioles

**Q2- Identify the features of this structure ?**

- 1- 2 cylinders which are perpendicular to each other
- 2- their wall is made of 9 triplets of microtubules (9x3 = 27)
- 3- Non membranous organelle

**Q3- What is the function of it?**

- Essential for cell division
- Formation of cilia and flagella





# Cilia

**Q1- Identify the structure?**

Cilia

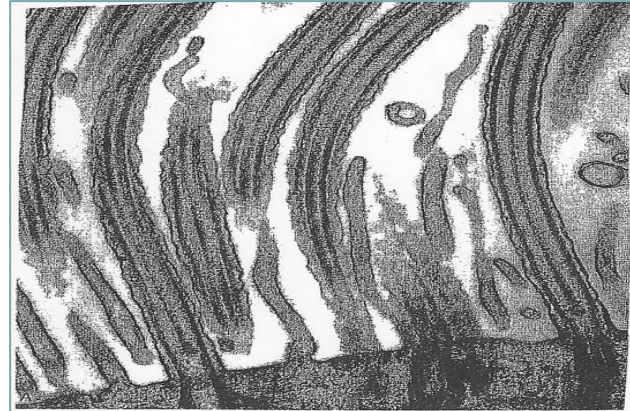
**Q2- What are Characteristics of it?**

1-Hair like striations on the free surface of some cells

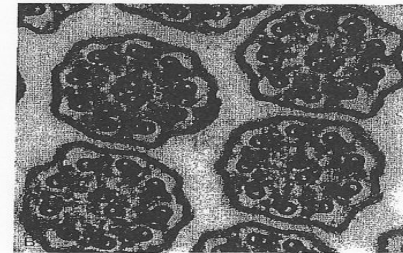
2-Shaft form of 9 doublets and 2 central singlets of microtubules ( $9 \times 2 + 2 = 20$ )

**Q3- What is the function of it?**

Movement of particles or fluids in one direction



L.S.



T.S.

# Microvilli

**Q1- Identify the structure?**

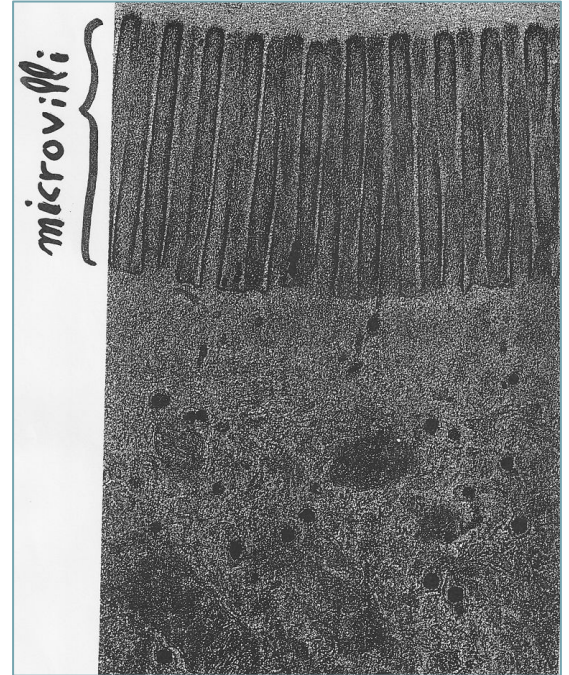
Microvilli

**Q2- What are Characteristics of it?**

- 1-Cylindrical cytoplasmic projections of apical surface to increase surface area
- 2-they contain actin filament (microfilaments)
- 3- like finger shape

**Q3- What is the function of it ?**

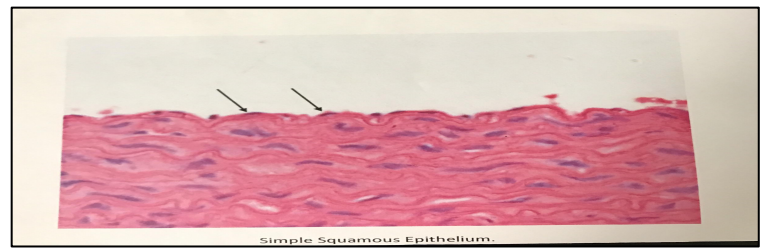
Increase surface area for more absorption



# EPITHELIAL TISSUE



# Simple Squamous Epithelium



Simple Squamous Epithelium.

**Q1- Identify the type of epithelium?**

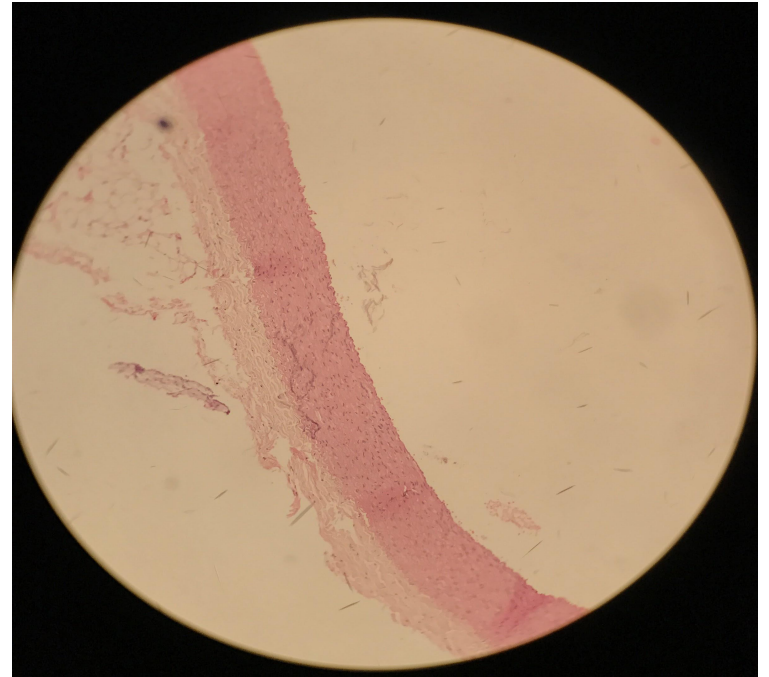
Simple squamous epithelium

**Q2- mention the organs (distribution, site & example)?**

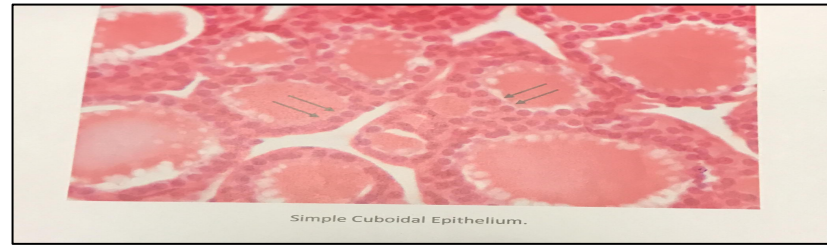
- Endothelium of Aorta
- Alveoli of lungs

