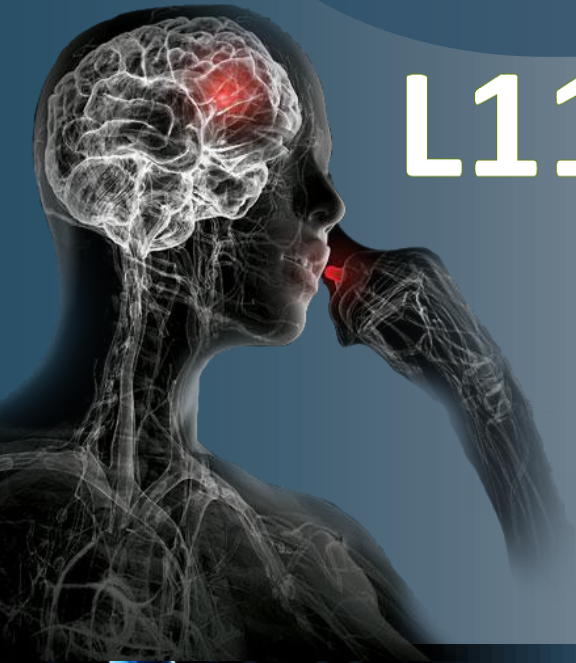


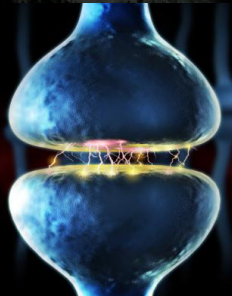
King Saud University
College of Medicine
2nd Year, 1st Block



