



# **SUMMARY CVS block**



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## Sympatholytic & adrenergic blockers α-receptor Antagonists

Drug	Classification	МОА	Uses	Adverse Effect	Contraindication
a-Methyl dopa		<ul> <li>Formation of false transmitter</li> <li>Stimulation of presynaptic α2 receptors.</li> </ul>	- Treatment of <b>hypertension in pregnancy</b> (gestational hypertension & pre-eclampsia)	-	_
Guanethidine		- Inhibition of release and enhance uptake.	-	-	-
Clonidine	Adrenergic neuron blockers	- Stimulation of	- Little used as antihypertensive agent.	- rebound hypertension upon abrupt withdrawal ( so Little used as antihypertensive agent).	-
Apraclonidine		receptors.	- is used in open angle <b>glaucoma</b> as eye drops. (acts by decreasing aqueous humor formation)	-	-
Reserpine	- Inter storag	- Interferes with NA storage.	-	-	-
Phenoxybenzamine		- <b>Irreversible</b> block of both α2 and α1 receptors (long-acting 24 hrs)	- Pheochromocytoma.(	<ul> <li>Postural hypotension.</li> <li>Tachycardia.</li> <li>Headache.</li> <li>Nasal stuffiness or congestion.</li> <li>Vertigo &amp; drowsiness.</li> <li>Male sexual dysfunction (inhibits ejaculation).</li> </ul>	- patients with decreased coronary perfusion.
Phentolamine		- <b>Reversible</b> blocking of α2 and α1 receptors (short acting 4hrs)	before surgical removal).		- can precipitate arrhythmias and angina.
Prazosin	Adrenergic receptor blockers	-Selective α1- Antagonists (short half life)	- Urinary obstruction of benign prostatic bypertropby (BPH)	<ul> <li>Vasodilatation.</li> <li>↓ arterial pressure.</li> <li>less reflex tachycardia.</li> </ul>	_
Doxazosin		- Selective α1-	- Treatment of essential hypertension with prostate	produce an orthostatic	_
Terazosin		Antagonists (long half life)	enlargement. - Reynaud's disease.	can result in syncope (fainting).	_
Tamsulosin		- <b>Selective</b> α <sub>1A</sub> -antagonists ( which present in prostate)	- benign prostatic hypertrophy (BPH).	as non selective but to a lesser degree	-
Yohimbine		- α2 -selective antagonists	- Used as aphrodisiac in the treatment of erectile dysfunction.	-	_

	β- Adre	enoceptors	blockers			
MOA	β- adrenergic blockers					
Contraindications	- Heart Block <mark>Bronchia</mark> - Diabetic patients Periphera - Hypotension Alone in	<mark>I Asthma</mark> and emphy al vascular disease lil pheochromocytoma	rsema (safer with β1-selective blockers). ke <mark>Reynaud's disease</mark> (safer with β1-select (must be given with an α-blockers).	ive blockers).		
Pharmacological actions	-CVS: Negative inotropic, chronot - Antianginal effects. - mask hypoglycemia in diabetic μ - blood vessel β2: ↑peripheral res - Hypoglycemia, ↓lipolysis in adip	<ul> <li>-CVS: Negative inotropic, chronotropic, dromotropic, CO.</li> <li>- Antianginal effects.</li> <li>- mask hypoglycemia in diabetic patients&gt; coma.</li> <li>- blood vessel β2: peripheral resistance, Blood flow to organ.</li> <li>- Hypoglycemia, Ipolysis in adipocytes B3,Na<sup>+</sup> retention 2<sup>ndry</sup> to BP.</li> <li>- Antiarrhythmic effects.</li> <li>- Antiarrhythmic effects.</li> <li>- Antiarrhythmic effects.</li> <li>- Antiarrhythmic effects.</li> <li>- Antihypertensive.</li> <li>- Bronchoconstriction.</li> <li>- Intestinal motility.</li> <li>- Reduce intraocular pressure.</li> </ul>				
Adverse Effects	Unwanted pharmacological action	ns.				
Drug	Pharmacodynamic Classification	Pharmacokinetic Classification	Uses	Adverse effects		
Propranolol	<ul> <li>Non-selective block β1&amp; β2.</li> <li>Without intrinsic sympathomimetic activity ISA.</li> <li>Has membrane stabilizing effects.</li> </ul>	- Lipophilic.	<ul> <li>Hypertension.</li> <li>Anxiety (specially social &amp; performance type).</li> <li>Migraine (Prophylaxis).</li> <li>Cardiac arrhythmia.</li> <li>Myocardial infarction.</li> <li>Hyperthyroidism (Thyrotoxicosis).</li> </ul>	-		
Timolol	- Non-selective β1 & β2. - Without ISA.	- Lipophilic.	- Chronic glaucoma as eye drops.	-		
Atenolol		-	- Hypertension. - Cardiac arrhythmia. - Myocardial infarction.	_		
Bisoprolol	- Selective-β1 antagonist. - Without ISA.	-	- Hypertension. - Cardiac arrhythmias (preferred). - Hyperthyroidism -Congestive heart failure	_		
Metoprolol		- Lipophilic.	- Hypertension. - Myocardial infarction. -Congestive heart failure	_		
Esmolol	- Selective-β1 antagonist.	- Half life: 10min (ultra-short acting). - I.V	- Cardiac arrhythmia.	_		
Carvedilol	- Non-selective blocks α & β. - No ISA and local anesthetic effect. -Has ANTIOXIDANT action.	- Lipophilic.	<ul> <li>Used effectively in Congestive heart failure.</li> <li>Cardiac arrhythmias (preferred).</li> <li>Hypertensive emergency.</li> </ul>	- Orthostatic hypotension. - Edema.		
Labetalol	- Non-selective blocks α & β. - Has ISA. - Has membrane stabilizing effects. -local anesthetic effect	- Lipophilic. - Given p.o and I.V	<ul> <li>Severe hypertension in pheochromocytoma.</li> <li>Hypertensive crisis (e.g. during abrupt withdrawal of clonidine).</li> <li>Used in pregnancy-induced hypertension.</li> </ul>	- Orthostatic hypotension. - sedation. - dizziness.		