**Q3- Identify the features of this structure ?**

- One layer
- Flat cells
- Flat nuclei



# Simple cuboidal epithelium



**Q1- Identify the type of epithelium / the structure?**

Simple cuboidal epithelium

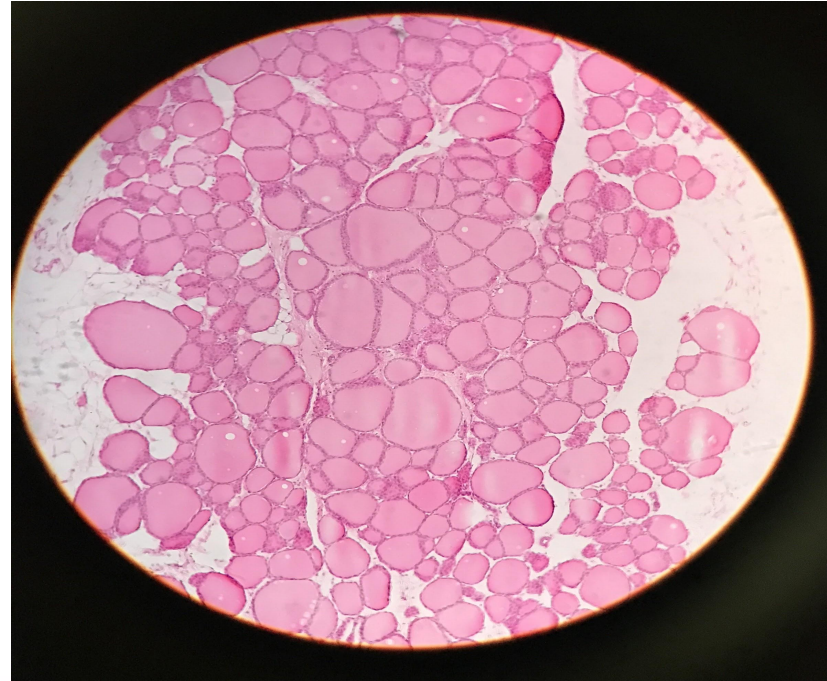
**Q2- mention the organs (distribution, site & example)?**

1-Thyroid gland (follicles)

2-salivary glands

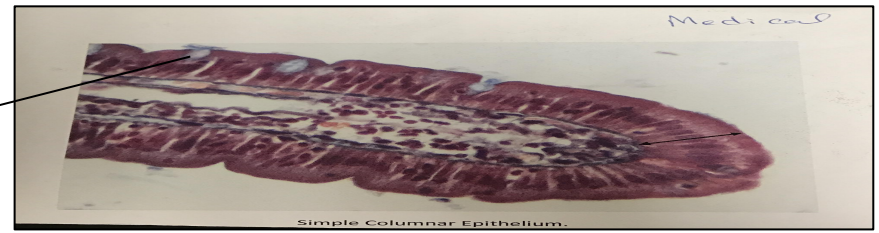
**Q3- Identify the features of this structure ?**

- One layer
- cuboidal cells
- Round central nuclei





## Simple columnar epithelium with goblet cells



**Q1- Identify the type of epithelium / the structure?**

Simple columnar epithelium with goblet cells

**Q2- mention the organs (distribution, site & example)?**

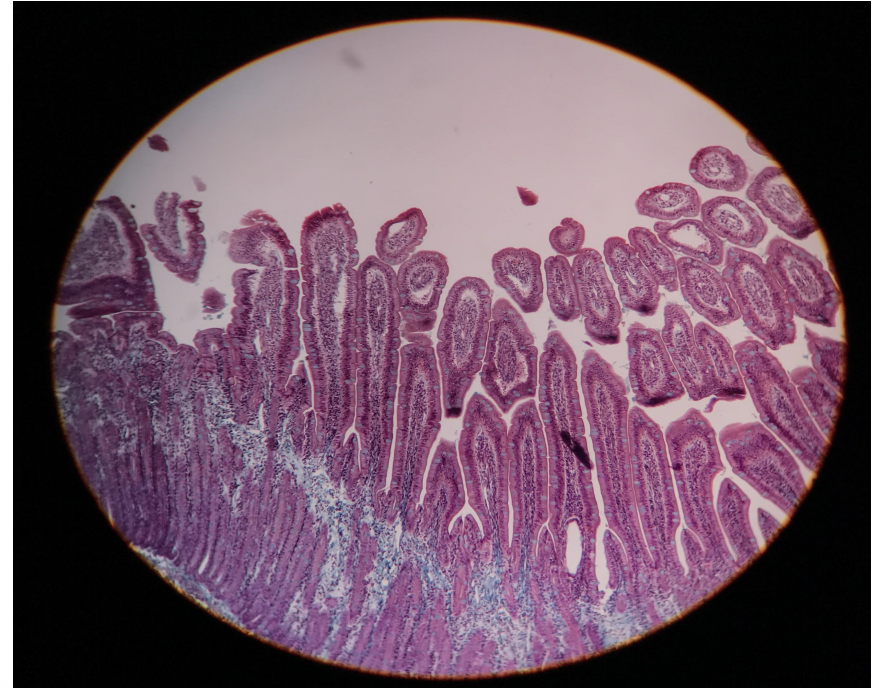
- GIT -small intestine (with goblet cell)
- GIT -stomach and gall bladder (without goblet cell)

