

| Drug | MOA | Pharmacokinetics | Uses | Adverse effect |
|--|--|--|--|--|
| A) ACUTE ATTACK I. ABORTIVE THERAPY | | | | |
| Drug used on : a. ERGOTS (Non-Selective) Ergotamine tartarate Dihydroergotamine | Agonism at 5HT₁. At presynaptic trigeminal nerve endings → ↓ release of vasodilating peptides ↓ excessive firing of these nerve endings. At blood vessels → ↓ vasodilation & stretching of the pain endings by ↓ transmitter release in the perivascular space Partial agonist effect on α-adrenoceptors → vasoconstriction | Ergotamine tartarate: Oral absorption → low bioavailability. Sublingual → Low bioavailability. Rectal suppository → Better bioavailability. Elimination → Extensive hepatic 1st pass metabolism. Excretion → 90% of metabolites in bile Traces unmetabolized → urine & feces. T _{1/2} 2 hrs, BUT , vasoconstriction → 24 hr (↑ tissue binding). Present in all forms. Dihydroergotamine: More rapid hepatic clearance. Present in → nasal spray, inhaler & injections. | Frequent, moderate attack. Infrequent severe attack. Dihydroergotamine → severe recurrent attack. Contraindications: Pregnancy & miscarriage. Heart disease. Hypertension. Liver and kidney diseases. Fever, sepsis. For prophylaxis of migraine. With TRIPTANES. With β-blocker. | N & V, abdominal pain & diarrhea. Feeling of cold and numbness of limbs, tingling Hallucination. Pericardial distress... Prolong use → rebound headache due to vasodilatation followed by vasoconstriction. Prolong use & high dose → paraesthesia & gangrene. |
| b. TRIPTANES (Selective) Sumatriptan → Nasal spray, & injectable Oral bioavailability low / Subcutaneous bioavailability is 97%, peaks after 2 min & t _{1/2} nearly 2 hours Naratriptan → Orally Oral bioavailability 70%, peaks after 2 hrs & t _{1/2} nearly 6 hours (longer duration) ZOLMITRIPTAN → nasal spray, and injectable forms Oral bioavailability 40%, peaks after 2 hrs & t _{1/2} nearly 3 hours | Agonism at 5HT₁. At presynaptic trigeminal nerve endings → ↓ release of vasodilating peptides ↓ excessive firing of these nerve endings At meningeal , dural, cerebral vessels → ↓ vasodilation & stretching of the pain endings. | Contraindications: -Peripheral vasospastic diseases. -Uncontrolled hypertension. -History of ischemia. -Cerebrovascular disorders. -In concurrent use with ergots or others inducing vasospasm. -In concurrent use with MAOIs, lithium, SSRIs, → (5HT) = not given with antidepressant drugs -Renal or hepatic impairment (specially with NARA >RIZOTRIPTAN) | -To abort attacks in patients with frequent, moderate or infrequent but severe attacks. - In cluster headache | -Mild pain & burning sensation at the site of injection. -Paraesthesia, tingling, warmth, heaviness. -Flushing / Dizziness. -Hypertension. -Vasospasm -Ischemic heart; Angina → M.I -Arrhythmias In zolmitriptan: -Chest and neck tightness. -Somnolence |

2. Rescue therapy

1) **Analgesics:** NSAIDs / Aspirin < Acetaminophen, Non-opioid: μ agonist; Tramadol - *act on 5HT & NE receptors*, Sedatives; Butalbital

2) **Antiemetics:**

A) Dopamine Antagonists: Domperidone, **Promethazine**, **5HT₃ antagonists:** Ondansetron - Granisetron, **H₁ antagonist:** Meclizine

Others: Steroids

B) PREVENT RECURRENCE

- ↓ recurrence frequency, severity, duration & / or disability
- ↑ responsiveness to abortive therapy

- if the patient usually suffers from the recurrence attack he should take preventive therapy to reduce the recurrences. Full effect of therapy needs several weeks to manifest & should continue for 6 months & can be repeated.

a. Antiepileptics:

Block Na channel & augment GABA at GABA-A receptors → **Gabapentin**

Topiramate: weight loss & dyesthesia.

Valproic: weight gain, hair loss, polycystic ovary → **not given to young females.**

b. Antidepressants:

Pizotifen,
TCA.

SSRIs.

c. Antihypertensives:

β blockers: Propranolol, atenolol, metoprolol, **Not in young & anxious nor in elderly & depressed, diabetic.**

Ca Channel Blockers:

Cinnarazine, flunarizine, verapamil.

ACEIs: angiotensin converting enzyme inhibitor → **lisinopril.**

ARB: angiotensin II receptor blocker
→ **candesartan.**

d. Antispastic muscle relaxants:

Tizanidine, Botulinum toxins