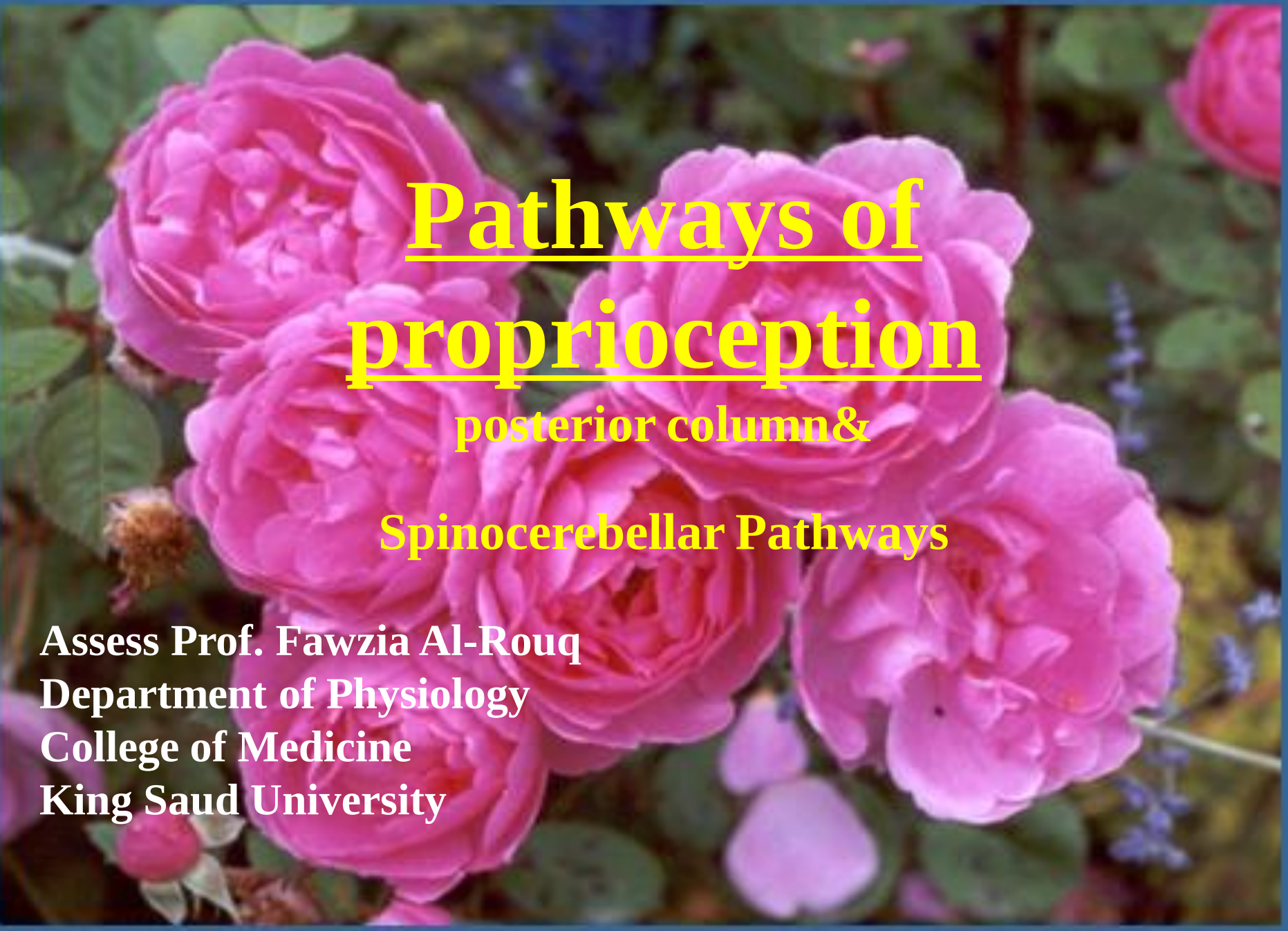

Pathways of proprioception

posterior column&

Spinocerebellar Pathways

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OBJECTIVES

Pathways of proprioception

At the end of this lecture the student should be able to:-

1-Identify the major sensory pathways

Describe the components, processes and functions of the sensoty pathways

2-appreciate the dorsal column system in conscious proprioception (anatomy&functions)

3- describe the pathway of spinocerebellar tract in unconscious proprioception from muscles,tendons,and joints

