

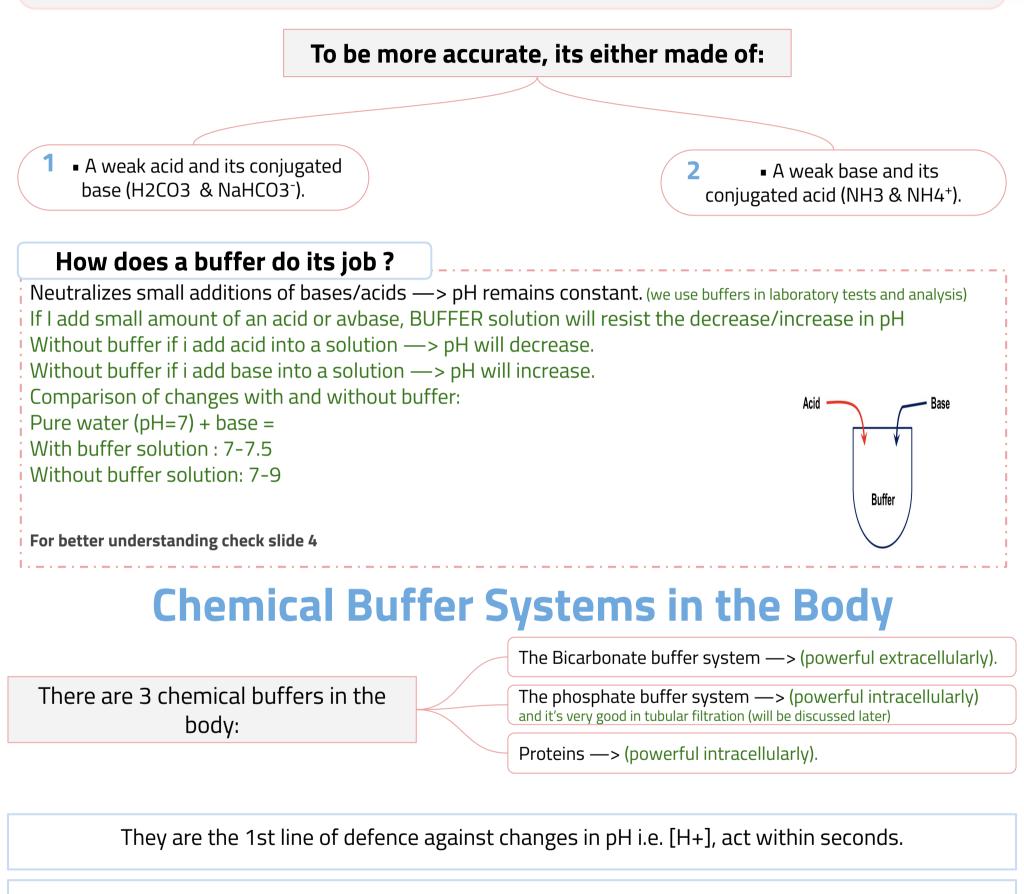


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Buffer

Definition

solution (a mixture of a weak acid and a weak base that are in equilibrium) that resists changes in pH upon addition of small amount of acids and bases.



Some are more powerful extracellularly and others are more powerful intracellularly. It depends on where is the most of their conc. in other word; if it's more abundant extracellularly it will become more powerful extracellularly.

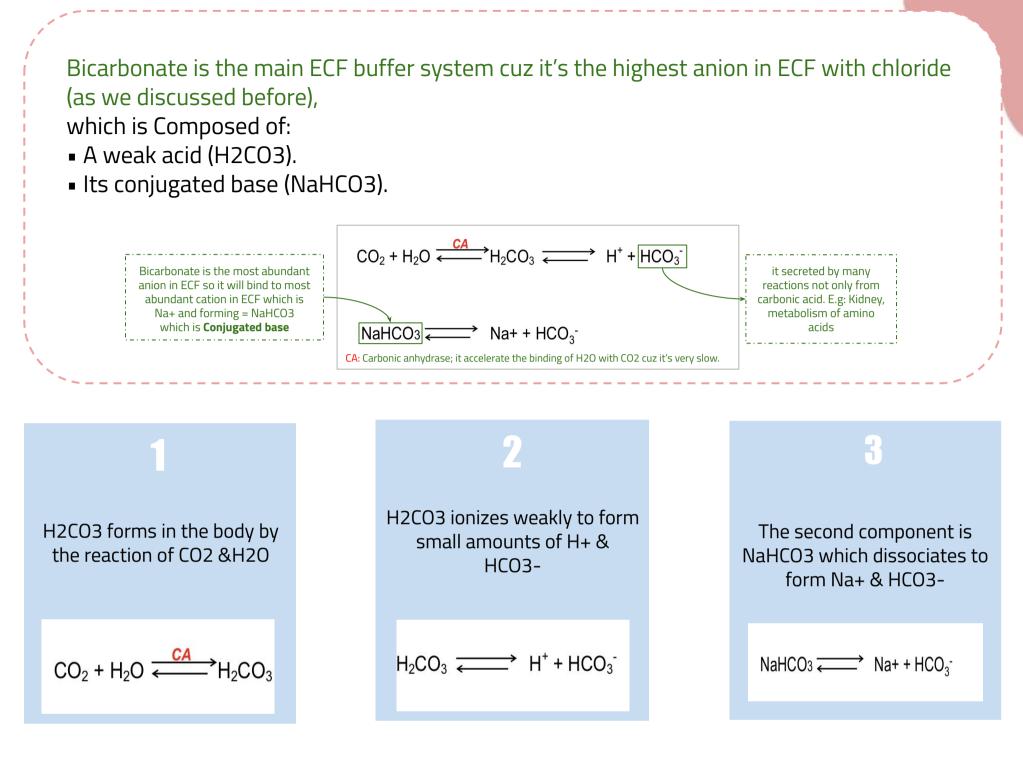
-Buffer's power Depends on relative amount of Acid and Base in a Buffer solution.

-It is maximum when both are in equal amounts.

