GIT Pathology OSPE

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- 1. Pleomorphic adenoma
- 2. Gastro-esophageal reflux disease (GERD)
- 3. Barrett's esophagus
- 4. Carcinoma of the esophagus
- 5. Acute gastritis
- 6. Chronic gastritis
- 7. Gastritis: helicobacter-induced
- 8. Acute gastric ulcer
- 9. Chronic gastric ulcer
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- 12. Chronic duodenal ulcer & difference from gastric ulcer.
- 13. Celiac disease
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- 17. Adenomatous polyp & Familial polyposis
- 18. Colon carcinoma
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- 24. Acute pancreatitis
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Blue = Doctor's notes "important" RED = IMPORTANT

GREY = EXTRA



1. PLEOMORPHIC ADENOMA

Definition: Common benign salivary gland neoplasm.

Clinical features: Painless, slow-growing, mobile, discrete masses within the parotid or submandibular areas or in the buccal cavity.

Recurrence rate: (perhaps months to years later) with parotidectomy is about 4% but, with simple enucleation approaches 25%.

- 1-Prognosis is good "benign tumor"
- 2-Rare malignant transformation
- 3-Recurrence is high

Gross

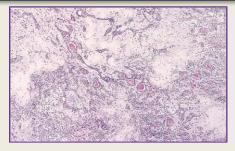


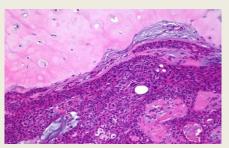
1.Parotid gland enlargement

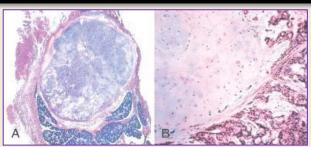


1.Circumscribed capsulated lesion
 2.Pale blue area
 3.Hemorrhagic area

Microscopic







 1.Fibromegsoid stroma "pale blue"
 2.Epithelium and myepithelium cells proliferation
 3.Capsule

2. GASTROESOPHAGEAL REFLUX DISEASE (GERD)

Definition: Occurs when the amount of **gastric juices** that refluxes into the esophagus **exceeds** the normal limit.

Clinical features: Heartburn, regurgitation and dysphagia.

Causes: Increase of abdominal pressure and decrease of lower esophageal sphincter tone.

Complications: Erosive esophagitis, stricture and Barrett's esophagus.

Treatment: - H2 receptor Blockers. - Proton pump inhibitors. - Antireflux surgery.

Gross

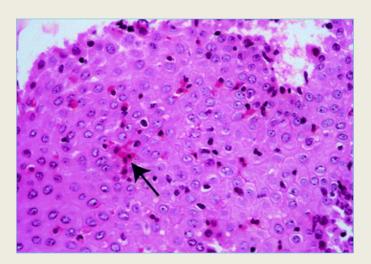
Endoscopy view for the junction of stomach and esophagus showing esophagitis.

- 1. Necrosis of esophageal epithelium.
- 2. Ulcers.



Microscopic

1.Inraepithelial
 eosinophils
 2.Basel cells hyperplasia



3. BARRETT'S ESOPHAGUS

Definition: Intestinal metaplasia of the esophageal mucosa from stratified squamous epithelium into non ciliated columnar epithelium with goblet cells. Most of adenocarcinomas arising in the esophagus arise from previously existing BARRETT's. Clinical features: No specific symptoms and patient may have symptoms like GERD. Pathogenesis: Acid damages lining of esophagus and causes chronic esophagitis → Damaged area tries to heal in a metaplastic process → Damaged squamous cells are replaced by metaplastic columnar cells defined by the presence of goblet cells (intestinal metaplasia).

Risk factors: Male, smoker, age and obese.

