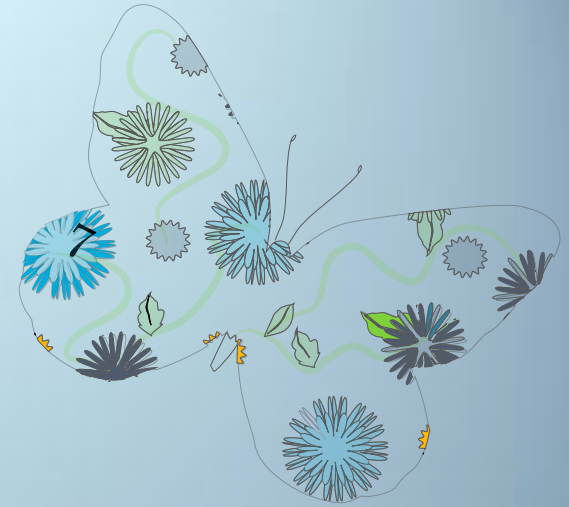


Conjunctiva



# Vision

## 1-Physiology of the eye & Refraction

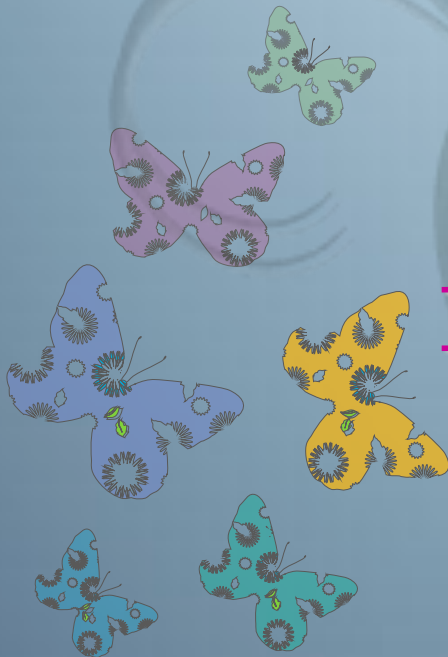
By

Prof/Faten zakareia

College of medicine

King Saud University

Physiology Dept



## OBJECTIVES:-

At the end of this lecture, the student should be able

to :-

- Describe different components of the eye and function of each and -understand the eye protection media
- Describe the refraction of light as it passes through the eye to the retina, identifying the refractive media of the eye
- Know glaucoma and binocular vision
- Know layers of retina, blind spot, and fovea centralis
- explain the different light sensitivities of the fovea, peripheral retina and optic disk
- Know principles of optics and errors of refraction
- Light pathway in the eye-

- *Textbook/Guyton & Hall*

- *Reference book/Ganong review of medical physiology*



# *FUNCTIONS OF VISION*



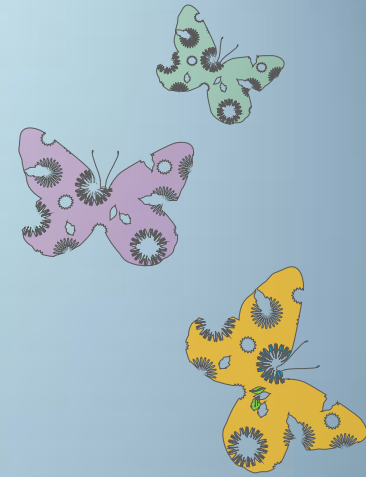
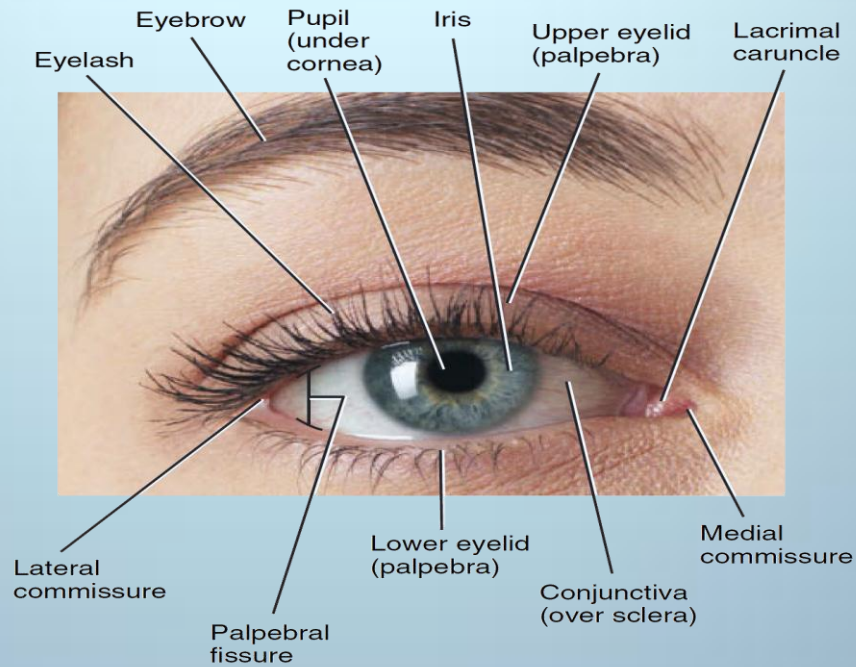
DISCRIMINATION  
– LIGHT VS.  
DARK



DETECTION OF  
MOVEMENT

DETECT COLOUR  
(ADAPTIVE  
VALUE OF  
COLOUR VISION)





## EYE HAS:-

1- Refracting Media

2- Coats (Sclera, Choroid and Retina)

- Post 2/3 Retina, Ant 1/6 Cornea

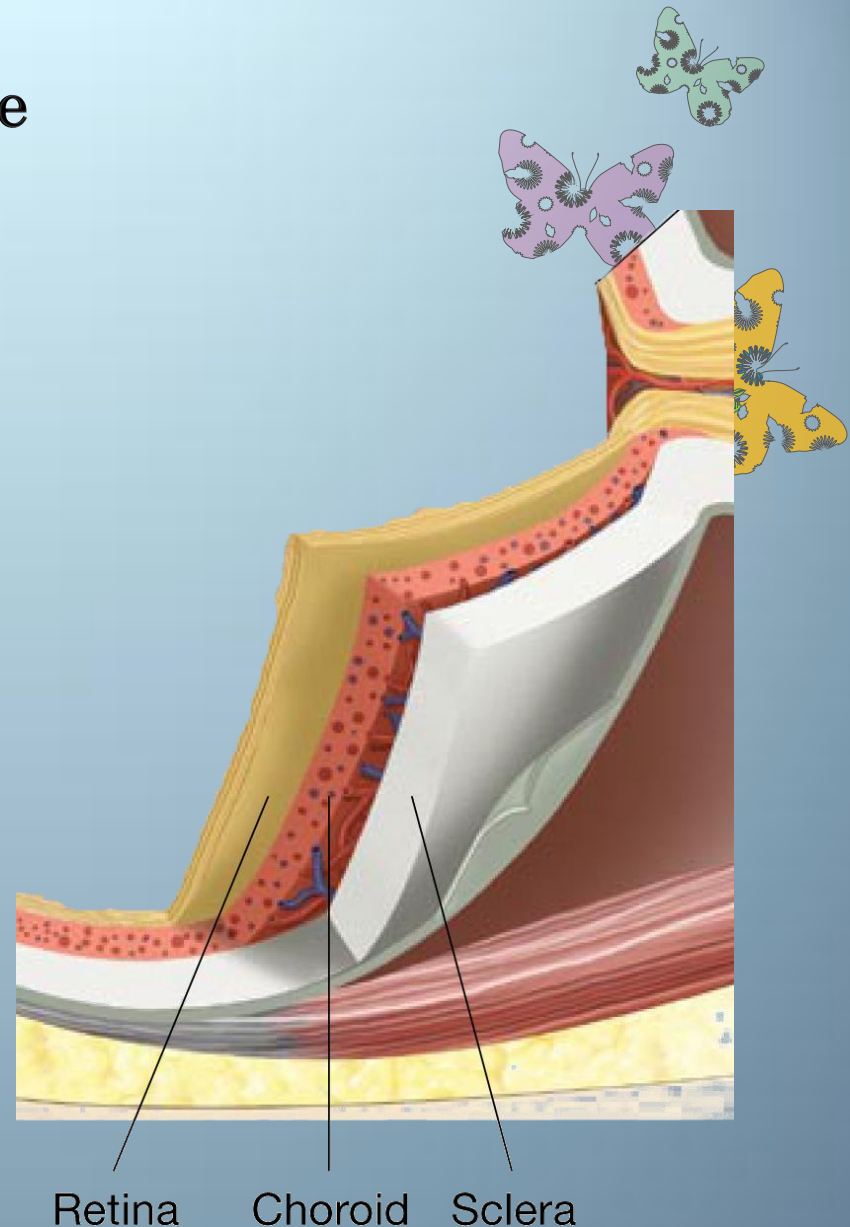


The eye is a fluid-filled sphere enclosed by three specialized tissue layers.

1-the sclera is a tough outer covering of connective tissue.

2-the middle layer is the choroid containing blood vessels.

3-the retina is the innermost layer which contains light sensitive cells



# Anatomy of the eye:

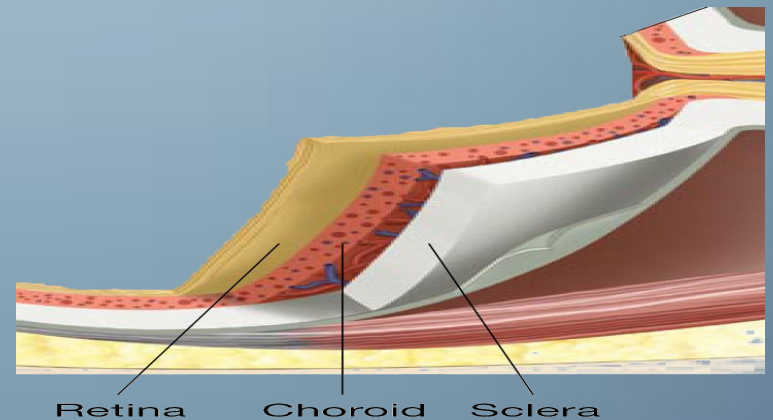
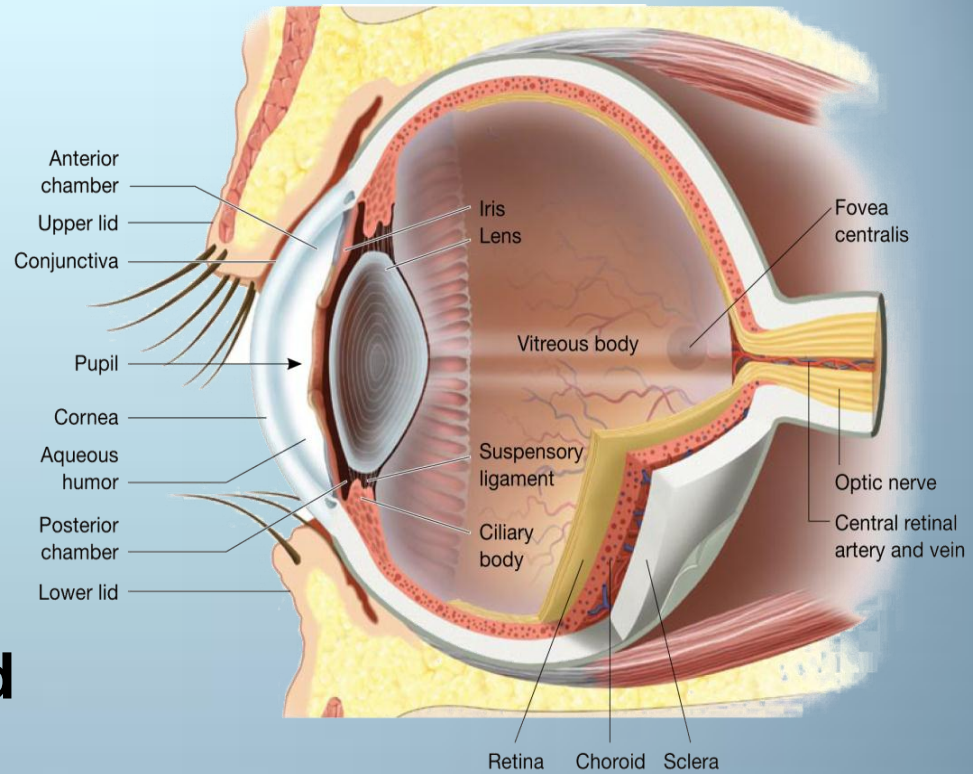
**1- Sclera** ( thick ,white fibrous tissue for protection- spherical appearance)

## **-Choroids**

**-inside sclera , highly vascular**

**-the capillaries in the choroid are the primary source of nourishment for retinal photoreceptors & oxygen to rods and cones**

**- post 2/3 of choroid has retina (innermost layer lining)**



**2- cornea** ( modified ant 1/6 of sclera ) to allow light to enter the eyes, transparent , avascular.

Q.From where it gets its nutrition?

-A/ Tears& aqueous humor

- Refractive or diopteric power

40-45 D at its anterior surface.

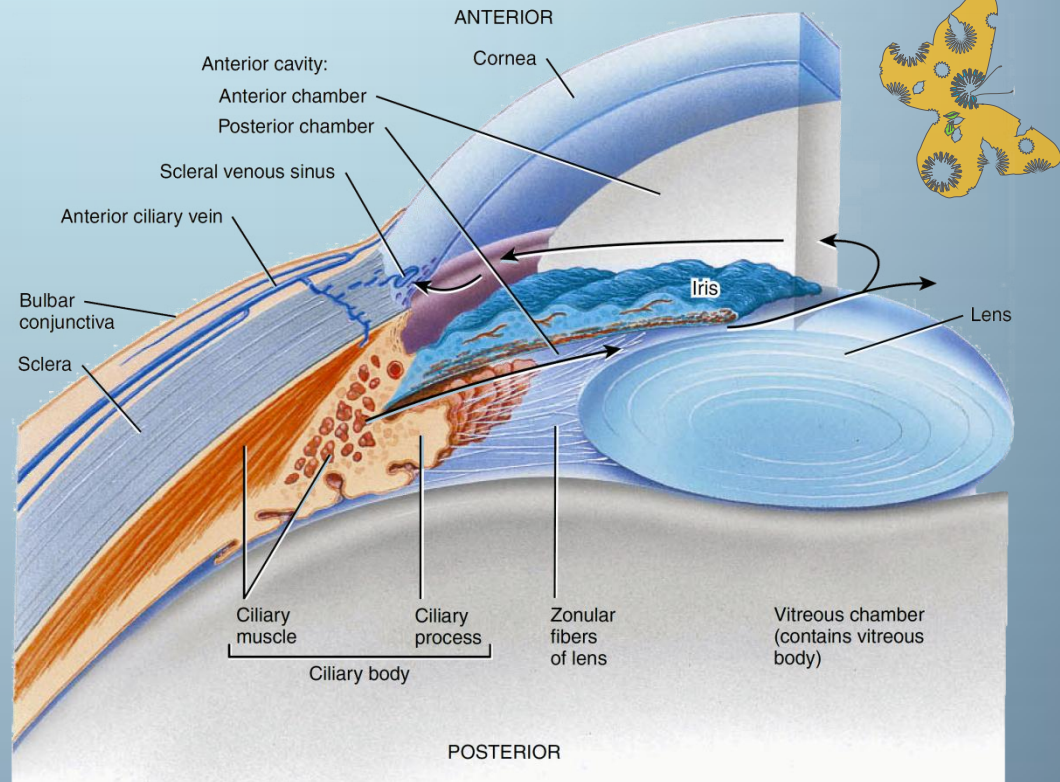
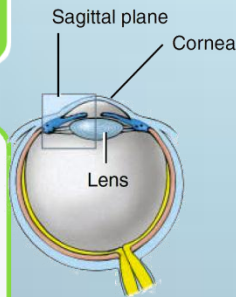


THE CORNEA HAS NO BLOOD SUPPLY; IT GETS OXYGEN DIRECTLY THROUGH THE AIR.

OXYGEN FIRST DISSOLVES IN THE TEARS AND THEN DIFFUSES THROUGHOUT THE CORNEA

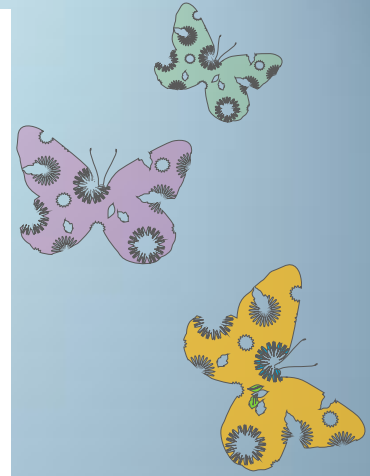
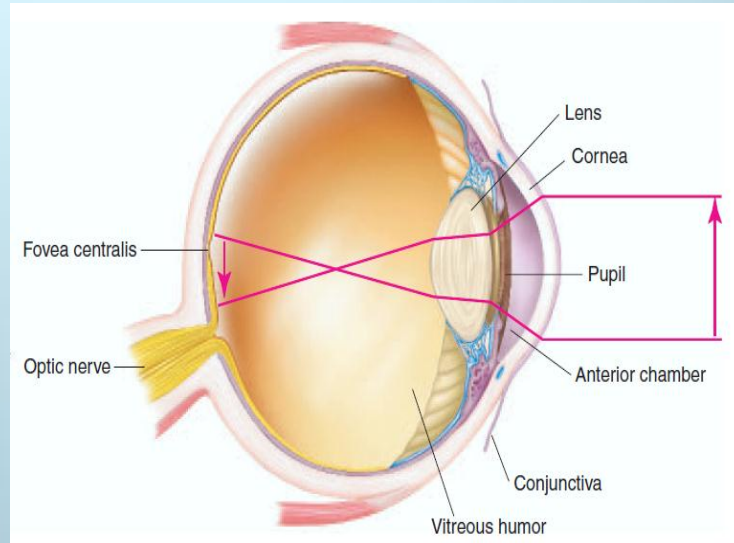
THE ENVIRONMENT SUPPLIES ALMOST ALL OXYGEN NEEDED FOR TISSUE RESPIRATION IN THE OPEN EYE.