-Absolute concentration of Buffers in body fluids is also important.

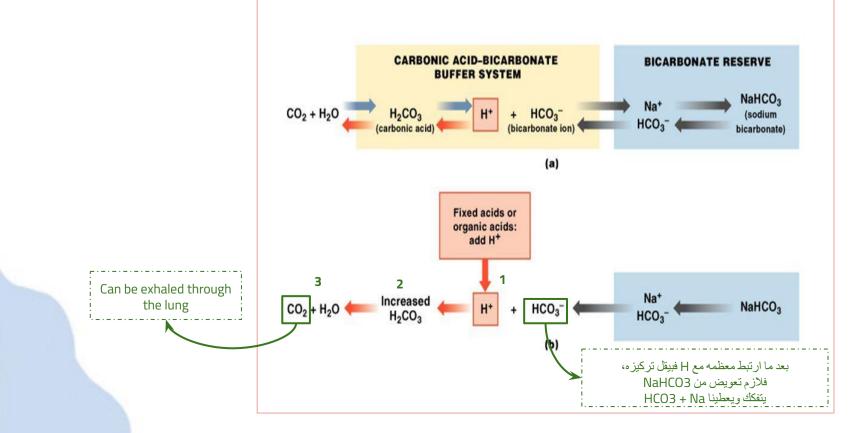
-If the pH of medium is near pK of buffer system it becomes more effective.

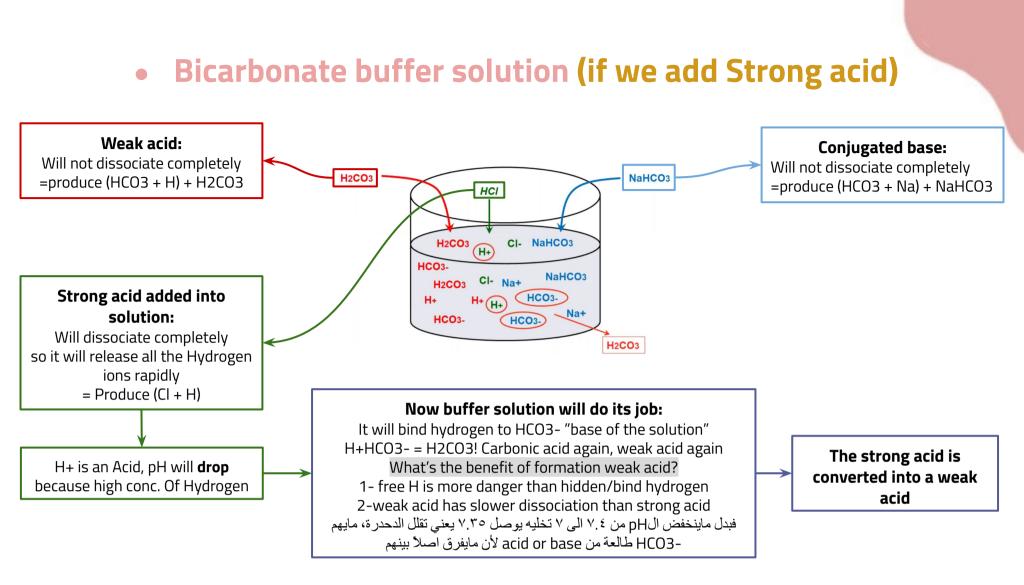
The Bicarbonate Buffer System



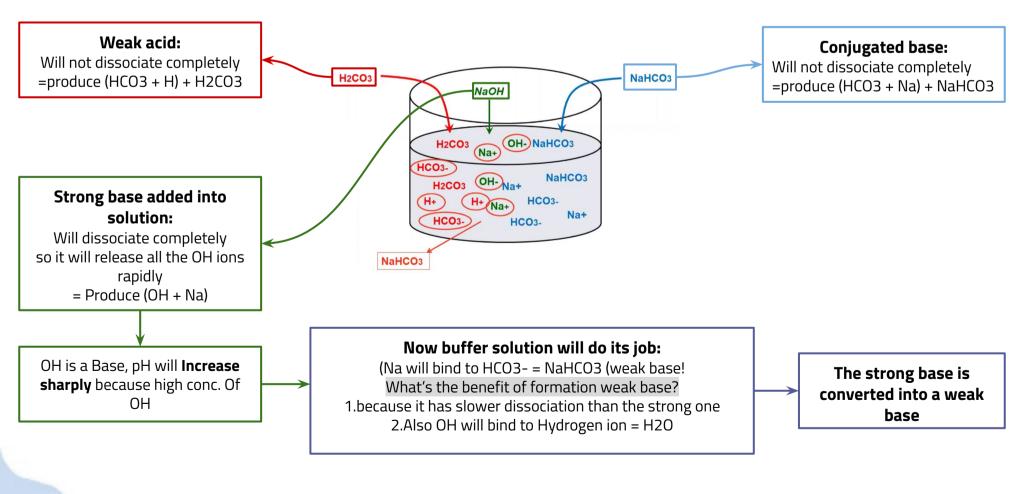
Putting it all together :

