



**Histology**  
Foundation Block



# 1 Cell Structure



Color Index:

- Main text
- Important
- Notes
- Boys slides
- Girls slides
- Extra

# Objectives:

## In this lecture you are expected to learn:

- What is **Histology** and how it is studied.
- Components of The Cell: Light microscopic (**LM**) and Electron microscopic (**EM**).
- Function for each component:
  - Nucleus.
  - Cytoplasm.
  - Organelles (**their functions in slides no. 25-26**):
    - Membranous and Nonmembranous.
    - Inclusion.

# Introduction

**Histology:** is the microscopic study of Normal tissues. (In pathology it's abnormal tissues).

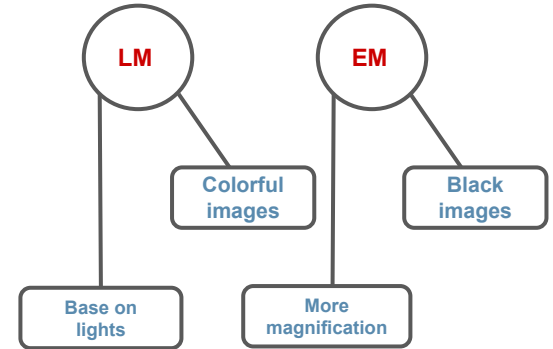
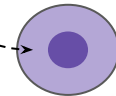
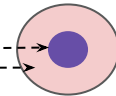
- **Organs** are made of **tissues** and **tissues** are made of **cells**.
- **Types of Microscopes:** **LM** (Light microscope) + **EM** (Electronic microscope).
- **Preparation to see the tissues under microscope:**
  1. Thin sections are cut and mounted on glass slides.
  2. Sections are stained with **Hematoxylin (H)** and **Eosin (E)**.

## - Important examples:

Nucleus is **always** blue (**Basophilic**)

Cytoplasm may be **red** (**Acidophilic**), or **blue** (**Basophilic**)

Cytoplasm appears **basophilic** **only** when it's full of ribosomes.



# The cell

**Cell:** is the **Structural & Functional** Unit of all living tissues.

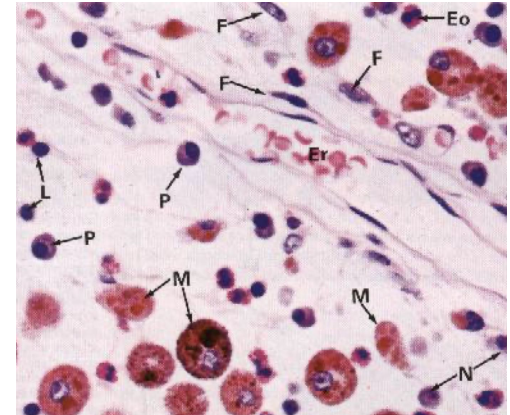
- Cells have different **shapes & sizes**. According to their function.
- The cell is made of:

- Nucleus

- Cytoplasm

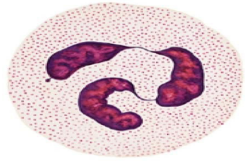


**Notice** how one tissues have different shapes and sizes of cells.

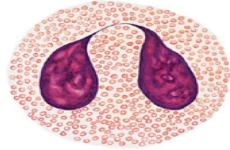


# Nucleus L/M

## Shapes of nuclei



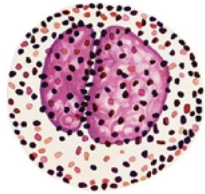
Neutrophilic granulocyte



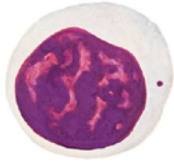
Eosinophilic granulocyte



Monocyte



Basophilic granulocyte



Lymphocyte



Monocyte

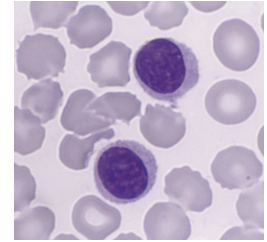
\*These are white blood cells

439: Nucleus has many shapes as well few cells are dinucleotide.