4-differentiate between sensory and motor ataxia

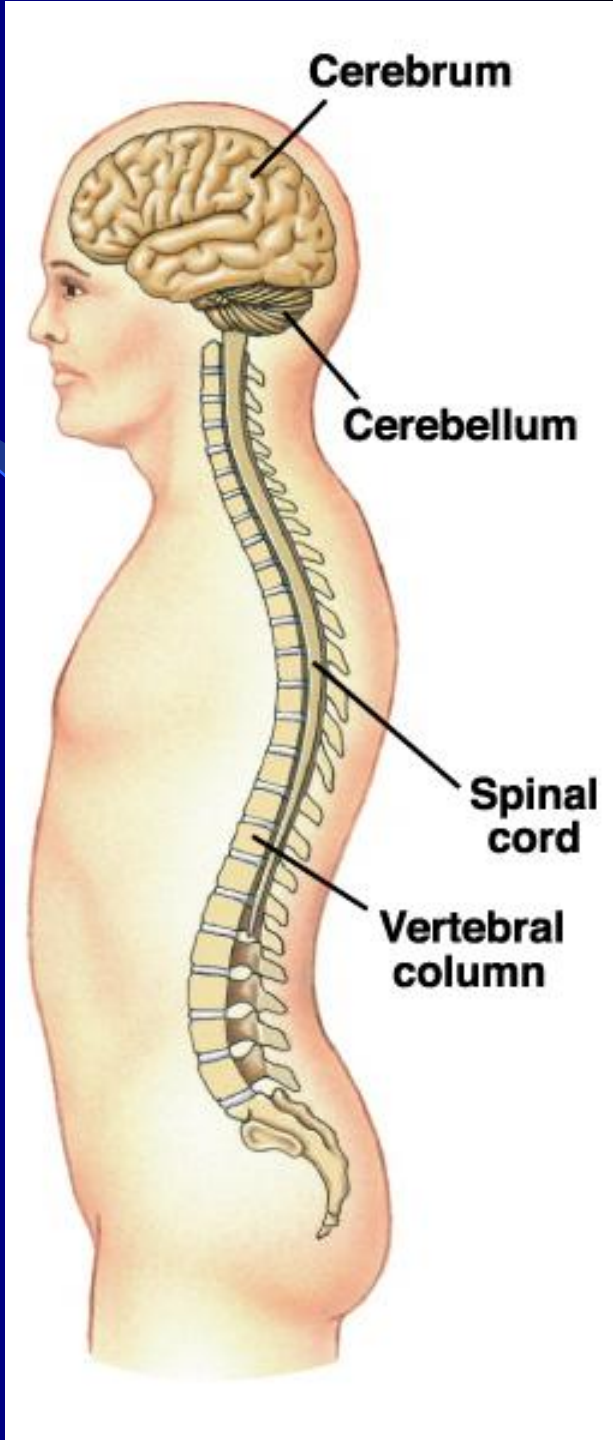
- Introduction
- Sensory receptors
- major sensory pathways
- dorsal column system
- spinocerebellar tract
- sensory and motor ataxia

INTRODUCTION

Organization of the Nervous System

2 big initial divisions:

- Central Nervous System
  - The brain + **the spinal cord**
    - The center of integration and control
- Peripheral Nervous System
  - The nervous system outside of the brain and spinal cord
  - Consists of:
    - 31 Spinal nerves
      - Carry info to and from the spinal cord
    - 12 Cranial nerves
      - Carry info to and from the brain



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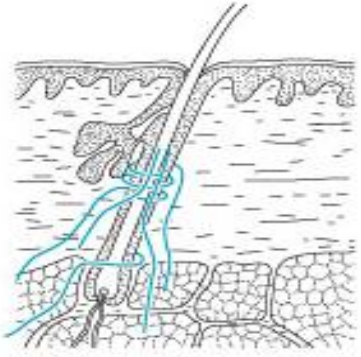
Sensory Receptors

Peripheral Sensory Receptors

- Sensory receptors classified according to:
  - Location
  - Type of stimulus detected
  - Structure

Unencapsulated Nerve Endings

Table 14.1 General Sensory Receptors Classified by Structure and Function (1 of 3)

