MSK anatomy of the Upper Extremity

What do you need to know as medical student?

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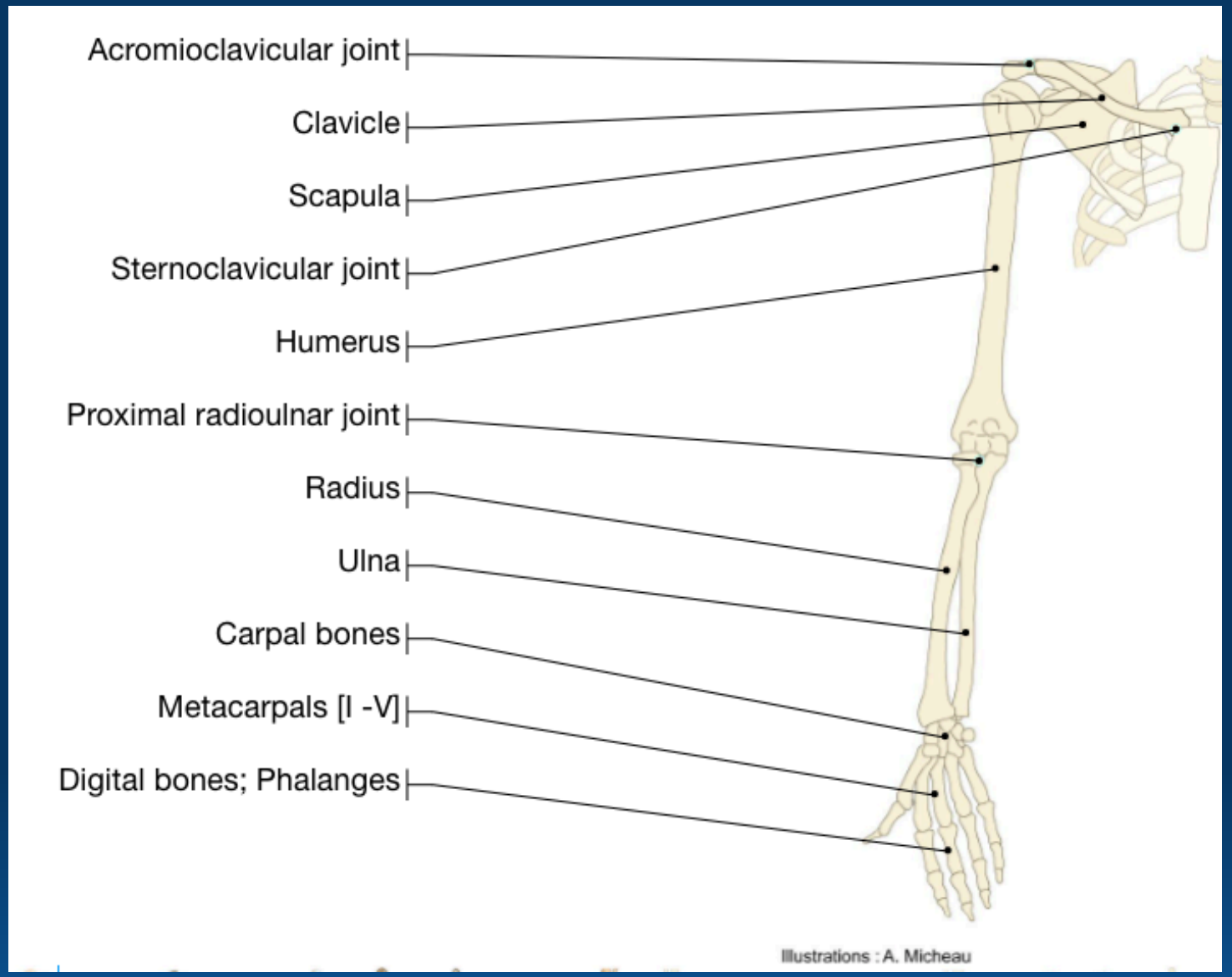
Objective

- Know the high yield functional anatomy of the upper extremity joints (Shoulder, Elbow, Wrist/hand)
- Develop simplified approach to read MSK images
- Know the limitation of the modalities.
- Know the high yield MSK injuries/ abnormalities of the upper extremity

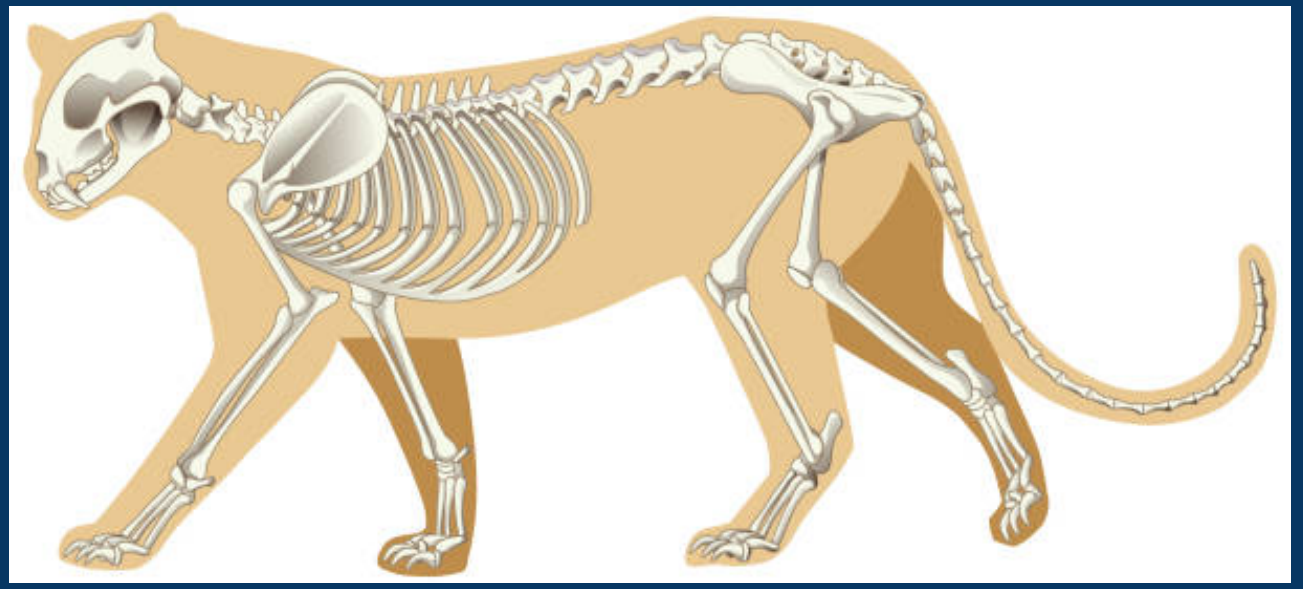
Overview:

- Below Bare minimum knowledge!



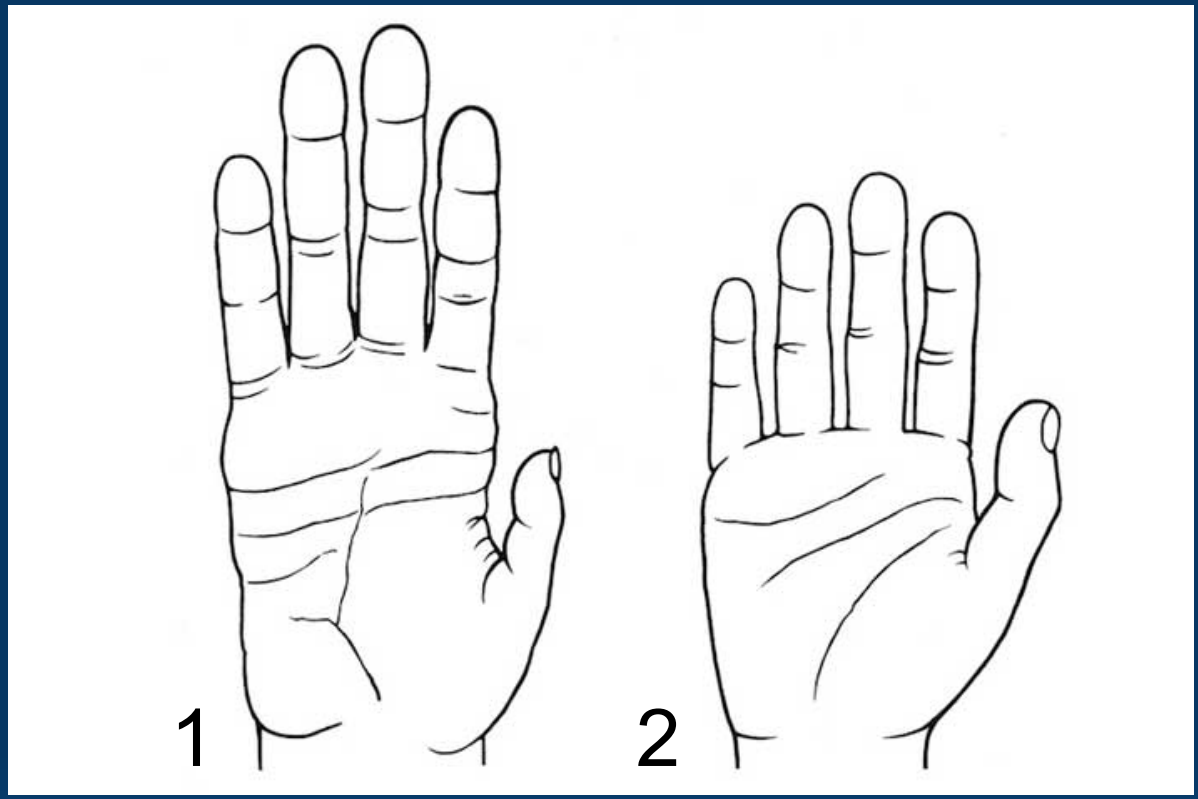
Overview:

- Why do we need clavicle and cats don't?