#### Anti-Arrhythmic drugs

## Class I

Na+ channel blocker (membrane stabilizing drugs)

#### Subclass: IA

(Prolong action potential duration)

Drug	M.O.A	Clinical uses	Adm	ADRs
Quinidine	<ul> <li>1/Anticholinergic effects <ul> <li>Increase conduction through the</li> <li>A.V node (risk of ventricular</li> <li>tachycardia)</li> </ul> </li> <li>2/α-adrenergic blocking effect <ul> <li>May cause vasodilation and</li> <li>reflex tachycardia <ul> <li>(seen more after I.V dose)</li> </ul> </li> <li>3/ECG changes: <ul> <li>Prolongs P-R &amp; Q-T interval</li> <li>Widens QRS complex</li> </ul> </li> </ul></li></ul>	-Atrial flutter & fibrillation -Maintaining sinus rhythm after cardioversion.	Given Orally (Rarely given I.V)	<ul> <li>1- Quinidine syncope: <ul> <li>Episodes of fainting due to</li> <li>torsades de pointes</li> </ul> </li> <li>developing at therapeutic</li> <li>plasma levels</li> </ul> <li>2- Anticholinergic <ul> <li>adverse effects:</li> <li>Dry mouth, Blurred vision,</li> <li>Urinary retention, N/V/D &amp;</li> <li>constipation</li> <li>3-Hypotension:</li> <li>Due to depressing contractility</li> </ul></li>
	<b>Similar to Quinidine except:</b> 1/Less toxic on the heart 2/More effective in ventricular than in atrial arrhythmias 3/Less anticholinergic or α-blocking actions	More effective in ventricular than in atrial arrhythmias.	I.V	<ol> <li>1- In long term therapy it causes reversible lupus erythematosus like syndrome.</li> <li>2- Hypotension.</li> <li>3- Torsades de pointes (At toxic dose)</li> <li>4- Hallucination &amp; psychosis</li> </ol>

#### Subclass: IB (Shorten action potential duration)

Drug	M.O.A	Clinical uses	Adm	ADRs
Lidocaine	Na+ channel blocker	1/Treatment of emergency <b>ventricular</b> arrhythmias e.g: 1-During surgery 2-Following acute myocardial infarction. (NOT effective in <b>atrial</b> arrhythmias)	Given I.V. bolus or slow infusion. ( <u>NOT</u> effective orally due to only 3% bioavailability)	1-Hypotension 2-CNS ADRs -Paresthesia -Tremor -Dysarthria (slurred speech) -Tinnitus -Confusion -Convulsion
Mexiletine		1/ventricular arrhythmias 2/Digitalis-induced- arrhythmia	<u>Effective</u> <u>Orally</u>	1- nausea, vomiting 2- tremor, drowsiness,diplopia 3- arrhythmias & hypotension

## Anti-Arrhythmic drugs

#### Subclass: IC (No effect on action potential duration)

Drug	M.O.A	Clinical uses	Adm	ADRs
Flecainide	Block the influx of Na lons (markedly slow phase 0 depolarizatio n)	1/Supraventricular arrhythmias 2/Wolff-Parkinson- White syndrome (WPW) 3/Very effective in ventricular arrhythmias, <b>but</b> <b>very high risk of</b> <b>proarrhythmia</b> 4/Should be reserved for resistant arrhythmias.		<ul> <li>1/Proarrhythmia</li> <li>2- CNS :</li> <li>dizziness , tremor, blurred vision, abnormal taste sensations, paraesthesia.</li> <li>3- Heart failure due to -ve inotropic effect</li> </ul>

Class II

Drug	Mechanism of action	Cli	inical uses
Esmolol Propranolol , Atenolol, metoprolol	block β₁ receptors in the heart → Reduce sympathetic effect on the heart which <u>leads to</u> : 1- ↓ automaticity of S.A. node & ectopic pacemakers 2-prolong RP (refractory period) (slow conduction) of the A.V node	<ul> <li>1- atrial arrhythmias associated with emotions e.g.: (after exercise , thyrotoxicosis)</li> <li>2- WPW</li> <li>3- Digitalis induced arrhythmias</li> </ul>	<ul> <li>given I.V. for rapid control of ventricular rate in patients with atrial flutter or fibrillation</li> <li>Very short acting (t1/2 = 9 min)</li> <li>Used in patients who had myocardial infarction to reduce incidence of sudden death due to ventricular arrhythmias</li> </ul>

## Class III

#### Amiodarone (prototype)

Pharmacologica Action	Main effect:1- prolong action potential duration and prolong refractory period2- Prolong phase 3 repolarizationAdditional effect:-Class IA - Class II - Class IV-Vasodilating effects ( due to its α & β-adrenoceptor blocking effects and its calcium channel blocking effects)			
P.K	-Extremely long half-life (13 - 103 DAYS) -Metabolized by (CYP3A4 and CYP2C8) to its major active metabolite ; N-desethylamiodarone -Eliminated primarily by hepatic metabolism -Can cross placenta, and appear in breast milk			
Clinical Use	- <b>Main use</b> : serious resistant ventricular arrhythmias. -Maintenance of sinus rhythm after. cardioversion -Resistant supraventricular arrhythmias e.g. WPW			
ADR's	-Exacerbation of ventricular arrhythmias ( high dose) -Bradycardia and heart failure -Pulmonary fibrosis -Hyper or hypothyroidism)-Photodermatitis & skin deposits ( patients should avoid exposure to the sun) -Neurological (e.g. tremors and peripheral neuropathy) -Nausea, vomiting and constipation -Corneal micro deposits -Hepatocellular necrosis			
Drug Interactions	(pharmacodynamics) Co-administration of amiodarone with drugs that prolong the QT interval increases the risk of Torsades de Pointes E.g. 1-Macrolides : Clarithromycin & Erythromycin 2- Azole antifungals Ketoconazole	(pharmacokinetic) Drugs (or substances) that inhibit CYP3A4 & CYP2C8 enzymes cause increase in serum concentration of amiodarone <b>e.g.</b> Loratadine, Ritonavir Trazodone, Cimetidine, Grapefruit juice	<ul> <li>(pharmacokinetic)</li> <li>Drugs that induce these enzymes Cause decrease in serum concentration of amiodarone</li> <li>e.g. Rifampin</li> </ul>	

