WEEK 1 –BLOCK ENDOCRINE (Male-A)

FpharmaWeek (1) Starting: 17/01/2016 to 21/01/2016

PITUITARY GLAND

CHAIR PERSON: Dr. Riad Al-Sulimani

CO-CHAIR: Dr. Usman Ghani

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Sunday 17 January 2016	Monday 18 January 2016	Tuesday 19 January 2016	Wednesday 20 January 2016	Thursday 21 January 2016
8:00 - 9:00 am Introduction to Endocrine Block Prof. Riad Sulimani	8:00-9:00am Self- Directed Learning	8:00 ~ 9:00 am Physiology of the anterior pituitary gland (part 1) (Physiology) Dr. Khalid Al Regaiey	8:00 - 9:00am Physiology of the posterior pituitary (Physiology) Dr. Khalid Al Regaiey	8:00 ~9:00 am Anterior pituitary disorders (Medicine) Dr. Mohammed Mujammami
9:00 ~ 10:00 am	9:00– 10:00am	9:00– 10:00am	9:00 ~ 10:00 am	9:00 ~ 10:00 am
Self- Directed Learning	Introduction to Endocrine physiology (Physiology) Dr. Khalid Al Regaiey	Physiology of the anterior pituitary gland (part 2) (Physiology) Dr. Khalid Al Regaiey	Self- Directed Learning	General mechanisms of actions of hormones (Biochemistry) Dr. Ahmed Mujamammi
10:00 ~ 11:00am	10:00 ~ 11:00am	10:00 ~ 11:00am	10:00 ~ 11:00am	10:00 ~ 11:00am
Self- Directed Learning	Anatomy & histology of the pituitary gland (Anatomy) Prof Ahmed Fathalla Dr. Aly Mohammed	Self- Directed Learning	Self- Directed Learning	Self~ Directed Learning
11:00- 12:00pm Self- Directed Learning	11:00 ~12:00pm Physiology of hypothalamo- pituitary axis and regulatory mechanisms (Physiology) Dr. Khalid Al Regaiey	11:00~ 12:00 pm Self- Directed Learning	11:00~ 12:00 pm Self- Directed Learning	11:00~ 12:00 pm Self~ Directed Learning
Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm 1:00 – 2:00pm	12:00 – 1:00pm 1:00 – 3:00pm	12:00 – 1:00pm 1:00 ~ 3:00 pm	12:00 – 1:00pm 1:00 – 2:00pm	12:00 – 1:00pm 1:00 – 2:00pm
Self- Directed Learning	(Practical) Anatomy and	Salam	Self- Directed Learning	Self- Directed Learning
2:00 – 3:00pm Self- Directed Learning	radiology of the pituitary gland (Anatomy, Dr Essam Salama and Radiology) All Staff		2:00 – 3:00pm Self- Directed Learning	2:00 – 3:00pm Self~ Directed Learning

WEEK 2 – BLOCK ENDOCRINE (Male-A)

Week (2) Starting: 24/01/2016 to 28/01/2016

THYROID GLAND

CHAIR PERSON: Dr.Riad Al-Sulimani

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Sunday	Monday	Tuesday	Wednesday	Thursday
24 January 2016	25 January 2016	26 January 2016	27 January 2016	28 January 2016
8:00 ~ 9:00 am	8:00 ~ 10:00 am	8:00 ~ 9:00am	8:00 ~ 10:00am	8:00 ~ 10:00 am
Self- Directed Learning	Problem-Based Learning (PBL) Case 1 Part 1	Self- Directed Learning	(Practical) Anatomy and histology of thyroid & parathyroid Glands	Problem-Based Learning (PBL) Case 1 Part 2
9:00 ~ 10:00 am		9:00 – 10:00am	Gianas	
Physiology of the thyroid gland (Physiology) Dr. Abdulmajeed Aldrees		Anatomy & embryology of the thyroid and para- thyroid glands (Anatomy) Prof. Saeed Abuel Makarem	(Anatomy) Dr. Essam Salama All Staff	
10:00 ~ 11:00am	10:00 ~ 11:00am	10:00 ~ 12:00pm	10:00 ~ 11:00pm	10:00 ~ 11:00am
Histology of the thyroid gland (Histology) Dr. Aly Mohamed	Biochemistry of thyroid hormones & thermogenesis (Biochemistry) Dr. Usman Ghani	Community services and volunteer work	Pharmacology of drugs used in hyperthyroidism (Pharmacology) Prof. Abdulrahman Al Motrefi	Pharmacology of drugs used in hypothyroidism (Pharmacology) Prof. Abdulrahman Al Motrefi
11:00~ 12:00 pm	11:00 ~ 12:00 pm	(Professionalism)	11:00~ 12:00pm	11:00 – 12:00pm
Hyper and hypo thyroidism (Physiology) Dr. Abdulmajee d	Hypo and hyperthyroidism and hashimotos thyroiditis (Pathology)	Dr. Kamran Sattar	The immune system and endocrine disorders (Immunology) Prof. adel Almogren	Self- Directed Learning
Aldrees Lunch	Prof Ammar Rikabi Lunch	Lunch	Lunch	Lunch
12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm	12:00 – 1:00pm
1:00 ~ 2:00 pm	1:00 – 2:00pm Thyroid nodules and	1:00 ~ 3:00 pm	1:00 – 2:00pm	1:00 – 2:00pm
Self- Directed Learning	thyroid neoplasm (Pathology) Prof Ammar Rikabi	Salam	Self- Directed Learning	Self- Directed Learning
2:00 – 3:00pm	2:00 – 3:00pm		2:00 – 3:00pm	2:00 – 3:00pm
Self- Directed Learning	Self- Directed Learning		Self- Directed Learning	Self- Directed Learning

