

GIT Block  
Physiology Team  
431

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Team Notes

Important

Male Additions

Additional info

## BV Learning objectives:

Mastication and Chewing reflex

Salivary glands

- Secretory Unit (salivon)
- Secretion of saliva and its characteristics
- Composition of saliva
- Secretion of water & electrolytes by salivary glands
- Saliva and its flow rate
- Functions of saliva
- Control of secretion by sympathetic and parasympathetic nervous systems
- Unconditioned and conditioned reflexes

## Mastication (Chewing)

### Functions:

- 1-To lubricate the bolus with salivary secretion
- 2-To breakdown the bolus to small particles
- 3-To begin digestion of carbohydrate (amylase).

### Teeth organization:

- Anterior teeth (incisors) for cutting
- Posterior teeth (molars) for grinding
- Chewing muscles are innervated by cranial nerve V :
- Masseter
  - Temporalis
    - Lateral Pterygoid
    - Medial Pterygoid

-Taste center (Hypothalamus). rhythmical chewing movements

Chewing reflex & stretch reflex

### Chewing reflex & stretch reflex :

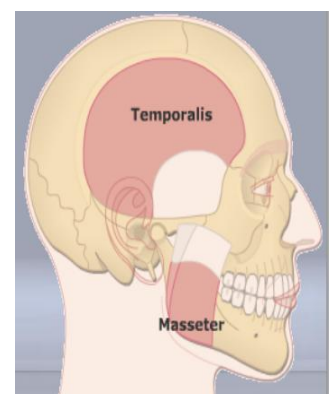
- The presence of a bolus of food in the mouth at first initiates reflex inhibition of the muscles of mastication, which allows the lower jaw to drop.

**Bolus:** mass of food that has been chewed and mixed with saliva .In the Esophagus

**Chyme:** Partially digested food which is semifluid and mixed with gastric juice. In Stomach and intestine.

Carbohydrate digestion gets start in mouth by  $\alpha$ - amylase that released from salivary gland

Ptyalin is the most important and active enzyme in the mouth.

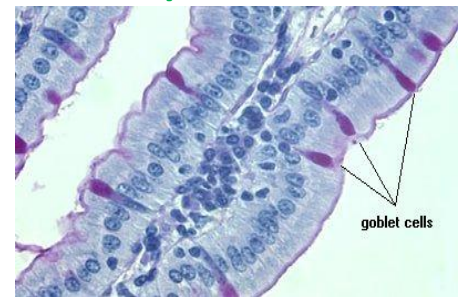


- The drop in turn initiates a stretch reflex of the jaw muscles that leads to rebound contraction .
- This automatically raises the jaw to cause closure of the teeth, but it also compresses the bolus again against the linings of the mouth, which inhibits the jaw muscles once again, allowing the jaw to drop and rebound another time; this is repeated again and again .

**Chewing is Voluntary or done by Reflex mechanisms?** It Begins voluntary then continued by reflex mechanisms

### Anatomical Types of Glands:

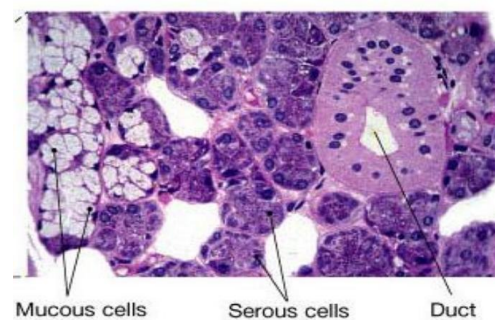
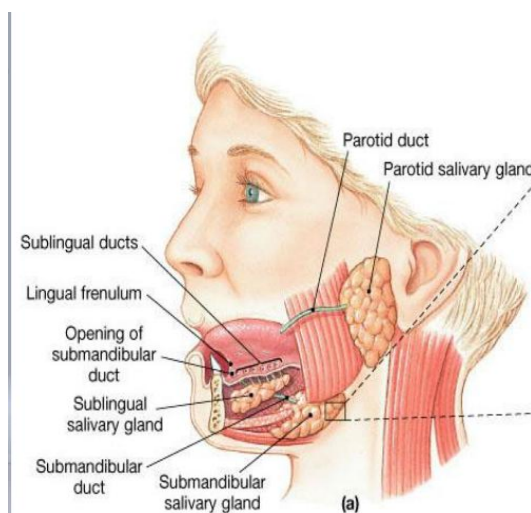
1. Single-cell mucous glands (goblet cells), they produce mucus.
2. Crypts of Lieberkühn at the mucosal pits.
3. Tubular glands (in the stomach and duodenum)
4. Salivary glands, pancreas, and liver.



