

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

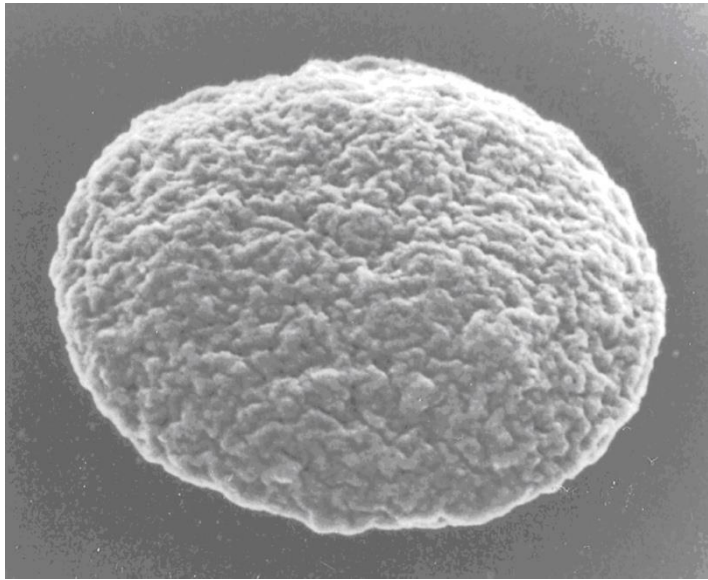
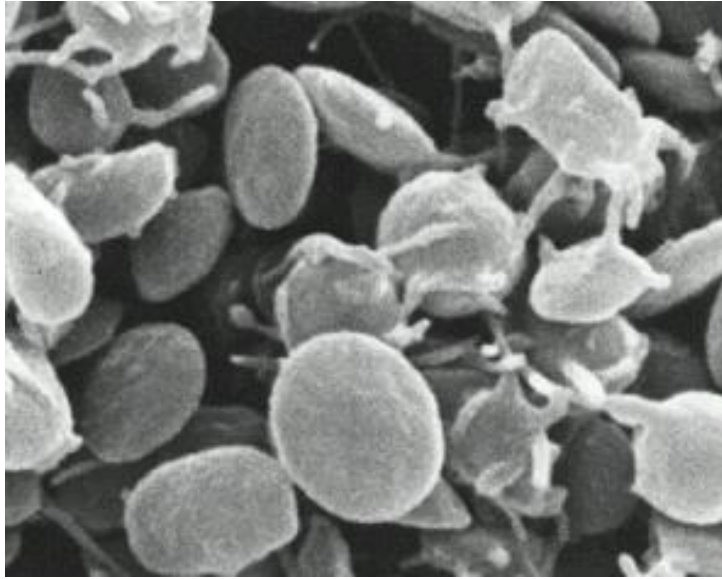
Platelet Structure & Function

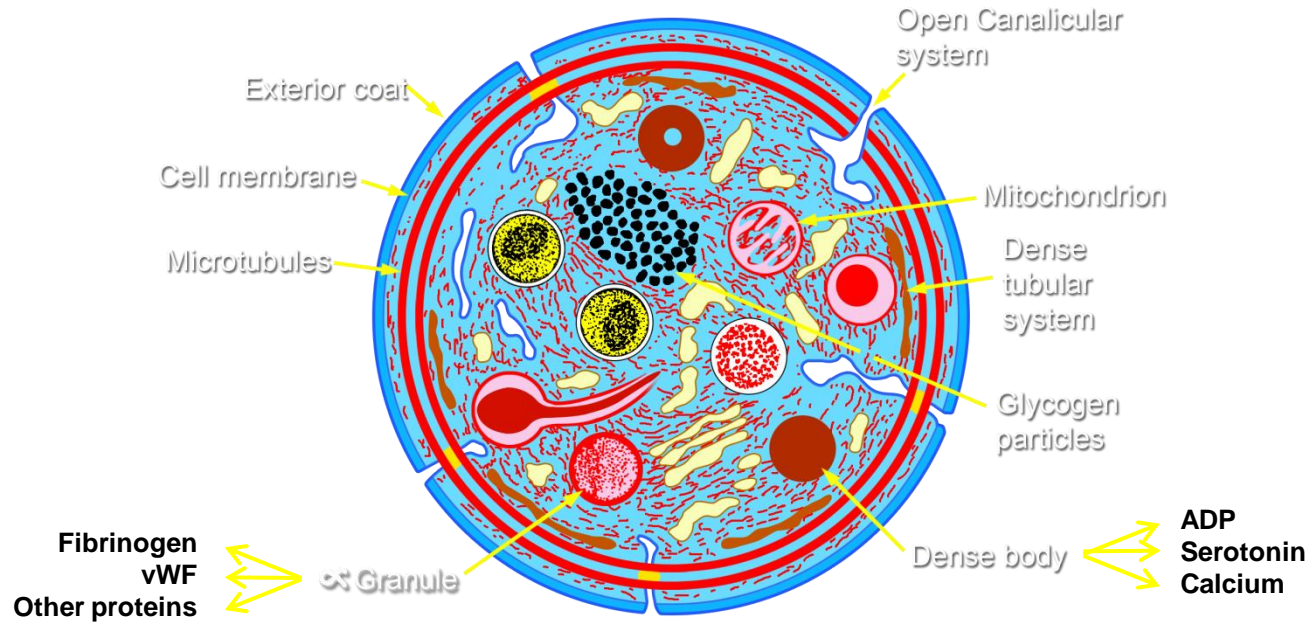
Dr. Abeer Al-Ghumlas
MB.BS, MSc, Ph-D

Objectives

- Understand platelet normal ultrastructure
- Understand the functions of different platelets organelles and surface receptors
- Understand the mechanisms of platelet functions
-
- Relate membrane receptors and granule content to normal function in hemostasis and bleeding (platelet) disorders

Platelet ultra-structure

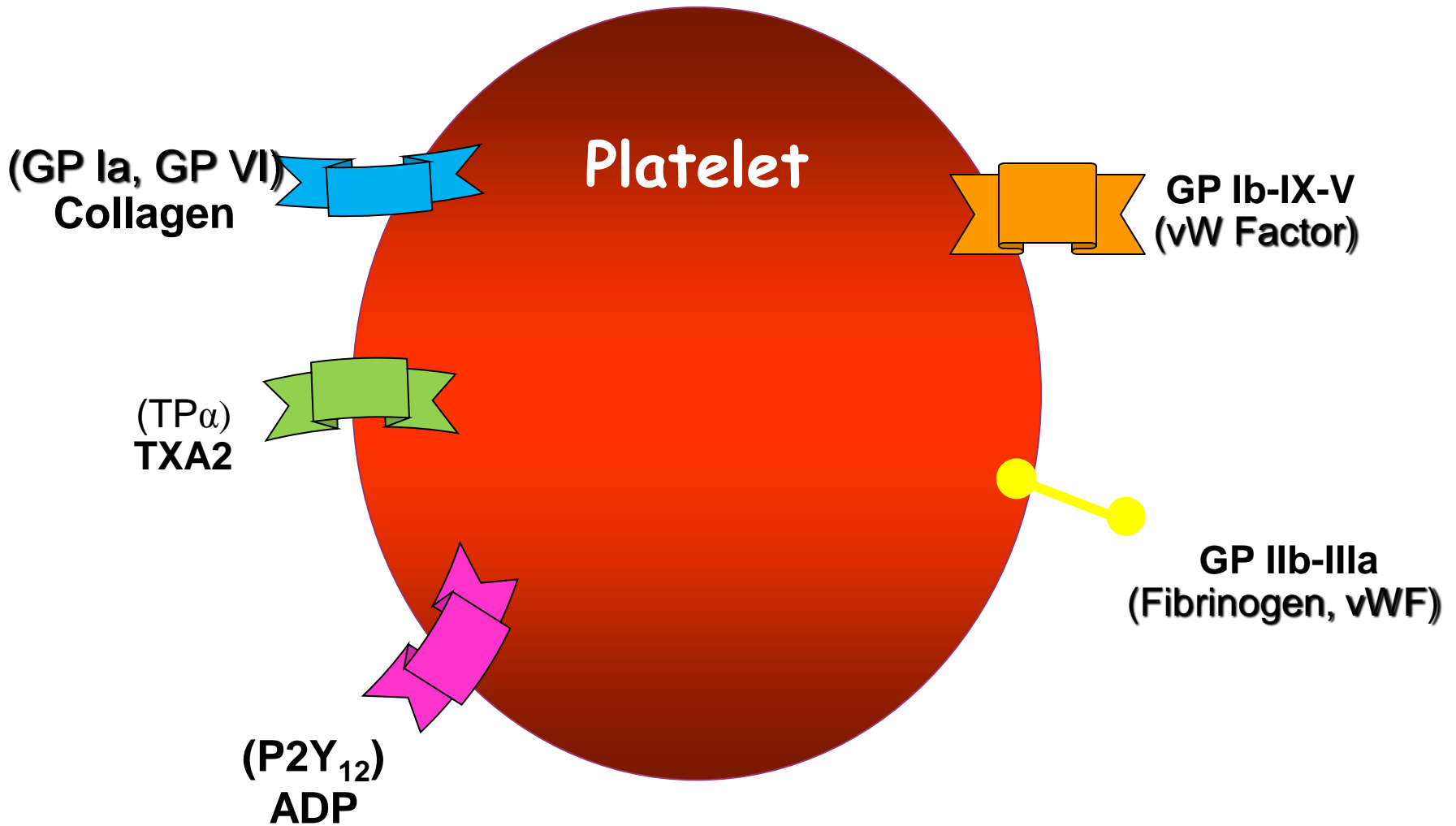


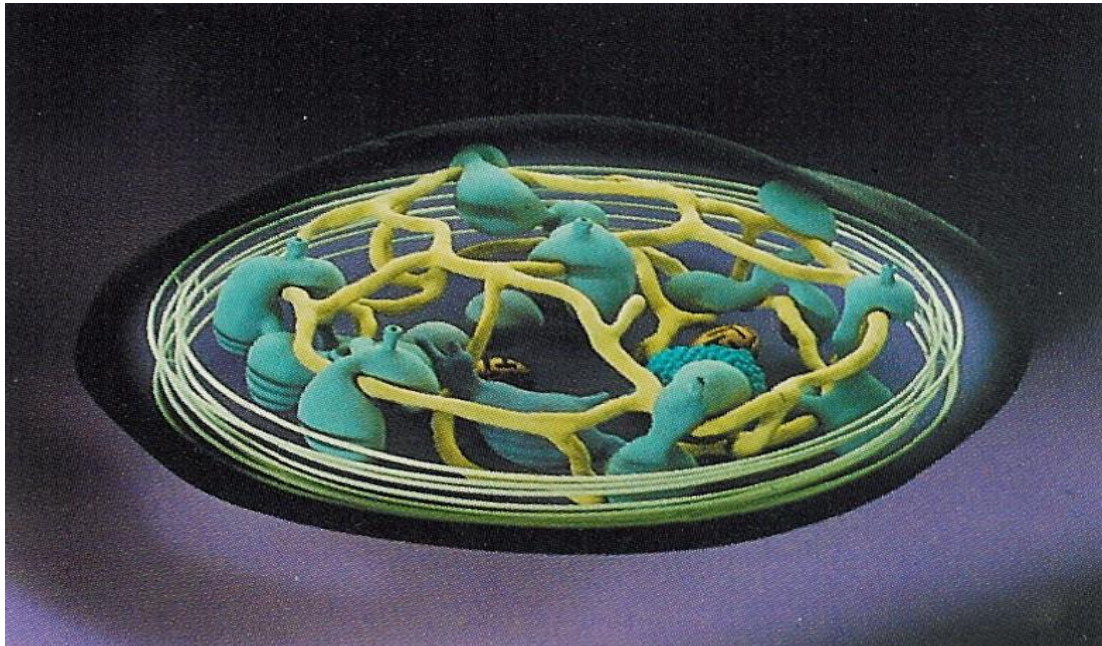
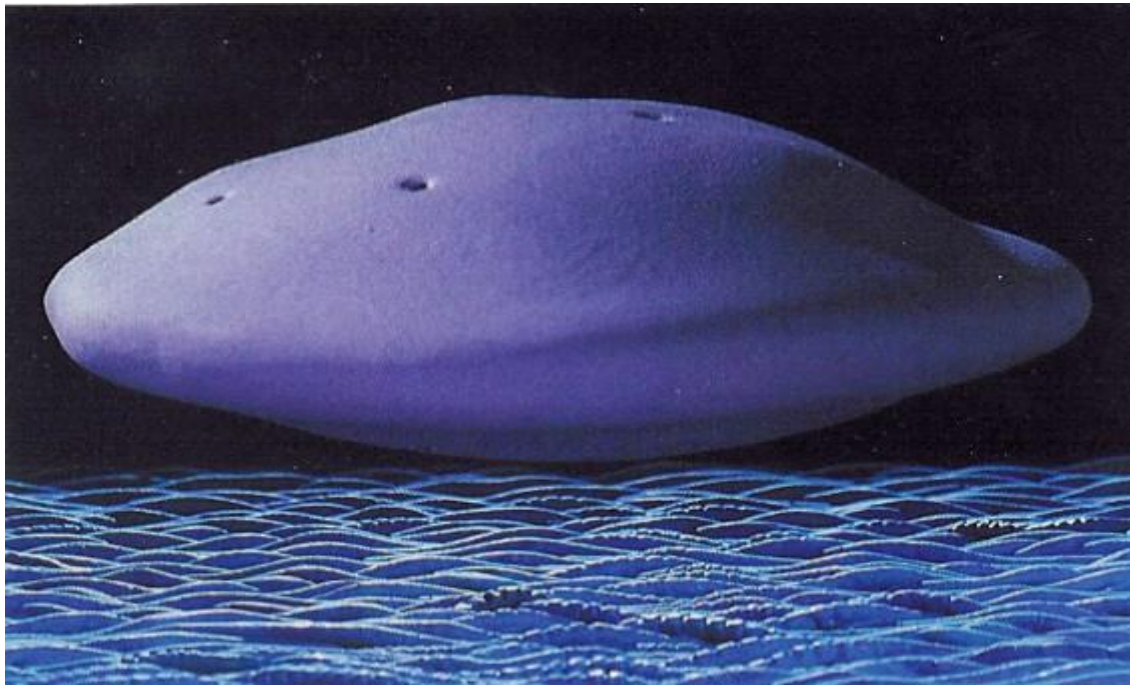