**Q3- What is the function of the pointed area?**

Secreting mucus

**Q4- Identify the features of this structure ?**

- One layer
- columnar cells
- basal oval nuclei



# Pseudostratified Columnar ciliated epithelium with goblet cells



**Q1- Identify the type of epithelium / the structure?**

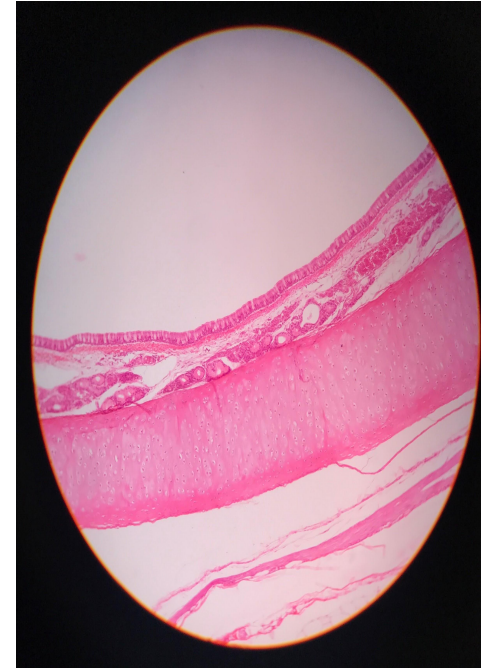
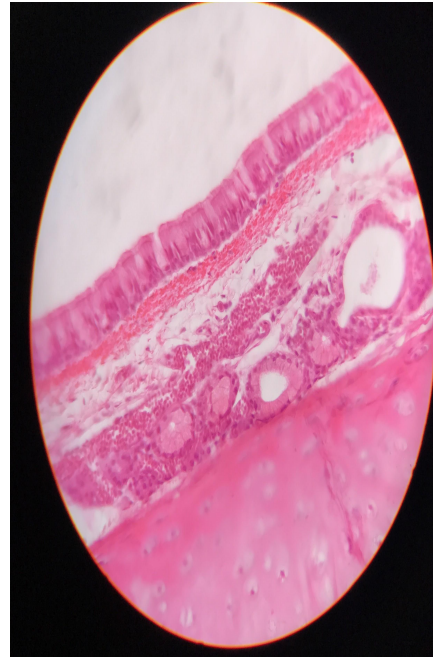
Pseudostratified Columnar epithelium  
"ciliated" with goblet cells"

**Q2- mention the organs (distribution, site & example)?**

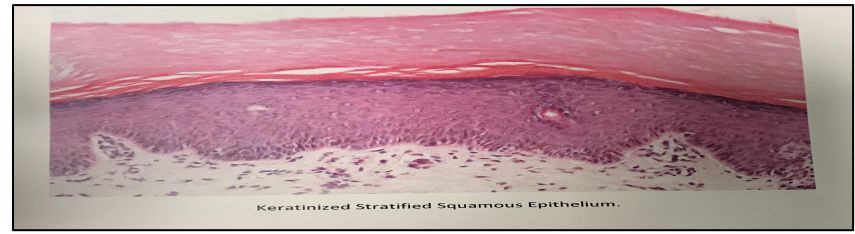
- Trachea
- bronchi

**Q3- Identify the features of this structure ?**

- One layer
  - columnar cells
  - Nuclei appear at different levels
  - All cells rest on basement membrane
- Some are tall, others are short



# Keratinized Stratified Squamous Epithelium



**Q1- Identify the type of epithelium / the structure?**

Keratinized Stratified Squamous Epithelium

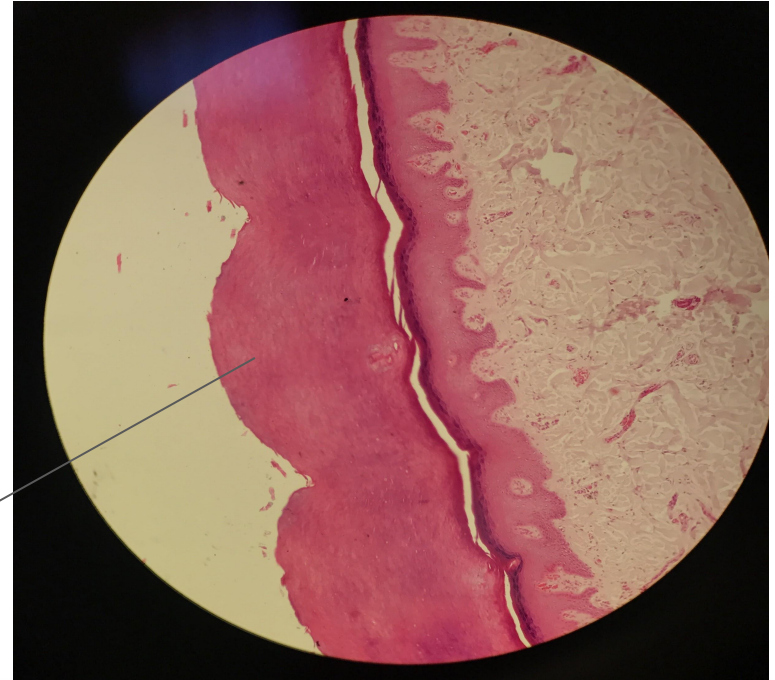
**Q2- mention the organs (distribution, site & example)?**

Epidermis of skin

**Q3- Identify the features of this structure ?**

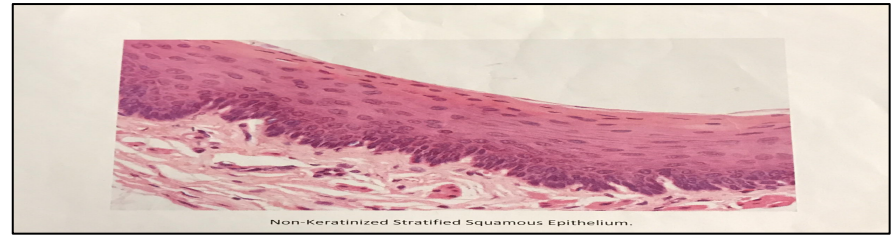
- multiple layers
- basal cells: columnar, basal oval nuclei
- Intermediate cells: polygonal , central rounded nuclei
- Surface cells: flat, flattened nuclei
- With layer of keratin on the surface

