

Immune-Comp lex Nephritis

Color index

Important Extra information Notes Slide reference





Objectives

- Understand the importance of immune complexes in the pathogenesis of renal injury.
- Learn that immune complexes form in the circulation and may deposit in different tissues.
- Understand the dynamics of deposition of complexes which depend on the size and rate.
- Identify the different types of renal disease based on the site of deposition of the immune complexes.

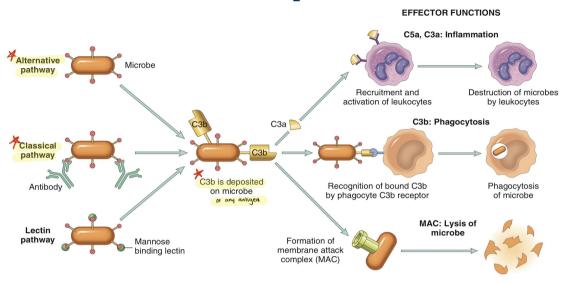


Click here! Please check frequently

Please do not be frightened by the slide number or notes. The lecture is easy and simple. We did our best to explain it in the clearest way possible.

GOOD LUCK!

Complement System Recap



One of the regulatory functions of complement system is the **clearance of immune complexes** and apoptotic cells without causing harm to tissue (Physiological, may become pathological when it causes harm).

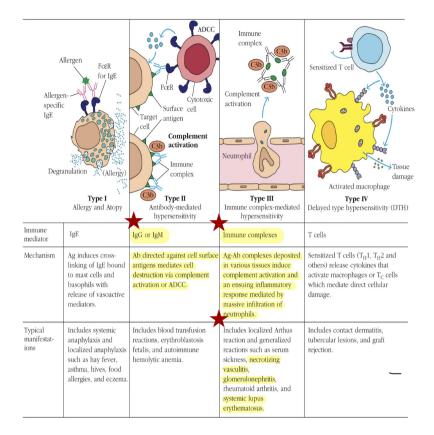
Normally, insoluble immune complexes that are formed are cleared by the phagocytic cells of the immune system, but when an **excess** of antigen—antibody are present, the immune complexes are often deposited in tissues, where they can elicit complement activation, localised inflammation resulting in the generation of tissue lesions in a variety of autoimmune diseases, exacerbating disease pathology. Binding of immune complexes to Fc receptors on leukocytes also may contribute to activation of the cells and injury.

One of the important complement proteins is C3. It's normal function is to opsonizes microbial cells and immune complexes, rendering them suitable for phagocytosis.

The binding of antibody to antigen activates a certain pathway. **IgA** activates the **alternative** pathway while **IgG** and **IgM** activate the **classical** pathway.

This introduction was given as we'll be discussing a number of diseases causing disruption in renal function because of the inflammatory process in relation to immune complexes.

Hypersensitivity Reactions



Type II

Antigens are fixed in the membrane of any tissue. The antibodies (IgG or IgM) will come to the tissue and bind to its antigen (forming an immune complex), which activates the complement system which will initiate an inflammatory response resulting in tissues damage or destruction (associated to autoimmunity).

Type III

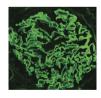
The antigens are circulating in the blood (floating antigens) and the antibodies (IgG) bind to them and forming an immune complex. These complexes will be circulating in the blood and could be deposited in tissue where they can also induce an inflammatory response.

Terminology Describing to what extent the glomerulus is affected 4 -Normal Segmental Global Only a part of the If the whole glomerular glomerulus is affected tuft is involved Describing the number of affected glomeruli Normal Diffuse Focal Most of the Some but not all the glomeruli (>75%) glomeruli contain the contain the lesion lesion Describing conformational changes in the glomerulus **Proliferation:** Hyperplasia of one of the glomerular cell types, with or without inflammatory cell infiltration

- Membranous changes: Capillary wall thickening due to immune deposits or alterations in basement membrane.
- Crescent formation: parietal epithelial cell proliferation and mononuclear cell infiltration forming a crescent-shape (هلال) in Bowman's space.

