CARTILAGE & BONE

Objectives:

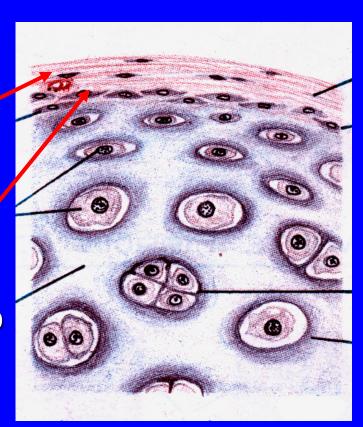
- By the end of this lecture, the student should describe the <u>microscopic</u> structure, <u>distribution</u> and <u>growth</u> of the different types of:
 - (1) Cartilage.
 - **(2) Bone.**

CARTILAGE

- Cartilage is a specialized type of C.T. with a <u>rigid</u> matrix.
- Cartilage is usually nonvascular (avascular).
- 3 Types:
 - Hyaline cartilage.
 - Elastic cartilage.
 - Fibrocartilage.

1- Perichondrium:

- Vascular C.T. membrane formed of 2 layers:
 - » Outer fibrous layer: dense fibrous C.T.
 - » Inner chondrogenic layer: contains chondroblasts (no lacunae). They secrete cartilage matrix and give rise to chondrocytes.

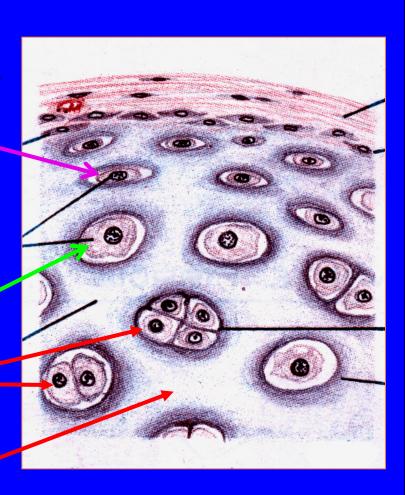


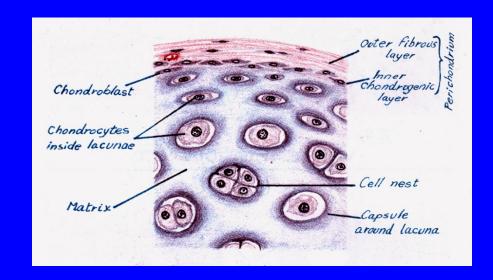
2- Cells (Chondrocytes):

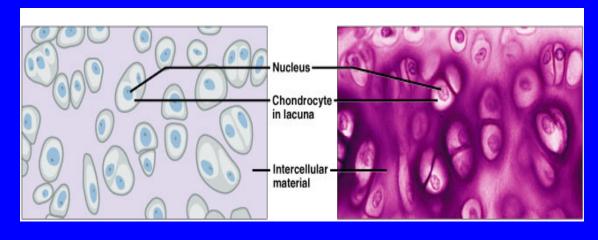
- Found in spaces called <u>lacunae</u>.
- Young chondrocytes:
 are small & present singly in their lacunae.
- Mature chondrocytes:
 are large, and are found singly
 or in groups of 2, 4 or 6 cells in their lacunae (cell nests).

3- Matrix:

- Homogeneous and basophilic.
- Contains collagen type II.





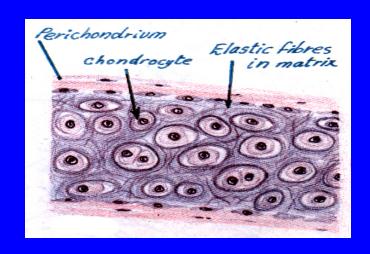


Sites of hyaline cartilage:

- Foetal skeleton.
- Costal cartilages.
- Articular surfaces of bones.
- Nose, trachea & bronchi.

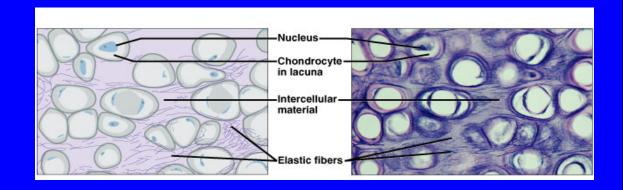
Elastic Cartilage

 Similar to hyaline cartilage + elastic fibres in the matrix.



