

ANTERIOR & MEDIAL COMPARTMENTS OF THIGH

OBJECTIVES

At the end of the lecture, students should:

- *List the name of muscles of anterior compartment of thigh.*
- *Describe the anatomy of muscles of anterior compartment of thigh regarding: origin, insertion, nerve supply and actions.*
- *List the name of muscles of medial compartment of thigh.*
- *Describe the anatomy of muscles of medial compartment of thigh regarding: origin, insertion, nerve supply and actions.*
- *Describe the anatomy of femoral triangle & adductor canal regarding: site, boundaries and contents.*

The thigh is divided into 3 compartments by 3 intermuscular septa (extending from deep fascia into femur)

Anterior Compartment

□ Extensors of knee:

Quadriceps femoris

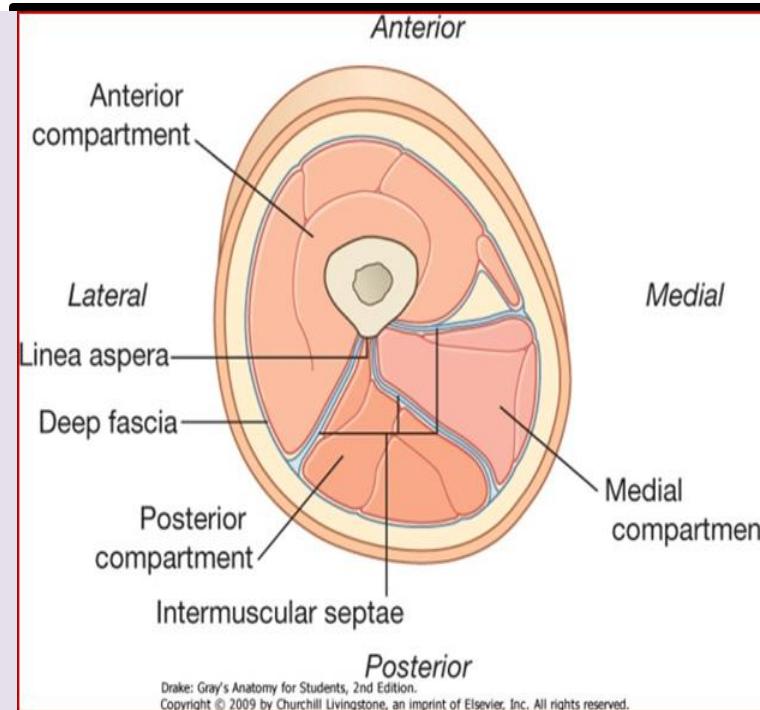
□ Flexors of hip:

1. Sartorius
2. Pectineus
3. psoas major
4. Iliacus

❖ Nerve supply:

Femoral

nerve((L2,3,4))



Medial Compartment

□ Adductors of hip:

1. Adductor longus
2. Adductor brevis
3. Adductor magnus (adductor part)
4. Gracilis

❖ Nerve supply:

Obturator nerve

(L2,3,4)

Posterior Compartment

□ Flexors of knee & extensors of hip:

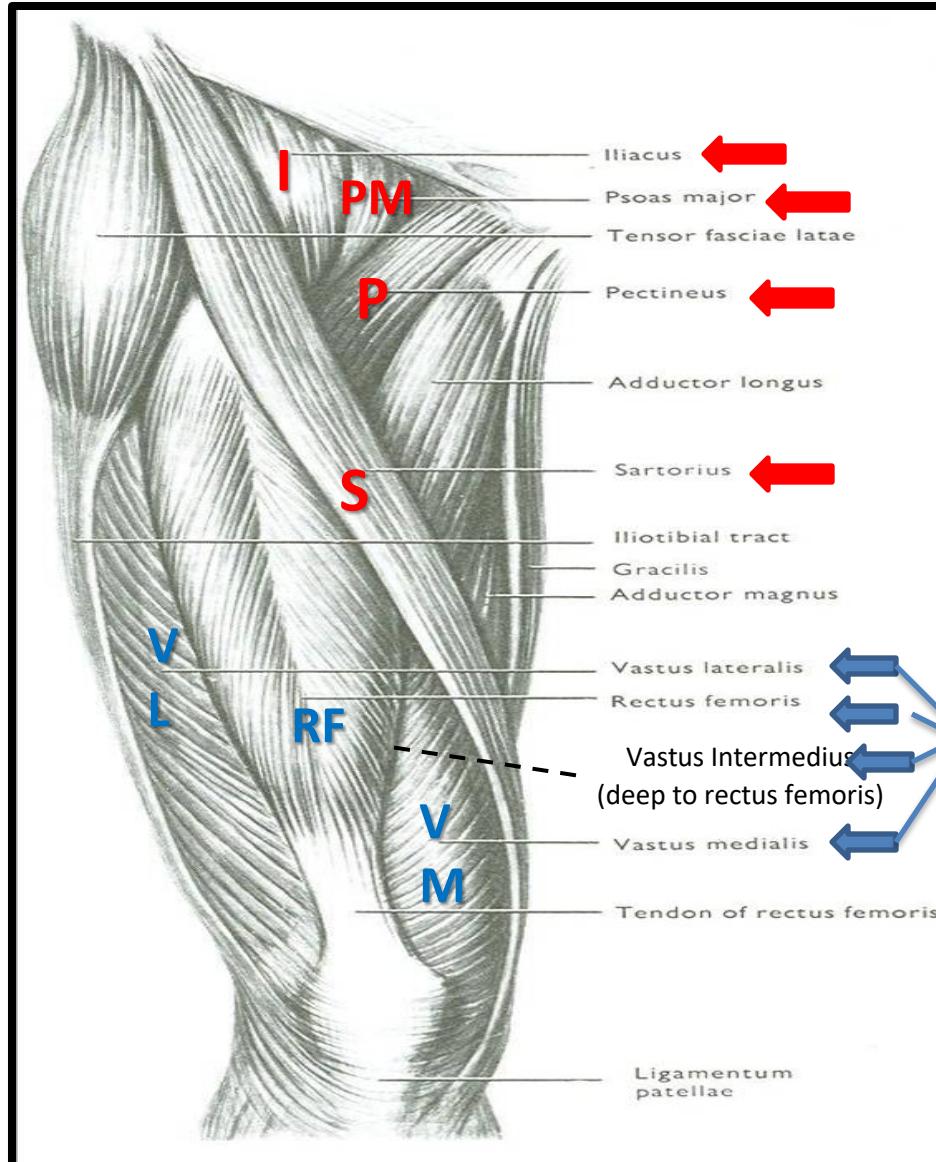
Hamstrings

❖ Nerve supply:

Sciatic nerve(L4,5,S1,2,3)

ANTERIOR COMPARTMENT OF THIGH

NERVE SUPPLY:
Femoral nerve



SARTORIUS

ORIGIN

Anterior superior iliac spine

INSERTION

Upper part of medial surface of tibia

ACTION

(TAILOR'S POSITION)

Flexion, abduction & lateral rotation of hip joint

Flexion of knee joint



PECTINEUS

ORIGIN:

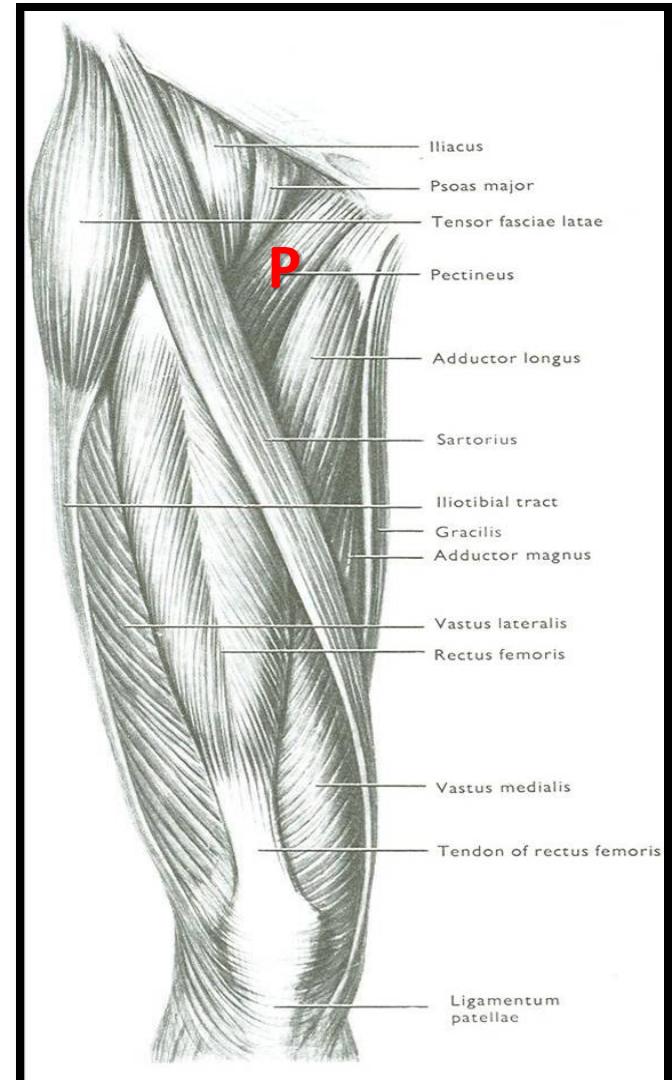
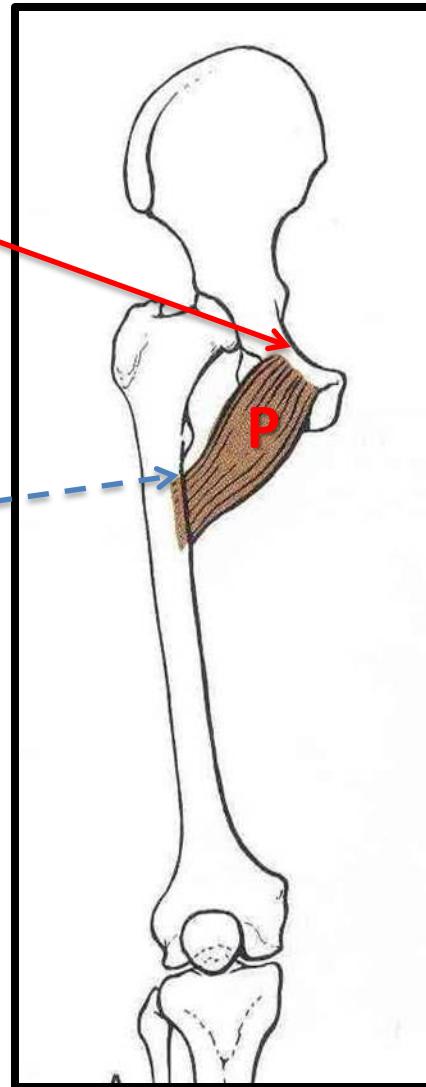
Superior pubic
ramus