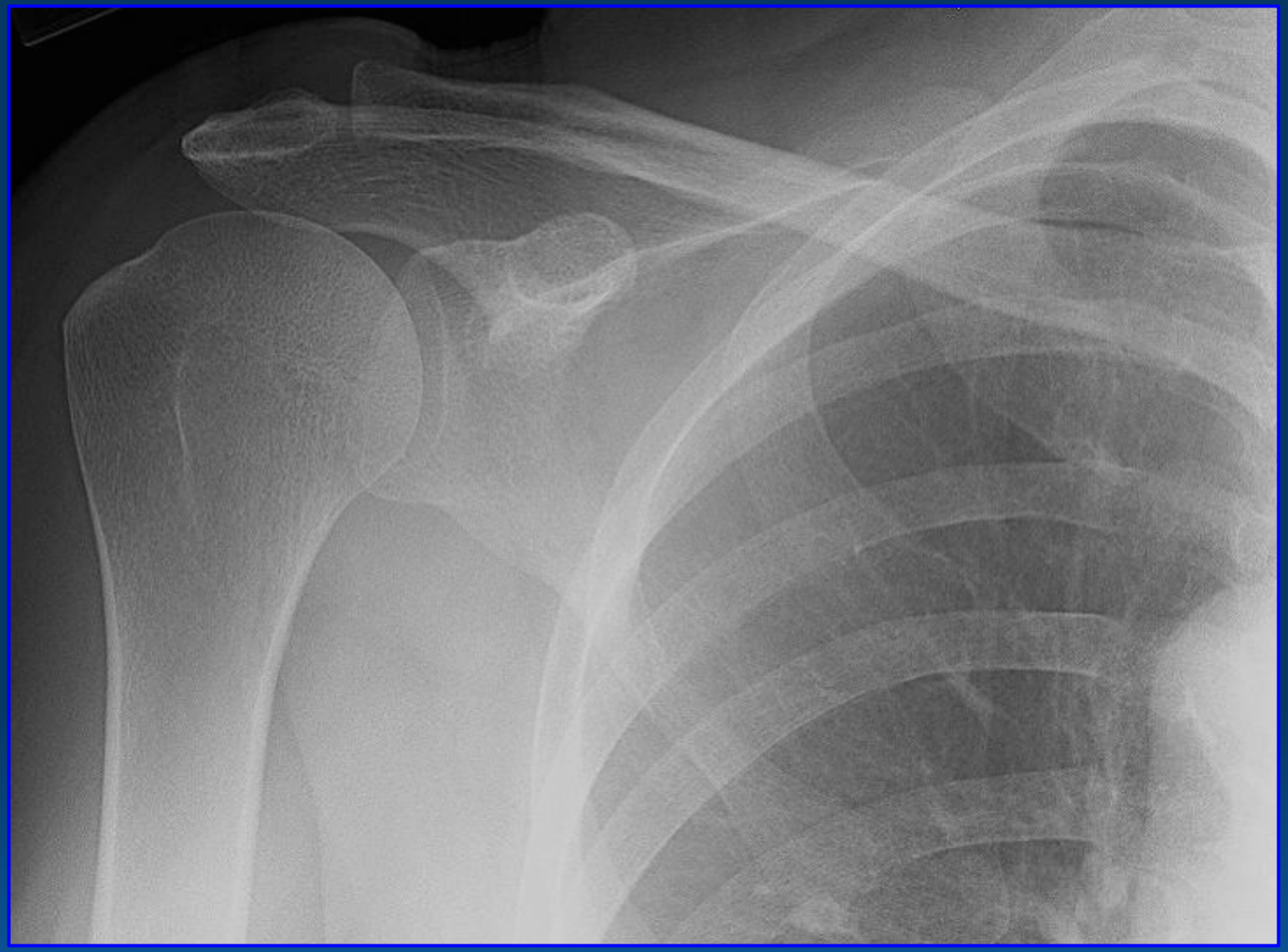


Overview:

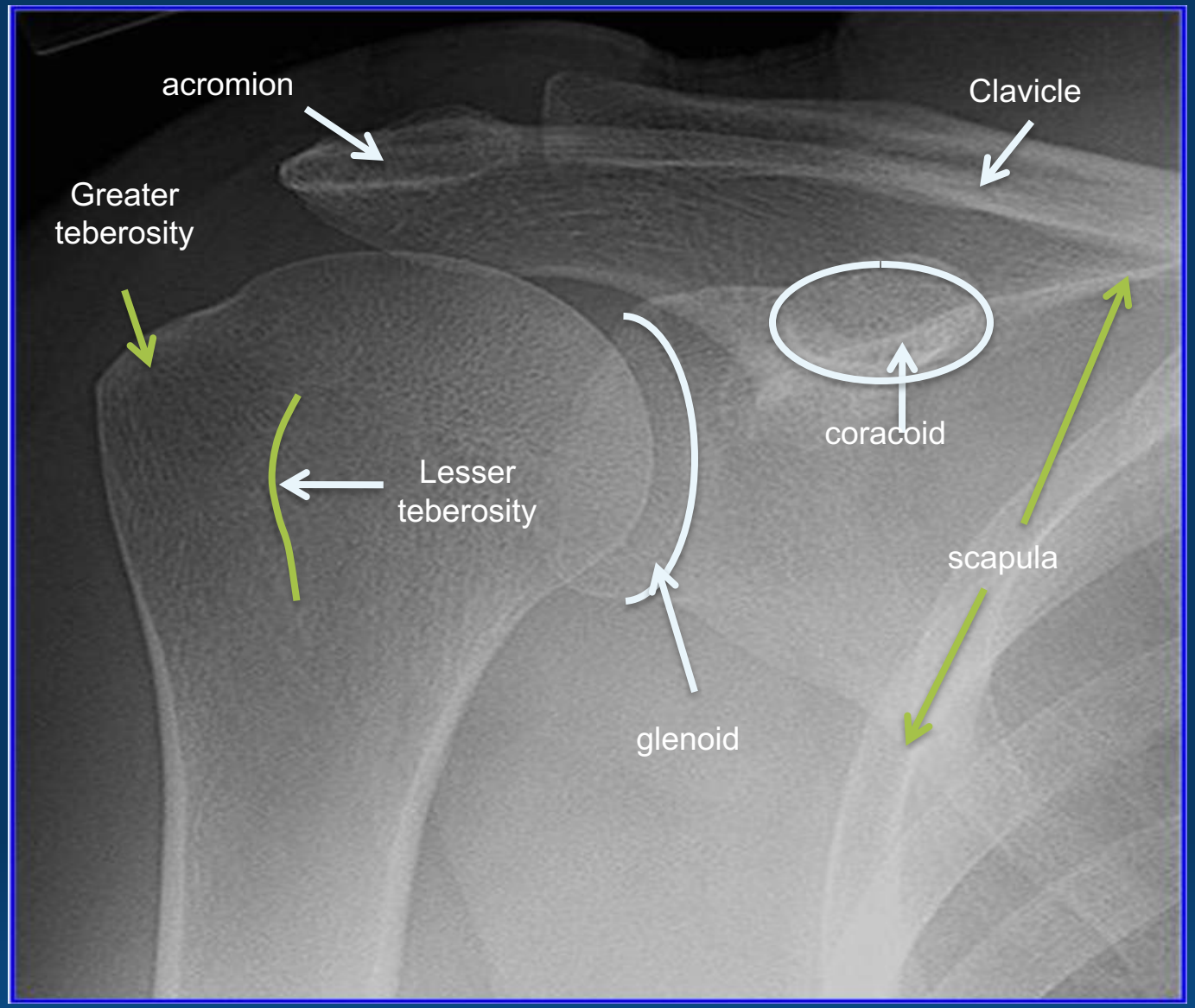
- Which hand belong to human?



