

Introduction to Physiology-levels of organization of the human body

Foundation Block

Physiology team 441

Team Leaders

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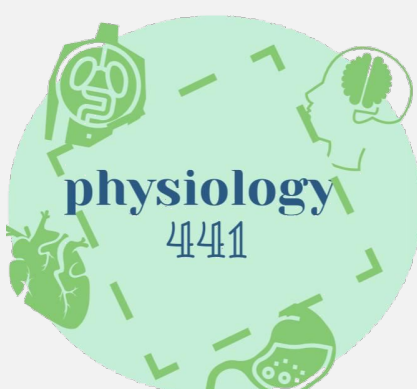
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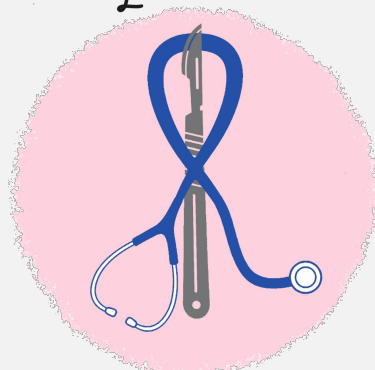
- Main Text
- **Important**
- Dr's notes
- Female
- Male
- Extra



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Objectives

- Define physiology.
- Provide an orientation to the subject of human physiology
- Describe the levels of organisation of an organism.
- The cell is the basic unit of life.
- Describe briefly the basic structure of the cell and state the function of the different cellular organelles.
- Discuss briefly the different levels of organization starting from the cell to body systems giving examples at each level.
- Study source for this lecture: (Guyton & Hall Textbook of Medical Physiology, 13th, Chapters 1 & 2)

★ What is Physiology?

Physio: nature

logy: science or study of

What is the difference between anatomy and physiology of the heart?

Anatomy: studies the structure

Physiology: studies the function.

- **Physiology** is The science dealing with the way a normal organism and their body parts **function**.
- (The study of how the body works and how these functions are maintained in a changing environment)
(So, it is a cornerstone to medicine)

Cellular physiology

Types of physiology;

Systemic physiology

The study of the cellular components that primarily determines **organ function**. (such as, endoplasmic reticulum has function in storage and secretion.)

The study of the coordinated and networked processes that determine whole **body function** and adaptation to change.

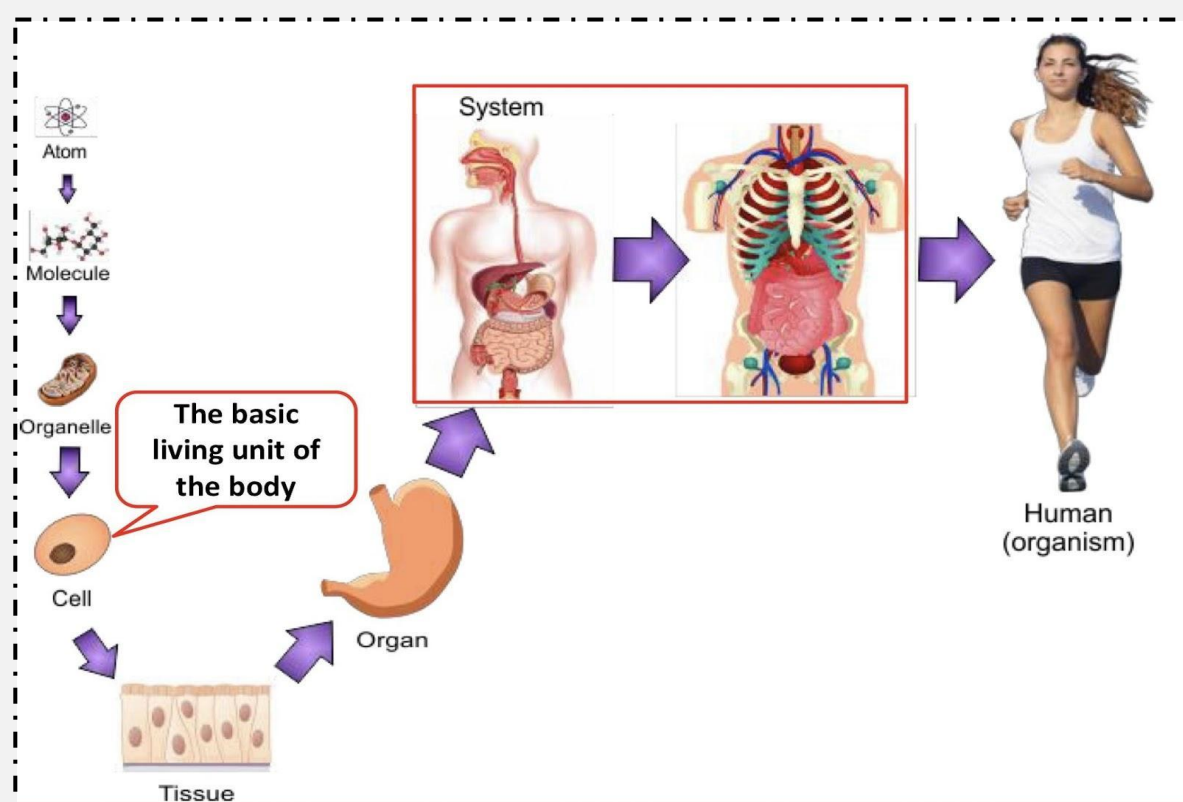
★ How is it related to medicine ?

