

# Role of Salivary Glands and Stomach in Digestion

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## Background:

- Most of dietary foodstuffs are ingested in the form that cannot be readily absorbed from the digestive tract
- Digestion: The breakdown of the naturally occurring foodstuffs into smaller, easily absorbable forms

**Digestion:** it consists of 2 mechanisms:

- Mechanical effects:  
e.g., mastication (in the mouth)
- Enzymatic effects:  
Digestive enzymes “hydrolases” (in the GI)

## End products of digestion:

- Carbohydrates → Monosaccharides e.g: glucose
- Triacylglycerols (TAG) → Fatty acids & monoacylglycerols. 95% of the fat in the diet are TAGs, that's why fats are presented as TAGs
- Proteins → Amino acids

## Role of Salivary Glands in Digestion

- They secrete saliva
- Saliva:
  - Acts as lubricant
  - Contains salivary  $\alpha$ -amylase to digest carbohydrates
  - Contains lingual lipase to digest lipids

**Salivary  $\alpha$ -Amylase** “it is called salivary  $\alpha$ -Amylase because there is another type which is the pancreatic”

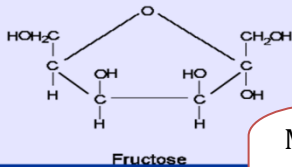
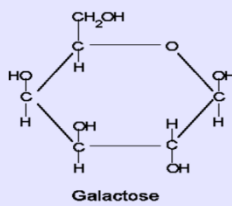
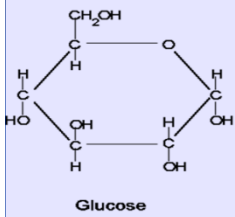
- ✓ Secreted by: Parotid glands
- ✓ Optimum pH: 6.6 – 6.8 (not acid stable, it gets inactivated in the stomach)
- ✓ Substrate: Starch from plants and glycogen from animals
- ✓ Hydrolyzes:  $\alpha(1,4)$  glycosidic bonds
- ✓ Produces: Short oligosaccharides

Classification of fatty acids according to their length:

- Short (2-4) carbon atoms
- Medium (12 – 12) sometimes to 14
- Long (14 -20)
- Very long above 20

## Simple sugars:

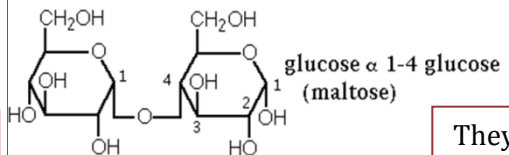
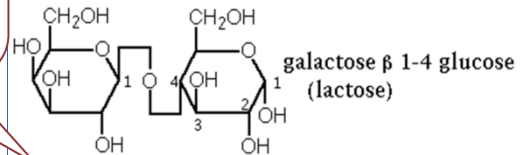
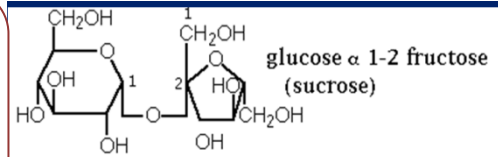
### Structures of Common Monosaccharides



Mainly, each monosaccharide consists of 6 carbons. Alpha amylase cleaves the 1-4 bonds between the carbon atoms

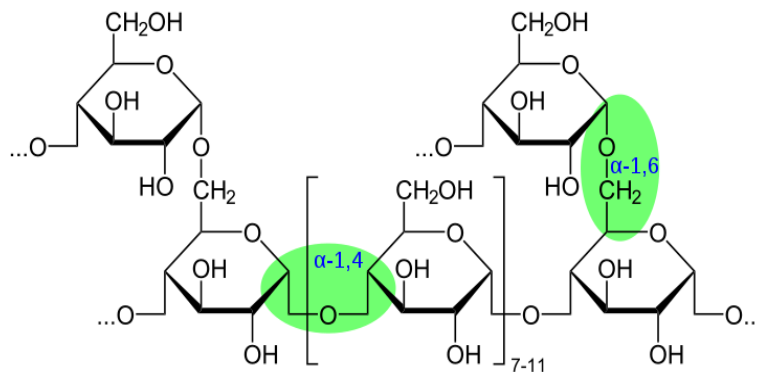
Alpha amylase cannot work on disaccharides; they require certain enzymes to cleave them

## Disaccharides:



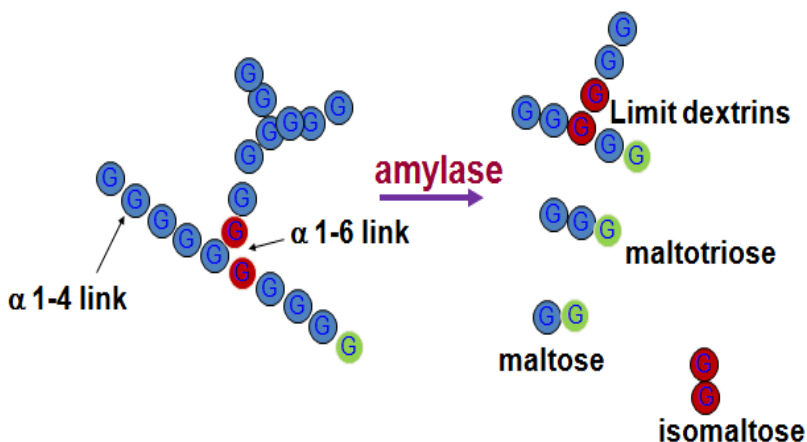
They require  
sucrase  
Lactase  
maltase