IN THE CLOSED EYE, ABOUT TWO THIRDS OF THE OXYGEN DEMAND IS MET BY DIFFUSION FROM THE CAPILLARIES AND THE REST FROM THE ANTERIOR CHAMBER



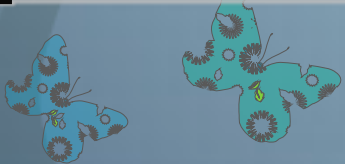
IN HUMANS, THE CORNEA HAS RESIDENT IMMUNE CELLS





### 3- conjunctiva

- Transparent membrane cover anterior surface of eye, reflected on inner surface of eye lids
- Covered with thin film of tears for protection, wetness, cleaning



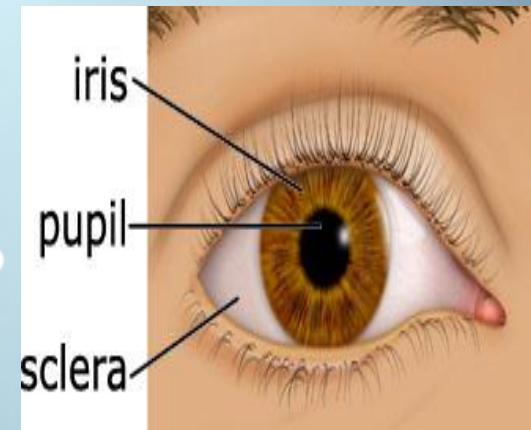
## 4- pupil /

behind center of cornea, control & allow light to enter the eye, appears black because, as you look through the lens, you see the heavily pigmented back of the eye (choroid and retina)

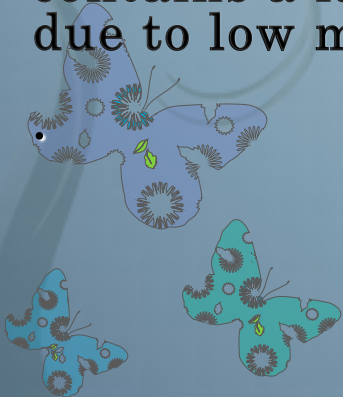
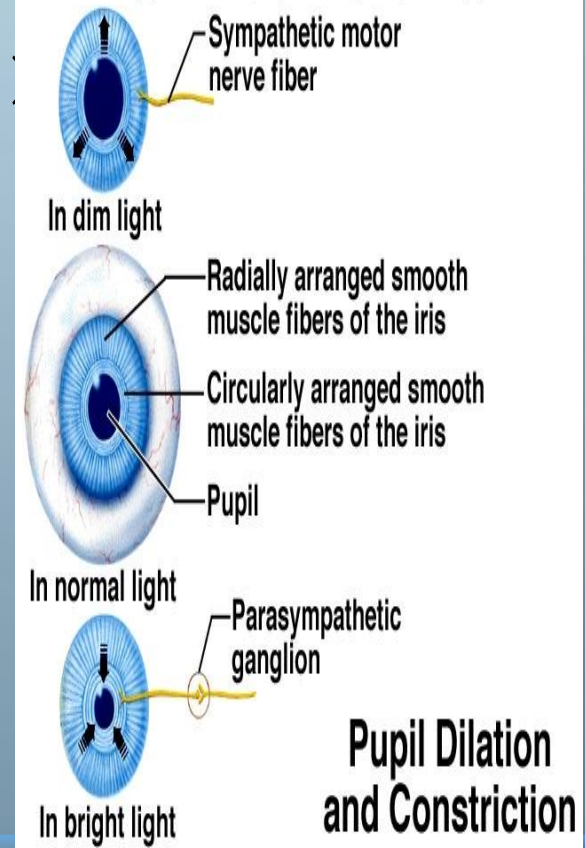
## 5- Iris

colored part ( has radial muscle dilates the pupil as in dimlight (supplied by sympathetic + circular muscles constrict the pupil (by parasympathetic), as in bright light

-the eyes appear brown to black when the iris contains a large amount of melanin, and blue due to low melanin.



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- **Sensory**
- **Sympathetic**
- **Parasympathetic**

Hypothalamus  
 Pretectal nucleus  
 Edinger-Westphal nucleus

Optic n. & chiasm  
 Oculomotor n.  
 Ciliary ganglion  
 Short ciliary n.

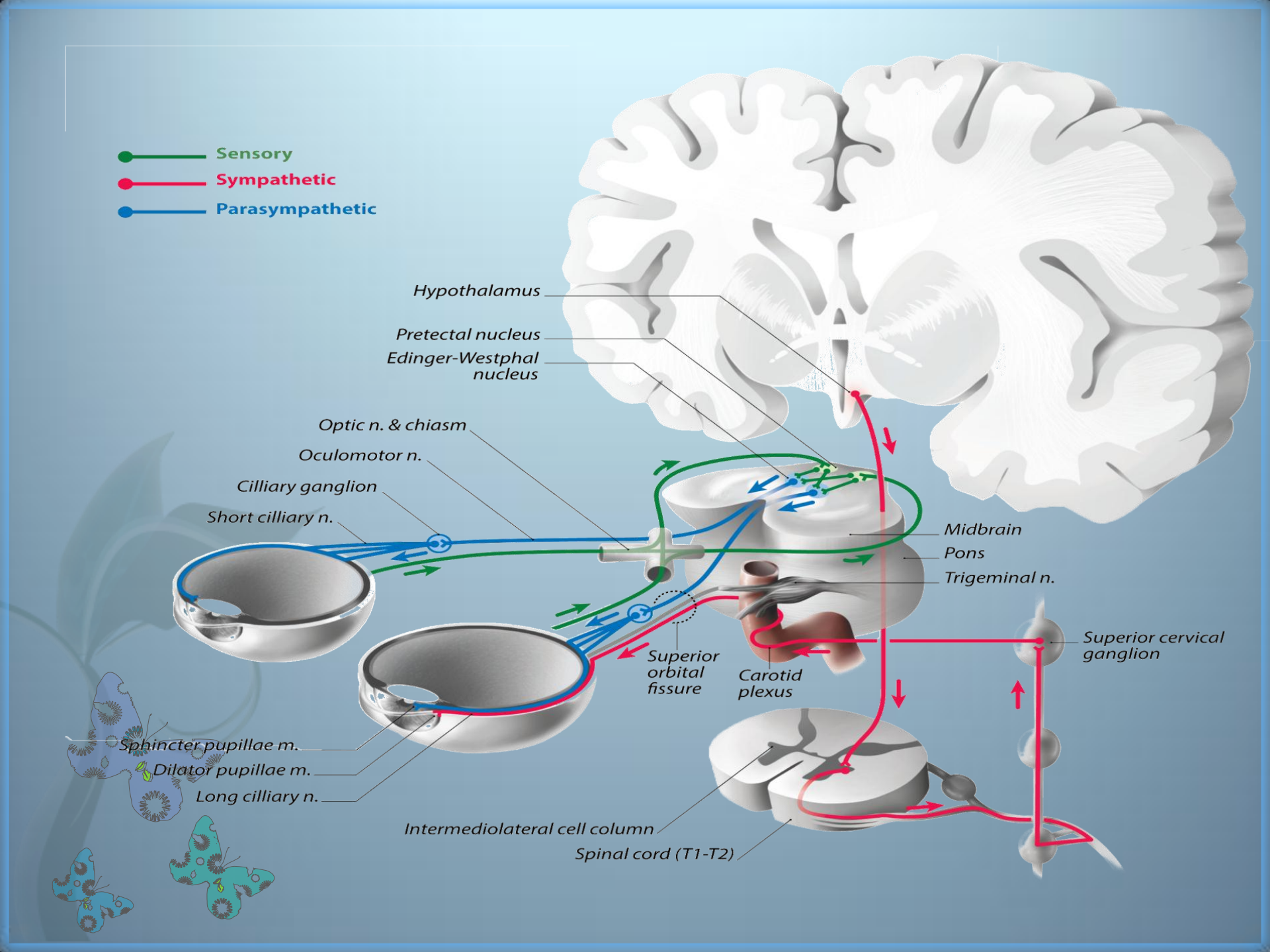
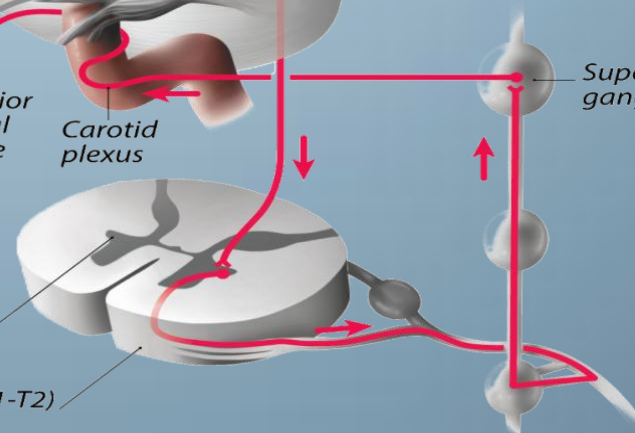
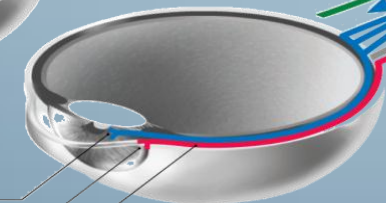
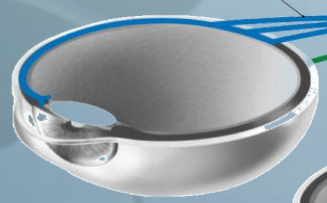
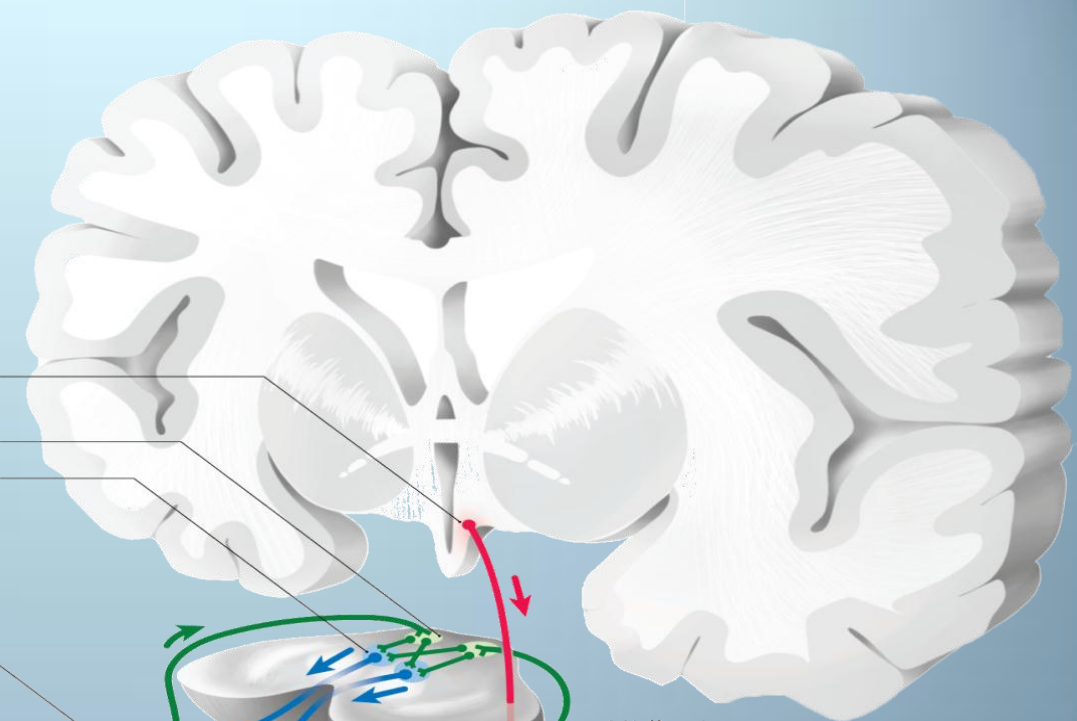
Midbrain  
 Pons  
 Trigeminal n.

Superior cervical ganglion

Sphincter pupillae m.  
 Dilator pupillae m.  
 Long ciliary n.

Superior orbital fissure  
 Carotid plexus

Intermediolateral cell column  
 Spinal cord (T1-T2)



## 6-Ciliary muscles (body)

thick ant part of choroid to which attached suspensory ligaments (zonule)

## 7- lens

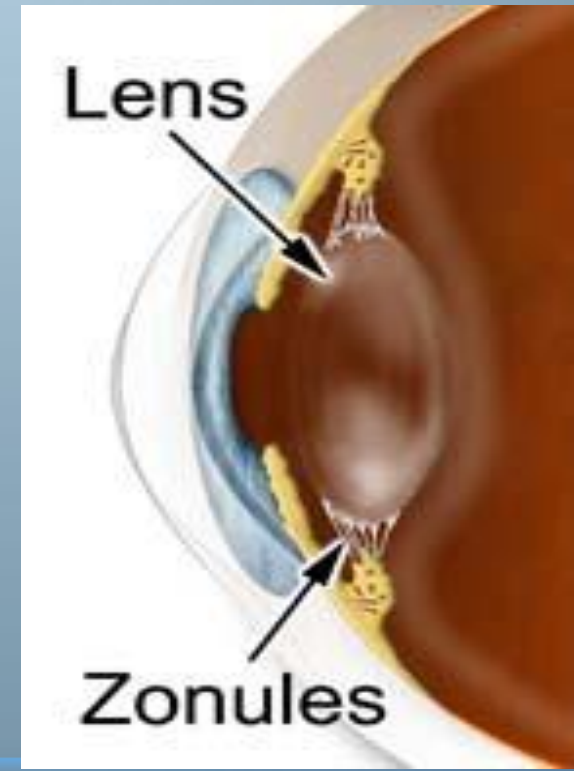
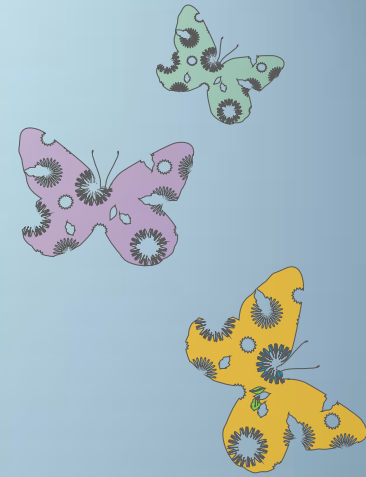
transparent, biconvex, semisolid, dioptric power 15-20 D, held in place by zonule (lens ligament= suspensory ligament) attached to ant part of ciliary body

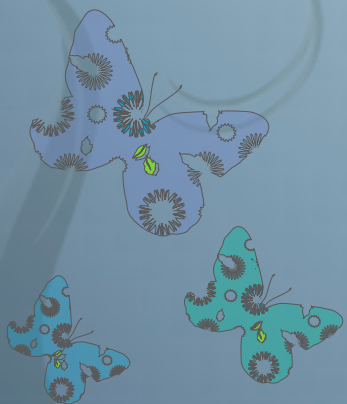
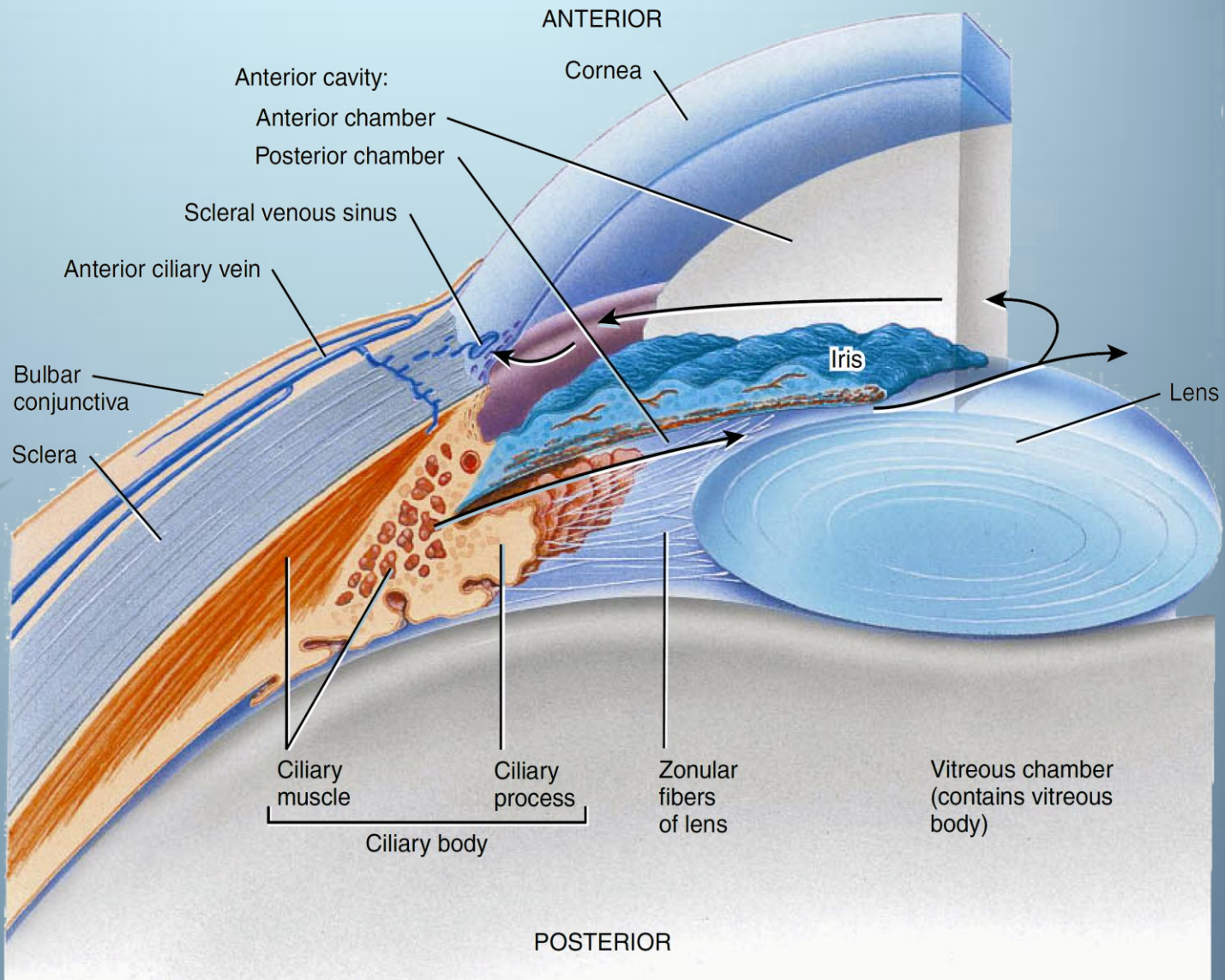
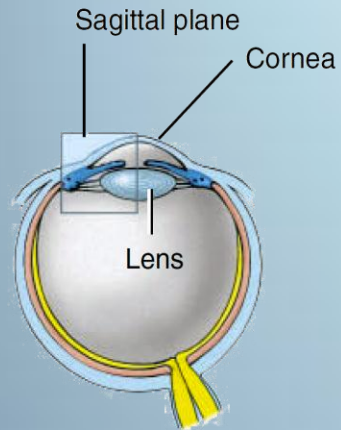
within the cells of the lens, proteins called crystallins are arranged like the layers of an onion, this makes up the refractive media of the lens

-the lens helps focus images on the retina to facilitate clear vision.

q.what is cataract?

