# MAJOR BODY

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# **OBJECTIVES**

At the end of the lecture, the student should be able to:

- Define veins and understand the general principle of venous system.
- Describe the superior & inferior Vena Cava.
  - formation and their tributaries
- List major veins and their tributaries in;
  - head & neck
  - thorax & abdomen
  - upper & lower limbs
- Describe the Portal Vein.
  - formation & tributaries.
- Describe the Portocaval Anastomosis.
  - formation, sites and importance



- Veins are blood vessels that bring blood back to the heart.
- □ All veins carry deoxygenated blood
  - with the exception of the pulmonary veins and umbilical veins
  - There are two types of veins:
    - Superficial veins: close to the surface of the body
      - NO corresponding arteries
    - Deep veins: found deeper in the body
      - With corresponding arteries
  - Veins of the systemic circulation:
    - Superior and inferior vena cava with their tributaries
  - **1** Veins of the portal circulation:
    - Portal vein



# **SUPERIOR VENA CAVA**

- □ Formed by the union of the right and left brachiocephalic veins.
  - Brachiocephalic veins are formed by the union of internal jugular and subclavian veins.
- Drains venous blood from:
  - Head, neck, thoracic wall & upper limbs
- □ It Passes downward and enter the right atrium.
- Receives azygos vein on the posterior aspect just before it enters the heart.



# **VEINS OF HEAD & NECK**

### TWO DIVISIONS:

- SUPERFICIAL VEINS
  - EXTERNAL JUGULAR VEINS
  - ANTERIOR JUGULAR VEINS
- DEEP VEINS
  - INTERNAL JUGULARS VEINS



## **EXTERNAL JUGULAR VEINS**

- Lies superficial to the sternomastoid muscle
- □ It passes down the neck and it is the only tributary of the subclavian vein.
- ❑ Formed by the junction of the posterior division of the retromandibular vein (temporomaxillary vein) with the posterior auricular vein.
- Lt drains blood from:
  - Outside of the skull
  - Deep parts of the face.



# **ANTERIOR JUGULAR VEINS**

It begins in the upper part of the neck by the union of the submental veins.

- □ It descends close to the median line of the neck, medial to the sternomastoid muscle.
- At the lower part of the neck, it passes laterally beneath that muscle to drain into the external jugular vein.
- Just above the sternum the two anterior jugular veins communicate by a transverse vein to form the jugular arch.



# **INTERNAL JUGULARS VEIN**

Drains blood from the head, brain, face & neck.

□ It descends in the neck along with the internal and common carotid arteries and vagus nerve, within the carotid sheath.

Joins the subclavian vein to form the brachiocephalic vein.

- Tributaries:
  - Superior thyroid
  - Lingual
  - Facial
  - Occipital veins
  - Dural venous sinuses



# **VEINS OF UPPER LIMBS**

### TWO DIVISIONS:

- SUPERFICIAL VEINS
- DEEP VEINS





# **SUPERFICIAL VEINS**

#### CEPHALIC VEIN

- Ascends in the superficial fascia on the lateral side of the biceps.
- Drains into the Axillary vein.

#### BASILIC VEIN

- Ascends in the superficial fascia on the medial side of the biceps.
- Halfway up the arm, it pierces the deep fascia
- At the lower border of the teres major it joins the venae comitantes of the brachial artery to form the axillary vein.



# **DEEP VEINS**

#### ❑ VENAE COMMITANTES

- Which accompany all the large arteries.
- Usually in pairs.

#### AXILLARY VEIN

 Formed by the union of basilic vein and the venae comitantes of the brachial artery.





# **INFERIOR VENA CAVA**

- Drains most of the blood from the body below the diaphragm to the right atrium.
- Formed by the union of the two common iliac veins behind the right common iliac artery at the level of the 5th lumbar vertebra.
- □ Ascends on the right side of the aorta
- Pierces the central tendon of diaphragm at the level of the 8th thoracic vertebra.



# **TRIBUTARIES OF IVC**

- □ Two common iliac veins
- Median sacral vein
- □ Four paired lumbar veins
- □ Right gonadal vein
  - the left vein drains into the left renal vein.
- Paired renal veins
- □ Right suprarenal vein
  - the left vein drains into the left renal vein.
- Hepatic veins
- Derived a Paired inferior phrenic vein





# **VEINS OF LOWER LIMBS**

# TWO DIVISIONS:

- SUPERFICIAL VEINS
- DEEP VEINS



## **SUPERFICIAL VEINS**

- □ Form a network in the subcutaneous tissue.
- Dettern is variable.
- □ They are the tributaries of the:
  - Great (long) saphenous vein
  - Small (short) saphenous vein



#### **GREAT SAPHENOUS VEIN**

- □ The longest vein.
- Begins from the medial end of the dorsal venous arch of the foot.
- Passes upward in front of the medial malleolus with the saphenous nerve.
- □ Then it ascends in accompany with the saphenous nerve in the superficial fascia over the medial side of the leg.