(Thrombocytes)

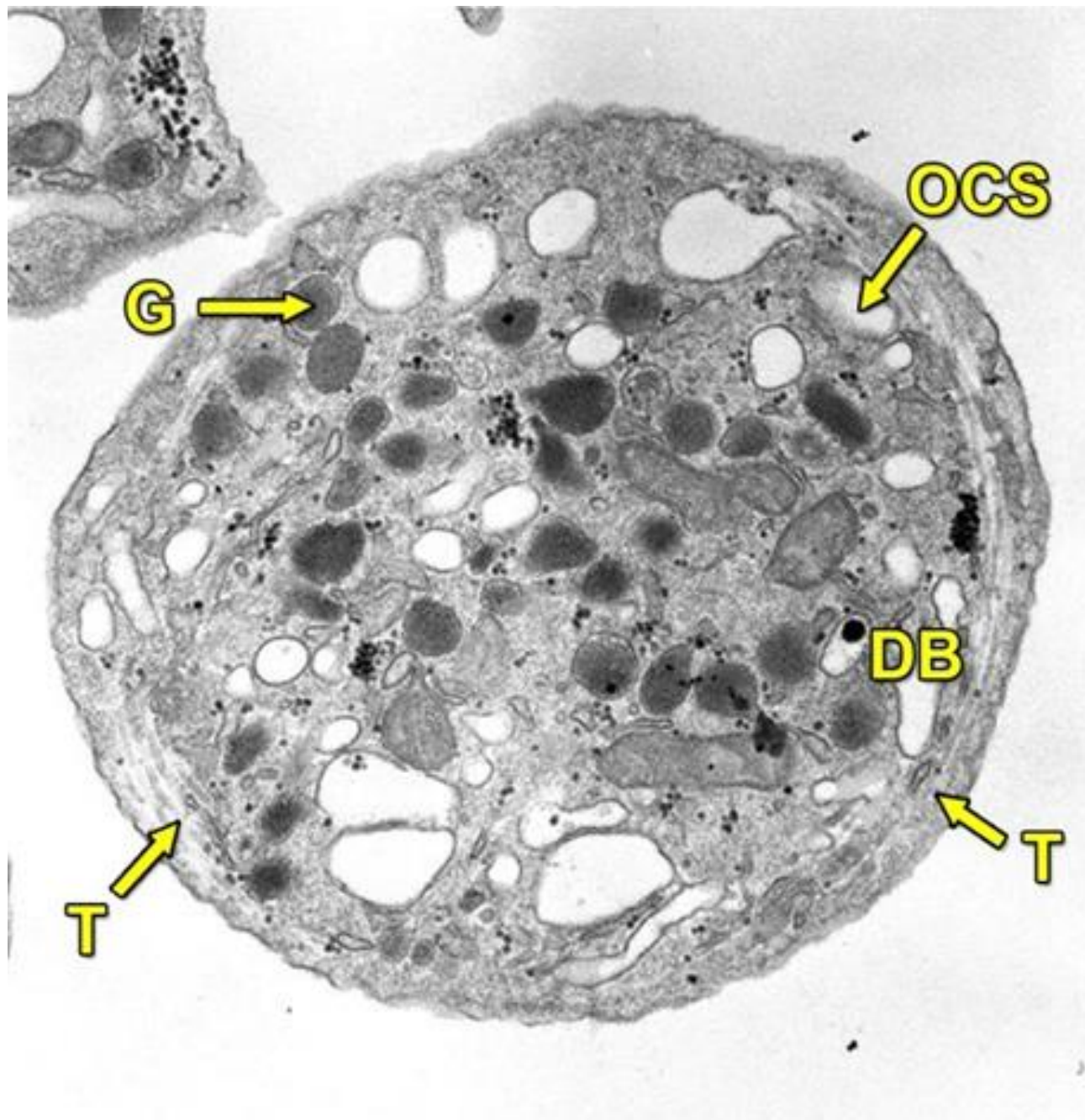
- Anuclear and discoid cell → spherical when activated
- Platelet count = $150 \times 10^3 - 300 \times 10^3 / \text{ml}$
- Size: $1.5 - 3.0 \mu\text{m}$
- Life span: 7-10 days
- Sequestered in the spleen; hypersplenism may lead to low platelet counts.

Platelet Receptors





Platelet EM



Platelet Ultrastructure

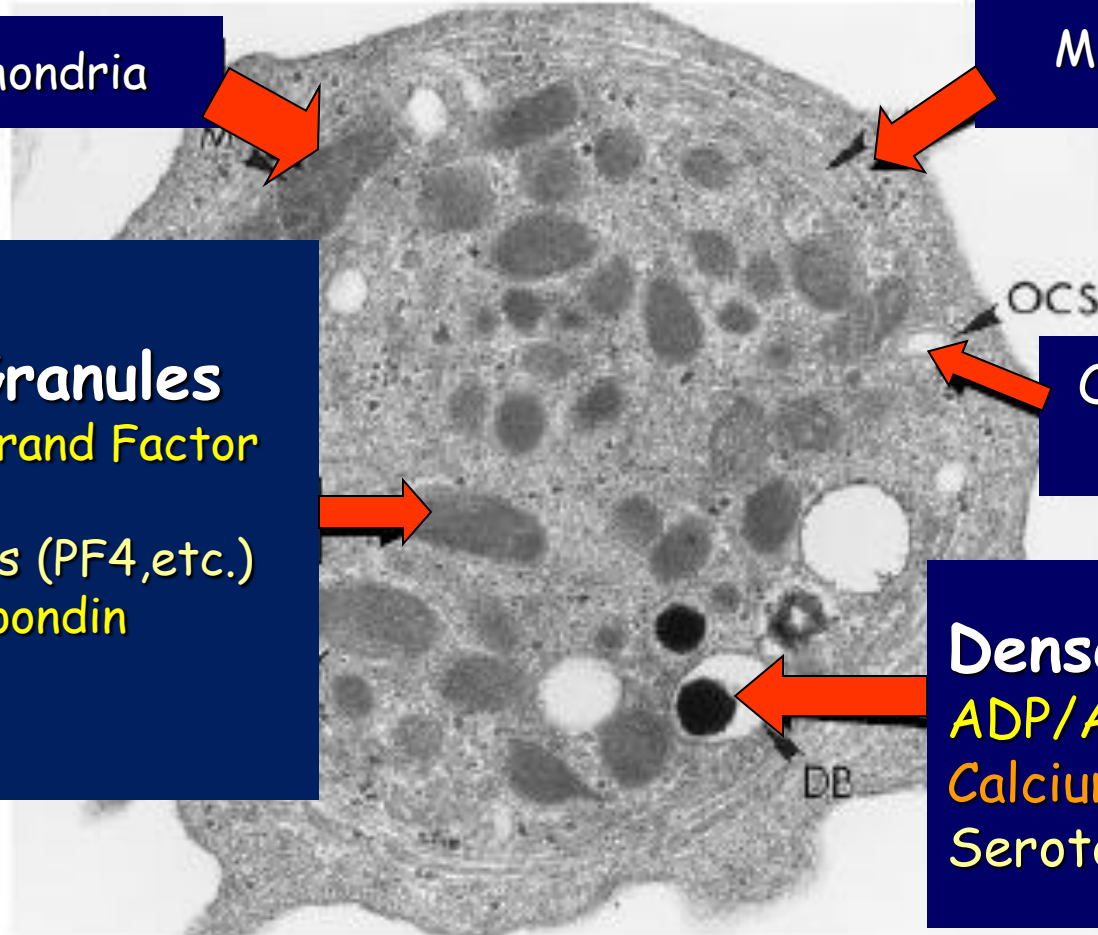
Mitochondria

Microtubules

Alpha Granules
von Willebrand Factor
Fibrinogen
Chemokines (PF4, etc.)
Thrombospondin
P-selectin

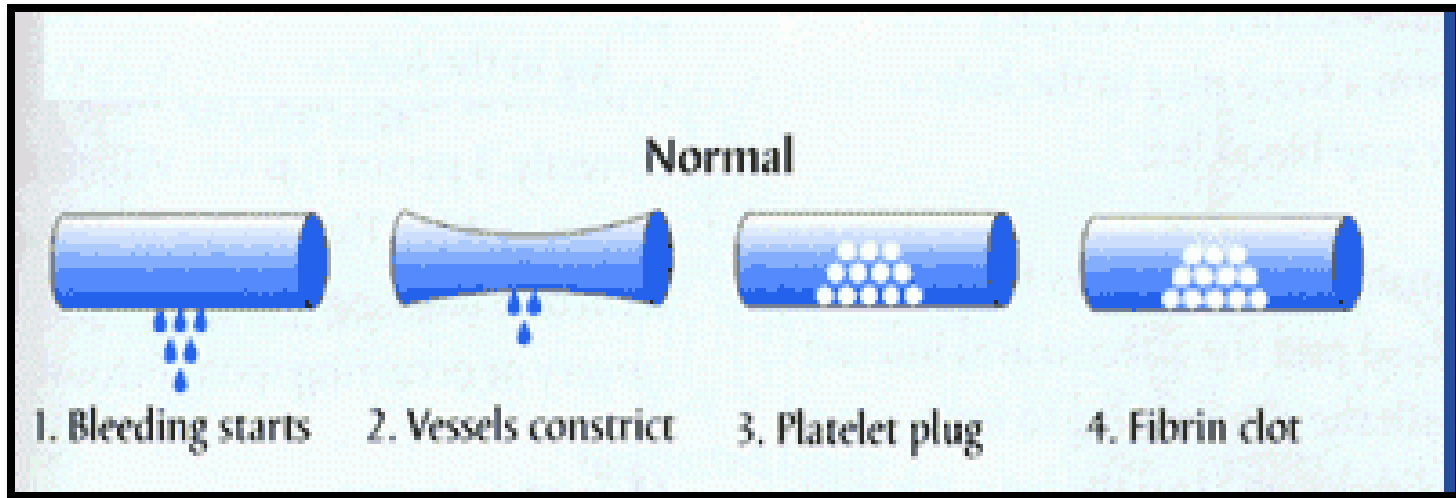
Open canalicular system

Dense Granules
ADP/ATP
Calcium
Serotonin



General functions of the platelets

HEMOSTASIS



1. VASCULAR PHASE

2. PLATELET PHASE

3. COAGULATION PHASE

4. FIBRINOLYTIC PHASE

Hemostatic Mechanisms

1. Vessel wall
2. Platelet
3. Blood coagulation
4. Fibrinolytic system

Platelet activation:

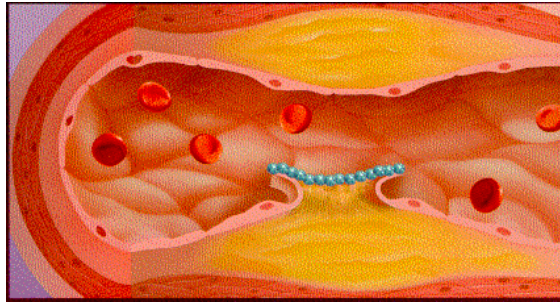
1. Adhesion
2. Shape change
3. Aggregation
4. Release reaction
5. Clot retraction

<https://www.youtube.com/watch?v=0pnpoEy0eYE>

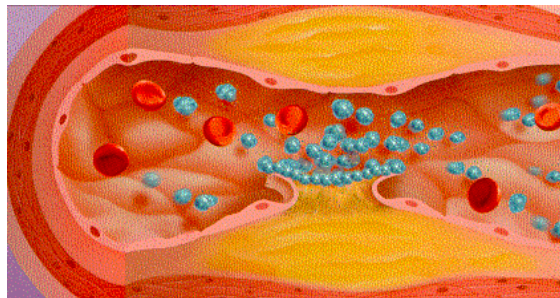
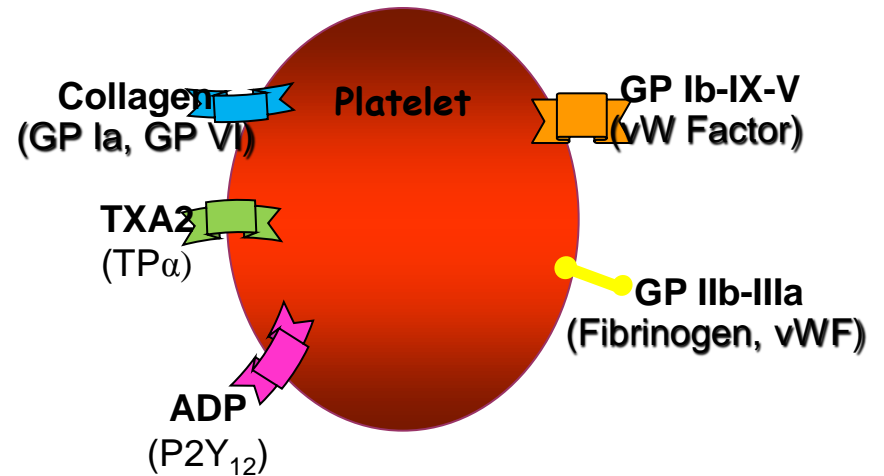
Platelet Activation

- **Adhesion**
- **Aggregation**
- **Release**
- **Clot Retraction**

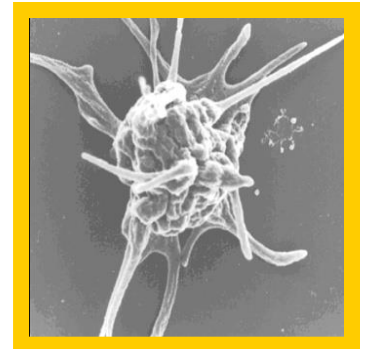
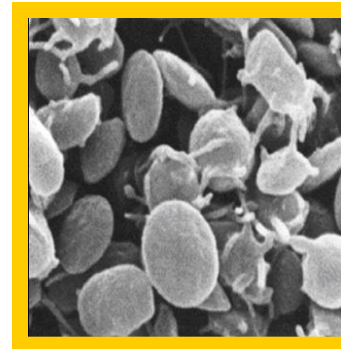
Platelet function

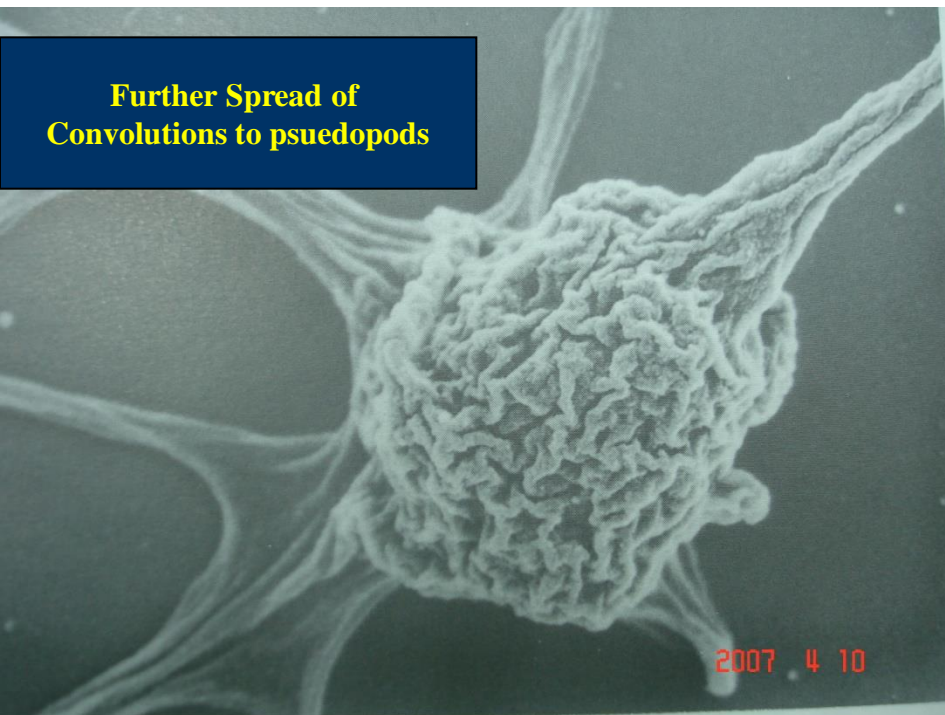
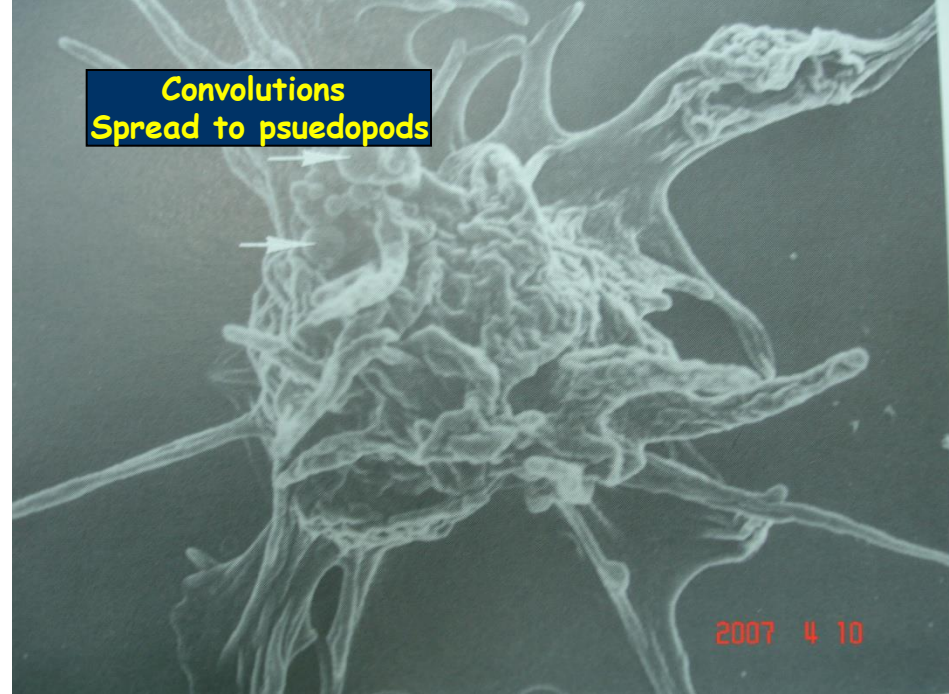
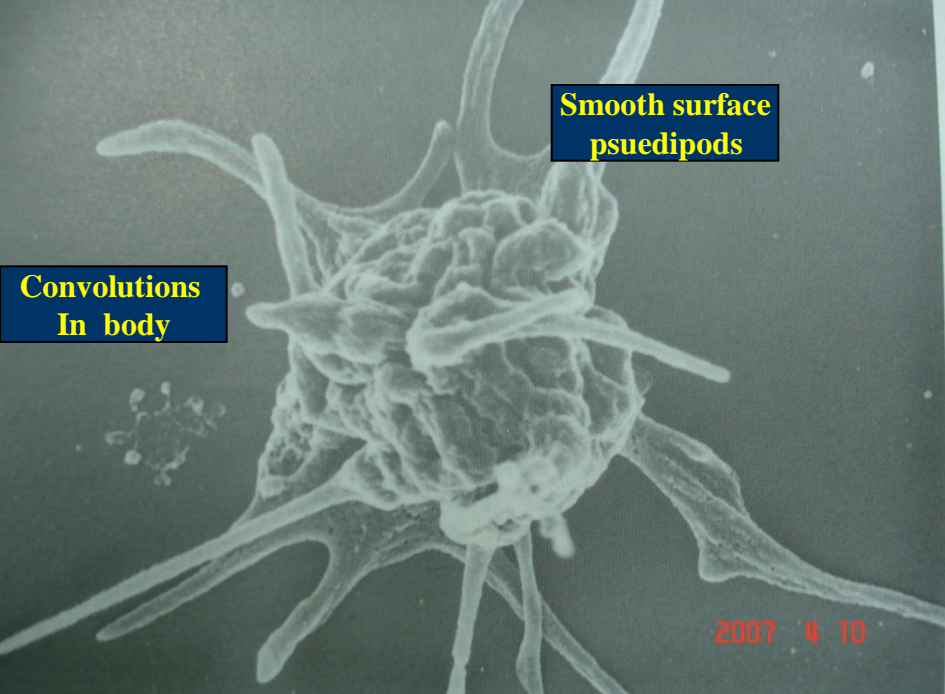


Adhesion



Activation



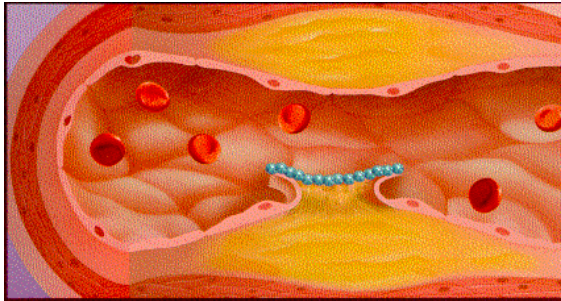


Platelet Aggregation

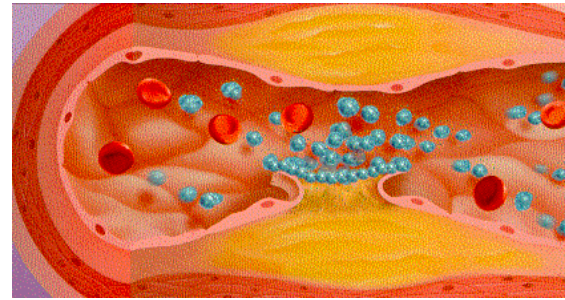
- **Aggregation:**

Fibrinogen is needed to join platelets to each other via platelet fibrinogen receptors