WEEK 3 – BLOCK ENDOCRINE (Male-A)

Week (3) Starting: 31/01/2016 to 04/02/2016

PARATHYROID GLAND AND CALCIUM METABOLISM

CHAIR PERSON: Dr.Riad Al-Sulimani

CO~CHAIR: Dr.Usman Ghani

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Sunday 31 January 2016	Monday 01February 2016	Tuesday 02 February 2016	Wednesday 03 February 2016	Thursday 04 February 2016
8:00 ~ 9:00am	8:00 ~ 9:00 am	8:00 ~ 10:00am	8:00 ~ 9:00am	8:00 ~ 9:00 am
Histology of the parathyroid glands (Anatomy) Dr. Aly Mohamed	Self~ Directed Learning	Practical Pathology of thyroid and parathyroid gland	Vitamin D, Rickets and osteoporosis (Biochemistry) Dr. Usman Ghani	Pharmacology of drugs used in calcium and vitamin D disorders (Pharmacology) Dr. Ishfaq Bukhari
9:00 – 10:00 am	9:00 – 10:00 am	(Pathology)	9:00 – 10:00am	9:00 ~ 11:00 am
Calcium homeostasis (Physiology) Dr. Tarig	Self- Directed Learning	Dr. Marie Mukhashin & Prof. Ammar Rikabi	Treatment of osteoporosis (Pharmacology)	Professionalism through mentoring
Abdulrahman			Dr. Ishfaq Bukhari	(Professionalism) Dr. Kamran Sattar
10:00 ~ 11:00am	10:00 ~12:00pm	10:00 ~ 11:00am	10:00 – 11:00am	
Hypo- and hyper- parathyroidism (Physiology) Dr. Tarig Abdulrahman	Ethics of medical research	Self- Directed Learning	Self- Directed Learning	
11:00 – 12:00pm Self~ Directed Learning	(Professionalism) Prof. Ahmed Adeel	11:00 – 12:00pm Self- Directed Learning	11:00 – 12:00pm Self- Directed Learning	11:00~ 12:00pm Self~ Directed Learning
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm
1:00 – 1:00pm	1:00 – 1:00pm	1:00 – 1:00pm	1:00 ~ 2:00 pm	1:00 – 1:00pm
Self- Directed Learning	Self~ Directed Learning	Salam	Self- Directed Learning	Self~ Directed Learning
2:00 – 3:00pm	2:00 – 3:00pm		2:00 – 3:00pm	2:00 – 3:00pm
Self- Directed Learning	Self- Directed Learning		Self- Directed Learning	Self- Directed Learning

WEEK 4 – BLOCK ENDOCRINE (Male-A)