Sites:

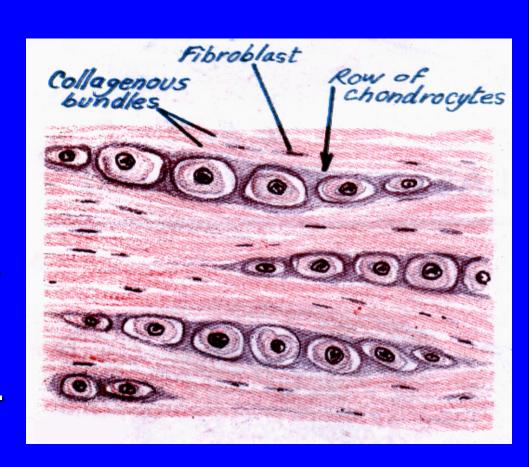
- External ear.
- Epiglottis.



Fibrocartilage

- No perichondrium.
- Rows of chondrocytes
 in lacunae separated
 by parallel <u>bundles of</u>
 collagen fibers (type I).
- Sites:

e.g. Intervertebral disks.



Growth of cartilage

1. Appositional growth:

Is produced by the activity of Chondroblasts in

Chondroblas

inside lacunae

- the inner chondrogenic layer.
- It leads to increase in width.

2. Interstitial growth:

- Is produced by division and activity of mature chondrocytes.
- It leads to increase in length.

BONE

- Bone is a specialized type of C.T. with a <u>hard</u> matrix.
- Types: 2 types
 - Compact and spongy (cancellous) bone.
- Components:
 - Bone Cells: 4 types.
 - Bone Matrix (calcified osteoid tissue):

hard because it is calcified (Calcium salts).

It contains type I collagen fibers.

It forms bone lamellae and trabeculae.

- Periosteum.
- Endosteum.
- Functions:
 - body support.
 - protection of vital organs as brain & bone marrow.
 - calcium store.

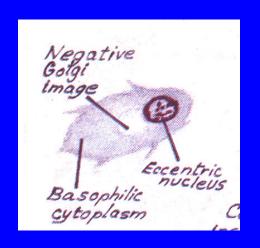
Bone Cells

1- Osteogenic Cells:

- in periosteum & endosteum.
- Fate: give rise to osteoblasts.

2- Osteoblasts:

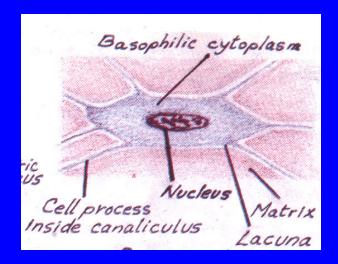
- in periosteum & endosteum.
- Origin: osteogenic cells.
- Function: They secrete the bone matrix & deposit Ca salts in it.
- Fate: change to osteocytes.



Bone Cells

3- Osteocytes:

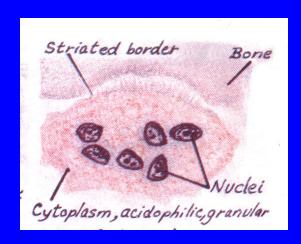
- Branched cells.
- Present singly in <u>lacunae</u>.
 Their branches run in the <u>canaliculi</u>.
- Origin: osteoblasts.
- Function: They maintain the bone matrix.



Bone Cells

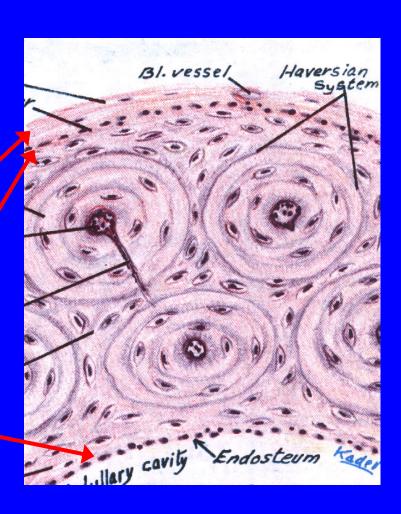
4- Osteoclasts:

- Large multinucleated cells on bony surfaces, in <u>Howship's</u> lacunae.
- They have striated or ruffled border.
- Cytoplasm is rich in lysosomes.
- Origin: blood monocytes.
- Function: bone resorption.



Compact Bone

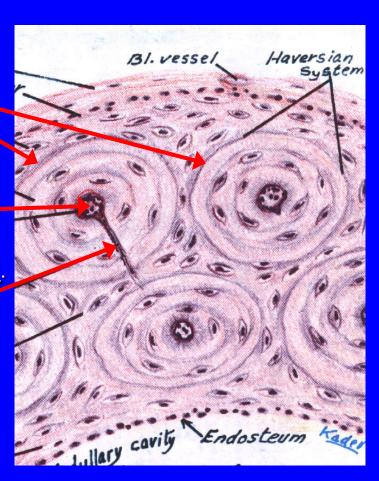
- It is found in the <u>diaphysis of</u> <u>long bones</u>.
- Consists of:
 - 1- Periosteum:
 - » Outer fibrous layer.
 - » Inner osteogenic layer.
 - 2- Endosteum.
 - 3- Bone Lamellae.
 - 4- Bone Cells.