## Anti-Arrhythmic drugs

## Class III

	Ibutilide (Pure Class III)						
M.O.A	Pharmacological action	Administration	Clinica Use	ADR's			
Prolong the action potential duration & RP Prolong phase 3 repolarization	Causes QT interval prolongation (phase 3)	Given by rapid I.V. infusion	Used for acute conversion of atrial flutter Atrium or fibrillation to normal sinus rhythm	May cause Torsades De Pointes			

## **Class IV**

Verapamil , Diltiazem					
M.O.A & Pharmacological Action	Clinical Use				
-Calcium channel blockers. -Main site of action is S.A & A.V nodes, causes -Slowing of conduction -Prolongation of ( <b>ERP</b> )	-Atrial arrhythmias -Re-entry supraventricular arrhythmias (e.g. WPW) (NOT effective in ventricular arrhythmia)				

#### **Class V** Miscellaneous Antiarrhythmic Drug

#### Adenosine

M.O.A	Pharmacokinetics	Therapeutic uses	ADR's
<ul> <li>Inhibit cAMP by binding to adenosine A1 receptors causing the following actions : 1- Opening of potassium channels (Hyperpolarization)</li> <li>2-Decreasing conduction velocity , mainly at AV node (-ve dromotropic effect) and chronotropic effect 3- Inhibiting phase 4 pacemaker M.O.A action potential at SA node (-ve chronotropic effect)</li> </ul>	Half-life is less than 10 sec	Drug of choice for acute management of paroxysmal supraventricular tachycardia preferred over verapamil ( because it's safer and does not depress contractility)	-Flushing (in about 20% of patients) -Shortness of breath & chest burning (in 10% of patients) due to bronchospasm -Brief A.V block (Contraindicated in heart block)

## Anti-Arrhythmic drugs

## New Antiarrhythmic Drugs

Drug	M.O.A	Clinical uses			
	<b>Pharmacological Action:</b> It has antiarrhythmic properties belonging to all four classes				
Dronedarone	Contraindications: -Should NOT be used in patients with severe (class IV) heart failure. (Risk of death may be increased in these patients) Contraindications -Should NOT be used in patients with permanent atrial fibrillation. (Risk of death and stroke may be increased in these patients)	maintenance of sinus rhythm following cardioversion in patients with atrial fibrillation			
Producershythmics					

#### Bradyarrhythmias

Drug	M.O.A	Clinical uses
Atropine	_	-Used in sinus bradycardia after myocardial infarction and in heart block
		-In emergency heart block isoprenaline may be combined with atropine ( caution)

## Drug Therapy of Heart Failure

#### Drug that decrease Preload

Class	Drug	МОА	P.K	Use	ADRs	Contraindications
Diuretics	Chlorothiazide (Thiazides)	Decrease salt and water retention ( $\uparrow$ excretion) $\rightarrow$ decrease ventricular preload & venous pressure $\rightarrow$ reduction of cardiac	-	- <mark>First-line</mark> agent in HF therapy - <mark>Mild</mark> CHF -Volume overload	-hypotension -hypokalemia.	-
	Furosemide (Loop) size → Improvement of cardiac performance.		-	-immediate reduction of pulmonary congestion & severe edema associated with: AHF, Moderate & severe chronic failure.	- increase urine output	-
Aldosterone antagonists	Spironolactone	-Potassium sparing diuretic - <u>Non-selective</u> Antagonist of aldosterone receptor.	-	Improves survival in advanced HF	-	-
	Eplerenone	- <u>selective</u> aldosterone receptor Antagonist (does not inhibit other hormones; <mark>estrogens &amp; androgens</mark> ).	-	Improves survival of stable patients with CHF	-	-
Venodilators	Nitroglycerine	$\uparrow$ cGMP in smooth muscles of vessels→ Dilates venous blood	I.V for severe cases	severe HF when the main symptom is dyspnea due to	-	-
	lsosorbide dinitrate	vessels & reduce preload.		pulmonary congestion.		
		Drugs that de	ecrease afterload			
Arteriodilators	Hydralazine	reduce peripheral vascular resistance.	-	when the main symptom is rapid fatigue due to low cardiac output.	lupus-like-syndr ome	-
		Drugs that decrease	both preload & af	fterload		
ACEI	Captopril	1-inhibiting ACE, we will achieve the opposite of all angiotensin II normal actions: -Decrease preload & afterload -Decrease sympathetic activity	-Rapidly absorbed from GIT after oral administration	-first-line drugs for chronic heart failure (along with diuretics) -first-line treatment HTN	-Acute renal failure -Hyperkalemia -Dysgeusia -Dry cough	-2nd & 3rd trimesters of pregnancy (risk of : fetal hypotension, repal failure and
	Enalapril Ramipril	-Inhibit remodeling	their bioavailability.		-Angioneurotic edema -Severe	malformations).
		<ul><li>2-Accumulation of Bradykinin:</li><li>-vasodilatation</li><li>3-Decrease mortality rate</li></ul>	- Prodrugs, activated in liver -long half-life -given once daily. (only Enalapril & Ramipril)		hypotension in hypovolemic patients (Due to diuretics, salt restriction, fluid loss)	-Renal artery stenosis.
ARBs	Losartan Valsartan Irbesartan	-Block angiotensin 1 (AT1) receptors -Decrease action of angiotensin II.	-	-	-	-
α-Adrenocepto r Blockers	Prazosin	- blocks α- receptors in arterioles and venules. - decrease afterload & preload.	-	-	-	-
Direct acting vasodilators	Sodium nitroprusside	by↑cGMP	-Acts immediately -effects lasts for 1-5 min.	- Given I.V In acute or <mark>severe</mark> heart failure	-	-