In Homeostatic condition





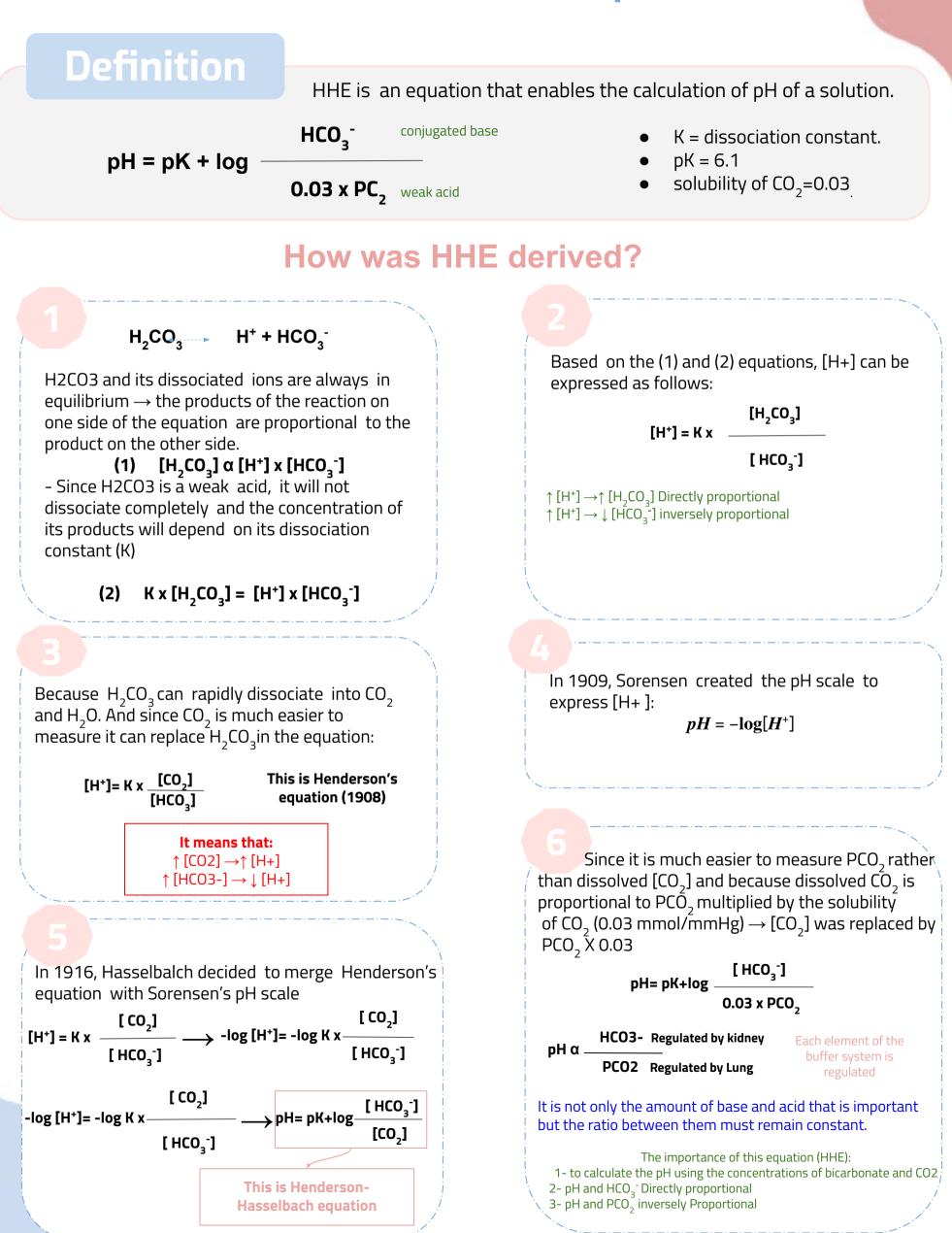
• Bicarbonate buffer solution (if we add Strong base)



Has the body now completely got rid of all excess acid (H+) or excess base (OH)?

No they only got hidden, this a limitation of free ions until the lung and the kidney do their job.

The Henderson-Hasselbalch Equation (HHE)



The Bicarbonate Buffer System

Why is it the most important buffer system in the ECF?

 The CO₂ component of the buffer is regulated by the lungs **2** • The HCO₃ ⁻component of the buffer is regulated by the kidneys

Ratio of HCO3 PCO2 Is= 20:1 (important) it means we have HCO3 more than H3CO3

Buffer	Composed of	Importance	Pk value
Bicarbonate	HCO ₃ & H ₂ CO ₂	In ECF / plasma	6.1
Phosphate	HPO ₄ ⁻² (Hydrogen phosphate) & H ₂ PO ₄ ⁻ (dihydrogen phosphate)	In ICF / renal tubular fluid conc. in ECF is only 8 % of bicarbonate	6.8
Ammonia	NH ₃ & NH ₄ ⁺	In Urine	9
Proteins (Amphoteric) Proteins will bind with hydrogen , How? Proteins have COOH (carboxyl group, -ve charge) and amino group (+ve charge) So the negative (COOH) is the highest and it makes protein bind with hydrogens	Prot & H Prot most proteins in our body are negative	In ICF	_
Hemoglobin (due to protein's -ve charge)	Hb & HHb The most important protein in RBCs It's a negative protein so it binds to hydrogen until lungs and kidney work	In ICF	_

NOTE: A pKa of 6.8 Makes Phosphate a Good Buffer in ECF however, its plasma conc. is low (about 1 mmol/L) unlike HCO₃⁻ which is 24 mmol/L

Summary of Body's Buffering Systems

- Buffer systems do not work independently in body fluids but actually work together
- Buffers do not reverse the pH change, they only limit it
- A change in the balance in one buffer system, changes the balance of the other systems
- Buffer dont correct changes in [H⁺] or [HCO₃⁻] they only limit the effect of change on body pH until their concentration is properly adjusted by either the lungs or the kidney