## Types of bonds:



## Digestion

- Pre-stomach – Salivary amylase : a 1-4 endoglycosidase



Note: alpha amylase cannot cleave cellulose because it contains beta 1-4 bonds

Key- We must breakdown these very large oligosaccharides into monosaccharides in order to absorb them. Alpha amylase. – Cannot attack  $\alpha$ 1-4 linkase close to 1-6 branch points.

Why do we get:

- Maltose? Because maltose is a disaccharide which we can't cleave by alpha amylase.
- Isomaltos? Because it is linked by alpha 1-6 bonds
- Maltotriose? Because it can't work on periphery to cleave (the green atom)

## Hydrolysis of $\alpha(1,4)$ Glycosidic Bonds

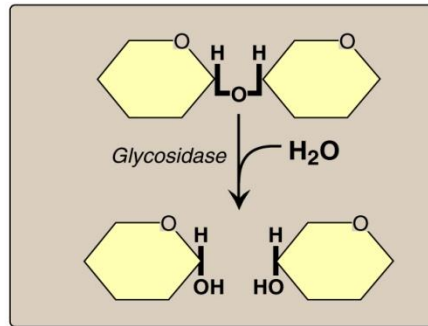


Figure 7.8  
Hydrolysis of a glycosidic bond.  
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## Effect of $\alpha$ -Amylase on Glycogen

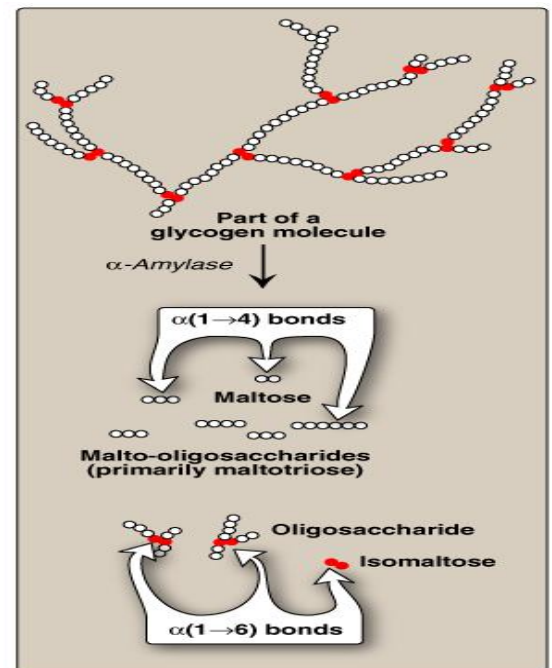
- Hydrolysis of:

$\alpha(1,4)$  glycosidic bonds

- Products:

Mixture of short oligosaccharides (both branched & unbranched)

Disaccharides: Maltose and isomaltose



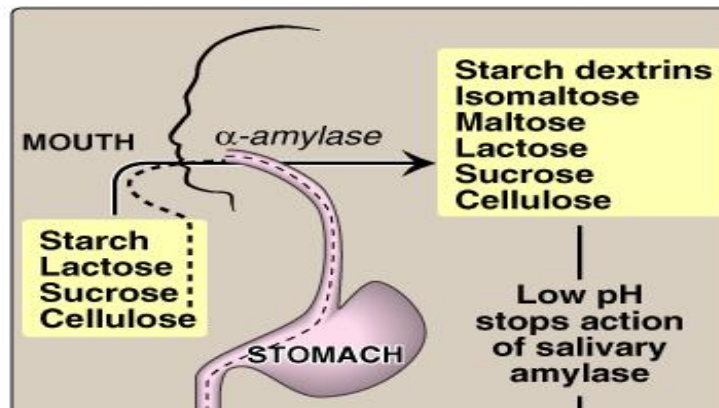
## Salivary $\alpha$ -Amylase

- Its digestive action on the polysaccharides is of little significance because of the short time during which the enzyme can act on the food in the mouth
- Salivary amylase is inactivated by the acidity of stomach (The enzyme is inactivated at pH 4.0 or less)

### Salivary $\alpha$ -amylase does not hydrolyze:

- $\alpha(1,6)$  glycosidic bonds (The branch points of starch and glycogen). [Pancreatic lipase hydrolyzes it](#)
- cannot act on:  $\beta(1,4)$  glycosidic bonds of cellulose. [Cellulose is helpful in constipation](#)
- does not hydrolyze disaccharides

## Digestion of Carbohydrates in the Mouth



Carbohydrates are the only micronutrients that their digestion starts at the mouth