# Appearance of nuclei

1- **Dark nucleus**  
(Deeply-stained nucleus)  
Deeply basophilic Nucleus

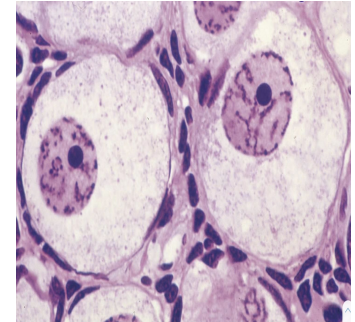
**Inactive** cell because the color of nucleus is dark



2- **Vesicular nucleus**  
(open face)

**Active** cell because the color of nucleus is pale

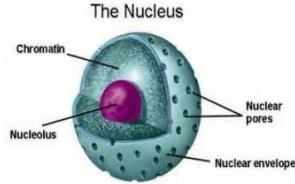
Note: It looks like a grape and its seed.



# Nucleus (E/M)

## The nucleus is Formed of:

- Nuclear Envelope
- Chromatin
- Nucleolus
- Nucleoplasm



## Notes:

-There are four chromosomes that form the nucleolus (13, 14, 15, 20).

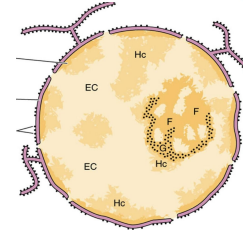
- Sometimes there is more than one nucleus.

-The only structures with double membrane in the cell are **Nucleus and Mitochondria**.

## 1. Nuclear Envelope:

Is a double membrane with many pores.

- Outer membrane
- Inner membrane.
- Nuclear pores:  
Provide communication between nucleus and cytoplasm.



## 2. Chromatin:

### •Chromatin is formed of DNA.

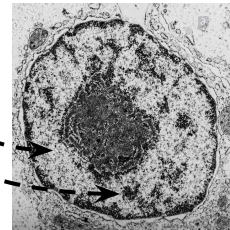
-It has two forms:

- Euchromatin: extended **active** chromatin (pale= electron-lucent areas).
- Heterochromatin: condensed **inactive** chromatin (dark = electron dense areas).

### **Functions:**

- Carries genetic information.
- **Directs** protein synthesis.

Note: it controls the production of protein but do not produce them.



# Nucleus (E/M)

## 3. Nucleolus:

- **EM:** It is mostly dark mass (electron-dense), not surrounded by a membrane.
- **LM:** It is a spherical dark basophilic mass, usually one. Which means there are more sometimes.

### **Function:**

**Formation** of **Ribosomal RNA** (rRNA), which is responsible for **Protein Synthesis** in the cytoplasm. ( usually one or two nucleoli are found )

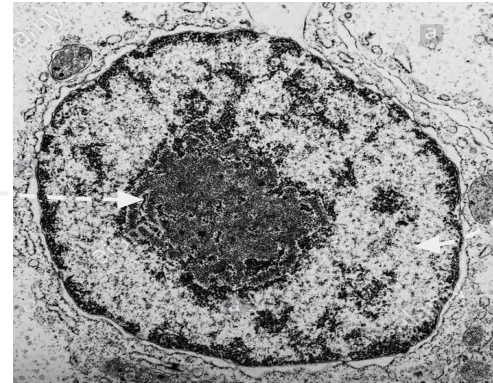
## 4. Nucleoplasm:

It is a clear fluid medium in which all the contents of the nucleus are embedded.

### **Function:**

Provides **a medium** for movement of 3 types of **RNA** (Ribosomal, Messenger and Transfer RNA) from the nucleus to the cytoplasm.

Nucleolus



Nucleoplasm

# Functions of Nucleus

- It is essential for the **vitality** and **division** of the cell.
- It is the site of **storage** of **genetic information**.
- It is the site of **formation** of the three types of **RNA**.



# Sex Chromatin (Barr Body)

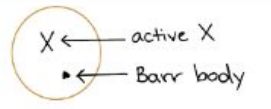

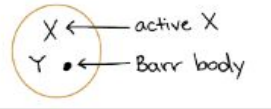
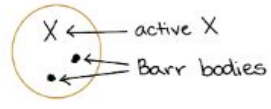
- **Sex chromatin:** A dark stained mass of chromatin, usually adherent to the **inner** aspect of the nuclear envelope of female somatic cells

E.g. Buccal epithelial cells.