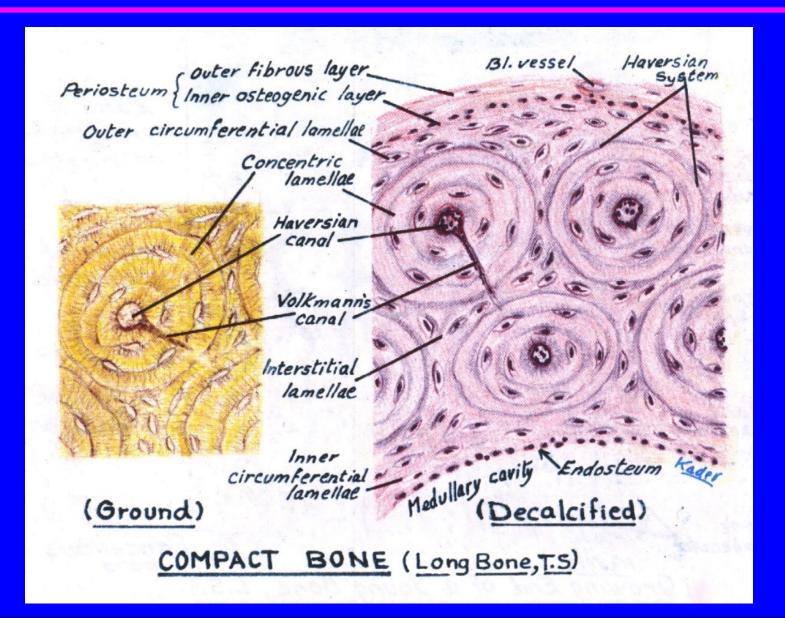
Compact Bone

Bone Lamellae:

- 1- Haversian Systems (Osteons):
 - Longitudinal cylinders.
 - Each is formed of:
 - » a Haversian canal in the center,
 - » surrounded by <u>concentrically arranged bone</u> <u>lamellae separated by osteocytes in lacunae</u>.
 - Volkmann's canals: connect the Haversian canals together. They run obliquely or transversely.
- 2. External Circumferential Lamellae.
- 3- Internal Circumferential Lamellae.
- 4- Interstitial Lamellae: between osteons.



Compact Bone

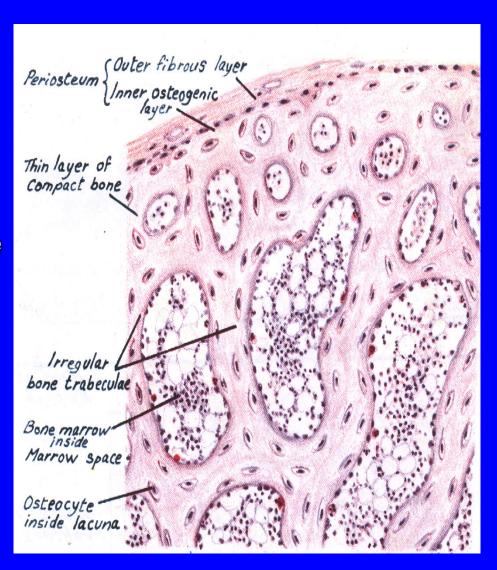


Osteon of Compact Bone



Spongy (Cancellous) Bone

- In flat bones & epiphysis of long bones.
- Consists of :
 - 1. Periosteum.
 - 2. Endosteum.
 - 3. <u>Irregular</u> bone trabeculae. (are formed of irregular bone lamellae separated by osteocytes inside lacunae).
 - 4. Many <u>irregular</u> red bone marrow spaces.
 - 5. Bone Cells.
- No Haversian systems (no osteons).



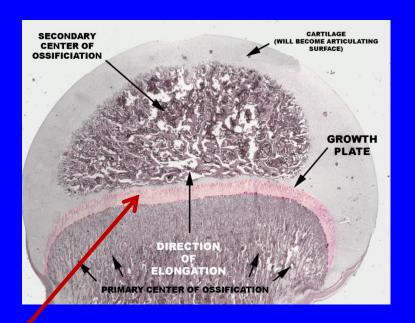
Growth of Bone

Appositional growth:

- Is produced by the activity of osteoblasts.
- It leads to increase in width.

Growth in length:

Is produced by the activity of epiphyseal plate of cartilage.



Thank you