Shoulder

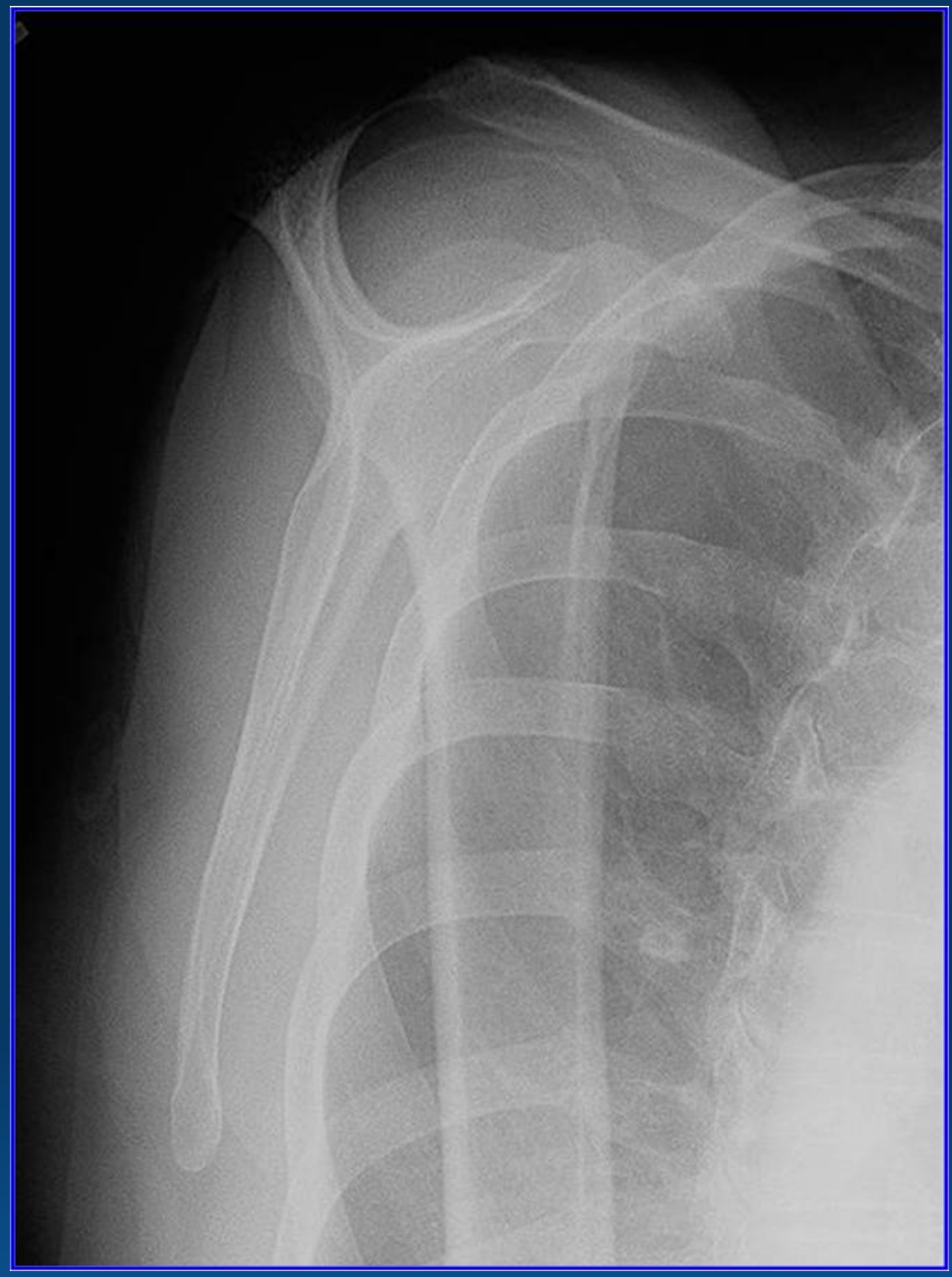


Shoulder


acromion
Clavicle
Greater
teberosity
coracoid
Lesser
teberosity
scapula
glenoid

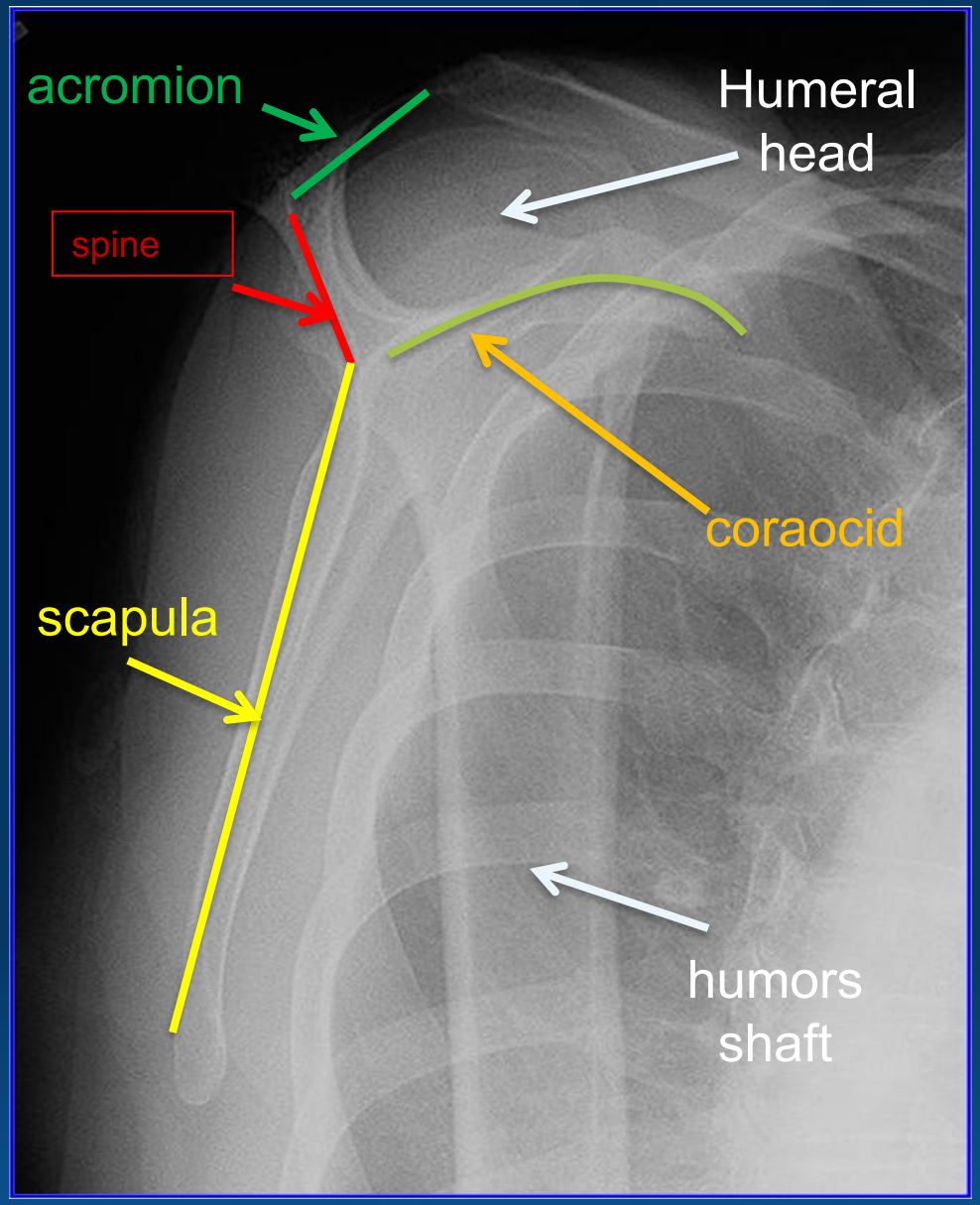