Many disease states can be viewed as physiology "gone wrong"

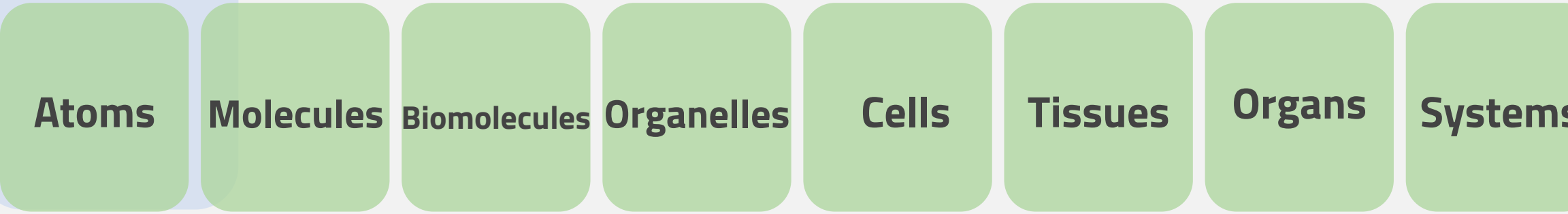
Pathophysiology

Thus, understanding of physiology is essential for the **study** and **practice** medicine.

★ How is the Body Organised?