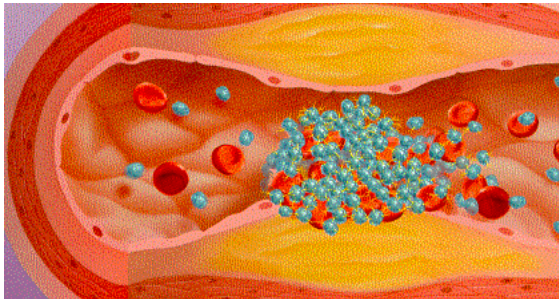
Platelet function



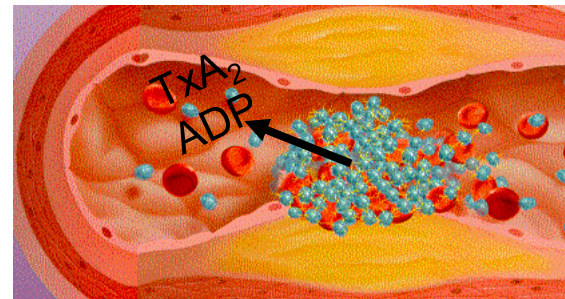
Adhesion



Activation

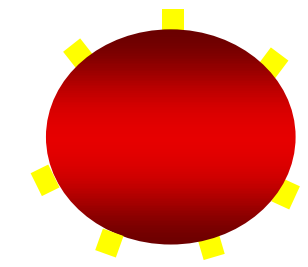


Aggregation



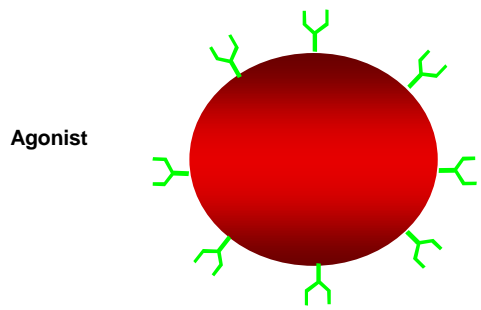
Secretion

Resting platelet

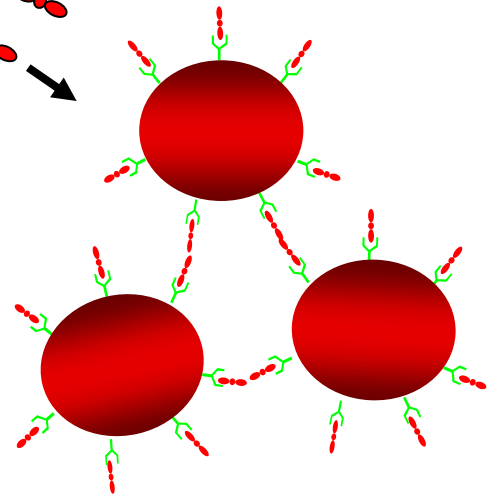
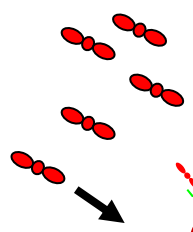


GP IIb/IIIa receptors

activated platelet

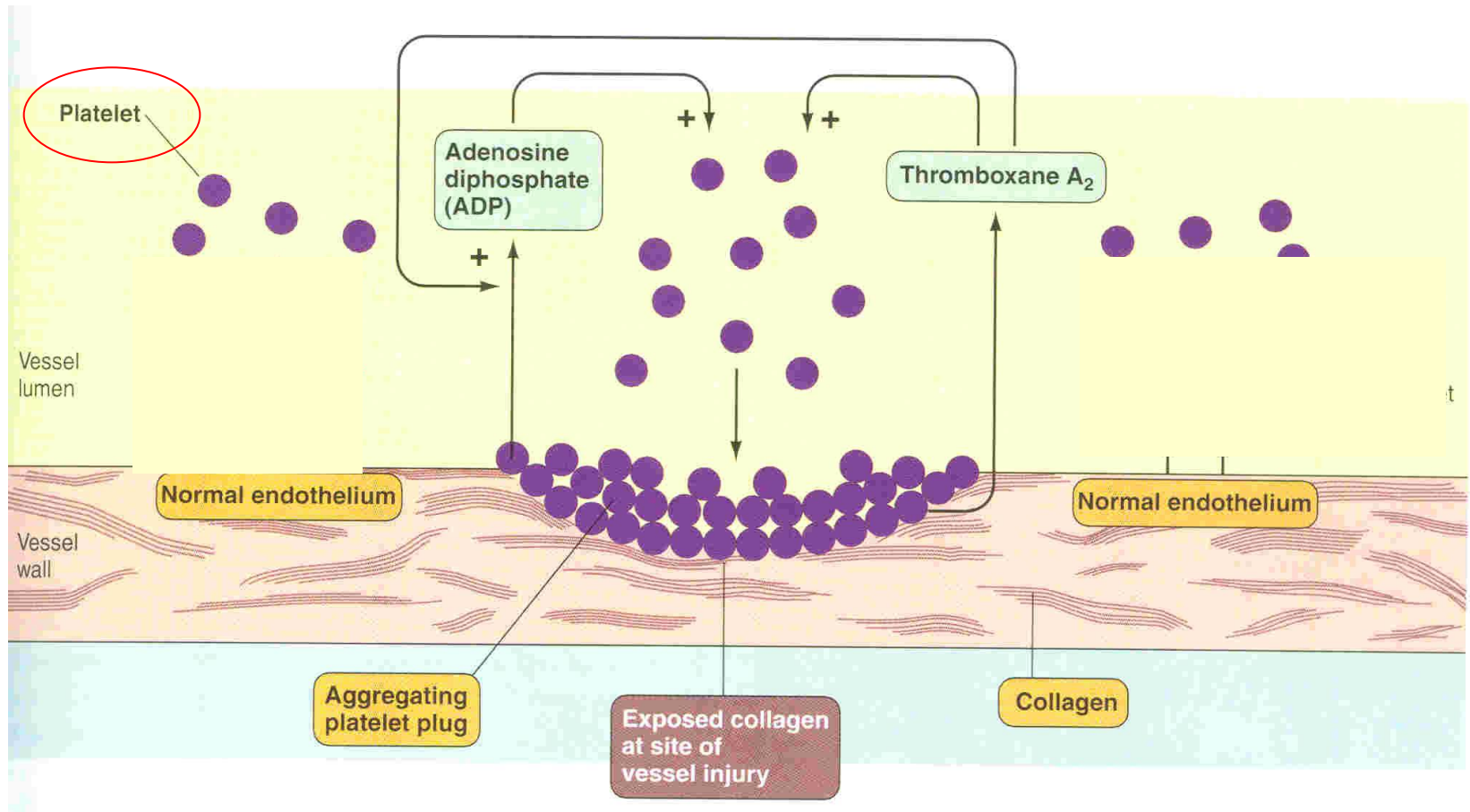


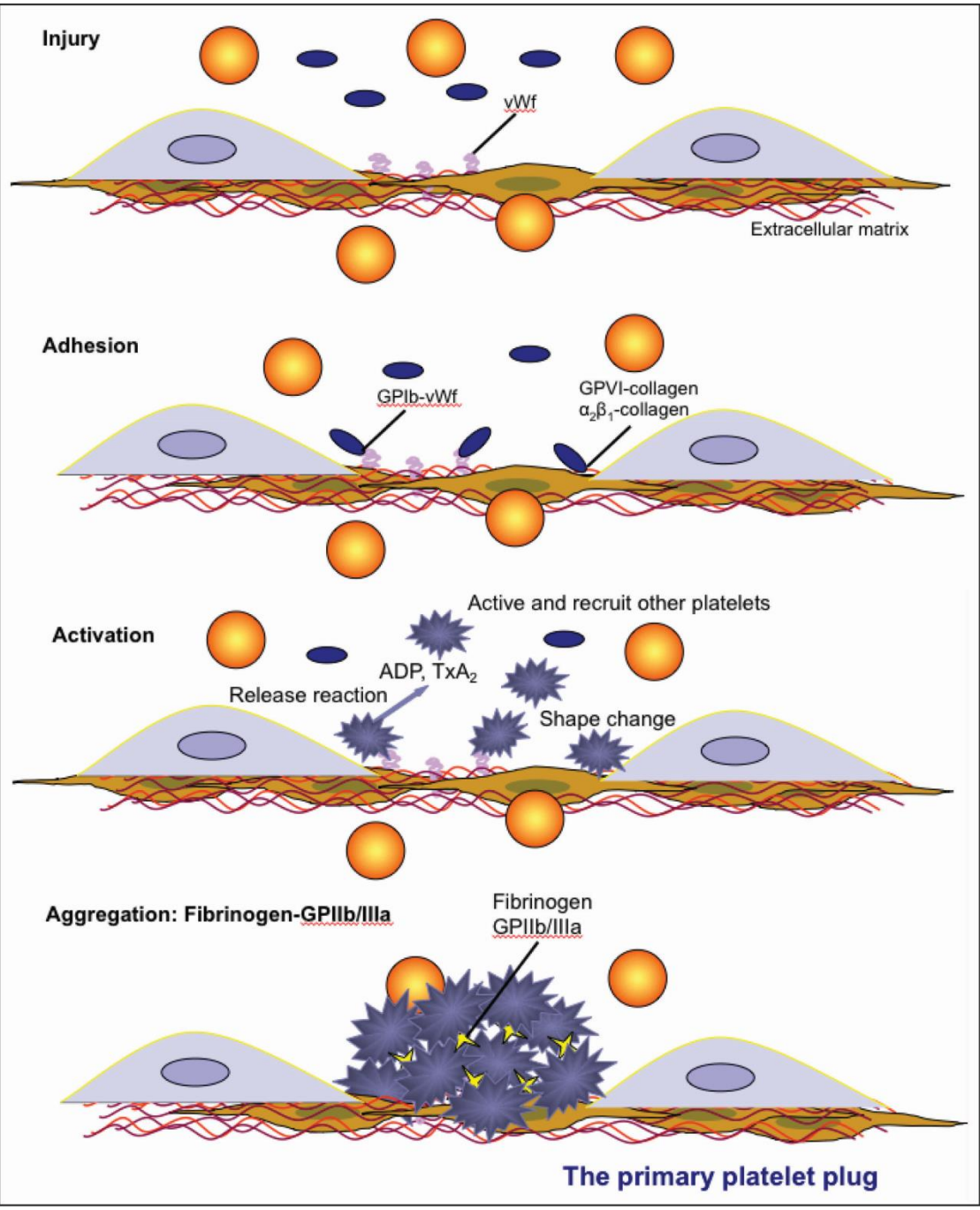
Fibrinogen

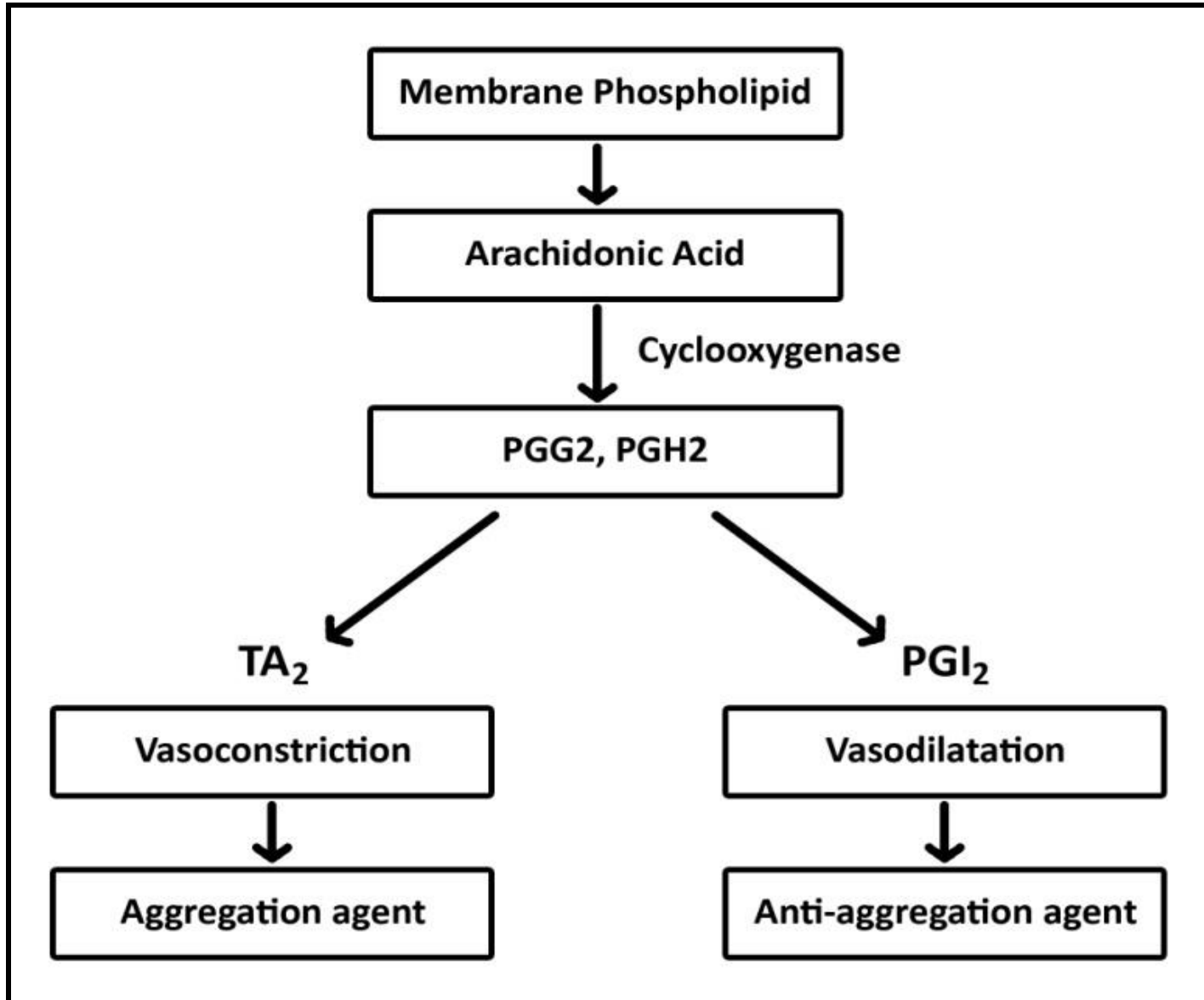


Aggregating platelets

Platelets aggregation







Activated Platelets

Secrete:

1. ADP
2. 5HT → vasoconstriction
3. Platelet phospholipid (PF3) → clot formation
4. Thromboxane A2 (TXA2) is a prostaglandin formed from arachidonic acid

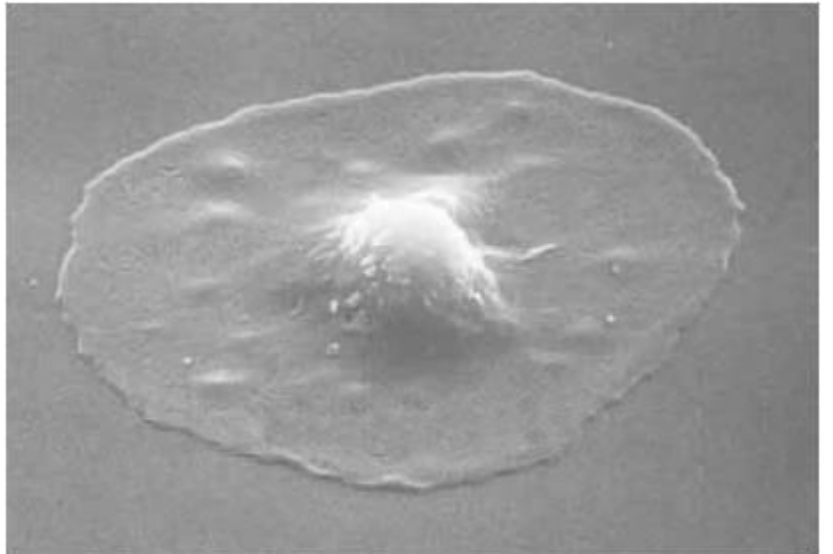
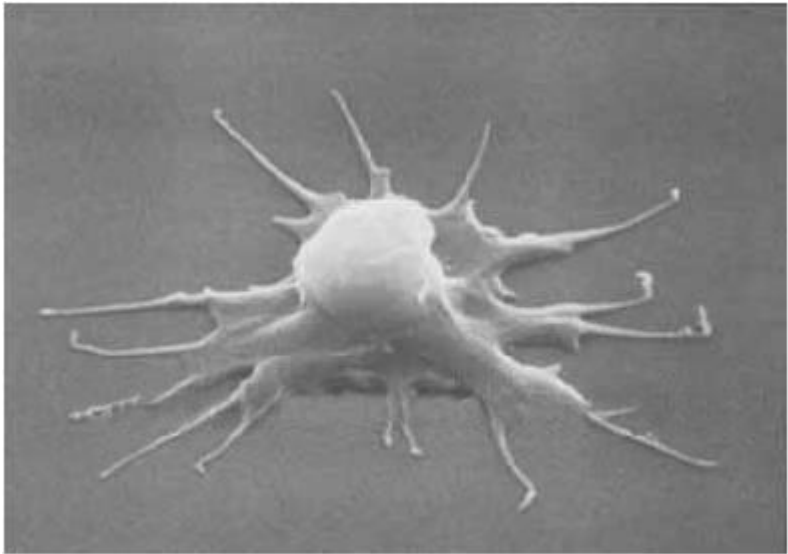
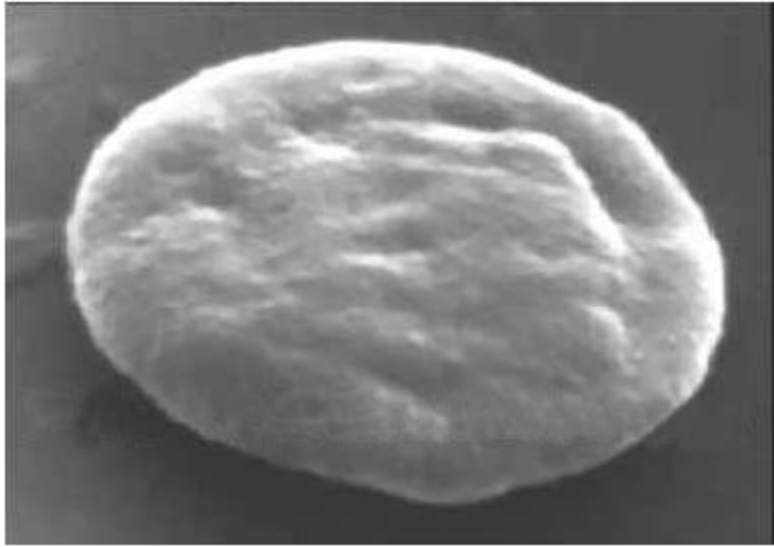
Function:

- vasoconstriction
 - Platelet aggregation
- (TXA2 inhibited by aspirin)

Platelet Activation

- **Clot Retraction:**

Myosin and actin filaments in platelets are stimulated to contract during aggregation further reinforcing the plug and help release of granule contents



Platelet haemostatic plug formation

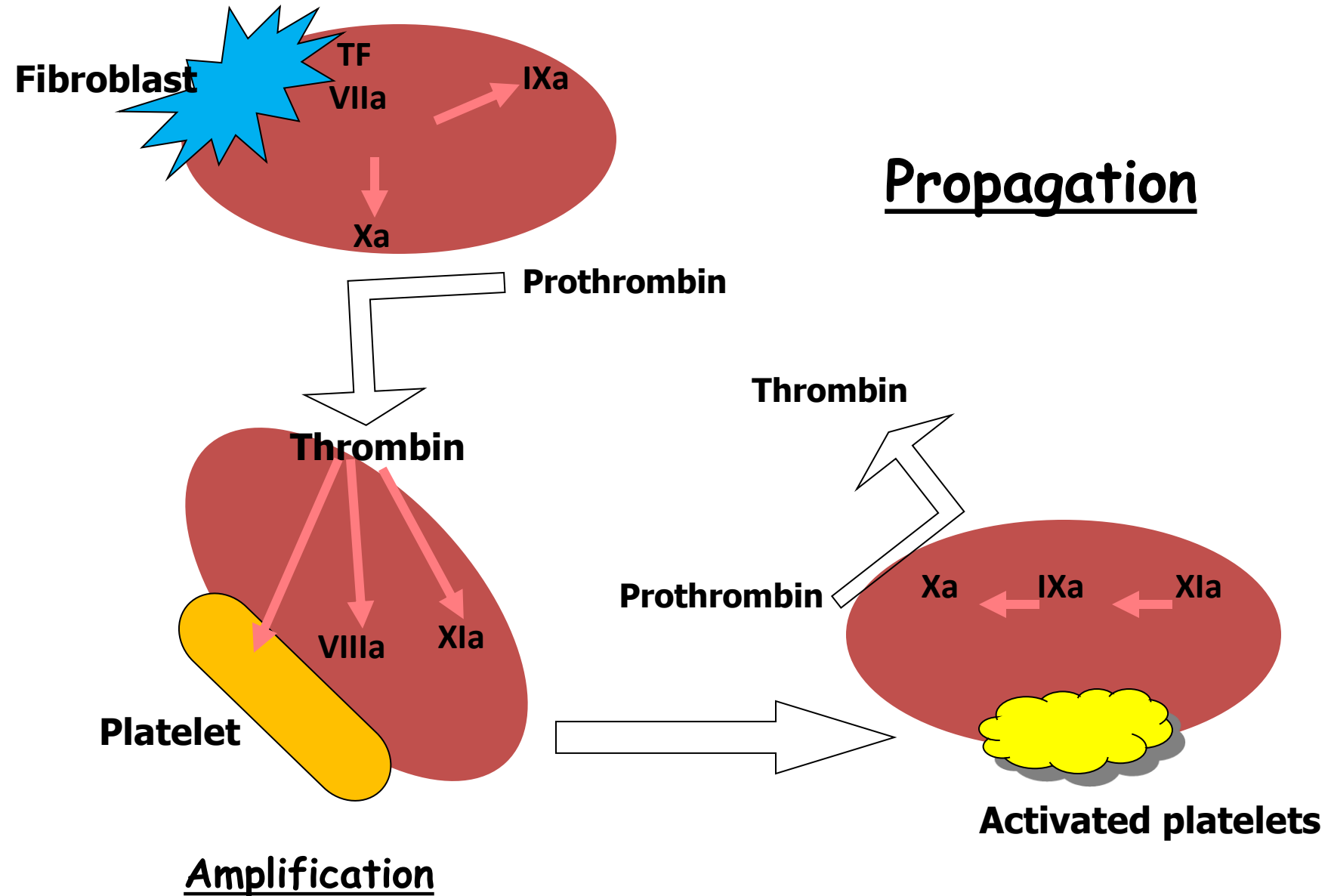
- Platelets activated by adhesion
- Extend projections to make contact with each other
- Release:
thromboxane A₂, serotonin & ADP >>> activating other platelets
- Serotonin & thromboxane A₂ are vasoconstrictors decreasing blood flow through the injured vessel.
- ADP causes stickiness and enhances aggregation

Functions of the platelets..cont

Role of platelet in blood coagulation

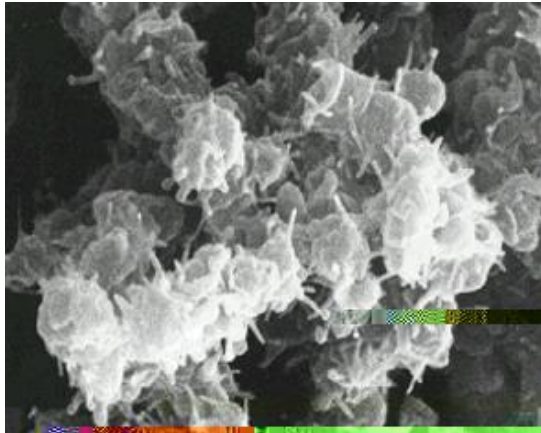
(The cell based model of blood coagulation)

