



Professionalism

Community Services and Volunteer Work

(10)

Objectives:



- The concept of community service.
- The social, public and community responsibilities of the professionals.
- The concept and types of volunteer work.

Definition of Community service

- Community is a group of interacting people, living in the same proximity (in space, time, or relationship).
- Community usually refers to a social unit larger than a household that shares common values and has social cohesion

In most cases, community service work is performed by **volunteers** who are **not paid** for their time.

- **Community service:** is defined as *donated service or activity that is performed by someone or a group of people for the benefit of the public or its institutions.*
- Some people associate community service with **punishment** -for offenders as an alternative to jail time..
- However, community service can also be **altruistic** -unselfish-, and it is a vital part of many small communities.
- Basically anything which benefits the society in any way can be considered as a community service project or activity.

Mention some examples of community service?

- Visiting and spending time with lonely elderly.
- Tutoring needy students in their studies for free.
- Helping out at organizations such as libraries.

Why to carry out community service?

- ★ Benefits the community
- ★ The volunteers in the activities also gain a sense of accomplishment
- ★ Better social communication skills
- ★ Exposure to new peoples and cultures
- ★ Overall improved mental health

Health

depends **not** only on medical care but also on other factors including:

- Individual behavior
- Genetic makeup
- Social and economic conditions



Physician and the community

Usually the focus is on the physician - patient relation but the broader sense of responsibility of physicians is towards their community.

Who are health stakeholders?

- Health care providers
- Public health agencies
- Community organizations
- Government agencies
- Schools
- Social services organizations

10 Essential services of stakeholders:

1. **Monitor** health status to identify community health problems.
2. **Diagnose** and investigate health problems and health hazards in the community.
3. **Inform, educate, and empower** people about health issues.
4. **Mobilize** community partnerships to identify and solve health problems.
5. **Develop policies and plans** that support individual and community health efforts.
6. **Enforce** laws and regulations that protect health and ensure safety.
7. **Link** people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. **Assure** a competent public and personal health care workforce.
9. **Evaluate** effectiveness, accessibility and quality of personal and population-based health services.
10. **Research** for new insights and innovative solutions to health problems.

Physicians' role in the community extends to:

A-Public Health	<p>The science and practice of preventing diseases and promoting health in populations.</p> <ul style="list-style-type: none"> • It depends largely on epidemiology. • Largely performed by governmental organizations. <p>Traditional objective:</p> <ul style="list-style-type: none"> • To control communicable diseases • Safety of water and food supply • Response to national disasters 								
B-Educational roles	<p>Educating the public about:</p> <ul style="list-style-type: none"> • Causes of illness • Preventive measures • Predisposing factors • Changes in lifestyle 								
C-Improving health care access	<p>Improve the level and ease of access of individuals to health care services by reducing inequalities.</p>								
D-Fund raising	<ul style="list-style-type: none"> • May not apply locally since health care services are provided by the governments. • Funds may be raised to help those individuals who cannot afford to purchase medications or medical equipments. 								
E-International Aid	<ul style="list-style-type: none"> • In some areas of the world, health care is very limited and almost non-existent ,most people suffer from diseases such as Malaria, Tuberculosis, Typhoid, and AIDS. <p>Many of the illnesses can be improved or eliminated by basic medical care and other measures.</p> <p>*International community services done through:</p> <table border="1" data-bbox="384 1503 1594 2033"> <thead> <tr> <th data-bbox="384 1503 815 1655"> Organizations providing humanitarian needs: (General Organizations) </th> <th data-bbox="815 1503 1251 1655"> Medical Organizations : </th> <th data-bbox="1251 1503 1594 1655"> Governments </th> </tr> </thead> <tbody> <tr> <td data-bbox="384 1655 815 2033"> <ul style="list-style-type: none"> • Clean water supplies • Clothing • Education </td> <td data-bbox="815 1655 1251 2033"> <ul style="list-style-type: none"> • Medical care • Medications • Immunizations • Medical supplies • Teach communities about nutrition and preventive measures • Training of local health care providers </td> <td data-bbox="1251 1655 1594 2033"> <ul style="list-style-type: none"> • Aid to other countries during time of need. <p>May include sending:</p> <ul style="list-style-type: none"> • Medical professionals • Medical equipments • Medications </td> </tr> </tbody> </table>			Organizations providing humanitarian needs: (General Organizations)	Medical Organizations :	Governments	<ul style="list-style-type: none"> • Clean water supplies • Clothing • Education 	<ul style="list-style-type: none"> • Medical care • Medications • Immunizations • Medical supplies • Teach communities about nutrition and preventive measures • Training of local health care providers 	<ul style="list-style-type: none"> • Aid to other countries during time of need. <p>May include sending:</p> <ul style="list-style-type: none"> • Medical professionals • Medical equipments • Medications
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If You Have Any Questions Or Comments Please Inform Us:

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What is the Concept of Volunteering?

- Volunteering is generally considered an **altruistic** activity, intended to improve human **quality of life**.

Why some people volunteer?

- For their own skill development.
- To solve problems when needed
- To make contacts for possible employment.
- To help others and earn respect and favor.
- Get benefit of spare time.

Mention the types of volunteer work?

Types of Volunteer Work



Skill-based volunteering :special skills required.

Micro & virtual- volunteering :
off-site tasks done by internet May need application process or training, eg. Tele-monitoring ,tele-tutoring.

Environmental volunteering:
eg. Protecting animals, education about natural environment.School volunteering:
additional teaching for students.

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Emergency volunteering :
during natural disasters.

Community volunteering:
for orphanages, widows, mosques, blood donation, during Hajj and Ramadan,..etc.

International Work –Camps : environmental conservation, rural developments, etc.

MCQ's..

- ❖ **Criminal the police obligates him to clean the streets for 2 weeks, after a while you were the enterviwer for his job request. The only that is asked is previous volunteer work. Why his work in the streets isn't acceptable?**
 - A. Too short
 - B. Was not skill based
 - C. Was not done by his choice

- ❖ **You knew that there was an earthquake in a country a way from Indonesia, you want to help by..... volunteering**
 - A. Enviromental
 - B. Emergency
 - C. Community

1.C 2.B

Quiz

As a medical student what can you do to serve the community? (2 examples)

Give 2 examples of community services provided by public health?

Mention 3 types of volunteer work?

Write 2 reasons that may encourage you to become a volunteer..