L11: Drugs used in meningitis



CNS Block

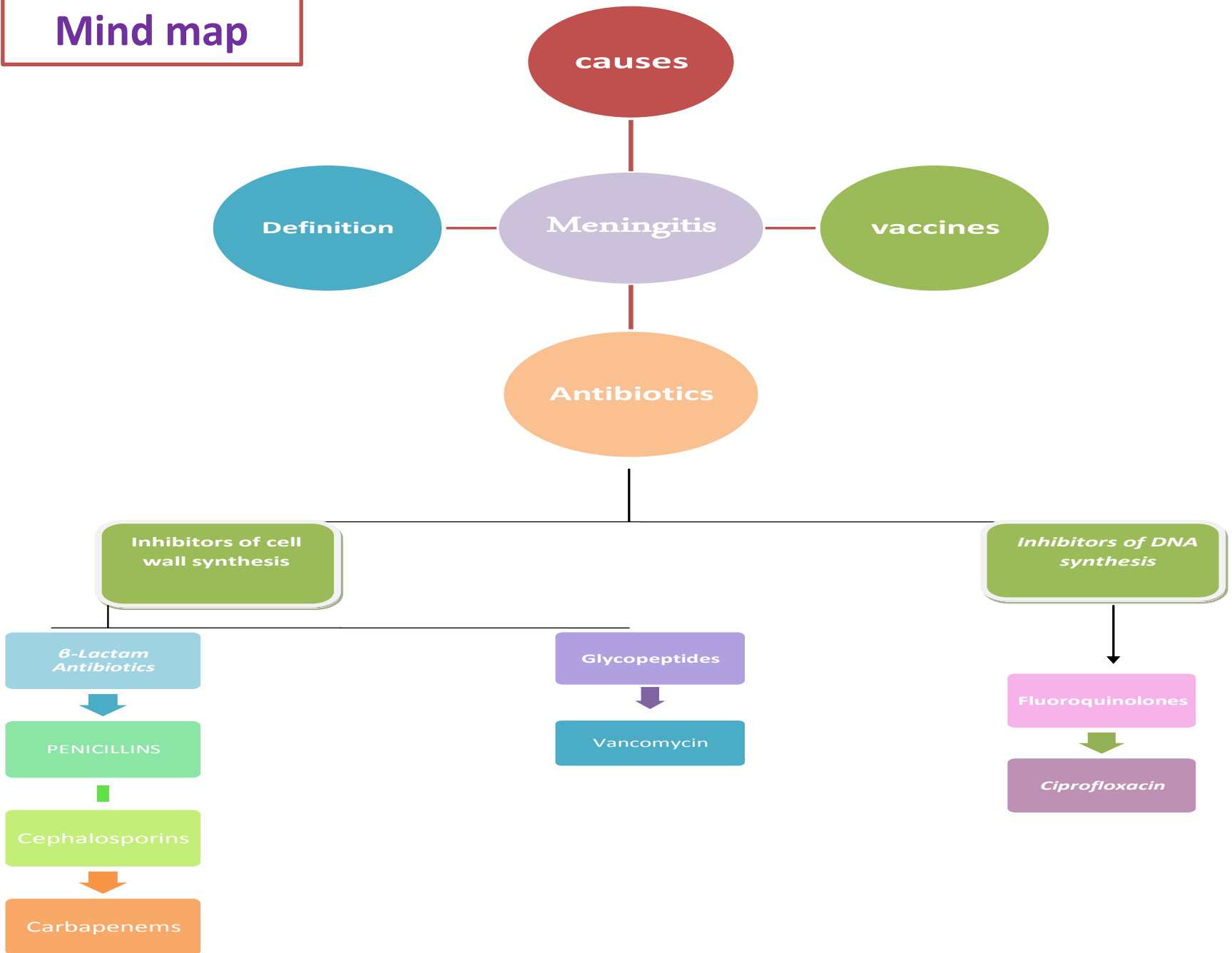




Objectives :-

- ✓ Specify microorganisms causing meningitis.
- ✓ Delineate the therapeutic strategy.
- ✓ Classify the relevant antibiotics used.
- ✓ Expand on the pharmacokinetic and dynamic patterns of each antibiotic and specify its indications, contraindications & adverse effects.
- ✓ List prophylactic measures taken against meningitis.

Mind map



Meningitis (introduction)

* **Definition:** It is an inflammation of the protective membranes covering the brain and the spinal cord .

* **Causes:-**

- ✓ **Bacterial:** Is a serious, life –threatening disease that is caused by an infection of bacteria, like Neisseria meningitides, Haemophilus influenzae, Streptococcus pneumoniae, Listeria monocytogenes, and Mycobacterium tuberculosis.
- ✓ Viral.
- ✓ Parasitic.
- ✓ Non-infectious (as spread of cancer to the meninges).

* **Rout of transmission:**

- ✓ The bacteria are carried by humans in the nose and throat and spread into the air by coughing and/ or sneezing, And they can be picked by anyone.
- ✓ The pathogens spread from the respiratory tract **to the blood stream** and to the nervous system and cause bacterial meningitis.

* **Symptoms:**

- ✓ **Fever.**
- ✓ **Headache.**
- ✓ **Neck stiffness.**
- ✓ Irritability to light.
- ✓ Nausea and Vomiting

* Treatment principles:

- ✓ Emergence hospitalization.
- ✓ Antibiotics.
- ✓ Measures for treatment of complications.

* Empiric therapy:

- ✓ Treatment without exact diagnosis (antibiotics are given to a person **before** the specific microorganism causing an infection is known)
- ✓ Empiric therapy may be changed after the culture sensitivity reports are available.
- ✓ Antibiotic selected **must** reach the meninges in a adequate quantities.
- ✓ Regimen chosen must have potent activity against known or suspected pathogens in a particular geographical place.

A- Cell wall inhibitors (B lactam antibiotics): subdivided into

1. Penicillins.
2. Cephalosporins.
3. Carbapenems (Imipenem).

1- penicillins

| Penicillins (bactericidal) | Broad spectrum | Narrow spectrum |
|-------------------------------|--|--|
| Drugs: | Amoxicillin, and Ampicillin | Penicillin G |
| Mechanism of action: | Irreversibly inhibits transpeptidase enzyme that catalyze the final step in cell wall synthesis, (Inhibits the synthesis of peptidoglycan layer of bacterial cell wall). | |
| Pharmacokinetics: | <ul style="list-style-type: none"> ✓ Active against gram + & gram - microorganism. ✓ Inactivated by β- lactamase enzyme, now a days combination with B-lactamase inhibitors are available e.g Amoxicillin + Clavulanic acid and ampicillin + salbactum, are more effective against B-lactamase producing pathogens. ✓ acid stable (effective orally). ✓ Can also be given parenterally (I.V or I.M). ✓ Amoxicillin is better absorbed from the gut and not affected by food. | <ul style="list-style-type: none"> ✓ Destroyed by gastric acidity. (given I.V or I.M only) ✓ Inactivated by β- lactamase. ✓ Short acting (4-6 hrs). |
| Adverse effects: | <p>Hypersensitivity, Diarrhea, Nephritis, and Neurotoxicity (overdoes)</p> <div style="border: 2px dashed red; padding: 5px; display: inline-block;"> <p>Penicillin is good for a pregnant woman</p> </div> | |