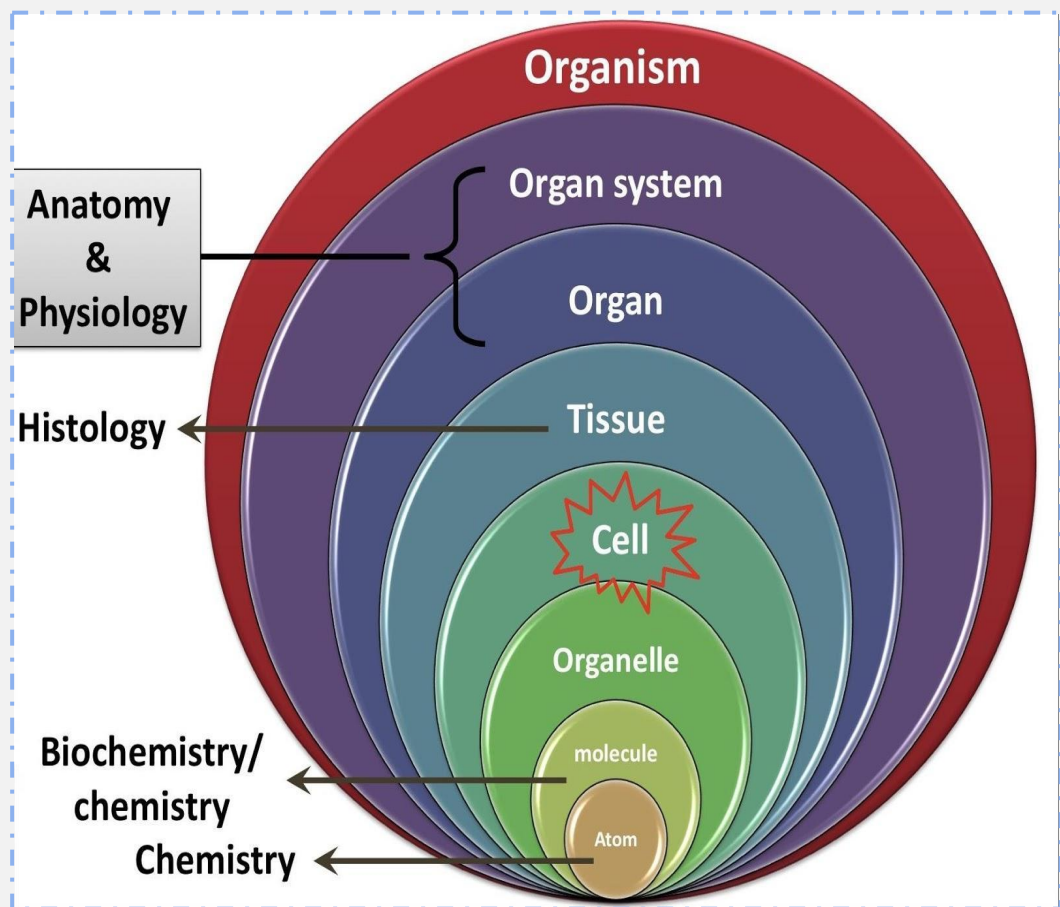


★ Levels of Organisation



★ The Cell ;

- **Cell** : is basic unit of the body
- Each human being begins as a single cell (**fertilized egg**).
- The number of cells **increase** by **cellular division**.
- The process of transforming an unspecialized cell into a specialized cell in know as **differentiation**
- Cells may **differ** markedly from one another, but they all **share** certain basic characteristics.



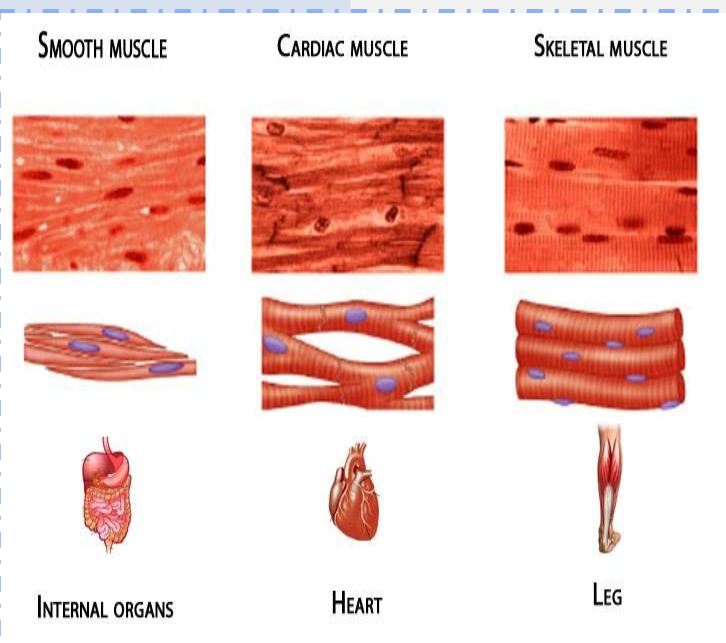
★ Cell Structure

Cell organelles	Cell membrane(selective barrier)
1-Nucleus (carry of gene) 2-Ribosomes (generate proteins) 3-Endoplasmic reticulum(storage and secretion) -Smooth(synthesis of lipids) -Rough(secret of protein) 4- Golgi apparatus (packaging proteins) 5-Mitochondria(source of energy) 6-Lysosomes(hydrolyse) 7-Peroxisomes(detoxify) 8-Cytoskeleton(structural support,motility)	Will be discussed later.

You should know the Function of each organelles.

★ Tissues

- A collection of a single type of **specialized** cells = **tissue**.



1- Muscle Tissue

Muscle tissue is specialized to generate **mechanical force** (cause movement).

Three types of muscle tissue:

- 1-Skeletal muscle
- 2-Smooth muscle
- 3-Cardiac muscle

2-Nervous Tissue

specialized to initiate, integrate, and conduct **electrical signals to other cells**, carry information.

These signals may:

- 1-**Initiate** new electrical signals in other neurons.
- 2-**Stimulate** a gland to secrete hormones.
- 3-**Stimulate** muscle contraction.