Cell based model

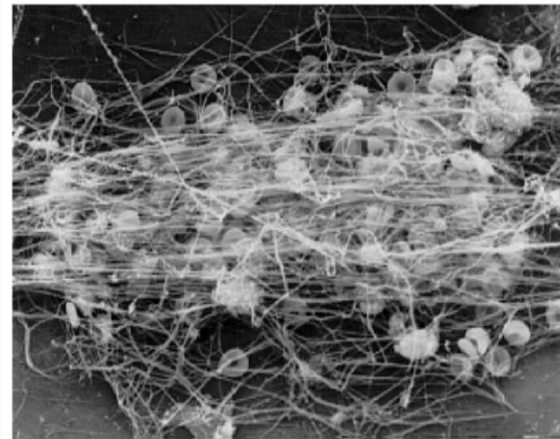


Platelet function: Maintenance of vascular integrity

➤ Initial arrest of bleeding by platelet plug formation

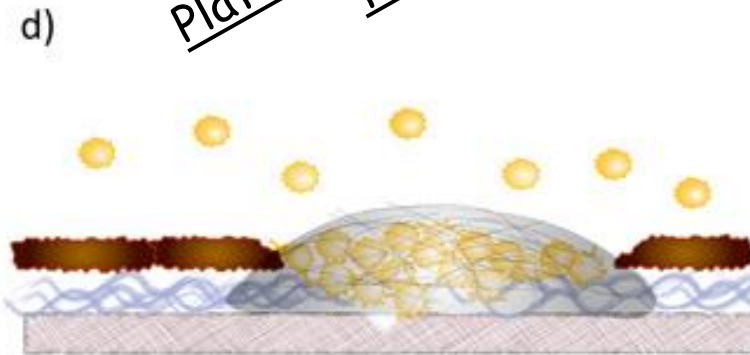
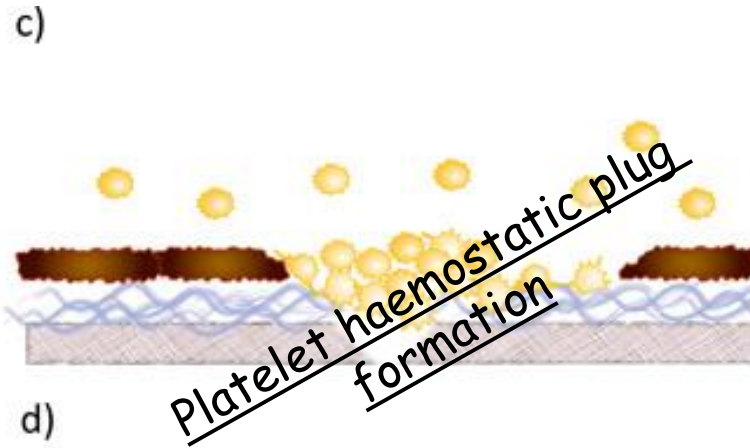
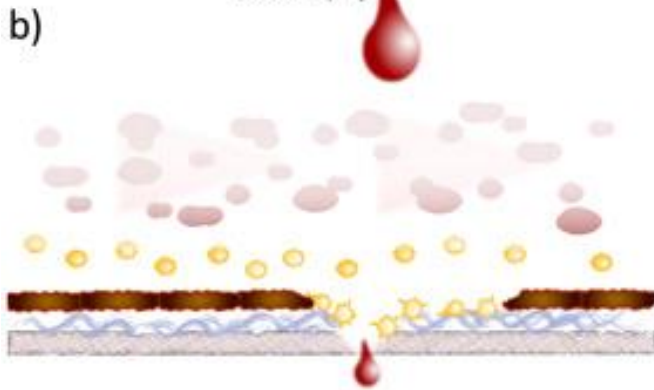
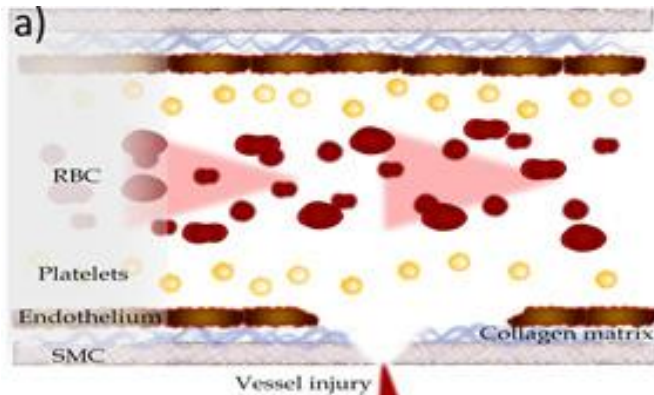


➤ Stabilization of hemostatic plug by contributing to fibrin formation

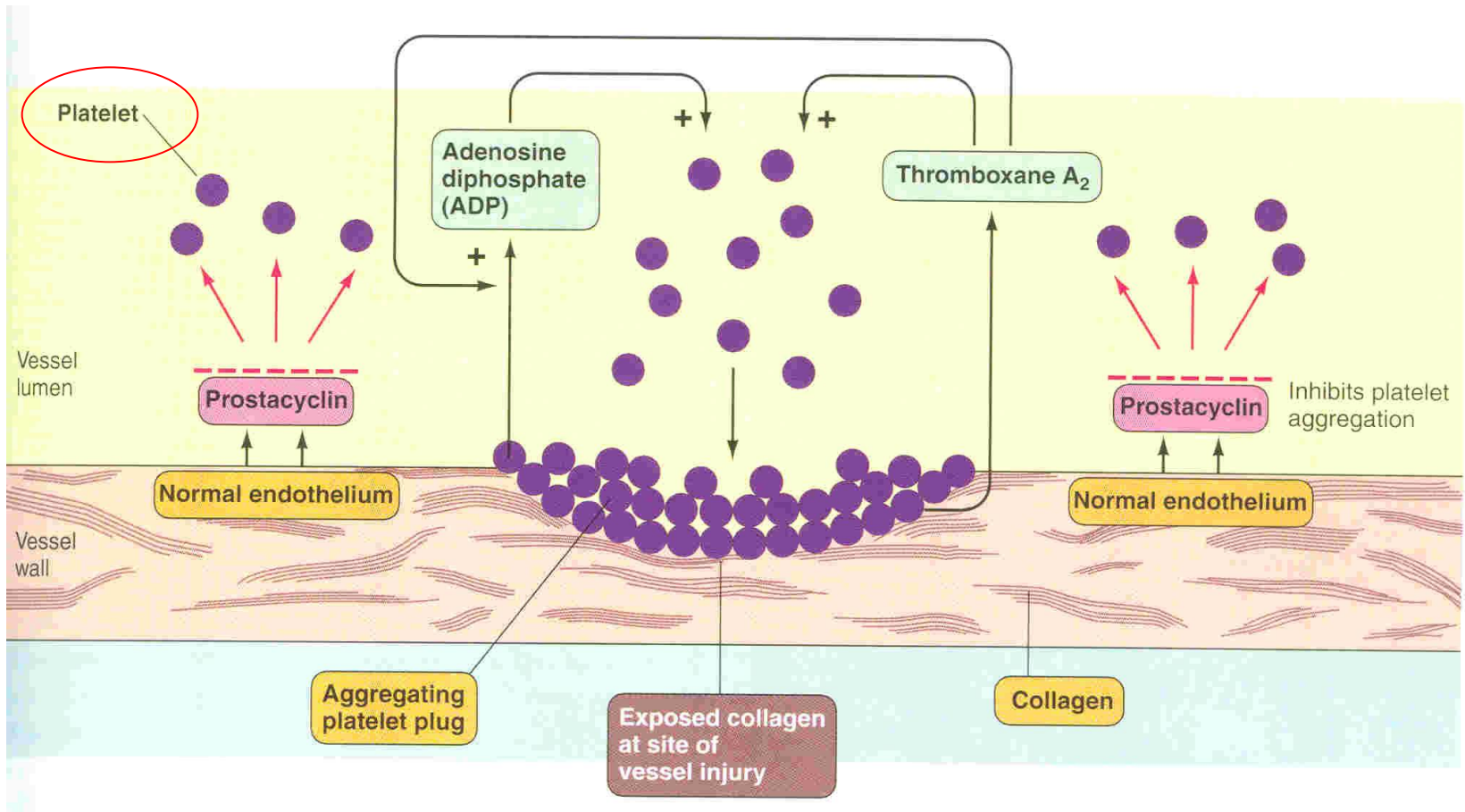


**Adequate number and function of
platelet is essential to participate
optimally in haemostasis**

Platelet haemostatic plug formation



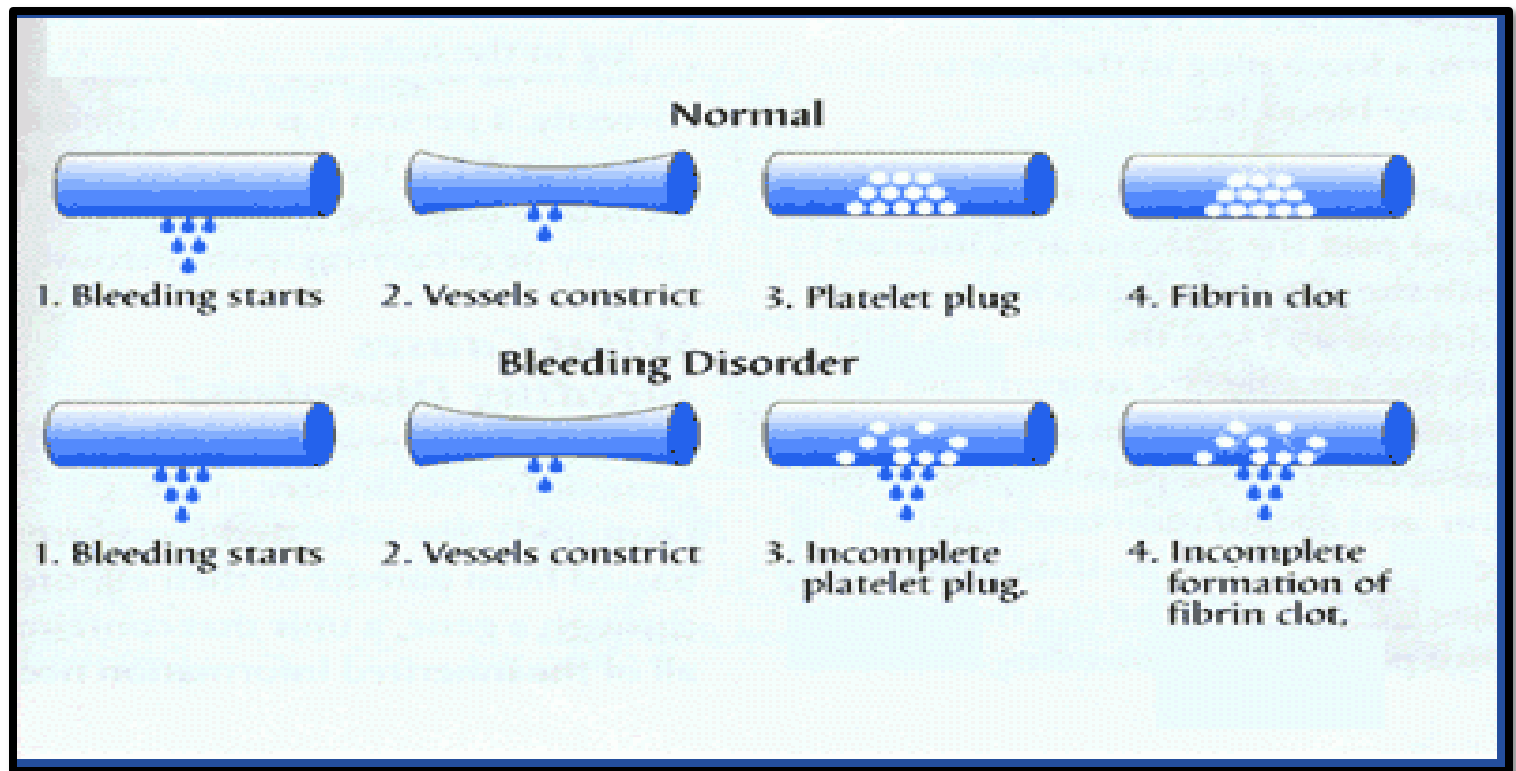
Platelets aggregation



Platelet Activation- summary

- **Platelets are activated when brought into contact with collagen exposed when the endothelial blood vessel lining is damaged**
- **Activated platelets release a number of different coagulation and platelet activating factors**
- **Transport of negatively charged phospholipids to the platelet surface; provide a catalytic surface for coagulation cascade to occur**
- **Platelets adhesion receptors (integrins): Platelets adhere to each other via adhesion receptors forming a hemostatic plug with fibrin**
- **Myosin and actin filaments in platelets are stimulated to contract during aggregation further reinforcing the plug and help release of granule contents**
- **GPIIb/IIIa: the most common platelet adhesion receptor for fibrinogen and von Willebrand factor (vWF)**

Bleeding Disorders



- **Bleeding can result from:**
 - **Platelet defects:**
 - deficiency in number (thrombocytopenia)**
 - defect in function.**

(Thrombocytopenia)

The causes of decreased platelet counts are:

- **Decreased Production**

Leukemia or lymphoma

Cancer treatments such as radiation or chemotherapy

Various anemias

Toxic chemicals

Medications: diuretics, chloramphenicol

Viruses: chickenpox, mumps, Epstein-Barr, parvovirus, AIDS

Alcohol in excess

Genetic conditions: Wiskott-Aldrich, May-Hegglin,

- **Abnormal distribution**

Splenomegaly with sequestration in the spleen

- **Increased destruction**

Autoimmune diseases: Idiopathic (immune) thrombocytopenic purpura

Medications: quinine, antibiotics containing sulfa, Dilantin®, vancomycin, rifampin, heparin-induced thrombocytopenia