### Salivary Glands

The principal glands of salivation are :

1. Parotid glands
2. Submandibular (Submaxillary) glands
3. Sublingual glands
4. Smaller glands in mucosa of tongue ,palate, etc .



## Secretory Unit (Salivon)

- Salivary glands are typical exocrine glands .
- The basic unit "salivon" consists of :
  - Acinus -initial secretory process, **The main cell that can contact with blood and get the component such as : electrolytes. And they have ability to synthesize enzyme such as : lingual lipase ,  $\alpha$  – amylase .** has 2 types of cells: serous & larger mucous cells
  - Intercalated duct -initial portion of duct
  - **Striated duct -modification of secretory product**
    - ductal cell has the capability to reabsorb Na, Cl in huge amount back to blood. And Secrete K, HCO<sub>3</sub> into the lumen by Na-H exchange, Cl-HCO<sub>3</sub> exchange, H-K exchange.
    - It is impermeable to water.
      - Myoepithelial cells :
        - smooth muscle that can squeeze the acinus cell to produce saliva into the lumen of the duct.
        - Surround acinus and intercalated duct
        - Contraction moves saliva, prevents development of back pressure.

### Difference between Exocrine and Endocrine glands:

Exocrine glands have ducts to carry their secretions to specific locations. Ex. salivary glands whose ducts carry saliva to the mouth. Endocrine glands are glands of "internal secretion" whose secretions are usually secreted directly into the blood.

**In Striated Duct..** Saliva is modified to be

**hypotonic**

( NaCl concentration is less than plasma NaCl

## Secretion of Saliva

Saliva contains two major types of secretion :

### 1-Aqueous fluids (a serous secretion)

- Water, ions and enzymes such as ptyalin (an  $\alpha$ -amylase)
- **Submandibular and Sublingual glands**
- **Parotid, Submandibular and Sublingual glands**

2-Mucus secretion (mucin )

**Submandibular and Sublingual glands**

**So ..** Parotid Gland is Purely Serous.

**But..** Submandibular and Sublingual glands are mixed glands.

## Characteristics of saliva

- Daily secretion of saliva = 800-1500 mL

- Specific gravity: 1002-1010

**-It is hypotonic .**

**- pH: 6-7**

-Composition: Water (99.5%) and solids (0.5) which include organic and inorganic constituents .

**Saliva** is the Only Git secretion which is hypotonic and slightly acidic.

## The organic constituents include -:

### 1-Enzymes as :

-  $\alpha$ -amylase (from parotid glands)

- Lingual lipase

- Kallikrin : protease, from acinar cells

(Catalyzes production of bradykinin(vasodilator) from  $\alpha$ -globulin)

Increases local blood flow

-Muramidase (lyses muramic acid of Staphylococcus)

Lactoferrin, lysozymes

Digestive Enzymes

**Lactoferrin** will remove iron from Bacteria and cause Bacterail death.  
**EGFR** helps healing Mucosal ulcers.

### 2- IgA and epithelial growth factor (EGFR)

### 3-Mucus

Mucus is a thick secretion composed mainly of water, electrolytes, and glycoproteins.

It is an excellent lubricant and a protectant for the wall of the gut because of the following :

1-It has adherent qualities that make it adhere tightly to the Food.