8- Uvea = choroid + iris + ciliary muscles



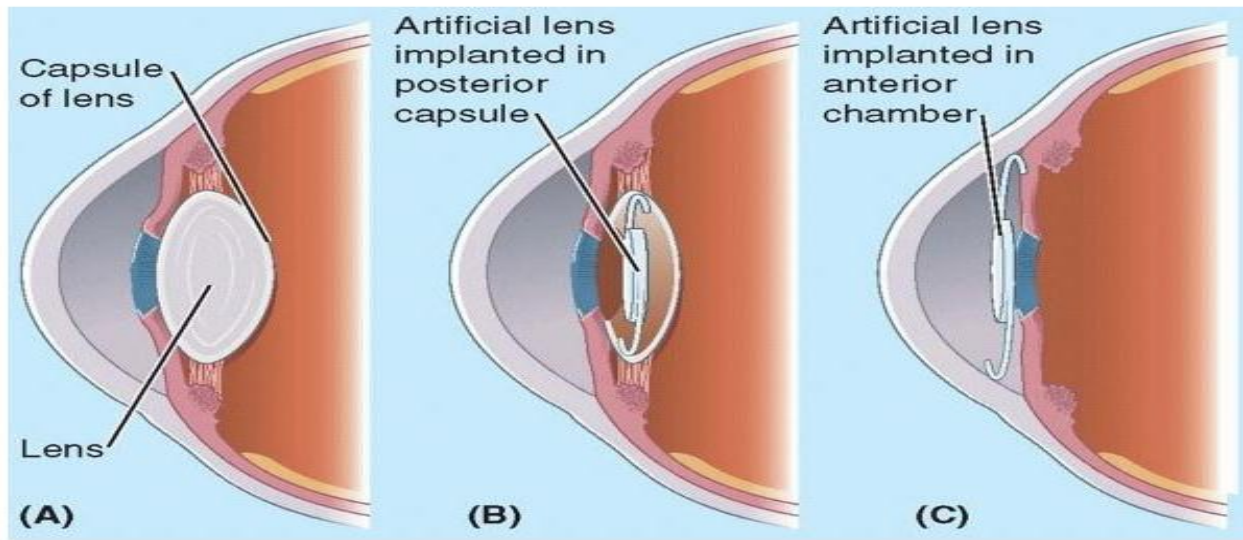


**Cataracts” occurs in older people. is a cloudy or opaque area or areas in the lens**

- the proteins in some lens fibers become denatured and coagulate to form opaque areas .
- When a cataract has obscured light transmission so greatly that it impairs vision

**-An extracapsular cataract extraction involves removing the lens but leaving the capsule to put synthetic lens .**

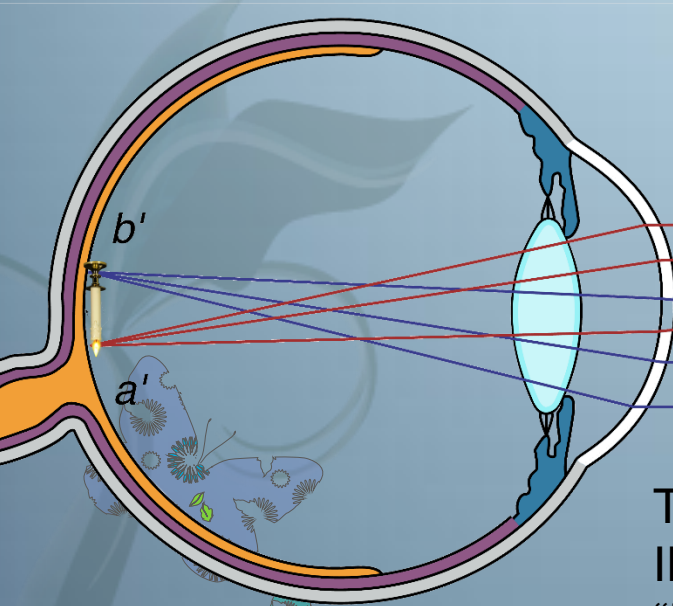
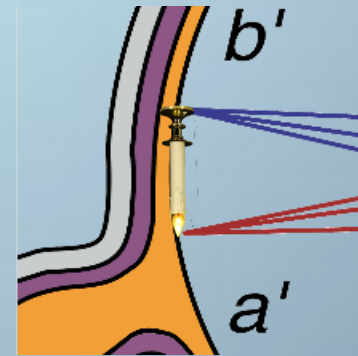
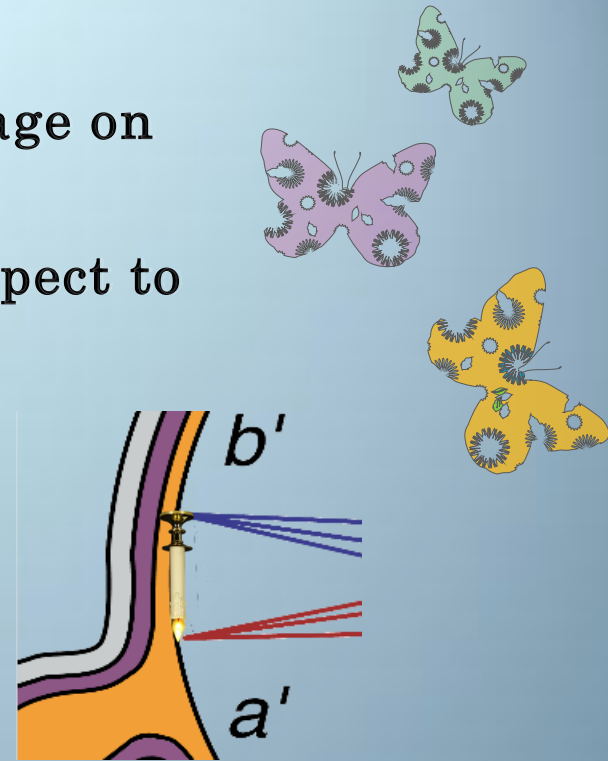
**- Intracapsular lens extraction removing the lens and capsule, and implanting a synthetic lens in the anterior chamber**



The lens system of the eye will focus an image on the retina upside down

the image is inverted and reversed with respect to the object.

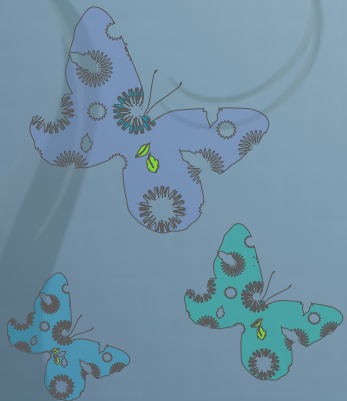
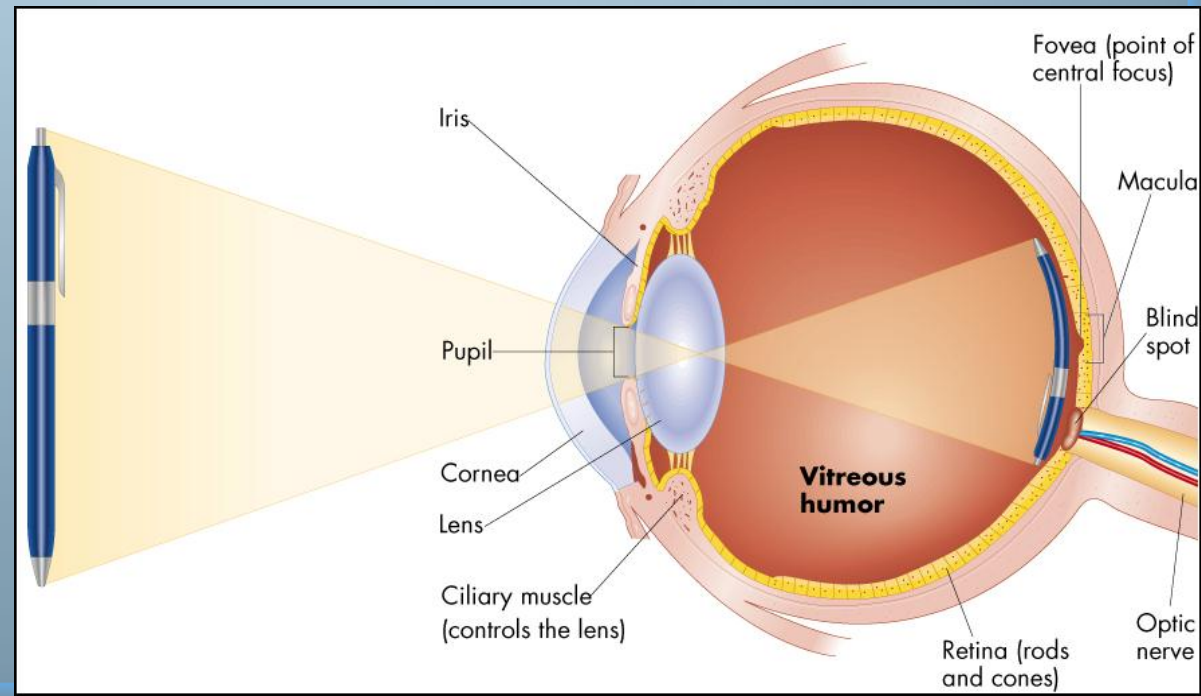
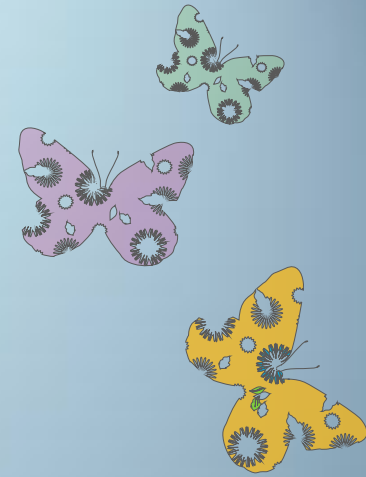
however, the brain perceives objects in the upright position despite the upside-down orientation on the retina



THE REASON THE WORLD DOES NOT LOOK INVERTED AND REVERSED IS THAT THE BRAIN "LEARNS" EARLY IN LIFE TO COORDINATE VISUAL IMAGES WITH THE ORIENTATIONS OF OBJECTS.

Anterior chamber of the eye ✱  
/Between iris & cornea.

-posterior chamber of the eye /  
Between iris & ciliary muscles  
- Iris between both

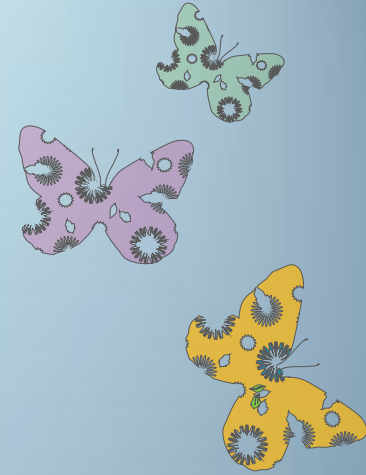




# Refractive media of the eye:-

- 1) the interface between air and the anterior surface of the cornea,
- (2) the interface between the posterior surface of the cornea and the aqueous humor,
- (3) the interface between the aqueous humor and the anterior surface of the lens of the eye,
- (4) the interface between the posterior surface of the lens and *the vitreous humor*.

- *A total refractive power of 59 diopters when the lens is accommodated for distant vision*



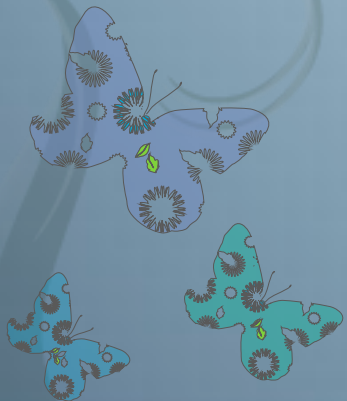
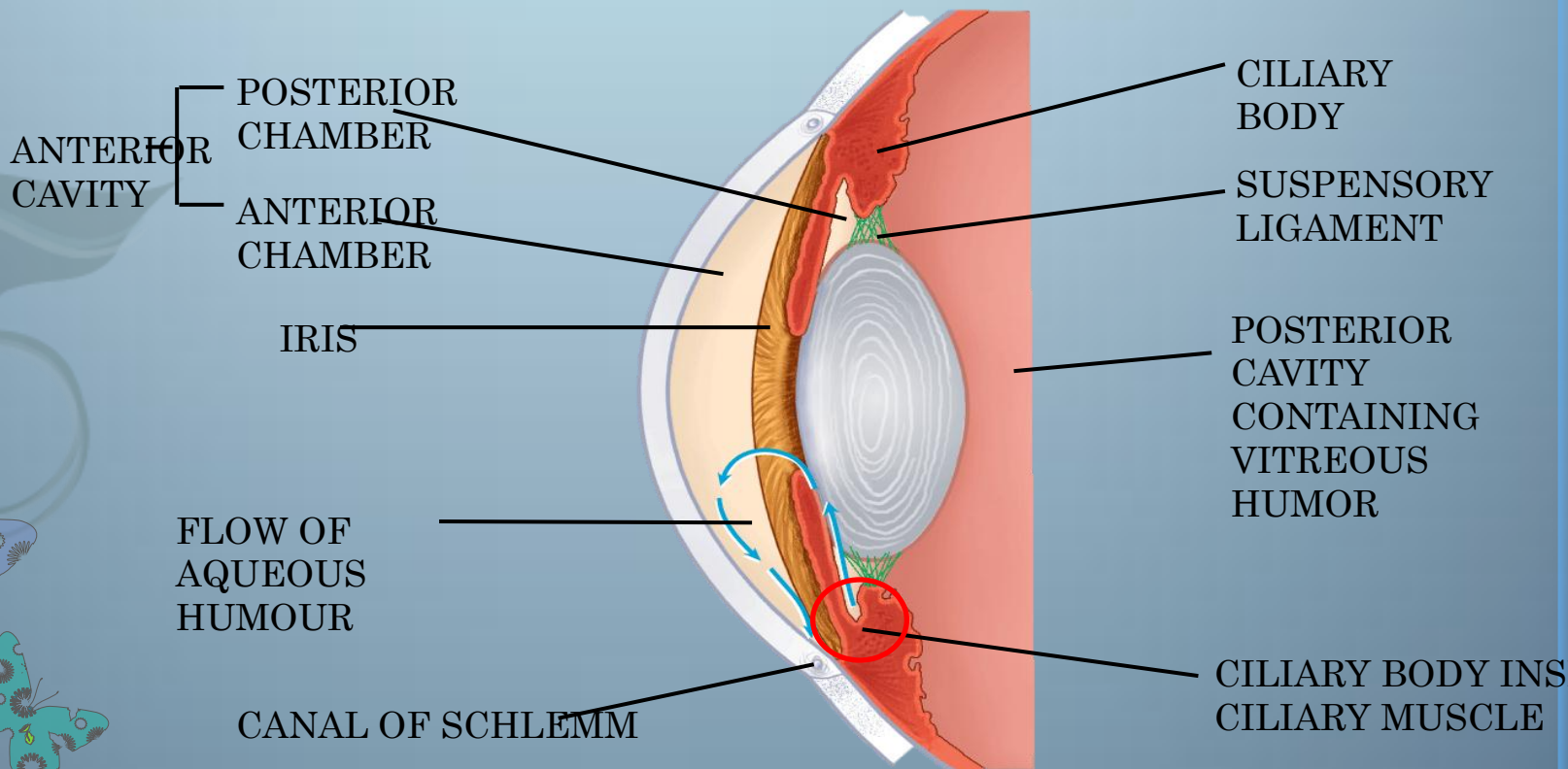
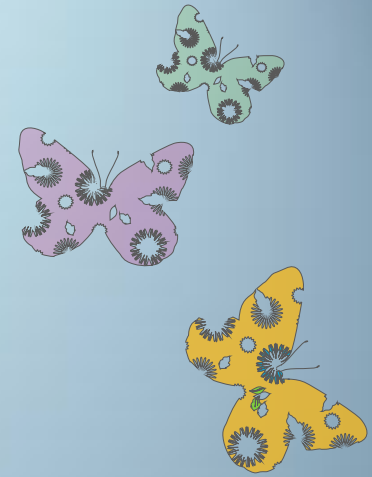
# Refractive media of the eye:-

## 1-Cornea

- Its dioptric power is 40-45 diopter at its anterior surface.
- About two thirds of the 59 diopters of refractive power of the eye is provided by the anterior surface of the cornea
- The principal reason for this is that the refractive index of the cornea is markedly different from that of air,
- (whereas the refractive index of the eye lens is not greatly different from the indices of the aqueous humor and vitreous humor)
  
- N.B/ The internal index of air is 1
- - the cornea, 1.38
- -the aqueous humor, 1.33
- - the crystalline lens 1.40
- -the vitreous humor 1.34.

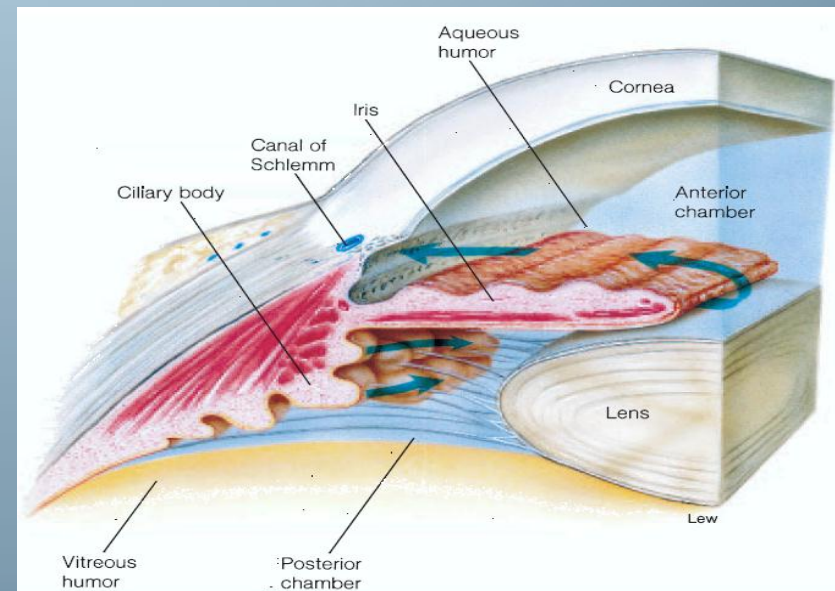
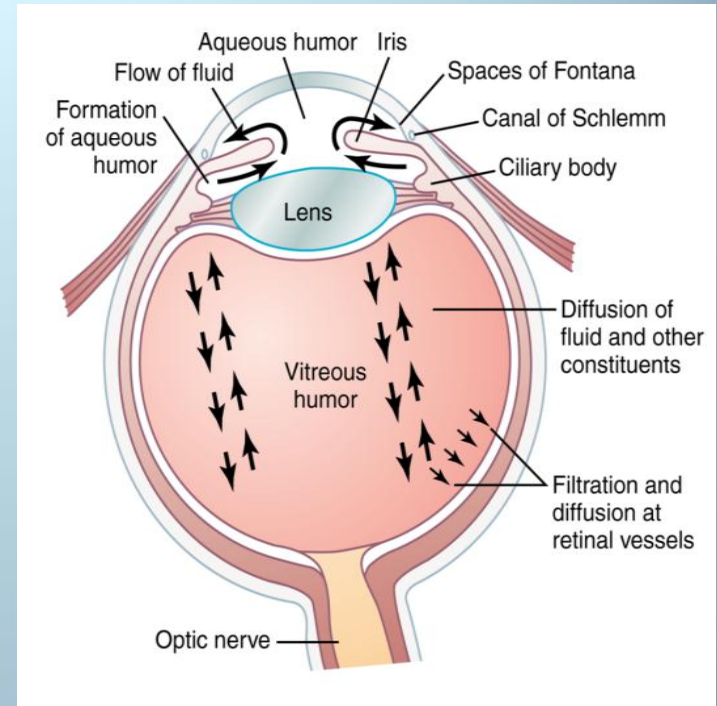
# 2-THE AQUEOUS HUMOUR

-the aqueous humour is a transparent, slightly gelatinous (gel-like) fluid similar to plasma



## -The aqueous humor

- is continually being formed and reabsorbed.
  - The balance between its formation and reabsorption regulates the total volume and pressure of the intraocular fluid
  - **nourishes the cornea and iris**
  - **produced in the ciliary body** by an active secretion by ciliary processes..
- GO TO → **posterior chamber** >>> to **pupil** >>>> **ant chamber** >>>> **drained into canal of Schlemm** in anterior chamber angle, which is a venous channel at the junction between the iris and the cornea ( anterior chamber angle ).
- It causes intra-ocular pressure **10-20 mmhg**
  - **Obstruction of this outlet leads to increased intraocular pressure , a critical risk factor for glaucoma**