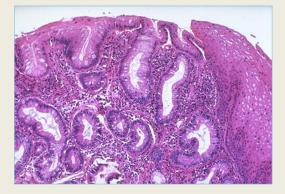
Gross



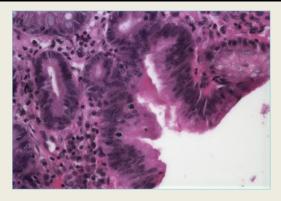
1-Hyperemic and irregular esophageal mucosa

2-red spots

Microscopic



 Intestinal metaplasia "present of goblet cells"
 2-Negative dysplasia



1. **Dysplasia** "hyperchromasia, irregular crowded glands and mitosis 2-Goblet cells

Risk factor "adenocarcinoma" 4

4. CARCINOMA OF THE ESOPHAGUS "important"

Definition: Cancer arising from the esophagus, either squamous cell carcinoma or adenocarcinoma. **Clinical features:** Dysphagia, weight loss, hoarse voice, enlarged lymph nodes, dry cough, hematemesis.

Complications: Metastasis to other organs.

Gene associated: RHBDF2 (Palmoplantar keratoderma)

Squamous cell carcinoma risk factor: 1-Smoking 2-Injury 3-Drinking alcohol 4-Fungal infection

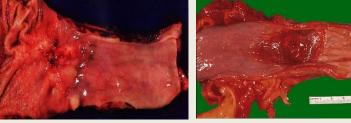
Treatment: Surgical removal, radiotherapy.

Bad prognosis

Gross

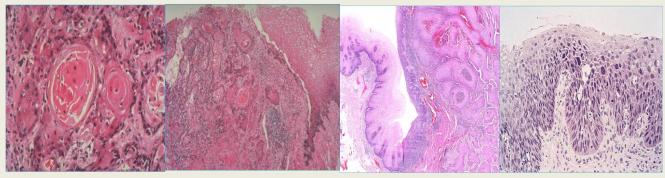


1-Fangatid large tumor in the cavity of esophagus2-Paraesophageal lymph nodes show metastasis



1-Midesophageal ulcerated mass

Microscopic



1-Malignant nests of squamous cellsinvade lamina propria2-Keratinization

1-Dysplasia with invasive carcinoma

1-Dysplastic squamous epithelium with no basement membrane invasion "carcinoma in situ

5. ACUTE GASTRITIS

Definition: Inflammation of the lining of the stomach.

Clinical features: Epigastric pain, Nausea Vomiting, melena, Loss of appetite Unexplained weight loss, hematemesis.

Causes: NSAIDs, corticosteroids, alcohol, major surgery, kidney failure, liver failure, respiratory failure

Risk factors: Alcoholism, extreme stress, bile reflux, autoimmune diseases.

Complications: stomach ulcers and stomach bleeding. And rarely increase the risk of stomach cancer.

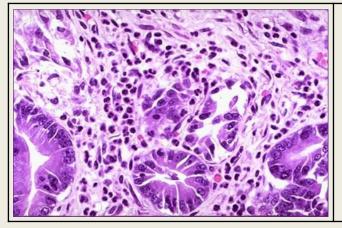
Treatment: Treatment of the 1ry cause, antacids, and PPIs.

Gross



1-Hyperemic and many red spots in the mucosa of stomach

Microscopic



1-Neutrophils "active gastritis"

6. CHRONIC GASTRITIS

The symptoms and signs associated with chronic gastritis typically are less severe but more persistent than those of acute gastritis

Symptoms: Nausea and upper abdominal discomfort may occur, sometimes with vomiting.

Causes:

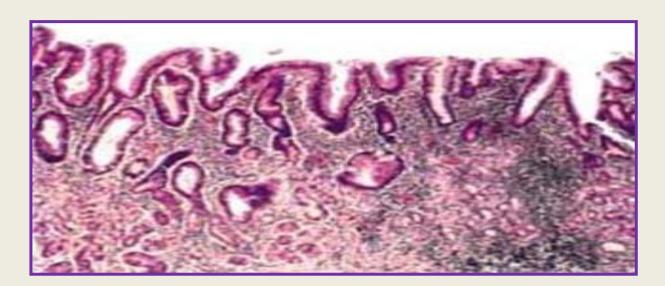
-Autoimmune gastritis -Atrophic gastritis

-H. pylori infection

-Radiation injury

-Chronic bile reflux.

Microscopic



7. GASTRITIS: HELICOBACTER-INDUCED

Causes: Infection with Helicobacter pylori **Complications:** lymphoma and carcinoma **Stain used:** Giemsa stain, Silver stain and methylene blue stain.

