

# Major Metabolic Pathways of Glucose and Glucose Transport

Clinical Chemistry Unit Pathology  
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# Objectives

*By the end of the lecture, students are expected to:*

- ❑ Define a metabolic pathway.
- ❑ Describe the general metabolic pathways for glucose (production and utilization)
- ❑ Briefly describe the HMP
- ❑ Recognize the mechanisms of glucose transport

# Metabolic Pathway

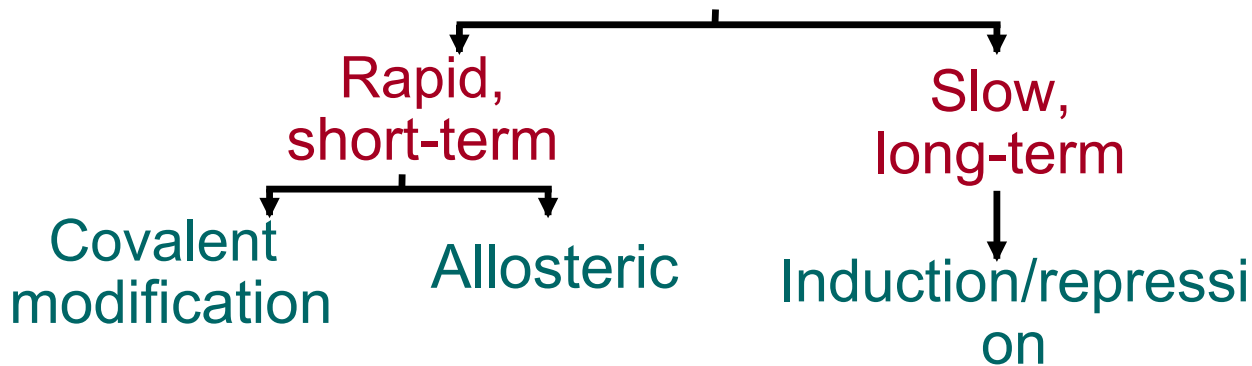
Definition

Site:

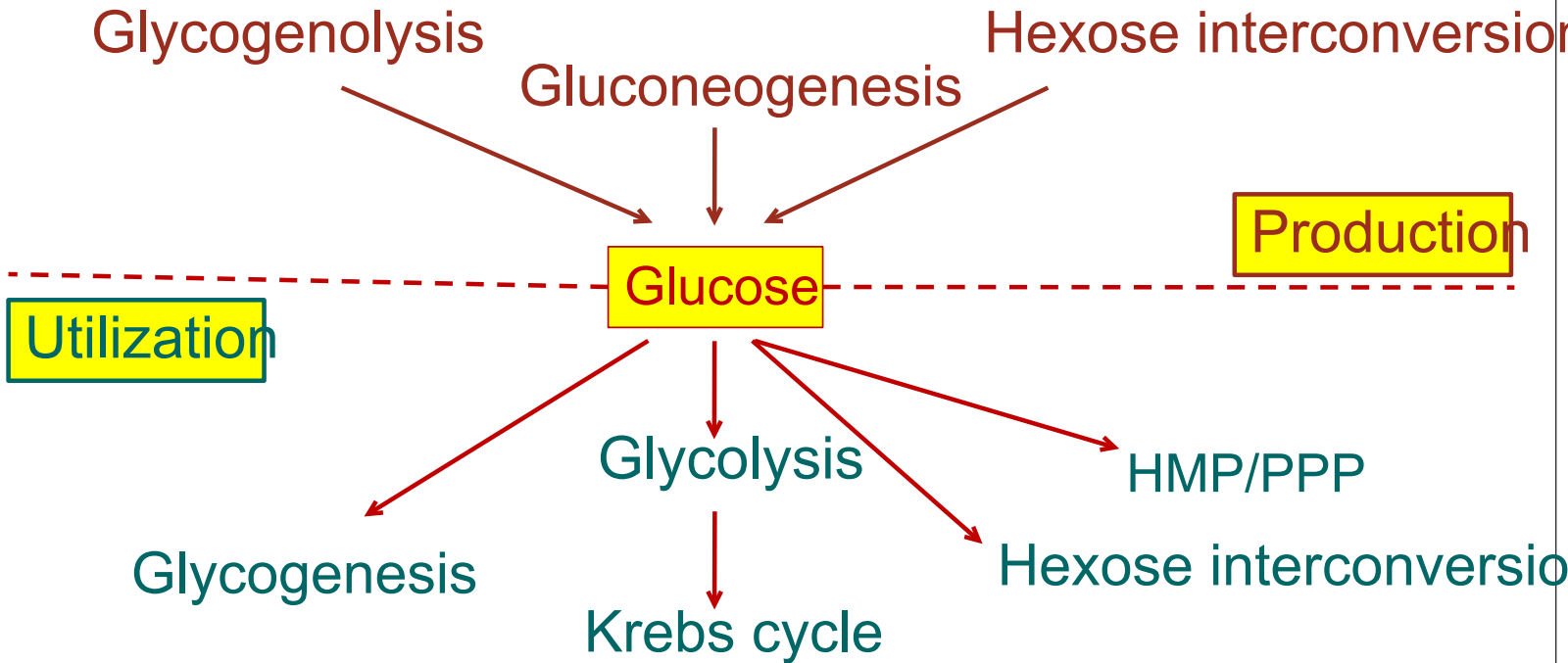
Cellular (tissue) and Subcellular  
Reactions

