Integrated CNS Practical

Biochemical & Microbiological Examination of CSF



CENTRAL NERVOUS SYSTEM BLOCK

CASE 1

A 15-year-old healthy male visited emergency room presenting with fever, headache, vomiting and drowsiness. Physical examination showed **decreased level of consciousness**, **neck stiffness**, **skin rash** and **high temperature** (38°c). Cerebrospinal fluid (CSF) examination revealed opening pressure of 210cmH2O. Microscopy of the cerebrospinal fluid showed gram -ve cocci. The patient showed complete recovery after administration of ceftriaxone for 10 days.

The doctor in the emergency department takes a detailed history and conducts a clinical examination. Because of clinical findings, he decides to do a lumber puncture. <u>The results of the lumber puncture are shown below:</u>





CASE 1: LUMBER PUNCTURE RESULTS

| CSF | Patient's results | Normal range |
|--------------------------|---|--------------------|
| Appearance | Turbid | Clear |
| WBCs and differential | 8.320 per mm ³ Mainly polymorphonuclear leucocytes (84%) | Few (<5 cells/mm³) |
| Protein | 5.0 | 01-0.4 g/L |
| Glucose | 1.3 | 3.0-4.5 mmol/L |
| Chloride | 110 | 115-130 mmol/L |

QUESTION 1: What is your diagnosis?

QUESTION 2:

What is the most likely infection responsible?(Select only one)

- A. Mycobacterium Avium
- B. Fungal infection
- C. Parasitic infection
- D. Viral infection
- E. Bacterial infection
- F. Trepanoma pallidum (Neurosyphilis)
- G. Mycobacterium tuberculosis

QUESTION 3:

What is your justification for your answer to question two?

QUESTION 4:

What further investigation would you like to do at this stage?

QUESTION 5:

Mention two of the recommended antibiotics that can be used as empiric treatment in such a case?

Bacterial meningitis: 1-<u>Neisseria meningitidis</u>







Microscopic Appearance

Gram stained smear from CSF deposit showing : gram negative intracellular diplococci + many pus cells

Bacterial meningitis: <u>Neisseria</u> <u>meningitidis</u>





Culture on Thayer-Martin agar

CASE 2

A 10-year old boy is brought to the emergency department (A&E) at King Khalid Hospital accompanied by his mother. He has fever, headache, and vomiting for the last 2 days. Clinical examination confirmed that he has meningeal irritation. The doctor decided to do a lumber puncture.

The results of the lumber puncture are shown below:

CASE 2: LUMBER PUNCTURE RESULTS

| CSF | Patient's results | Normal range |
|-----------------------|--------------------|---|
| | Clear | Clear |
| Appearance | | |
| WBCs and differential | Few (<5 cells/mm3) | 1200 per mm3 Mainly lymphocytes (80%) |
| Protein | 0.1-0.4 g/L | 0.5 |
| Glucose | 3.0-4.5 mmol/L | 2.7 |
| Chloride | 115-130 mmol/L | 100 |

QUESTION 1:

What is your most likely diagnosis?

QUESTION 2:

What is the most likely responsible?(Select only one)

infection

- A. Mycobacterium Avium
- **B.** Fungal infection
- C. Parasitic infection
- **D.** Viral infection
- E. Bacterial infection
- F. Trepanoma pallidum (Neurosyphilis)
- G. Mycobacterium tuberculosis

Question 3:

Justify your answer to question two?



QUESTION 4:

What further investigation would you like to do at this stage?

Bacterial meningitis: 2-<u>Pneumococcal Meningitis</u>





Microscopic Appearance

Direct gram stain of a CSF deposit shows gram-positive diplococcic with lanceolate shape and polymorphneoclear leucocytes

Bacterial meningitis:





Culture on blood agar Shwing alphahemolytic colonies

Bacterial meningitis:

2- <u>Pneumococcal Meningitis</u>



OPTOCHIN SENSITIVE ALPHA-HAEMOLYTIC STREPOCOCCI

Bacterial meningitis: 3- H. influenzae





Microscopic Apearance

Direct gram stain of a CSF deposit shows Gram-Negative pleomorphic coccobacilli with many polymorphneuclear leucocyte

Bacterial meningitis: 3- <u>H.</u> <u>influenzae</u>



Culture on chocolate agar

Bacterial meningitis: 3- <u>H. influenzae</u>



Culture on Nutrient agar

H. influenzae :Growth arround XV factors(requires both factors XV) no growth arround X or V alone

Bacterial meningitis:





Culture on Blood agar

Growth on blood agar showing **satellitisim** adjacent to a streak of S.aureus. S.ureus producing surplus factor increasing growth of adjacent H.influenzae

Bacterial meningitis: 4- <u>E. coli</u>



Microscopic Appearance

Gram negative bacilli

Bacterial meningitis: 4- E. coli



Culture on MacConkey agar

<u>E. coli</u> appear pink as they ferment lactose

Question 5:

Mention two of the recommended antibiotics that can be used as empiric treatment in such a case?

What is the most probable Pathogen isolated?

What is your most likely diagnosis?

CASE 3

A 65-year-old is referred from a general practitioner because of headache, fever, excessive sweating at night, and weight loss over the last 4-5 months. He has lost his appetite for food. On examination, there is neck rigidity. Laboratory tests including blood count, serum and electrolytes, blood urea, creatinine and blood culture are all normal. The doctors decides to do a lumber puncture.

The results of the lumber puncture are shown in the next slide:

CASE 3: LUMBER PUNCTURE RESULTS

| CSF | Patient's results | Normal range |
|--------------------------|--------------------|--------------------------------------|
| Appearance | | |
| WBCs and differential | Few (<5 cells/mm3) | 300 per mm3 Mainly lymphocytes |
| Protein | 0.1-0.4 g/L | 0.8 |
| Glucose | 3.0-4.5 mmol/L | 2.0 |
| Chloride | 115-130 mmol/L | 115 |

QUESTION 1:

What is your most likely diagnosis?

infection

QUESTION 2:

What is the most likely responsible?(Select only one)

- A. Fungal infection
- **B.** Parasitic infection
- C. Viral infection
- **D.** Bacterial infection
- E. Trepanoma pallidum (Neurosyphilis)
- F. Mycobacterium tuberculosis

QUESTION 3:

What is your justification for your answer to question two?

QUESTION 4:

What further investigation would you like to do at this stage? (State 3)

Bacterial meningitis: 5- <u>Mycobacterium tubercuolosis</u>





Microscopic Appearance

Direct Ziel – Neelsen Stained Smear of a CSF deposit shows Acid – Fast Bacilli AFB

Bacterial meningitis:

5- <u>Mycobacterium tuberculosis</u>





Colonies or growth is Rough, Tough and Buff