

**Cardiovascular** Physiology

# **Coronary Circulation**

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# Lecture Outcomes

**Coronary circulation & areas of supply.** 

**Coronary collateral circulation.** 

**Coronary dominance.** 

**Coronary blood flow & factors affecting it.** 

**Control of coronary blood flow.** 



# **Coronary Circulation**

Coronary circulation is the circulation of blood in the blood vessels that supply the heart muscle (myocardium).

#### Consists of:

- Arterial supply.
- Venous drainage.
- Lymphatic drainage.
- Coronary arteries supply oxygenated blood to the heart muscle, while cardiac veins drain away the blood once it has been deoxygenated.
- Coronary circulation is of major importance not only to its own tissues but to the entire body & even to the level of consciousness of the brain from moment to moment.



#### **Coronary arteries of the heart**

Right coronary artery

Right — (acute) marginal artery Left coronary artery

> Circumflex artery

Left (obtuse) marginal artery

- Left anterior descending artery

Diagonal arteries



## Coronary Circulation : Arterial Supply

- Cardiac muscle is supplied by two coronary arteries:
  - A. Right coronary artery (RCA.) B. Left coronary artery (LCA.)
- Both arise from the coronary sinuses at the aortic root, just superior to the aortic valve cusps.
- They wrap with their branches around the outside of the heart to supply all cardiac muscle with blood.





## **Coronary Sinuses**

#### Aortic valve has three cusps:

- Left coronary cusp (LCC).
- Right coronary cusp (RCC).
- Posterior non-coronary (NCC) cusp.
- There may be variations in the number, shape, & location of coronary ostia or origins of the coronary arteries, most of which are of no clinical significance.
- Coronary arteries deliver oxygenated blood to the cardiac muscle.





Artery

#### **Coronary Circulation: Arterial Wall**

 Tunica intima: endothelium

Tunica media:

-Tunica adventitia

Middle layer: smooth muscle cells and elastic fibers Inner layer: endothelium that lines the lumen of all vessels

> - Outer layer: collagen fibers



## Coronary Circulation: Left Coronary Artery

- Also known as the left main coronary artery (LMCA).
- Larger than the right coronary artery.
- Arises from the left coronary sinus.
- Runs for 10-25mm before bifurcating.
- Terminates by anastomosing with the right coronary artery.
- Supplies blood to the left side of the heart muscle (left ventricle & left atrium).



### **Left Coronary Artery: Main Branches**

#### **Two main branches:**

- Left anterior descending artery (LAD): Also called anterior interventricular artery.
- **Circumflex artery (CX):**

Left Main Coronary Artery Aorta Right Coronary Artery **Coronary Arteries** 

Circumflex Coronary Artery

Left Anterior Descending Coronary Artery





# Left Coronary Artery: Branches

#### Left Anterior Descending Artery (LAD):

- Considered the most critical vessel in terms of myocardial blood supply.
- It supplies 45-55% of the left ventricle (the anterior & apical part of the heart):
  - The anterolateral of the left ventricle.
  - The apex of the heart.
  - The anterior 2/3 of the interventricular (IV) septum.
  - The front of the right ventricle.
  - The right & left bundle branches.
- Further divides into:
  - Diagonal arteries.
  - Left conus arteriosus artery.
  - Septal perforator (SP) artery.



## Left Coronary Artery: Branches

## Circumflex Artery (CX):

- Encircles the heart muscle.
- Supplies blood to the lateral & posterior surface of the heart: left atrium, & the posterolateral of the left ventricle.
- Further divides into:
  - Left obtuse marginal (OM) artery, which supplies the left ventricle.
  - **SA nodal artery**, which supplies the SA- node in ~40% of hearts & the surrounding myocardium.
  - Left branch to the AV- Bundle.
  - Posterior ventricular branch.
  - Anterior ventricular branch.



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## Coronary Circulation: Right Coronary Artery

- The right coronary artery (RCA) is smaller than the left coronary artery.
- Arises from the right coronary sinus.
- Curves posteriorly & descends downward on the posterior surface of the heart.
- Terminates by anastomosing with the left coronary artery.
- Supplies blood to the right atrium, the SA (sinoatrial) & AV (atrioventricular) nodes, right ventricle, bottom portion of both ventricles, & back of the septum.