Shoulder

Y view



Shoulder

Y view

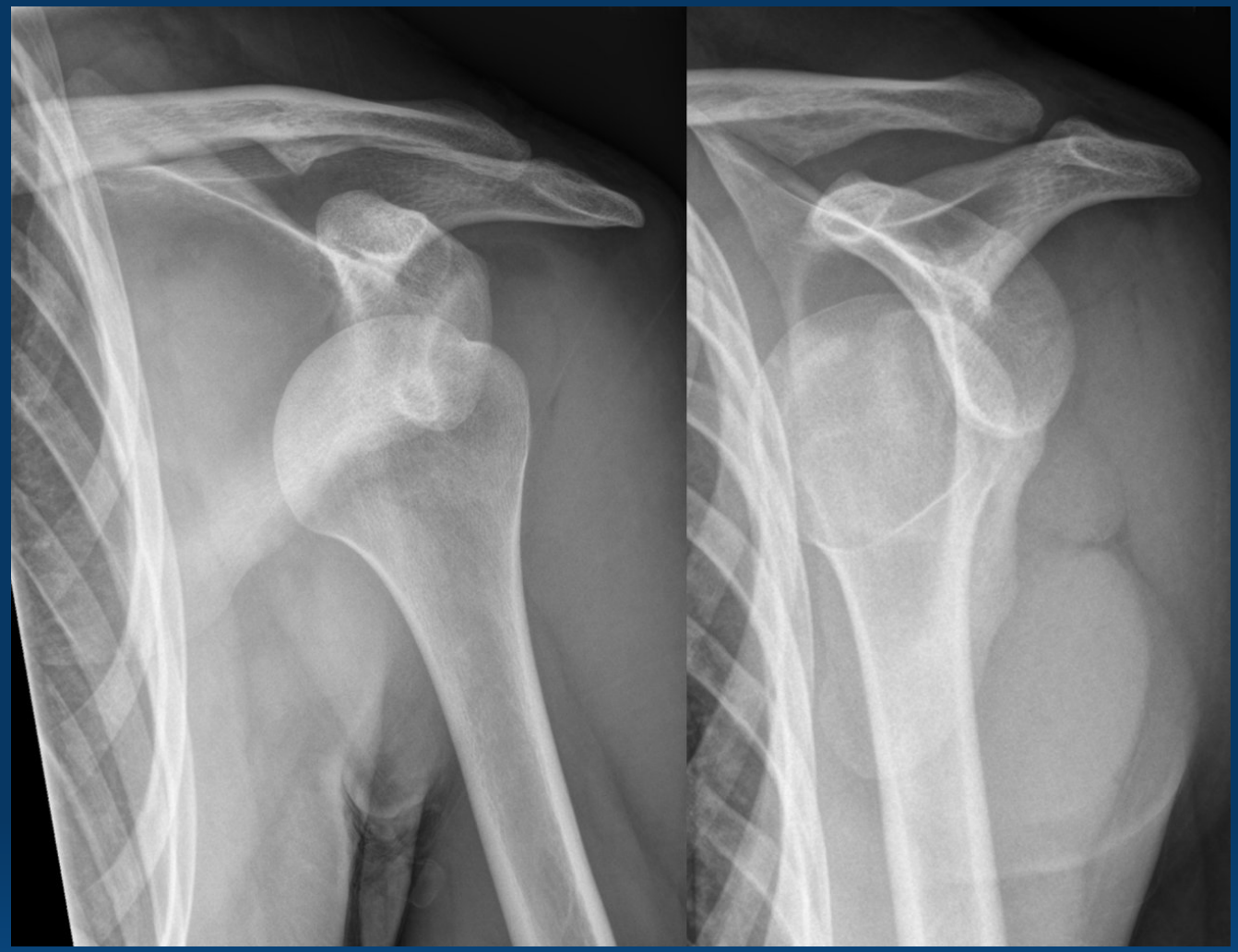


Shoulder

- High yield tendons
- High yield ligaments
- High yield Neurovascular structures
- High yield injuries