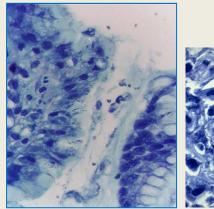


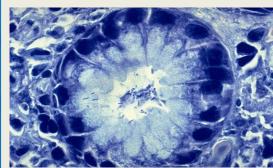
Peptic ulcer

Microscopic



1.**Silver stain** 2.A lot of H.pylori





Giemsa stain
 A lot of H.pylori
 Small curved structure

8. ACUTE GASTRIC ULCER "not important"

Definition: it's an ulcer in the lining of the stomach or first part of duodenum. <u>In contrast of erosion, muscularis mucosa is intact in ulcer.</u>

Clinical features: Epigastric pain, Burning sensation,

Causes:

-Extreme hyperacidity.

-H.Pylori infection (80%)

-As a complication of severe stress response e.g.: Curling's ulcer, Stress ulcer or Cushing's ulcer. -As part of an acute gastritis e.g.: Chemical injury **NSAIDs-induced** ulcer

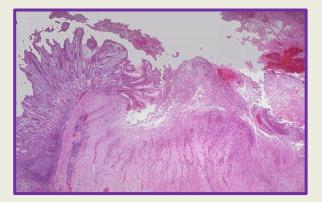
Complications: Hemorrhage, Penetration, Perforation> Peritonitis, Fibrous stricture or iron deficiency anemia.

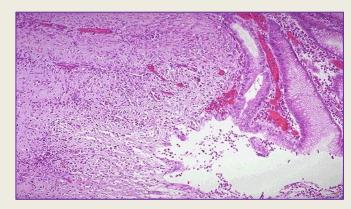




Gastric Ulcer

Microscopic





- 1. Ulcer and loss of epithelium lining.
- 2. Exudate
- 3. Granulation tissue
- 4. Fibrosis
- 5. Scar formation

9. CHRONIC GASTRIC ULCER "not important"

Peptic ulcer disease: Most often associated with H.Pylori infection or NSAIDs use. Usually solitary. Affects <u>adults</u>.

Types: Gastric, Duodenal or Esophageal (GERD)

Causes: Imbalance between mucosal defense and aggressive factors

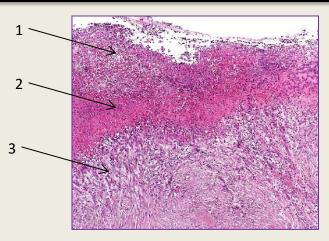
Complications:

- -Rupture lead to bleeding from gastroduodenal artery
- -Acute pancreatitis
- -Iron deficiency anemia
- -Frank hemorrhage
- -Perforation

Gross



Microscopic



- 1. Ulcer and loss of epithelium lining.
- 2. Exudate
- 3. Granulation tissue
- 4. Fibrosis
- 5. Scar formation

10. GASTRIC ADENOCARCINOMA

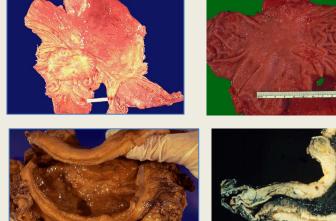
Adenocarcinoma: is mucin producing tumor

•Adenocarcinoma is the most common malignancy of the stomach.

•Causes:

- ✓Mutations e.g.: CDH1
- ✓H.Pylori: chronic gastritis.
- ✓ EBV: 10% of the cases.

Gross

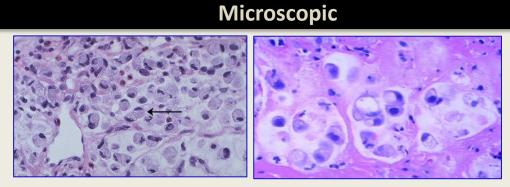




Intestinal type 1-Invasive localized tumor 2-Malignant ulcer

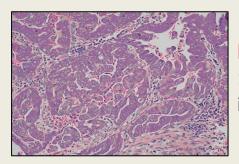
Diffuse type

1-Tumor involve the whole wall of the stomach "Linitis Plastica"



Diffuse type

1. Malignant signet ring tumor cell 2-Mucin



Intestinal type

1.Crowded irregular malignant glands invade the wall of stomach

11. SMALL INTESTINAL INFARCTION & ISCHEMIC ENTERITIS

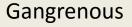
In small intestine there is **extensive anastomosing arterial blood supply** and **extensive venous drainage** making <u>it more difficult to infarct.</u>

Main cause is: Adhesion between the loops typically following abdominal surgery See image A. More diffuse adhesions may also form following peritonitis.



