# 431 Microbiology Team

# **Transplacental Infections**

**Leaders:** 

Faisal Al Rashed & Eman Al-Shahrani

Done By: Abdullah AlTurki & Hayfa Al-abdulkarim

Revised By: Eman Al-Shahrani



"Team's notes - girls' slides - important "

| Classification | Occurrence                 | Mechanisms  |
|----------------|----------------------------|---|
| Congenital     | In utero                   | Trans placental                                       |
| Perinatal      | During labour and delivery | Exposure to genital secretions and blood              |
| Neonatal       | After birth                | Direct contact, breast feeding or nosocomial exposure |

# **Types of Congenital Infections:**

- mostly viruses
- (Torch) infections:
- Toxoplasmosis
- Other (syphilis, parvovirus &VZV)
- Rubella
- CMV "Cytomegalovirus"
- Herpes( Hepatitis & HIV)

# **Risk of IUI & fetal damage depends on:** IUI = intrauterine infection

1. Organism (Teratogenicity).

Strong teratogenicity effects  $\rightarrow$  like Parvovirus and rubella.

Mild teratogenic effects → like CMV and syphilis.

2. Type of maternal infection (Primary, recurrent).

1° maternal infection in the first half of pregnancy poses the greatest risk to the fetus.

3. Time during pregnancy (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Trimester).

Infections in early pregnancy are more dangerous.

Majority of CI ("asymptomatic") at birth

# **TOXOPLASMOSIS**

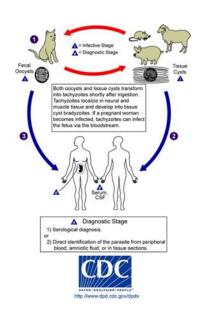
Organism: Toxoplasma gondii
Definitive host is the domestic cat.

### **Transmission:**

- 1. Aerosolization of stool and inhalation.
- 2. Ingestion of cysts (meats, garden products).
- 3. Ingestion of oocyst:
  - Contaminated fingers ,soil ,water.
  - Blood transfusion and organ transplant

### **Epidemiology:**

- Mostly in European countries (i.e. France, Turkey).
- Usually asymptomatic.
- Infection (Transmission) rate higher with infection in 3<sup>rd</sup> trimester.
- Fetal death higher with infection in 1st trimester.



This means that it is more likely for the fetus to get infected during the  $3^{rd}$  trimester; which is safer than getting infected in the  $1^{st}$  trimester.

# **Clinical presentation:**

Mostly asymptomatic at birth but are still at high risk of developing

abnormalities, especially eye (chorioretinitis)/neurologic disease(MR) later.

- Classic triad of symptoms:
  - 1. Chorioretinitis. (Inflammation of the choroid and retina of the eye).
  - 2. Hydrocephalus.
  - 3. Intracranial calcifications (Calcification anywhere in the Skull).







# **Diagnosis:**

Maternal serology: IgM/IgA, IgG, IgG avidity, seroconversion - compared to booking blood.

### Infant:

Prenatal

PCR

Culture

Serial U/S

Postnatal

Serology;

IgM, IgA,

IgG or persistently +ve >12 ms

**PCR** 

Culture

**Evalution of infant** 

(ex, neuroimaging)

### **Treatment**

- 1. Spiramycin.
- 2. Pyrimethamine and sulfadiazine.

# **Prevention**

- 1. Avoid exposure to cats, contaminated food or water and undercooked meat.
- 2. Hand washing.

# **SYPHILIS**

- Treponema pallidum (spirochete).
- Transmitted via sexual contact.
- Mother with primary or secondary syphilis.
- Typically occurs during second half of pregnancy.

### **Clinical features:**

Fetal: Stillbirth, Neonatal death, Hydropsfetalis

Early congenital (infantile): Rash and Funisitis (Umbilical Cord Vasculitis), Osteochondritis, Periostitis, Liver and Lung

fibrosis

Late congenital (Childhood): Frontal bossing, Short maxilla, High palatal arch,

Hutchinson teeth (Screwdriver), 8th nerve deafness, Saddle nose, Perioral fissures.