Shoulder

- Anterior shoulder dislocation

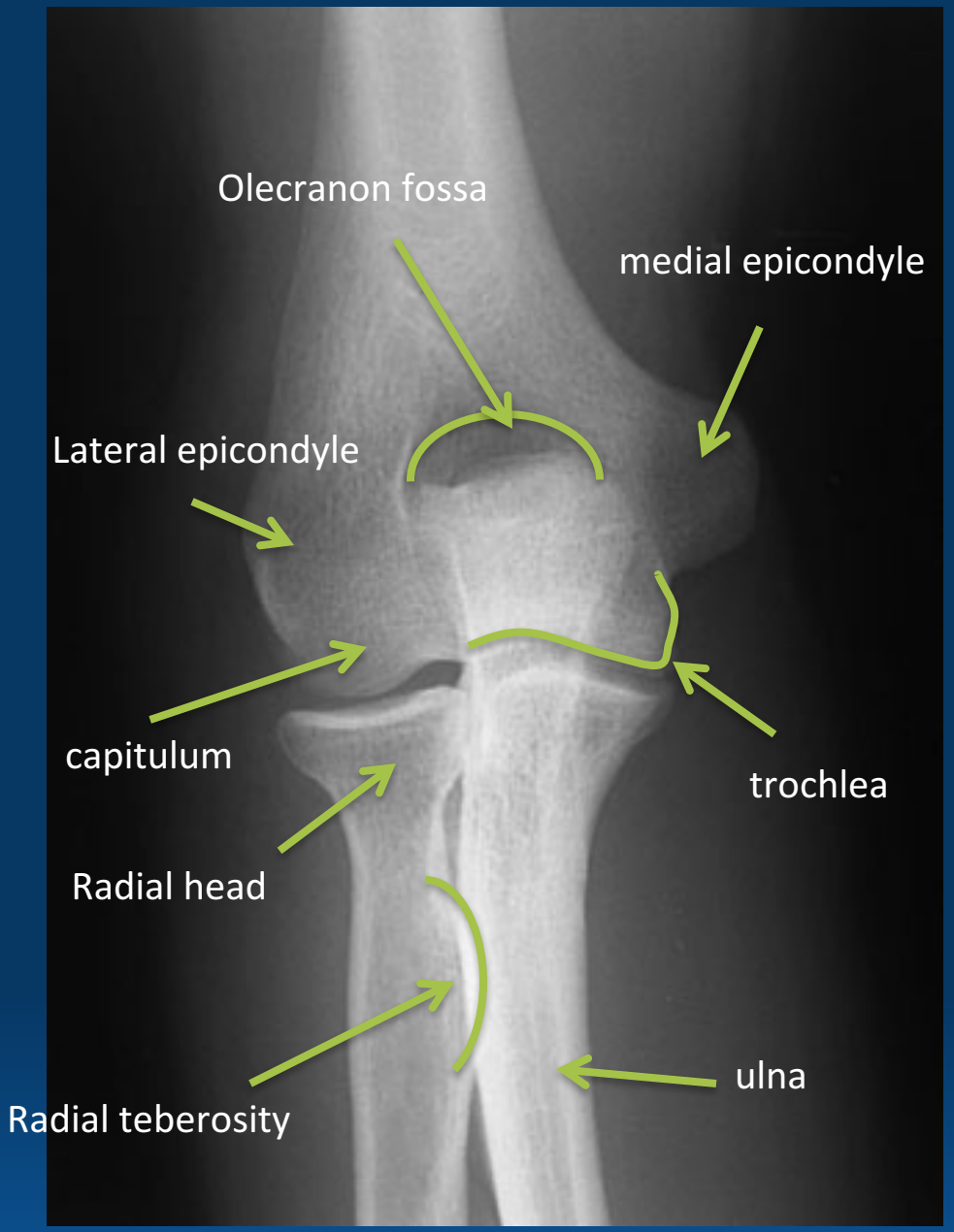


Elbow

Elbow

CHILD

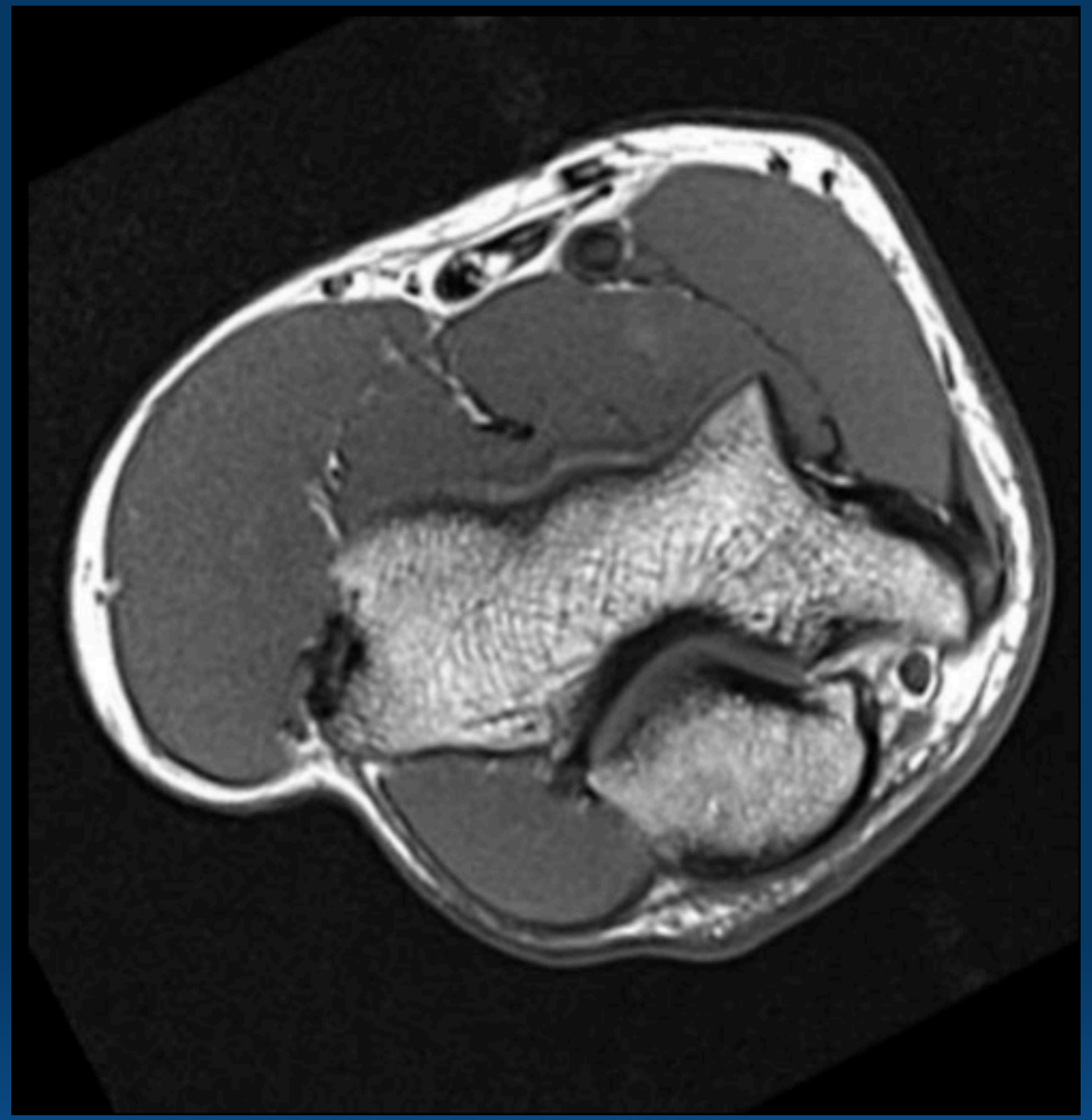
ADULT


Olecranon fossa
medial epicondyle
Lateral epicondyle
capitulum
trochlea
Radial head
Radial teberosity
ulna


humerus
Coronoid process
Radial teberosity
Olecranon fossa
Radial head
olecranon
ulna

