



LECTURE 2 Platelet Structure & Function



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At the end of this lecture, student should be able to describe:

- Understand platelet normal ultrastructure.
- Understand the functions of different platelets organelles and surface receptors.
- Understand the mechanisms of platelet functions.
- Relate membrane receptors and granule content to normal function in hemostasis and bleeding (platelet) disorders.









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Lecture: 2

What are platelets?







Site of formation:

• Bone marrow

Steps:

Stem cell

Megakaryoblast

Megakaryocyte platelets

Megakaryocyte contains the platelets . When the platelets become mature the megakaryocyte breakdown and release the platelets into the circulation .

Platelets Formation (Thrombopoiesis)

<u>Regulation</u> of thrombopoiesis by :

Thrombombopoietin

Platelet covered by glycoprotein that's why they did not stick To each other













Platelet ultra-structure (electron microscope – EM)



• Anuclear (no nucleus) and discoid cell (inactive) >> spherical when activated.

The dense tubular system responsible for changing the shape of the platelets when they become active.

- Size: 1.5-3.0 μm
- Life span: 7–10 days Their normal concentration in the blood is between 150,000 and 300,000 /µl
- Sequestered in the spleen; hypersplenism may lead to low platelet counts which lead to bleeding because of the excess destruction by spleen.













Important

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General functions of platelets :











1. Adhesion:





Aggregation:

<u>Fibrinogen</u> is needed to join platelets to each other via platelet fibrinogen receptors.





The active platelet has pseudopods.















<u>secrete :</u>

- 1. 5HT >> vasoconstriction
- 2. Platelet phospholipid (PF3) >> clot formation.
- 3. Thromboxane A2 (TXA2) is a prostaglandin formed from arachidonic acid.

Function:

- vasoconstriction .
- Platelet aggregation.

(TXA2 inhibited by aspirin) aspirin decrease the synthesis of TXA2 so this will decrease the aggregation and thrombus formation (protective function especially for heart).

<u>Clot Retraction :</u>

Myosin and actin filaments in platelets are stimulated to contract during <u>aggregation</u> further reinforcing the plug and help release of granule contents.



Platelet haemostatic plug formation :





- Platelets activated by adhesion.
- Extend projections to make contact with each other.
- Release thromboxane A2, serotonin & ADP activating other platelets.
- Serotonin & thromboxane A2 are vasoconstrictors decreasing blood flow.
- through the injured vessel. ADP causes stickiness and enhances Aggregation.





General functions of the platelets:

- Platelet plug formation .
- Platelets and blood coagulation .

Role of platelet in blood coagulation (The cell-based model of blood





Maintenance of vascular integrity :

Adequate number and function of platelet is essential to participate optimally in Haemostasis .



Initial arrest of bleeding by platelet plug formation .



Stabilization of hemostatic plug by contributing to fibrin formation

Bleeding disorders :

Abnormal number or function of platelet

Bleeding can result from:

– Platelet defects:

>Deficiency in number (thrombocytopenia)

>Defeciency in function (acquired or congenital)







Laboratory Testing of Platelet Functions :

- ✓ Platelet count & shape.
- ✓ Bleeding time . Normally 30 sec
- ✓ Platelet Aggregation .
- \checkmark Platelet Function Analyzer.
- ✓ Flow-cytometry.
- ✓ Electron-microscopy.
- ✓ Granule release products.

Platelet Aggregation (in PRP) platelet rich plasma:

Provides information on time course of plat activation .

<u>Agonists:</u> we add one of these agonists on the blood sample which will stimulate the platelet aggregation .

- ADP
- Adrenaline
- Collagen
- Arachidonic acid
- Ristocetin
- Thrombin

Reference ranges need to be determined for each agonist (+, /-) Dose responses)

agonist (+ / - Dose responses)

■ Slides	Important	Females' Notes	Explanation	Males' Notes
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Congenital Platelet Disorders:



Disorders of Adhesion:

- . Bernard-Soulier Syndrome.
- Receptor: GP Ib-IX-V
- vW Factor

Slides

Disorder of Aggregation:

- . Glanzmann thrombosthenia
- Receptor: GP lib-Illa
- Fibrinogen, vWF

Disorders of Granules:

- . Grey Platelet Syndrome .
- . Storage Pool deficiency .

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. Hermansky-Pudlak syndrome . .Chediak-Higashi syndrome .

The defect in that receptor .

Important

Bernard-Soulier Syndrome (BSS):



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Platelet Activation

- Platelets are activated when brought into contact with collagen exposed when the endothelial blood vessel lining is damaged.
- Activated platelets release a number of different coagulation and platelet activating factors.
- Transport of negatively charged phospholipids to the platelet surface; provide a catalytic surface for coagulation cascade to occur.
- Platelets adhesion receptors (integrins): Platelets adhere to each other via adhesion receptors forming a hemostatic plug with fibrin.
- Myosin and actin filaments in platelets are stimulated to contract during aggregation further reinforcing the plug and help release of Granule contents.
- GPIIb/IIIa: the most common platelet adhesion receptor for fibrinogen



SUMMARY



- Platelets are cell fragments derived from megakaryocyte in the bone marrow
- Thrombopoietin is synthesized in the liver
- Platelets play a pivotal role in hemostasis by arresting bleeding from injured blood Vessels.
- The first stage of hemostasis is adhesion
- Bleeding can result from: Platelet defects *acquired* or *congenital:* **Disorders of Adhesion:**
 - . Bernard-Soulier Syndrome
- **Disorder of Aggregation:**
 - . Glanzmann thrombosthenia







1. The first stage in platelet activation is:

- A. Adhesion
- B. aggregation
- C. Secretion
- D. clot retraction

2- which one of the following is responsible for joining the platelets to each other ?

- A. VWF
- B. fibrinogen
- C. Collagen
- D. ADP

3- Which of the following receptors is responsible for aggregation ?

- A. GP Ib-IX-V
- B. GP IIb-IIIa
- C. P2Y12
- D. TP alpha

SlidesImportantFemales' NotesExplanationMales' NotesPhysiology Team 432Hematology BlockLecture: 2

4- one of the following is a component of Dense granules :

- A. VWF
- B. Ca
- C. Fibrinogen
- D. p-selectin







If there are any Problems or Suggestions, Feel free to contact us:

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