# **GREAT SAPHENOUS VEIN**

- ❑ Ascends obliquely upwards, and lies behind the medial border of the patella.
- Passes behind the knee and curves forward around the medial side of the thigh.
- ❑ Hooks through the lower part of the saphenous opening in the deep fascia to joins the femoral vein about 1.5 in. (4 cm) below and lateral to the pubic tubercle.



## **GREAT SAPHENOUS VEIN**

- □ It is connected to the small saphenous vein by one or two branches that pass behind the knee.
- □ Numerous perforating veins connect the great saphenous vein with the deep veins.
- □ The perforating veins have valves which allow blood flow from superficial to deep veins.
- The great saphenous vein is used in venous grafting and saphenous cut down (take care of the saphenous nerve)



# **SMALL SAPHENOUS VEIN**

- Arises from the lateral end of the dorsal venous arch.
- □ Ascends behind the lateral malleolus in company with the sural nerve.
- □ Follows the lateral border of the tendocalcaneus and then runs up to the middle of the back of the leg.
  - Pierces the deep fascia in the lower part of the popliteal fossa
  - Drains into the popliteal vein
  - Has numerous valves along its course.
  - Anastomosis freely with great saphenous vein.



#### DEEP VEINS

- Comprise the venae comitantes, which accompany all the large arteries, usually in pairs.
- Receive blood from superficial veins through perforating veins.
- □ Some veins from the arch penetrate deep into the leg, forming the anterior tibial vein.
- Veins of plantar aspect combine to form the posterior tibial and fibular veins.
- □ The posterior tibial vein accompanies the posterior tibial artery, entering the leg posteriorly to the medial malleolus.
- On the posterior surface of the knee, the anterior tibial, posterior tibial and fibular veins unite to form the popliteal vein.
- Once the popliteal vein has entered the thigh, it is known as the femoral vein, and I accompanies the femoral artery.
- □ The femoral vein leaves the thigh by running underneath the inguinal ligament, at which point it is known as the external iliac vein.



# **MECHANISM OF VENOUS RETURN**

□ Much of the saphenous blood passes from superficial to deep veins through the perforating veins

□ The blood is pumped upwards in the deep veins by the contraction of the calf muscles (calf pump).

□ This action of calf pump is assisted by the tight sleeve of deep fascia surrounding these muscles.



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# FACTORS AIMING BLOOD RETURN

#### Muscle Contraction

- Rhythmical contraction of limb muscles as occurs during normal locomotory activity (walking, running, swimming) promotes venous return by the muscle pump mechanism.
- Respiratory Pump
  - During respiratory inspiration, the venous return increases because of a decrease in right atrial pressure.
- Decreased Venous Compliance
  - Sympathetic activation of veins decreases venous compliance, increases central venous pressure and promotes venous return.
- Gravity
  - The effects of gravity on venous return seem paradoxical because when a person stands up hydrostatic forces cause the right atrial pressure to decrease and the venous pressure in the dependent limbs to increase.



# **VARICOSE VEINS**

□ If the valves in the perforating veins become incompetent, the direction of blood flow is reversed and the veins become varicosed.

□ Most common in posterior & medial parts of the lower limb, particularly in old people.



# **PORTAL CIRCULATION**

□ A portal venous system is a series of veins or venules that directly connect two capillary beds.

□ Examples of such systems include the hepatic portal vein and hypophseal portal system.



# **PORTAL VEIN**

□ Drains blood from the gastrointestinal tract and spleen

□ It is formed by the union of the superior mesenteric and splenic veins.

Immediately before reaching the liver, the portal vein divides into right and left that enter the liver.

Tributaries: Gastric and cystic veins



# **PORTOCAVAL ANASTOMOSIS**

□ A portacaval anastomosis (also known as portal systemic anastomosis) is a specific type of anastomosis that occurs between the veins of portal circulation and those of systemic circulation.

□ The anastomotic channels become dilated (varicosed) in case of portal hypertension.



# SITES OF PORTOCAVAL ANASTOMOSIS

Lower end of esophagus: left gastric vein & azygos vein

Lower part of rectum: (Hemorrhoids) superior and middle rectal veins & inferior rectal vein

Para umbilical region: (Caput Medusae) Para umbilical veins & superficial epigastric vein

□ Retroperitoneal: Veins draining colon & veins of the posterior abdominal wall

□ Bare area of liver: There is some anastomosis between portal venous channels in the liver and azygous system of veins above the diaphragm.



QUESTIONS!