Anatomical Class (structure)	Illustration	Functional Class According to Location (L) and Stimulus Type (S)	Body Location
UNENCAPSULATED			
Free nerve endings of sensory neurons		L: Exteroceptors, interoceptors, and proprioceptors S: Nociceptors (pain), thermoreceptors (heat and cold), possibly mechanoreceptors (pressure)	Most body tissues; densest in connective tissues (ligaments, tendons, dermis, joint capsules, periostea) and epithelia (epidermis, cornea, mucosae, and glands)
Modified free nerve endings: Merkel discs		L: Exteroceptors S: Mechanoreceptors (light pressure)	Basal layer of epidermis
Hair follicle receptors		L: Exteroceptors S: Mechanoreceptors (hair deflection)	In and surrounding hair follicles

Encapsulated Nerve Endings

- Consist of one or more end fibers of sensory neurons
- Enclosed in connective tissue
- Include four main types

Encapsulated Nerve Endings

- Meissner's corpuscles
- Pacinian corpuscles
- Ruffini's corpuscles
- Proprioceptors

Proprioceptors

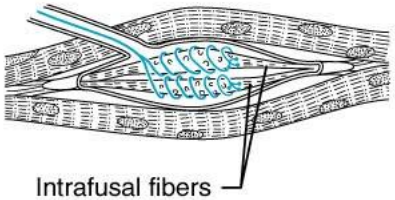
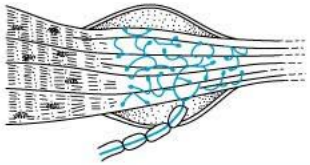
- Encapsulated Nerve Endings
- Monitor stretch in locomotory organs
- Three types of proprioceptors

Three Types of *Proprioceptors*

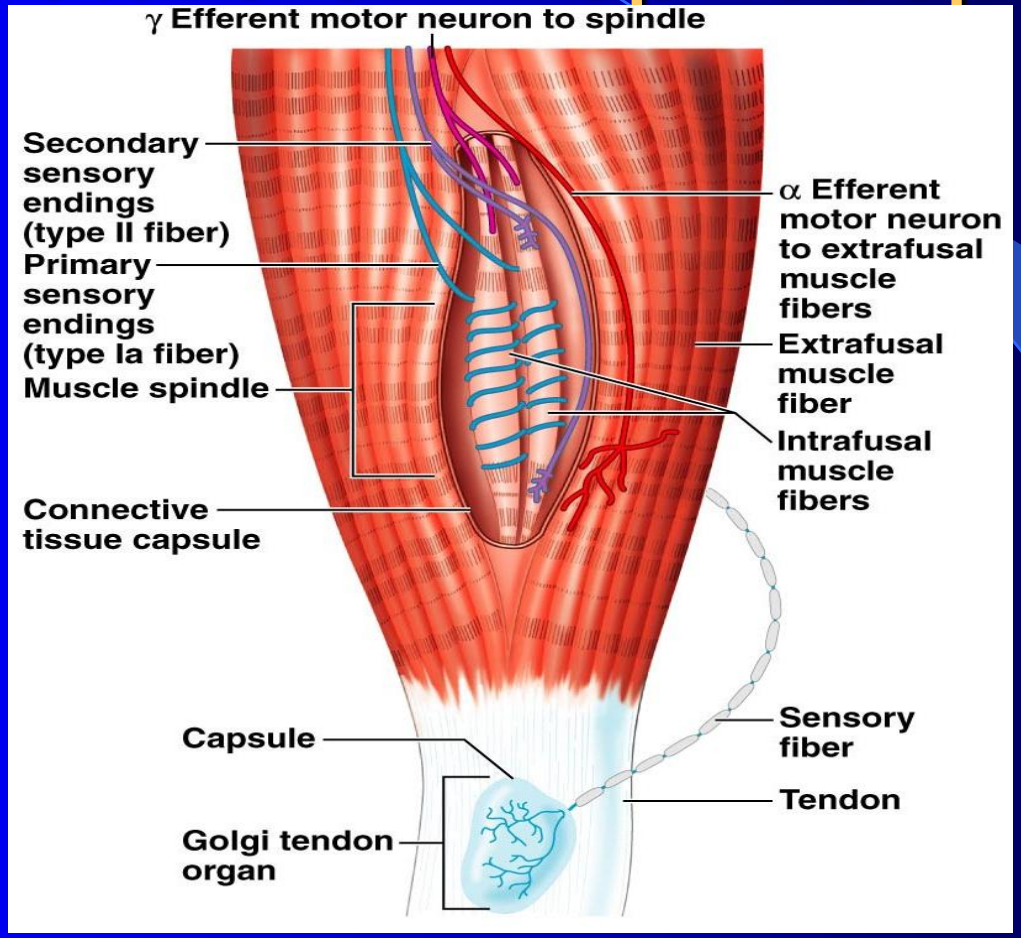
- **Muscle spindles** – measure the changing length of a muscle
  - Imbedded in the perimysium between muscle fascicles
- **Golgi tendon organs** – located near the muscle-tendon junction
  - Monitor tension within tendons
- **Joint kinesthetic receptors**
  - Sensory nerve endings within the joint capsules