Periostitis: Inflammation of the periosteum.

Diagnosis:

Treatment:

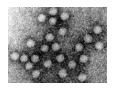
RPR/VDRL: non treponemal test

Penicillin G

(RPR) Rapid plasma regain

# PARVOVIRUS P 19

- Viral infection.
- Parvovirus P 19.
- Causative agent of Fifth disease (erythema infectiosum).
- Humans are known hosts
- Spread by the respiratory route, blood & transplacental.



non enveloped V. Icosahedral capsid & s.s DNA genome

# **Epidemiology:**

- Most of the population is eventually infected. (become immune)
- Half of women of childbearing age are susceptible to infection.
- Risk of fetal death highest when infection occurs during the second trimester of pregnancy (1<sup>st</sup> 20 weeks of pregnancy)
  - Infection in the 1<sup>st</sup> trimester → IUD (Intrauterine death)
  - Infection in the  $2^{nd}$  trimester  $\rightarrow$  HF (Hydrops fetalis)
  - Infection in the 3<sup>rd</sup> trimester → Lowest risk
- Minimal risk to the fetus if infection occurred during the third trimesters of pregnancy.

### **Clinical Feature:**

- 1- Hydrops fetalis.
- 2- Congestive heart failure.
- 3- Generalized oedema.

# **Diagnosis**

**Pregnant mother:** Specific IgM , IgG seroconversion

**Prenatal:** Not grow in c/c., PCR, U/S (hydrops)

### **Treatment:**

intrauterine transfusions and administration of digoxin to the fetus.

**Prevention:** Hygiene practice - No vaccine (TRIAL)

# NEONATAL VARICELLA Not important

- 90% of pregnant women already immune.
- Primary infection during pregnancy carries a greater risk of severe disease.



d.s DNA , Enveloped , Icosahedral Virus

### • Transmission

Respiratory droplets

Direct & Indirect contact

Transplacental

### **Clinical Features**

- First 20 weeks of Pregnancy.
- Up to 3% chance of transmission to the fetus, recognised congenital varicella syndrome; Scarring of skin, Hypoplasia of limbs, CNS and eye defects.

# **Diagnosis**

| Test            |            | Pregnant mother and Fetus      | Neonate |
|-----------------|------------|--------------------------------|---------|
| Direct form the | Culture    | +                              | +       |
| vesicles        | DFA        | +                              | +       |
|                 | PCR        | +                              | +       |
|                 |            | Fetal blood and amniotic fluid |         |
| Serology        | IgM        | +                              | +       |
|                 | Rising IgG | +                              |         |
| US and MRI      |            | +                              |         |

### **Treatment:**

Acyclovir at first signs of <u>varicella</u> pneumonia

### **Prevention:**

• Pre-exposure; live-attenuated vaccines before or after pregnancy but not during pregnancy.

RUBELLA VIRUS

 Post exposure Zoster immunoglobulin to susceptible pregnant women and infants whose mothers develop varicella during the last 5 days of pregnancy or the first 2 days after delivery and premature baby <28 wks of gestation.

# **RUBELLA**

SS RNA enveloped virus, Icosahedral capsid, member of the togaviridae family. Spread by respiratory droplets and transplacentally.

# **Epidemiology:**

- Vaccine-preventable disease.
- No longer considered endemic.
- Mild, self-limiting illness.
- Infection earlier in pregnancy has a higher probability of affecting infant.

### **Clinical manifestation:**

> Acquired infection;

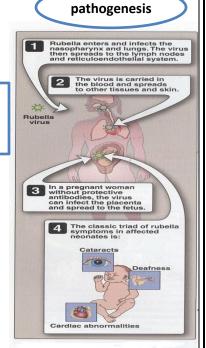
Ex. Maculopapular rash (German measles)

Congenital infection;

Normal → CRS

IUD

SS RNA genome Icosahedral capsid Enveloped Virus



 Risk of acquiring congenital rubella infection varies and depends on gestational age of the fetus at the time of maternal infection.