From boys slides TABLE 25.1 Major Chemical pH Buffers in the Body

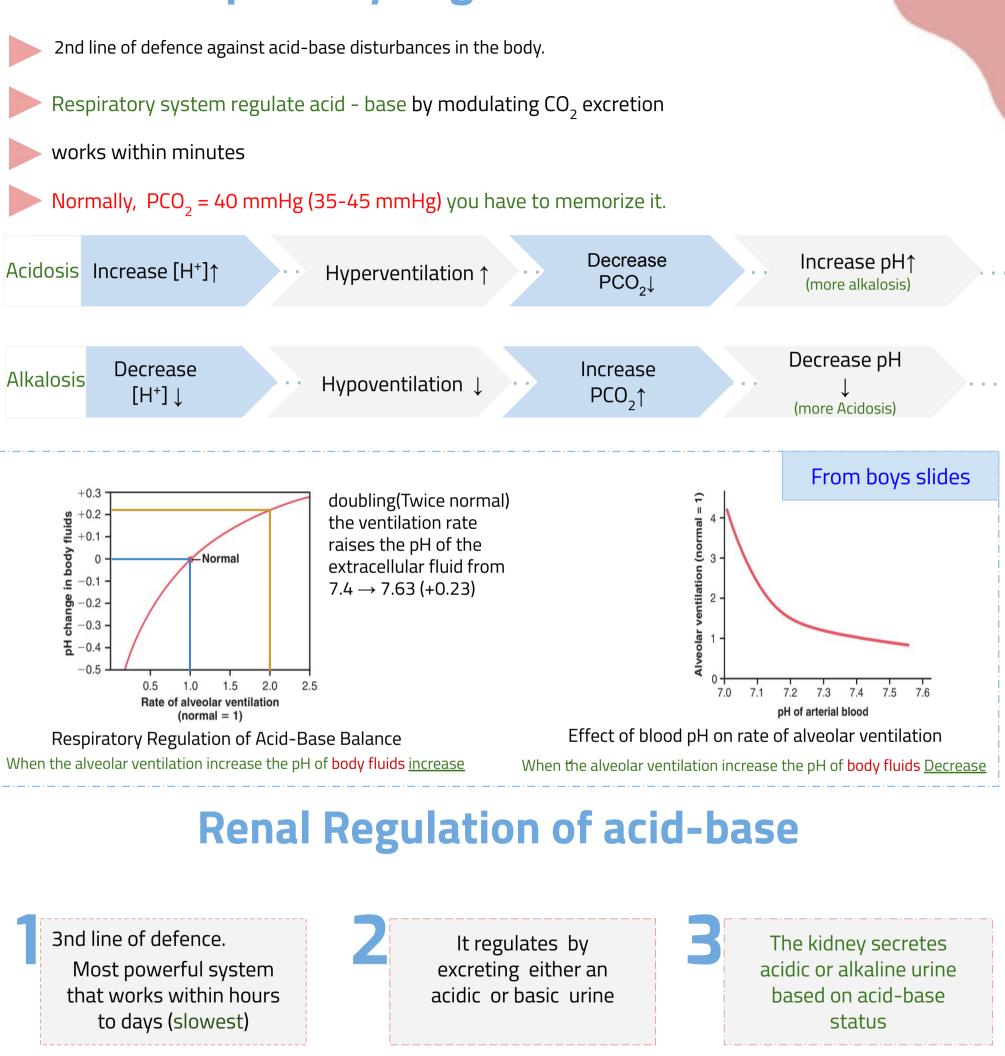
ıffer	Reaction
tracellular fluid	
Bicarbonate/CO ₂	$CO_2 + H_2O \triangleleft H_2CO_3 \triangleleft H^+ + HCO_3^-$
Inorganic phosphate	$H_2PO_4^- \leq H^+ + HPO_4^{2-}$
Plasma proteins (Pr) racellular fluid	$HPr \Rightarrow H^+ + Pr^-$
Cell proteins (e.g., hemoglobin, Hb)	HHb⇒H ⁺ + Hb ⁻
Organic phosphates	Organic-HPO ₄ ⁻ \Rightarrow H ⁺ + organic-PO ₄ ²⁻
Bicarbonate/CO ₂	$CO_2 + H_2O \Rightarrow H_2CO_3 \Rightarrow H^+ + HCO_3^-$
ne	
Mineral phosphates	$H_2PO_4^- \Leftrightarrow H^+ + HPO_4^{2-}$

 $HCO_3^- \Rightarrow H^+ + CO_3^2$

Mineral phosphates Mineral carbonates

Bu Ext From female slides

Respiratory Regulation of acid-base



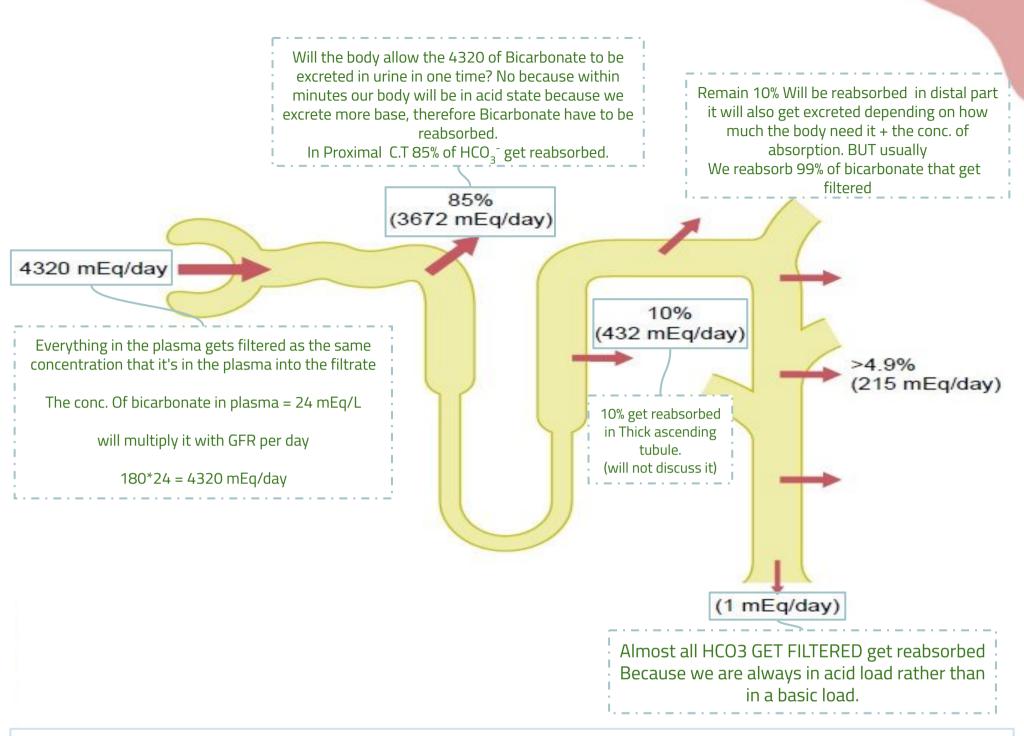
The kidney excretes acidic or alkaline urine by three process:

Secreting H⁺

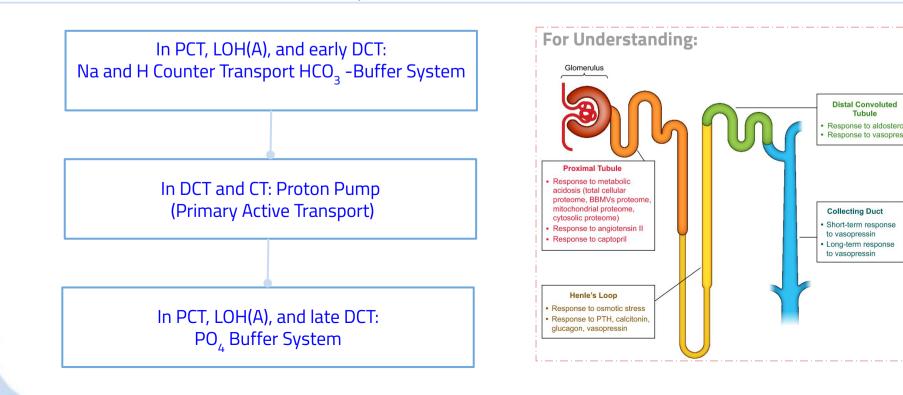
Reabsorbing HCO₃

Generating "new" bicarbonate ions

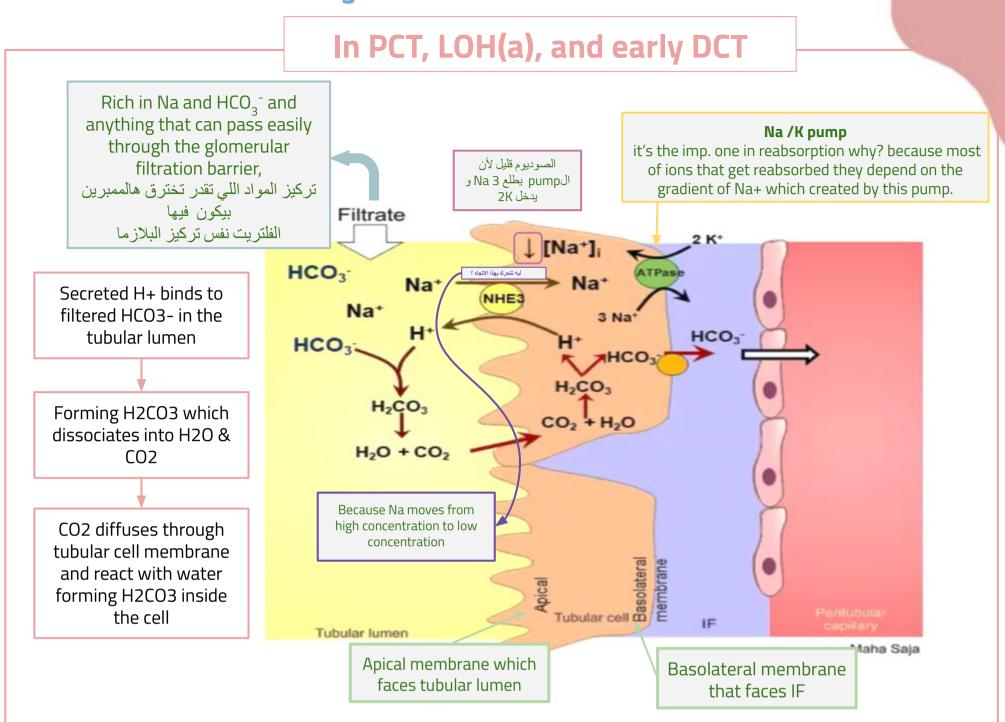
Overview HCO₃⁻ Reabsorption by the Renal Tubules



the amount of bicarbonate in the body before reaching the kidney is 4320 mEq/day, the amount excreted is only 1 mEq/day. This means that 99.9% of the bicarbonate is being reabsorbed by the body in different parts of the renal tubule. around 80-90% is reabsorbed occurs in the proximal tubule.



How is HCO₃⁻ reabsorbed by the tubules?



Explanation

2
Once hydrogen secreted into tubular lumen it will find HCO3- (Bicarbonate) they will bind together and form = H2CO3 (Carbonic acid).
a we know carbonic acid can dissociate specially in presence of Carbonic anhydrase enzyme.

CA enzyme is present on the surface of tubular cells so carbonic acid will dissociate into H2O + CO2

CO2 can easily diffuse across cell membrane. Again inside the cell CO2 will bind to water and also inside the cell i have CA enzyme therefore Carbonic Acid (H2CO3) will be formed. Again Carbonic acid will dissociate into (H+ , HCO3): H+ —>will be secreted into lumen HCO3 —> will be transported into IF by carrier, then from IF to blood by bulk flow.

The HCO3- that gets into the tubular cell, it's not the same HCO3- that gets into the blood, not the same molecule! But for each Bicarbonate that disappears from the lumen —> there is one Bicarbonate will appear in the blood. so we consider it reabsorped by لفة جحا

IF don't have H+ —> Reabsorption of HCO3- will NOT happen. So reabsorption of bicarbonate requires secretion of hydrogen.

We are not losing hydrogen in this process.

4

3

PCT cont...

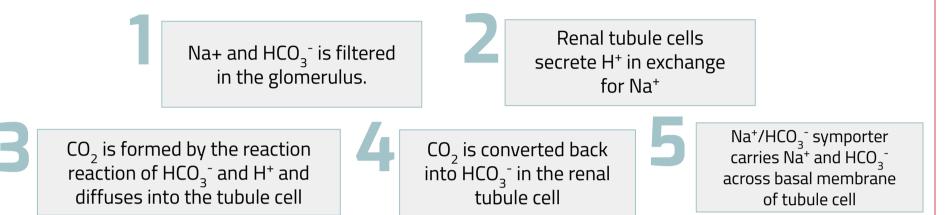
This pattern of H⁺ secretion occurs in the proximal tubule (PCT), the thick ascending segment of the loop of henle (LOH(a)), and the early distal tubule(DCT).