Image A







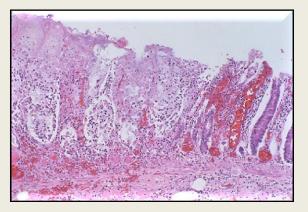
Gross



1. Ischemic necrosis 2. hyperemia

Microscopic





1.Coagulative necrosis of the villi replaced by inflammatory cells and fibrin

12. CHRONIC DUODENAL ULCER & DIFFERENCE FROM GASTRIC ULCER. "Not important"

Gastric ulcer	Duodenal ulcer	
Breakdown of mucosal defense	Increased production of Acid "Increase aggressive factors"	
Causes: H.Pylori 75% (major cause) NSAIDs (2 nd major cause)	Causes: H.Pylori 95%. Zollinger-Ellison syndrome (rarely).	
Worsens with meals	Relives with meals	
Treatment: H.Pylori eradication (antibodies) PPI & H2 Blockers		

Gross

Duodenal Ulcer (DU)

Gastric Ulcer (GU)



Ulcer

13. Celiac disease "Important"

Definition: An immune reaction to gliadin fraction of the wheat protein gluten in genetically predisposed people.

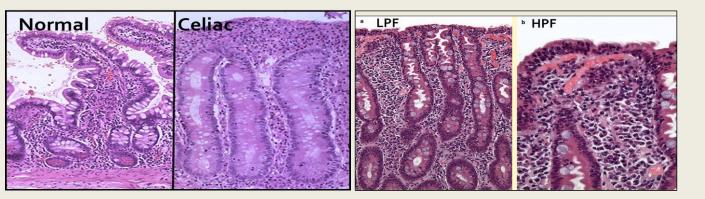
Clinical features: Celiac disease most often becomes apparent either in infancy, or in young to middle age adults.

Complications: Anemia, osteoporosis, infertility in women, delayed puberty.

Treatment: Lifelong gluten-free diet. Diagnosis:

- Serology: anti-endomysial antibodies.
- <u>Biopsy is taken from small intestine</u>

Microscopic



- 1.Atrophy
- 2. Intraepithelial lyphocytosis
- 3.Hyperplasia
- 4. Blunting & flattening of villi

14. CARCINOID TUMOR OF SMALL INTESTINE

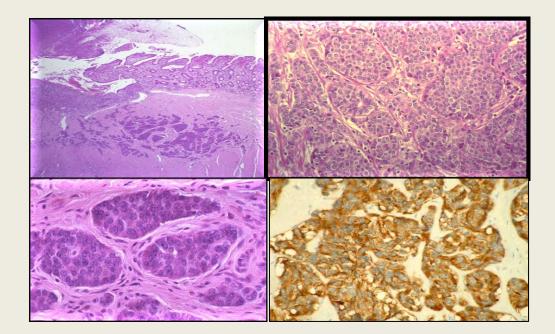
Definition: Neoplasms of the small intestine are uncommon. Benign tumors can include leiomyomas, fibromas, neurofibromas, and lipomas. **Clinical features:** Benign tumors and can be malignant prognosis depends on the behavior of tumor.

Stain used: Synaptophysin immunohistochemical stain (IHC stain), positive result confirms the neuroendocrine nature of this neoplasm. Electron microscope (EM) will show neurosecretory granules in the cytoplasm. Uncommon in small intestine and common and appendix

Gross

 I.Well circumscribed tumor

Microscopic



1.Nests of neuroendocrine cells
 2.Uniform round cell
 3.Salt and paper chromatin

15. CROHN'S DISEASE

Definition: A chronic inflammatory disorder that most commonly affects the **ileum** and **colon** but has the potential to involve any part of the gastrointestinal tract from the **mouth to the anus**. **Clinical features:**

Acute phase	Chronic disease
Fever diarrhea right lower quadrant pain	Remissions and relapses over a long period of time.