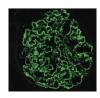
Linear Pattern

IF microscopy reveals well-defined lines, characteristic of anti-GMB GN



Granular Pattern

IF microscopy reveals what is called as "bumps and humps" or "lumpy-dumpy", characteristic of circulating and in situ immune-complex deposition



1 2

Pathogenesis of Immune Complex Nephritis



Spectrum of Glomerular Diseases

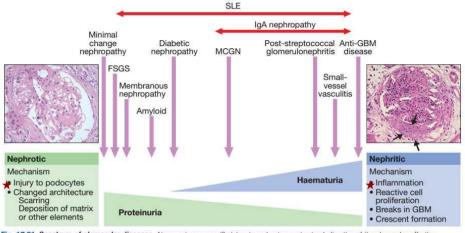
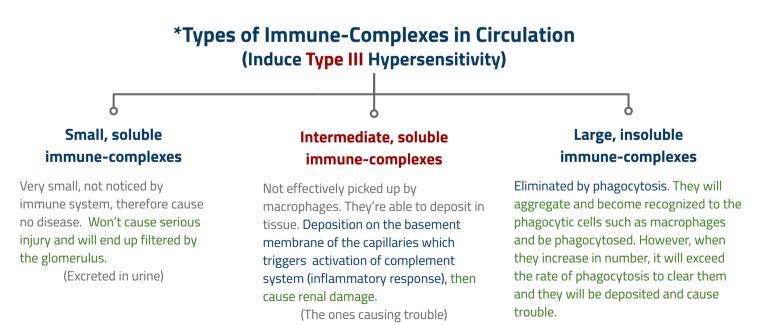


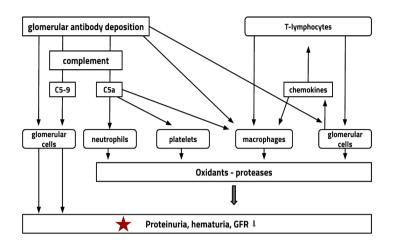
Fig. 17.21 Spectrum of glomerular diseases. At one extreme, specific injury to podocytes or structural alteration of the glomerulus affecting podocyte function (for example, by scarring or deposition of excess matrix or other material) causes proteinuria and nephrotic syndrome (see Box 17.11, p. 475). The histology to the left shows diabetic nephropathy. At the other end of the spectrum, inflammation leads to cell damage and proliferation, breaks form in the GBM and blood leaks into urine. In its extreme form, with acute sodium retention and hypertension, such disease is labelled nephritic syndrome. The histology to the right shows a glomerulus with many extra nuclei from proliferating intrinsic cells, and influx of inflammatory cells shows crescent formation (arrows) in response to severe post-infectious glomerulonephritis. (FSGS = focal and segmental glomerulosclerosis; MCGN = mesangiocapillary glomerulonephritis)

The figure lists some diseases caused by hypersensitivity reactions (type II and III) in the kidney induced by complexes made of **antibodies** with various microbial (nonself) antigens or self **antigens**. The severity of the reaction depend on the **size**, the **site** and **rate** of deposition of the immune complexes. Figure plots the diseases on a spectrum that fits how close the histopathology of the disease relates to either nephrotic syndrome (Characterized by injury to renal tissue causing heavy **proteinuria**) or nephritic syndrome (Characterized by inflammation of region causing hematuria mainly microscopic that can be visible or not).



*Our bodies normally produce immune-complexes on a daily basis to get rid of the bacteria and viruses. They're cleared by Reticuloendothelial system in the liver. Macrophages of the liver (kupffer cells), engulf them and remove them to keep us healthy. Then, why are there diseases because of these complexes? The problem that the body might face, is when the size of these immune complexes are too big, or when the rate of immune complex formation is overwhelming the ability of the immune system to get rid of them (they're forming faster then they're cleared). -Team 432

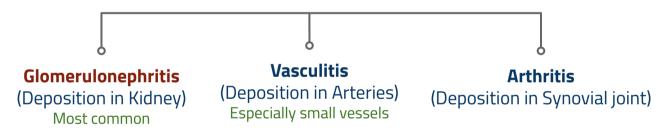
Immune- Mediated Glomerular Injury



Mechanism of Glomerular Injury Initiated by deposition of immune complexes in tissue (glomeruli) → activates complements (C5-9/C5a) → infiltration of different cells (neutrophils/ macrophages/ platelets/ glomerular cells) and activation of T cells lead to the release of chemokines and more inflammatory cells aggregation → Destruction of the tissue (glomeruli) This leads to: decrease in GFR, proteinuria and hematuria.