# What is glaucoma ?

(intraocular pressure more than 20mm Hg)

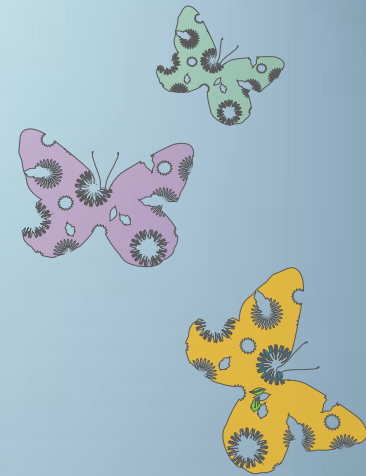
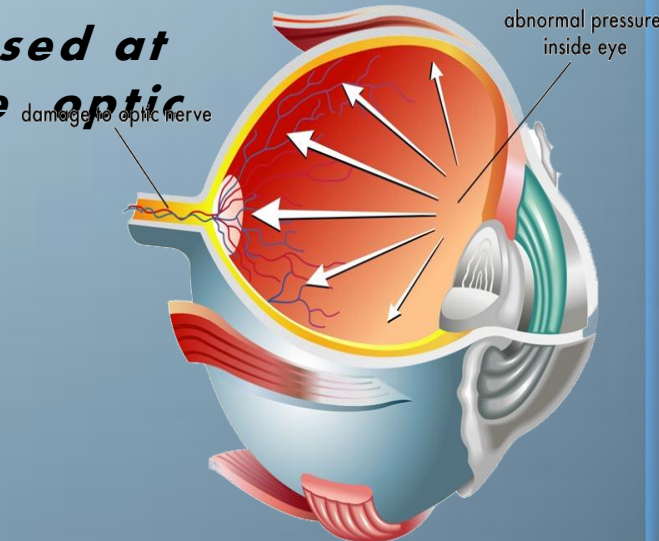
**-Why it causes damage of optic nerve?  
obstruction of AQ H outlet leads to increased  
intraocular pressure.**

**-excessive aqueous humour pushes the lens  
backwards into vitreous, which pushes against  
the retina.**

**this compression causes retinal and optic nerve  
damage that can cause blindness if not treated?**

***the axons of the optic nerve are compressed at  
the optic disc. This lack of nutrition of the optic  
nerve fibers, which causes death of the  
involved fibers & blindness***

GLAUCOMA

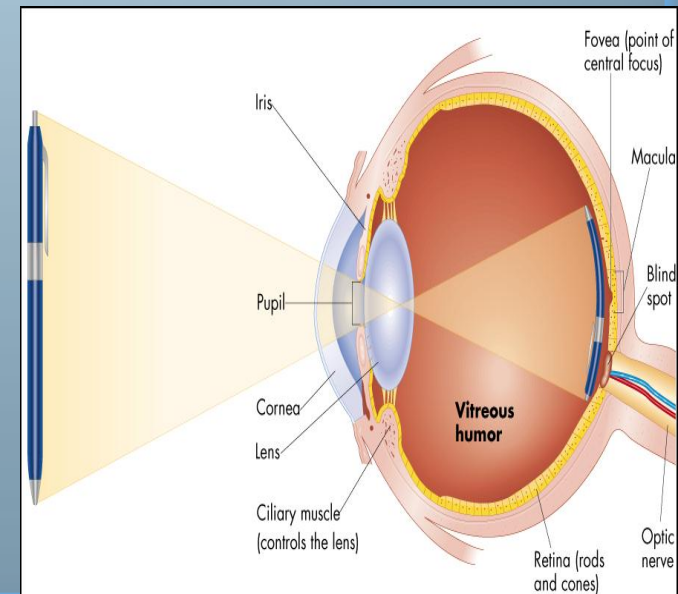
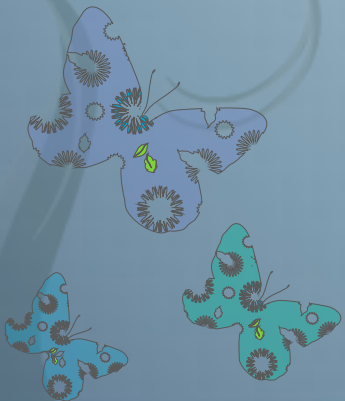
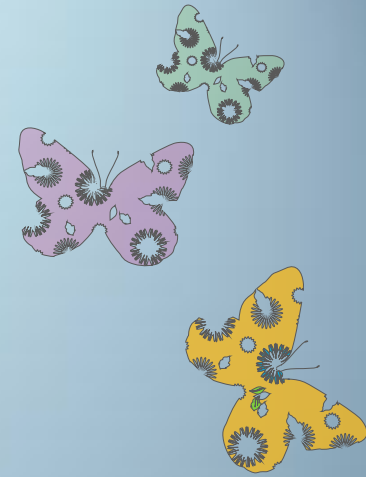


# 3-lens:-

- Has dioptric power 15-20 D
- (1/3 refractive power of eye) ,  
more important than cornea.

why?

-in response to nervous signals from the brain,  
*its curvature can be increased* markedly to  
provide “accommodation,  
”



## 4-THE VITREOUS HUMOUR

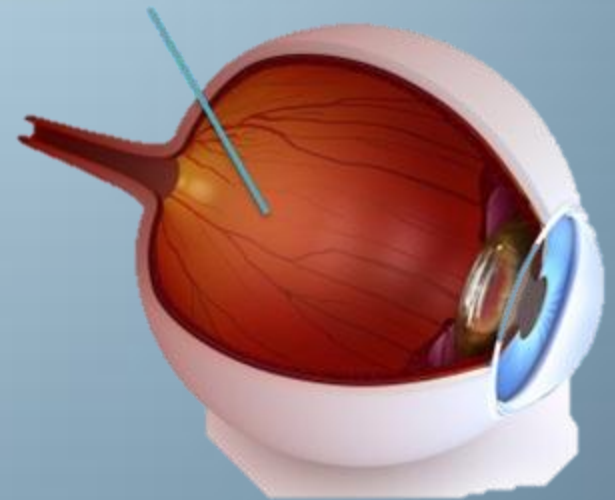
-is the transparent,  
colourless, gelatinous mass  
.fills the vitreous chamber  
between the posterior  
surface of lens and the  
retina

(for nourishing retina &  
keep spheroid shape of the  
eye)

-the vitreous humour is clear  
and allows light to pass  
through

- VITREOUS HUMOUR REMAINS FROM BIRTH

THE VITREOUS  
HUMOUR



**Lens-retina distance = 15mm**

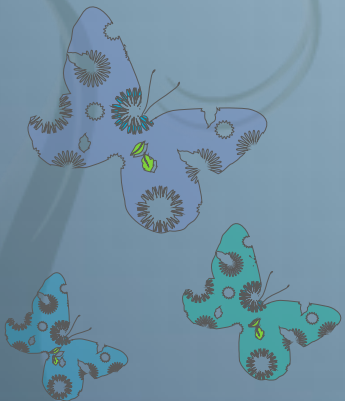
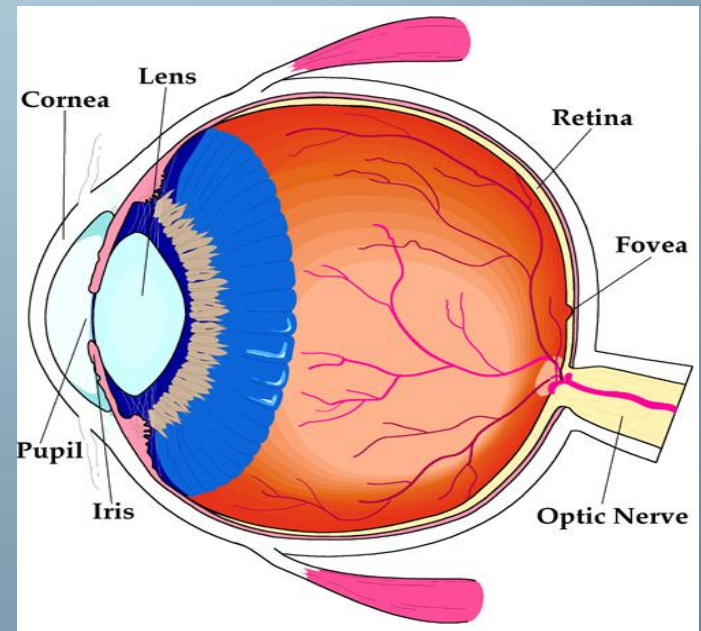
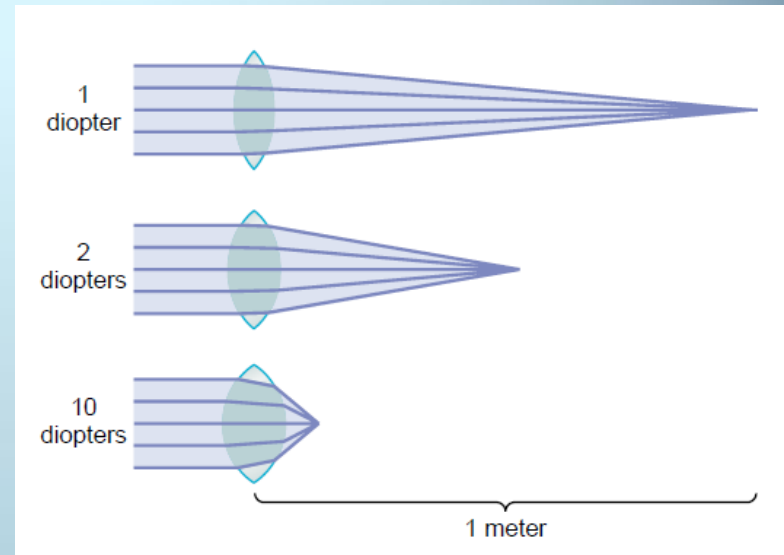
**Dioptre (s) = 1 / Focal length (in meters)**

**Dioptric power of the eye:**

**Cornea ..... 40-45 D (max refraction)**

**Lens ..... 15-20 D**

**Accommodation by lens .... +12 D**





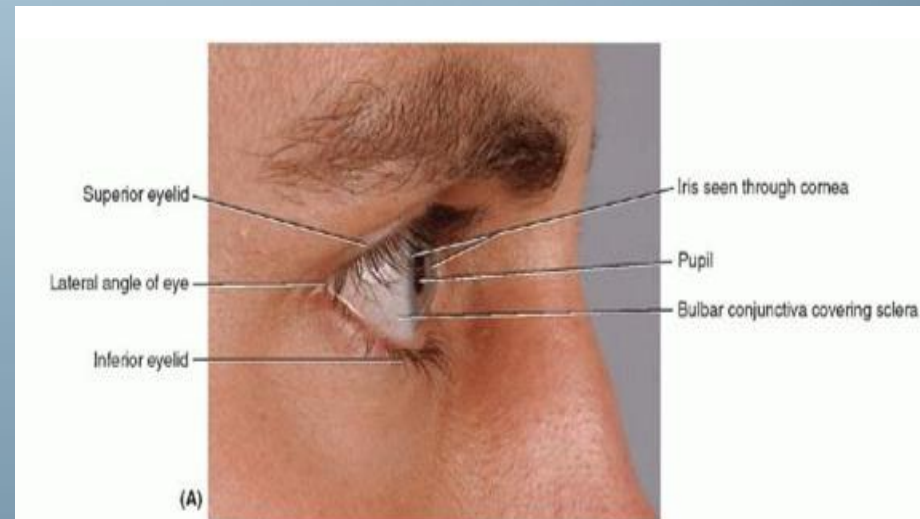
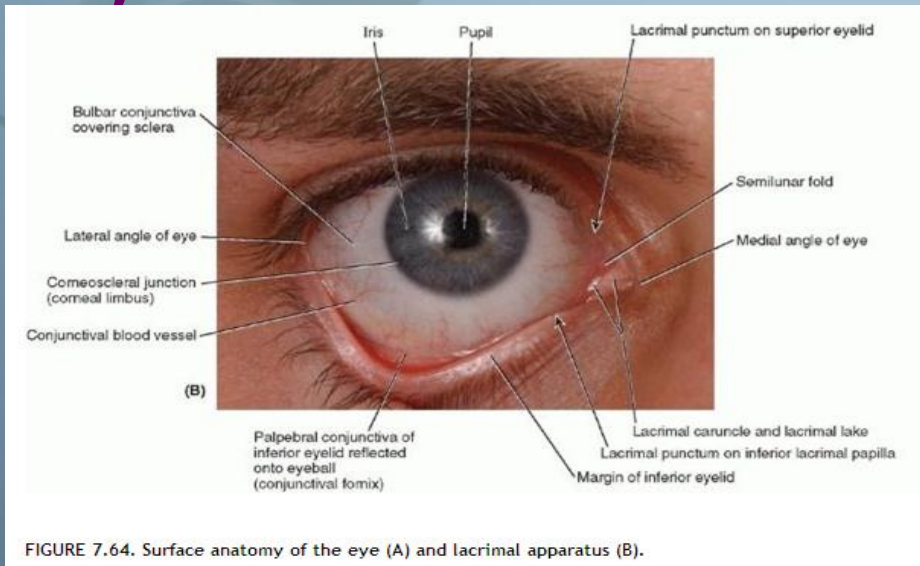
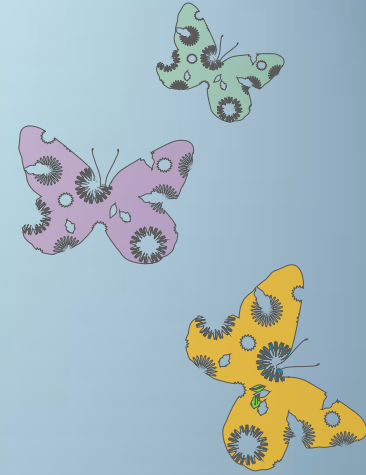
# External protection of the eye

1- Bony orbit

2- lids blinking keep cornea moist

3 -Conjunctiva

4-Tears from lacrimal gland has antibacterial, lubricating effect ,keep cornea moist & clear & provide nutrition to the cornea



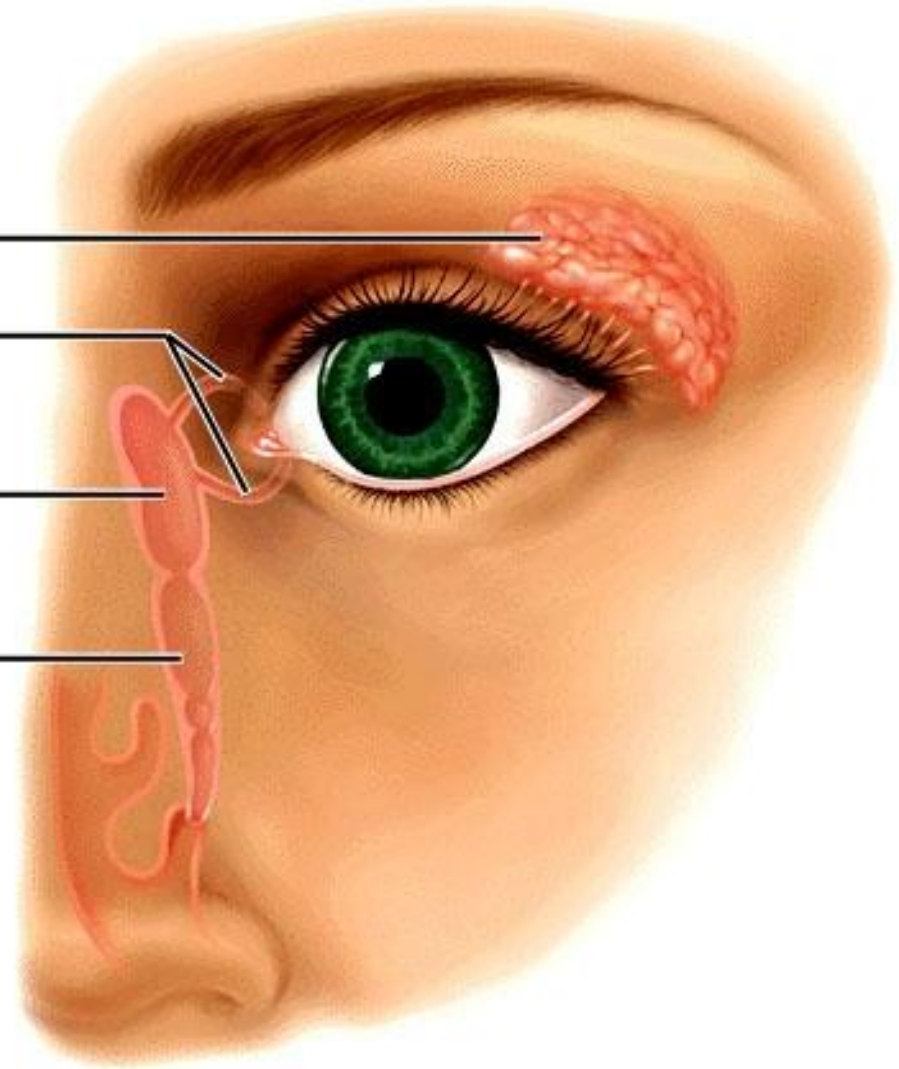
# Lacrimal Apparatus

Lacrimal gland

Superior and  
inferior canaliculi

Lacrimal sac

Nasolacrimal  
duct



# RETINA

## 1-Photoreceptors ( RODS + CONES )

## 2-OPTIC DISC ( blind spot. Why?)

- 3mm medial & above post pole of eye
- optic nerve leave & retinal bld vessels enter

- no photoreceptors so it is blind)

## 3-FOVEA CENTRALIS :-

- depression in macula lutea

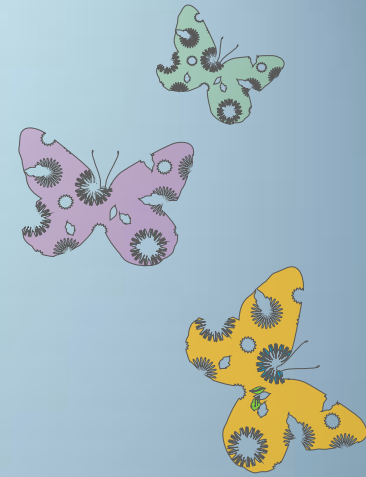
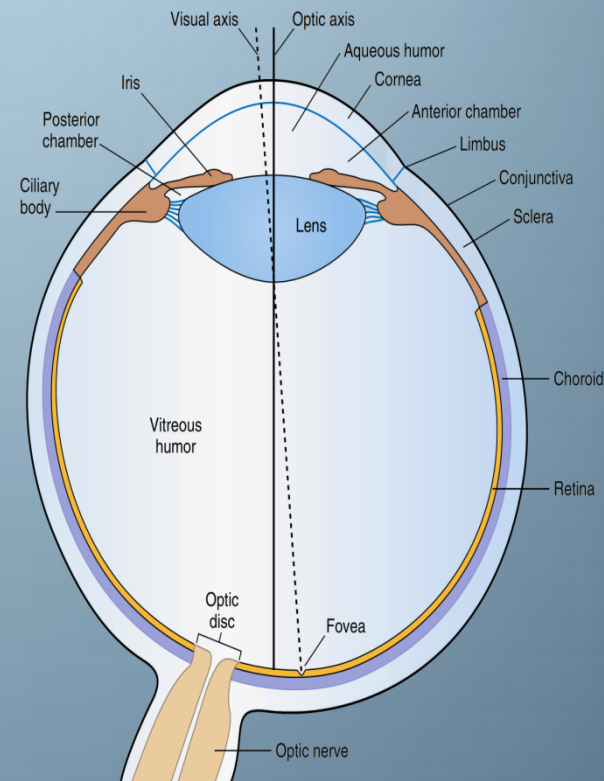
yellow pigmented spot at post pole of eye