هذا هو keratin





# Non-keratinized Stratified Squamous Epithelium



**Q1- Identify the type of epithelium / the structure?**

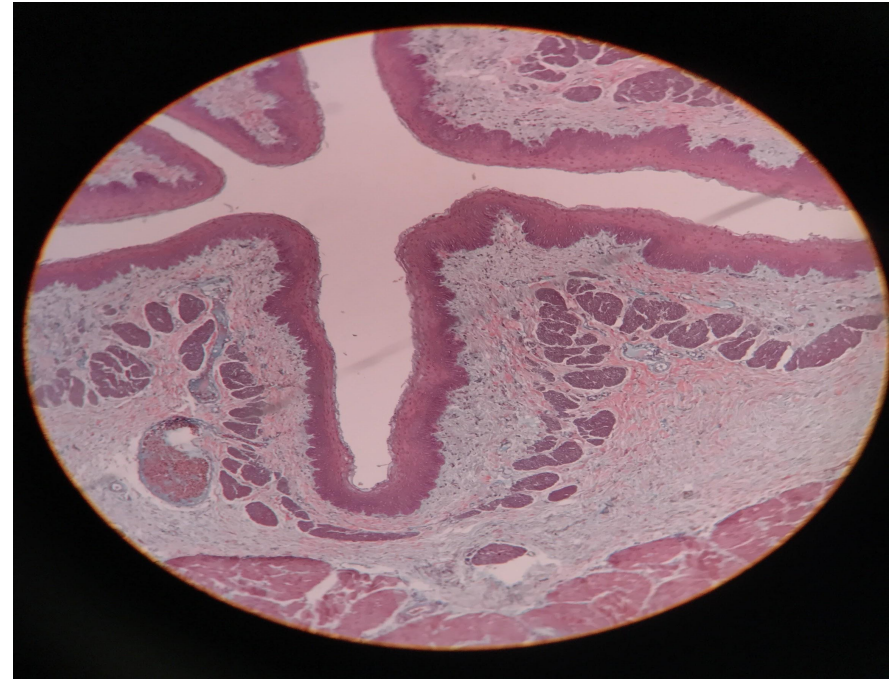
Non-keratinized Stratified Squamous Epithelium

**Q2- mention the organs (distribution, site & example)?**

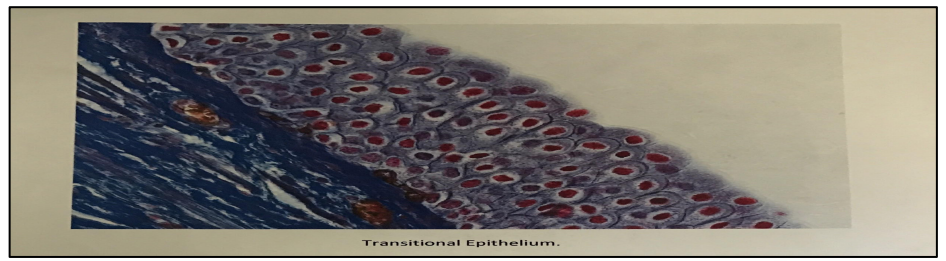
Esophagus

**Q3- Identify the features of this structure ?**

- multiple layers
- basal cells: columnar, basal oval nuclei
- Intermediate cells: polygonal, central rounded nuclei
- Surface cells: flat, flattened nuclei
- Without a layer of keratin on the surface



# Transitional epithelium



**Q1- Identify the type of epithelium / the structure?**

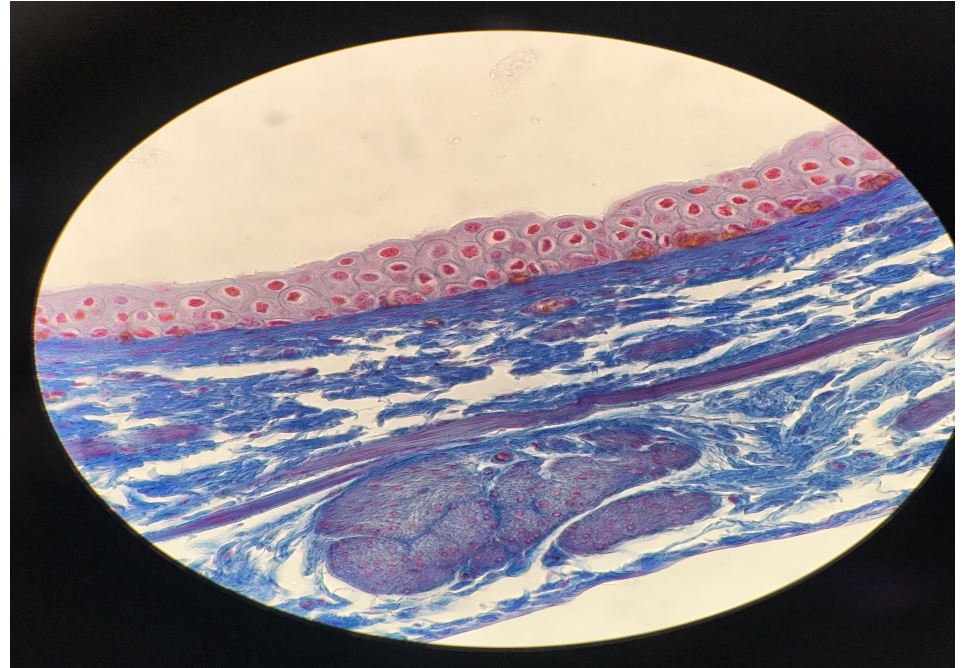
Transitional epithelium

**Q2- mention the organs (distribution, site & example)?**

- 1-Urinary bladder
- 2- Ureters

**Q3- Identify the features of this structure ?**

- multiple layers
- basal cells: columnar
- Intermediate cells: polygonal
- Surface cells: large cuboidal with convex free surface maybe binucleated