Infrequent

gestational age

• 0-12 weeks

• 13-16 weeks

20%

## Clinical Features:

>16 weeks

Triad of abnormalities affecting eyes, ears & heart

- Sensor neural hearing loss (most common).
- Cataracts, glaucoma.
- Cardiac malformations.
- Neurologic (less common).
- "Blueberry muffin" lesions.

# Rubella syndrome







Microcephaly

PDA

Cataracts

# **Diagnosis:**

- Maternal IgG is useless!
- Viral isolation virus from nasal secretions, throat, blood, urine, CSF.
- Serologic testing. IgM = recent postnatal or congenital infection.
- Rising monthly IgG titers suggest congenital infection

**Prevention by immunization** 



# **CYTOMEGALOVIRUS**

It is the most common congenital viral infection~40,000 infants per year.

# **Epidemiology:**

Human, worldwide.

Transmission:

- 1- Horizontal transmission:
  - Young children: saliva
  - Later in life: sexual contact
  - Blood transfusion & organ transplant
- 2- Vertical transmission:

10 CMV infection - Recurrent CMV infection.

(~40%) - (~1%)

- -Transmission can occur with primary infection or reactivation of virus but 40% risk of transmission in primary infection.
- -Increased risk of transmission later in pregnancy but more severe complications associated with earlier acquisition.

### **Clinical Features:**

- 90% are asymptomatic at birth
- Up to 15% develop symptoms later
- Microcephaly, periventricular calcifications, neurological deficits, HSM, petechiae, jaundice, chorioretinitis
- >80% develop long term complications: Hearing loss, vision impairment, developmental delay.

# **Diagnosis:**

• Maternal:

Serology; CMV IgM, CMV IgG, CMV IgG avidity

• Prenatal:

PCR, culture, CMV specific IgM, Ultrasound

• Postnatal:

by isolating CMV in first 3 weeks of life.

Body fluid: urine, saliva, blood. By:

- Standard tube culture method
- Shell vial assay
- Histology:

**Detection of Cytomegalic Inclusion** 

Bodies in affected tissue

• Serology: CMV IgM

Viral isolation from urine or saliva in 1<sup>st</sup> 3 weeks of life.

## **Treatment:**

Ganciclovir x6wks in symptomatic infants

# **HERPES SIMPLEX**

- HSV1 or HSV2
- Primarily transmitted through infected maternal genital tract.
- Primary infection with greater transmission risk than reactivation.
- Rationale for C-section delivery prior to membrane rupture.

## **Clinical presentation:**

3 patterns of equal frequency with symptoms between birth and 4wks: Skin, eyes, mouth, CNS disease, disseminated disease (present earliest).



Intranuclear I B [Owl's -eye]

# **Diagnosis**

- Culture of maternal lesions if present at delivery
- Cultures in infant
- CSF PCR
- Serologies is useless

### **Treatment:**

High dose of acyclovir.

# **Summery:**

- The clinical features of congenital infections are mostly the following; Intrauterine growth retardation, skin rash, Microcephaly and Hepatosplenomegaly.
- Toxoplasmosis is caused by Toxoplasma gondii and the Definitive host is the domestic cat.
- Toxoplasmosis infection is acquired by the ingestion of cysts (meats, garden products).
- Syphilis is caused by Treponema Pallidum and transmitted by sexual contact.
- Parvovirus P 19 is the causative agent of Fifth disease [Erythema Infectiosum ]
- Rubella is an RNA virus and it spreads by respiratory droplets and transplacentally, it can be prevented by vaccination.
- Cytomegalovirus is the most common congenital viral infection
- The rate of transmission of the infection from the mother to the baby is high during the 3rd trimester.
- If the infection occurred in the 1<sup>st</sup> trimester it will lead to fetal death.