- **A drumstick** mass protruding from the nucleus of neutrophils.
- Represents one of the two **X** chromosomes which is Inactive (**Condensed**) in normal Female.

- **Seen** in normal female cells **XX**.
- **Absent** in females with Turner's syndrome **XO**.
- **Seen** in males with Klinefelter's syndrome **XXY**.



XX female	
XY male	
XXY male (Klinefelter)	
XXX female (triple X)	

# Cytoplasm

Formed of

## INCLUSIONS:

**Not-Essential** for vitality of Cells.  
may be present or absent.

- Lipids
- Glycogen
- Pigments:  
Melanin &  
Lipofuscin

## ORGANELLES:

Specialized structures,  
**ESSENTIAL** for  
Vital processes of the cell.

### •Membranous:

- Cell membrane.
- Mitochondria.
- Endoplasmic Reticulum (Rough & Smooth).
- Golgi Apparatus.
- Lysosomes.
- Secretory vesicles.

### •Non-membranous:

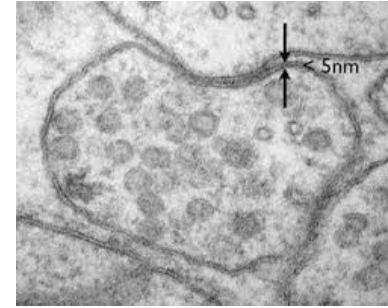
- Ribosomes.
- Centrioles.
- Cilia & Flagella.
- Filaments: (Actin-Intermediate filaments-Myosin).
- Cytoskeleton: (Actin-intermediate filaments-Microtubules).

# Cell Membrane

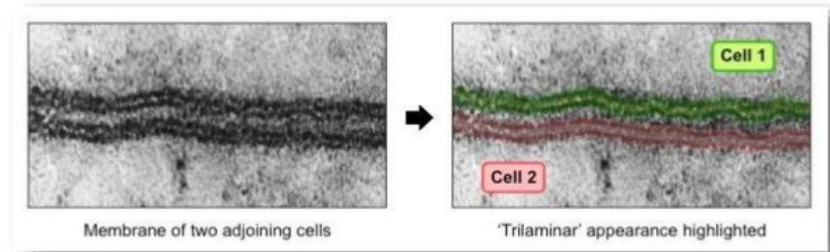
## Details:

A very thin membrane that surrounds the cell.

- **LM:** Not visible.
- **EM:** Visible - Appears as 2 dark lines (electron dense) separated by a light one (electron-lucent) (trilaminar appearance).



**Trilaminar** = 3 layers (two dark outer layers and a lighter inner region)



Picture taken by EM called the (electron micrograph):

- 1)The innermost and outermost layer are electron Dense
- 2)The Middle layer is electron lucent

# Cell Membrane

## Chemical Structure of cell membrane:

### ● Phospholipid molecules:

Arranged in 2 layers.

### ● Protein molecules:

A. Peripheral protein

B. Integral protein

### ● Carbohydrate molecules:

Attached to Proteins (**Glycoproteins**)

Attached to Lipids (**Glycolipids**)

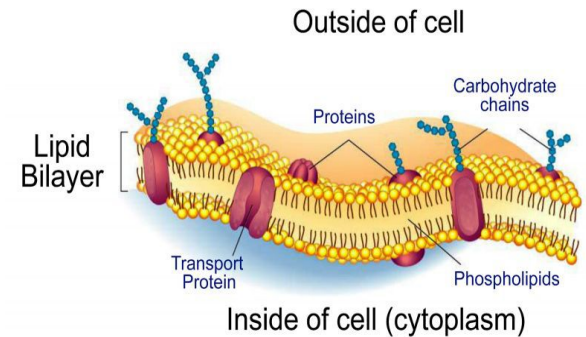
### Forming The:

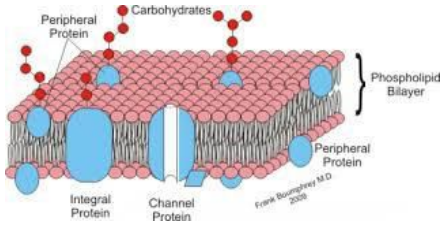
Surface or cell coat (**Glycocalyx**):

-Protection of the cell.

-Cell Recognition and Adhesion.

