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# Drug administration and absorption

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Pharmacology

- Important
- Main Text
- Male slides
- female slides
- Extra information: For any future corrections Editing file
- Doctors notes If you didn't understand any part from this lecture Click here



# Objectives

- Know the meaning of pharmacology and its branches.
- Discuss the different routes of drug administration.
- Identify the advantages and disadvantages of various routes of drug administration.
- Know the various mechanisms of drug absorption.
- List different factors affecting drug absorption.
- Define bioavailability and factors affecting it.

Pharmacology Pharma : drug Logos: Science :is the science that deals with the drugs regarding names, pharmacokinetics, pharmacodynamics, side effects and uses.

Pharmacodynamics : Are studies of
Mechanisms of drug action.
Pharmacological effects of drugs.
(what the drug does to Pharmacokinetics : are studies of the [ADME ] [DEMA] absorption, distribution, metabolism & excretion of drugs. (what the body does to a drug?)



Acetylsalicylic acid (ASA) or Aspirin can reduce (inflammation, pain and fever )

It inhibits the action of a human cell membrane enzyme known as cyclooxygenase

Penicillin cures certain bacterial infections disrupt the synthesis of cell walls in susceptible bacterial strains by inhibiting a key enzyme.

(Boys slides)

### Routes of drug administration:

1. Enteral via GIT \*GIT=gastrointestinal tract\*

- Oral
- Sublingual (تحت اللسان)
- Rectal

2. Inhalation (respiratory system)

3. Parenteral administration (Injections)

4. Topical application - Locally applied-( غرض تجميلي او علاجي)

Routes of drug administration Enteral via GIT:	Advantage	Disadvantage		
Oral Administration	<ul> <li>Common</li> <li>easy</li> <li>self use</li> <li>convenient</li> <li>cheap</li> <li>no need for</li> <li>sterilization</li> </ul>	<ul> <li>Slow effect, GIT irritation *It can not be used for emergencies*</li> <li>Destruction by pH &amp; enzymes e.g. penicillin , insulin</li> <li>Food -drug or drug-drug interactions</li> <li>First pass effect metabolism</li> <li>No complete absorption *because of the pH, enzymes,food-drug interaction*</li> <li>Low bioavailability *The concentration of the drug in the blood*</li> <li>Not suitable for : vomiting &amp; unconscious patient emergency &amp; bad taste drugs</li> </ul>		
Sublingual	<ul> <li>Rapid effect</li> <li>can be used in emergency</li> <li>High bioavailability * directly to blood circulation* HINT:</li> <li>No first pass effect. ال Advantages الله على الله Sublingual</li> <li>No GIT irritation من عكس الله sublingual</li> <li>No food drug - interaction oral تنع ال bosage form:friable tablet</li> </ul>	<mark>not suitable</mark> for: Irritant drugs or Frequent use		
Rectal	Suitable for • children, vomiting, • unconscious patients • Irritant & bad taste drugs • less first pass metabolism (50%) • Dosage form: suppository or enema	<ul> <li>Irritation of rectal mucosa</li> <li>Irregular absorption &amp; bioavailability</li> </ul>		

## **Bioavailability**

Is the amount of <u>unchanged</u> drug that enters systemic circulation after administration and becomes available to produce pharmacological actions \*Bioavailability is the concentration of the drug in the blood.\*



- Drugs given orally
- Taken to the liver (<u>via portal</u> <u>circulation</u>) and metabolized
- Reaching to the blood to be distributed to the body compartment

راح يروح للكبد ويصير له تكسر ونخسر راح يروح للكبد ويصير له تكسر ونخسر bioavailability blood circulation جزء من الدواء وتقل blood circulation ملائان يصير له But if we take the drug by Intravenous injection First pass effect is avoided.



#### Where does it occur?

- Liver
- GIT wall
- GIT lumen

#### First pass metabolism results in

- Low bioavailability (low conc. of drug in blood).
- Short duration of action ( $t \frac{1}{2}$ ).
  - drugs with high first pass effect should <u>not</u> be given orally <u>but</u> parenterally.

Note : most of the drugs absorbed
in the small intestines

#### Oral Dosage Forms (oral formulations)

#### **Tablets**

- Coated tablets: sugar-coated to mask bad taste
- Enteric coated tablets: dissolve only in intestine \*it avoids stomach acidity\*

#### Capsules

Spansule oral capsule:

Has a duration of action

a set period.\*

- Hard gelatin capsules: (contain powder)
- Soft gelatin capsules: (contain liquid)

Hard- gelatin capsule

Spansule



Soft- gelatin capsule



Suspension (mixture of solid in liquids e.g. antibiotics).