### Lingual Lipase “it is called lingual lipase because there is another type which is the pancreatic”

- Secreted by the dorsal surface of the tongue (Ebner’s glands)
- Acts in the stomach for the digestion of TAG (it’s acid stable)
- Produces fatty acids and monoacylglycerols
- Its role is of little significance in adult humans

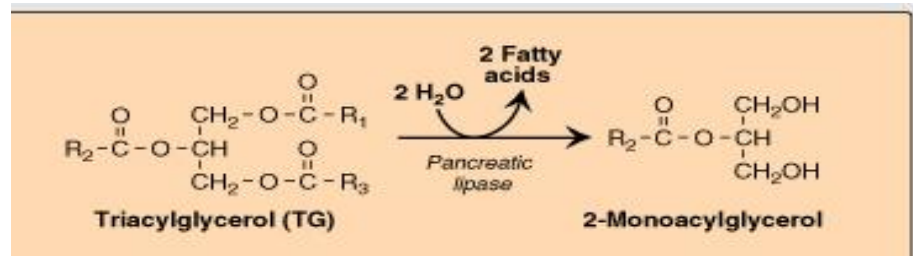
### Role of Stomach in Digestion

- No further digestion of carbohydrates
- Lipid digestion begins by lingual and gastric lipases
- Protein digestion begins by pepsin and rennin

### Lingual and Gastric Lipases (Acid-Stable Lipases)

- Substrate: TAG molecules, containing medium- and short-chain fatty acids; such as found in milk fat
- The end products are:  
2-monoacylglycerols and fatty acids
- The role of both lipases in lipid digestion is of little significance in adult human  
(Lack of lipid emulsification that occurs in duodenum)

## Lingual and Gastric Lipases



Target substrate for acid-stable lipases is TAG containing:



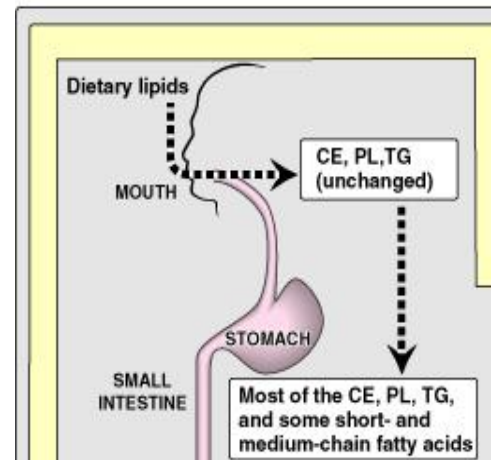
## Lingual and Gastric Lipases

- They are important in neonates and infants for the digestion of TAG of milk
- They are also important in patients with pancreatic insufficiency where there is absence of pancreatic lipase. To compensate the loss

## Digestion of Lipids in Stomach

- In adults, no significant effects because of lack of emulsification that occurs in duodenum
- In neonates and infants, digestion of milk TAG and production of short- and medium-chain fatty acids

Emulsification: is the process by which the bile salt converts big droplets of fats into small droplets, this process will help the enzymes to work easier



## Pepsin

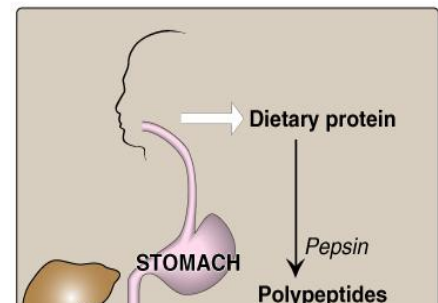
- Secreted by chief cells of stomach as inactive proenzyme, pepsinogen
- Activated by HCl and autocatalytically by pepsin
- Acid-stable, endopeptidase
- Substrate: denatured dietary proteins (by HCl)
- End product: Smaller polypeptides

## Rennin

- Secreted by chief cells of stomach in neonates and infants
- Substrate: Casein of milk (in the presence of calcium)
- End product: Paracasein with the formation of milk clot
- Effect: It prevents rapid passage of milk from stomach, allowing more time for action of pepsin on milk proteins

## Digestion of Dietary Proteins in Stomach

- HCl:
  - Denatures proteins
  - Activates pepsin
- Pepsin:
  - Cleaves proteins into
  - polypeptides
- Rennin:
  - Formation of milk clot



## Take Home Message

- Digestion involves both mechanical and enzymatic processes
- Digestion makes dietary foodstuffs readily absorbable by the digestive tract
- Salivary  $\alpha$ -amylase is of limited, but initial effect on digestion of starch and glycogen in the mouth
- Salivary  $\alpha$ -amylase converts starch and glycogen into short, branched oligosaccharides
- Limited digestion of TAG begins in the stomach by both lingual and gastric lipases producing 2-monoacylglycerols and fatty acids
- Digestion of proteins begins in the stomach by pepsin producing smaller polypeptides
- In neonates and infants, digestion of milk occurs in stomach by:
  - Acid-stable lipases for digestion of milk fat
  - Rennin and pepsin for digestion of milk proteins