 HCO_{3}^{-} is "Titrated" Against H⁺ in the Tubules

The PCT reabsorbs "reclaims", 80 - 90% of the filtered HCO₃⁻

 HCO_{3}^{-} reabsorption is linked to H^{+} secretion.

In case of no/little HCO_{3}^{-} in the lumen H⁺ will bind to other buffers e.g. phosphate and ammonia resulting in the elimination of excess H⁺ and generation of new HCO₃⁻



What happens at the DCT & CT?

Late distal convoluted tubule Has two special cells: you should know that the amount of 1-Principal cells 2-Intercalated cells (alpha) bicarbonate that derived here is a little amount Peritubular because 85% get reabsorbed in PCT. Tubular lumen IF capillaries as we know in DT there is different types of cell (principal cell, intercalated cell) here we will Intercalated cell discuss intercalated cell and specially type a. type-A In the intercalated cell, there are **two pumps**: 1. H/k pump —> it secretes H+ and Reabsorbe K+ 2. Hydrogen pump —> only secretes H+ If this secreted H⁺ finds يعنى مردنا بنفرز هيدروجين HCO, in the lumen it will If the hydrogen finds HCO3 in the lumen —> it will bind to it in a way similar bind with it and the same thing happens in PCT will to what happens at the happen here again. PCT But If the hydrogen DOESN'T find HCO3 in lumen —> it will be excreted by binding to another buffer H/k pump H' CL which is phosphate buffer but phosphate buffer doesn't have the ability to do the same cycle it was HCO, done with carbonic acid (لفة جحا) so it will excrete it in the urine. ATPas فالحالتين كالتالي: If there is no/little HCO, in 1-repeat what happens in PCT if H find HCO3 the lumen, H^{*} will bind 2- get excreted in the urine. other buffers, e.g. From where we got the Hydrogen inside intercalated phosphate & ammonia cell? resulting in the elimination from H2CO3 dissociation which also produce HCO3of excess H* & the with the hydrogen, then HCO3- gets reabsorbed into generation of new HCO, blood (we consider it new bicarb) and H+ get secreted into the lumen. (More details in slide 12) يعنى هايدروجين افرز، و Bicarbonateاعيد امتصاصه فكأنه new molecules ، ليه؟ لأن ماقابله اختفاء لنفس المركب اللي هو -HCO3 من الجهة المقابلة اللي هي HCO3! And this is how the **kidney** generate new **HCO3**-العلم قميل



HYDROGEN ION SECRETION

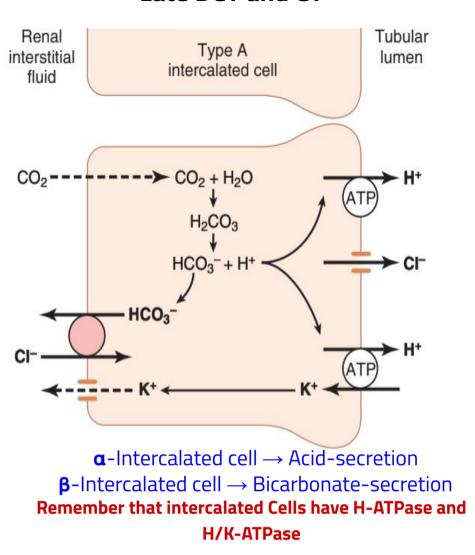
- The filtrate arriving DCT & CT is low in HCO3-

 The distal segments of the nephron are characterised by the presence of "intercalated cells" capable of actively secreting H+ through H+-ATPase and H+-K+ ATPase present on their apical membrane (Type-A intercalated cells).

- Only a limited number of H+ can be excreted in its free form in urine.

- Lowest possible urine $pH=\frac{4.5}{7} \rightarrow \approx$ 0.04mmol/L of free H.



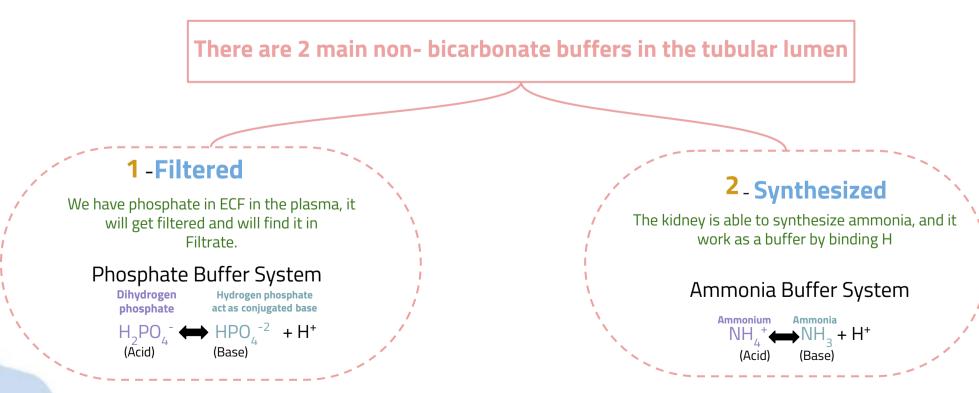


Late DCT and CT

Non-Bicarbonate Buffers in the Tubular Lumen?