Surgery: man-made heart valves, blood vessel grafts, bypass machines

Infection: septicemia

Pregnancy: about 5% of pregnant women develop mild decrease Thrombotic thrombocytopenic purpura

Disseminated intravascular coagulation

- **Pseudothrombocytopenia**

Partial clotting of specimen

EDTA-platelet clumping

Platelet satellitism around WBCs

Cold agglutinins

Giant platelets

Congenital Platelet Disorders

Disorders of Adhesion:

- . Bernard-Soulier

Disorder of Aggregation:

- . Glanzmann thrombosthenia

Disorders of Granules:

- . Grey Platelet Syndrome
- . Storage Pool deficiency
- . Hermansky-Pudlak syndrome
- . Chediak-Higashi syndrome

Disorders of Cytoskeleton:

- . Wiskott-Aldrich syndrome

Disorders of Primary Secretion:

- . Receptor defects (TXA₂, collagen ADP, epinephrine)

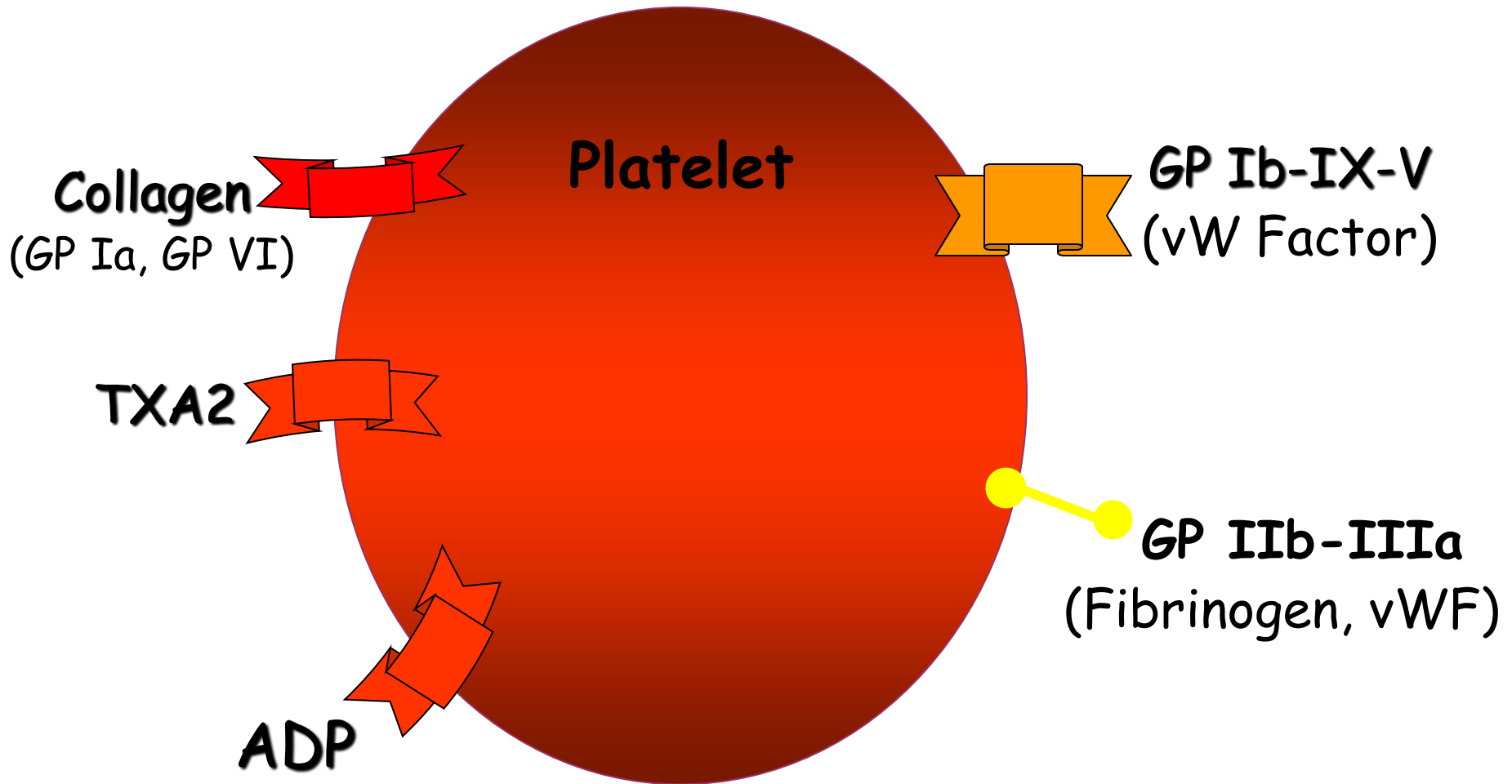
Disorders of Production:

- . Congenital amegakaryocytic thrombocytopenia
- . MYH9 related disorders
- . Thrombocytopenia with absent radii (TAR)
- . Paris-Trousseau/Jacobsen

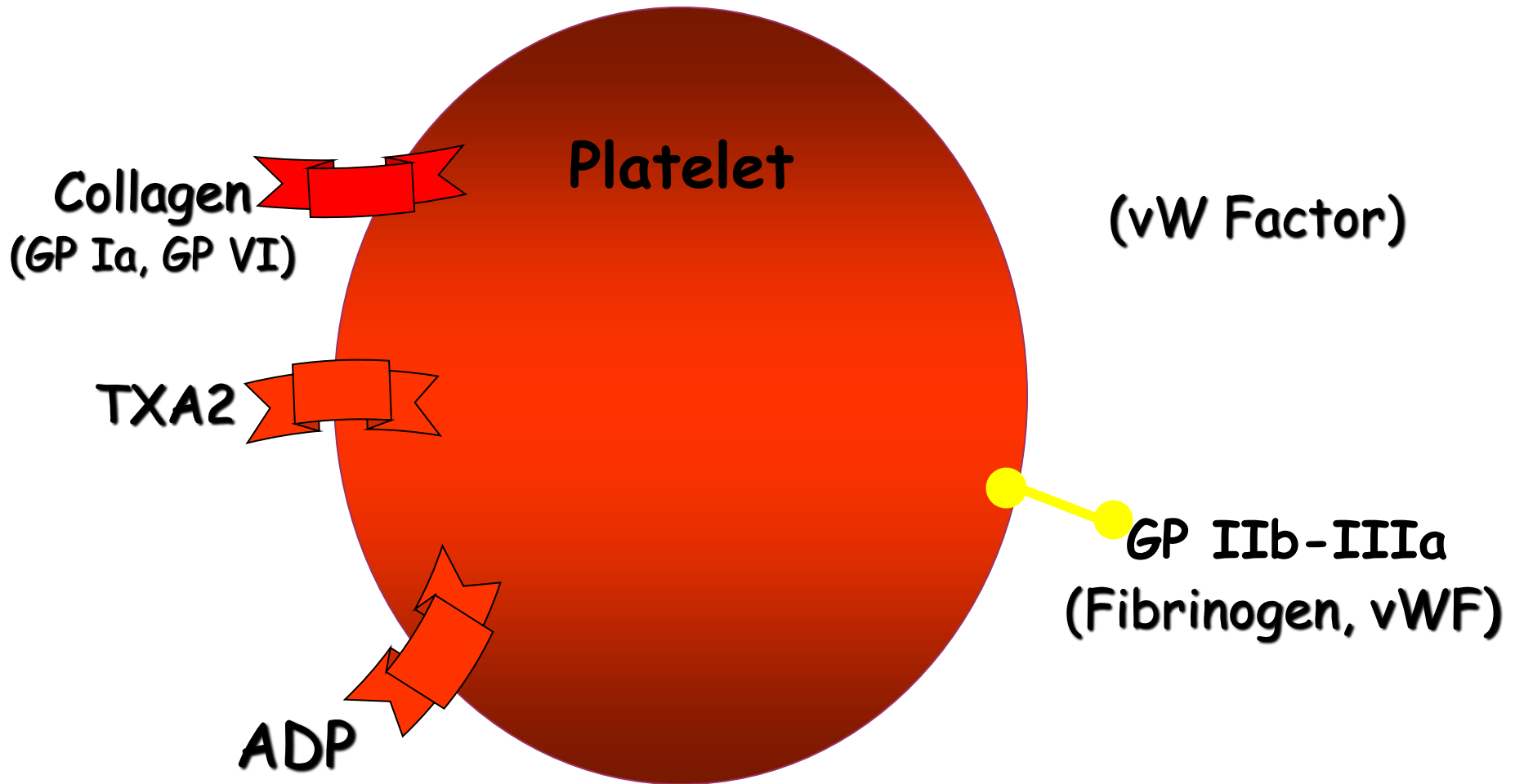
Platelet Activation

- **Adhesion:**
- **Shape change**
- **Aggregation**
- **Release**
- **Clot Retraction**