## **Right Coronary Artery: Main Branches**





## **Right Coronary Artery: Branches**

- **Right Posterior Descending Artery** (**RPD**):
  - **Curves** posteriorly & descends downward on the posterior surface of the heart.
  - Supplies blood to the right atrium, right • ventricle, bottom portion of the left ventricle, & posterior 1/3 of the Interventricular (IV) septum.
  - Branches into AV nodal artery, which • supplies the AV- node (in 60-90 % of hearts) & the surrounding myocardium.

#### **Right Acute Marginal Artery (AM):**

- Runs down the right margin of the heart.
- Supplies blood to the right margin of the right ventricle, with minimal supply to the apex.





#### **Right Coronary Artery: Branches**

**Smaller arteries branch from the right coronary artery:** 

- Atrial branch, gives off:
  - SA nodal artery, which supplies the SA- node in 60% (~50-73%) of hearts & the surrounding myocardium.
- Right conus arteriosus artery.
- Right anterior ventricular artery.
- Septal perforator (SP) artery.



#### **Coronary Arteries: Branches**





## Coronary Circulation: Areas of Distribution: Front View



Right Coronary Artery Supplies the right atrium and the right ventricle Left Anterior Descending Artery Supplies the right ventricle, left ventricle and interventricular septum

Left Marginal Artery Supplies the left ventricle

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Right Marginal Arter

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Supplies the right

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## Coronary Circulation: Areas of Distribution: Back View





## Branches & Supply Of Coronary Arteries: Summary





## Coronary Circulation: Cardiac Anastomosis

#### Cardiac anastomosis:

The two coronary arteries anastomose in the myocardium.

Extra cardiac anastomosis: the two coronary arteries anastomose with,

- Vasa vasorum of the aorta.
- Vasa vasorum of pulmonary arteries.
- Internal thoracic arteries.
- The bronchial arteries.
- Phrenic arteries.



## Coronary Circulation: Collateral Circulations

- Collateral circulation is a network of extra-cardiac channels formed of tiny blood vessels.
- Under normal conditions it is not open.
- It opens in emergencies when the coronary arteries are blocked:
  - When the coronary arteries narrow to the point that blood flow to the heart muscle is limited (coronary artery disease), collateral vessels may enlarge & become active.
  - This allows blood to flow around the blocked artery to another artery nearby or to the same artery past the blockage, protecting the heart tissue from injury.



## Coronary Circulation: Venous Drainage Of The Heart

- Venous drainage brings deoxygenated cardiac blood back to the heart.
- Most of the venous blood return to the heart into the right atrium through the coronary sinus via the cardiac veins.
- 5-10% drains directly into heart chambers, right atrium & right ventricle, by the anterior cardiac vein & by the small veins that open directly into the heart chambers.





## Coronary Circulation: Venous Drainage Of The Heart

#### Cardiac venous drainage occur through:

- Coronary sinus, which lies in the posterior part of the atrioventricular groove & is a continuation of the great cardiac vein.
- Anterior (great), middle, & small cardiac veins.
- Smallest cardiac veins (Venae Cordis Minimae).



# **Coronary Circulation**



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## Coronary Circulation: Lymphatic Drainage Of The Heart

- Lymphatics of the heart accompany the two coronary arteries & form two trunks:
  - The right trunk, ends in the brachiocephalic node.
  - The left trunk, ends into the tracheo-bronchial lymph nodes at the bifurcation of the trachea.



## Coronary Circulation: Coronary Dominance

- Coronary dominance depends on which artery (or arteries) supplies the AV- node.
- Usually, the right coronary artery is the dominant artery in 85-90% of hearts, as it supplies the AVnode.



#### Coronary Circulation: Coronary Dominance

#### A person can be:

- Right dominant,
- Left dominant (in 8-10%), or
- Co-dominant.
- Balanced or co-dominance is found in 7-10% of population where the posterior inter ventricular artery is formed by both right coronary & Left CX arteries.

#### Clinical importance:

- In case of left dominance, a block in LCA will affect the entire left ventricle & Interventricular (IV) septum.
- In case of right or balanced dominance, a block in RCA will at least spares part of the septum (2/3) & the left ventricle.