## Drug Therapy of Heart Failure

#### Drugs that increase contractility

Class	Drug	MOA	Uses	ADRs	Interactions
Cardiac glycosides (digitalis)	Digoxin	-Inhibit Na+ / K+ ATPase enzyme (the sodium pump) -Increases the force of myocardial contraction	-CHF -Has Narrow T.I	-digitalis-induced arrhythmias: .Bigeminal beats (Rythm) .Extrasystoles .Ventricular tachycardia .fibrillation .Cardiac arrest -GIT manifestations -CNS disturbances	Factors that increase its toxicity: -Renal diseases -Hypokalemia -Hypomagnesemia -Hypercalcemia
β-Adrenorecept or AGONIST	Dobutamine	Selective β1 agonist	Treatment of acute heart failure in cardiogenic shock	-	-
phosphodiestera se-III inhibitors	Milrinone	-Inhibits PDE-III (cardiomyocytes & vascular smooth muscle ) → ↑cAMP. . in cardiomyocytes→ Increases cardiac contractility.	-only IV for management of AHF. -Not safe or effective in longer than 48 hrs of treatment	-Hypotension -chest pain (angina).	<b>Furosemide</b> should not be administered in I.V. lines containing milrinone due to formation a precipitate.
	Enoximone Vesnarinone	. in vascular smooth muscles→ Dilatation of arteries & veins (reduction of preload & afterload).	New drugs in clinical trials	-	-
		Other drugs fo	or heart failure		
β-adrenorecepto r blockers	<b>Bisoprolol</b> <b>Metoprolol</b> (Second generation)	-Attenuate cardiac remodeling. -Slow HR - Decrease renin release -reduce mortality &	-Reduce the progression of CHRONIC heart failure. -NOT used in ACUTE heart failure.	-	-
	Carvedilol Nebivolol (Third generation)			-	-
Natriuretic Peptides (New drug for HF)	Nesiritide	<ul> <li>Physiological effects of ANP and BNP</li> <li>↑ Cyclic-GMP in vascular smooth muscle leading to</li> <li>vasodilation</li> <li>Reduction of preload &amp; afterload.</li> </ul>	Indicated (IV) for the treatment of patients with ADHF who have dyspnea at rest or with minimal activity	-	-
Calcium sensitisers (New drug for HF)	Levosimendan	-Calcium sensitization: .improves cardiac contractility WITHOUT increasing oxygen consumption. -Potassium-ATP channel opening: .vasodilation .improving blood flow to vital organs	management of ADHF	_	_

#### Anti-hypertensive drugs

#### Diuretics

Drug	(Thiazides) Hydrochlorothiazide chlorothiazide chlorthalidone	(Loop Diuretics) Furosemide	(Potassium-sparing Diuretics) Spironolactone			
Uses	Their action may differ between the short and long use	Hypertension with <b>renal</b> <b>impairment</b> Manage symptoms of <b>H.F</b> and edema	Minimal effect on lowering BP			
	Mild to moderate Hypertension					
M.O.A	The initial diuresis lasts 4-6 weeks and then replace	ced by a decrease in the PVR ( Periph	eral vascular resistance).			

#### Vasodilators

Drug	Hydralazine	Minoxidil	Diazoxide	Sodium nitroprusside
Uses	Moderate-severe	hypertension	Hypertensive emergency	
M.O.A	Direct	Opening of potassium channels in smooth muscle membrane by minoxidil sulfate	Opening of potassium channels	Release of (NO)
Administration	Ora		Rapid I.V	I.V infusion
Site of action	Artiodilator			Arterio & venodilator
Uses In combination with a diuretic & first-line. β-blockers	Hypertensive pregnant woman	Correction of baldness	Treat hypoglycemia due to Insulinoma	Severe heart failure
ADRs	Hypot ang	ension, reflex tachycardia, palpitatio ina, salt and water retention (edem	on, ia).	Severe hypotension
Specific ADRs	lupus erythematosus like syndrome	Hypertrichosis thus contraindicated in females	Inhibit insulin release from β cells of the pancreas causing hyperglycemia. contraindicated in diabetics	Methemoglobin during Infusion - Cyanide toxicity - Thiocyanate toxicity - Headache, palpitations which disappear when infusion is stopped Cyanide accumulation cause cyanide poisoning (metabolic acidosis, arrhythmias, severe hypotension and death)

#### Angiotensin Converting enzyme inhibitors (ACEIs)

Drugs	Captopril, Lisinopril, Enalapril, Ramipril
M.O.A	<ul> <li>Particularly effective when hypertension results from excess renin production (renovascular hypertension, white &amp; young)</li> <li>ACE inhibitors decrease angiotensin II and increase bradykinin levels by preventing its degradation by ACE, so the antihypertensive effect results</li> <li>primarily from vasodilatation with little change in CO.</li> <li>A fall in aldosterone production may also contribute.</li> </ul>
P.K	<ul> <li>-Polar, excreted in urine.</li> <li>-Do not cross BBB</li> <li>-Have a long half life &amp; given once daily.</li> <li>-Rapidly absorbed from GIT after oral administration.</li> <li>-Food reduce their bioavailability.</li> <li>-It takes 2-4 weeks to notice the full antihypertensive effect of ACEIs.</li> <li>-Enalapril &amp; Ramipril are prodrugs, converted to the active metabolite in the liver.</li> <li>-Enalaprilat is the active metabolite of Enalapril, can be given by I.V. route in hypertensive emergency.</li> </ul>
Uses	-Treatment of essential hypertension. -Hypertension in patient with chronic renal disease, ischemic heart disease , diabetes. -Treatment of Heart failure.
ADRs	<ul> <li>-Dry Cough</li> <li>-Acute renal failure, especially in patients with renal artery stenosis.</li> <li>-Severe hypotension in hypovolemic patients</li> <li>-Renal angensia/ failure in the fetus resulting in oligohydramnios</li> <li>-Angioneurotic edema ( swelling in nose, tongue, throat &amp; larynx ).</li> <li>-First dose effect (severe hypotension) (Given at bed time - start with small dose and increase the dose gradually)</li> <li>-Adverse effects Specific to captopril</li> <li>→ skin rash, fever, dysgeusia, Proteinuria and neutropenia. These effects are due to a sulfhydryl group in the molecule of captopril.</li> </ul>
Contraindication	-During the second and third trimesters of Pregnancy due to the risk of; fetal hypotension, anuria, renal failure & malformations. -Renal artery stenosis. -Potassium-sparing diuretics. -Patients using NSAIDs .