2- Cephalosporins

=> 3rd generation: Bactericidal antibiotics. (highly resistant to β - lactamase)

| 3 rd generation | Ceftazidime | Ceftriaxone |
|----------------------------|---|---|
| Mechanism of action: | Inhibit the synthesis of bacterial cell wall Highly resistant to β - lactamase | |
| Route of administration: | given by IV infusion. | |
| Excretion: | Renal route | Biliary route (used in patient with renal disorders) |
| USES: | 1- Highly effective against Gram –ve bacilli (<u>used in gram –ve meningitis</u>) 2- Anaerobic microbes. | |
| | <u>especially in Pseudomonal infections</u> | |
| Adverse effects: | 1- Allergy 2- Thrombophlebitis. 3- Renal toxicity ((overdoes)) 4- Super-infections. ((common)) | |

3- Carbapenems :

e.g. Imipenem

| | |
|-----------------------------|--|
| Mechanism of action | Bacterial cell wall inhibitors (Bactericidal) |
| Spectrum | Broad-spectrum (gram + & gram -) |
| Resistance | Resistant to most β lactamases <u>except metallo-β lactamase</u> |
| Pharmacokinetics | <ul style="list-style-type: none"><input type="checkbox"/> Given I.V<input type="checkbox"/> Because it is inactivated by the enzyme (<u>dehydropeptidases</u>) in renal tubules, we use an inhibitor (<u>cilastatin</u>) to prevent such inactivation<input type="checkbox"/> Penetrates body tissues and fluids including C.S.F. |
| Adverse effect ¹ | <ol style="list-style-type: none">1- Nausea, vomiting and diarrhea.2- Skin rash (at site of infusion)3- High doses in patients with <u>renal failure</u> may lead to <u>(Seizures)</u> |

1- Patients allergic to penicillins may be allergic to carbapenems as well.

B- Other cell wall synthesis inhibitors:

e.g. Vancomycin

| | |
|--|---|
| Spectrum | Narrow-spectrum (GRAM +ve ONLY), Bactericidal. |
| Route of administration | Given I.V (Used orally only to treat GIT infections caused by clostridium defficile e.g. colitis) |
| Adverse effect ¹ | 1- Thrombophlebitis 2- Ototoxicity ² 3- Nephrotoxicity ² 4- <u>Red man (Red neck) syndrome</u> : Manifested by flushing and hypotension due to histamine release caused by rapid injection (minimized if injected slowly) 5-Hypotension |
| Combination and uses : (reading only) | <input type="checkbox"/> With 3rd generation cephalosporins for treatment of meningitis caused by penicillin resistant pneumococci. <input type="checkbox"/> <u>Used against Methicillin resistant S. aureus (MRSA).</u> <input type="checkbox"/> With ampicillin or ceftazidime as an initial therapy of meningitis in infant, elderly and immunocompromised patients . |

1- Vancomycin is a **toxic drug**, we use it **ONLY** when the infection is resistant to other safer drugs.

2- Its toxicity increased when used with **AMINOGLYCOSIDES** (both cause toxicity)

C- Fluoroquinolones:

e.g. **Ciprofloxacin** (Bactericidal)

| | |
|----------------------------|--|
| Mechanism of action | <u>Block bacterial DNA synthesis</u> by inhibiting bacterial Topoisomerase II (DNA gyrase)& topoisomerase IV. |
| Spectrum | Effective against Gram -ve and to <u>a little extent against Gram +ve.</u> |
| Pharmacokinetics | 1- Well absorbed orally ¹ 2- Penetrates body tissues and fluids including C.S.F (half-life = 3 hours) 3- <u>Highly concentrated in bone, kidney, prostate, lung</u> 4- <u>Excreted through kidney & appear in breast milk</u> |
| Adverse effect | <input type="checkbox"/> GIT upset. <input type="checkbox"/> Enzyme inhibitor. <input type="checkbox"/> <u>CNS effect (Headache , dizziness, insomnia)</u> <input type="checkbox"/> Abnormal liver function tests <input type="checkbox"/> Skin rash, Photosensitivity. <input type="checkbox"/> <u>Cartilage damage (Arthropathy)</u> <input type="checkbox"/> <u>Tendon damage (Tendinitis)</u> |
| Contraindication | 1- <u>Growing children (Less than 18 years)</u> 2- <u>Pregnancy</u> 3- <u>Lactation</u> 4- History of epilepsy or CNS disorders. |