Week (4) Starting: 07/02/2016 to 11/02/2016

ADRENAL GLANDS

CHAIR PERSON: Dr.Riad Al-Sulimani

CO~CHAIR: Dr.Usman Ghani

Middle Monday OF February 2016 OF February					
S:00 -10:00 am S:00 -10:00 am Histology of adrenal gland (Practical) Case 2 Part 1 Case 2 Part 2 (Physiology) Dr. Mouaadh Abdelkarim Case 2 Part 2	Sunday	Monday	Tuesday	Wednesday	Thursday
Problem-Based Learning(PBL) Case 2 Part 1 Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2 Part 2 (Physiology) Case 2	•	•	•	•	•
MIDBLOCK Examination Problem-Based Learning(PBL) Case 2 Part 1 All Staff 9:00 – 10:00am Biochemistry of Cushing syndrome (Biochemistry) Dr. Amr Moustafa 10:00 - 11:00 am Adrenal gland hormones (mineralocorticoids (Prysiology) Dr. Mousadh Abdelkarim 11:00 - 12:00pm Embryology & anatomy of adrenal glands (Anatomy) Dr. Essam Salama Lunch 12:00 - 1:00pm I:00 - 3:00pm Histology of adrenal gland (Anatomy) Dr. Amr Moustafa 11:00 - 12:00pm Histology of adrenal glands (Anatomy) Dr. Amr Moustafa 10:00 - 11:00 am Physiology) Dr. Mousadh Abdelkarim 11:00 - 12:00pm Adrenal formones (part 2) (Physiology) Dr. Mousadh Abdelkarim 11:00 - 12:00pm Histology of adrenal glands (Pathology) Dr. Mousadh Abdelkarim Lunch 12:00 - 1:00pm 1:00 - 3:00pm Histology of adrenal gland (Anatomy) Dr. Aly Mohamed 2:00 - 3:00pm Self- Directed Learning Salam Anatomy and radiology of the adrenal gland (Anatomy) Dr. Aly Mohamed 2:00 - 3:00pm Self- Directed Learning Salam Radiology) All Staff All Staff 9:00 - 10:00am Belef-directed learning Self-directed learning Physiology of adrenal gland (Pathology) Dr. Taha Sadig 11:00 - 12:00pm Phat Staffs 10:00 - 11:00 am Physiology of adrenal gland (Pathology) Dr. Taha Sadig 11:00 - 12:00pm 11:00 - 12:00pm 11:00 - 12:00pm 11:00 - 12:00pm 11:00 - 10:00pm 11:00 - 10:0	8:00 –10:00 am	8:00 ~10:00 am		8:00 ~ 9:00am	8:00 ~10:00 am
Problem-Based Learning (PBL) Case 2 Part 1 Case 2 Part 2				Adrenal hormones	
Case 2 Part 1 Case 2 Part 2 Case 2 Part 2		Problem-Based		(part 2)	Problem-Based
Case 2 Part 1 Case 2 Part 1		Learning(PBL)	(Tuolioul)	(Physiology)	Learning(PBL)
All Staff All	Examination	0 0 D 1 1	(Anatomy/Dr. Aly		0 0 n 10
9:00 – 10:00am Biochemistry of Cushing syndrome (Biochemistry) Dr. Amr Moustafa 10:00 - 11:00 am Adrenal gland hormones (mineralocorticoids) (Physiology) Dr. Mouaadh Abdelkarim I1:00 - 12:00pm Embryology & anatomy of adrenal glands (Anatomy) Dr. Essam Salama Lunch 12:00 – 1:00pm Histology of adrenal flormones (glucocorticoids and androgens) (part 1) (Physiology) Dr. Mouaadh Abdelkarim Lunch 12:00 – 1:00pm I:00 – 2:00pm Histology of adrenal flormones (glucocorticoids and androgens) (part 1) (Physiology) Dr. Mouaadh Abdelkarim Lunch 12:00 – 1:00pm I:00 – 2:00pm Histology of adrenal flormones (glucocorticoids and androgens) (part 1) (Physiology) Dr. Mouaadh Abdelkarim Salama and Radiology) Biochemistry of 10:00 – 11:00 am Physiology of adrenal medulla and pheochromocytoma (Pathology) Prof. Amra Rikabi 11:00 - 12:00pm Ii:00 – 12:00pm Ii:00 – 12:00pm Ii:00 – 10:00pm Ii:00 – 10		Case 2 Part 1		Abdelkarim	Case 2 Part 2
9:00 – 10:00am Biochemistry of Cushing syndrome (Biochemistry) Dr. Amr Moustafa 10:00 - 11:00 am Adrenal gland Inormones (mineralocorticoids) (Physiology) Dr. Mouaadh Abdelkarim Embryology & anatomy of adrenal glands (Anatomy) Dr. Essam Salama Lunch 12:00 – 1:00pm Histology of adrenal flow of adrenal gland (Anatomy) Dr. Mouaadh Abdelkarim Lunch 12:00 – 1:00pm Histology of adrenal flow of adrenal flow of adrenal flow of the adrenal gland (Anatomy) Dr. Aly Mohamed 2:00 – 3:00pm Self- Directed Learning 9:00 – 10:00am Biochemistry of Cushing syndrome (Biochemistry) Dr. Amr Moustafa 10:00 - 12:00pm History taking and examination of the thyroid gland Addison's disease (Biochemistry) Dr. Amr Moustafa 11:00 - 12:00pm Financology of corticosteroids (Pharmacology) Dr. Amr Moustafa 11:00 – 1:00pm 1:00 – 2:00pm Histology of adrenal glands (Anatomy) Dr. Aly Mohamed 2:00 – 3:00pm Self- Directed Learning 10:00 - 10:00 am Physiology of adrenal medulla and pheochromocytoma examination of the thyroid gland (Anatomy) Dr. Amr Moustafa 11:00 - 12:00pm 11:00 - 10:00pm 11:00 - 10:00p					
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Histology of adrenal gland (Anatomy) Dr. Aly Mohamed 2:00 – 3:00pm Self- Directed Learning (Anatomy, Dr Essam Salama and Radiology) All Staff (Practical) Anatomy and radiology of the adrenal glands (Anatomy, Dr Essam Salama and Radiology) All Staff					
Self-Directed Learning Anatomy, Dr. Salam Salam Salam Salam Salam Salam Learning	•	•	5.00 pm	•	*
(Anatomy) Dr. Aly Mohamed 2:00 – 3:00pm Self~ Directed Learning Anatomy and radiology of the adrenal glands (Anatomy, Dr Essam Salama and Radiology) All Staff Anatomy and radiology of the adrenal glands (Clinical Skills) Male Group A & B Prof. Riad Sulimani		(Practical)			
2:00 – 3:00pm Self- Directed Learning Selfandiology (Anatomy, Dr Essam Salama and Radiology) All Staff Selfandiology All Staff	(Anatomy)		Salam		Loarinity
Self- Directed Learning (Anatomy, Dr Essam Salama and Radiology) All Staff (Anatomy, Dr Essam Salama and Radiology) All Staff	<u> </u>			(Introduction to	
Self~ Directed Learning Salama and Radiology) All Staff Self~ Directed (Clinical Skills) Midterm Exam Male Group A & B Prof. Riad Sulimani	2:00 – 3:00pm	Ü		Clinical Medicine)	2:00 – 3:00pm
Learning Radiology) Male Group A & B Prof. Riad Sulimani	Self~ Directed			(Clinical Skille)	
All Staff Prof. Riad Sulimani					
All Staff					
		All Staff			