#### Anti-hypertensive drugs

#### Angiotensin receptors blockers (ARBs)

Drugs	Losartan	Valsartan	Candesartan Telmisartan	
P.K	-Has a Potent active metabolite. -Effective Orally once daily. -Iong half life. -Do not cross BBB.	No active metabolite	-	
M.O.A	- selective block of AT1 receptors. - No effect on bradykinin, no cough, no angioedema. - Produce more complete inhibition of angiotensin than ACE inhibitors			
ADRs	Same as ACEI except dry cough & angioneurotic edema.			
contraindication	Same contraindications as ACEI .			

#### Calcium channel blockers

Class	Phenylalkylamine	Dihydropyridine	Benzothiazepine		
Drug	Verapamil	Nifedipine	Diltiazem		
Feature	Act mainly on myocardium	Act more on smooth muscle	intermediate effect		
M.O.A	Block the influx of calcium through calcium channels resulting in: 1- Peripheral vasodilatation. 2- Decrease cardiac contractility.				
Р.К	given orally (onset: 0.5-2h) and I.V. injection (onset 1-3min), well absorbed. • Verapamil & diltiazem have active metabolites, nifedipine has not. • Verapamil and nifedipine are highly bound to plasma proteins (more than 90%) while diltiazem is less Bound ( 70-80%) • Sustained-release preparations can permit once-daily dosing.				
Uses	<ul> <li>Treatment of chronic hypertension. especially for Nifedipine.</li> <li>Nicardipine can be given by I.V. route &amp; used in hypertensive Emergency.</li> <li>Sustained-release formulations are preferred for the treatment of hypertension due to the short half- life of CCBs.</li> </ul>				
ADRs	peripheral edema (ankle edema) - constipation	Tachycardia	Peripheral edema (ankle edema)		
	Headache , Flushing , Hypotension				

## Anti-hypertensive drugs

#### Sympatholytic drugs

	Drugs	Uses	M.O.A	ADRs	
	<b>propranolol</b> (Non selective)	Used in mild to moderate hypertension In severe cases used in combination with other drugs 	1- decrease cardiac output 2- inhibit renin release 3- Centrally mechanism	-mask hypoglycemia	
	<b>atenolol</b> (Selective beta 1 blocker)			bradycardia,hypotension	symptoms in diabetics (don't use with diabetics patients)
B-adrenoceptor blockers	<b>metoprolol</b> (Selective beta 1 blocker)				-Fatigue
α- adrenoceptor blockers	<b>prazosin</b> (Short acting)		-blocks alpha 1 receptors in arterioles	Causes first dose hypotension and postural hypotension	
	<b>doxazosin</b> (Prefered for its long half life)	benign prostatic hypertrophy	and venules - reducing blood pressure by decreasing preload and afterload	_	
centrally acting sympatholytic drugs	<b>Clonidine</b> (Direct α2- agonist)	-hypertension with renal disease -Resistance hypertension	Diminish central adrenergic outflow from the CNS & increase parasympathetic outflow to the heart. This leads to reduced	Abrupt Sudden withdrawal of clonidine can lead to rebound hypertension.	
	<b>α-methyldopa</b> (Indirect α2- agonist)	α -Methyldopa is the first line treatment of hypertension in pregnancy	total peripheral resistance and decrease BP.	_	

## Thrombolytic Drugs

#### Non Fibrin specific thrombolytic drugs)

	Streptokinase (SK)	Anistreplase ( APSAC)	Urokinase
M.O.A	<ul> <li>Is a bacterial protein produced by B-hemolytic streptococci.</li> <li>It acts indirectly by forming plasminogen- streptokinase complex M.O.A</li> <li>"activator complex" which converts inactive plasminogen into active plasmin.</li> <li>Can degrade fibrin clots as well as fibrinogen and other plasma proteins.</li> </ul>	<ul> <li>- (APSAC) :</li> <li>Anisoylated Plasminogen</li> <li>Streptokinase Activator</li> <li>Complex is an acylated</li> <li>plasminogen combined</li> <li>with streptokinase.</li> <li>It is a prodrug,</li> <li>de-acylated in circulation</li> <li>into the active</li> <li>plasminogen-streptokina</li> <li>se complexdirect</li> </ul>	<ul> <li>Human enzyme synthesized by the kidney</li> <li>Obtained from either urine or cultures of human embryonic kidney cells.</li> <li>Is a direct plasminogen activator.</li> </ul>
T 1/2	Less than 20 minutes	70-120 minutes	12-20 minutes
Administration	I.V infusion	Bolus I.V. Injection	I.V infusion
Advantages	- Least expensive. - Used for <b>venous</b> and <b>arterial</b> thrombosis.	<ul> <li>Longer duration of action than streptokinase.</li> <li>More thrombolytic activity.</li> <li>Greater clot selectivity.</li> </ul>	- Used for the lyses of acute massive pulmonary emboli - No anaphylaxis (not antigenic).
Disadvantages & side effects	<ul> <li>1- Antigenicity : high-titer antibodies develop 1 to 2 weeks after use, precluding retreatment until the titer declines.</li> <li>2- Allergic reaction : like rashes, fever, hypotension.</li> <li>3- Bleeding due to activation of circulating plasminogen (systemic fibrinolysis).</li> <li>4- Not fibrin specific.</li> </ul>	Similar but less than streptokinase alone in: - Antigenicity. - Allergic reactions. - Minimal fibrin specificity - Systemic lysis/hemorrhage More expensive than streptokinase	-Minimal fibrin specificity -Systemic lysis (acts upon fibrin-bound and circulating plasminogen). - Expensive (its use is now limited).
Precautions	Not used in patients with: - Recent streptococcal infections. - Previous administration of the drug * These patients may develop fever, allergic reactions and resistance upon treatment with streptokinase due to antistreptococcal antibodies.*		_