# **Coronary Blood Flow**

- Coronary blood flow (CBF) at rest in humans is about 225-250 mL/min, which is about 5% of the cardiac output.
- CBF increases in proportion to exercise or work output.
- At rest, the heart extracts 60-70% of oxygen from each unit of blood delivered to the heart, due to presence of more mitochondria which generate energy for contraction by aerobic metabolism (other tissue extract only 25% of O<sub>2</sub>.)



#### **Factors Affecting Coronary Blood Flow**

- Pressure in the aorta.
  Chemical factors.
- Neural factors.



## Changes In Coronary Blood Flow (CBF) During Systole & Diastole

- During systole, coronary arteries are compressed & the blood flow to the left ventricle is reduced.
- CBF to the right side of the heart is not much affected during systole, & so more blood will flow to the right ventricle than the left one.
  - **Explanation:** Pressure difference between the aorta & the right ventricle is greater during systole (95 mmHg) than during diastole (80 mmHg), therefore more blood flow to right ventricle occurs during systole.

#### Effect of Pressure Gradient between Aorta & Different Chambers of the Heart On Coronary Blood Flow

//////		Pressure (mmHg) in			Pressure difference (mmHg) between aorta &	
KURVEN / / /		Aorta	Lt Ventricle	Rt Ventricle	Lt Ventricle	Rt Ventricle
	Systole	120	120	25	0	95
	Diastole	80	0-2	0-2	80	80

In general, maximal coronary blood flow occurs during the early part of diastole (Isometric Relaxation Phase); however, CBF for the right ventricle could be better during systole (difference of 95 mmHg).



#### Phasic Changes in Left Coronary Blood Flow During Systole & Diastole

During systole, coronary arteries are compressed & the blood flow to the left ventricle is reduced.



- Blood flow to the subendocardial portion of the left ventricle occurs only during diastole, & is not there during systole.
- Therefore, subendocardial region of the left ventricle is prone to ischemic damage & it is the most common site of myocardial infarction.



# Chemical Factors Affecting Coronary Blood Flow

- Chemical factors causing Coronary vasodilatation (Increased coronary blood flow):
  - Lack  $(\downarrow)$  of **oxygen**.
  - High (↑) conc. of CO<sub>2</sub>.
  - High (↑) conc. of NO.
  - High (↑) local conc. of H<sup>+</sup> ion.
  - High (<sup>↑</sup>) local conc. of K<sup>+</sup> ion.
  - High (<sup>↑</sup>) local conc. of Lactate, Prostaglandin, Adenosine, Adenine nucleotides.
- Note: An increase in Ca<sup>+2</sup> conc. does not increase the CBF.





#### **Neural Factors Affecting Coronary Blood Flow**

- Sympathetic stimulation.
- Parasympathetic stimulation.



#### **Effect of Sympathetic Stimulation On CBF**

#### Coronary arteries have:

- Alpha Adrenergic receptors, which mediate vasoconstriction (more epicardial).
- Beta Adrenergic receptors, which mediate vasodilatation (more intramuscular).
- Indirect effect of sympathetic stimulation:
  - Sympathetic stimulation in intact body will lead to release of adrenaline & nor-adrenaline, increasing heart rate (HR) & force of contraction. However, coronaries will vasodilate due to the release of vasodilator metabolites. Example: Athletes.
- Direct effect of sympathetic stimulation:
  - Experimentally, injection of nor-adrenaline after blocking the Beta adrenergic receptors in un anesthetized animals elicits coronary vasoconstriction.



#### Benefits of indirect effect of nor-adrenergic discharge

- When systemic blood pressure decreases very low.
- Reflex increase of nor-adrenergic discharge.
- Increase CBF secondary to metabolic changes in the myocardium.

In this way, circulation of the heart is preserved while the flow to other organs compromised.



#### **Effect of Parasympathetic Stimulation on CBF**

- Vagal stimulation (Parasympathetic) causes coronary vasodilatation.
- However, parasympathetic distribution is not great.
- There is more sympathetic innervation of coronary vessels.



### **Effect of Tachycardia on CBF**

CBF is reduced with tachycardia, as the diastolic period will be shortened.



#### **Control Of Coronary Blood Flow**

- CBF shows considerable auto regulation.
- Local muscle metabolism is the primary controller:
  - Oxygen demand is a major factor in local coronary blood flow regulation.

#### Nervous control of CBF:

- Direct effects of nervous stimuli on the coronary vasculature.
- Sympathetic greater effects than parasympathetic.