\*فيها كمية بسيطة من السكر علشان تحسن الطعم خصوصا للاطفال\*Syrup: e.g. cough syrup



#### parentral administration. (INJECTION)

Advantage		Disadvantage			
<ul> <li>No gastric irr</li> <li>No food-drug</li> <li>No drug-drug</li> <li>No first pass</li> <li>higher availab</li> </ul>	ritation interaction interaction metabolism pility than oral	<ul> <li>Need skill</li> <li>Pain, tissue necrosis or abscess (I.M.)</li> <li>Anaphylactic or hypersensitivity reaction (I.V.)</li> </ul>		من الأبطأ بالاستجابة الى الأسرع MED438	I.V. I.M S.C
<u>Types of parenteral</u>					I.D
Intradermal <mark>(I.D.)</mark> (into skin)	Intramuscular <mark>(I.M.)</mark> (into muscles)	Intravenous <mark>(I.V.)</mark> (into veins)	Intrathecal ( (cerebrospine fluids )	<b>I.T.)</b> al	
Subcutaneous ( <b>S.C</b> .) (under skin)	Intra-arterial <mark>(I.A.)</mark> (into arteries)	Intraperitoneal (I.P.) (peritoneal cavity)	Intra - artic (Synovial flu	ular ids)	

	Advantage	Disadvantage
Intradermal administration I.D. "Skin"	<ul> <li>Minute volume of drug (0.1 ml)</li> <li>suitable for vaccinations</li> <li>sensitivity test</li> </ul>	<mark>not suitable</mark> for large volumes
Subcutaneous administration S.C.	<ul> <li>volume of drug (0.1 ml - 1 ml)</li> <li>used for sustained release effect</li> <li>suitable for <u>for poorly soluble</u> <u>suspensions</u> and instillation of <u>slow-release implants</u> e.g. insulin zinc preparation</li> </ul>	not suitable for large volumes
Intramuscular administration I.M.	<ul> <li>moderate volumes (3-5 ml)</li> <li>prolonged duration of action</li> <li>oily preparations or poorly soluble substances can be used</li> </ul>	<ul> <li>Not suitable for</li> <li>irritant drugs</li> <li>pain, abscess, tissue necrosis may happen Abscess- necrosis may happen</li> </ul>

#### Intravenous administration "I.V"

Advantage	Disadvantage		
<ul> <li>(500ml can be given by infusion)</li> <li>suitable for large volumes and</li> <li>for irritating substances</li> <li>Rapid action (<u>emergency</u>)</li> <li>High bioavailability 100%</li> <li>No food-drug interaction No first pass metabolism</li> </ul>	<ul> <li>used only for water soluble drugs</li> <li>Infection</li> <li>Anaphylaxis * الحساسيه المغرطة</li> <li>Sterilization</li> <li>Expensive</li> <li>not suitable for oily solutions or poorly soluble substances Must inject solutions slowly as a rule</li> </ul>		

#### Suitable for

- Vomiting & unconscious
  - Irritant & bad taste drugs

#### Vial "Repeated use"



Ampoule "Single use"

#### Topical application:

Drugs are mainly applied topically to produce local effects.

They are applied to :

• Skin <u>(percutaneous)</u> e.g. allergy test, topical

antibacterial and steroids and local anesthetics.

- Mucous membrane of respiratory tract (<u>Inhalation</u>) e.g. asthma
  - Eye drops e.g. conjunctivitis
  - Ear drops e.g. otitis externa
  - Intranasal e.g. decongestant nasal spray



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Advantage	Disadvantage
<ul> <li>rapid absorption (due to large surface area)</li> <li>suitable for emergency</li> <li>provide local action</li> <li>limited systemic effect</li> <li>less side effects</li> <li>no first pass effect</li> </ul> Dosage form: <ul> <li>volatile gases e.g. anesthetics</li> <li>liquids given by aerosol, nebulizer for asthma treatment</li> </ul>	<ul> <li>Not suitable for irritant drugs</li> <li>Only few drugs can be used</li> </ul>

Inhalation



#### transdermal patch:

are medicated adhesive patch applied to skin to provide systemic effect (prolonged drug action). e.g. the nicotine patches <u>(quit smoking)</u>. e.g. Scopolamine <u>(vestibular depressant</u>, antiemetic for motion sickness).



## **Drug Absorption**

Is the passage of drug from its **site of administration** to **site of action** across cell membranes.