Proprioceptors

TABLE 14.1 General Sensory Receptors Classified by Structure and Function *(continued)*

Structural Class	Illustration	Functional Class According to Location (L) and Stimulus Type (S)	Body Location
PROPRIOCEPTORS			
Muscle spindles		L: Proprioceptors S: Mechanoreceptors (muscle stretch)	Skeletal muscles, particularly those of the extremities
Golgi tendon organs		L: Proprioceptors S: Mechanoreceptors (tendon stretch)	Tendons
Joint kinesthetic receptors (Pacinian and Ruffini endings, free nerve endings, and receptors resembling Golgi tendon organs)		L: Proprioceptors S: Mechanoreceptors and nociceptors	Joint capsules of synovial joints

Structure of Proprioceptors



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An Overview of Sensory Pathways and the Somatic Nervous System

Neural pathways

- **Afferent pathways**
  - Sensory information coming from the sensory receptors through peripheral nerves to the spinal cord and to the brain .
- Efferent pathways
  - Motor commands coming from the brain and spinal cord, through peripheral nerves to effecter organs .

Sensory pathways

Sensory pathways

- Sensory systems allow us to detect, analyze and respond to our environment
- “ascending pathways”
- Carry information from sensory receptors to the brain
- Conscious: reach cerebral cortex
- Unconscious: do not reach cerebral cortex
- Sensations from body reach the opposite side of the brain

- **Spinal tracts**- These are known as sensory and motor pathways consisting of multineuron pathways connecting the CNS to the PNS. At some point most pathways crossover (decussate),
- A. Ascending (sensory) Pathways : -

- 1. **Dorsal column pathway-** carries signal of fine touch, pressure, vibration , stereognosis and concious proprioception, ascends up dorsal white column in fasciculus gracilis or cutaneatus to medulla oblongata to the thalamus to primary somatosensory cortex (post central gyrus).
- 2 . **Posterior and anterior spinocerebellar pathways-** carry subsconcious proprioception. Dorsal gray horn- to lateral column- to medulla oblongata- to pons – to cerebellum.

- 3. Spinothalamic pathway- carries signals of pain, temperature, deep pressure, and course touch. From psterior gray horn decussate into lateral and anterior funiculi up to the thalamus to primary somatosensory cortex (postcentral gyrus).

Sensory pathways: 3 neurons

- 1st: enters spinal cord from periphery
- 2nd: crosses over (decussates), ascends in spinal cord to thalamus
- 3rd: projects to somatosensory cortex