## Structure of the Cell Membrane





# Cell Membrane

Phospholipid Molecules

Phospholipid Molecules (Two Layers)

Protein Molecules

Integral Protein

Peripheral Protein

Carbohydrate Molecules

Glycoproteins

Cell Coat (Glycocalyx)

Glycolipids

# Cell Membrane

## Specializations

### Cilia

- Long motile **Hair-like** structures surrounded by cell membrane.
- Their **Core** is formed of **Microtubules.**

### Microvilli

- **Cylindrical** cytoplasmic projections of apical surface to increase surface area.
- Their **Core** contains **Actin Filaments.**

Cilia



Microvilli

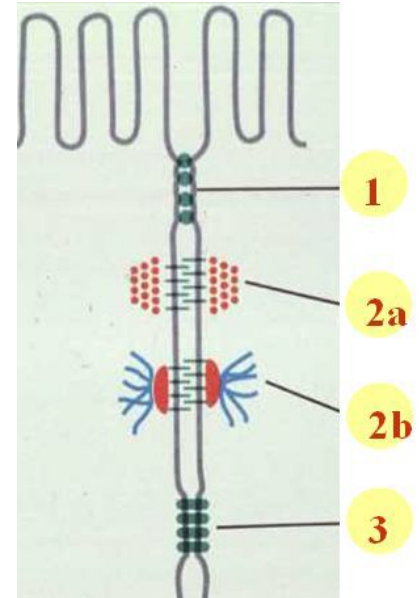


# Cell Membrane

## Intercellular Junctions:

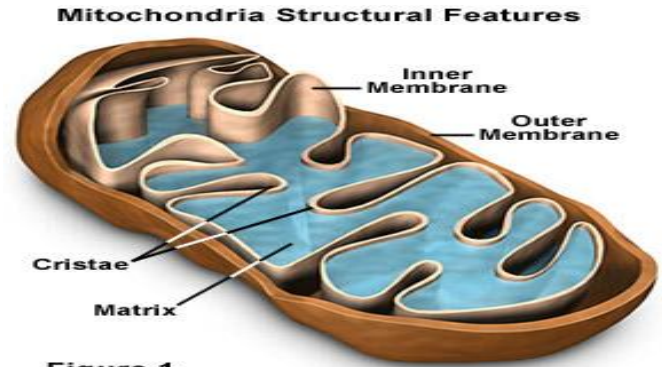
- (1) **Occluding (Tight) Junction:** seals the intercellular space. To prevent any entry.
- (2) **Adherening Junction:** fixes adjacent cells together:
  - (2a) **Zonula Adherening Junction.** مثل الحزام
  - (2b) **Desmosome (Macula Adherening Junction).** مثل الرِّزَّار
- (3) **Gap junction:** Allow free communication between the cells.

A combination of (1) + (2a) + (2b) Is called a **Junctional Complex.**



# Mitochondria

- Each mitochondrion is **rod-shaped**.
- The wall is composed of 2 membranes.  
( the only organelle with 2 membranes with the nuclear envelope )
- The outer is smooth, the inner is folded to form **cristae**. (Where oxidative phosphorylation Occurs to Make ATP)
- with cavity Is filled with mitochondrial Matrix.
- Contain its **own DNA**.
- ( DNA is cyclic in shape ).



**Figure 1**



# Endoplasmic Reticulum (ER)

- It is a system of communicating membranous tubules, vesicles, and flattened vesicles (**cisternae**).
- **There are two types:**
  - 1- Rough (rER).
  - 2- Smooth (sER).

Smooth Endoplasmic Reticulum



Rough Endoplasmic Reticulum



# Endoplasmic Reticulum (ER)

- **Rough endoplasmic reticulum (rER):**

Membranous sheets of flattened tubes & vesicles with **ribosomes on the surface.**

