



### (3) Initiative, Integrity and Trustworthiness

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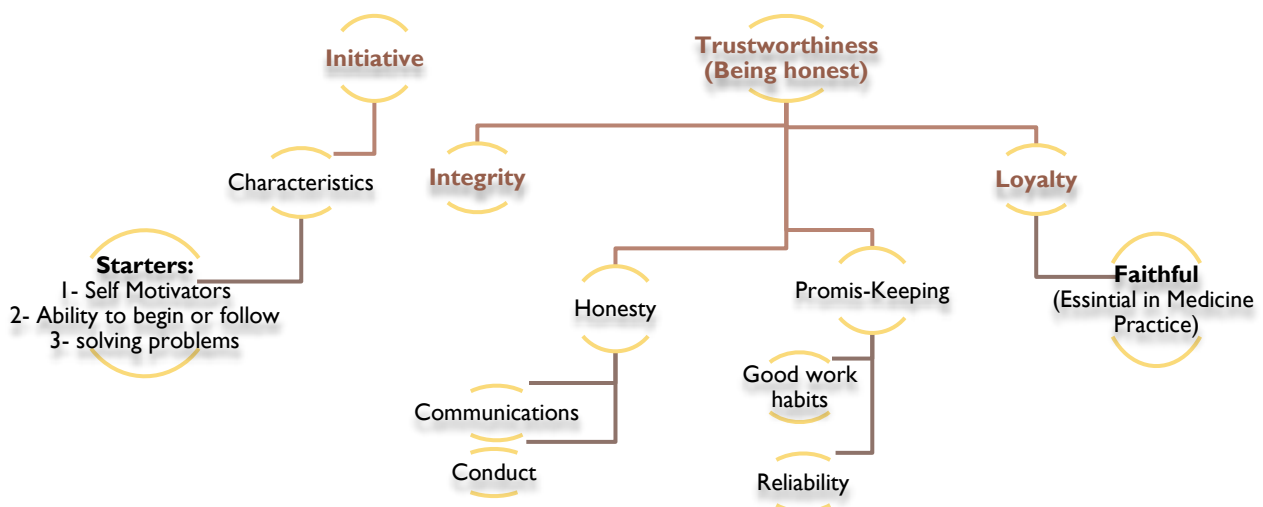
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## Objectives and Mind Map

### Objectives:

- Discuss the meaning and principles of initiative, integrity and trustworthiness.
- Discuss the place of initiative, integrity and trustworthiness in medical professionalism.
- Discuss practical examples about initiative, integrity & trustworthiness.
- Apply knowledge learnt to a case scenario.

### Mind Map:



Strong and Positive self-image is the best possible preparation for Success.



## Initiative, Integrity & Trustworthiness

### Initiative:

- The action of creating or starting.
- To make a conscious effort to do things without being told to and to find alternatives if an option is not possible

### Characteristics: (Important)

- People with initiative character are **starters** and **self-motivators**.
- Have the ability to **begin** or to follow **energetically** with a plan or task.
- Took the initiative in trying to **solve the problem**.
- Have the power to or right to **introduce a new legislative measure**.

### Trustworthiness: (Synonyms: true, accurate, honest, and faithful)

- **Deserving of trust or confidence**.
- Trustworthiness is the most complicated of the core ethical values.

### Importance:

- The **corner stone** of the practice of medicine.
- **Without trust a good doctor-patient relationship cannot exist**.
- The demonstration of compassion, service and altruism that earns the medicine profession the trust of the public.

### Trustworthiness in Medicine:

- The patient must always be confident that the physician has put the needs of the patient first (**This is why it is important in medicine**).
- Physicians are expected to make **patients' needs** the first priority.
- Physicians should consider their contributions to their individual patients, to their own practice, the community and the health care system.

### Trustworthy people: (Important)

Keep their promise

Honest, reliable and principled

Never inappropriately betray a confidence



## It embodies **FOUR** ethical principles:

### 1-Integrity

- ✓ The most important factor in trust.
- ✓ Integrity carries the sense of wholeness: a person of integrity, like a whole number, is a whole person, undivided, complete.

#### Person with Integrity:

- ✓ Stand up for his beliefs openly and boldly.
- ✓ Listen to his consciences and live by his principles no matter what others say and no matter the personal cost.
- ✓ **Is honorable and upright in all actions.**
- ✓ **Has the courage to do what is hard or costly or failure is probable.**
- ✓ Build and guard his reputations.
- ✓ Don't do anything he feels is wrong.
- ✓ **Don't lose heart if he fails.**

### 2-Honesty

- ✓ Being honest in our conduct means playing by the rules and being trustworthy of another's property and belongs.
- ✓ Dishonest conduct by ways of cheating can come in many forms, such as trickery, fraud, misleading, deliberately violating the rules, and swindling.