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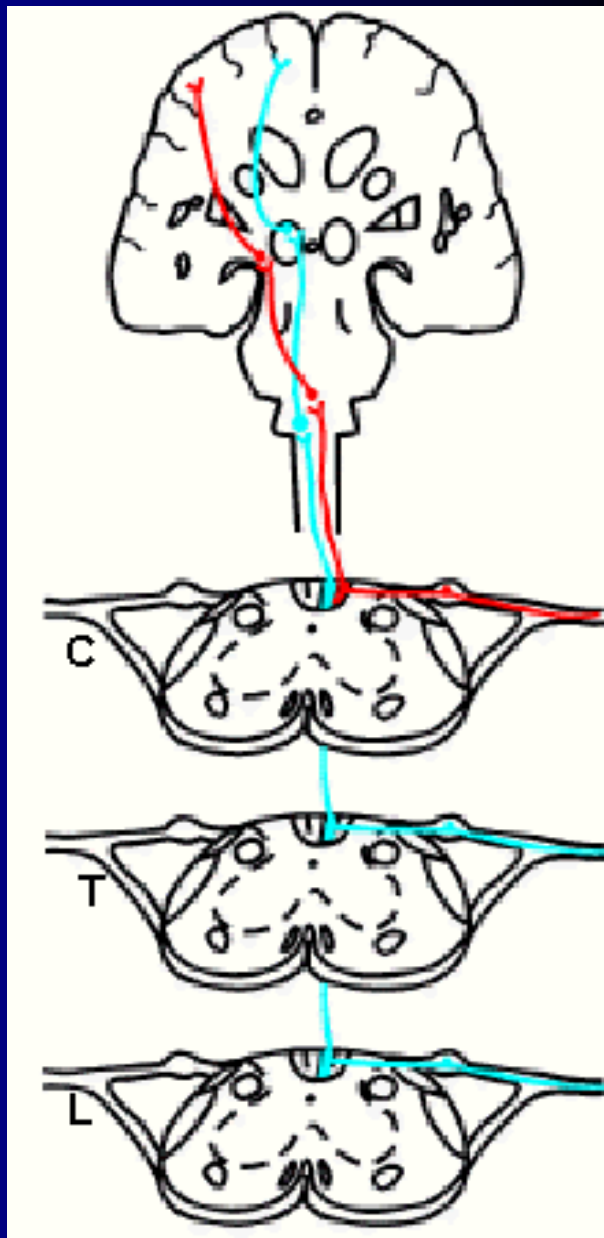
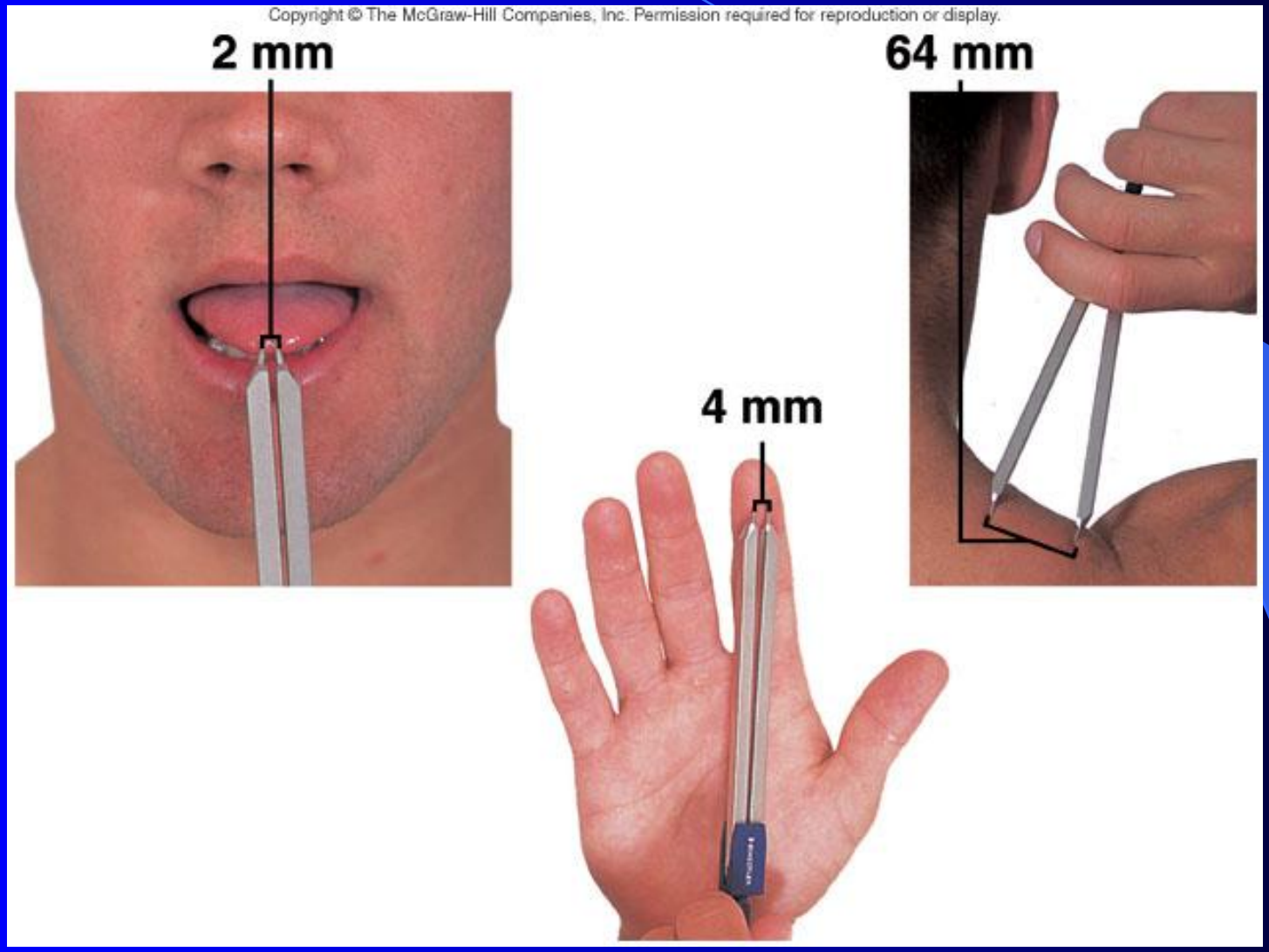
Dorsal column pathway