1- Its absorption is impaired by divalent cations such as; iron, zinc or those in antacids as aluminum or magnesium.

2

Pneumococcal polysaccharide vaccine (PPSV)

* for older children and adults

1

Haemophilus influenzae type b (**Hib**) vaccine:

* Available as part of the routine childhood immunization schedule

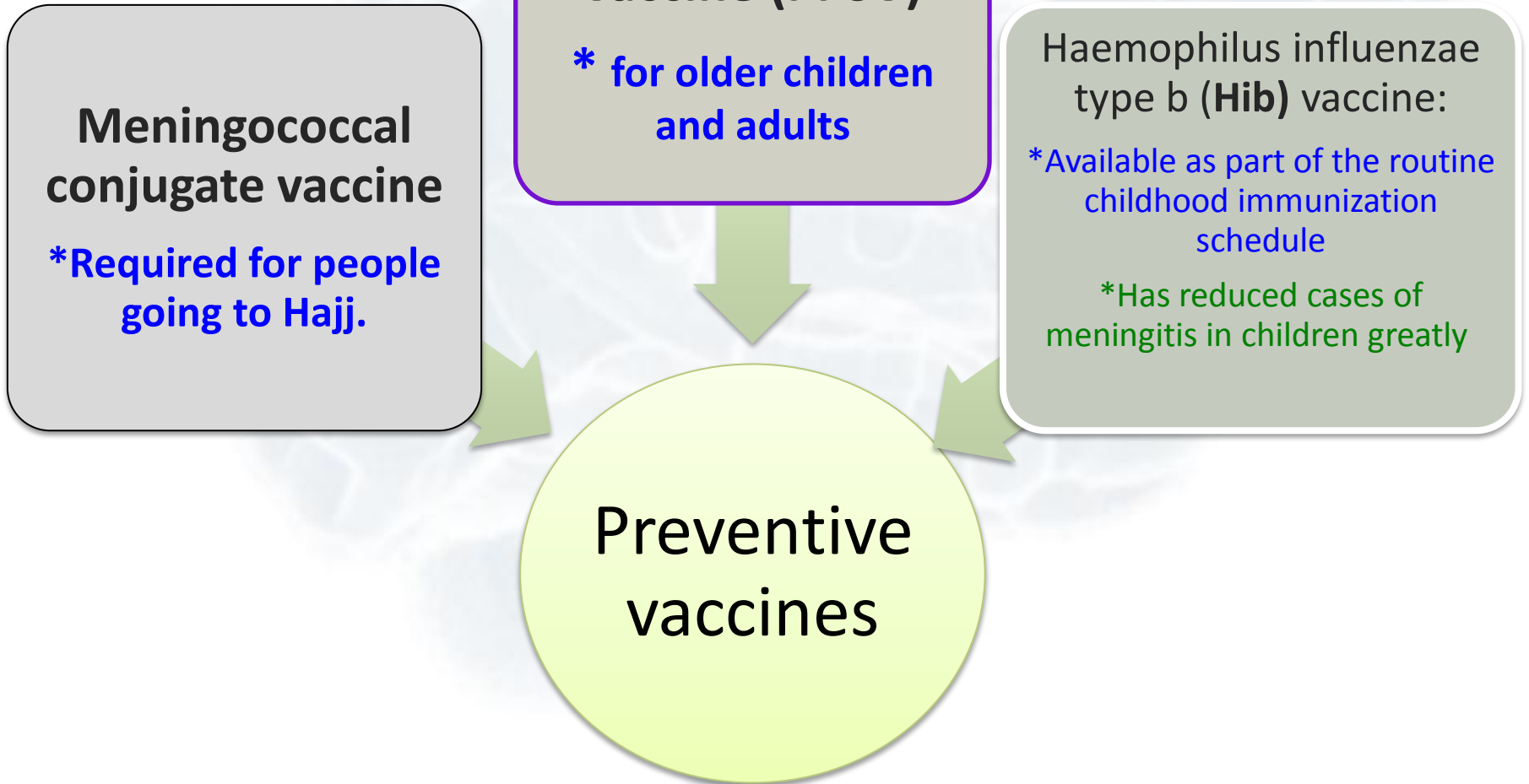
* Has reduced cases of meningitis in children greatly