INSERTION:

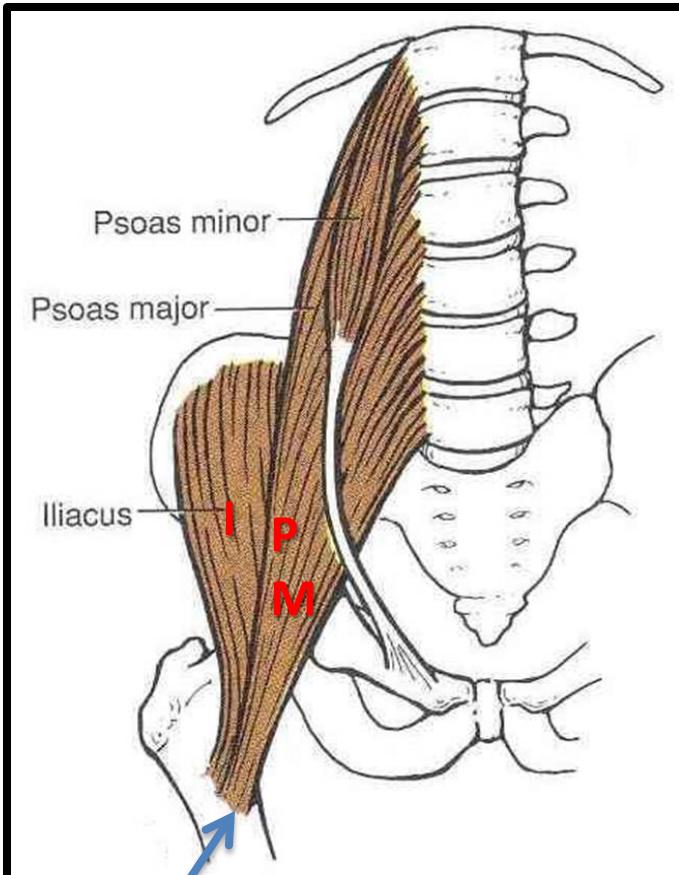
Back of femur
(below lesser
trochanter)

ACTION:

Flexion &
adduction of hip
joint

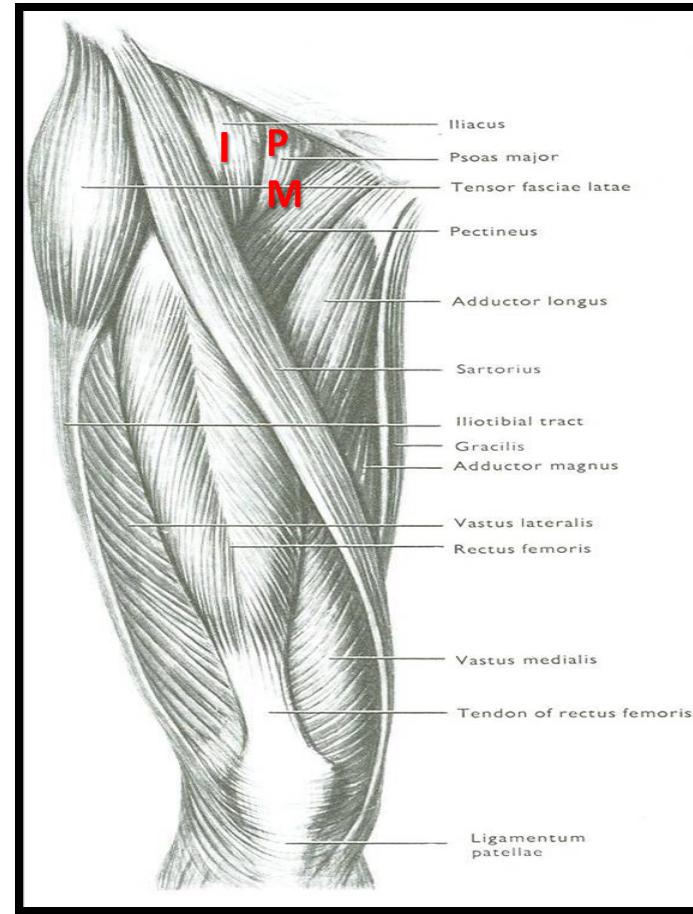


ILIOPSOAS: ILIACUS & PSOAS MAJOR



INSERTION:

Lesser trochanter of femur



ACTION:

Flexion of hip joint

QUADRICEPS FEMORIS

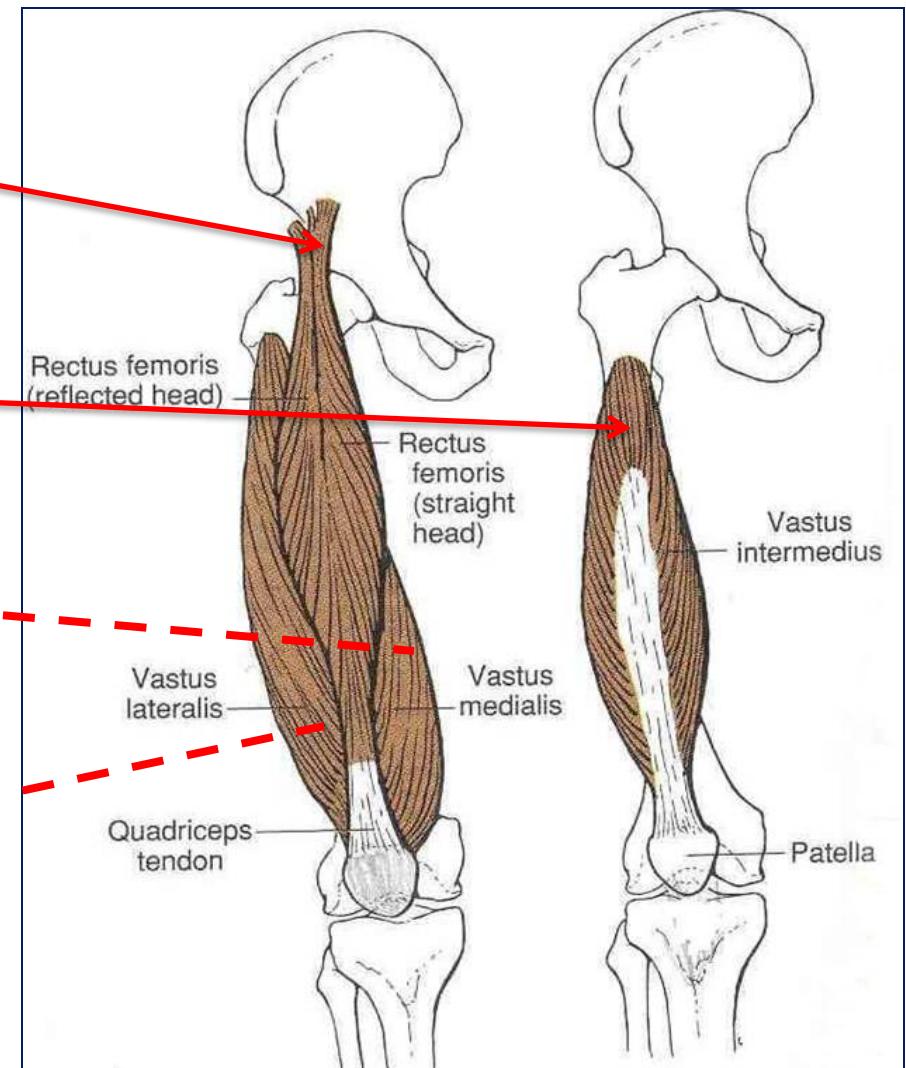
ORIGIN:

Rectus femoris: Anterior inferior iliac spine (**Hip bone**)

Vastus intermedius:
Front of shaft of femur
(Ant.&Lat.)

Vastus medialis:
Posterior border of femur (upper end and shaft of femur)

Vastus lateralis:
Posterior border of femur (upper end and shaft of femur)



QUADRICEPS FEMORIS

INSERTION:

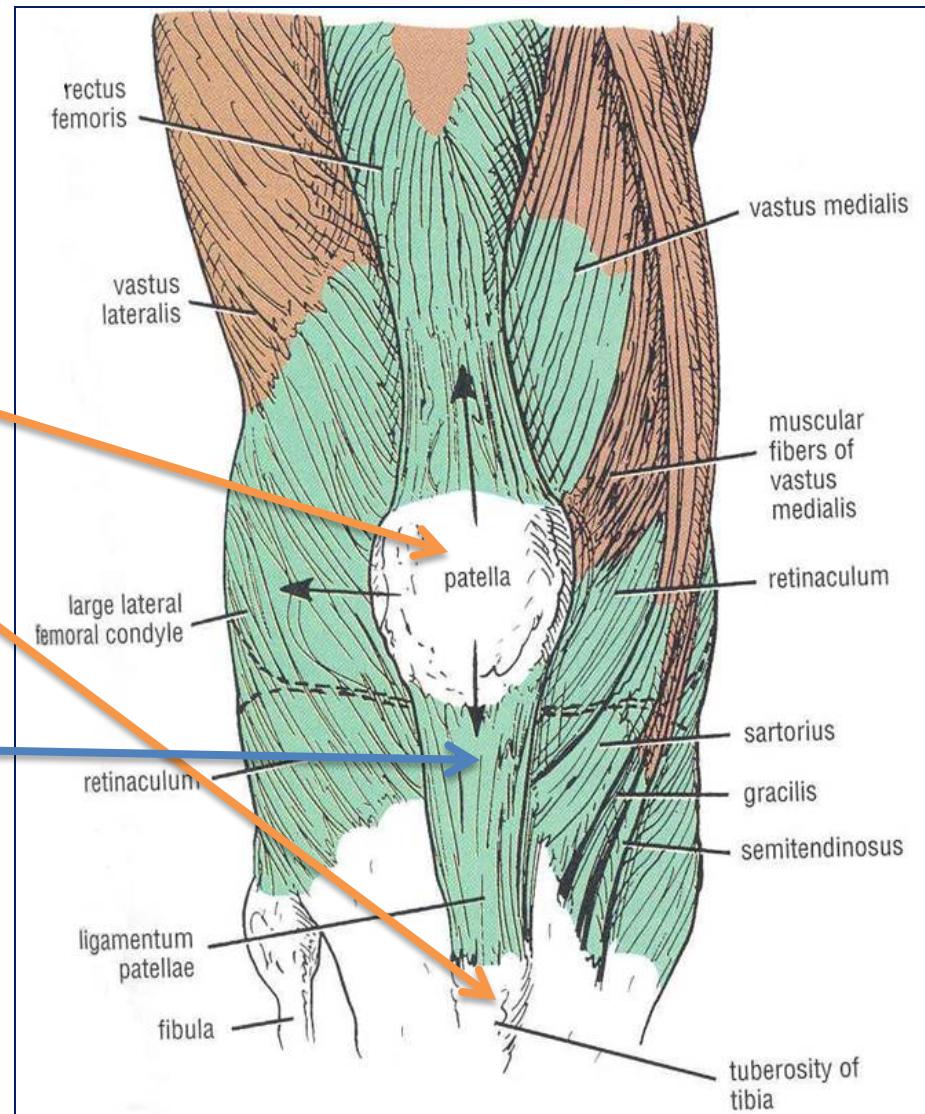
Into PATELLA

(Patella is a sesamoid bone)

From patella into
TUBEROSITY OF TIBIA
through LIGAMENTUM
PATELLAE (PATELLAR
LIGAMENT)

ACTION:

Extension of knee joint



MEDIAL COMPARTMENT OF THIGH

□ MUSCLES:

1. Adductor longus
2. Adductor brevis
3. Adductor magnus (Adductor part)
4. Gracilis

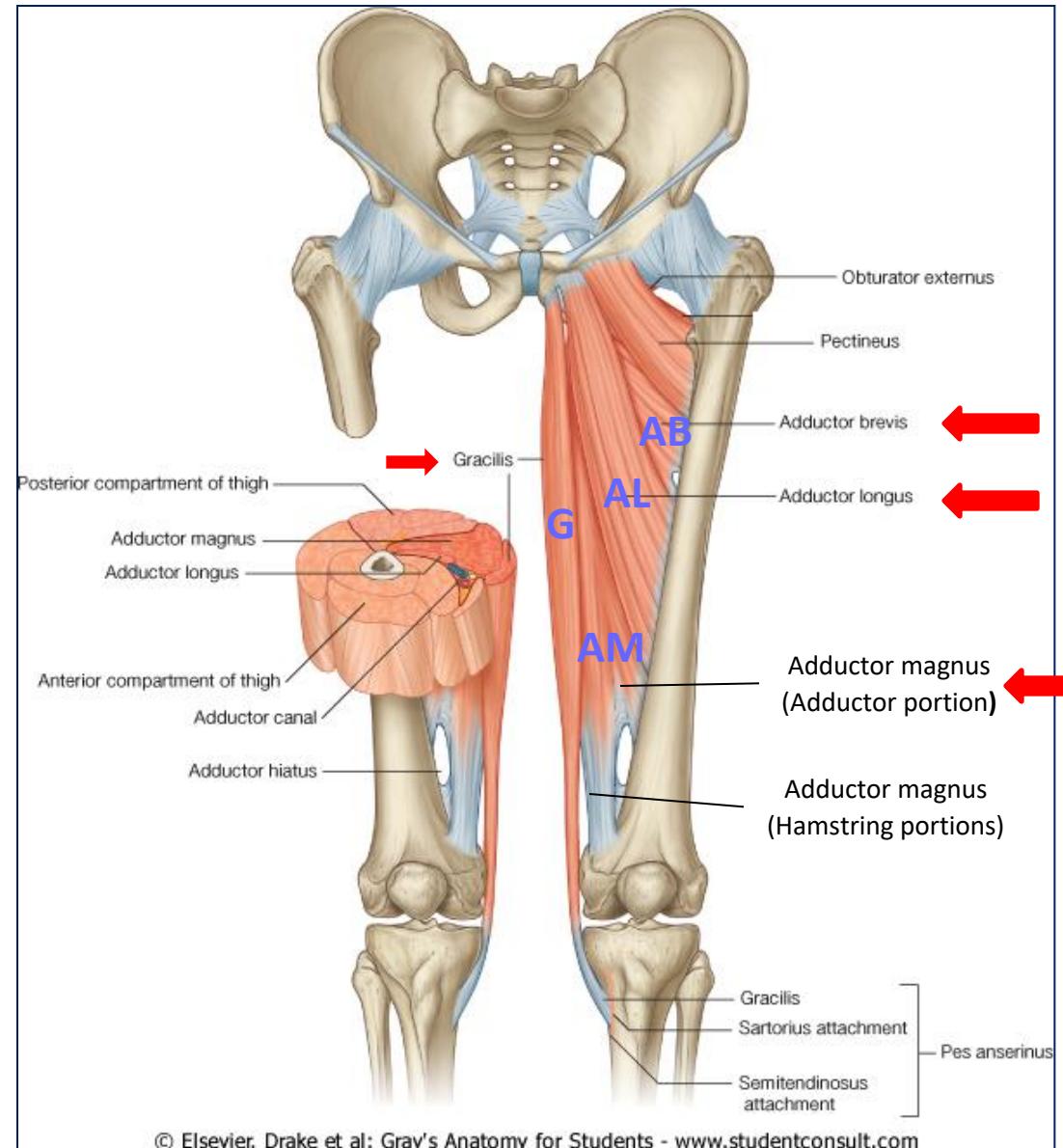
□ ACTION:

ADDITION OF HIP JOINT

N.B.: Gracilis also flexes knee joint + adduction of thigh

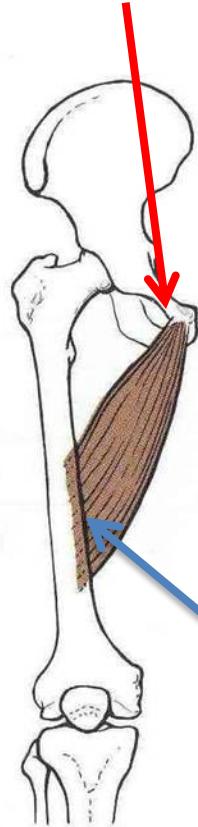
□ NERVE SUPPLY:

OBTURATOR NERVE



Origin

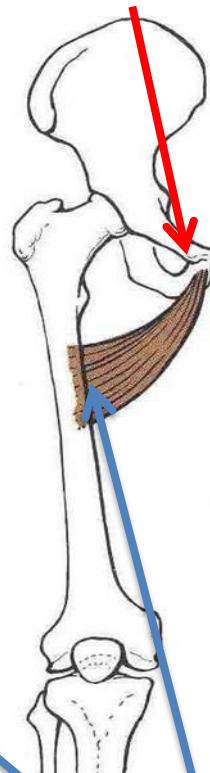
■ Body of pubis



Adductor longus

■ Body of pubis

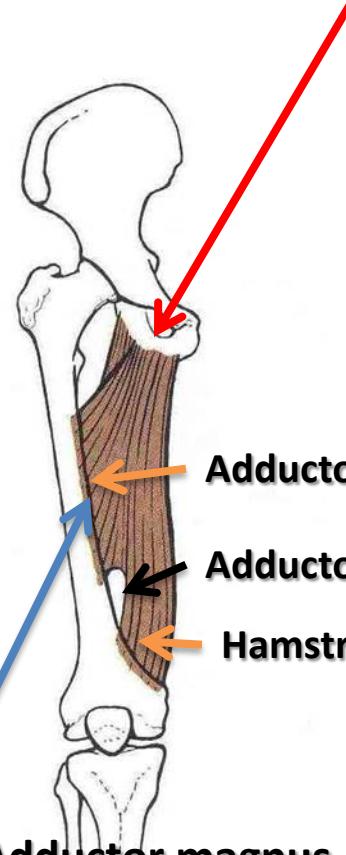
■ Inferior pubic ramus



Adductor brevis

■ Inferior pubic ramus

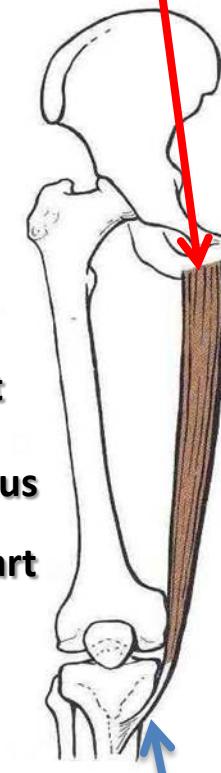
■ Ischial ramus



Adductor magnus
(adductor part)

■ Inferior pubic ramus

■ Ischial ramus.



Gracilis

■ Upper part of medial surface of tibia
(behind sartorius)

Insertion

■ Posterior border of femur (Linea Aspera)

SITE:

- Upper 1/3 of front of thigh

BOUNDARIES:

- Base: inguinal ligament
- Lateral: medial border of sartorius
- Medial: medial border of adductor longus