Causes: Still not clear, but they probably have an **immunologic hypersensitivity basis**. **Complications:** 1.Intestinal obstruction 2.**Fistula** formation 3 .Extraintestinal manifestations (arthritis and uveitis).

Gene associated: (HLA-5 6 B27 association) Stain used: H&E

Treatment: immunosuppression

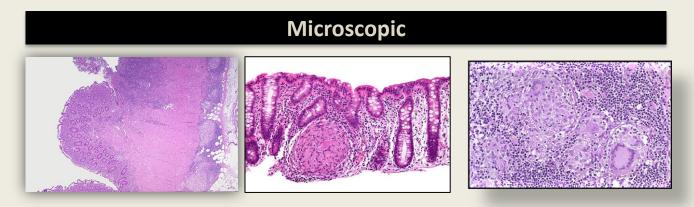
Gross



1.Skip lesions



Crepping fat Cobble stones



- 1.Transmural inflammation
- 2.Granuloma
- 3. Distortion of crypts

16.ULCERATIVE COLITIS

Definition: Chronic relapsing ulcero-inflammatory disease of undetermined etiology - Ulcerative colitis is a disease of the rectum, and the colon.

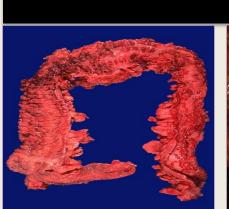
Clinical features: Fever, leukocytosis, lower abdominal pain, bloody diarrhea and mucus in the stool and weight loss .

Risk factors: More common in females and in young adults.

Complications: Severe bleeding ,Toxic megacolon, high-grade dysplasia increase risk of cancer.

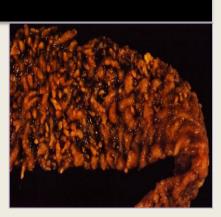
Extraintestinal manifestations

- 1- Arthritis 2- Uveitis
 - 3- Skin lesions (pyoderma gangrenosum),
- 4- Sclerosing cholangitis (fibrosis around bile ducts), leading to obstructive jaundice.



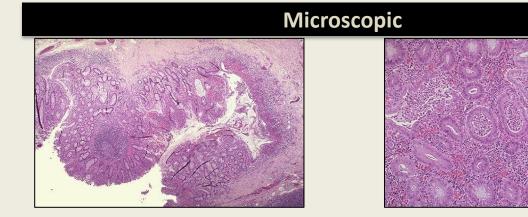
Gross





1.Contenous lesion 2.Thin wall

Pseudopolyps



Inflammatory lesion
 Cryptitis
 Distortion
 Crypts abscess

Microscopic		
	1.Inflammatory lesion2.Cryptitis3.Distortion4.Crypts abscess	
	 1.Inflammatory lesion 2.Cryptitis 3.Distortion 4.Crypts abscess 	
	 1.Inflammatory lesion 2.Cryptitis 3.Distortion 4.Crypts abscess 	

17. ADENOMATOUS POLYP & FAMILIAL POLYPOSIS

Definition: A genetic syndrome in which an abnormal genetic mutation leads to development of multiple neoplasms in the colon

Clinical features: Asymptomatic.

Complications: Development of adenocarcinoma of the colon.

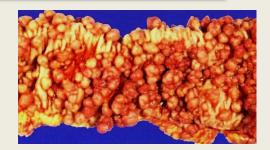
Gene associated: Familial polyposis is associated with autosomal dominant mutations of <u>APC gene</u>.

Gross

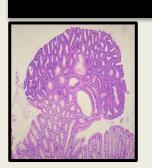
Treatment: Immunosuppression



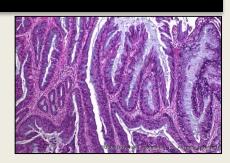
1.Multiple mucosal polyps 1.Mucosal adenomatous polyp



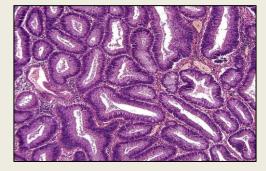
1. Familial polyposis of the colon







Villous adenoma



Tubular Adenoma

- 1. Crowded dysplastic glands
- 2.Inflammatory cells
- 3.Ddecrease goblet cells
- 4.No invasion

18. COLON ADENOCARCINOMA

Definition: Most common malignancy of GIT tract.