3-Epithelial Tissue

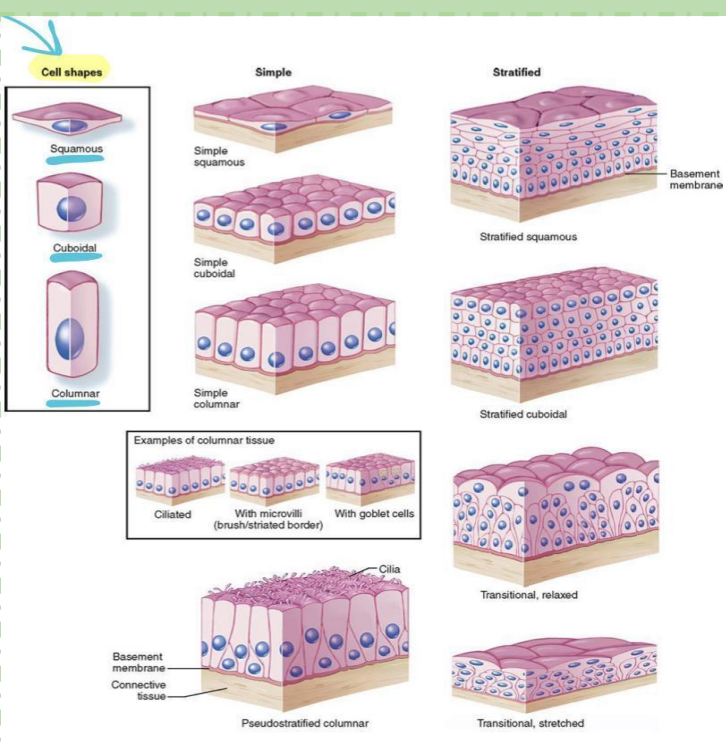
- It covers exposed surfaces, line internal passageways and chambers, produce glandular secretions.
- There are many shapes of epithelial cells according to the **function they need to perform**.
- There are many **types** of epithelial tissue.

4-Connective Tissue

- It **connects anchors and support** the structure of the body.
- It consist of many and **diverse** cell and tissue types each with its **specific function**.
- It fills **internal spaces and store energy**

The four major tissue types in the body:

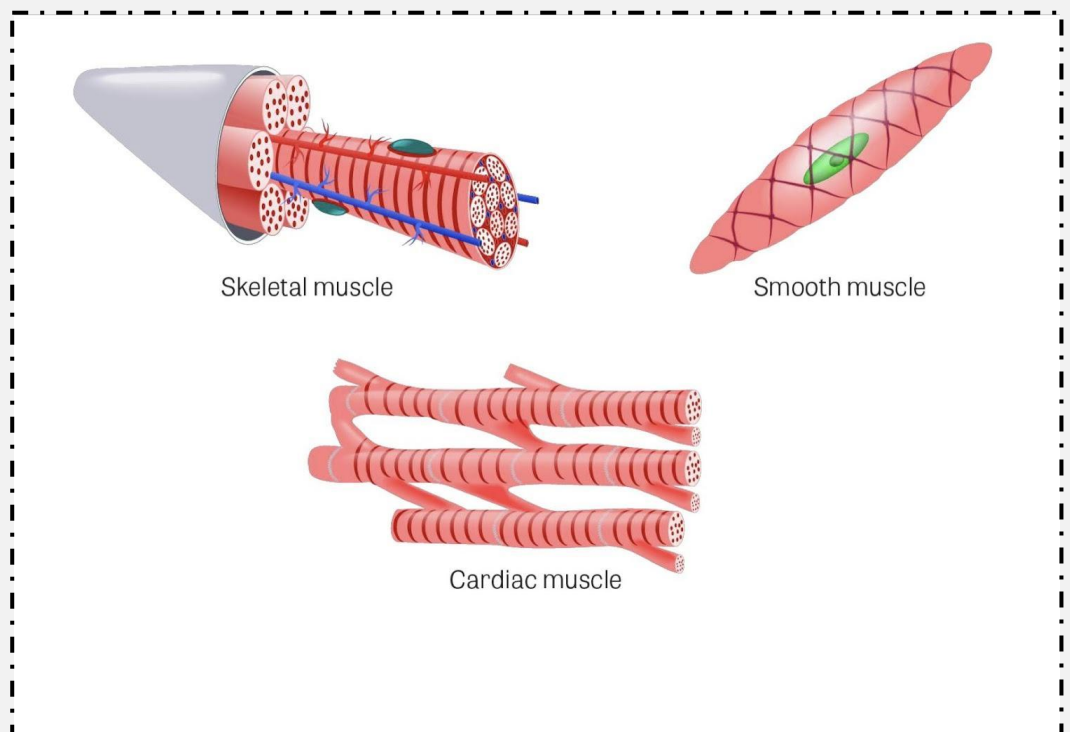
- 1-Muscle tissue
- 2-Nervous tissue
- 3-Epithelial tissue
- 4-Connective tissue