3

Meningococcal conjugate vaccine

* Required for people going to Hajj.

Preventive vaccines



Summary

| antibiotics | Spectrum | Mechanism of action | Reaction with β -lactamase enzyme | Side effect |
|--|---|--|---|---|
| Penicillins | Extended Spectrum 1-Amoxicillin 2-Ampicillin Narrow Spectrum 1-Penicillin G | Inhibits bacterial cell wall synthesis | Inactivated *so use combination with β -lactamase inhibitors | Hypersensitivity Diarrhea Neurotoxicity Nephritis |
| <u>Cephalosporins:</u> Ceftazidime Ceftriaxone | -effective against Gm-ve Bacilli -Anaerobic | Inhibits bacterial cell wall synthesis | resistant | Allergy Renal toxicity Superinfections |
| Carbapenems: Imipenem | wide spectrum of activity | Inhibits bacterial cell wall synthesis | Resistant Except: metallo-β lactamase . | Nausea, vomiting, Diarrhea Skin rash |
| Vancomycin | Gm+ve bacteria | Inhibits bacterial cell wall synthesis | ----- | Phlebitis Ototoxicity Nephrotoxicity Histamine release (red man) |
| Fluoroquinolones: Ciprofloxacin | effective against Gm-ve | Inhibits Bacterial DNA synthesis | ----- | -arthropath -Tendinitis |

Quiz yourself

Q1: Which one of the following is narrow spectrum penicillin?

- A- penicillin G.
- B- amoxicillin.
- C- ampicillin.
- D- B and C.

Q2: What is MOA of penicillins?

- A- inhibit bacterial DNA synthases .
- B- Inhibit protein synthases.
- C- inhibit cell wall synthases.
- D- A and B.

Q3: The the ampicillin is effective against which ONE of the following :

- A- G+ve.
- B- anarobes.
- C- G-ve.
- D- A and C.

Q4: What are the symptoms of bacterial meningitis?

- A- fever.
- B- neck stiffness.
- C. headache.
- D- all above

Q5: In case of bacterial infection with beta lactamase enzyme producing pathogens which combination do we use with amoxicillin?

- A- clavulanic acid.
- B- salbactam.
- C- cilastatin.
- D- B and C

Q6: The microbiology lab result for patient suspected to have meningitis reveals Gram -ve which was catalase and oxidase positive, what antibiotic should be described?

- A- Vancomycin
- B- Flouroquinolones
- C- Ceftazidime

Q7: Which ONE of the following is the optimal choice to be used by Patient with glomerulonephritis:

- A- Ceftazidime
- B- Ceftriaxone
- C- Vancomycin
- D- Aminoglycosides

Q8: Which ONE of the following must be combined with cilastatin to prevent its inactivation:

- A- Penicillin G
- B- Ceftazidime
- C- Vancomycin
- D- Imipenem

Q9: Which ONE of the following is known to cause red man syndrome

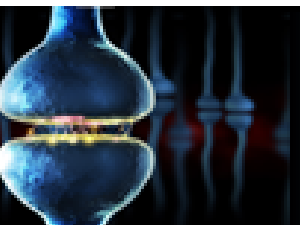
- A- Ciprofloxacin
- B- Vancomycin
- C- Imipenem
- D- Ceftriaxone

Q10: During her second trimester of pregnancy, A 34years old women was diagnosed with meningitis, which ONE of the following is contraindicated

- A- Ciprofloxacin
- B- Penicillin G
- C- Cephalosporins
- D- Imipenem

Answers:

1-A 2-C 3-D 4-D 5-A 6- C 7- B 8- D 9- B 10- A



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We hope that we made this lecture easier for you
Good Luck !



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