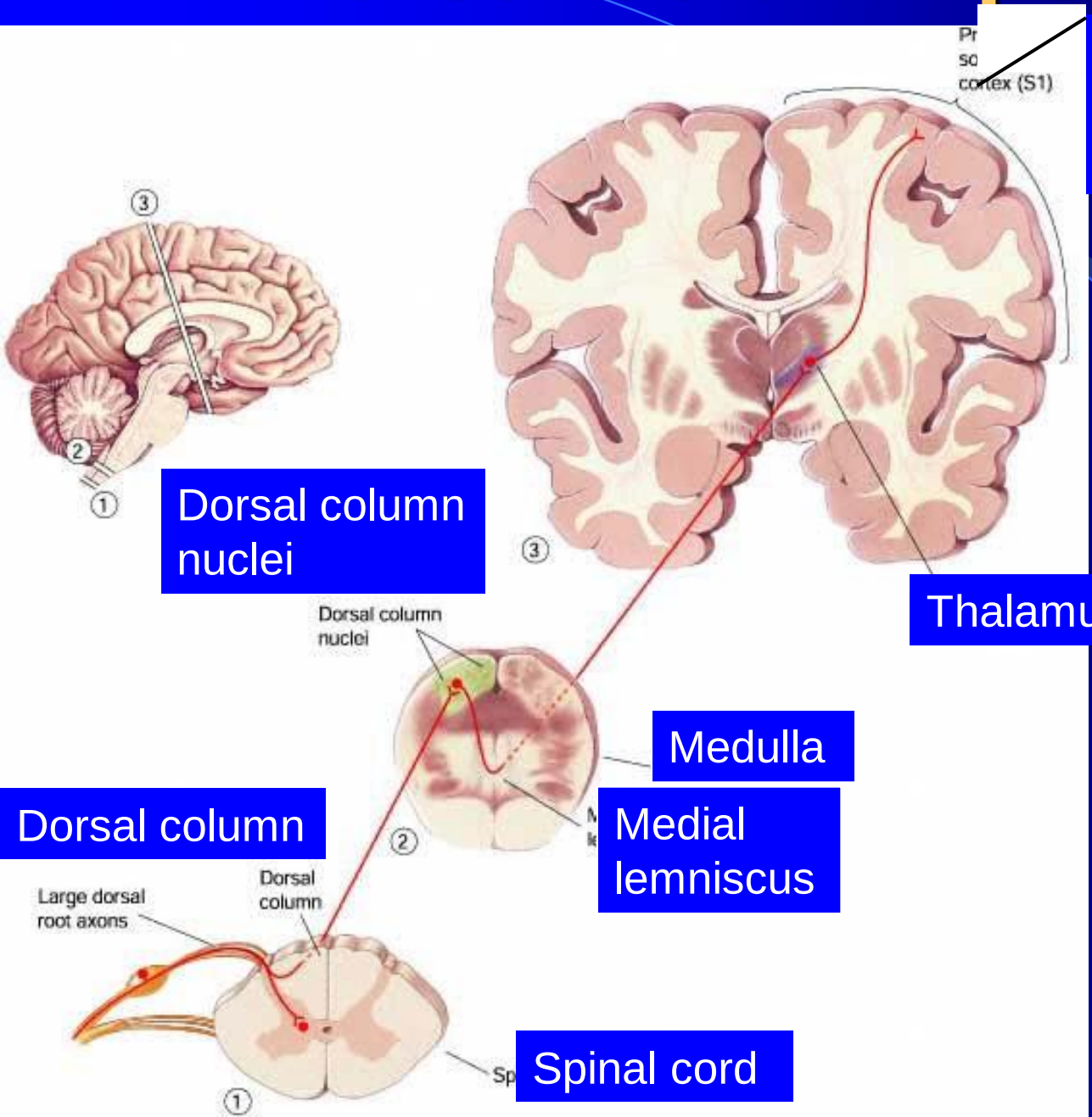
- Carries fine touch, tow point discrimination ,pressure ,vibratio n ,stereognosis and conscious proprioception signals
- 1st neuron enters spinal cord through dorsal root; ascends to medulla (brain stem)
- 2nd neuron crosses over in medulla; ascends to thalamus
- 3rd neuron projects to somatosensory cortex