2- It causes food particles to adhere to one another .

3- It coats the wall of the gut and prevents actual contact of most food particles with the mucosa .

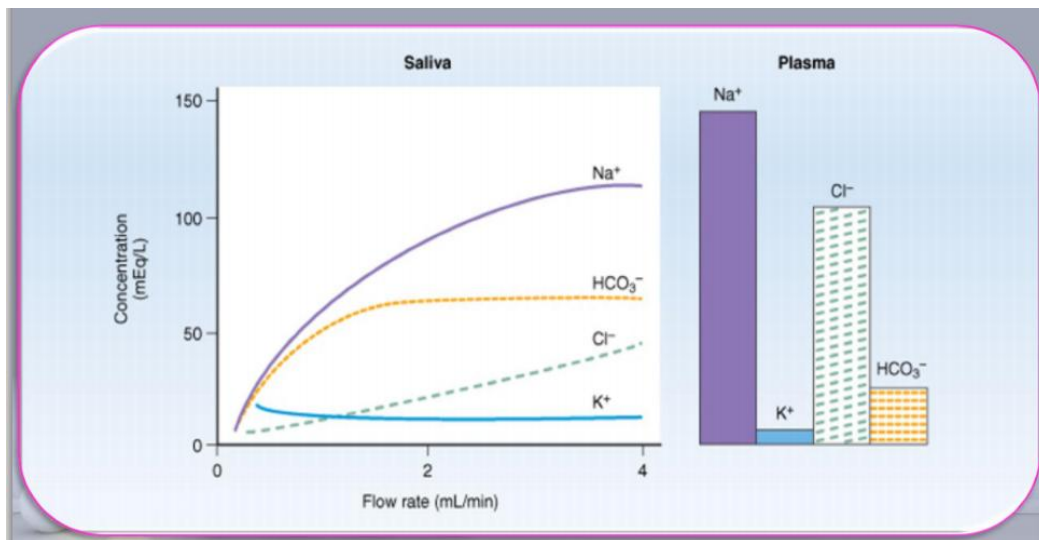
4- It has a low resistance for slippage .

**5- It is strongly resistant to digestion by the GI enzymes .**

6- The glycoproteins of mucus have amphoteric properties (buffering small amounts of either acids or alkalies )

## The inorganic constituents include -:

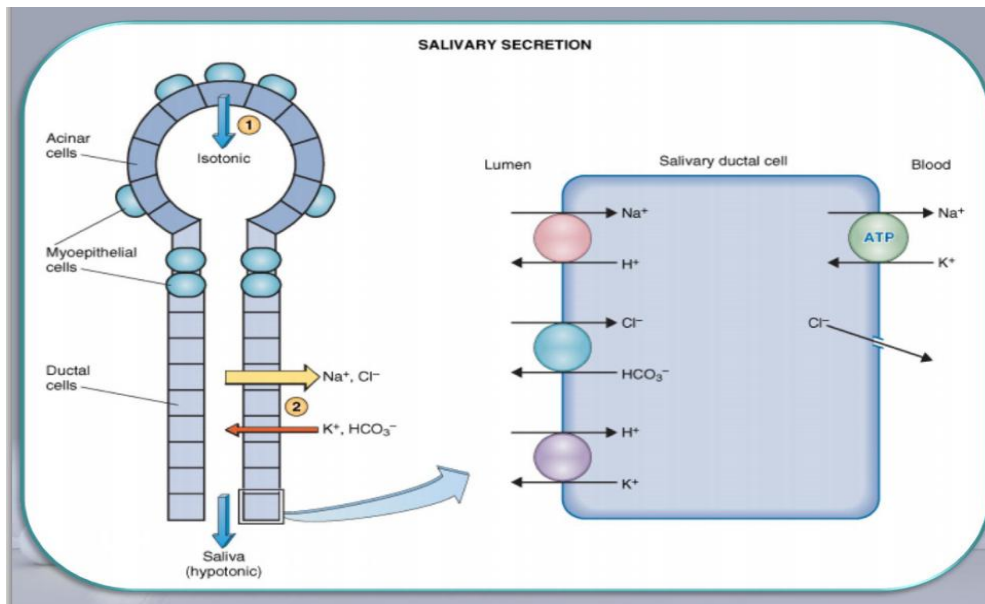
- $\text{Na}^+$ ,  $\text{Cl}^-$ . Their concentration is less than those of Plasma.
- $\text{K}^+$ ,  $\text{HCO}_3^-$  are found at higher concentration than that in plasma .
- $\text{Ca}^{++}$  and  $\text{P}^{+3}$  .
- The concentration of these ions depends on the rate of salivary flow .
- At low flow rate, salivary secretions have :
  - High  $\text{K}^+$  and  $\text{HCO}_3^-$  -
  - Low  $\text{Na}^+$  and  $\text{Cl}^-$  -