- only cones

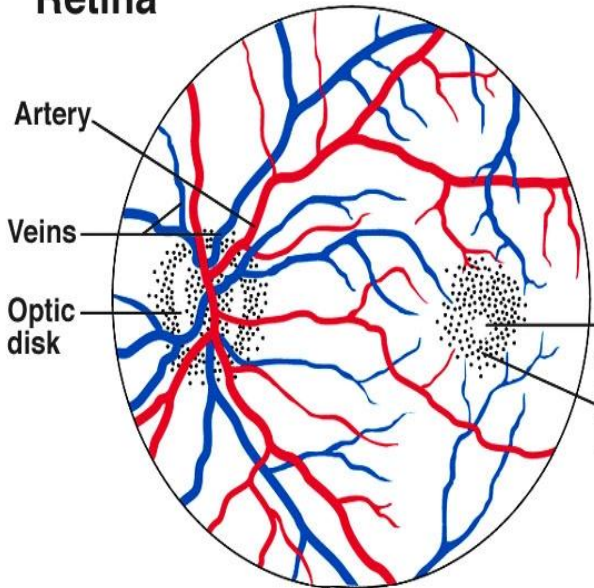
- high visual acuity

=for colors vision & details detection

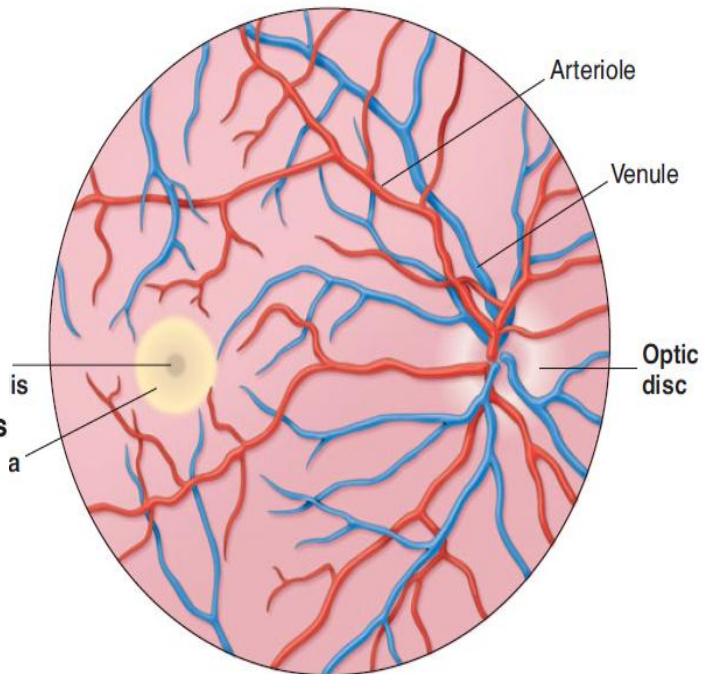
when attention is attracted to or fixed on an object, the eyes are normally moved so that light rays coming from the object fall on the fovea



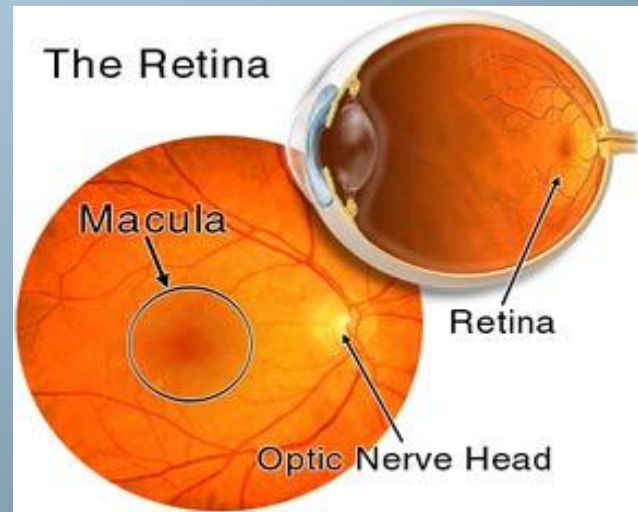
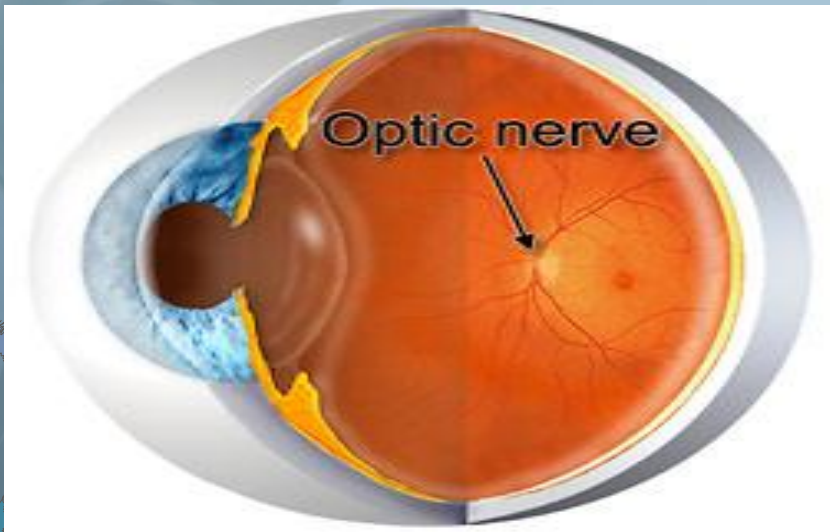
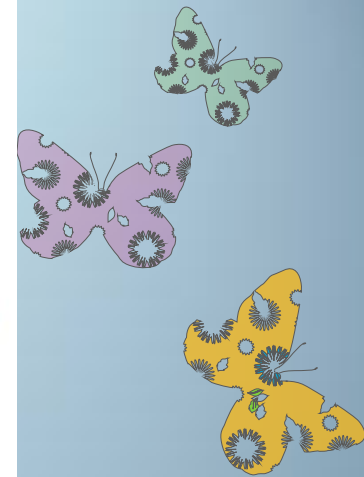
# Retina



(a)

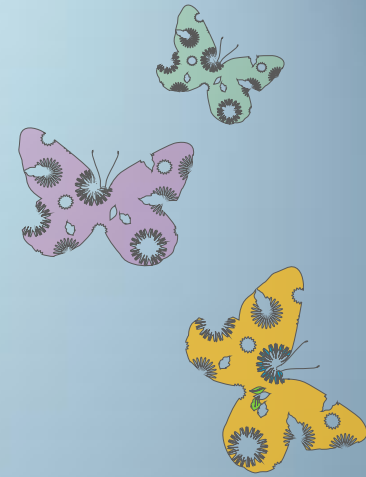


(b)



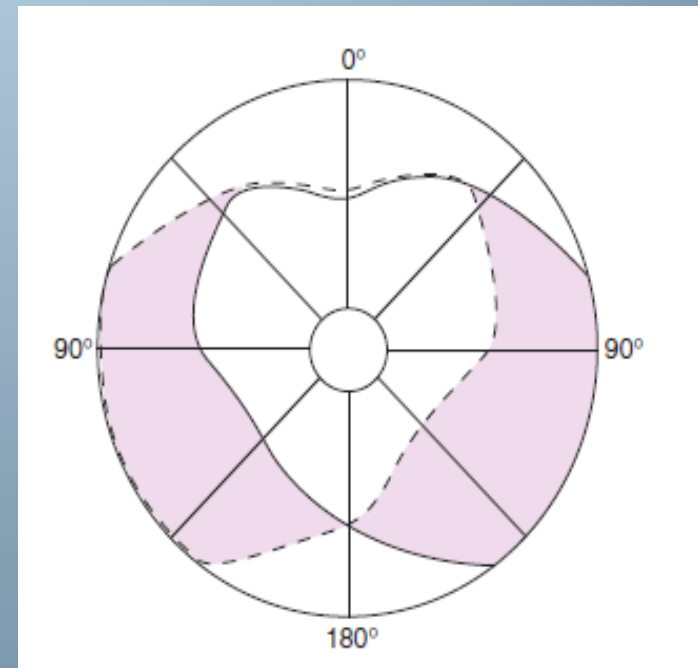
## BINOCULAR VISION for :-

- 1- Large visual field
- 2- cancel the effect of blind spot
- 3- stereoscopic vision
- 4- one eye lesion does not affect vision



### Monocular and binocular visual fields.

- The dashed line encloses the visual field of the left eye;
- the solid line, that of the right eye. -
- The common area (heart-shaped in the center) is viewed with binocular vision.
- The colored areas are viewed with monocular vision.



## Principles of optics:-

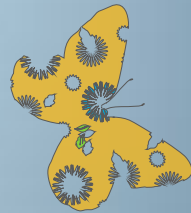
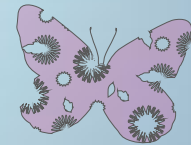
-Biconvex lens(converge) & biconcave - lens(diverge)

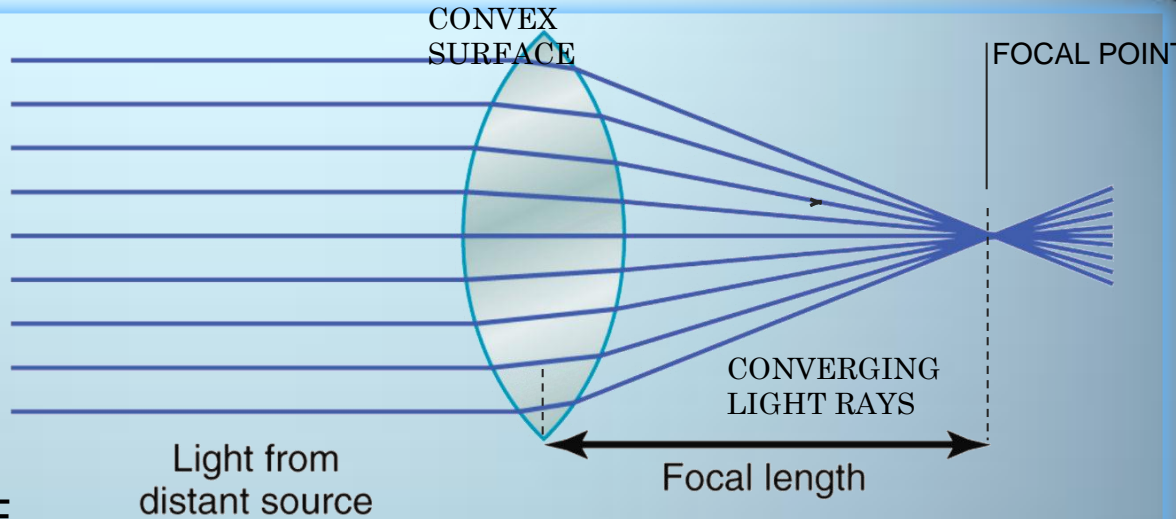
-Diopter (measure of refractive power  
 $R.P = 1 / \text{Principal focal distance in meters}$  (*The distance beyond a convex lens at which parallel rays converge to a common focal point* )

Exp/if Principal focal distance of a lens is 25cm, so its  $R.P=1/ 0.25 \text{ meter} = 4D$

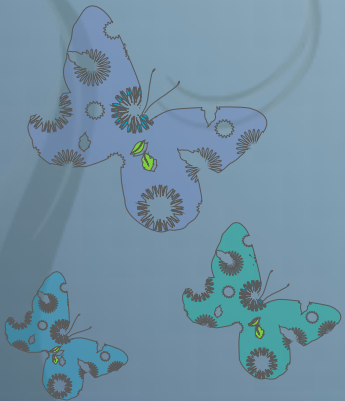
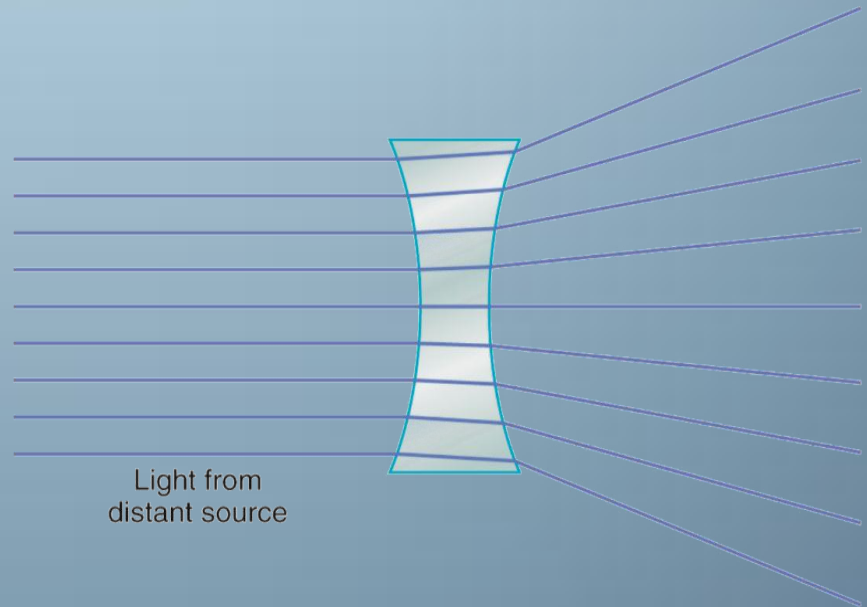
-  
--The greater the curvature of the lens, the greater the refractive power of the eye

Emmetropic eye;- is thenormal eye has image on retina, has dioptric power 59-60D

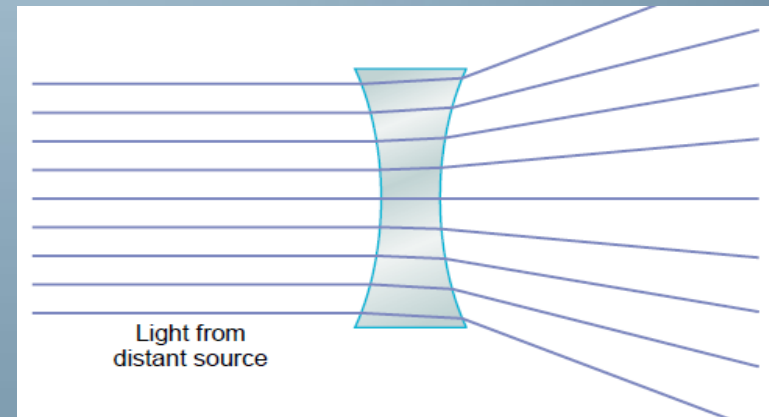
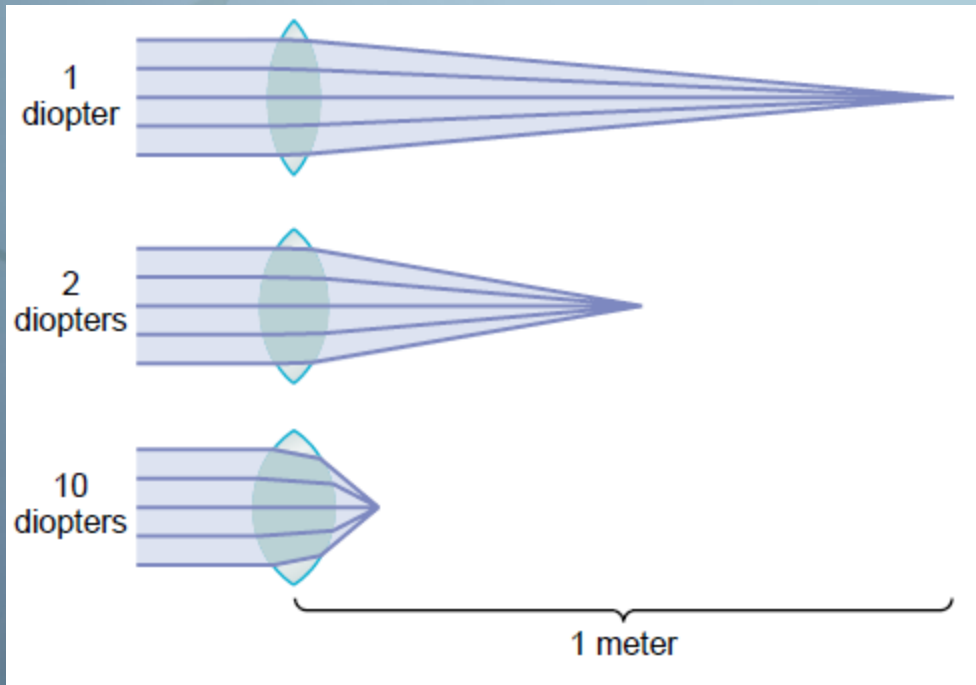
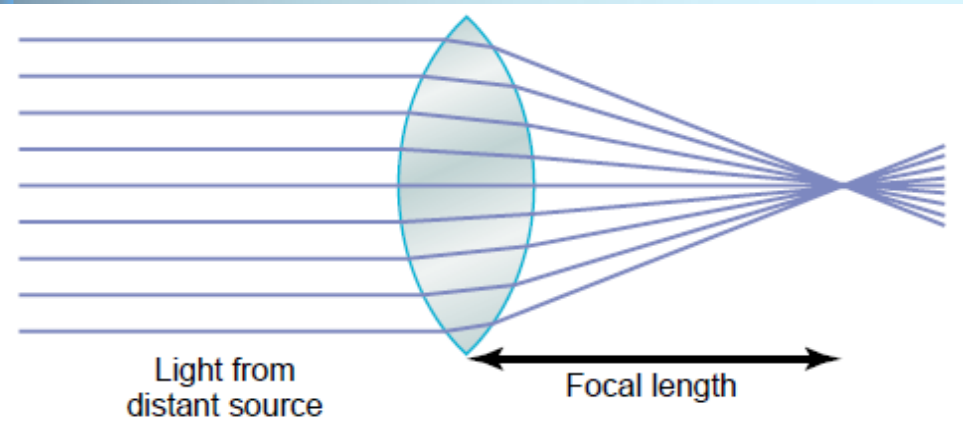




IF THE LENS HAS EXACTLY THE PROPER CURVATURE, PARALLEL LIGHT RAYS PASSING THROUGH EACH PART OF THE LENS WILL BE BENT EXACTLY ENOUGH SO THAT ALL THE RAYS WILL PASS THROUGH A SINGLE POINT, WHICH IS CALLED THE FOCAL POINT



**Concave lenses**  
“neutralize” the refractive power of convex lenses. Thus, placing a 1-diopter concave lens immediately in front of a 1-diopter convex lens results in a lens system with zero refractive power





## DIOPTERS AND CONCAVE LENSES

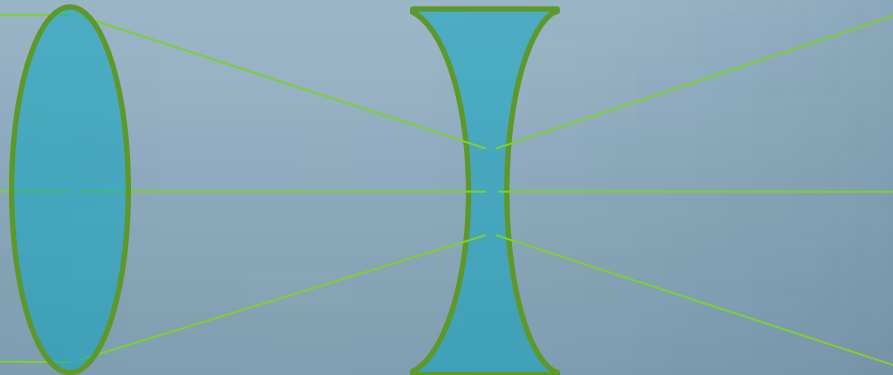
CONCAVE LENSES  
“NEUTRALIZE” THE  
REFRACTIVE POWER OF  
CONVEX LENSES.