Rate-limiting enzyme(s)

Regulatory mechanism(s):



# Metabolic Pathways of Glucose-production and utilization



# Metabolic Pathways of Glucose- catabolic and anabolic

## Catabolic cycles

Glycolysis (Mainly)

Krebs (Mainly)

Glycogenolysis

HMP

## Anabolic cycles

Gluconeogenesis

Glycogenesis

# Glycolysis

Oxidation of glucose to provide energy.

Pyruvate is the end product of glycolysis in cells with mitochondria and an adequate supply of oxygen- aerobic glycolysis

In absence of oxygen and in cells that lack mitochondria, the end product is lactate- anaerobic glycolysis

# Glycogenesis and Glycogenolysis

## Glycogenesis:

Synthesis of glycogen from glucose  
Mainly liver and muscle, Cytosol

## Glycogenolysis

Degradation of glycogen into glucose  
Mainly liver and muscle, Cytosol

# Gluconeogenesis

Synthesis of glucose from non-carbohydrate precursors.

The precursors could be lactate, pyruvate, glycerol and alpha-keto acids.

It requires both mitochondria and cytosolic enzymes

Liver and kidney



# Hexose Monophosphate shunt( HMP) or Pentose Phosphate Pathway (PPP)

HMP shunt is an alternative pathway of glucose oxidation

It is not involved in the generation of energy

Around 10% of glucose is entered in this pathway

In liver and kidney, this percentage is upto 30%

# Biomedical Importance

It has two main functions-

1. Provides NADPH which is required for –
  - synthesis of fatty acids, steroid and some amino acids
  - Detoxification of drugs by cytochrome p450
  - In scavenging the free radicals
2. Provides Pentoses
  - This pentose and its derivatives are useful in the synthesis of
    - Nucleic acids (DNA and RNA)
    - Nucleotides (ATP, NAD, FAD and CoA)