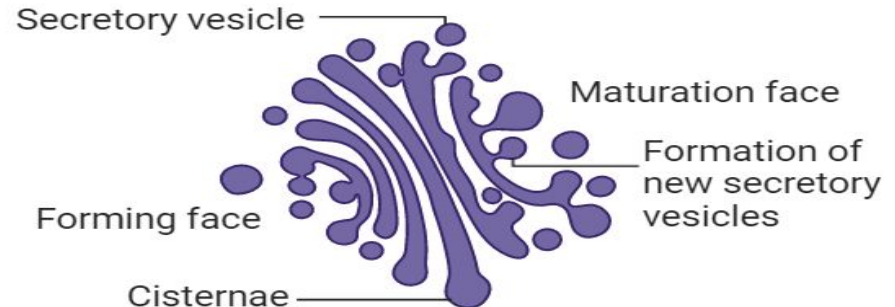
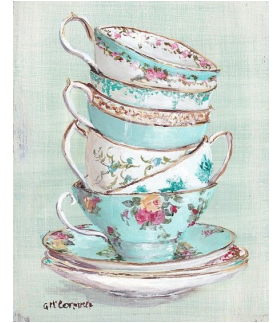
- **Smooth endoplasmic reticulum (sER):**

Membranous tubules and vesicles, with **no ribosomes on the surface.**

# Golgi Apparatus

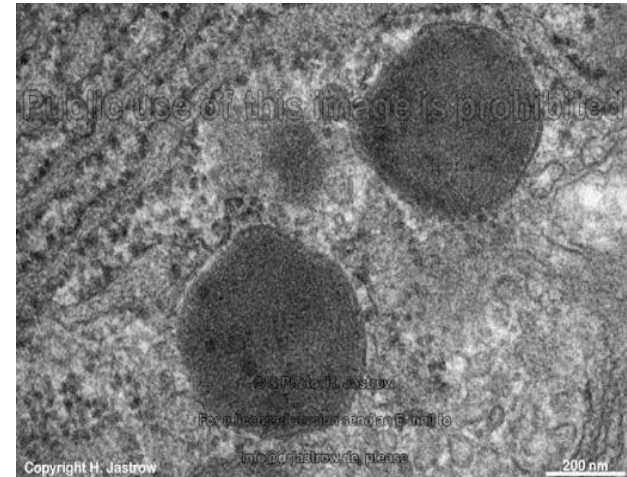
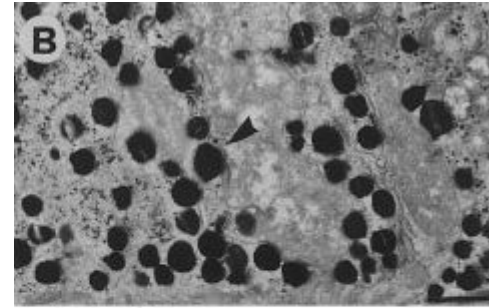
- **The Secretory apparatus** of the cell.
- Consist of stacked saucer-shaped flattened vesicles.
- Each vesicles has two faces:
  - 1- **Convex (forming) face**: receives transfer vesicles.
  - 2- **Concave (mature) face**: Forms secretory vesicles.

**Stacked  
saucer-shaped**



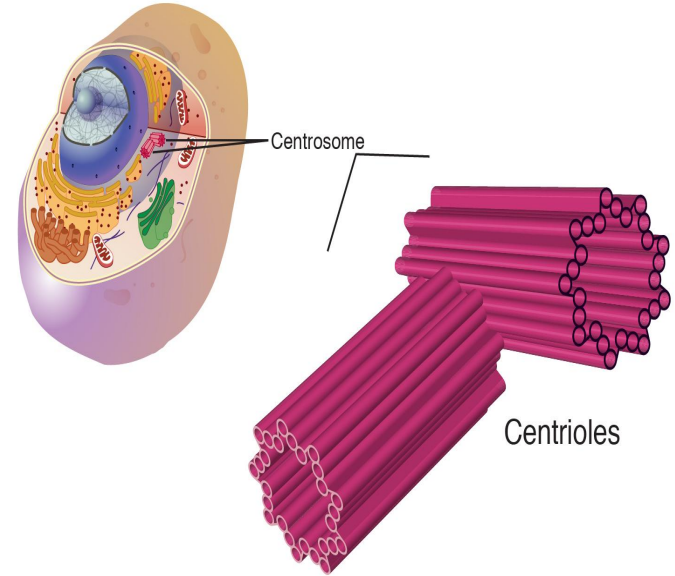
# Lysosomes

- **The digestive apparatus** of the cell.
- E/M: Spherical membranous vesicles.
- Contain **hydrolytic enzymes**.  
(Obtained from rER)
- Originate from mature vesicles of the **Golgi apparatus**.