THUS, PLACING A 1-  
DIOPTRER CONCAVE LENS  
IMMEDIATELY IN FRONT OF  
A 1-DIOPTRER CONVEX LENS  
RESULTS IN A LENS SYSTEM  
WITH ZERO REFRACTIVE  
POWER.

THE REFRACTIVE POWER  
OF CONCAVE LENSES  
CANNOT BE STATED IN  
TERMS OF THE FOCAL  
DISTANCE BEYOND THE  
LENS BECAUSE THE LIGHT  
RAYS DIVERGE RATHER  
THAN FOCUS TO A POINT.

DIOPTERS FOR A CONCAVE  
LENS ARE MEASURED BY  
HOW MUCH IT  
NEUTRALISES THE  
REFRACTIVE POWER OF A  
CONVEX LENS

FOR EXAMPLE WHERE A  
CONCAVE LENS DIVERGES  
LIGHT RAYS AT THE SAME  
RATE THAT A 1-DIOPTRER  
CONVEX LENS CONVERGES  
THEM, THE CONCAVE LENS  
IS SAID TO HAVE A  
DIOPTRIC STRENGTH OF  $-1$ .



## FOCAL LENGTH OF A LENS

THERE IS A DIFFERENCE IN FOCAL LENGTH BETWEEN THESE TWO LENSES – DUE TO THE CURVATURE OF THE LENS

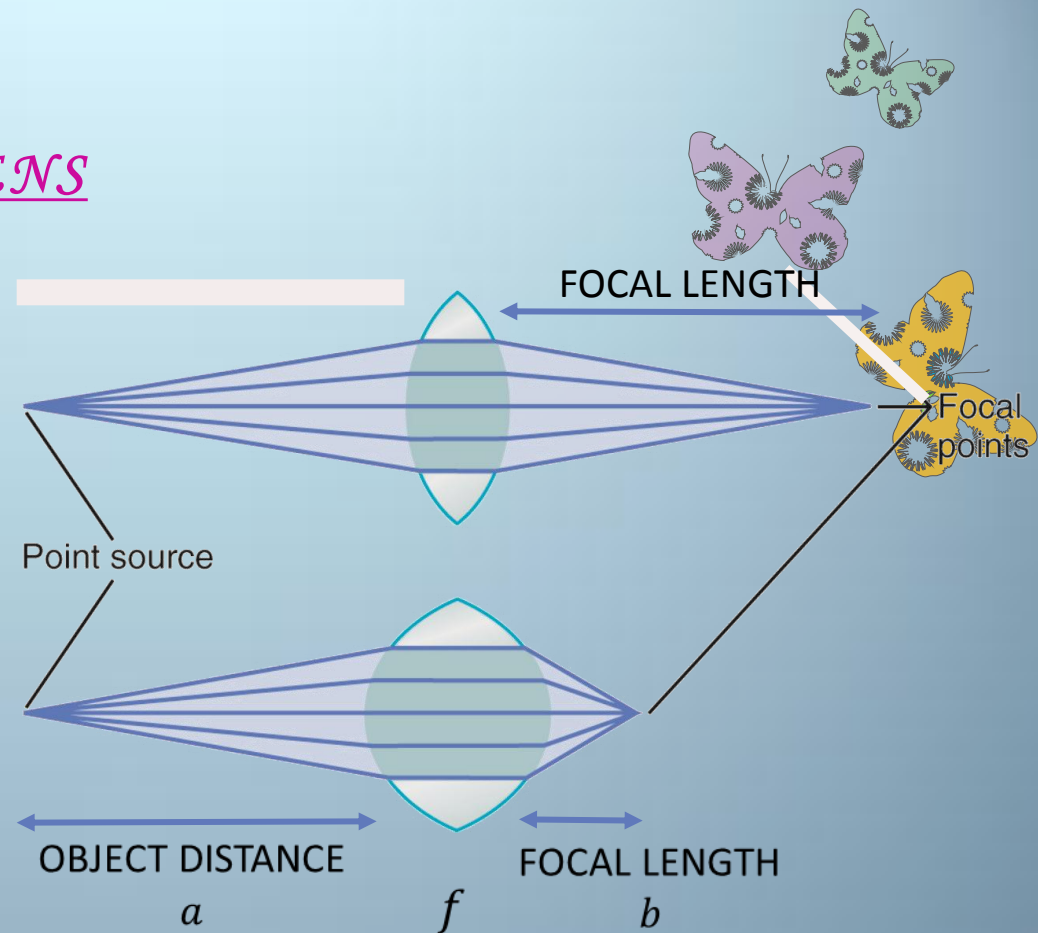
THE FOCAL LENGTH OF THE LENS IS EXPRESSED IN THE FOLLOWING

FORMULA: 
$$\frac{1}{f} = \frac{1}{a} + \frac{1}{b}$$

$f$  is the focal length of the lens for parallel rays,

$a$  is the distance from the point source of light to the lens

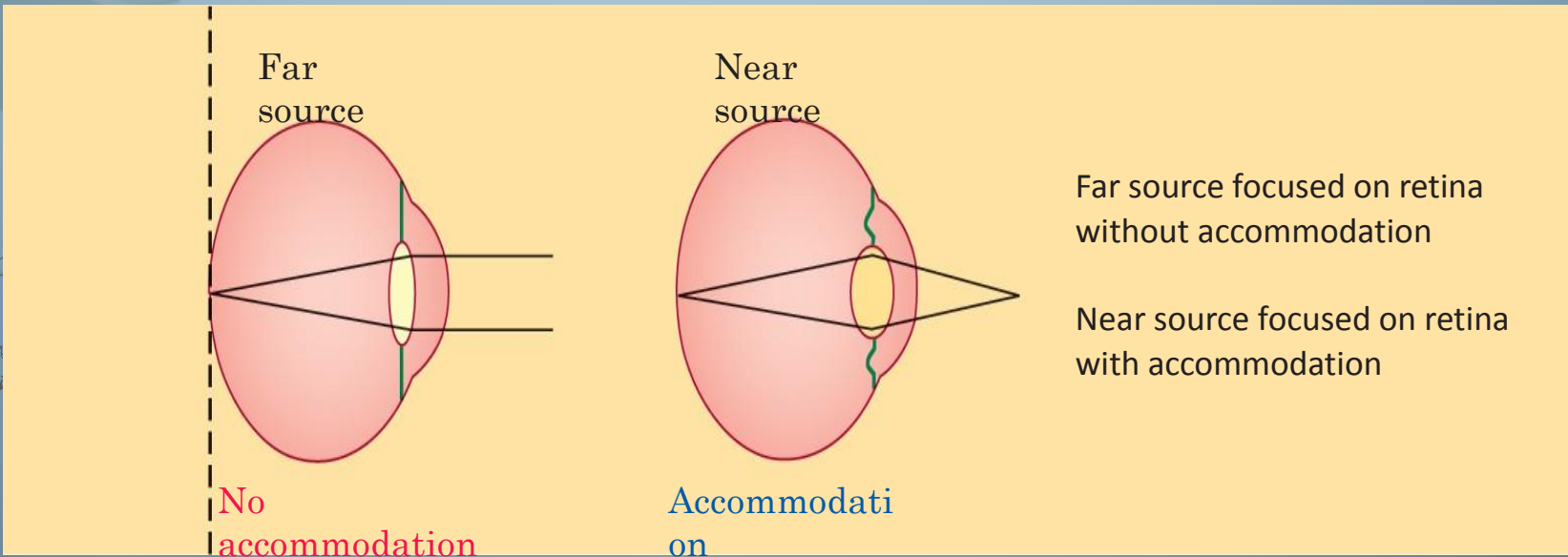
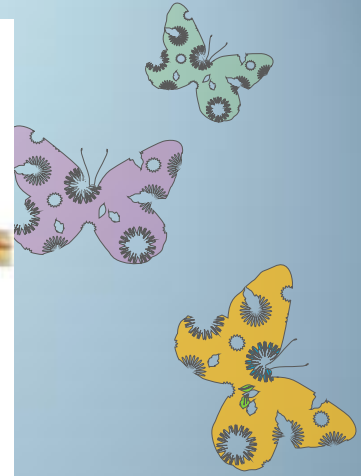
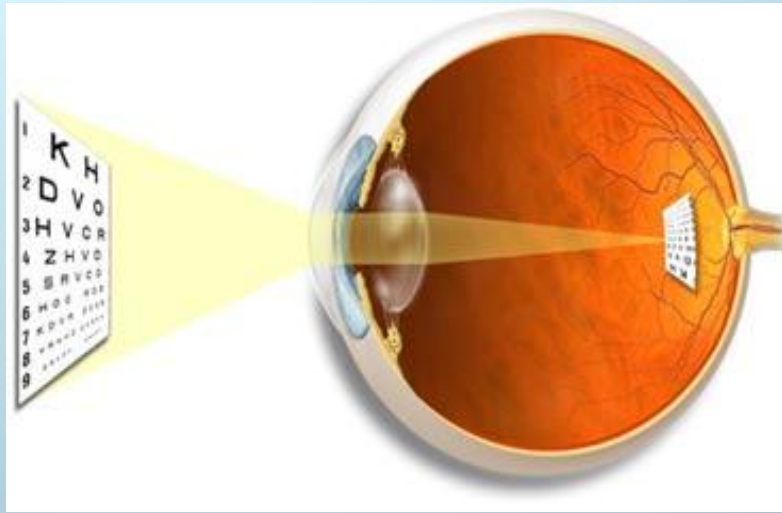
$b$  is the focal length on the other side of the lens.



$$\frac{1}{f} = \frac{1}{a} + \frac{1}{b}$$

## Emmetropic eye

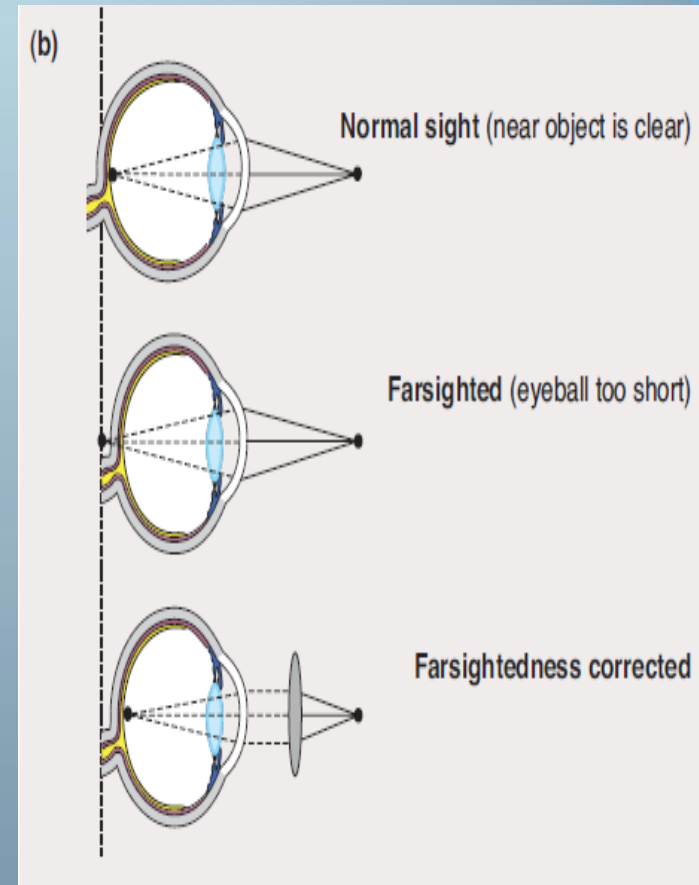
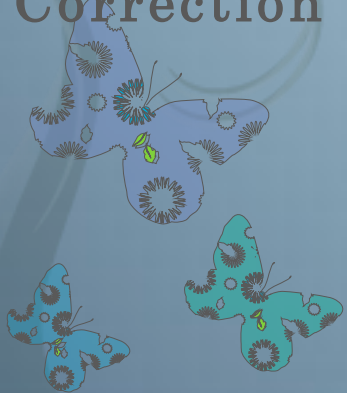
can see all distant  
objects clearly with its  
ciliary muscle relaxed  
& see close objects  
clearly with ciliary  
muscles contracted  
Normal eye = Emmetropia



# 1-Errors of refraction

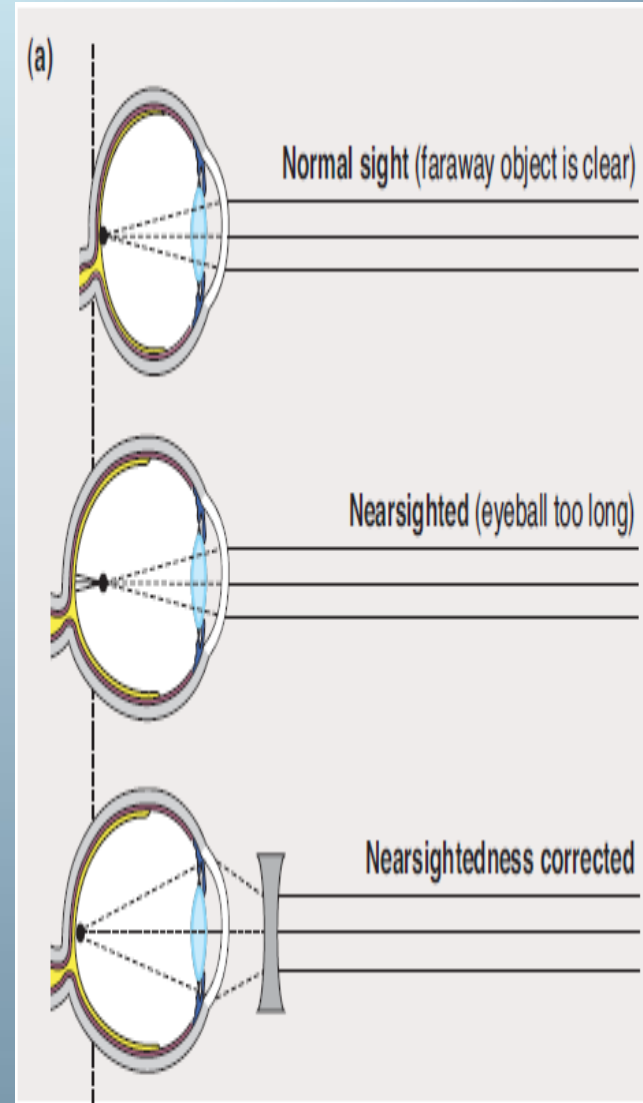
## 1/Hyperopia(hypermotropia-farsightedness)

- Small eye ball- weak lens system
- Focus behind retina
- Causes headache & blurred vision
- Continuous accommodation to bring image on retina causes muscular effort on ciliary muscle & prolonged convergence , this leads to headache & finally squint
- Correction by biconvex lens



# 2- Myopia(near sightedness)

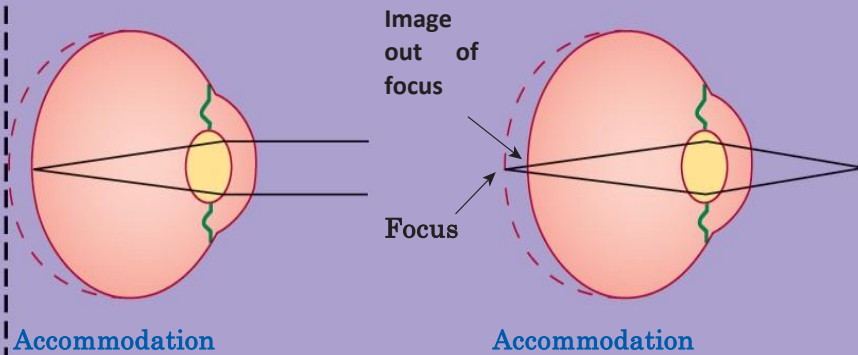
- Genetic large eye ball or too much refractive power of lens system or cornea due to its too curved surface- or due to long antero-posterior diameter of the eye
- Extensive close work as in studying
- Focus in front the retina
- Correction by biconcave lens to diverge rays before strike the lens



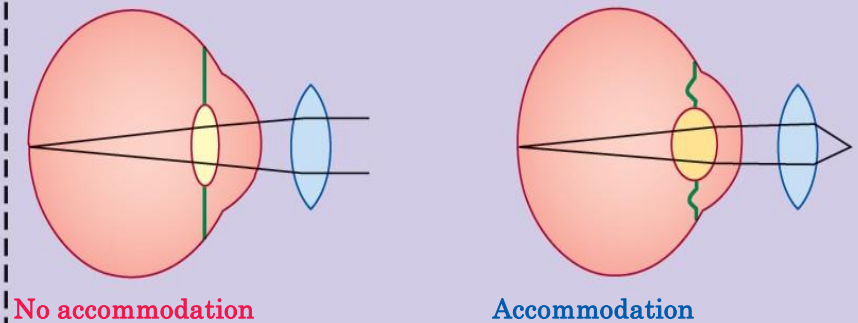
## (c) Farsightedness (Hyperopia)

Eyeball too short or lens too weak

### 1. Uncorrected



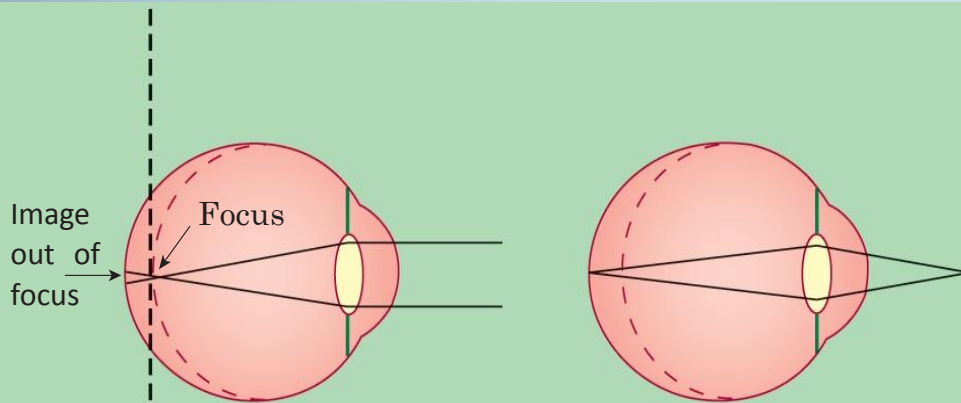
### 2. Corrected with convex lens, which converges light rays before they reach the eye