WEEK 5 – BLOCK ENDOCRINE (Male-A)

Week (5) Starting: 14/02/2016 to 18/02/2016

DIABETES MELLITUS, TYPE 1

CHAIR PERSON: Dr.Riad Al-Sulimani

CO~CHAIR: Dr.Usman Ghani

Sunday	Monday	Tuesday	Wednesday	Thursday
14 February 2016	15 February 2016	16 February 2016	17 February 2016	18 February 2016 8:00 – 9:00 am
8:00 ~ 9:00am Histology of pancreas	8:00 ~ 9:00 am	8:00 ~ 9:00am Metabolic changes	8:00 ~ 9:00am	8:00 – 9:00 am
(exocrine and	Self~ Directed	in diabetes mellitus	Self~ Directed	Self~ Directed
endocrine)	Learning	(Biochemistry)	Learning	
(Anatomy)	Learning	Dr. Amr Moustafa	24	Learning
Dr. Mohammed Atteya				
9:00 – 10:00 am	9:00 – 10:00 am	9:00 –11:00am	9:00 – 10:00 am	9:00 – 10:00 am
	Glucose homeostasis			Common infections
Self~ Directed	(Biochemistry)	Professionalism in	Self~ Directed	in diabetes mellitus
Learning	Dr. Usman Ghani	different cultural	Learning	(Diabetic foot)
		contexts (Sensitivity		(Microbiology)
10:00 ~ 11:00 am	10:00~ 11:00 am	to others belief and	10:00 ~ 12:00pm	Prof. Kambal 10:00 ~ 11:00am
10:00 ~ 11:00 am	Pathology and	world views)	10:00 ~ 12:00pm	10:00 ~ 11:00am
Anatomy of the	pathogenesis of type 1		Practical	
pancreas	diabetes mellitus	(Professionalism)		Self~ Directed
(Anatomy)	(Pathology)	Dr. Kamran Sattar	Measurement of	Learning
Dr. Mohammed Vohra	Prof Ammar Rikabi		glucose in blood and	
11:00~ 12:00pm	11:00~ 12:00pm	11:00~ 12:00pm	urine	11:00~ 12:00pm
Physiology of the	Use of insulin in	Biochemistry of	(Biochemistry)	Candidiasis
pancreas	treatment of diabetes	diabetic ketoacidosis	All Staff	Canadado
(Physiology) Dr. Mouaadh	(Pharmacology)	(Biochemistry) Dr. Amr Moustafa	Dr. Amr, Dr. Usman	(Microbiology)
Dr. Mouaadh Abdelkarim	Prof. Al Humayyd	Dr. Amr Moustara	& Dr Ahmed	Dr. Al Barrag
	- 1	- 1	- 1	- 1
Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm
1:00 ~ 2:00 pm	1:00 – 2:00pm	1:00 ~ 3:00 pm	1:00 ~ 2:00pm	1:00 – 2:00pm
-	1	•	Management of	•
Physiology of insulin	Self~ Directed		diabetic ketoacidosis	
(Physiology)	Learning		and hypoglycemia	Self~ Directed
Dr. Mouaadh		Salam	(Pharmacology)	Learning
Abdelkarim			Prof. Al Humayyd	
2:00 – 3:00pm	2:00 – 3:00pm		2:00 – 3:00pm	2:00 – 3:00pm
-	-		•	-
Self~ Directed	Self~ Directed		0-16 Dim-1-1	Self- Directed
Learning	Learning		Self- Directed Learning	Learning
			Learning	