How does the kidney excrete the extra H⁺?

the extra H⁺ secreted will need to be buffered in the tubular lumen



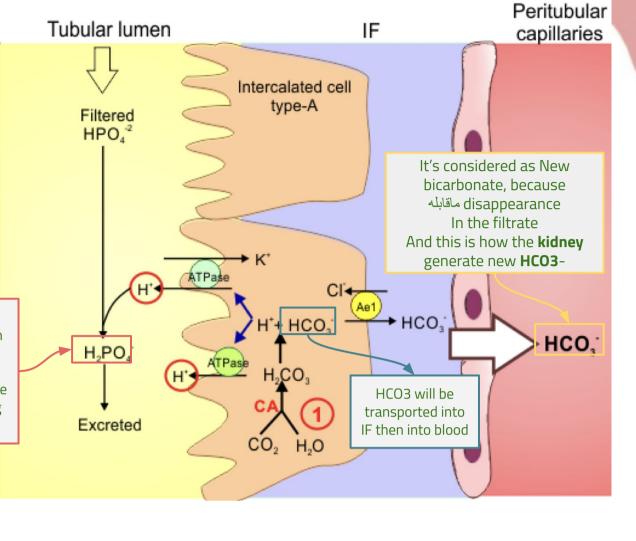
• The Phosphate Buffer System - In DCT + collecting duct

Excretion of H+ and Generation of New HCO3-

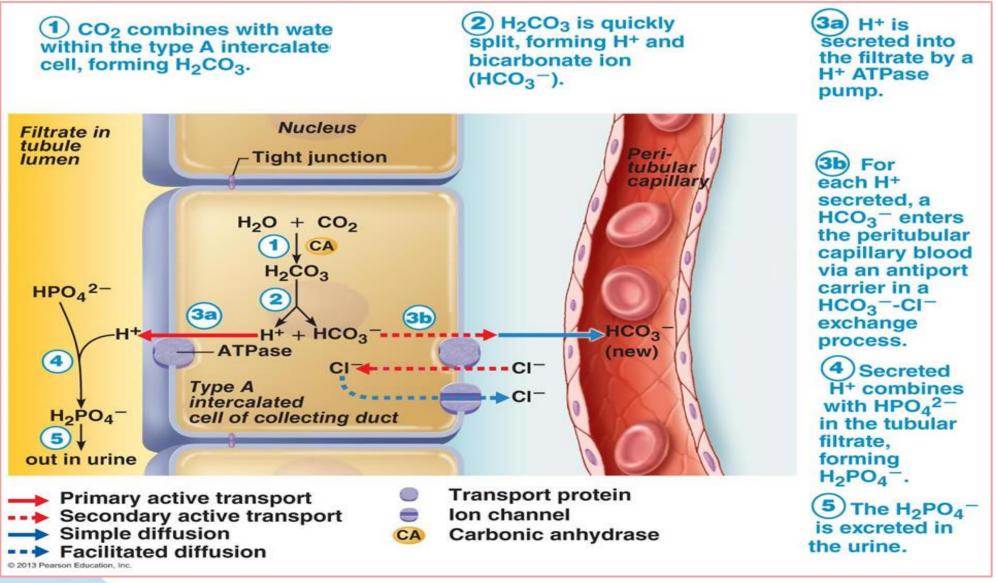
-Excretion of H+ as phosphate is capable of handling a limited amount of H+ and will not be enough to rid the body of its daily acid load nor if there is unusually high acid production.

H+ will be secreted into lumen and it will find hydrogen phosphate (HPO4) to bind with it and form Dihydrogen phosphate which is a charged molecule, so it cannot across the cell membrane, Therefore it gets trapped into the lumen of the filtrate and then get excreted In the urine. so now i'm losing Hydrogen as well.

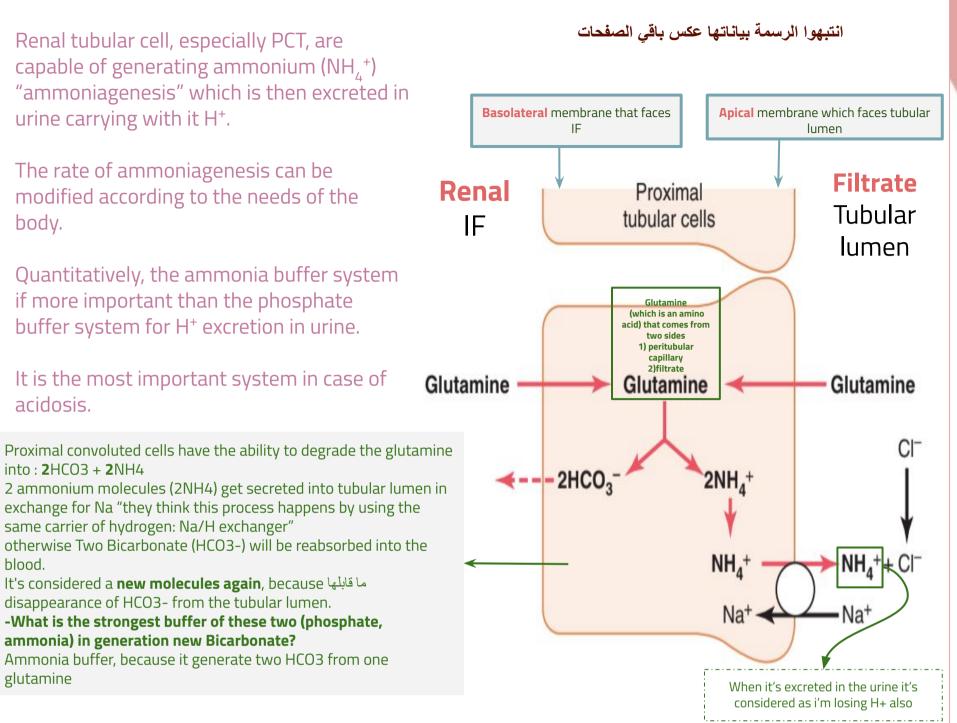
Guyton : buffering of secreted H+ by filtered phosphate (NaHPO4) \rightarrow NaH2PO4 Note that a new HCO3- is returned to blood for each NaHPO4 that reacts with a secreted H+



Same mechanism but in different picture



The Ammonia Buffer System



Guyton :production and secretion of ammonium ion (NH4+) by proximal tubular cells. Glutamine is metabolized in the cell, yielding NH4 and bicarbonate. The NH4 is secreted into the lumen by a Na - NH₄ exchanger. For each Glutamine molecule metabolized two NH₄⁺ are produced and secreted and two HCO₃⁻ are returned to the blood.