Secretion of water and electrolytes by salivary glands The secretion of  $\text{H}_2\text{O}$  & electrolytes occurs in **two stages**.

First, a primary secretion in the acini; which is secondarily modified at the level of the striated ducts .

- 1- The **primary acinar secretion is isotonic to plasma**. The amylase concentration and the rate of its secretion vary with the level and type of stimulation. The electrolyte composition is similar to that of plasma.



2- The striated ducts modify the primary secretion by extracting  $\text{Na}^+$  &  $\text{Cl}^-$  from, and adding  $\text{K}^+$  &  $\text{HCO}_3^-$  to the saliva.  $\text{Na}^+$  is actively reabsorbed unaccompanied by  $\text{H}_2\text{O}$ , and  $\text{K}^+$  is secreted while  $\text{HCO}_3^-$  is actively secreted. This process is influenced by aldosterone.

• Because the ducts remove more  $\text{Na}^+$  &  $\text{Cl}^-$  ions from saliva than they add  $\text{K}^+$  and  $\text{HCO}_3^-$ , saliva becomes progressively more hypotonic as it flows through the ducts .

The concentration of electrolytes depends on the flow rate as follows:

### **Under resting conditions :**

- The concentration of  $\text{Na}^+$  and  $\text{Cl}^-$  in saliva are 1/7 their concentration in plasma .
- The concentration of  $\text{K}^+$  is 7 times greater than in plasma .
- The concentration of  $\text{HCO}_3^-$  is 2-3 times that of plasma .

### **Under maximum secretion:**

- The concentration of  $\text{Na}^+$  and  $\text{Cl}^-$  in saliva rises to

2/3 , 1/2 their concentration in plasma .

- The concentration of K<sup>+</sup> falls to only 4 times that of plasma .

### **In presence of excess aldosterone secretion:**

-NaCl reabsorption and K<sup>+</sup> secretion increase so that NaCl concentration in saliva decreases to almost zero, while K<sup>+</sup> concentration increases .

### **Functions of saliva**

1- Saliva moistens and lubricates food and thus facilitates swallowing

2-Saliva keeps the oral mucosa moist and so helps movement of tongue and lips in speech

3- Saliva has a digestive function -:  $\alpha$ -amylase and Lingual lipase

### **Ptyalin ( Salivary $\alpha$ Amylase) :**

Ptyalin will not work in the stomach because of low PH but when it leaves and enter duodenum it will work again.

- It is secreted mainly from parotid gland .

- It cleaves  $\alpha$  -1 ,4-glycosidic bonds and breaks down starch to maltose, dextrans and maltotriose .

- Its optimum pH = 6.8 .

- Inactivated at pH 4 but continues to work for sometime in unmixed food in Oral portion of stomach for about half an hour and is arrested only when gastric acid penetrates the food mass

### **Lingual Lipase:**

- It is secreted from serous salivary glands on the tongue; it breaks down triglycerides into monoglycerides and fatty acids. Its action may continue in the stomach after food is swallowed.