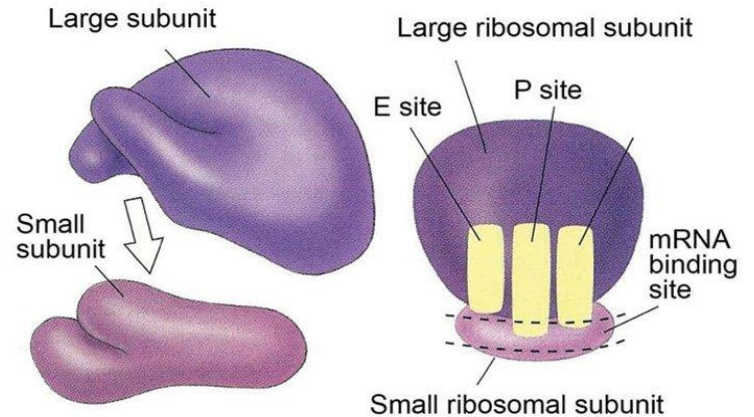
# Centrioles

- **2 cylinders**, perpendicular to each other.
- Contain **Hydrolytic enzymes**.
- Originate from mature surface of the Golgi apparatus while their hydrolytic enzymes are formed **in the rER**.
- Wall is made of nine triplets of microtubules, i.e 2 microtubules



# Ribosomes

- Consist of **ribosomal RNA**, combined with **proteins**.
- Free in cytoplasm (may form polyribosomes) or attached to rER.
- Formed in nucleolus.
- Wall is made of **9 Triplets**.
- L/M: **Basophilic** cytoplasm is due to numerous ribosomes.
- E/M: Formed of **2 subunits**.



# Microtubules-containing organelles

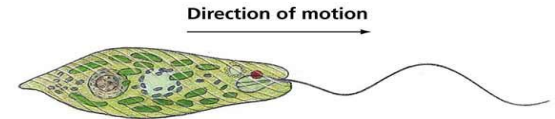
1- **Centrioles:** slide number 18.

2- **Cilia:**

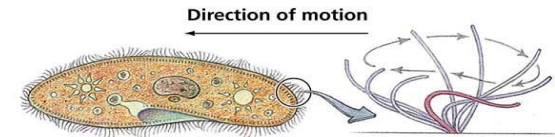
- Hair like striations on the free surface of some cells.
- Basal body is similar to centriole.
- Shaft is form of **9 doublets** and **two central singles** of Microtubules, i.e. 20 Microtubules

3- **Flagella:**

- **Longer** and **larger** than Cilia
- Forms the **tales of sperms.**



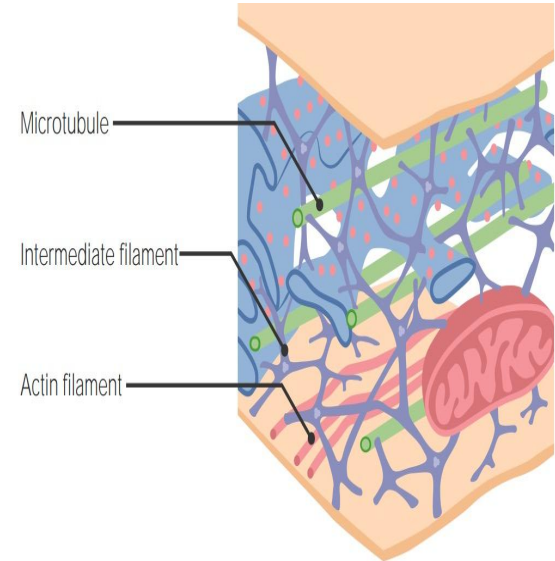
(a) Flagella



(b) Cilia

# Cytoskeleton

- It is the structural skeleton of the cell.
- Consists of:
  - 1- **Microfilaments** → Actin
  - 2- **Intermediate filaments** → E.g. Keratin
  - 3- **Microtubules**
  - 4- **Myosin Filament (Thick).**