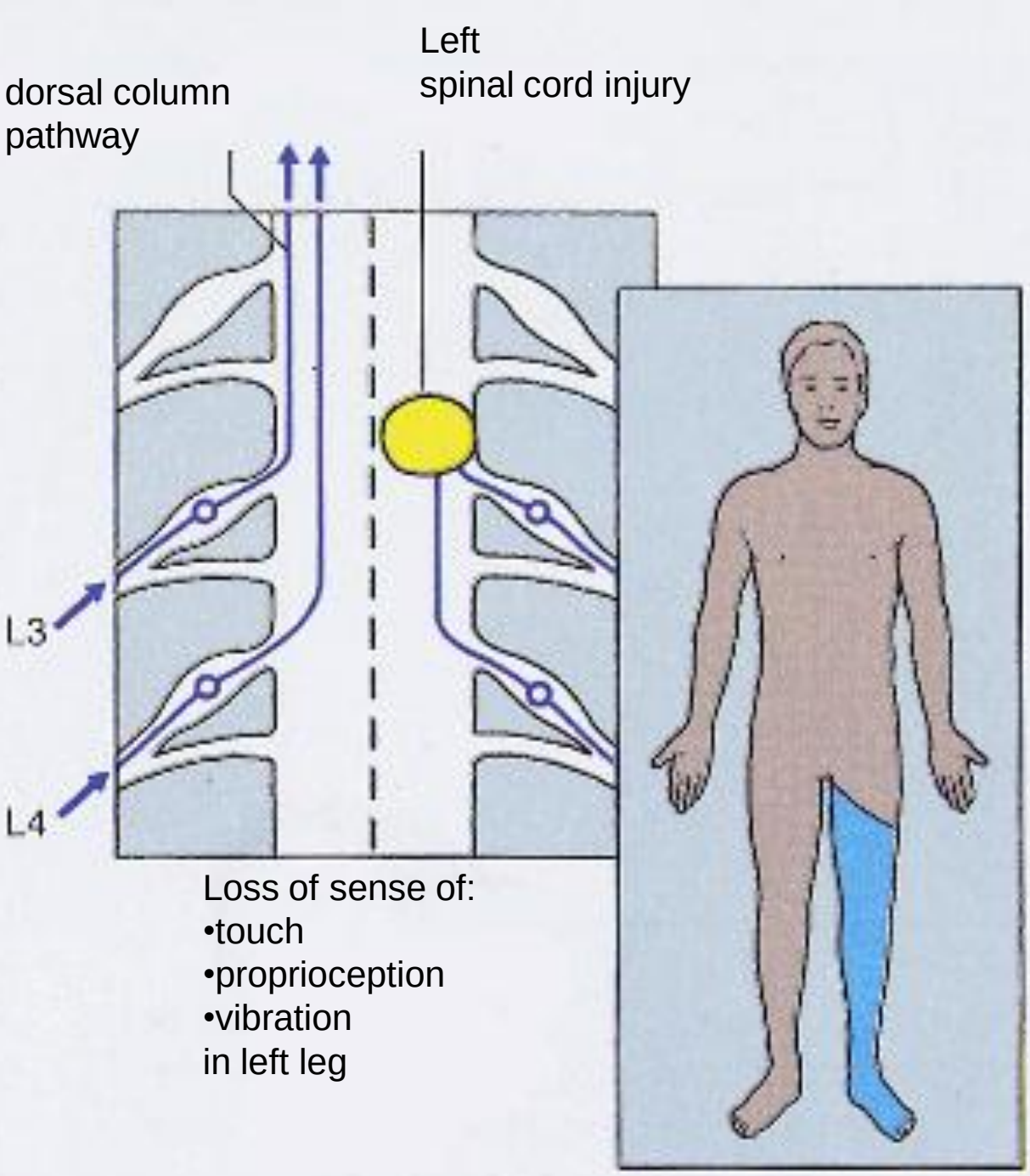
Two-Point Discrimination



Dorsal column pathway



Dorsal column damage



Dorsal column damage

- Sensory ataxia
- Patient staggers; cannot perceive position or movement of legs
- Visual clues help movement