## **Thrombolytic Drugs**

#### Fibrin specific thrombolytic drugs

Tissue Plasminogen Activators (t-PAs)

Drug	Alteplase	Reteplase	Tenecteplase		
M.O.A	<ul> <li>All are recombinant human tissue plasminogen activators (tPA).</li> <li>Prepared by recombinant DNA technology.</li> <li>Directly act by: <ul> <li>They activate fibrin-bound plasminogen rather than free plasminogen in blood</li> <li>Their action is enhanced by the presence of fibrin.</li> <li>They bind to fibrin in a thrombus and convert the entrapped plasminogen to plasmin followed by activated local fibrinolysis with limited systemic fibrinolysis .</li> </ul> </li> </ul>				
T 1/2	5 minutes (short)	15 minutes (longer)	30 minutes (longest)		
Administration	<b>Bolus I.V</b> . Injection followed by infusion	Two I.V. Bolus Injection	Single <b>I.V bolus</b> injection		
Advantages	<ol> <li>Fibrin-specific drugs (clot specific).</li> <li>Limited systemic fibrinolysis.</li> <li>Reduced risk of bleeding</li> <li>Not-antigenic (can be used in patients with recent streptococcal infections or antistreptococcal antibodies).</li> </ol>				
Specificity	- Has Enhanced fibrin specificity		It is more fibrin specific		
Uses	-In ST-elevation myocardial infarction (STEMI) . -Pulmonary embolism .		It is only approved for use in acute myocardial infarction .		

Fibrinolytic Inhibitors (Antiplasmin): inhibit plasminogen activation & inhibit fibrinolysis & promote clot stabilization

Drug	Aminocaproic Acid & Tranexamic acid	Aprotinin	
M.O.A	Acts by competitive inhibition of plasminogen activation	It inhibits fibrinolysis by blocking the action of plasmin ( <mark>plasmin</mark> antagonist )	
Administration	Orally	Orally or I.V	
Uses	<ul> <li>Fibrinolytic therapy induced bleeding (antidote).</li> <li>Post surgical bleeding.</li> <li>Adjuvant therapy in hemophilia.</li> <li>These drugs work like antidotes for fibrinolytic drugs. Similar to Protamine (antidote of anticoagulant, heparin) or Vitamin K (antidote of the oral anticoagulant, warfarin)</li> </ul>		

## Anti-Anginal Drugs

#### Agents that improve symptoms and ischemia: (Traditional Approaches)

#### 1.Organic Nitrates

Drug	Nitroglycerine (GTN) Short acting	Isosorbide mononitrate & dinitrate Long acting			
P.K	<ul> <li>Given sublingual or transdermal patch or parenteral.</li> <li>Can't be given orally, because it goes through Significant first pass metabolism in the liver</li> <li>Only (10-20%) bioavailability if given orally</li> </ul>	<ul> <li>Very well absorbed . Mononitrate, 100% bioavailability</li> <li>The dinitrate undergoes denitration in liver to two mononitrates → both possess antianginal activity which then conjugate to glucuronic acid in liver.</li> <li>T1/2= 1-3 hours.</li> </ul>			
Main use	• Rapid for terminating an acute attack of stable angina.	• For long-term persistent prophylaxis of stable angina.			
ndications	IN STABLE ANGINA: • Acute symptom relief →sublingual GTN • Prevention; Situational prophylaxis→sublingual GTN IN VARIANT ANGINA→ sublingual GTN IN UNSTABLE ANGINA IV GTN • Refractory AHF1→IV GTN • AMI2→IV GTN	<ul> <li>IN STABLE ANGINA:</li> <li>Prevention; Persistent prophylaxis →Isosorbide mono or dinitrate.</li> <li>IN UNSTABLE ANGINA:</li> <li>CHF3→ Isosorbide mononitrate + hydralazine ( if contraindication to ACE Is used)</li> </ul>			
reparation	<ul> <li>Sublingual tablets or spray Have rapid onset of action and short duration (30min),</li> <li>Transdermal patch(8-14h)</li> <li>Oral or bucal sustained release</li> <li>I.V. Preparations</li> </ul>	<ul> <li>Dinitrate Sublingual tablets</li> <li>Dinitrate Oral sustained release</li> <li>Mononitrate Oral sustained release</li> <li>Infusion Preparations</li> </ul>			
nechanism	<ol> <li>Release NO through interactions with intracellular SH groups and with further enzymatic degradation, NO is produced.</li> <li>Nitric oxide then binds to guanylate cyclase in vascular smooth muscle cell to form cGMP.</li> <li>cGMP activates PKG (Protein Kinase G) to produce relaxation</li> </ol>				
Contra- ndications	1. Known sensitivity to organic nitrates.2. Glaucom3. Head trauma or cerebral haemorrhage4. Uncorrec5. Concomitant administration of PDE5 Inhibitors.Sildenafil + nitrates	a. nitrates increase synthesis of aqueous humor ted hypovolemia → Severe hypotension & death			
ADRS	1. Reflex tachycardia and palpitation2. Throbbin4. Postural hypotension, Dizziness and Syncope5. Rarely Mage	g headache 3. Flushing of blush area			