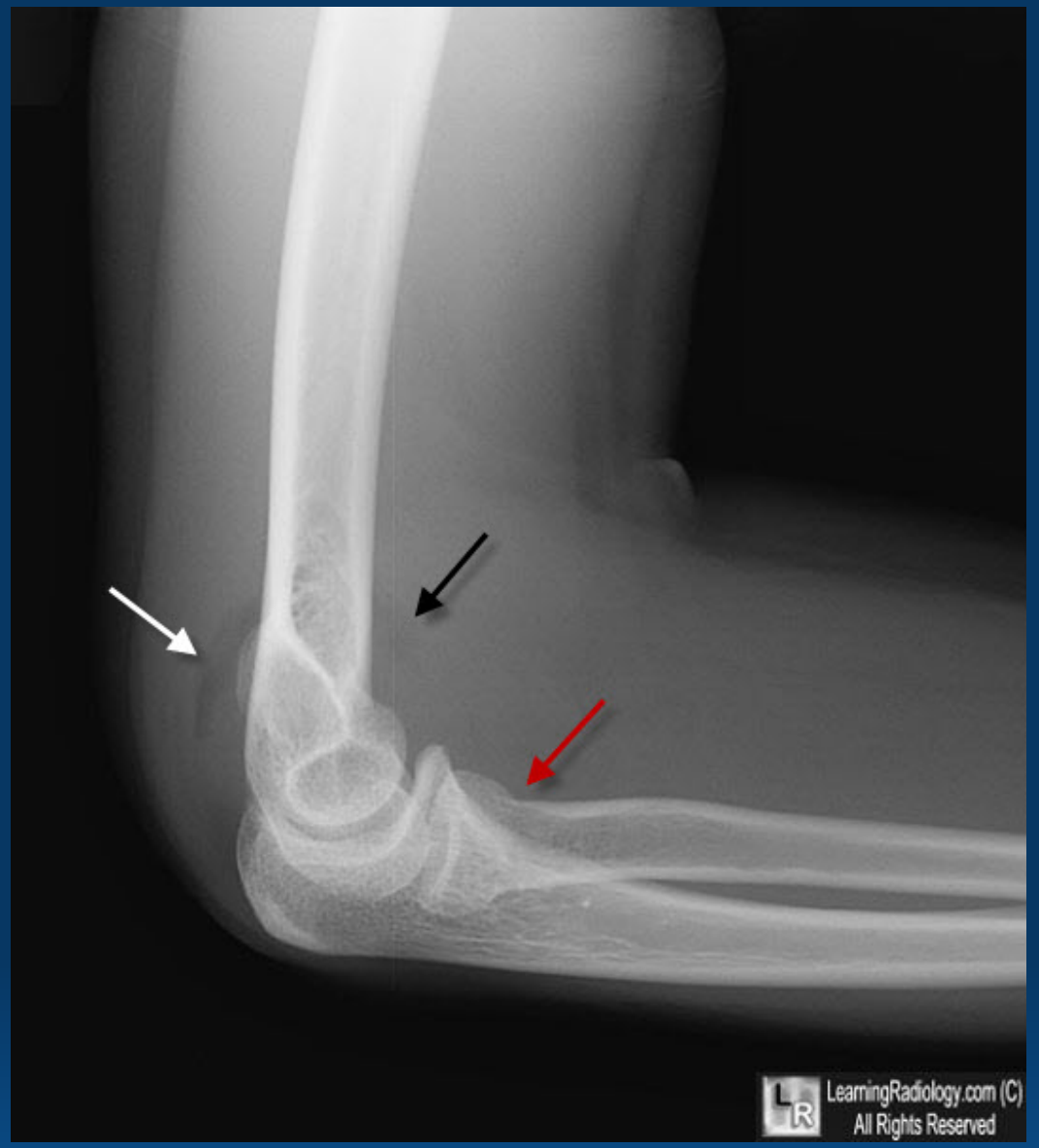
Elbow

- High yield tendons
- High yield ligaments
- High yield Neurovascular structures
- High yield injuries



Elbow

- Subtle radial head fracture, Posterior fat pad sign



Wrist/Hand

Wrist/Hand


3rd metacarpal
2nd metacarpal
4th metacarpal
1st metacarpal
5th metacarpal
trapezoid
Hock of hamate
hamate
trapezium
capitate
triquetrum
scaphoid (navicular)
pisiform
lunate
Ulnar styloid process
ulna
radius

Wrist/Hand


Distal phalanx
Middle phalanx
Distal interphalanx joint
Proximal interphalanx joint