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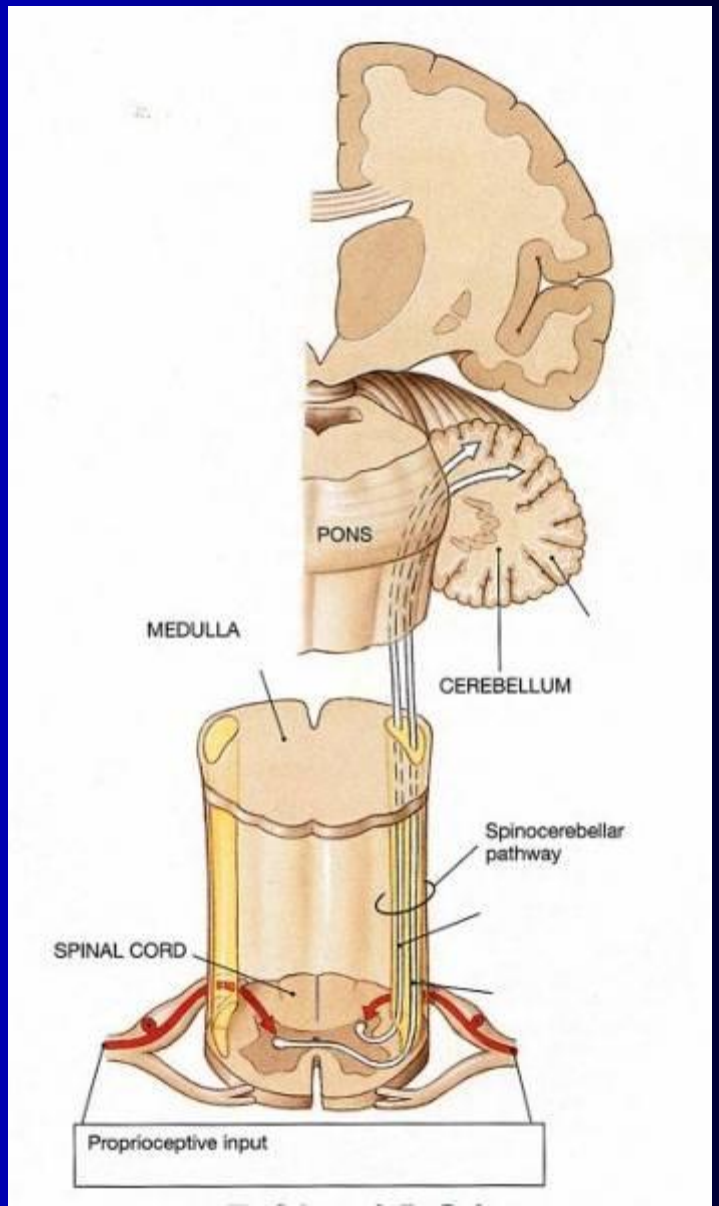
Spinocerebellar pathway

- Carries unconscious proprioception signals
- Receptors in muscles & joints
- 1st neuron: enters spinal cord through dorsal root
- 2nd neuron: ascends to cerebellum
- No 3rd neuron to cortex, hence unconscious



Spinocerebellar tract damage

- Cerebellar ataxia
- Clumsy movements
- Incoordination of the limbs (intention tremor)
- Wide-based, reeling gait (ataxia)
- Alcoholic intoxication produces similar effects!

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Motor & Sensory Ataxia

Ataxia and Gait Disturbances

- Pathophysiology
  - Result from any condition that affects the central and peripheral nervous systems
  - Ataxia: Types
    - Motor ataxia
    - Sensory ataxia

Ataxia and Gait Disturbances

- Motor Ataxia
  - Caused by cerebellar disorders
    - Intact sensory receptors and afferent pathways
    - Integration of proprioception is faulty
    - Midline cerebellar lesions cause truncal ataxia
    - Lateral cerebellar lesions cause limb ataxia
    - Thalamic infarcts may cause contra lateral ataxia with sensory loss
    - N.B cerebellar ataxia will discussed later with cerebellum lecture.

Ataxia and Gait Disturbances

- Sensory Ataxia
  - Failure of proprioceptive information to the CNS
  - May be due to disorders of spinal cord or peripheral nerves
  - Can be compensated for by visual inputs

Thank you