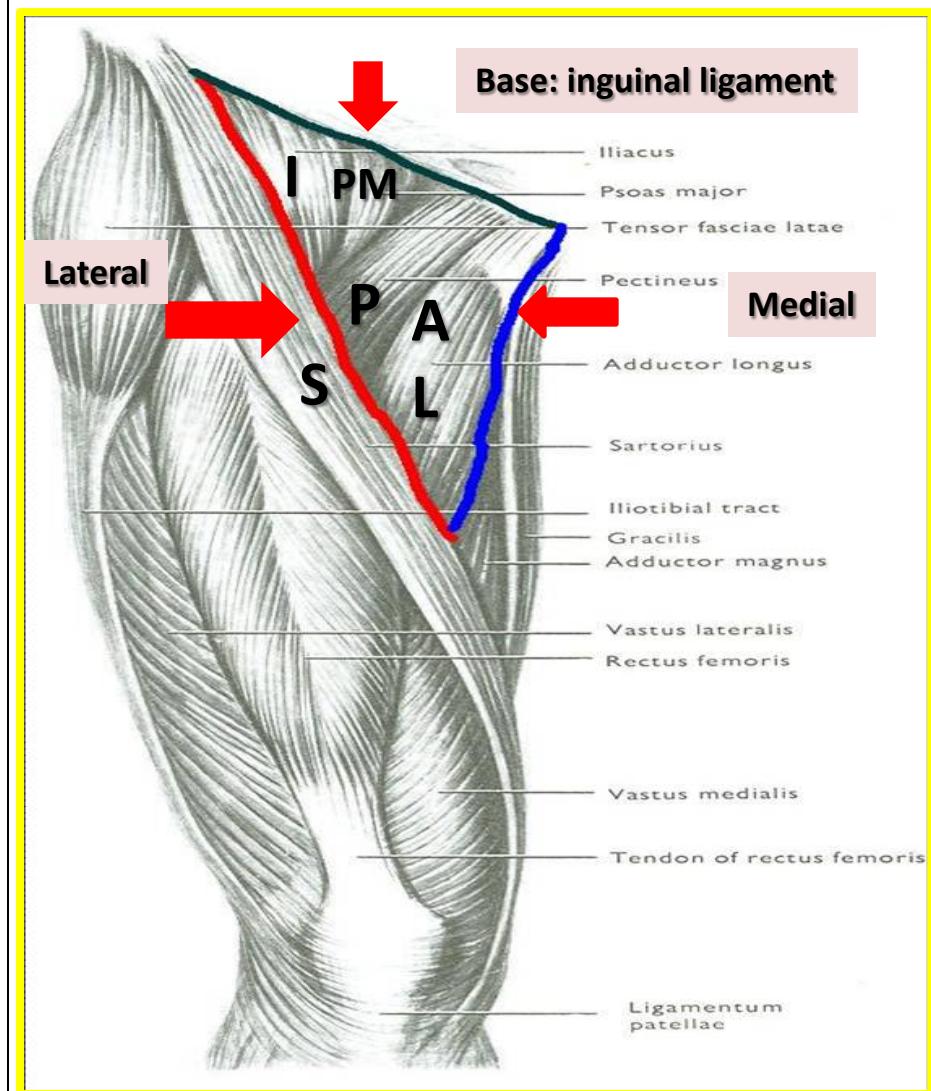
ROOF:

- Skin
- Fasciae: superficial & deep

FLOOR: *From medial to lateral*

- Adductor longus
- Pectineus
- Psoas major
- Iliacus

FEMORAL TRIANGLE



FEMORAL TRIANGLE

CONTENTS:

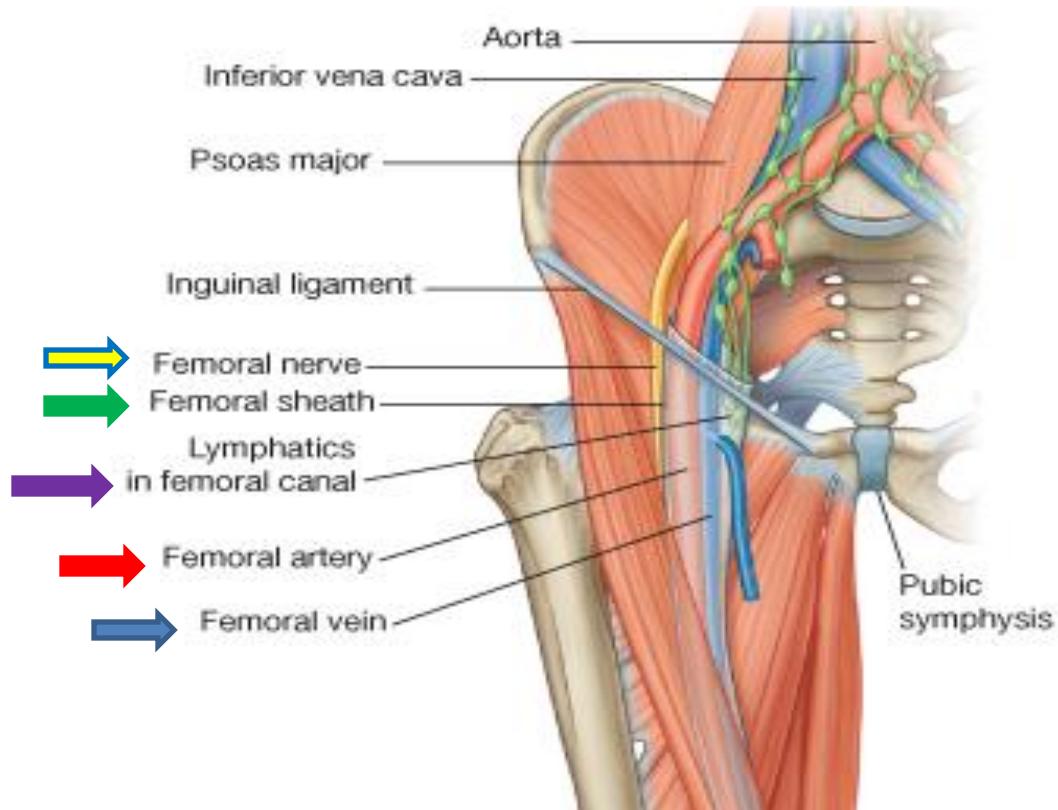
❑ Femoral vein

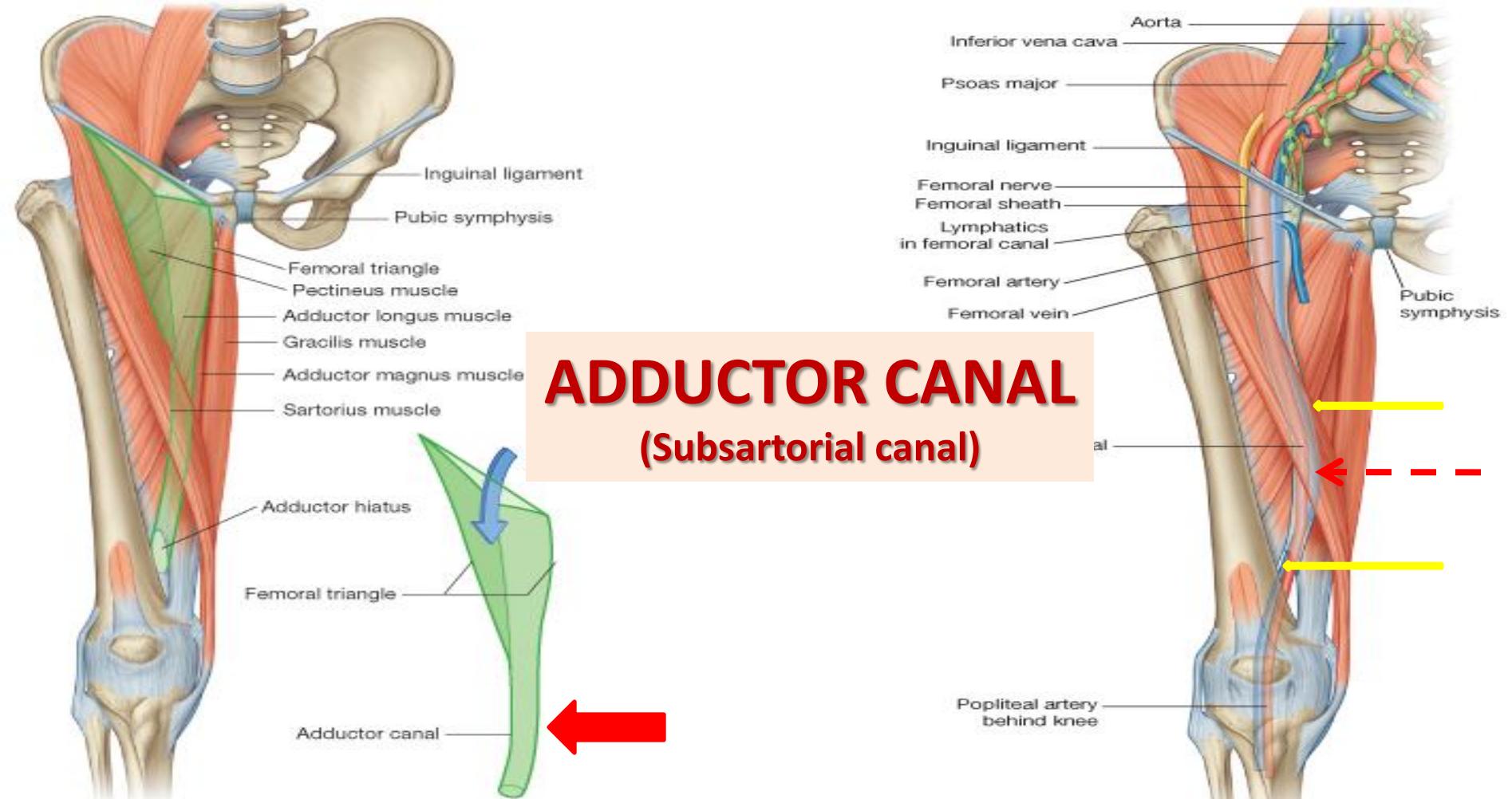
❑ Femoral artery

Both vein & artery are enclosed in a fascial envelope (Femoral sheath)

❑ Femoral nerve

❑ Deep inguinal lymph nodes





- **DEFINITION:** intermuscular passage of A fascial envelope for femoral artery & vein to become **the popliteal vessels** in the popliteal fossa at the back of knee.
- **SITE:** In middle 1/3 of front of thigh
- **EXTENT:** From apex of femoral triangle to adductor hiatus (in adductor magnus)
- **BOUNDARIES:**
 - *Roof: Sartorius
 - *Floor: Adductor longus & magnus