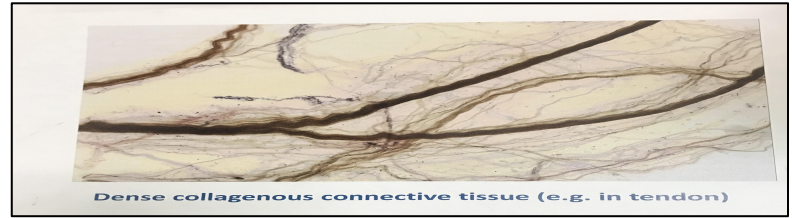




# CONNECTIVE TISSUE



# Dense collagenous regular connective tissue



**Q1- Identify the structure?**

Dense collagenous regular connective tissue

**Q2- What is the type of fibers?**

Collagen fiber (Collagen type I)

**Q3- What is the type of cells?**

Fibroblast cells

**Q4- mention the organs (distribution, site & example)?**

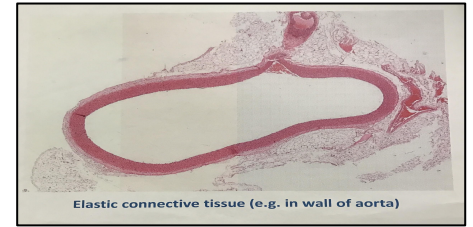
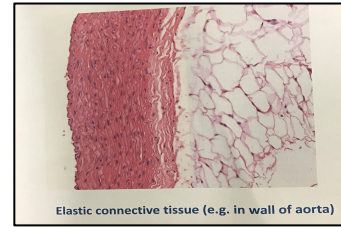
- Tendons
- ligaments

**Q3- Identify the features of this structure ?**

- 1-collagen fibers + fibroblasts.
- 2-Consists of collagen type one



# Elastic connective tissue



**Q1- Identify the structure?**

Elastic connective tissue

**Q2- What is the type of cells?**

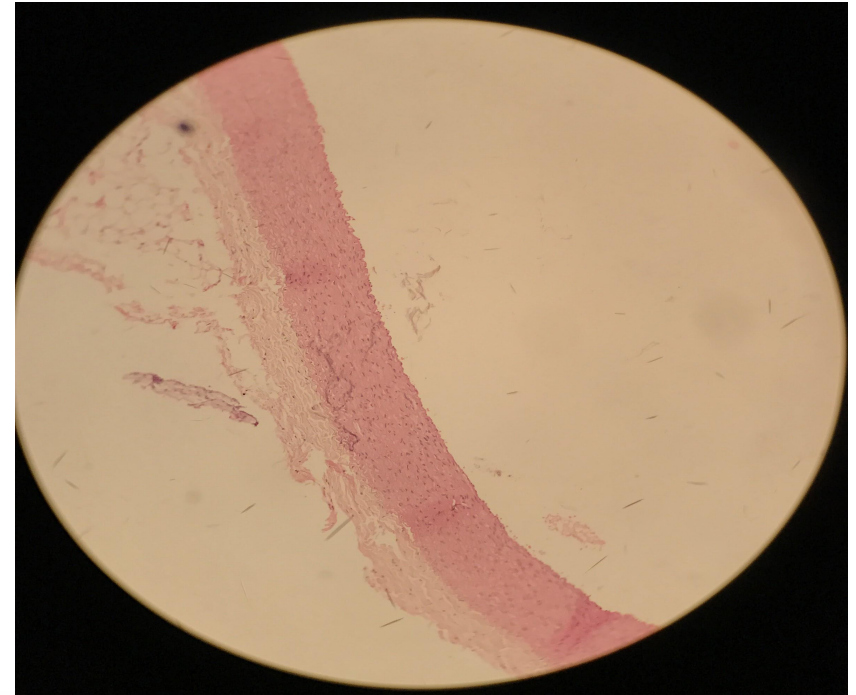
Fibroblast cells

**Q3- mention the organs (distribution, site & example)?**

Aorta

**Q3- Identify the features of this structure ?**

1-elastic fiber + fibroblasts



# Adipose connective tissue

**Q1- Identify the type of connective tissue?**

Adipose connective tissue

**Q2- What is the type of cells ?**

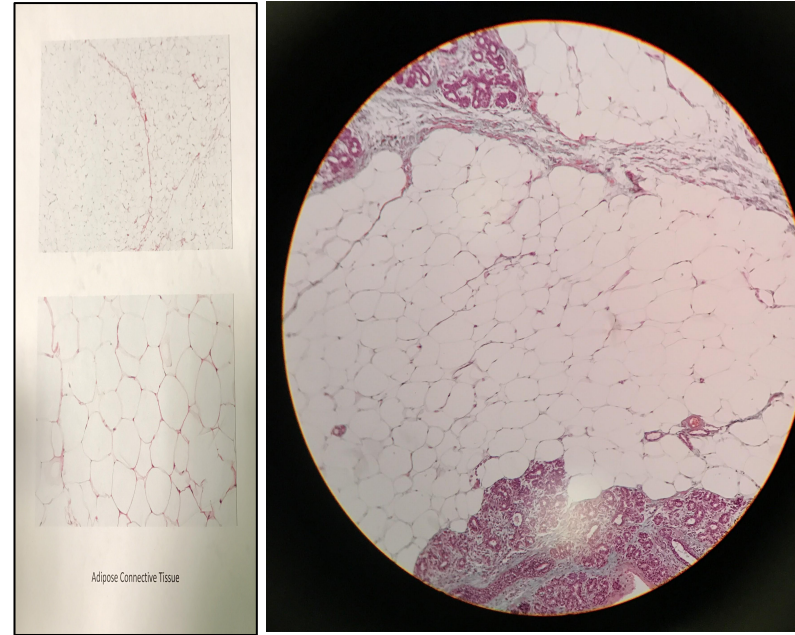
Adipocyte

**Q3- mention the organs (distribution, site & example)?**

- Around the kidney
- Female breast
- Abdominal wall
- buttocks

**Q3- Identify the features of this structure ?**

- 1-Consists of adipocyte
- 2-The nucleus of adipocyte is flattened and located on the periphery