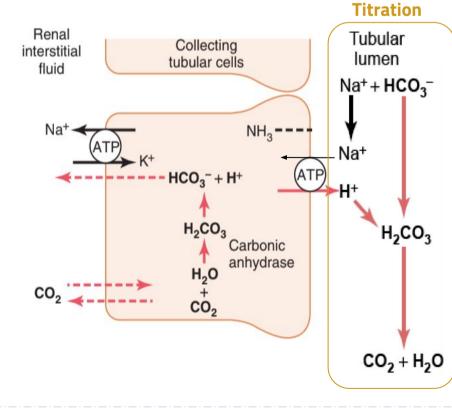
From boys slides

HYDROGEN ION SECRETION

Guyton :Buffering of Hydrogen ion secretion by ammonia (NH_3) in the collecting tubules. Ammonia diffuses into the tubular lumen, where it reacts with secreted H⁺ to form NH_4^- , which is then excreted. For each NH_4^+ excreted, a new HCO_3^- is formed in the tubular cells and returned to the blood.

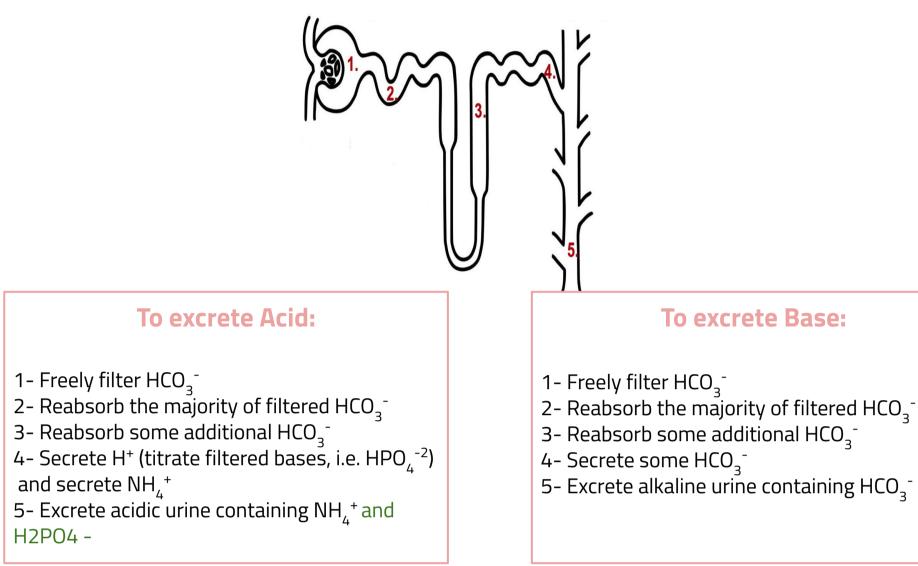
We Can Generates new HCO_{3}^{-} by two mechanisms:

- When H+ is secreted by the Intercalated cells, and it doesnt find HCO₃⁻, so it starts binding to non-bicarbonate buffers such as phosphate buffer, which will lead to a newly formed HCO3.
- 2) By Ammoniagenesis: due to the breakdown of Glutamine, which will give 2HCO3.



HCO3- Is "Titrated" Against H+ in the Tubules

The overall scheme of renal excretion of Acids & Bases

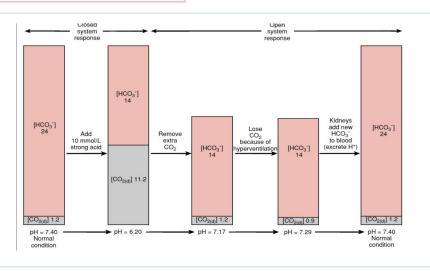


Factors Affecting H+ Secretion and HCO3 - Reabsorption

Increase H ⁺ Secretion and HCO ₃ ⁻ Reabsorption	Decrease H ⁺ Secretion and HCO ₃ ⁻ Reabsorption
↑ Pco₂	$\downarrow Pco_2$
\uparrow H ⁺ , \downarrow HCO ₃ ⁻	\downarrow H ⁺ , \uparrow HCO ₃ ⁻
\downarrow Extracellular fluid volume	\uparrow Extracellular fluid volume
↑ Angiotensin II	\downarrow Angiotensin II
↑ Aldosterone	↓ Aldosterone
Hypokalemia	Hyperkalemia

From boys slides

The HCO₃/CO₂ System. This system is remarkably effective in buffering added strong acid in the body because its open.



MCQ & SAQ

Q1: The importance of bicarbonate buffer system in	e Q2: The normal values of PCO ₂ are in the range	Q3: The CO ₂ component of the buffer is regulated by	
A. ICF	A. 25- 35 mmHg	A. Kidney	
B. ECF	B. 20- 45 mmHg	B. Heart	
C. Urine	C. 15 - 25 mmHg	C. Lung	
D. A and B	D. 35 - 45 mmHG	D. Liver	
Q4: which powerful system that	Q5: Which of the following is	Q6: most of the reabsorption takes	
works within hours to days	capable of generating ammonium	place in	
A. Respiratory System	A. PCT	A. DCT	
B. Bicarbonat System	B. DCT	B. PCT	
C. Phosphate	C. CT	C. CT	
D. Renal System	D. LOH	D. LOH	

- 1- How does the kidney excrete acidic or basic urine?
- 2- Why is the Bicarbonat most important buffer system in the ECF?
- 3- How does the kidney excrete the extra H⁺?
- A1: secreting H⁺, Reabsorbing HCO₃, Generating "new" bicarbonate ions
- A2: 1-The CO₂ component of the buffer is regulated by the lungs , 2-The HCO₃ ⁻component of the buffer is regulated by the kidneys
- A3: the extra H⁺ secreted will need to be buffered in the tubular lumen, by the Phosphate Buffer System or the Ammonia Buffer System

Team Leaders

Albandari Alanazi

Abdulaziz Alsuhaim

2:8 4: D 3: C

5: D J: Β guzmet κeλ:

Team Sub-Leaders

Sara Alharbi Fahad Al-Ajmi

Organized and reviewed by:

Members:



Sarah alqahtani Hessah fahad

Sara Alharbi
 Rania AlMutairi
 Ahmad Alkhayatt