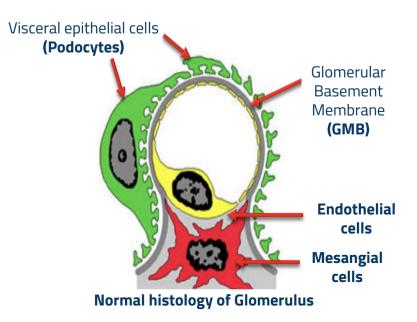
Site of Deposition

Complexes accumulate in tissues where filtration of plasma occurs. This explains the **high incidence of:**



Where in the kidney do immune-complexes deposit?

★ Glomerular injury is determined by the location of immune complex deposits. And so are the clinical symptoms of the disease.







This lecture covers 5 of antibody-mediated renal diseases:

Post Infectious Glomerulonephritis (Post Streptococcal, PIGN)

Membranous Glomerulonephritis (Membranous Nephropathy)

Membranoproliferative Glomerulonephritis (MPGN)

IgA Nephropathy (Berger disease)

Anti-Glomerular Basement Membrane Disease (Type I RPGN)

Overview: Site of Deposition

	Types of Antibody-Mediated Renal Diseases									
Disease	Post-Infectious GN	Membranous GN	Membranopro	lgA Nephropathy	Rapidly Progressive GN					
Subtype			Type I MPGN	Type II MPGN		Type I Type II Type II (Anti- GBM) (immune-mediat ed Crescentic ne) GN)				
Site	Diffused deposits (everywhere) Usually subepithelial & in GMB	Primary MGN: Subendothe Iial deposits	Subendothelial & mesangial deposits	Intramemb -ranous d ense d eposits	Mesangial deposits	GMB	GMB	GMB		

Sub<u>epithelial</u> deposits

Nephrotic range proteinuria, non- inflammatory lesions

Sub<u>endothelial</u> deposits

Hematuria, loss of GFR, **non-nephrotic range proteinuria**, inflammatory lesions

Glomerular Basement Membrane (GMB)

Mesangial & Paramesangial deposits

Asymptomatic proteinuria, microscopic hematuria



Deposits in Glomerulus (in Black)

1 2 3 4

1. <u>Post</u>-Infectious Glomerulonephritis (GN)

(Post-streptococcal)

Onset	 Abrupt onset of disease (after an infection is over, post-infectious) 7-14 days after pharyngitis 14-21 days after skin infection Manifests after the episode of infection is over. There will be no symptoms of infection, no organisms growing with culture. Occurs following resolution of the infection, and there's an infection-free latent period that occurs after 1-3 weeks. The disease spontaneously resolves in a month. 								
Etiology	Caused by antibodies for	Caused by antibodies formed against a strain of streptococcal organisms known as nephr<u>itic</u> strain .							
Mechanism	Circulating immune-complexes that will deposit in the glomerulus during filtration (Type III HS) , sometimes some of the strep. antigens will deposit in the glomeruli and antibodies (lgG) will cross-react to form immune-complex there \rightarrow Activation of complement \rightarrow Generalized damage to glomeruli due to inflammation (Team 434)								
	Culture	In most children (more susceptible), bacterial culture will be negative. Why Because the infection is gone, therefore culture is not useful to diagnose post-infectious GN.							
Diagnostic	Serology These tests detect antibodies against enzymes produced by streptococci. They help to establish prior	 Anti-streptolysin O titer (ASO) ➢ Only evidence (number one choice) ➢ Not best indicator of streptococcal skin infection because the cholesterol and lipids in the skin suppress ASO antibody response 							
Tests	infection, not acute streptococcal infections.	 Anti-DNAse B titre (ADB) ➢ More sensitive indicator of streptococcal skin infection ➢ Not suppressed by skin lipids 							
	Microscopy	IF: Immune deposits are distributed in the capillary loops in a granular, bumpy pattern because of the focal nature of the deposition process.							
Characteristic	 It is a type of acute diffuse proliferative GN (all glomerulus affected). Diffuse proliferation of glomerular cells and frequent infiltration of leukocytes, especially neutrophils. (hyperplasia of cells with inflammatory infiltrate). One of the nephr<u>itic</u> syndromes (Clinical features will be hematuria etc). Typical features of immune complex disease: Hypocomplementemia C3, C4 levels in serum are low. Why? they got consumed in the immune response, inflammation. Renal biopsy shows Granular deposits of IgG & complement on GBM 								