Far source focused on retina without accommodation

Near source focused on retina with accommodation

# - Nearsightedness (Myopia)



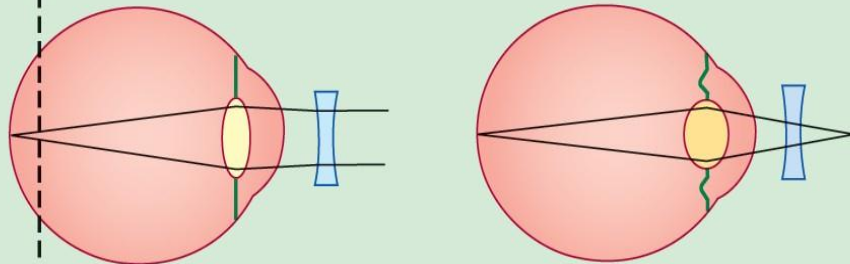
No accommodation

No accommodation

1. Uncorrected  
Eyeball too long or lens too strong

Far source focused in front of retina (where retina would be in eye of normal length)

Near source focused on retina without accommodation



No accommodation

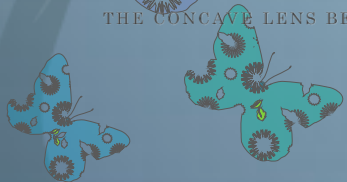
Accommodation

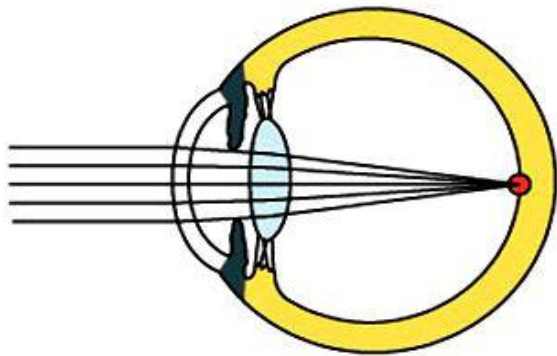
2. Corrected with concave lens, which diverges light rays before they reach the eye

Far source focused on retina without accommodation

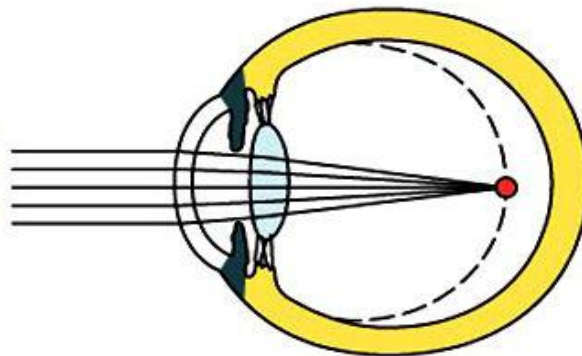
Near source focused on retina with accommodation

THE CONCAVE LENS BENDS THE IMAGE OUTWARDS SLIGHTLY - THEN THE EYE LENS CAN REFRACT THE IMAGE INWARDS TO FOCUS ON THE FOCAL POINT OF THE RETINA

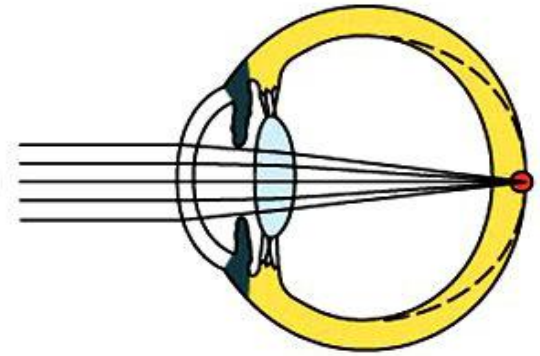




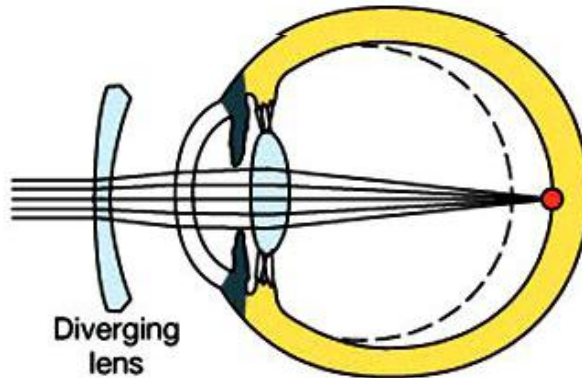
**(a) Emmetropia**



**(b) Myopia**

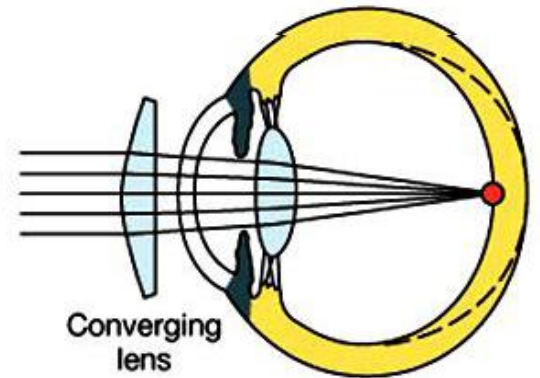


**(c) Hyperopia**



Diverging lens

**(d) Myopia (corrected)**



Converging lens

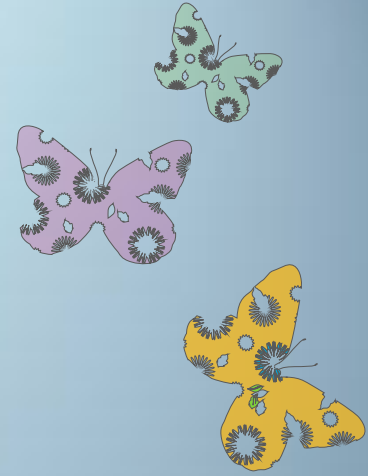
**(e) Hyperopia (corrected)**



## 3-Presbyopia

( eye near point recedes by age due to loss of accomodation

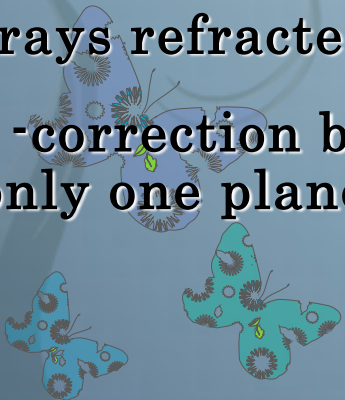
- Focus behind retina -
- correction by biconvex lens -



## 4-Astigmatism

(mainly uneven & ununiform corneal curvature and very little due to uneven lens curvature

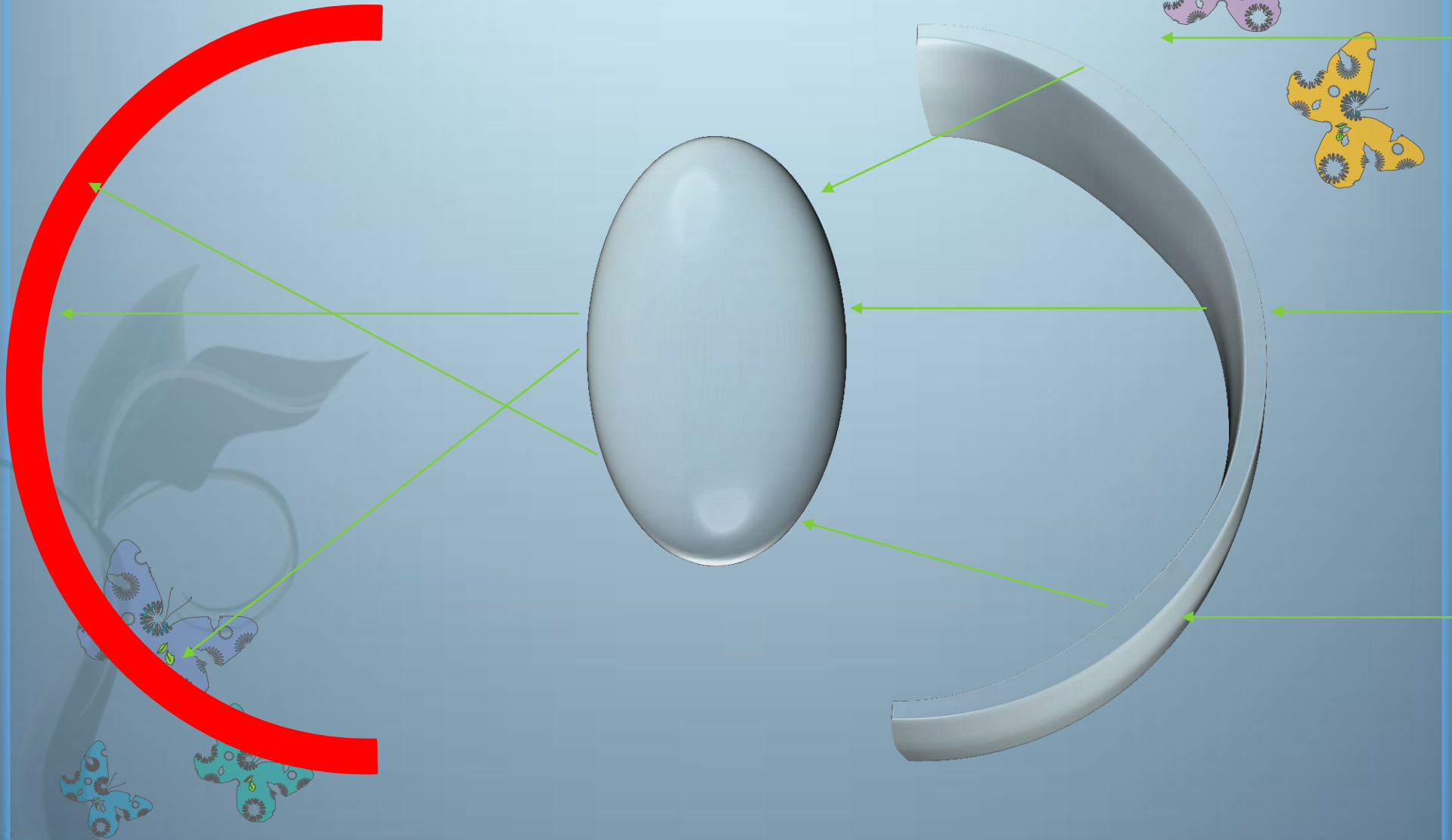
- rays refracted to different foci >>>>>> blurred vision
- correction by cylindrical lens which bends light rays in only one plane ( a focal line)



# ASTIGMATISM

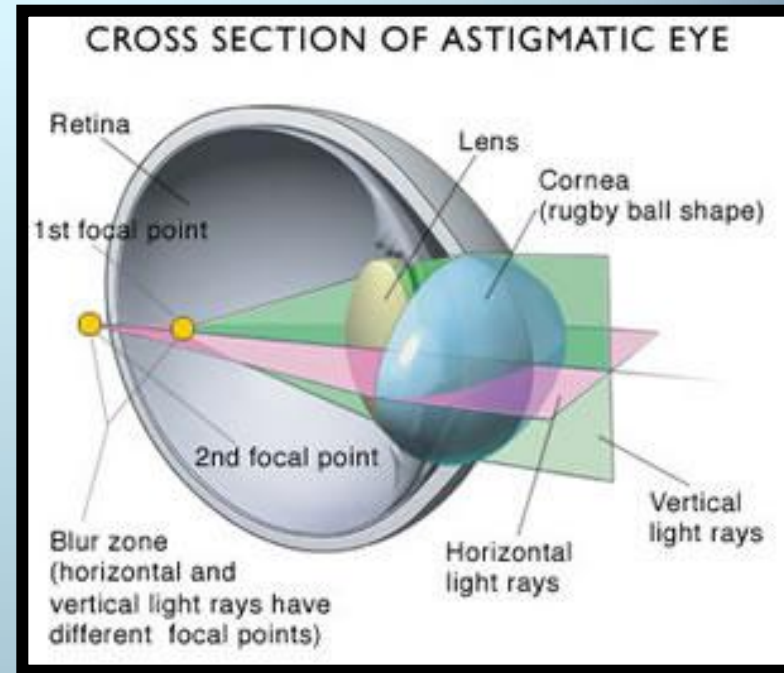
RETINA

DISTORTED  
CORNEA

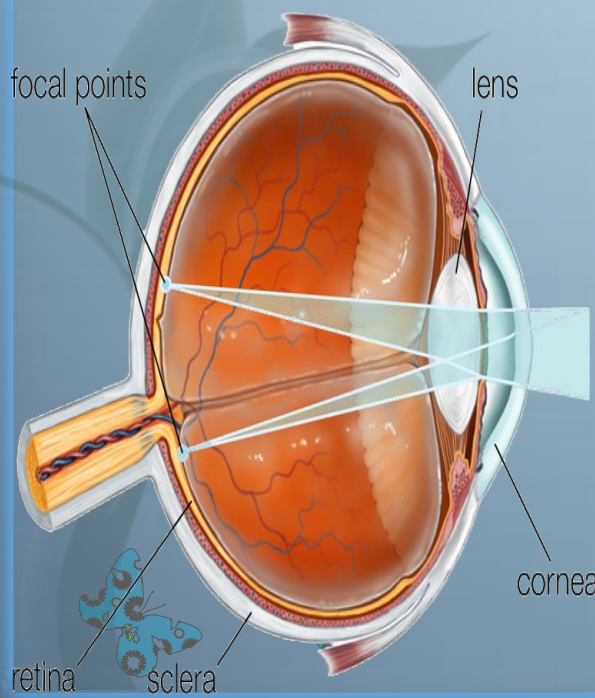


# Astigmatism

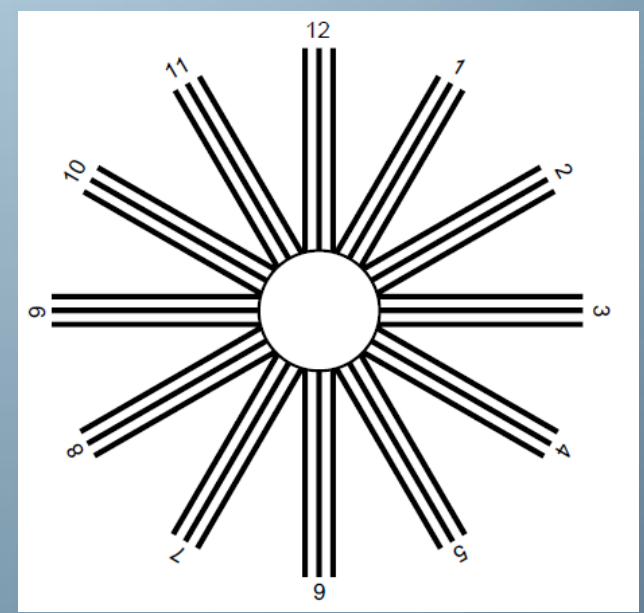
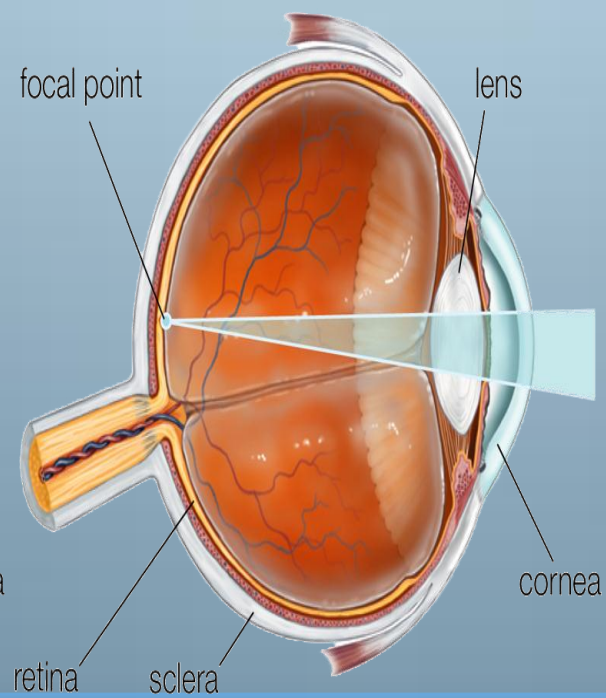
*light rays focus at one focal distance in more than one focal point*



Astigmatism



Normal eye



LAYERS OF RETINA (10 layers), \*  
the most important are :-

1-Pigment cell layer ( vit A ) ( outermost layer) .what is its value?

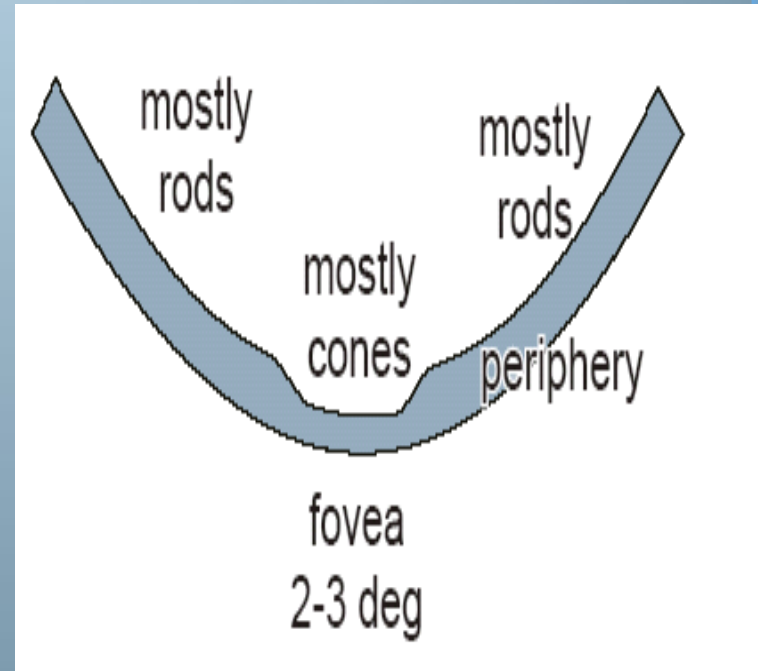
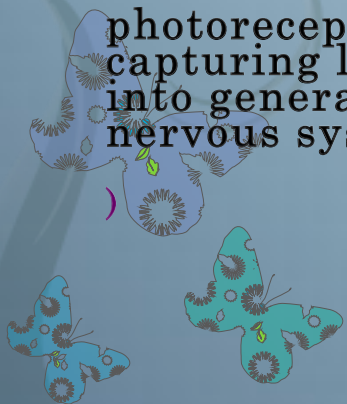
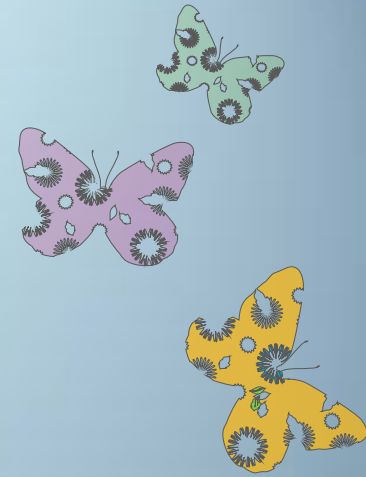
(absorb light & prevent its reflection back)