# Tissue Distribution

Location- Cytosol

Liver

Lactating mammary gland

Adrenal cortex

Gonads

Adipose tissue

Erythrocytes to reduce glutathione

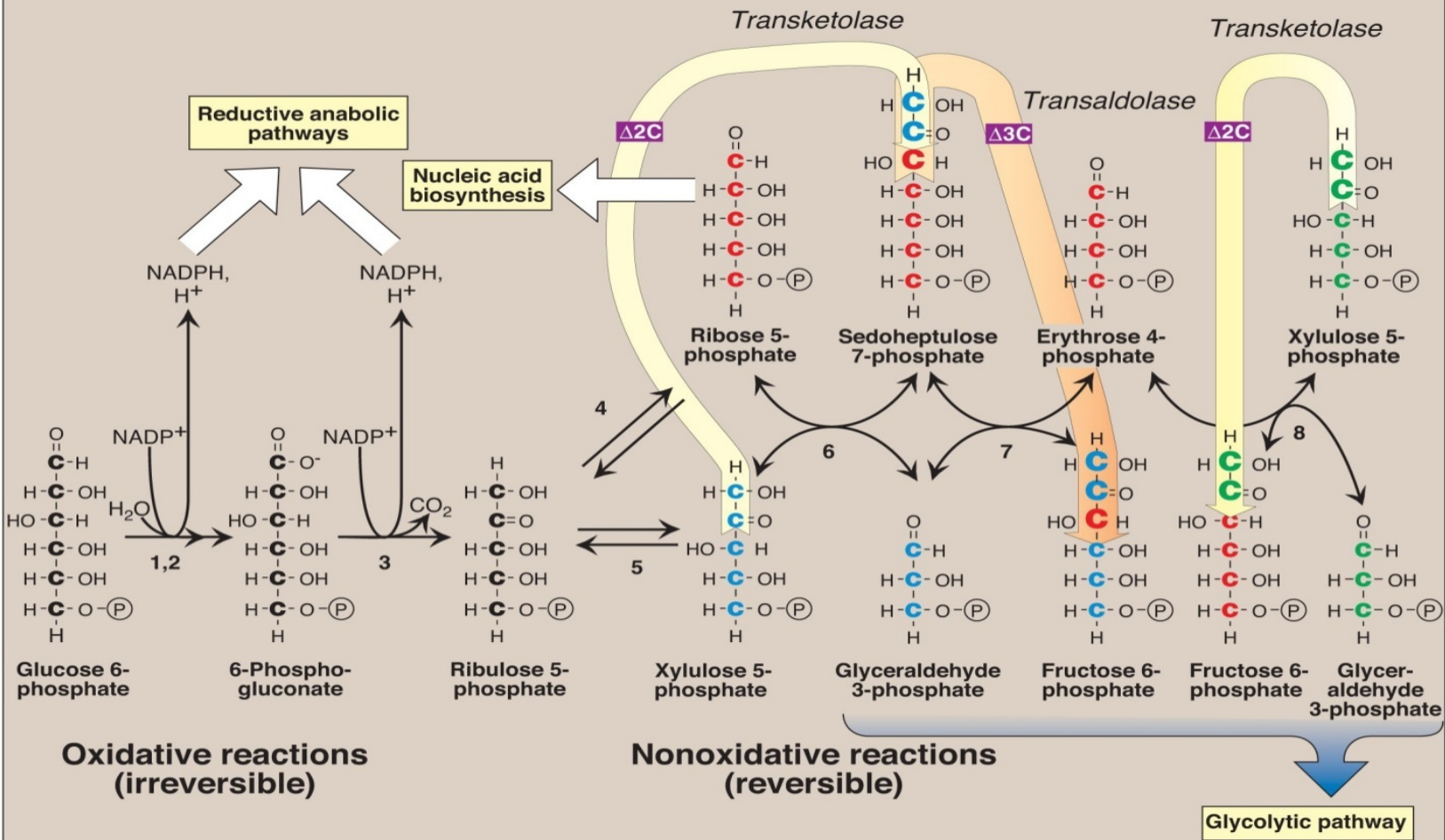
Lens and cornea

# Phases of HMP Shunt

It has two phases-

Oxidative phase

Non-oxidative phase



Glycolytic pathway

Enzymes numbered above are: 1, 2) glucose 6-phosphate dehydrogenase and 6-phosphogluconolactone hydrolase, 3) 6-phosphogluconate dehydrogenase, 4) ribose 5-phosphate isomerase, 5) phosphopentose epimerase, 6 and 8) transketolase (coenzyme: thiamine pyrophosphate), and 7) transaldolase.

# Phase 1- Oxidative pathway

## Oxidative Phase

Glucose 6-phosphate



**G6PD**- Glucose 6-Phosphate Dehydrogenase

6-Phosphogluconolactone



**Lactonase**- 6 phosphogluconolactone hydrolase

6-Phosphogluconate



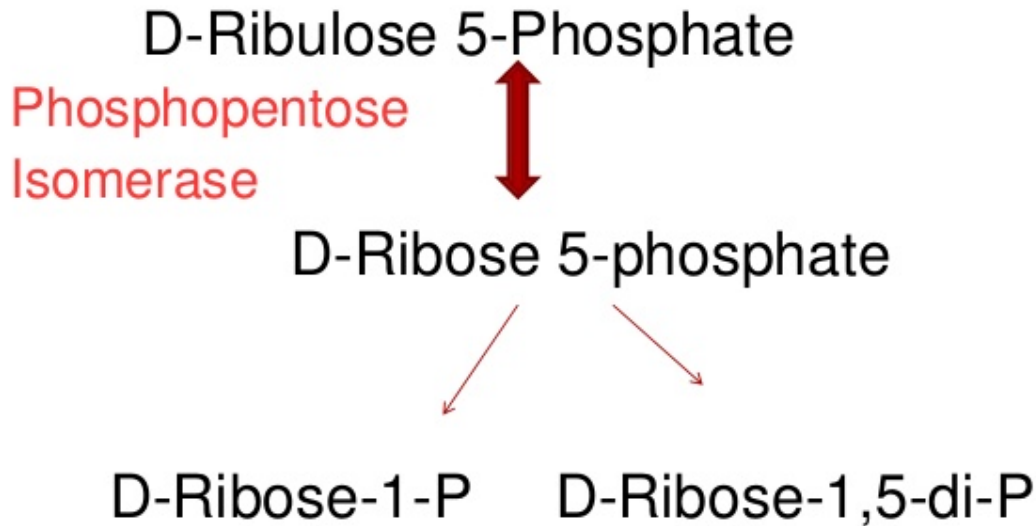
**6PGD**- 6 phosphogluconate dehydrogenase

