## **Anticholinergic drugs**

#### What students should know:

Student should be able to describe:

- Kinetics of muscarinic antagonists
- The effects of atropine on the major organ systems.
- To list the clinical uses of muscarinic antagonists.
- To know adverse effects & contraindications.
- To identify one antimuscarinic agent for each of the following special uses: mydriasis, cycloplegia, peptic ulcer & parkinsonism.

## **Anticholinergic Drugs**(Cholinoreceptor blockers)

Nicotinic blockers.

Ganglionic blockers.

Neuromuscular blockers.

**Muscarinic blockers** (Parasympatholytics)

#### Classification of Antimuscarinics

1. Naturally occurring alkaloids.

Atropine – Hyoscine

2. Synthetic atropine substitutes.

# Naturally occurring alkaloids Atropine

#### **Pharmacokinetics**

- Tertiary amine ?
- Orally absorbed Cross BBB
- Metabolized in the liver, excreted in urine.
- Has short duration of action on most organs except eye.

#### **Mechanism of action**

- Reversible competitive blockade of all muscarinic receptors (NOT SELECTIVE).
- Block muscarinic actions of Ach and other parasympathomimetics.
- Can atropine reverse the action of Ach on skeletal muscles?

## Pharmacological Effects CNS

- CNS sedative action
- Vagal nucleus (CIC):
   Initial bradycardia & Tachycardia.
- Antiemetic effect (block vomiting center).
- antiparkinsonian effect (block basal ganglia).
- Toxic dose:

Hyperthermia - excitement-hallucination.

#### **CVS**

#### 1. Heart

- Initial bradycardia (central) followed by tachycardia (peripheral).
- **↑** AV conduction ( + ve dromotropic effect).

#### 2. Blood vessels

- Therapeutic dose: 
  ↓ Vasodilatation induced by cholinomimetics.
- Toxic dose: Cutaneous vasodilatation →
   (atropine flush).

## Eye

- Passive mydriasis
  - due to paralysis of circular muscle.
- Cycloplegia (loss of accommodation)
   due to paralysis of ciliary muscle.
- -Loss of light reflex.
- ↑ I.O.P # glaucoma.
- $-\downarrow$  Lacrimal secretion  $\rightarrow$  sandy eye.

#### **Secretions**

- ↓ Salivary secretion  $\rightarrow$  ( Dry mouth ).
- ↓ Sweating → Dry skin → Fever in infants and children.
- $\downarrow$  Bronchial secretion →  $\uparrow$  Viscosity.
- ↓ Lacrimal secretion  $\rightarrow$  Sandy eye.
- ↓ Gastric secretion  $\rightarrow$  ↓ Gastric motility

#### **GIT**

- -Relaxation of smooth muscles (constipation).
- -↓ GIT motility → Antispasmodic effect.
- → Sphincter contractions.

### **Urinary Tract**

- -Relaxation of the ureter smooth muscles.
- -Sphincter contraction.
- Urinary retention.

#### **Bronchial Muscles**

- Bronchial Relaxation
- ↓ Bronchial secretion  $\rightarrow$  ↑ viscosity

#### **Uses**

- 1. preanesthetic medication to:
  - ↓ Salivary & bronchial secretion.
  - Protect the heart from excessive vagal tone.
- 2. Antispasmodic in renal & intestinal colics.
- 3. Cholinomimetic or organophosphorous poisoning.
- 4. Myocardial infarction(to prevent vagal discharge).

### **Adverse effects & Toxicity**

- Blurred vision Mydriasis
- + Tachycardia Atropine flush
- Urinary retention Constipation.
- Dryness of mouth, Sandy eye
- Malignant hyperthermia.
- Hallucination, Excitationa (Toxic dose).

#### **Treatment**

- Gastric lavage.
- Anticonvulsant.
- Cooling blanket.
- Antidote: Physostigmine (IV slowly).

#### **Hyoscine (SCOPOLAMINE)**

What is difference between atropine and hyoscine? Hyoscine

- More rapid onset of action
- Shorter duration of action
- Less mydriatic action (2-4 days).
- More CNS depressant action
   Sedation Inhibition of vomiting center.
- Has amnesic action.
- Less CVS effect

#### Uses

- Preanesthetic medication
- Antiemetic action (Motion sickness).

#### Contraindications

- Glaucoma.
- Tachycardia.
- Prostate hypertrophy in old patients.
- Constipation & paralytic ileus.
- Children

### **Synthetic Atropine Substitutes**

Eye For Funduscopic Examination of the eye.

Atropine 7 days.

Homatropine 24 hours.

Cyclopentolate 12 hours.

Tropicamide 6 hours.

**GIT** 

**Peptic ulcer** 

Pirenzepine (Selective M1 blocker)

Antispasmodic
Hyoscine butyl bromide
Oxyphenonium.

Dicyclomine Propantheline. Glycopyrrolate.

#### **Parkinsonism**

- Benztropine.
- Trihexphenidyl.

#### **Bronchial Asthma**

Ipratropium bromide

- Quaternary compound.
- Taken by inhalation as aerosol (bronchodilator).
- Little effect on viscosity.
- Useful in COPD patients.

#### **USES** of antimuscarinics

- AS mydriatics.
- + Bronchial asthma.
- Antispasmodic for intestinal and renal colics
- Traveller 's diarrhea
- Peptic ulcer
- Antiparkinsonian.
- Antiemetic, motion sickness (Hyoscine).
- Pre-anesthetic medication.
- Cholinomimetics intoxication
- Urinary incontinence in adults

## **Direct cholinomimetic drugs**

ACh	
Methacholine	
Carbachol	Paralytic ileus Urinary retention Glaucoma
Bethanechol	Paralytic ileus Urinary retention
Pilocarpine	Glaucoma
Cevimeline	Sjogren's syndrome.

## Indirect cholinomimetic drugs (Anticholinesterases)

Edrophonium	Diagnosis of Myasthenia gravis. Supraventricular tachycardia
Neostigmine	Myasthenia gravis treatment, Paralytic ileus Urinary retention
Physostigmine	Glaucoma atropine toxicity
Ambenonium Pyridostigmine	Myasthenia gravis treatment

**Ecothiophate** 

Isofluorophate

Donepezil

**Tacrine** 

Glaucoma.

Alzheimer disease

### **Antimuscarinic drugs**

Atropine	Preanesthetic medication - Antispasmodic
Hyoscine	Motion sickness - Preanesthetic medication Antispasmodic
Pirenzepine	Peptic ulcer
Ipratropium	Asthma
Benztropine	Parkinsonism
Dicyclomine Oxyphenonium	Antispasmodics
Tropicamide Cyclopentolate Homatropine	Fundus examination