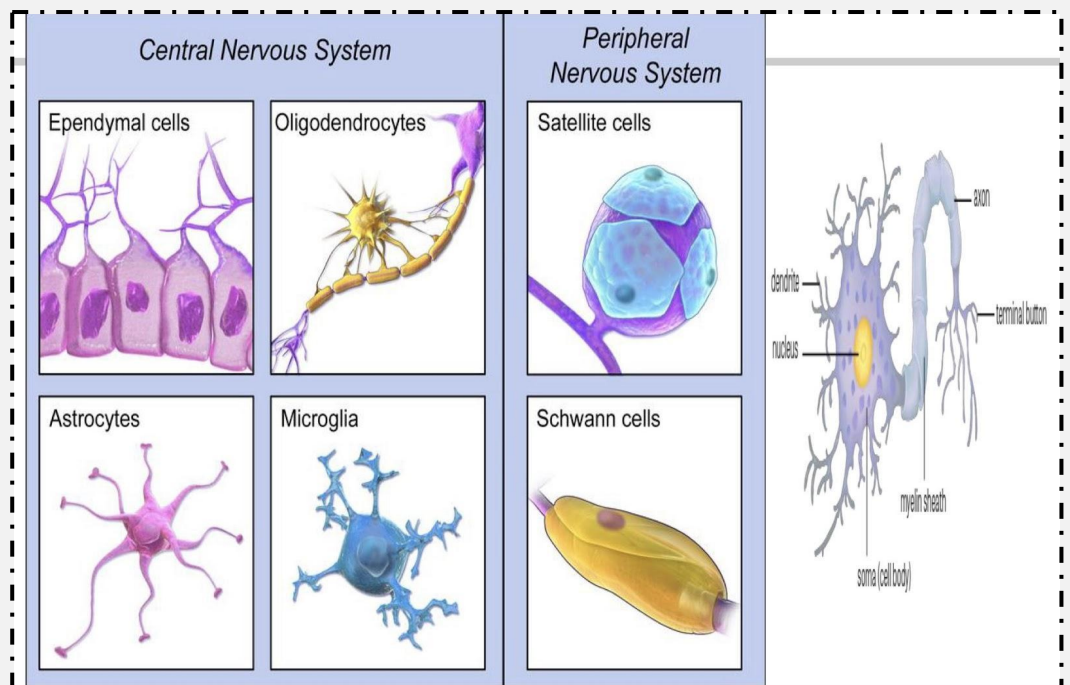
★ Tissues cont.

- There are **shared properties**:
 - 1-It lines surfaces.
 - 2- Offers protection.
 - 3-May be involved in secretion and absorption of ions & organic molecules.