Ribulose 5-phosphate

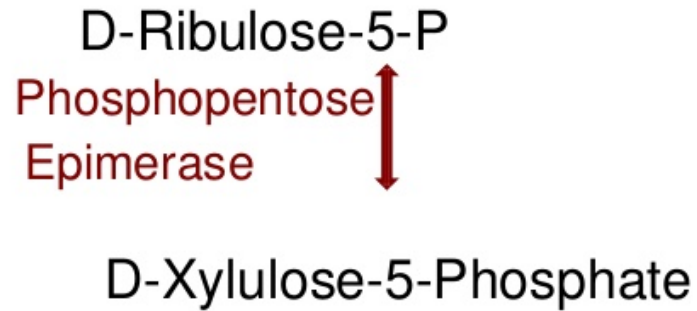
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Non-oxidative phase

# Phase 2- Non-oxidative

## a) Interconversion of pentoses




# Phase 2- Non-oxidative





# Phase 2- Non-oxidative

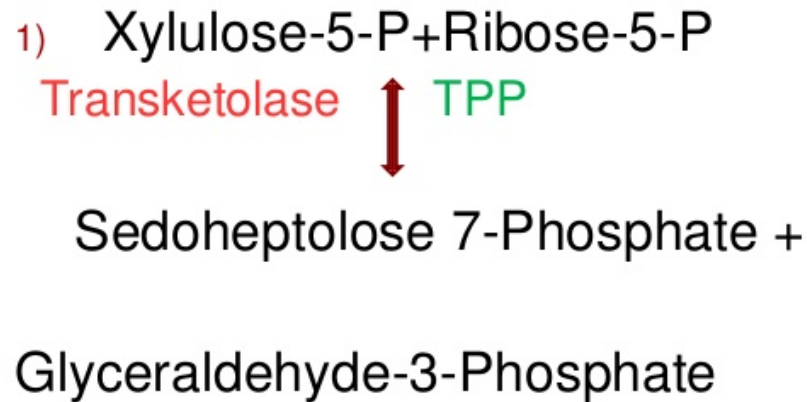
a) Conversion of pentose phosphate to hexose phosphates