2. Membranous Glomerulonephritis

(Membranous Nephropathy) 🕞

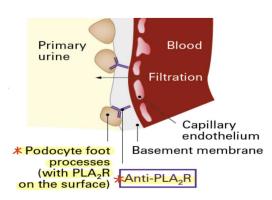
Overview

- Slowly progressive disease, a form of chronic immune-complex nephritis (like MPGN, and unlike post-infectious which is acute)
- > Its a type of nephr<u>otic</u> syndromes (unlike post-infectious which is nephr<u>itic</u>)

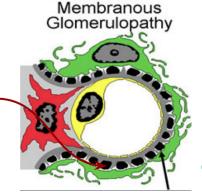
Epidemiology

- > Most common between 30-50 years but rare in children.
- Most common cause of primary nephrotic syndrome in Caucasian adults above 40. *Which means when a Caucasian patient came with a primary nephrotic syndrome the first type we think of is membranous GN.

	Primary MGN 60% of cases, more common	Secondary MGN
Etiology	Majorly due to autoantibodies directed against M-type phospholipase A2 receptor 1 (PLA2R) which are found on the surface of podocytes (subepithelial immune deposits) (Type II Hypersensitivity). It's unknown why these autoantibodies are formed. However, not all patients with Primary MGN will have these autoantibodies (only 70%-80% of patients have anti-PLA2R) as there could be other antigens targeted in this disease (watch osmosis for more).	 Disease develops as a results of another condition, autoantibodies formed in response to the following could cause this disease: 1. Cancer (lung carcinoma) 2. Infections (hepatitis B) 3. Drugs



Subepithelial deposition "Under the podocytes"





<u>1</u> <u>2</u> <u>3</u>

1 2 3 4

3. Membranoproliferative Glomerulonephritis (MPGN) or (Mesangiocapillary GN)

Definition	Definition > It is a chronic progressive glomerulonephritis that occurs in older children and adults								
Demition	 It is a chronic progressive giomeruloneprintis that occurs in older children and adults It can manifest as either nephr<u>otic</u> or nephr<u>itic</u> syndrome. 								
Types	Туре І	Туре II							
Etiology	In blood: Antigen (ex. Antigen of hepatitis B, chronic infection) + Antibody = Circulating large immune complexes that will deposit in the glomerulus. (Type III Hypersensitivity)	 The fundamental abnormality is: Excessive complement activation by the alternative pathway (abnormal activation). C3 Nephritic Factor is an autoantibody against C3 convertase, which causes uncontrolled cleavage of C3 by the alternative pathway [Robbins]. *The autoantibody (Abnormal IgG) will recognize and stabilize the C3 convertase enzyme, meaning it will exist for a longer period than usual & will continue to cleave C3 into C3a + C3b. 							
Pathogenesis	Immune-complex deposits (Large)	Alternative pathway (complement deposits)							
Site	Sub endothelial & mesangial deposits	Intramembranous dense deposits. *formed by C3. Also known as, Dense Deposit Disease.							
Complement Pathway	Deposition triggers activation of the complement system by the classical pathway . How do we know its the classical pathway? By detecting C2, C4, and C3 we will find that their levels in the plasma have decreased . Proteins involved: (C1, C4,C2,C3 ,C5,C6,C7,C8,C9)	 Autoantibody triggers activation of the complement system by the alternative pathway. How do we know its the alternative pathway? By detecting C2 or C4 and C3 we will find that: > C2 and C4 levels are normal in plasma as they're not involved in alternative pathway. > C3 level is highly decreased in plasma as its the first protein to be activated Proteins involved: (C3,C5,C6,C7,C8,C9), no C2 or C4 							
IF									
Associated diseases	 Hepatitis B&C antigenemia (presence of antigen in the blood) Extra-renal infections SLE *It can be associated with the immune-complexes which are generated in either autoimmune diseases such as SLE or in viral or bacterial infections especially hepatitis B&C. 	Extra							

4. IgA Nephropathy (Berger Disease)



Overview

- > One of the most common causes of recurrent microscopic or gross hematuria [Robbins]
- Most common form of primary glomerulonephritis (kidney disease) in the world.
- It manifests as nephritic syndrome (*Hematuria)
- Some experts have considered IgA nephropathy to be a localized variant of Henoch-Schönlein purpura (Recall, Vasculitis lecture) [Robbins].
 IgA nephropathy: Affects only kidneys.
 Henoch-Schönlein purpura: Affects Kidneys and other tissue (skin, joint, etc)(a systemic syndrome).