Location: Sigmoid colon.

Epidemiology: 60 - 70 years old.

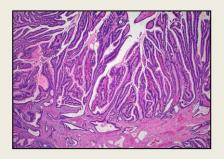
Risk factors: IBD, adenomas, polyposis, High fat content, reduced intake of Vit. A, C, E **Gene associated:**

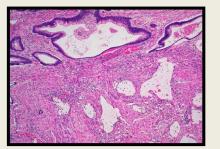
- 1- APC/Beta-Catenin pathway.
- 2- DNA mismatch repair repair genes pathway.

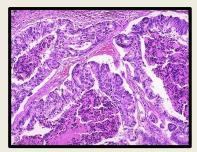


Adenocarcinoma of the Colon

Microscopic





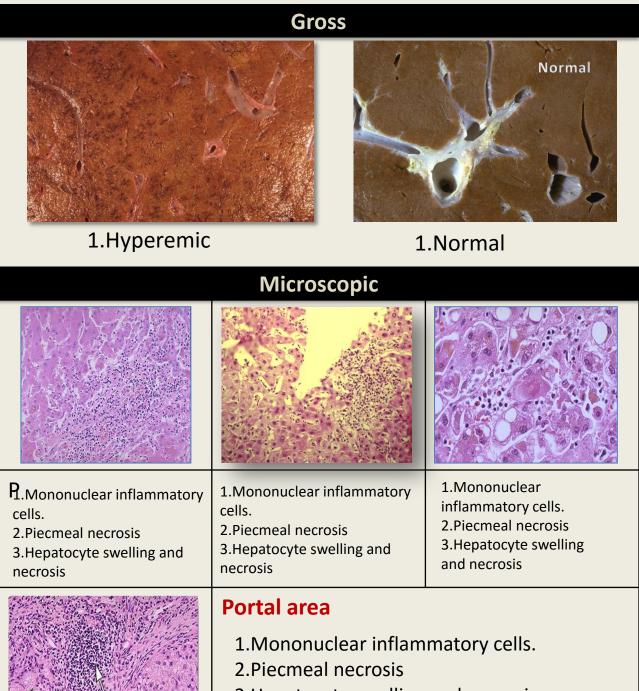




 Crowded malignant glands
 Invasion
 Central necrosis

19. CHRONIC VIRAL HEPATITIS "important"

HBV and HCV are blood born, risk for carcinoma and cirrhosis HAV is fecal-oral rout Diagnosis by serology, and histology for staging



3.Hepatocyte swelling and necrosis

20. HEPATIC CIRRHOSIS

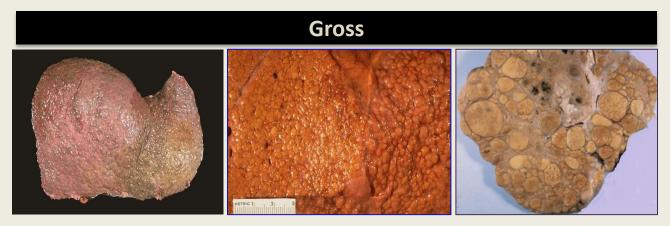
Definition: Progressing disease in which healthy liver tissue is replaced with scar tissue, eventually preventing the liver from functioning properly

Clinical features: - Jaundice and even hepatic failure.

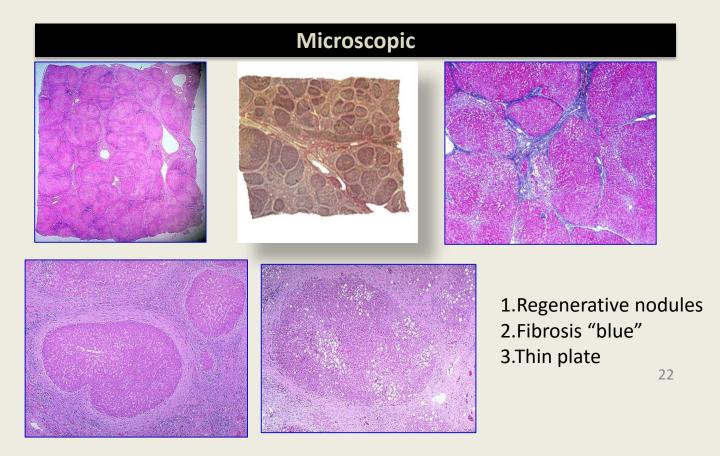
- When symptomatic they lead to nonspecific clinical manifestations: anorexia, weight loss, weakness, osteoporosis, and, in advanced disease, frank debilitation.