# Reticular connective tissue

**Q1- Identify the type of connective tissue?**

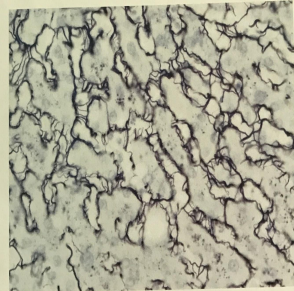
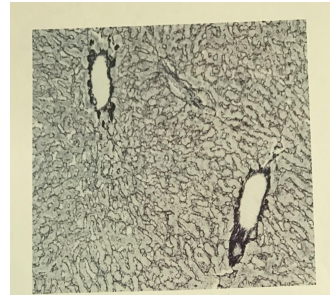
Reticular connective tissue (Collagen type III)

**Q2- mention the organ = site ?**

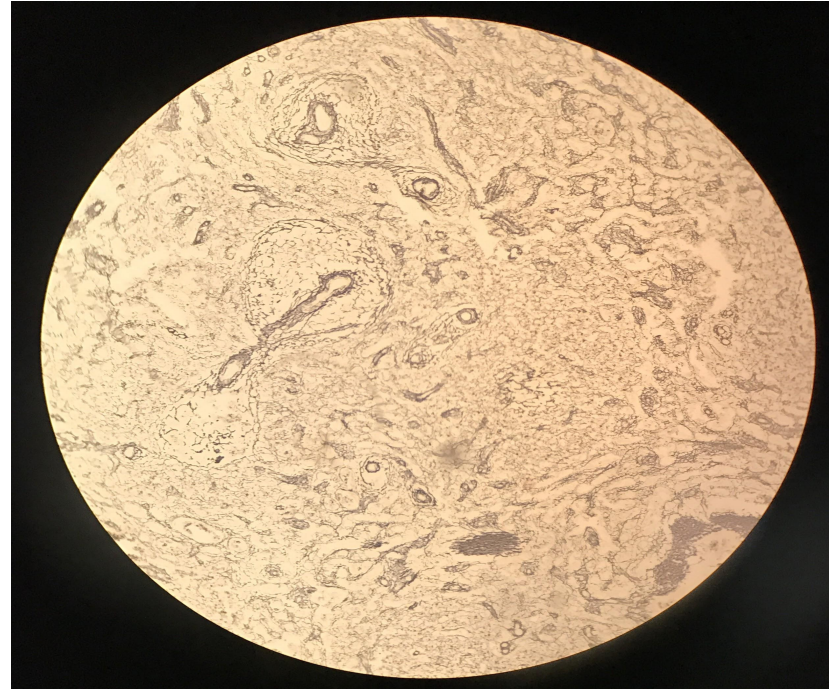
- Lymph node
- spleen
- liver

**Q3- Identify the features of this structure ?**

- 1-reticular fibers + reticular cells
- 2-form a network
- 3-Consists of collagen type III
- 4-stained by silver



Reticular Connective Tissue (e.g. in Liver)





# LYMPHOID TISSUE



# Lymph node

**Q1- Identify the structure?**

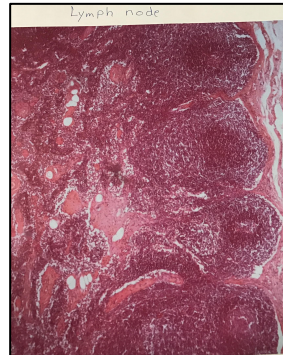
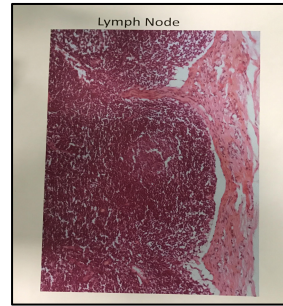
Lymph node

**Q2- What is the function of it?**

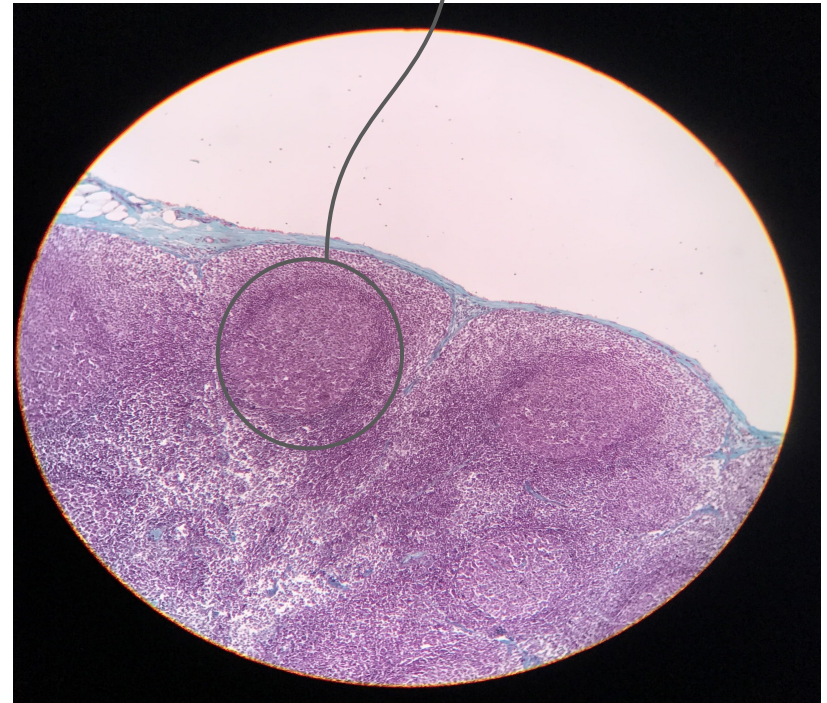
- 1-Proliferation of B and T lymphocytes.
- 2-Filtration of lymph from bacteria and other foreign substances.