Epidemiology

> Affects children and young adults, **typically during an infection**

Etiology	Formation of underglycosylated IgA and its deposition in glomerulus. Why is this type of IgA formed? It's unknown.								
Clinical Manifestation	Begins as an episode of gross hematuria that occurs within 1-2 days of a nonspecific upper respiratory tract infection . Unlike Post-Infectious GN, which appears after weeks.								
Site	Deposition of IgA* (can only activate the alternative pathway) & complement C3 (inflammatory proteins) in the mesangium								
Mechanism	Pathogenic hallmark: * Antigen (**underglycosylated IgA in serum) + Antibody (Circulating immune-complex which deposits in mesangiu *The structure of the IgA in the nephropathy is abnormal (underglycos as foreign and act as an antigen to induce antibody production, then t antibody will form a complex and deposit in the mesangium. **What does "underglycosylated" mean? Usually antibodies have a hi region is kept hidden by sugars and what is noticed here is that these present but not in the same amount that covers the underlined part of exposed to the immune system, it starts behaving as an antigen and the	m (Type III Hypersensitivity) sylated), it will be recognized by the body he abnormal IgA antibody and anti-IgA dden region from the immune system. This sugars are either missing or they are of the antibody. So when this region is							
Complement Pathway	When immune-complexes deposit, which pathway is activated? There is evidence of activation by the alternative pathway as the serum of complement protein C1, C2, and C4 will be normal. Why? These complements are part of the classical pathway which can't be activated by IgA. However, C3 level will be low since its part of the alternative pathway.	This immunofluorescence pattern demonstrates positivity with antibody to IgA. The pattern is that of mesangial deposition in the glomerulus. This is IgA nephropathy.							

5. Rapid Progressive GN

1 2 3 4 5 6 7 8 9

(Crescentic GN)

Overview

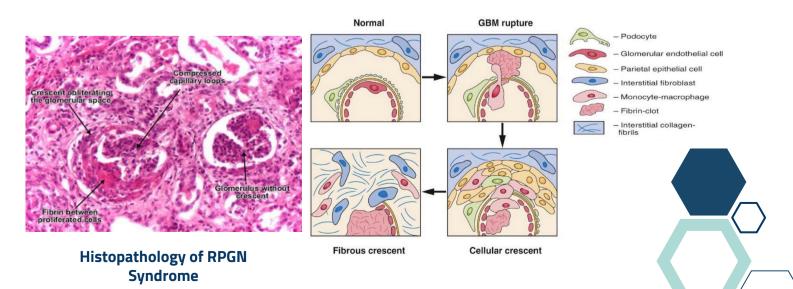
- RPGN is a clinical syndrome and not a specific form of Glomerulonephritis. (All what we discussed are immune-mediated GN that could show RPGN syndrome which would be the end result of these disease) Why did we say end result? Because Its Very serious condition which may lead to complete renal damage if untreated (Poor prognosis). Patient could need a kidney transplant.
- > In most cases, glomerular injury is **immunologically mediated**.

Characteristics

Crescents are defined as the presence of 2 or more layers of cells in the Bowman space. Presence of crescents in the glomeruli is a marker of severe injury. Causes irreversible injury, therefore it's important to detect it in time so the rest of the kidney could be saved.

Mechanism

- The initiating event is the development of a physical disruption in the GBM (physical disruption by the "extra" parietal epithelial cells present in the area that have reached GMB and are compressing it).
- The lesions (crescents and other histopathological manifestations) are mediated by processes involving macrophages and cell-mediated immunity.
- Following disruption of the glomerular capillary and its GMB, substances such as circulating cells, inflammatory mediators, and plasma proteins will pass through the capillary wall into the Bowman space creating the crescent and fibrin will be deposited in the bowman's space once the healing process begins.