#### Two types of honesty:

##### 1- Communicating honesty :

- A. Being truthful in representing facts and intentions to the best of one's knowledge.
- B. Sincerity and candor

##### 2- Conduct honesty (include academic dishonesty):

###### A. Cheating: خيانة , إحتيال , خداع

- ✓ Using unauthorized materials to achieve better grade.
- ✓ Falsification or invention of any information.
- ✓ Attempting to help another person in an act of cheating.

###### B. Plagiarism: سرقة أدبية (Important) الغش

- ✓ Submitting an assignment as if it were one's own work.
- ✓ Submitting a work that is purchased or obtained from internet source.
- ✓ Incorporating a word or ideas of an author into one's paper without giving the author due credit.



### 3- Promise-Keeping

- A vital moral aspect of reliability.
- Create duties beyond legal obligations.
- Promise is a vow, pledge, a declaration assuring that one will or will not do something

#### Two Areas of Promise –Keeping:

##### 1- Good Work Habits

There is an *ethical dimension* to good work habits-the work ethic-when others depend on us to show up on time, we are prepared and ready to do our work and dedicated to stick with the job until it is done well.

##### 2- Reliability

- Means keeping your word, honoring your commitments, and being dependable.
- *Dependability* requires one to do what is supposed to be done, e.g. return what you borrow, pay your debts, show up on time, and be prepared.

### 4- Loyalty

- ✓ A steadfast and devoted attachment that is not easily turned aside.
- ✓ This could be loyalty to an oath, one's family, and our country.
- ✓ It implies the unfailing fulfillment to one's duties and obligations and strict adherence to vow or promise.



- Stand by, stick up for, and protect your family, friends and country.
- Be a good friend
- Look out for those who care about you
- Keep secrets



- Betray a trust
- Let your friend hurt themselves
- Ask a friend to do anything wrong
- Spread hurtful rumors of gossip

#### Physicians/Medical Students should: (Important)

1. Demonstrate professional competence
2. Be aware of their deficiencies.
3. Obtain help when needed.
4. Be honest and communicate information in complete confidence.
5. Ensure that representations they make are, to the best of their knowledge, truthful.
6. Be an initiator (you need to communicate, train and hope).
7. Have Integrity.



## Case Scenario

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Nahid is a graduate of medical school. She has just moved to a non-English speaking country for post-graduate study. It was hard for her to fit in, understand the language and make friends and concentrate in the class.

She is taking a basic science exam, which turned to be harder than she thought it would be. The answers have to be marked on a separate computer sheet. Nahid could not answer most of the MCQs. She handed her answer sheet and sits down at her desk await the end on the class.

To her right, Samar is working on her exam sheet and seems to have no trouble in answering. Glancing at Samar answer sheet, Nahid sees that she marked several answers differently. Nahid asked the invigilator to get back her answer sheet, saying that she just remembered she did not correctly put her ID number. She quickly erased and changed some answers to reflect what she saw on **Samar's** paper and hands back it again. Sometime later, the instructor informs **Nahid** that the invigilator saw her change her answers. She is going to be given an **'F'** for the test. **Nahid** thinks her action do not constitute plagiarism or academic dishonesty, and the sanction is too harsh especially after she describes about her situation

### Questions about the case:

- 1- Is Nahid right in her behaviors? What do you think about what she has done?
- 2- Does Nahid have to accept the instructor's sanction?
- 3- Do you have any idea about better ways for Nahid to handle her problem in the future.
- 4- If you were in the exam and saw a student behaving similar to Nahid what do you do?



## Questions

**Q1:** A high level of initiative is a characteristic associated with which one of the following actions:

- A. Doing the right thing when no one is watching.
- B. Doing what is right rather than what is perhaps easy.
- C. Listen to their consciences and live by their principles no matter what others say.
- D. Be the first to move in trying to solve the problem.

**Q2:** How can a medical student be an **initiative** future doctor?

- A. By having the ability to begin or to follow energetically with a plan or task.
- B. Being truthful in representing facts and intentions to the best of one's knowledge.
- C. Be aware of their deficiencies.
- D. A & C

A medical student is not going to attend the lecture. On the following day, he submitted a false medical report he obtained from a private medical center to the doctor in order not to be counted absent. However, the doctor refused to accept the false medical report.

**Q3:** Which one of the following best describes the doctor's action?

- A. Accountability
- B. Integrity
- C. Trustworthiness
- D. Promise-keeping

**Q4:** Which one of the following best describes the student's behavior?

- A. Not initiative
- B. Not honest
- C. Not reliable
- D. Not loyal

Answers: 1- D 2- A 3- B 4- B



### Quiz:

- 1- Mention 2 ways in which you can gain the trust of your patient?
- 2- Why trust is important for the patient? For the doctor?