4- By acting as a solvent, saliva is important for the sense of taste. Any substance must first dissolve in saliva before it can be sensed by the taste buds .



5- Saliva prevents the deteriorative process of oral mucosa in several ways -:

- a. The flow of saliva helps wash away the pathogenic bacteria as well as the food particle that provide their metabolic support .
- b. Saliva contains several factors that destroy bacteria as thiocyanate ions, lysozyme and proteolytic enzymes. Lactoferrin can deprive bacteria of iron .
- c. Saliva contains significant amount of protein antibodies (IgA) that can destroy the oral bacteria .

6- Buffering action, saliva neutralizes any acids that may result from bacterial action, also swallowed saliva may help to neutralize gastric HCl in empty stomach .

7- The epidermal growth factor in salivary secretion is responsible for healing of ulcers in the mucous membrane of oral cavity .

### Control of Salivary Secretion

- Unique aspect of control of salivary secretion
- Secretion rate depends entirely on neural control ,autonomic nervous system (ANS)(
- Both Parasympathetic and Sympathetic lead to increase secretion
- **Composition is modified by Aldosterone :**

i. Increases Na<sup>+</sup> , Cl<sup>-</sup> reabsorption

ii. Increases K<sup>+</sup> secretion

### Parasympathetic:

Origin :Salivary nucleus in medulla

Outflow :CN VII & IX

Transmitter :Ach

Increases stimulation in response to Conditioned reflexes (taste, smell)

Decreases stimulation due to Sleep, fear, dehydration.

The Only secretion that is controlled entirely be **neural** control. We do not have hormonal control here.

Stimulates

- The secretion (protein poor, high k and HCO<sub>3</sub>)
- The contraction of myoepithelial cell
- The metabolic rate
- The blood flow due to marked vasodilatation. This occurs due to the release of kallikrin enzyme from active gland tissues which cause conversion of  $\alpha_2$  globulin into bradykinine, a potent vasodilator .
- The direct innervation of blood vessels
- The growth and development of different cells
- Sectioning of parasympathetic markedly decreases flow & leads to atrophy

### Sympathetic:

Origin :Intermediolateral gray T1-T3

Transmitter Norepinephrine

Stimulates:

- **Secretion (mostly enzymes)**
- Contraction of myoepithelial cell
- Metabolic rate
- Growth and development of different cells

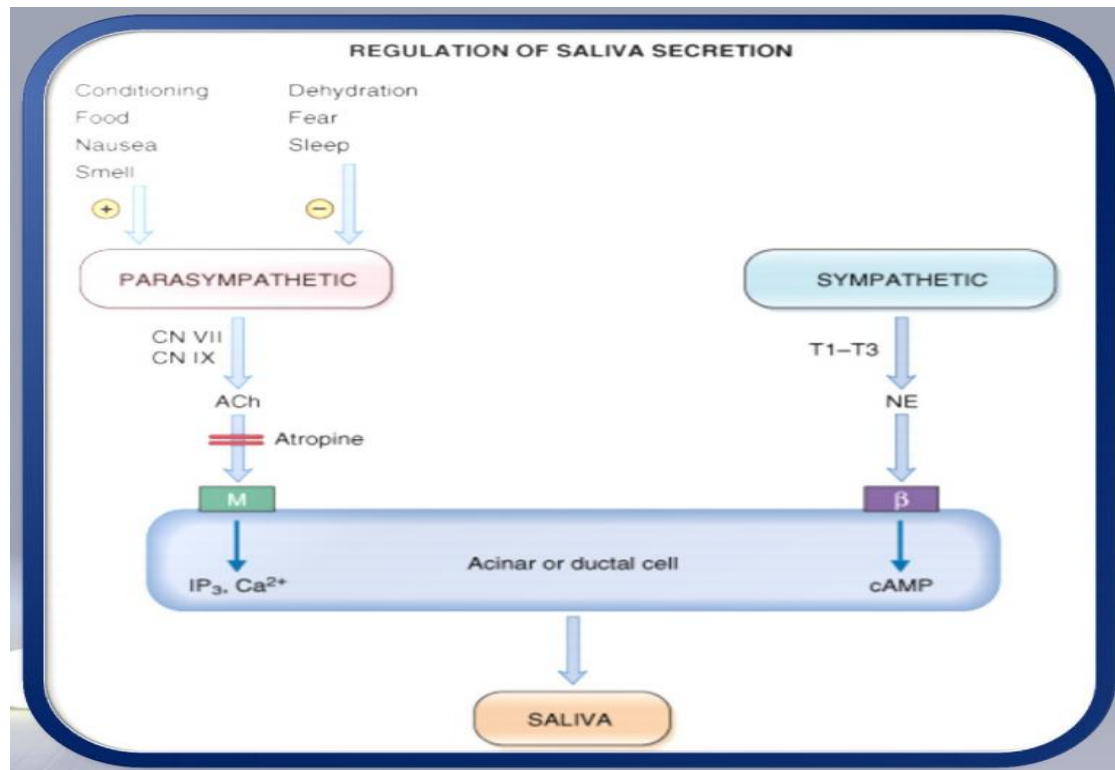
Sectioning of sympathetic nerves has minimal impact on secretion.