A practical classification divides crescentic glomerulonephritis into three groups on the basis of immunologic findings:

Туре	Type I (Anti-GBM Antibody Crescentic GN)	Type II (Immune Complex-Mediated Crescentic GN)	Type III (Pauci-immune Crescentic GN)		
Overview	 It's due to autoantibodies directed against the basement membrane of the glomerulus (Anti-GMB). Type II Hypersensitivity (antigen on GMB). Type II Hypersensitivity (antigen on GMB). 	 May occur as a complication of any of the immune complex nephritides (any immune mediated renal disease that shows crescents could fall under this category), it is not a primary disease of its own, it's a severe form of other diseases. Results from renal damage due to other conditions such as: Post Infectious GN SLE (also mentioned as an associated disease with MGN) IgA nephropathy Type III Hypersensitivity (circulating antigens). 	Pauci= Poor (قليل). Called pauci-immune because when we examine the glomerulus there is no evidence of anti-GBM antibodies. Its renal damage is defined by the lack of anti-GBM antibodies. No antibodies or complements are found. It's due to Anti-Neutrophil Cytoplasmic Antibodies in serum		
Associated diseases	Goodpasture syndrome: is a rare autoimmune disease in which Anti-GBM antibodies attack the basement membrane of both the lungs & kidneys, leading to hematuria because of the damaged blood vessels in the lungs and kidney. If somebody is presented with Hematuria & Glomerulonephritis then you should look for anti-GBM antibody to confirm diagnosis for this syndrome.		Systemic vasculitis (diseases we took in cardio block like: Granulomatosis with polyangiitis), affects the small vessels		
Microscopy	Characterized by linear deposition of IgG and C3 on the GBM. This type is recognized by taking renal biopsy and staining it for antibodies against C3 and IgG.	Characteristic granular, lumpy-bumpy pattern of staining of the GBM for immunoglobulin (commonly IgG) & complement.	ANCA not detected by the stain because it's not directed against the renal tissue. No antibody staining.		



Take home messages

Immune complexes underlie the pathogenesis of many of the glomerulo-nephritides.

Activation of the complement system (classical, alternative, or both) is an integral part of the process, and measurement of the complement proteins (C3,C4) help in diagnosis and follow- up of patients.

Immunofluorescence of renal biopsy demonstrate the presence of immune complexes and confirm the diagnosis.





Summary

Types of Immune-Complexes in Circulation - Depending on complex size-(Induce Type III Hypersensitivity)

- Small, soluble immune-complexes: Very small will not be noticed by immune system, therefore not deposited (excreted in urine).
- Intermediate, soluble immune-complexes: Not effectively picked up by macrophages. (deposit in tissue).
- Large, insoluble immune-complexes: Eliminated by phagocytosis (through specialized macrophages).

Mechanism of Glomerular Injury

Deposition of immune complexes in glomeruli \rightarrow Activation of complements (C5-9/C5a) \rightarrow Infiltration of different cells (neutrophils/macrophages/ platelets/ glomerular cells) + activation of T cells (lead to the release of chemokines and more inflammatory cells aggregation) \rightarrow Destruction and disease which leads to: decreased GFR, proteinuria and hematuria.