Causes: Chronic alcoholism , hepatitis B & C.

Complications: Portal HPT, Liver failure ,HCC , Hematemesis ,hepatic encephalopathy.



1. Multiple variable size nodules Separated by fibrosis



21. HEPATIC ADENOMA "important"

Definition: Benign tumor of hepatocyte.

Causes: Oral Contraceptive

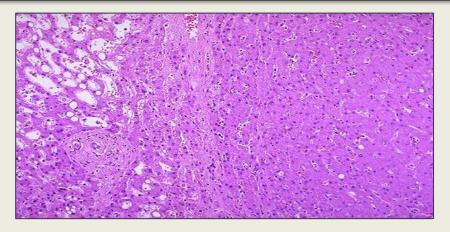
Gene: beta catenin mutation

Complications: bleeding (especially during pregnancy) into the peritoneal cavity, hypovolemic shock. (emergency)



1.Well circumscribed tumor in the liver

Microscopic



Capsule
 Well differentiated hepatocyte

22. HEPATOCELLULAR CARCINOMA

Definition: Malignant tumors of hepatocytes

Clinical features: Ill-defined upper abdominal pain, malaise, fatigue, weight loss, and feeling of abdominal fullness, enlarged liver can be felt on palpation.

Causes: Viral infection (HBV, HCV), Cirrhosis, Chronic alcoholism, Food contaminants ((aflatoxins) are found in "moldy" grains and peanuts). *Alphatoxin exposure, hemochromatosis, tyrosinemia*

Risk factors: Male , chronic alcoholism , from Asian countries, viral hepatitis, cirrhosis and chronic liver diseases

Complications: death usually occurs from: Cachexia , Esophageal variceal bleeding , Rupture of the tumor

Laboratory studies : Elevated serum alpha-fetoprotein.

Bad prognosis





1.Large diffuse tumor

Microscopic

1. Well differentiated hepatocyte

1.Modrate differentiated hepatocyte 1.Poor differentiated hepatocyte 24

23. CHRONIC CHOLECYSTITIS WITH STONES "Important"

Definition: Inflammation of the gallbladder and it is association almost with Gallstones. (chronic= repeated bouts of acute)

Clinical features: right upper quadrant or epigastric pain "colicky pain", Patients often have intolerance to fatty food

Causes: obstruction of the neck or cystic duct.

Risk factors:

- 1. Fat (overweight),
- 2. Forty (age near or above 40),
- 3. female
- 4. Fertile fair

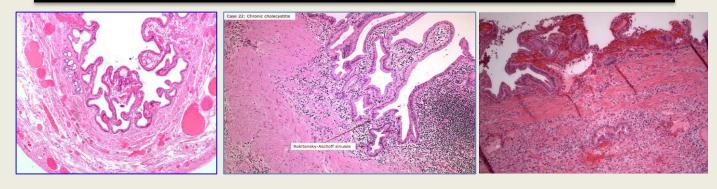
Complications: Perforation, obstruction, pancreatitis **Treatment:** Cholecystectomy