\* The difference between sympathetic and Parasympathetic is 2<sup>nd</sup> messenger.

**In Presence of food** .. both sympathetic and Para sympathetic are working in complementary mechanism..

**Parasympathetic** : secretion of saliva

**Sympathetic**: Secretion of enzyme.



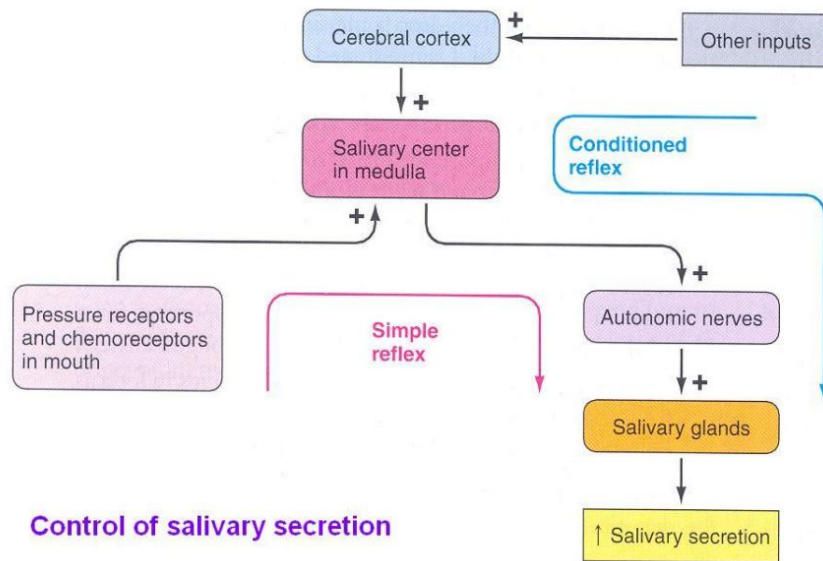
### Unconditioned and conditioned reflexes:

Salivary secretion is controlled exclusively by nervous mechanism through :

- Unconditioned reflex
- Conditioned reflex

### Unconditioned reflex

- The presence of food in the mouth stimulates general receptors and especially taste receptors .
- Impulses travel along afferent nerves to the salivary nuclei in brain stem
- Efferent impulses travel along autonomic nerves to salivary glands to stimulate salivary secretion .
- **This reflex is innate and is not acquired by learning .**



### Conditioned Reflex:

- Seeing, smelling, hearing or even thinking about appetizing food can result in secretion of saliva.
- Initial impulses arise in the parts of the brain concerned with these special sensations and stimulates the salivary centers.
- In humans, mouth watering on seeing or thinking of food provides evidence of this psychic reflex.

**Conditioned Reflex** require Previous learning and involvement of higher centers in the cortex.