**Q3- What is the main part of the structure = feature ?**

- 1- Cortex ( lymph nodules follicles)
- 2- Paracortex
- 3- Medulla
- 4- Capsule
- 5- Sinuses



lymph nodules (follicles)



# Thymus

**Q1- Identify the structure?**

Thymus (incomplete septum)

**Q3- What is the main part of the structure = feature?**

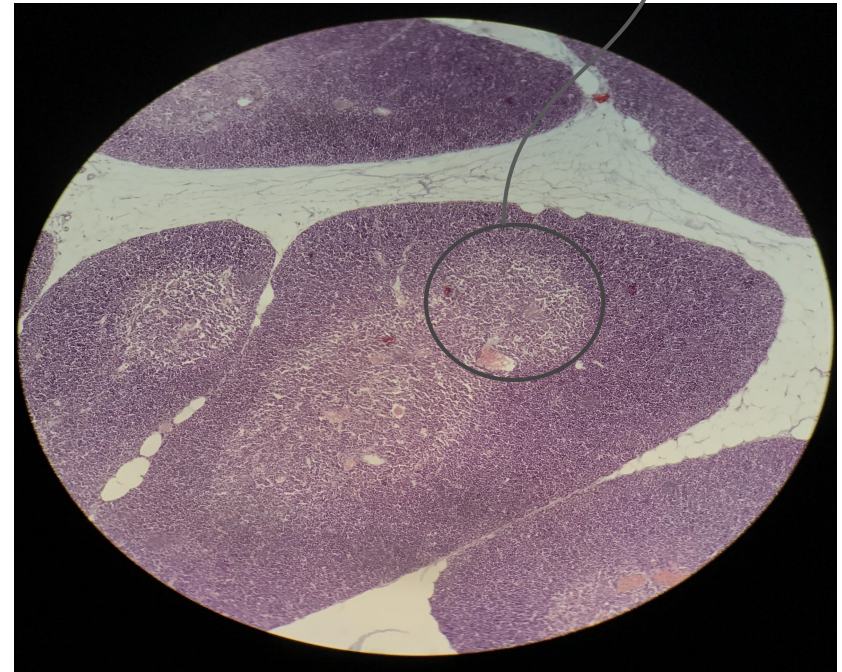
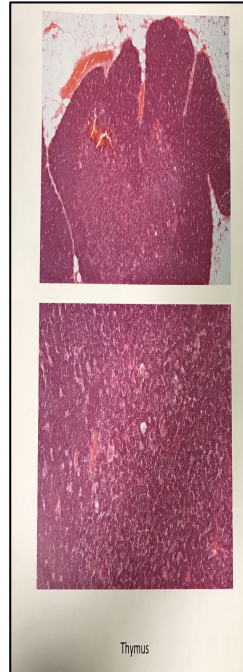
- Cortex : immature t-lymphocytes
- Medulla : mature t-lymphocytes + (Hassall's corpuscles)

**Q3- What is the main type of the cell ?**

T-lymphocytes

**Q4 - What is the function of it?**

- 1- Maturation of T lymphocytes
- 2- It involutes after puberty and becomes infiltrated by adipose tissue.
- 3- Remnants of thymus remain in adult to form T lymphocytes.





# Spleen

## Q1- Identify the structure?

Spleen

## Q2- What is the function of it?

1-Filtration of blood.  
2-Phagocytosis of old RBCs & old blood platelets ,  
invading microorganisms. 3-Production ,  
proliferation of immunocompetent B & T  
lymphocytes. 4-Production of antibodies.

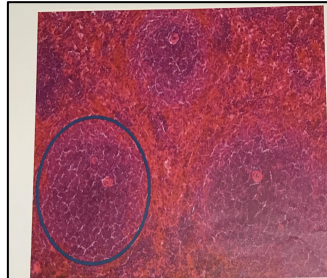
## Q3- What is the main part of the structure ?

### 1-White pulp :

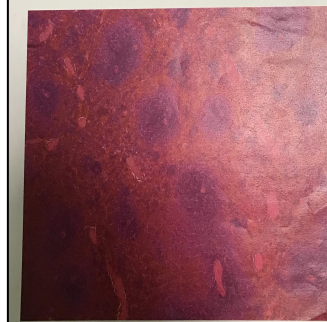
- 1) Periarterial lymphatic sheaths ( PALS)
- 2) Lymphoid follicles

### 2-Red pulp :

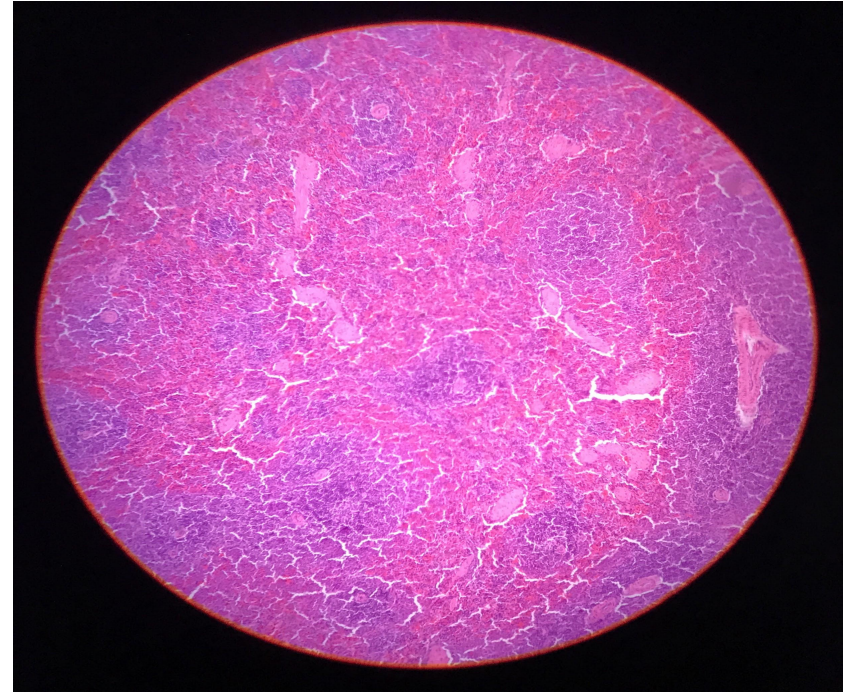
- 1) Splenic cords
- 2) Splenic blood sinusoids