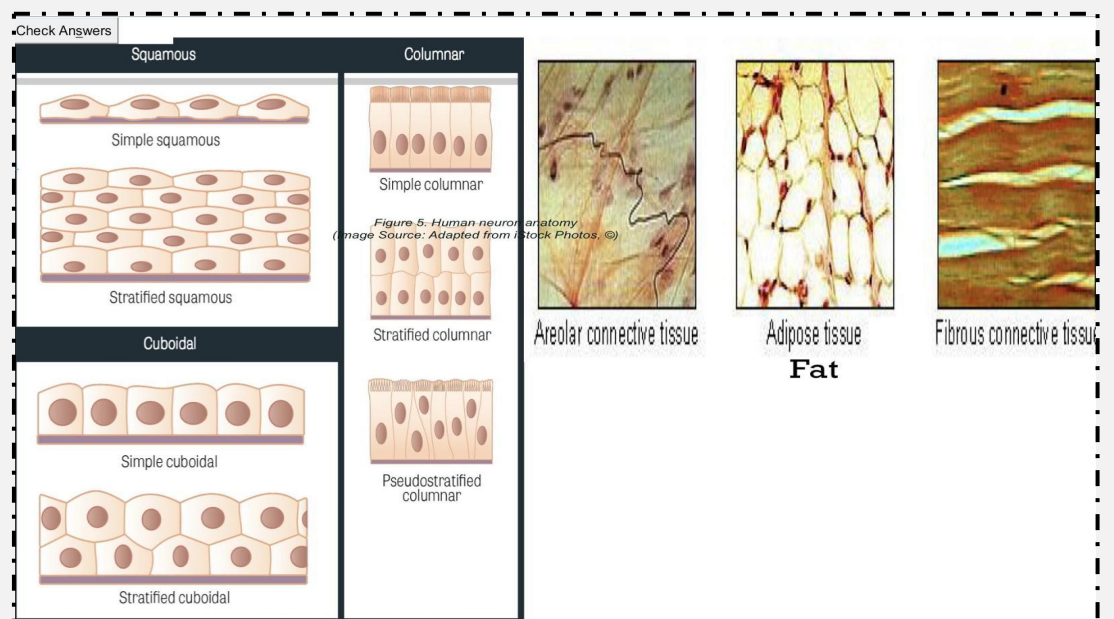
1- Muscle Tissue



2-Nervous Tissue



3-Connective Tissue



- ★ **Organs & Systems**
- ❖ The combination of two or more types of tissues forms an **organ**.
- ❖ Several organs come together and are organised into a **system**.

Definitions:

- 1- **Physiology:** is The science dealing with the way a **normal** organism and their body parts **function**.
- 2- **Cellular physiology:** is the study of the cellular components that primarily determines organ function.(such as, endoplasmic reticulum has function in storage and secretion.
- 3- **Systems physiology:** is the study of the coordinated and networked processes that determine whole body function and adaption to change.
- 4- **Pathophysiology:** Many disease states can be viewed as physiology“gone wrong”
- 5- **Differentiation:** The process of transforming an unspecialized cell into a specialized cell .
- 6- **Cell :** is basic unit of the body
- 7- **Tissue :** collection of a single type of **specialized** cells .
- 8- **Muscle tissue:** is specialized to generate mechanical force(cause movement)
- 9- **Nervous Tissue:** is specialized to initiate, integrate, and conduct electrical signals to other cells.
- 10- **Epithelial Tissue:** cover exposed surfaces line internal passageways and chambers produce glandular secretions.
- 11- **Connective tissue:** it **connects anchors and support the structures** of the body, also it fills internal spaces and store energy.
- 12- **Organ:** The combination of two or more types of tissues.
- 13- **System:** Several organs come together.

Test yourself

★ MCQs

Q1: The process of transforming an unspecialized cell into a specialized cell is known as

A- hybridization

B-specification

C-localization

D-differentiation

Q2: It connects anchors and supports the structures of the body

A- connective tissue

B-epithelial tissue

C-muscle tissue

D-nervous tissue

Q3: Muscle tissue is specialized to generate force

A- chemical

B-mechanical

C-electrical

D-magnetic

Q4: cover exposed surfaces line internal passageways and chambers produce glandular secretions

A- connective tissue

B-epithelial tissue

C-muscle tissue

D-nervous tissue

1-D 2-A 3-B 4-B

★ SAQ

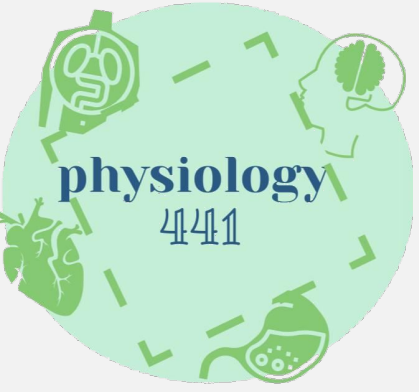
Q1: What are the types of muscle tissues?

A1:

- Skeletal muscle
- Smooth muscle
- Cardiac muscle



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Male Members

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Arwa Alenzi
Ayah Sayed
Lama Aleyadhy
Lujain Alkhalaf
Layan Almasri
Deema Almuhammel
Ghadah Alarify
Asma Eidah
Reema Alrashedi
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Waad Alhowti
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