1.Gall bladder with pigmented stone

Microscopic

Gross



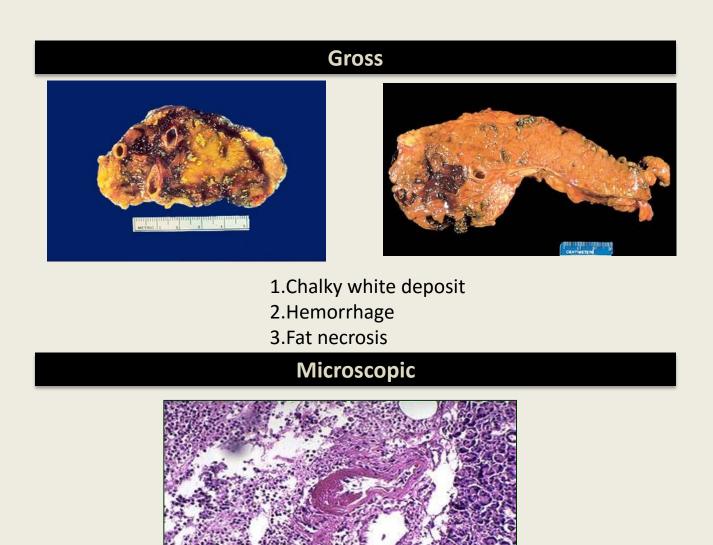
Rokitansky-Aschoff sinuses
 Inflammatory cells
 Fibrosis

24. ACUTE PANCREATITIS

Definition: Group of reversible lesions characterized by inflammation of pancreas **Clinical features:** Abdominal pain , diffuse fat necrosis , leukocytosis **Causes:** Alcoholism , gallstones , biliary tract disease

Complications: Pancreatic pseudocyst, sterile pancreatic abscess, shock

Laboratory findings: Marked elevation of serum amylase during first 24 hours ,followed by rising serum lipase level within 72



1.Fibrenoid necrosis
 2.Inflammatory cells
 3.Fat necrosis

25. CHRONIC PANCREATITIS

Definition: Irreversible inflammation of pancreas with destruction of exocrine parenchyma , fibrosis , in late stage destruction of endocrine parenchyma

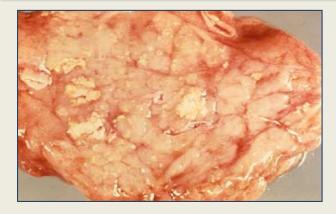
Clinical features: Recurrent abdominal pain

Causes: Long term alcoholism , long term biliary tract disease , hyperlipidemia

Complications: Chronic malabsorption, diabetes mellitus, pancreatic pseudocyst

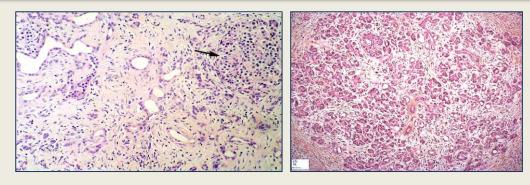
Laboratory findings: Mild to moderate elevation of serum amylase , calcification by abdominal x-ray

Gross



1.Calcium deposit secondary to fat necrosis

Microscopic



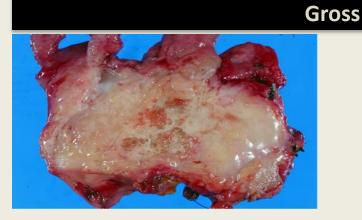
- 1.Acinar atrophy
- 2.Fibrosis
- 3. Chronic inflammatory cells

26. PANCREATIC ADENOCARCINOMA

Definition: Carcinoma of exocrine pancreas that arises from ductal epithelial cells

Clinical features: Jaundice , weight loss , migratory thrombophlebitis , pain **Characteristic:** Highly invasive , elicits an intense host reaction called " desmoplastic response " , distant metastases

Epidemiology: The highest mortality rates, 6^{th} to 8^{th} decade , males more than female.



1.Circumscribed lesion

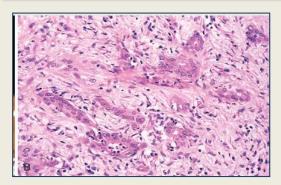




 Well circumscribed tumor in the head of pancreas
 Larg duct

1.Infiltrative mass

Microscopic



 Malignant glands surrounding desmoplastic fibrotic stroma
 Crowded enlarge gland For any suggestions or questions please don't hesitate to contact us on: Pathology434@gmail.com

- Twitter:@Pathology434
- Ask us:<u>www.ask.fm/Pathology434</u>



Nawaf Alotaibi Anas Alzahrani Abdulrahman Alnaeem Maha Al-Rabiah Nouf Almasoud Mashail Husain Elham Alghamdi Ebtihal Alshahrani Razan Alsubhi Asma Rusaies Reema Alrasheed