Proximal phalanx
Metacarpophalangeal joint

Wrist/Hand

- High yield tendons
- High yield ligaments
- High yield Neurovascular structures
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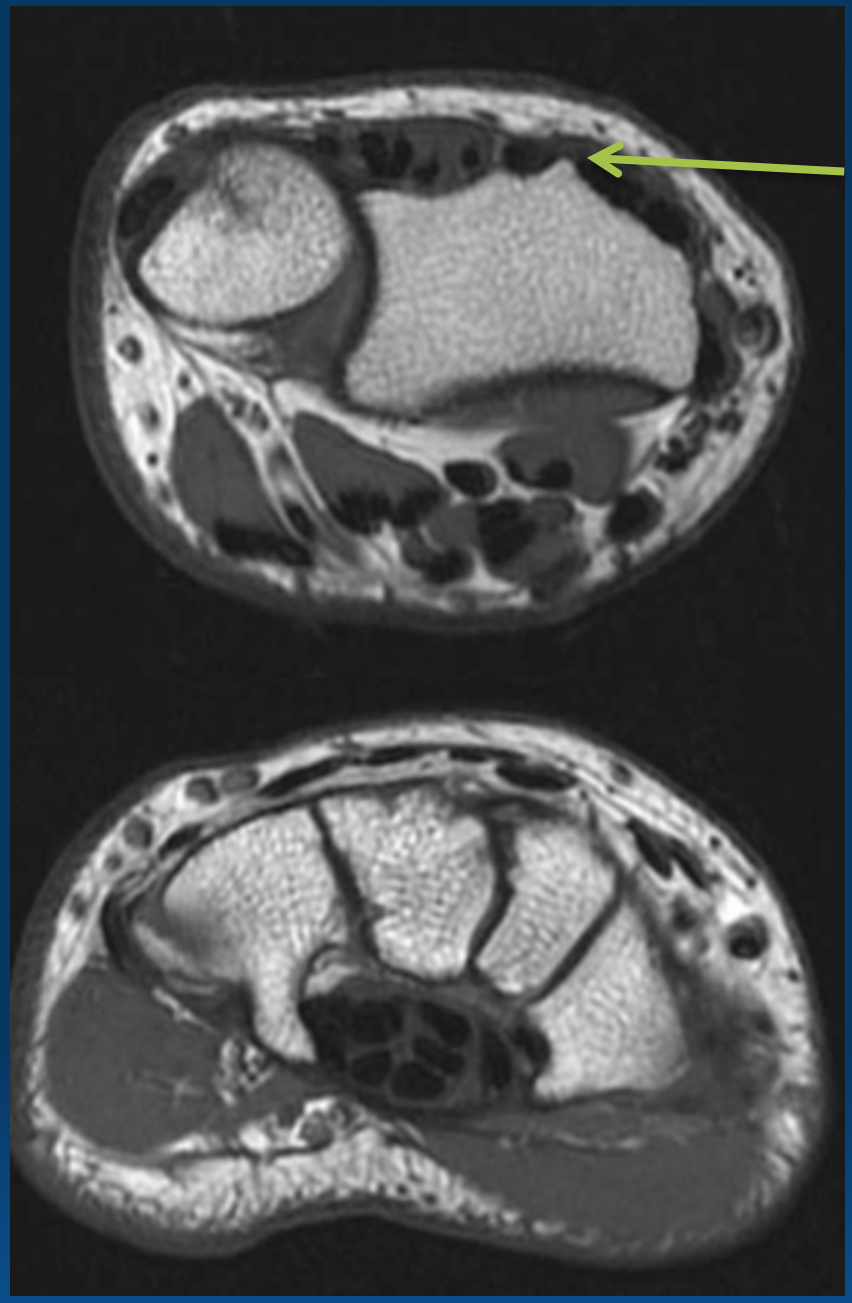

Recourses (most important slide)

- Review articles from Radiographic journal (peer reviewed)
- AAOS comprehensive orthopedic review
- Radiopedia (not peer reviewed, open source)
- Orthobullet (not peer reviewed, open source)
- E. anatomy

Take care!

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