#### 2. Calcium channel blockers

Class - Drug	Dihydropyridine - Nifedipine - Amlodipine - Nicardipine		Phenylalkylamine Verapamil	Benzothiazepine Diltiazem		
Selectivity	Dihydropyridine group act mainly on Vascular smooth muscle.		Act more on myocardium.	Has intermediate effect.		
M.O.A	Calcium channel blockers $\rightarrow$ Bind to L Type Ca channels (Dr's note: the most important type, involved in anginal pain) $\rightarrow$ decrease their frequency of opening in response to depolarization $\rightarrow \downarrow$ entry of Ca $\rightarrow \downarrow$ Ca release from internal stores(sarcoplasmic reticulum) $\rightarrow$ No Stimulus-Contraction Coupling $\rightarrow$ RELAXATION					
P.D Antianginal actions	2-Dihydropyridines ↓ VSMC(vascular smooth muscle cell) Contraction → arteriolar vasodilation ↓ Afterload → ↓ cardiac work → ↓myocardial oxygen demand		1-verapamil & diltiazem ↓ Cardiomyocyte Contraction → ↓ cardiac work through their –ve inotropic & chronotropic action → ↓ myocardial oxygen demand			
	3-coronary dilatation ↑ myocardial oxygen supply					
Indications in angina	StableRegular prophylaxis.UnstableSeldom (rarely) added in refractory cases.VariantAttacks are prevented (>60%)/sometimes variably aborted (stops pain)					

## Anti-Anginal Drugs

#### 3. $\beta$ 1 Selective blockers

Drug	Atenolol		Bisoprolol	Metoprolol		
P.D	Acts on cardiomyocyte: 1. Negative inotropic effect (force of contraction) ↓cardiac work →↓ myocardial oxygen demand 2. Negative chronotropic effect (Heart rate = bradycardia) Increase diastolic duration Due to the bradycardia(give time for filling) → Increase coronary blood flow →↑ myocardial oxygen supply					
	Stable       1. Cardioselective (beta 1 blockers) are preferred to avoid affecting lung (bronchiole) and blood vessels         2. First choice for Chronic use with nitrate.					
as antianginal	Unstable	halts (stops) progression to MI, improve survival				
	Variant Contraindicated, because they are ineffective and may actually worsen symptoms.					
Indications as acute Myocardial infarction	Given early to↓Infarct size, morbidity & mortality (↓ incidence of sudden death) ↓Arrhythmia and ↓ O2 demand					

#### Agents that improve symptoms and ischemia: (New Approaches)

#### **1-Potassium Channel Openers**

Drug	Nicorandil					
	1. Opening of KATP channels	2. Acting as NO donor				
P.D Dual mechanism	On VSMCs :K+ channel opening → Hyperpolarization → VASODILATATION (Improves coronary blood flow)	On VSMCs: NO donner $\rightarrow$ increase cGMP/ PKG $\rightarrow$ VASODILATATION				
	On Cardiomyocyte : K channel opening Repolarization → relaxation of myocardial cells → ↓ Cardiac work					
	1. Prophylactic 2nd line therapy in stable angina.					
Indications	2. Refractory (not responding) variant angina if not responding to nitrate and CCB					
	Flushing, headache, Hypotension, palpitation due to nitrate effect Weakness, and vomiting	Mouth & peri-anal ulcers Dr's note:special ADR for nicorandil , nausea				

## Anti-Anginal Drugs

## 2- Metabolically Acting Agents

Drug	Trimetazidine
P.D Dual mechanism	During ischemia, metabolism shifts to oxidation of FFA (fatty acids), which provides more energy but requires more O2 than Glucose utilization. So, to decrease O2 consumption & demand, we can enhance utilization of glucose (less O2 requirement) by giving Partial FFA Oxidation Inhibitors (e.g. Trimetazidine)
Indications	Used as an add on therapy
ADRs	GIT disturbances
	·Hypersensitivity reaction     ·In pregnancy & lactation
Contraindic ations	

#### **3-.Late Na+ current inhibition**

Drug	Ranolazine
Pharmaco -logical effect	<ul> <li>Inhibits the late sodium current(which opens in phase 4 depolarization), which increases during ischemia and affects Na dependent-Ca Channels.</li> </ul>
Indications	Used in chronic angina concomitantly with other drugs
ADRs	GIT disturbances
	$\cdot$ It prolongs the QT interval so contraindicated with Class Ia & III antiarrhythmic drugs .
Precautions	•Toxicity develops due to interaction with CYT-p450 inhibitors as; diltiazem, verapamil, ketoconazole, macrolide antibiotics, grapefruit juice

## 4-Sinus node inhibition

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Hypolipidemics can be divided into five categories: 1-statins, 2- fibric acid derivatives, 3-niacin , 4-resins 5- cholesterol absorption inhibitors ( ezetimibe).

#### **Bile acid sequestrants/ Resins**

Drug	МОА	Uses	ARDs	Contraindication	Drug interactions
<b>Chol</b> estyramine	<ul> <li>Bind to bile acids in the small intestine &amp; form insoluble complex. This complex cannot be reabsorbed from the intestine.</li> <li>The liver increases the number of LDL receptors to obtain more cholesterol and to convert it to bile salts , thus, the levels of LDL in the serum are reduced.</li> </ul>	second -line therapy for hypercholesterole mia	<ul> <li>GIT upset:</li> <li>abdominal</li> <li>discomfort,</li> <li>bloating,</li> <li>constipation.</li> <li>Decreased</li> <li>absorption of</li> <li>fat soluble</li> <li>vitamins (A, D,</li> <li>K).</li> </ul>	hypertriglyceride mia (TG >400 mg/dL).	Interfere with the absorption of many drugs. Therefore, other drugs should be taken 1 hour before, or 4 hours after taking resins. <b>Except</b> <b>colesevelam,</b> it has not been shown to interfere with the absorption of other drugs
<b>Col</b> estipol					
<b>Col</b> esevelam					

## **Cholesterol Absorption Inhibitors**

Drug	МОА	Uses	ARDs	Contraindication	Drug interactions
Ezetimibe	Inhibits intestinal cholesterol absorption by inhibiting Niemann-Pick C1-like 1 (NPC1L1) receptor→↓delivery of dietary cholesterol to the liver. ↑upregulation of LDL receptor → trapping more LDL particles from blood. Results in↓total cholesterol and LDL with minimal effects on HDL and triglycerides.	Hypercholesterol emia. Usually used in conjunction with a statin (synergistic effect).	Not common But may occur: GIT disturbance, headache, fatigue, arthralgia and myalgia		

#### Hypolipidemics can be divided into five categories: 1-statins, 2- fibric acid derivatives, 3-niacin , 4-resins 5- cholesterol absorption inhibitors ( ezetimibe).