Spleen (high power)



Spleen (low power)



# Palatine tonsil

## Q1- Identify the structure?

Palatine tonsil (incomplete capsule)

## Q2- What is the type of epithelium?

Non-keratinized Stratified Squamous Epithelium

## Q3- What is the function of it ?

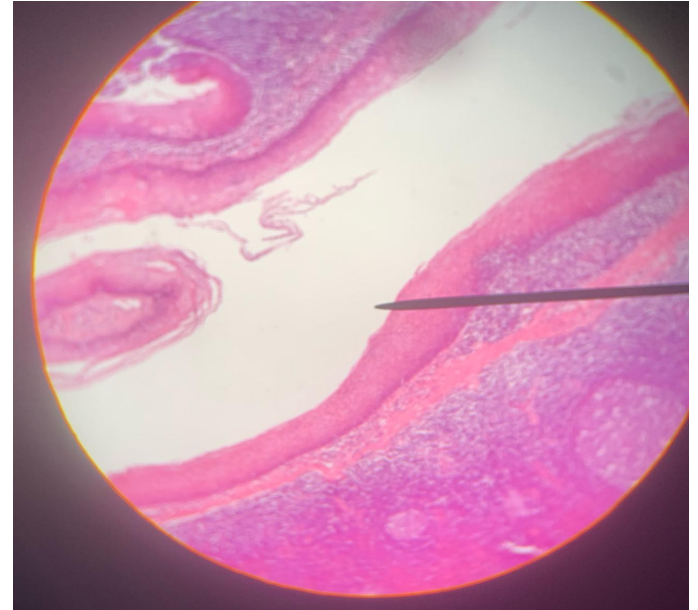
Production of antibodies

## Q4- Where is located ?

At the entrance of oral pharynx

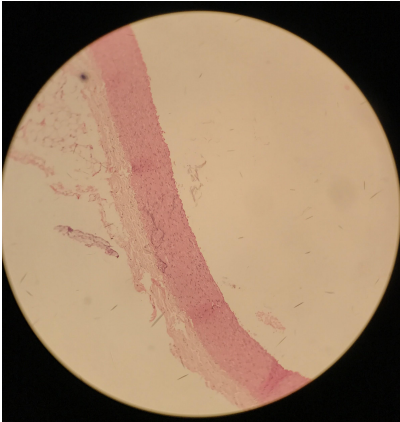
## Q3- What is the main part of the structure ?

1. incomplete capsule
2. Stratified squamous epithelium
3. Cleft (crypt)
4. follicles

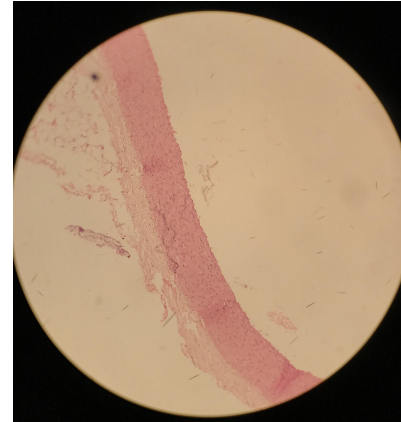


ملاحظة :  
الصورة تحت المجهر ل  
simple Squamous Epithelium و  
Elastic connective tissue

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**Q1- Identify the type of epithelium?** Simple Squamous Epithelium



**Q1- Identify the structure?** Elastic connective tissue



الحمد لله تم آخر عمل لتيم الهستو لأول بلوك ،  
رسالة احب اقرأها ،  
حبيت اشاركها معكم لعلها تكون جرعة إيجابية لأحد  
يمر بوقت ضيق  
و بالتوفيق لكم جميعا



أعلم أنك تعبت جداً ، أعلم أن ظهرك بات يؤلمك من الجلوس على  
هذا الكرسي ساعات وساعات لكي تحفظ وتقرأ ، وأعلم أن يداك  
تؤلمك من ثقل الكتب ، وأعلم أنك اعتذرت عن حفلة صديقك  
المقرب أو اجتماع عائلتك لكي تدرس ، أعلم انهم لاموك وعاتبوك  
وظنوا أنك لم تعد تحبهم ، وأعلم إنك الآن لربما تود الإستسلام  
والتوقف ، لكن مهلاً ! فهناك الكثير من اللحظات السعيدة التي  
تنتظرك لتعيشها ، هناك الكثير من المرضى ينتظرونك .. هناك  
مريض لا يستطيع المشي ولكن بمساعدتك سيمشي .. هناك مريض  
بالسرطان وقد يأس من الحياة ، ولكن بروحك الطيبة وبمهارتك الطبية  
ستعيد أمله ! - هناك امرأة تريد أن تسمع ولو لمرة واحدة أجمل كلمة  
تسمعها أنثى " ماما " - لكنك أنت لأنك تعبت واجتهدت بفضل  
الله ثم بفضلك أنت ستسمعها طول العمر ! هناك من يأسى من  
مشاكله وفكر في الانتحار ولكن بسببك أنت .. بمساعدتك أنت ،  
سبحيا حياة كريمة ! هناك من يحتضر ويلفظ أنفاسه الأخيرة ويصارع  
الموت ، ولكن بفضل مهارتك وتدخلك سينجو ! وهناك الكثير من  
المرضى والكثير من الأمراض .. فمهلاً فهناك الكثير من الابتسامات  
سترسمها ، والكثير من الدمعات ستمسحها ، وهناك أرواح ستحييها  
بعد اذن الله ، فبانه عليك قل لي .. ألا يستحق تعبك كل هذا !؟

Good luck 

## Team members

### Team leaders

**Fatimah Alhelal**

- **Afnan AlMohsen**
  - **Nourah Alklaib**
  - **Sarah Alobaid**
  - **Mariam Alruhaimi**
  - **Joud Alarifi**
- 



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Any future corrections will be in  
the editing file :Click [Here](#)