WEEK 6 – BLOCK ENDOCRINE (Male-A)

Week (6) Starting: 21/02/2016 to 25/02/2016

OBESITY, METABOLIC SYNDROME AND DIABETES MELLITUS TYPE 2

CHAIR PERSON: Dr.Riad Al-Sulimani

CO~CHAIR: Dr.Usman Ghany

Sunday 21 February 2016	Monday 22 February 2016	Tuesday 23 February 2016	Wednesday 24 February 2016	Thursday 25 February 2016		
8:00 – 9:00 am Biochemistry of obesity: role of hormones (Biochemistry) Dr. Usman Ghani	8:00 ~ 10:00 am Problem-Based Learning (PBL) Case 3 Part 1	8:00 ~ 10:00 am History taking from a patient with Diabetes Mellitus Type 2 (Introduction to	8:00 - 9:00am Epidemiology of diabetes mellitus (Community and Family Medicine) Prof. Ashry Gad	8:00 ~ 10:00 am Problem-Based Learning(PBL) Case 3 Part 2		
9:00 - 10:00 am Coping with diabetes mellitus in adolescence (Psychiatry) Dr. Turki Al~Batti		Clinical Medicine) (Cliniocal Sjkills) (Clinical Skills) Male Group A1	9:00 – 10:00 am Oral hypoglycaemic drugs Part 1 (Pharmacology) Prof. Al Humayyd			
10:00 ~ 11:00am Biochemistry of metabolic syndrome (Biochemistry) Dr. Usman Ghani	10:00- 11:00 pm Pathology and pathogenesis of type 2 diabetes mellitus (Pathology) Prof Ammar Rikabi	10:00 ~ 12:00pm History taking from a patient with Diabetes Mellitus Type 2 (Introduction to	10:00 ~ 12:00pm Oral hypoglycaemic drugs Part 2 (Pharmacology) Prof. Al Humayyd	Engaging with patients and carers and improving medication safety		
11:00~ 12:00pm Self~ Directed Learning	11:00~ 12:00pm Epidemiology of obesity (Community Medicine) Prof. Ashry Gad	Clinical Medicine) (Clinical Skills) Male Group A2	11:00~ 12:00pm Self~ Directed Learning	(Professionalism) Mr Alaa Abualrub		
Lunch 12:00 — 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm	Lunch 12:00 – 1:00pm		
1:00 -2:00pm Self- Directed Learning 2:00 -3:00pm	1:00 – 2:00pm Self- Directed Learning 2:00 -3:00pm	1:00 ~ 3:00 pm Salam	1:00 ~ 2:00 pm Self- Directed Learning 2:00 ~ 3:00pm	1:00 ~ 2:00 pm Self~ Directed Learning 2:00 ~ 3:00pm		
Self- Directed Learning	Self- Directed Learning		Self- Directed Learning	Self- Directed Learning		

	WEEK 7 –	BLOCK ENDOCRINE ((Male-A)	
Week (7) Starting: 28/02				
		Consolidation PERSON: Dr.Riad Al-Sul	·	
		CHAIR: Dr.Usman Ghan		
Sunday 28 February 2016	Monday 29 February 2016	Tuesday 01 March 2016	Wednesday 02 March 2016	Thursday 03 March 2016
Consolidation	Consolidation	Consolidation	Consolidation	Consolidation

Final examination date: 07 March 2016, Monday

OSPE examination date: 10 March 2016, Thursday