<b>Statins</b> (Rosuva <b>statin ,</b> Atorva <b>statin ,</b> Lova <b>statin ,</b> Prava <b>statin ,</b> Simva <b>statin ,</b> fluva <b>statin )</b>							
ΜΟΑ	P.K	Uses	ARDs	Contra- indication	Drug interactions		
$\begin{array}{l} \text{PO.} \\ \text{Metabolized} \\ \text{by CYP3A4.} \\ \text{Taken at} \\ \text{bedtime} \\ \text{because of} \\ \text{synthesis, forcing hepatocytes to} \\ \uparrow \text{LDL receptors} \rightarrow \uparrow \text{hepatic LDL} \\ \text{catabolism and LDL precursor} \\ \text{extraction (VLDL remnants) from} \\ \text{the circulation.} \\ \text{Results in large $\product in total} \\ \text{cholesterol and LDL, medium $\product in} \\ \text{triglycerides, and small $\from$ in HDL.} \\ \end{array}$		First-line therapy to reduce hypercholestero lemia & LDL levels in patients at risk for or with coronary artery disease. Used In diabetics and patients with insulin resistance. Reduces cardiovascular mortality and risk of myocardial infarction, and stroke	<ul> <li>Common side effects: Headache, myalgia ,fatigue, Gl intolerance and flu-like symptoms.</li> <li>Hepatotoxicity ↑concentration of serum aminotransferases.</li> <li>Myopathy ↑[CK]</li> <li>Teratogenicity</li> </ul>	-Pregnancy -liver disease	<ul> <li>Fibrates (↑ risk of myopathy).</li> <li>Drugs metabolized by 3A4 isoform of cytochrome P450 like: erythromycin, verapamil ,cyclosporine, ketoconazole.</li> <li>Except pravastatin &amp; fluvastatin , these are the statin of choice in patients taking other drugs metabolized by CYP3A4 system</li> </ul>		
		Niacin					
МОА		Uses	ARDs	Contra- indication	Drug interactions		
Inhibits hormone-sensitive lipase in a $\downarrow$ <b>lipolysis of triglycerides</b> $\rightarrow \downarrow$ transpo- acids to the liver and $\downarrow$ <b>hepatic synthesis</b> <b>triglycerides.</b> Reduction of triglyceride synthesis red VLDL synthesis $\rightarrow \downarrow$ LDL. $\uparrow$ peripheral lipoprotein lipase activity VLDL clearance and $\downarrow$ TG. $\downarrow$ apo-A-I clearance $\rightarrow \downarrow$ HDL cataboli hepatic apoAl production Results in large $\downarrow$ in triglycerides, med and medium $\downarrow$ in total cholesterol and	- Hypercholestero lemia with concomitant hypertriglyceride mia. Used in patients with low HDL levels	<ul> <li>Flushing (which is prostaglandin mediated) can be avoided by low dose Aspirin ½ hour before niacin and by using sustained-release preparations.</li> <li>Gl distress: reactivation of peptic ulcer (can be↓ if taken after meal)</li> <li>glucose intolerance → overt diabetes</li> <li>Impairment of glucose tolerance → overt diabetes</li> <li>1 uric acid → gout.</li> </ul>	- Gout - Peptic ulcer - Hepato- toxicity - Diabetes mellitus (used with caution)	-			

#### Drugs for hyperlipidemia

Hypolipidemics can be divided into five categories: 1-statins, 2- fibric acid derivatives, 3-niacin , 4-resins 5- cholesterol absorption inhibitors ( ezetimibe).

## **Fibrates** (fibric acid derivatives)

Drug	МОА	Uses	ARDs	Contraindication	Drug interactions
Clofibrate	binds to and activates nuclear peroxisome proliferator activated receptor- (PPARα), expressed primarily in the liver and skeletal muscle. These receptors increase gene				• Increased risk
Gemfibrozil	transcription of lipoprotein lipase (LPL) leading to increased catabolism of TG in VLDL and chylomicrons. They cause : • A marked reduction in TG (due to catabolism of VLDL). • ↑FFA uptake by the liver • ↑LDL-C uptake by the liver. • ↑ HDL by ↑ apoA-I and apoA-II expression. • ↑ excretion of hepatic C in bile, thus endogenous hepatic C synthesis may be decreased. Results in large ↓ in triglycerides, medium ↑ in HDL, and small ↓ in total cholesterol and LDL.	<ul> <li>Hypertriglyceride mia</li> <li>1st-line defense for: <ul> <li>mixed</li> <li>dyslipidemia</li> <li>(i.e. raised serum</li> <li>TG and C).</li> <li>Low HDL levels.</li> </ul> </li> <li>(Improves clinical outcomes in patients with coronary disease and low HDL levels.)</li> <li>Patients with resistant dyslipidemia</li> </ul>	GI distress, rash, myopathy, gallstones.	-Severe hepatic or renal dysfunction. -Pregnant or nursing women.	of myopathies when used with statins (they ↓metabolism of statins, so must be given in low doses) • Potentiates effects of anticoagulant like warfarin & oral hypoglycemic drugs (because they displace drugs from plasma proteins (oral).
Fenofibrate					



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