# Functions of cell organelles

<i>Organelles</i>	<i>Functions</i>
<i>Cell membrane</i>	Selective barrier (Controls what goes in and out of the cell)
<i>Mitochondria</i>	Generation of ATP which is the source of energy for the cell they are called the <b>powerhouse</b> of the cell. They can form their <b>own proteins</b> and undergo <b>self replication</b> .
<i>Rough Endoplasmic Reticulum</i>	1- <b>Synthesis of proteins by ribosome</b> on its outer surface. 2- Transfer the formed proteins to Golgi.
<i>Smooth Endoplasmic Reticulum</i>	1- Synthesis of lipids and cholesterol. 2- Synthesis of steroid hormones, e.g. cortisone. 3- Helps muscle contraction, by acting as a calcium pump. 4- <b>Large amount</b> of smooth ER are found in the <b>liver</b> for <b>Detoxification</b> of drugs and toxins.

# Functions of cell organelles

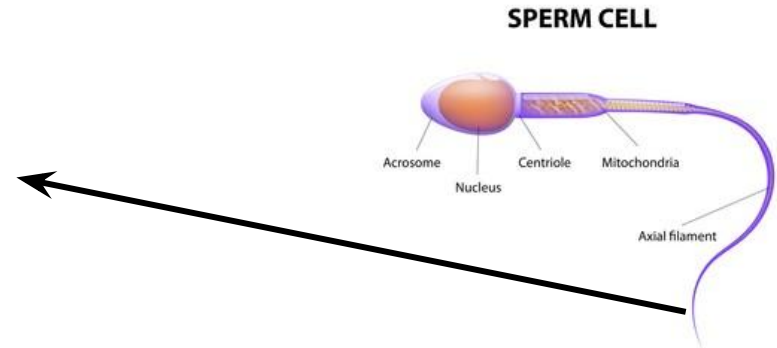
<i>Organelles</i>	<i>Functions</i>
<i>Golgi Apparatus</i>	1- Sorting, modification and packaging of proteins. 2- secretory vesicles formation. 3- Formation of lysosomes.
<i>Ribosomes</i>	Protein synthesis.
<i>centrioles</i>	1- Essential for cell division. 2- Formation of cilia and flagella.
<i>Cilia and flagella</i>	Cilia: Movement of particles or fluids on the free surface of the cell in <b>one direction</b> . Flagella: Important for <b>movement of the sperms</b> .
<i>Lysosomes</i>	Intracellular digestions of ingested material or old organelles.
<i>Cytoskeleton</i>	1- Maintains shape of the cell. 2- Helps transport of material within the cell.

# Clinical application

## Immotile cilia syndrome:

- Disorder that causes **infertility in male** and **chronic respiratory tract infection in both sexes**.
- Is caused by immobility of cilia and flagella used by **deficiency of dynein**.
- Dynein protein is responsible for movement of cilia and flagella.

Sperms won't be able to arrive at the Ovum because it's lack dynein protein and that will lead to immovable flagella.



## MCQs

1- Which of the following is not an example of a membranous organelle?

A- Lysosomes

B- Centrioles

C- Endoplasmic Reticulum

D- Mitochondria

2- ..... Is a part of the cell that can form their own proteins and undergo self replication.

A- Ribosomes

B- Golgi Apparatus

C- Mitochondria

D- Cilia

3- Which of the following structures is responsible for the basophilic stain in the cytoplasm?

A- Golgi Apparatus

B- Mitochondria

C- Ribosomes

D- Secretory vessels

4- If the cytoplasm appears blue in the microscope, it means that it is stained with:

A- Hematoxylin

B- Aldehyde fuchsine

C- Crystal violet

D- Eosin

5- What is the cause of immotile cilia syndrome?

A- Cilia has a lot of hair like organelles

B- Deficiency of dynein

C- Cilia doesn't have hair like organelles

D- Deficiency of RBC

6- If the sex chromatin (Barr body) is absent in female, it means that the female is with:

A- Down syndrome

B- Triple X syndrome

C- Turner's syndrome XO

D- Klinefelter's syndrome XXY

Answers:

1-B 2-C 3-C 4-A 5-B 6-C

# Meet The Team

## Team Leaders:

عبدالرحمن القرشي

سندس الكريجيس

## Team Members:

تركي العتيبي

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أحمد باحميد

ريان العتيبي

عزام العتيبي

مازن قدري

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