Bernard-Soulier Syndrome



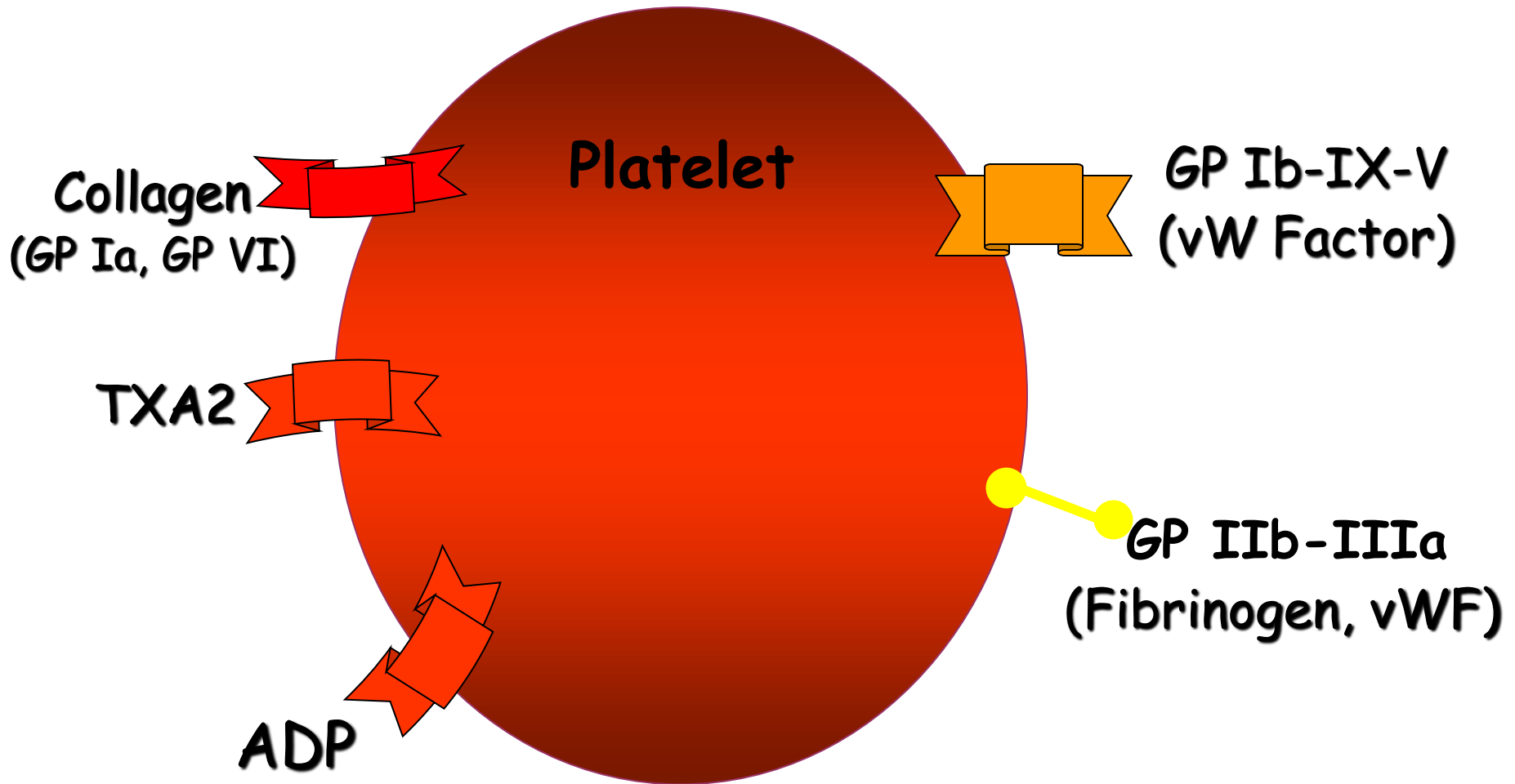
Bernard-Soulier Syndrome



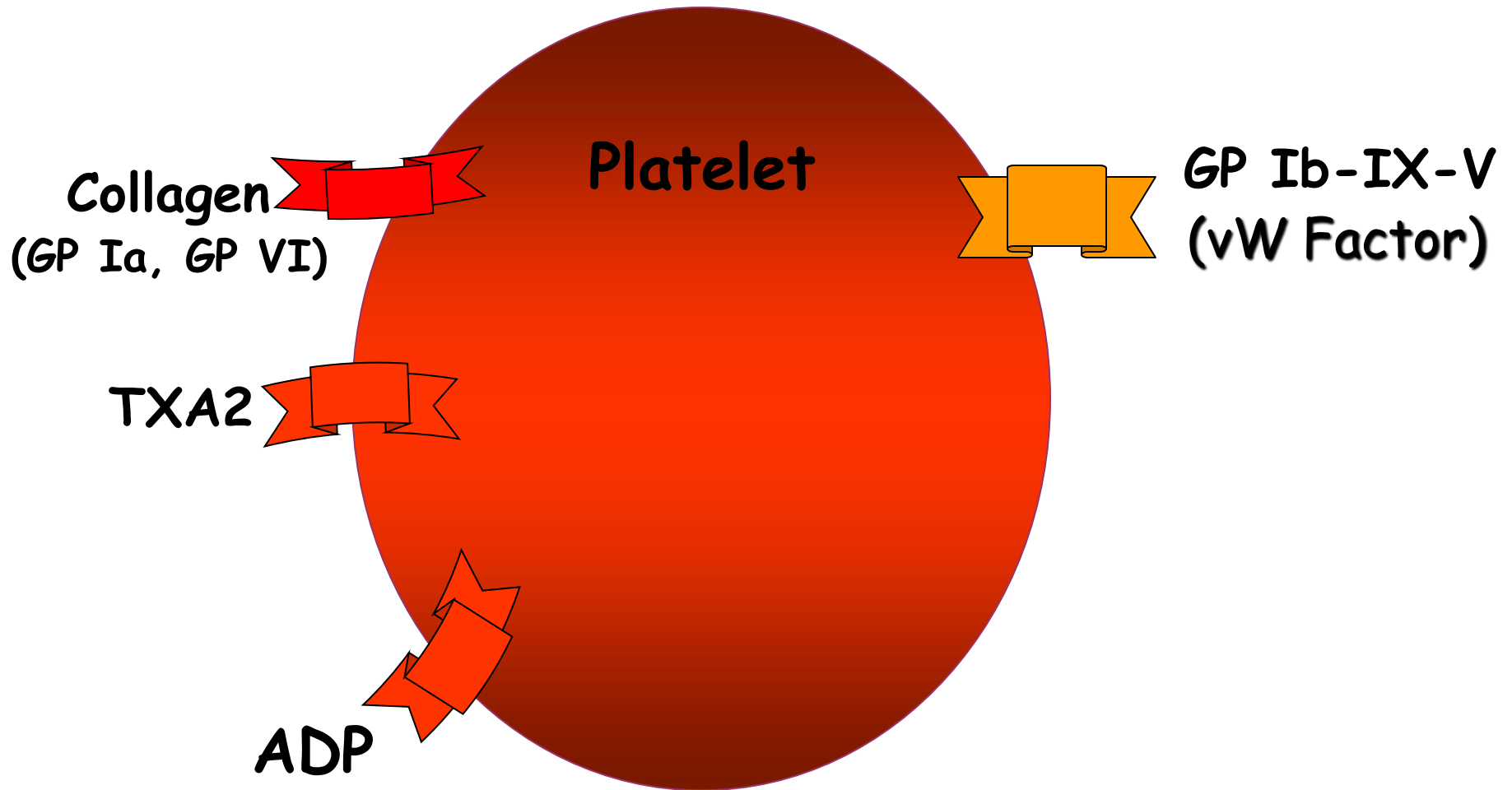
Platelet Activation

- **Adhesion:** Bernard-Soulier Syndrome (BSS)
- **Shape change**
- **Aggregation**
- **Release**
- **Clot Retraction**

Glanzmann Thrombasthenia



Glanzmann Thrombasthenia



Platelet Activation

- **Adhesion:**
- **Shape change**
- **Aggregation** Glanzmann Thrombasthenia
- **Release**
- **Clot Retraction**

**How to investigate for a
platelet disorder?**

Laboratory Testing of Platelet Functions

- Platelet count (& shape)
- Electron-microscopy
- Bleeding time
- Platelet Aggregation
- Platelet Function Analyzer (PFA-100)
- Flow-cytometry
- Granule release products

Bleeding Time



platelet function test

Platelet Aggregometry



Laboratory Testing of Platelet Functions

Platelet Aggregation

in (PRP) Platelet rich plasma):

Provides information on time course of plat. activation.

Agonists:

ADP

Adrenaline

Collagen

Arachidonic acid

Ristocetin

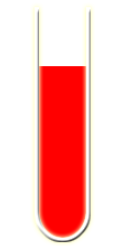
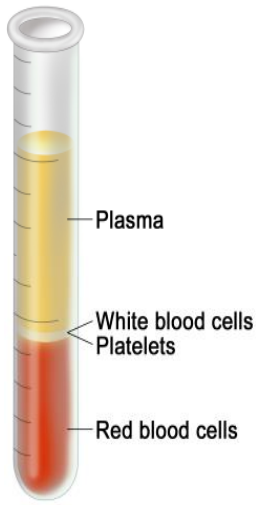
Thrombin

Reference ranges need to be determined for each agonist

Platelet Aggregation

Agonists:

- ADP
- Adrenaline
- Collagen
- Arachidonic acid
- Ristocetin
- Thrombin



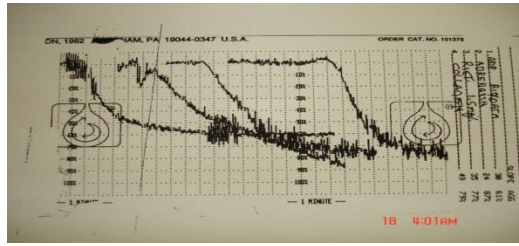
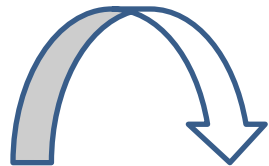
Whole blood

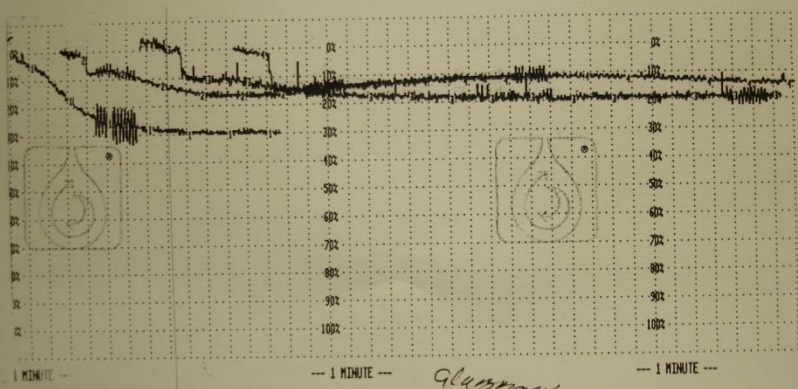


RBC



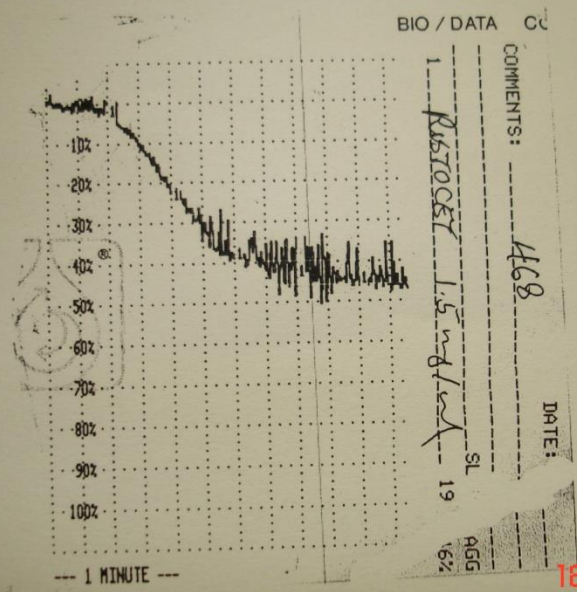
PRP





1. ADP BIO/DATA SLOPE AGG
 2. ARACHIDONIC 13 38%
 3. ADRENALIN 84 11%
 4. COLLAGEN 86 28%
 83 15%

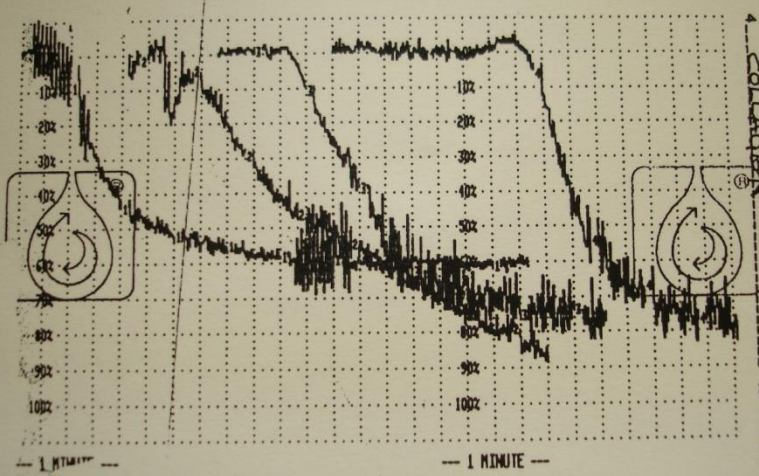
18 4:02AM



BIO / DATA CC
 COMMENTS: _____
 DATE: _____
 1. RUSTOCEI 1.5 mg/1ml SL
 19
 AGG 16%

18 4:04AM

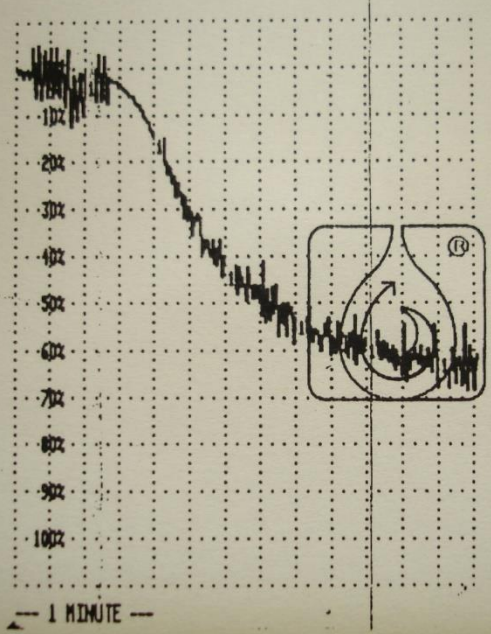
ON, 1982 MORSHAM, PA 19044-0347 U.S.A. ORDER CAT. NO. 101375



1. ADP BIO/DATA SLOPE AGG
 2. ADRENALIN 30 61%
 3. RUSTO 1.5mg 24 87%
 4. COLLAGEN 35 77%
 49 79%

18 4:01AM

© BIO/DATA CORPORATION, 1982 MORSHAM, PA 19044



COMMENTS: _____
 DATE: _____
 1. ARACHIDONIC SLOPE AGG
 28 65%

18 4:02AM

summary

- platelets are cell fragments derived from megakaryocyte in the bone marrow.
- Platelets play a pivotal role in haemostasis by arresting bleeding from an injured blood vessels

Bleeding can result from: Platelet defects acquired or congenital

A scenic landscape featuring a wide river flowing through a valley. In the background, there are towering, rugged mountains with a waterfall cascading down one of the peaks. The valley is filled with a dense forest of tall evergreen trees. The sky is filled with dramatic, grey clouds, with some light breaking through. In the foreground, a large, weathered log lies across the river. The text "THANK YOU" is overlaid in the center of the image in a bold, yellow, sans-serif font, with a reflection effect below it.

THANK YOU