		Diseases						
Post Infectious Glomerulonephritis (Post Streptococcal)	 → An example of nephritic syndromes, onset is sudden, acute glomerulonephritis. Etiology: Antibodies formed against streptococcal organisms (nephritic strain). Diagnostic test: Anti-streptolysin, and Anti-DNAse B (in case of skin infection). +Remember that Culture is negative. Characteristics: Acute diffuse proliferative GN & frequent infiltration of leukocytes (especially neutrophils). IF characteristics: Hypocomplementemia & Granular deposits of IgG & complement on GBM. 							
Membranous Glomerulonephritis (Membranous Nephropathy)	 → A form of chronic immune-complex nephritis. (chronic GN), onset is slow. → Most common cause of primary nephrotic syndrome in Caucasian adults. Etiology: Primary MGN (60%): antibodies against antigen of the M-type phospholipase A2 receptor 1 (PLA2R). Secondary MGN: conditions such as cancer, infection, and drugs. 							
	A chror	ic progressive glomerulonephritis, can manifest as either nephrotic or nephritic syndrome. has two types:						
Membranoproliferative Glomerulonephritis (MPGN)	Type I (More prevalent) 80% of cases	Etiology: Circulating immune complexes. Pathway: Activates the complement system by the classical pathway. Characteristics: subendothelial and mesangial deposits. Associated diseases: Hepatitis B&C antigenemia, extra-renal infections, and SLE.						
	Type IIEtiology: Excessive complement activation.Pathway: Activates the complement system by the alternative pathway. Characteristics: intramembranous dense deposits. * Some patients have autoantibody against C3 convertase called: C3 nephritic factor.							
IgA Nephropathy (Berger disease) → It manifestations: Gross hematuria that occurs within 1-2 days of a nonspecific upper respiratory tract infection Mechanism: Production of abnormal glycosylated IgA and development of autoantibodies against them. Pathway: Activation of complement by the alternative pathway (serum complement C2, and C4 will be normal, C3 will Characteristics: Deposition of IgA & complement C3 in the mesangium.								
Rapid Progressive	→ Chara → Mech	ical syndrome and not a specific form of Glomerulonephritis. Acteristics: Crescents (2 or more layers of cells) in Bowman space (presence in the glomeruli = severe injury). Anism: Development of a physical disruption in the GBM → substances such as circulating cells, inflammatory ators, and plasma proteins will pass through the capillary wall into the Bowman space → crescent is created.						
Glomerulonephritis (RPGN) Or	Туре 1	 Characterized by linear deposition of IgG and C3 on the GBM. (Anti-GBM antibody). Associated with Goodpasture syndrome. 						
Crescentic Glomerulonephritis (CGN)	Туре 2	 Characteristized by granular (lumpy-bumpy) pattern of staining of the GBM for immunoglobulin commonly IgG & complement. May occur as a complication of immune complex nephritides. 						
	Type 3 - Characterised by a renal damage that lacks anti-GBM antibodies. - Most cases are associated ANCA and systemic vasculitis.							

QUIZ

Q1) The site of immune complexes deposition in Membranous glomerulonephritis is:												
A	Mesangiu	IM	В	Basement membrane		С	Visceral epithelial		D	Parietal epithelial		
Q2) Which glomerular disease would you suspect most in a patient with linear pattern of immune complex deposition:												
А	Goodpastı syndrom		В	Berger's disease		С	Membranous glomerulonephritis		, D	Lupus nephritis		
Q3)	Which of the f	ollowir	ng may	occura	as a <u>co</u>	mplicat	tion of	Systen	nic Lup	ous Ery	themat	osus?
А	Type I RP0	GN	В	Type II RPGN		C	Type III RPGN		D	All the above		
Q4)	Which of the f	ollowir	ng may	occur (<u>with</u> he	epatitis	B or C	?				
A	MGN		В	lgA r	nephro	pathy	C	MPGN			D	RPGN
Q5)	Which one of t	he foll	owing	require	es C3 N	ephriti	c Facto	or for it	s path	ogenes	is?	
A	MGN	MGN B MPGN		C	IgA Nephropathy			D	RPGN			
Q6)	mmune comp	lex nep	ohritis	is consi	idered	to be w	/hich t	ype of l	nypers	ensitiv	ity?	
A	Type I		В	Type II		C	Type III		D	Type IV		
Q7)	Poststreptoco	ccal GN	l is cau	sed by	knowr	n strept	ococca	al types	called	1:		
Α	Nephritic sti	rains	В	Nepł	nrotic s	trains	С	Both a & b			D	None
Q8)	Post Infectiou	s Glom	erulon	ephriti	s occur	s 7-14	days a	fter wł	nich of	the fo	llowing	?
A	Nephritic B Syndrome		Pharyngitis		С	Skin infection		D	Anti-GBM disease			
Q9)	Which one of t	he foll	owing	is asso	ciated	with Be	erger's	diseas	e?			
A IgA B Ig				IgG		C lgM				D	lgE	
Q10) A patient diagnosed with Type III RPGN, immunofluorescence will reveal												
A Linear Pattern B Granular F					nular Pa	attern	С	N	o stair	ning	D	Lumpy bumpy Pattern
Q1			Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	
		В	Α	В	С	В	С	A	В	A	C	



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