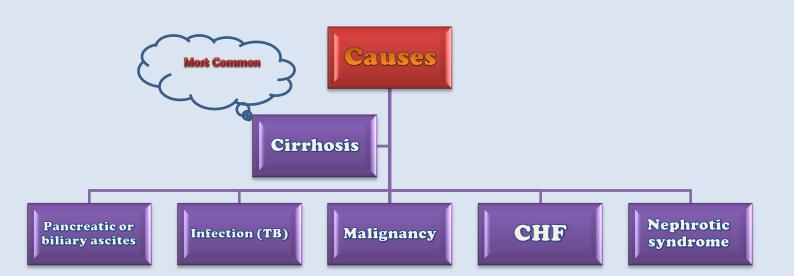
# Ascites

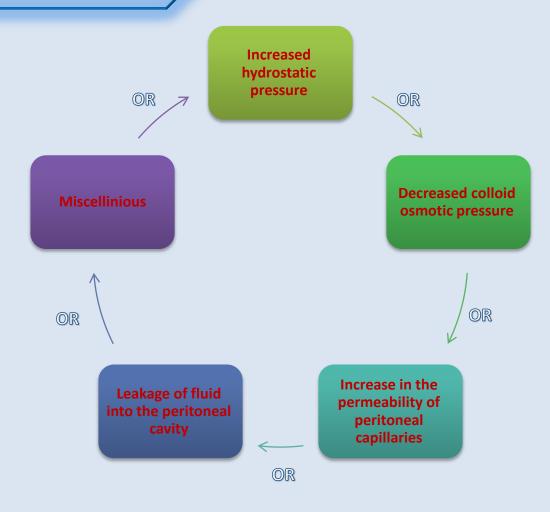
**Ascites:** describes pathologic fluid accumulation within the peritoneal cavity.

Most patients (85%) with ascites have cirrhosis.

The most common causes of cirrhosis at the present time are chronic viral hepatitis and alcoholic live disease.



## Pathogenesis



### **Cirrhotic Ascites**

The most recent theory of ascites formation, the "peripheral arterial vasodilation hypothesis,"

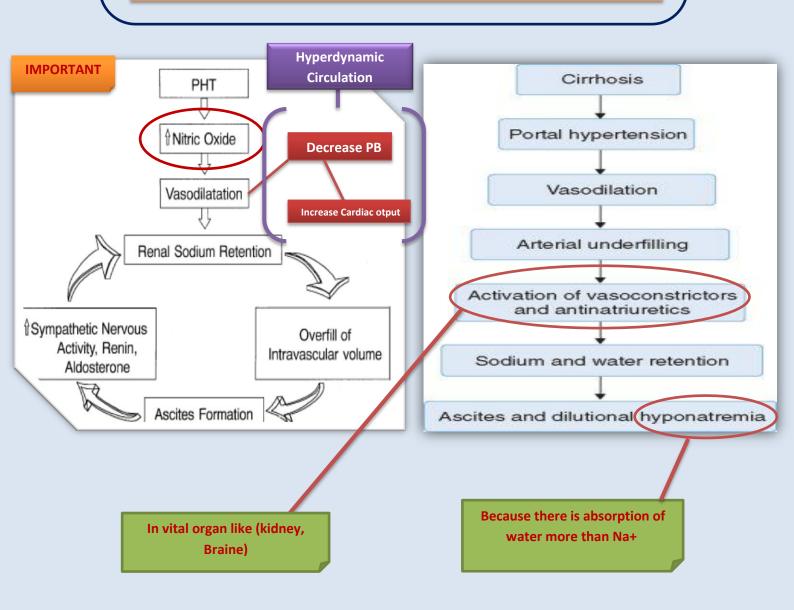
This happens as a consequence of portal hypertension

Conte....

#### **PORTAL HYPERTENSION**

- Normal, uncorrected pressure in the portal vein ranges from 5 to 10 mm hg. Gradient of 2-6.\*
- Portal HPN present when gradient > 12 mmhg.

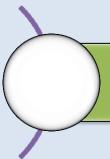
**Gradient means the difference between portal vein and IVC** 



To differentiate between cirrhotic and noncirrhotic ascites (cirrhotic ascites painless), (noncirrhotic ascites painful)

#### **Noncirrhotic Ascites**

(Nonportal hypertensive ascites)



Malignancy-related ascites depends on the location of the tumor eg. **Infection (TB), CHF, Nephrotic syndrome** 

#### **CLINICAL FEATURES**

## History

- O <u>Ascites frequently develops as part of the patient's first</u> <u>decompensation of liver disease</u>
- O It can be associated with other features of liver decompensation such as jaundice or encephalopathy.
- O Risk factors for viral hepatitis.
- O NASH from long-standing obesity. (Non-alcoholic steatohepatitis)
- O Alcohol intake