All routes of drug administration require that the drug be absorbed from the site of administration into the systemic circulation (blood) except:

I.V. administration requires no absorption (because they are delivered directly into the bloodstream)



Helpful video



## **Mechanisms of Drug Absorption**

#### • <u>Simple/Passive diffusion</u>

- <u>Aqueous</u>: low molecular weight water soluble drugs diffuse through aqueous channels or pores in the cell membrane (filtration)
- <u>Lipid</u>: low molecular weight lipid soluble drugs diffuse through the cell membrane
- Facilitated diffusion
- Active transport
- <u>Endocytosis/Pinocytosis</u>. Occurs for:
  - High molecular weight drugs. E.g. peptides
  - $\circ$   $\:$  High polar drugs. E.g. vitamin B12  $\rightarrow$  intrinsic factor
    - iron  $\rightarrow$  with transferrin

#### <u>Endocytosis:</u>

Uptake of membrane-bound particles





Passive Diffusion	Active Transport	Facilitated Diffusion	Note: Against concentration gradient> requiers energy Along concentration gradient >No energy required	
Along concentration gradient	Against concentration gradient	Along concentration gradient		
No energy & carrier	Requires energy & carrier	No energy but requires carrier	Note: If the	
Common	Uncommon		requires a carrier, it's also	
Not saturable	Saturable	Saturable		
Non selective	Selective	Selective	•	
Depend on <u>lipid</u> <u>solubility</u>	E.g. absorption of <u>sugar</u> & <u>amino acids</u>	E.g. similar to entry of <u>glucose into muscle</u>	•	
Depend on <u>Pka of Drug</u> and <u>PH of the</u> <u>environment</u>	E.g. Uptake of <u>Levodopa</u> by the brain Used to treat Parkinsonism	_	•	

## <mark>р</mark>Ка & рН

- Most drugs are weak acids or weak bases
- <u>pKa of drug</u> (dissociation/ionization constant): pH at which ½ of the drug is ionized & ½ is unionized
- The lower the pKa value of the acidic drug the stronger the acid , pKa < 6
- The higher the pKa value of the basic the stronger the base , pKa > 8
  - Low  $\rho$ Ka  $\rightarrow$  acidic (e.g Aspirin,  $\rho$ Ka = 3.0)
  - High pKa  $\rightarrow$  basic (e.g Propranolol, pKa = 9.4)
- Only <u>unionized form</u> is absorbable
- Ionization of the drugs reduce passage of drugs across cell membranes
- The degree of ionization of drugs is determined by their
  Pka and pH of the surrounding (environment)
  - Absorption:
    - Acidic  $\rightarrow$  best absorbed in stomach
    - **Basic**  $\rightarrow$  best absorbed in <u>intestine</u>



#### Remember:

Water soluble drugs=ionized=polar=charged at difficult to permeate cell membranes

Lipid soluble drugs= unionized=non polar=uncharged easy to permeate cell membranes

Drugs can exist into both forms

## Factors affecting absorption > means better absorption

## Route of administration

E.g; sublingual > oral

#### <u>Dosage forms</u>

Solution > suspension > capsule > tablet

#### <u>Molecular</u> weight of drug

Small > big

#### <u>Lipid & drug</u> <u>solubility</u>

Aqueous preparation > oily suspension preparation

## Degree of ionization

Unionized > ionized

#### <u>Chemical</u> <u>instability in</u> gastric pH

E.g; Penicillin & insulin

#### <u>Surface area</u>

Small intestine>stomach Small intestine have large surface area than stomach due to intestinal microvilli.

#### Blood flow

Intestine (more blood flow) > stomach (less blood flow) Greater blood flow increases Bioavailability

#### <u>Gastric</u> <u>emptying</u>

Increased gastric emptying → increase absorption (e.g metoclopramide)

#### <u>Intestinal</u> <u>motility</u>

Diarrhea reduces absorption

#### Drug interactions

#### Food

Slow gastric emptying → slower absorption. However, fatty meals increase absorption of fat soluble antifungal drug (e.g griseofulvin)

Much content was either copied or heavily inspired by the work of team 439... their effort is greatly appreciated

# Useful Summary

Useful Summary





1) What is the most common way of drug administration?

- A) Oral
- B) Sublingual
- C) IV (intravenous)
- D) IT (intrathecal)
- 3)Which type of drug administration has the highest bioavailability?
  A) Rectal
  B) Oral
  C) IV (Intravenous)
  D) IT ( intrathecal )

2)Which type of the drug administration doesn't require absorption? A-IM(intramuscular) B-Sc(subcutaneous) C-IV (intravenous) D-ID(intradermal)

4)Where does the first pass effect take place? A) Lymph nodes B) Liver C)Kidney D) Spleen V-I: SJ2MSUY





#### 5) Vitamin B12 is absorbed using?

- A. Facilitated diffusion
- B. Endocytosis
- C. Active diffusion
- D. Passive diffusion

#### 6) Levadopa is absorbed using?

- A. Facilitated diffusion
- B. Endocytosis
  - C. Active diffusion
  - D. Passive diffusion

#### 7) Least absorbable oral dosage form

- A. Solution
- B. Tablet
- C. Suspension
- D. Capsule

#### 8) Drug that infect gastric emptying?

- A. Aspirin
- B. Griseofulvin
- C. Metoclopramide
- D. Conjunctivitis





#### Team leaders

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-"Success consists of going from failure to failure without loss of enthusiasm."

Never give up!