 2 Particular Enzymes are required:

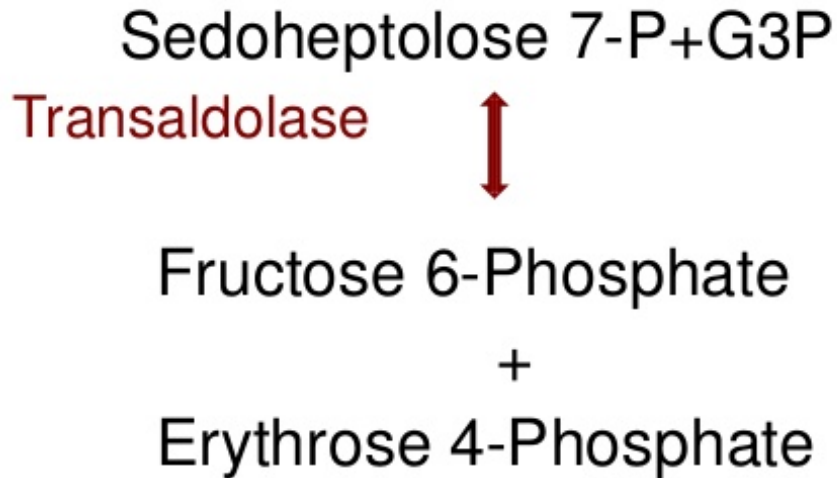
1) TRANSKETOLASE

2) TRANSALDOLASE

# Transketolation



# Transaldolation



# Transketolation

2) Xylulose 5-P + Erythrose 4-P

Transketolase      ↑ TPP

Fructose 6-Phosphate + G3P

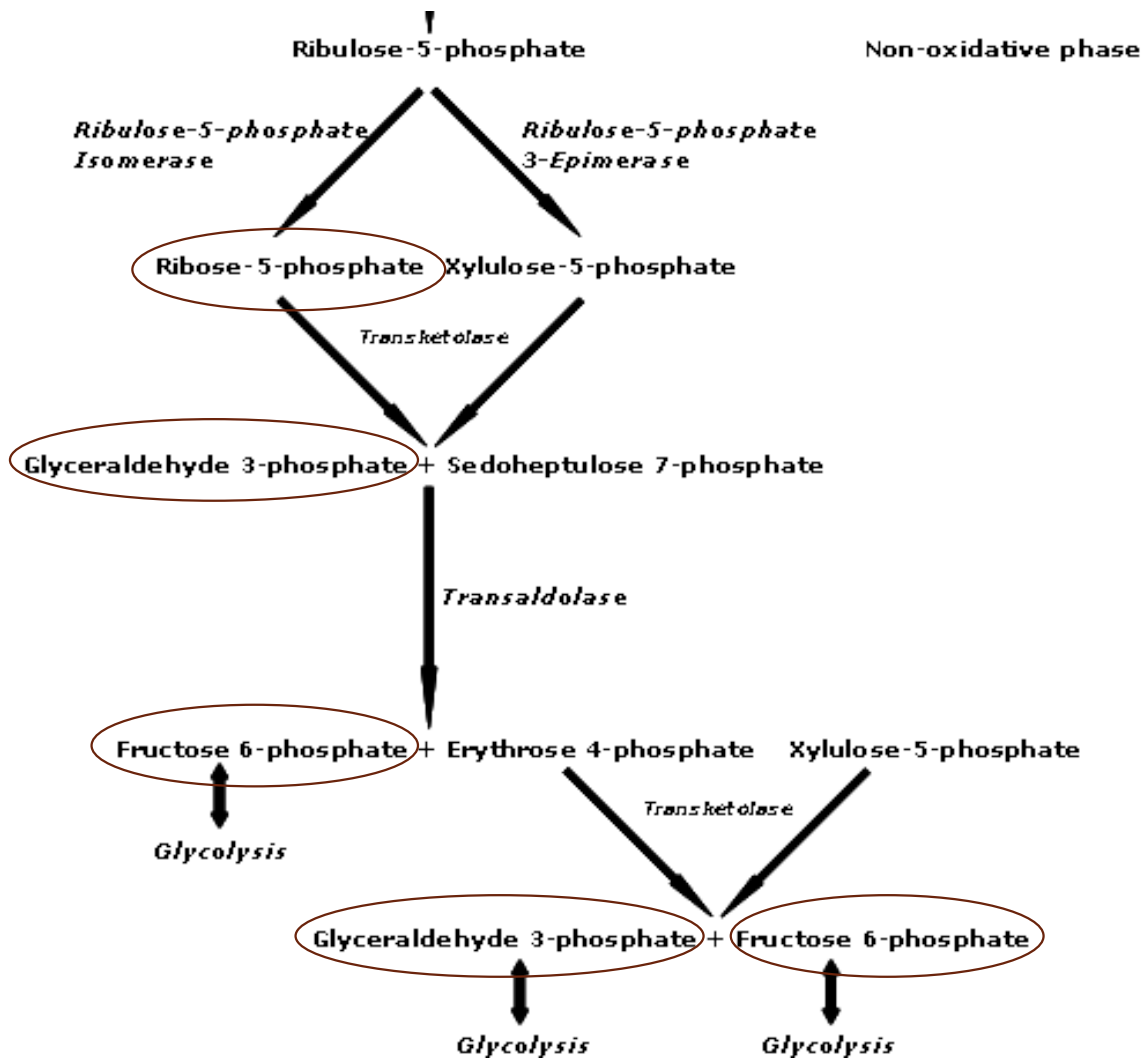
↓  
Dihydroxy-acetone-P + G3P

↓  
Fructose-1,6-bi-P

Recycles  
the Pathway

↓  
Glucose-6-P ← Fructose-6-P





# Clinical Correlations

**G-6-PD** deficiency results in:

- Hemolytic Anemia
- Neonatal Jaundice
- Kidney failure

# Glucose Transport

## Na<sup>+</sup>-Monosaccharide Cotransporter:

Against concentration gradient

Energy dependent

Carrier-mediated

Coupled to Na<sup>+</sup> transport

Small intestine, renal tubules & choroid plexus

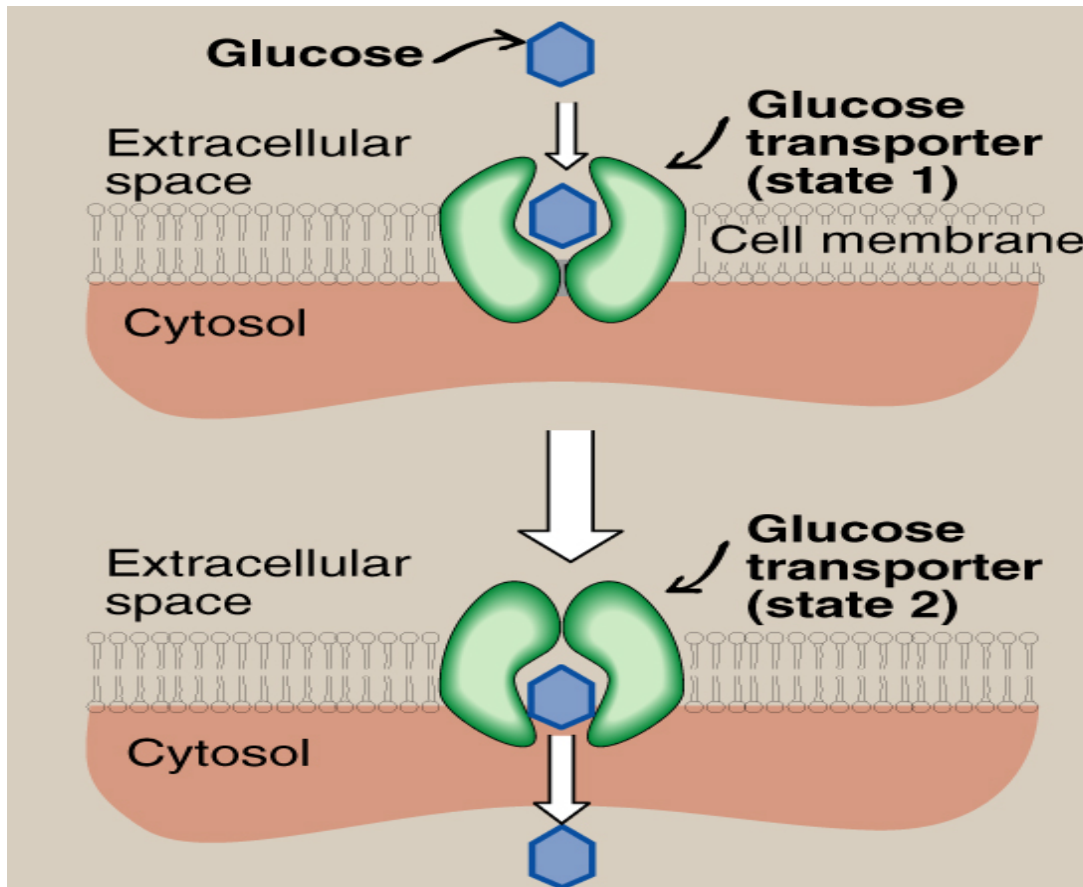
## Na<sup>+</sup>-Independent Facilitated Diffusion:

Down the concentration gradient

Energy Independent

Glucose Transporters (GLUT 1-14)

# Glucose Transport: Facilitated Diffusion





# Glucose Transporters

- **Tissue-specific expression pattern**

GLUT-1      RBCs and brain

GLUT-2      Liver, kidney & pancreas

GLUT-3      Neurons

**GLUT-4      Adipose tissue & skeletal muscle**

GLUT-5      Small intestine & testes

GLUT-7      Liver (ER-membrane)

- **Functions:**

GLUT-1, 3 & 4      Glucose uptake from blood

GLUT-2      Blood & cells (either direction)

GLUT-5      Fructose transport

# Take Home Message

There are multiple pathways for glucose that can be grouped in to catabolic (utilizing glucose) or anabolic (producing glucose)

Glycolysis is the major metabolic pathway of glucose breakdown to provide energy

# Take Home Message - HMP

Alternative pathway for glucose oxidation but not meant for producing energy

Has two phases- oxidative and non-oxidative

During oxidative phase, glucose-6-P is oxidized with generation of 2 moles of NADPH, and one mole of pentose phosphate, with liberation of CO<sub>2</sub>

During non-oxidative phase, pentose phosphate is converted to intermediates of glycolysis

# References

Lippincott's Illustrated Reviews- Biochemistry 6th  
Edition- pages: 96-97,117,126,128,145-147  
<http://www.biochemden.com/the-hexose-monophosphate-shunt/>