|                       | Summery  |  |   |  |  |
|-----------------------|--|--|---|--|--|
|                       | Presentation   | Diagnosis  | Treatment   | Prevention   |  |
| Toxoplasmosis         | <ol> <li>Chorioretinitis</li> <li>Hydrocephalus</li> <li>Intracranial calcifications</li> </ol>  | <ol> <li>Serology</li> <li>Fetal tissue culture</li> <li>PCR</li> </ol>                              | 1. Spiramycin 2. Pyrimethami -ne and sulfadiazine | -  |  |
| Syphilis              | Fetal: Stillbirth, Neonatal death, Hydrops fetalis Early congenital (infantile): Rash and Funisitis (Umbilical Cord Vasculitis), Osteochondritis, Periostitis, Liver and Lung fibrosis Late congenital (Childhood): Frontal bossing, Short maxilla, High palatal arch, Hutchinson teeth (Screwdriver), 8th nerve deafness, Saddle nose, Perioral fissures. | 1. RPR/VDRL: Non-<br>Treponemal test   | Penicillin G                                      |  |  |
| Parvovirus P19        | <ol> <li>hydrops fetalis</li> <li>congestive heart failure</li> <li>generalized oedema</li> </ol>  | - Serology<br>- PCR<br>- US<br>- There is <b>NO</b><br>culture                                       | Intrauterine<br>digoxin                           |  |  |
| Neonatal<br>Varicella | <ol> <li>Scarring of skin</li> <li>Hypoplasia of limbs</li> <li>CNS and eye defects</li> </ol>   | 1. Culture 2. PCR 3. Serology 4. US  | Acyclovir at first signs of varicella pneumonia   | -Pre-expoure: live-attenuated vaccines -Post-exposure: Zoster immunoglobulin |  |
| Rubella               | <ol> <li>Sensorineural hearing loss</li> <li>Cataracts, glaucoma and cardiac malformations</li> <li>"blueberrymuffin" lesions</li> </ol>   | <ol> <li>Viral culture from nasal secretions</li> <li>Serologic testing: IgM</li> <li>PCR</li> </ol> | Supportive care                                   | immunization   |  |
| Cytomegalo<br>virus   | <ol> <li>Microcephaly</li> <li>periventriculr calcifications</li> <li>Hearing loss</li> </ol>  | <ol> <li>Urine and Saliva<br/>Culture</li> <li>Urine PCR</li> <li>Serology</li> </ol>                | Ganciclovir                                       |  |  |
| Herpes simplex        | Skin, eyes, mouth , CNS disease  | <ol> <li>Culture of maternal lesions</li> <li>CSF PCR</li> </ol>                                     | acyclovir   |  |  |

| Q  | estions:  |  |  |  |  |  |
|----|---|--|--|--|--|--|
| 1- | a pregnant women was exposed to a cat feces in her 1 <sup>st</sup> trimester, her baby had chorioenteritis, hydrocephalus, and intracranial calcification, what is the diagnosis? |  |  |  |  |  |
|    | A. Parvovirus  B. Rubella   |  |  |  |  |  |
|    | C. Toxoplasmosis  |  |  |  |  |  |
| 2- | which one of the following treatment is recommended in case of genital herpes infection:  |  |  |  |  |  |
|    | A. Acyclovir  |  |  |  |  |  |
|    | B. Penicillin G   |  |  |  |  |  |
|    | C. Spiramycin   |  |  |  |  |  |
|    | The rate of transmission of the infection from the mother to the baby is high during the:   |  |  |  |  |  |
|    | <ul> <li>A. 1<sup>st</sup> trimester.</li> <li>B. 2<sup>nd</sup> trimester.</li> <li>C. 3<sup>rd</sup> trimester.</li> </ul>  |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
| Aı | nswers: C, A, C   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |
|    |   |  |  |  |  |  |