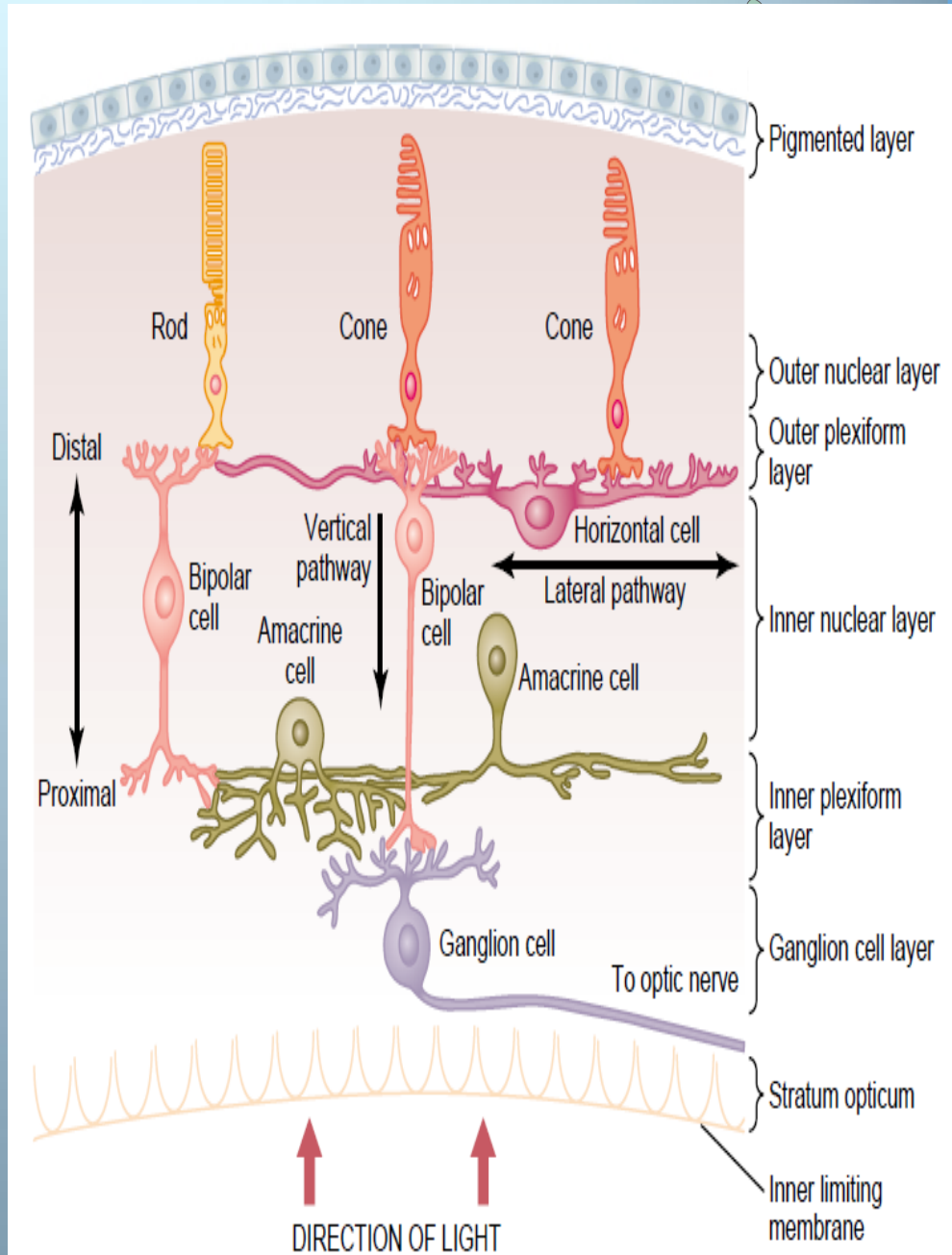
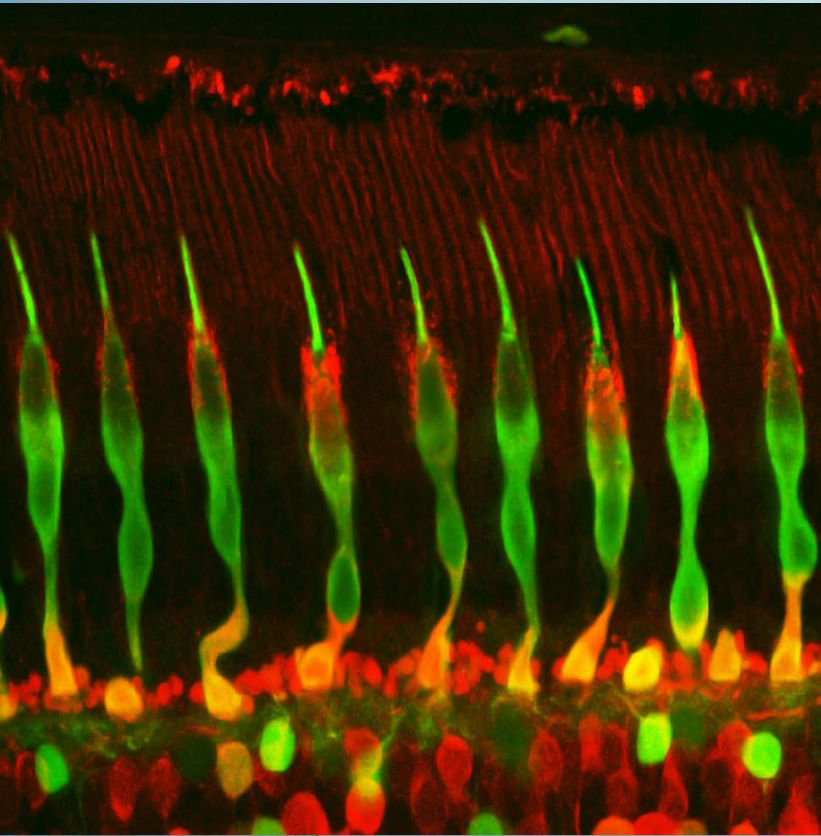
-The pigment layer also stores large quantities of *vitamin A*. This vitamin A is an important precursor of the photosensitive chemicals of the rods and cones.

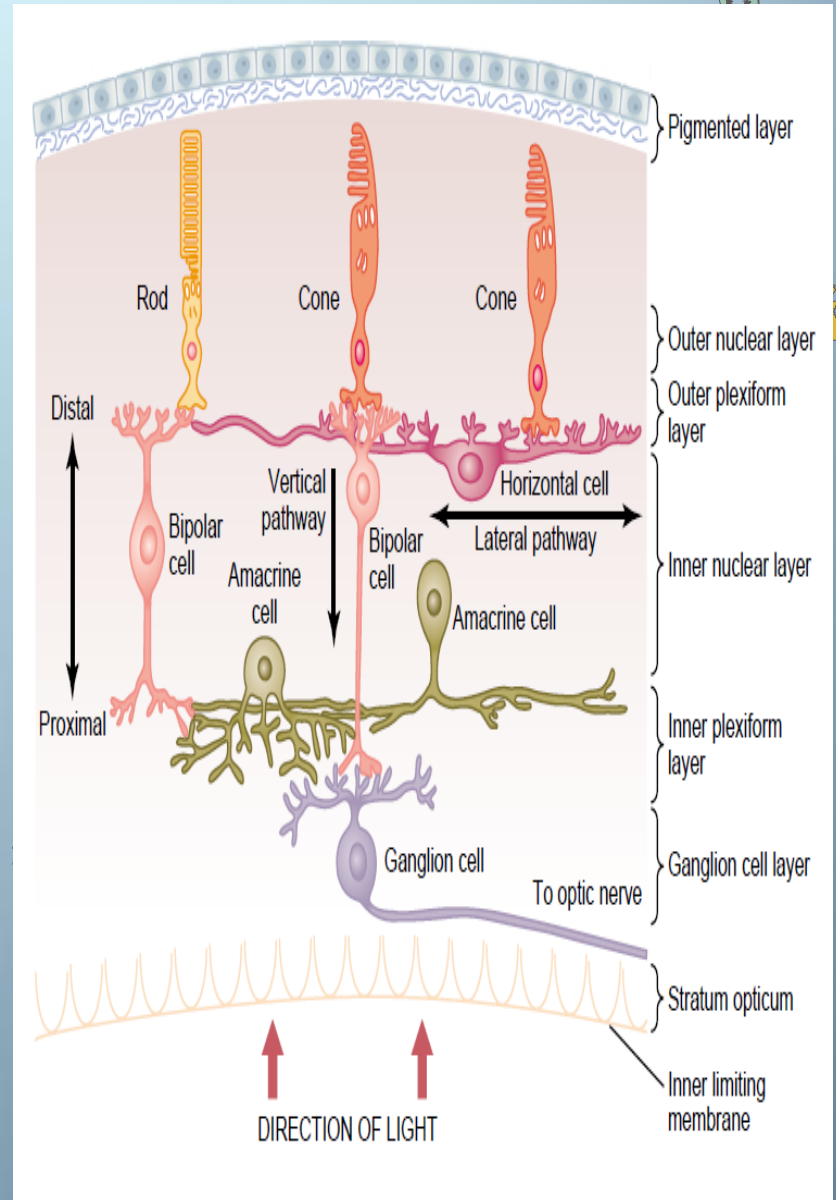
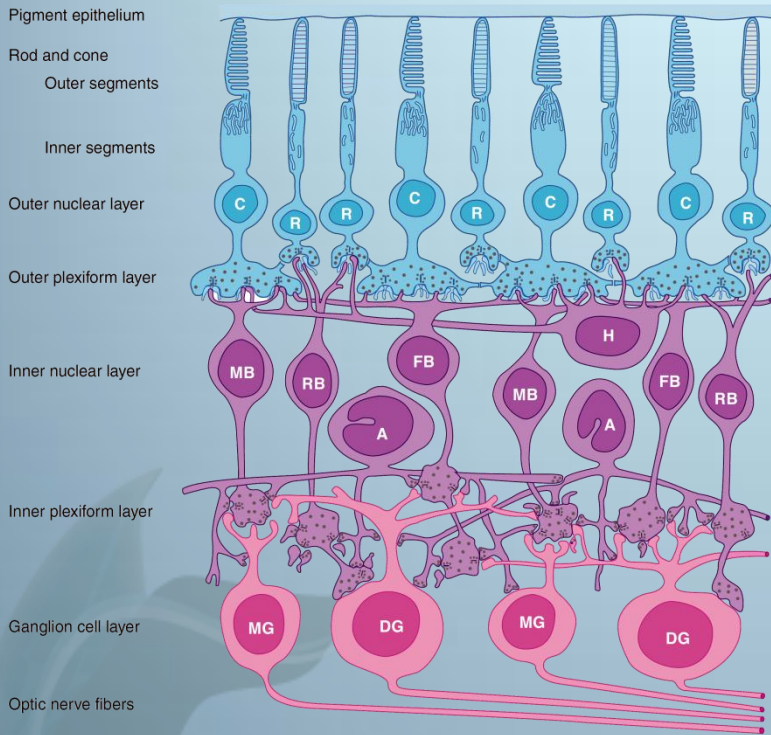
2- rods & cones

( their outer& inner segments), but not cell bodies( rods 90-120 million & cones 4.5- 6 million ) - describe their distribution.

photoreceptor cells are responsible for capturing light and transforming this into generator potential to be used by the nervous system







## RETINAL CELLS

THE CELL BODIES AND PROCESSES OF THESE NEURONS ARE STACKED IN ALTERNATING LAYERS

there are five basic classes of neurones in the

photoreceptors, \*

bipolar cells, \*

ganglion cells, \*

horizontal cells, \*

amacrine cells. \*

3-Outer nuclear layer( cell bodies of rods & cones)

4-Outer plexiform layer

mainly of Horizontal cells.

5-Inner nuclear layer (bipolar cells)

6-Inner plexiform layer.

(amacrine cells) the inner plexiform layer is interposed between the inner nuclear and ganglion cell layers.)

7-Ganglion cell layer

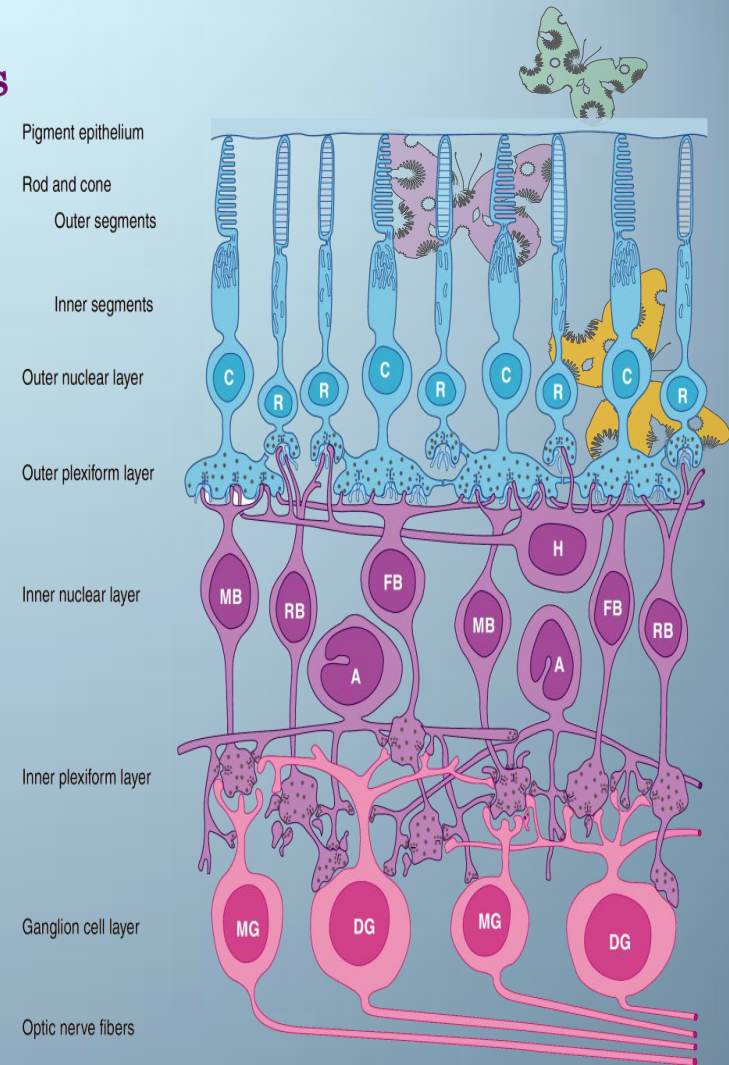
8-Optic nerve fibers ( 1.2 million fibers)

-# Horizontal cells (outer plexiform layer)

(Make synaptic connections with receptors)

# Amacrine cells (inner plexiform layer)

(make synaptic connections with ganglion cells)



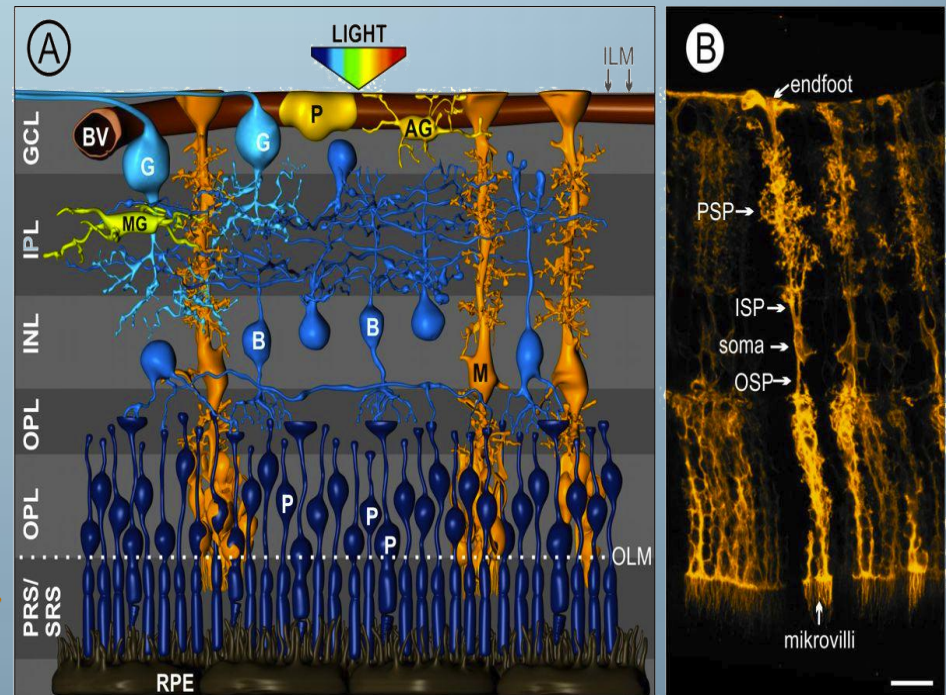
# Müller cells are the major glial element of the retina.

- located in the inner nuclear layer
- form architectural support structure providing metabolic support to retina
- maintaining synaptic levels of neurotransmitters.

-they can be - differentiate into a neural progenitor following injury to the retina,

-act as light conductor which funnels light to the rods and cone CELLS.

*MÜLLER CELLS ARE SHOWN IN ORANGE*





# Light pathway in the eye:

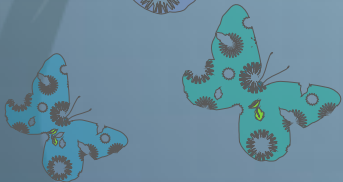
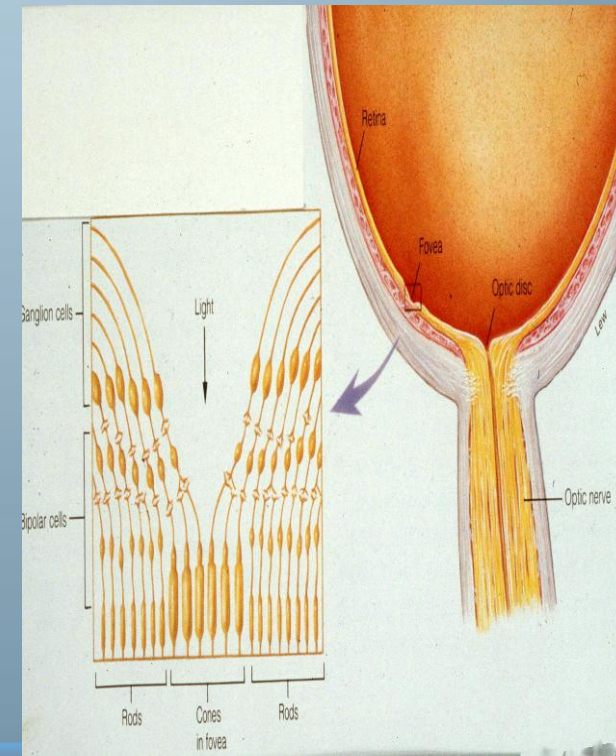
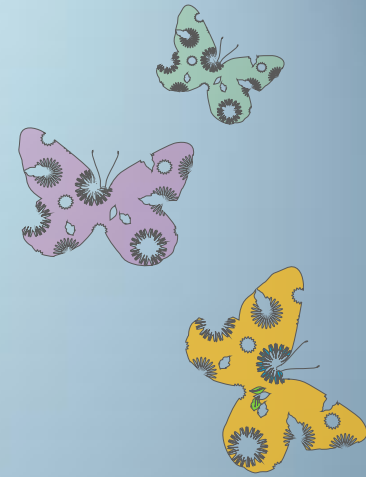
After light passes through the lens system of the eye and then through the vitreous humor, it enters the retina from the inside of the eye

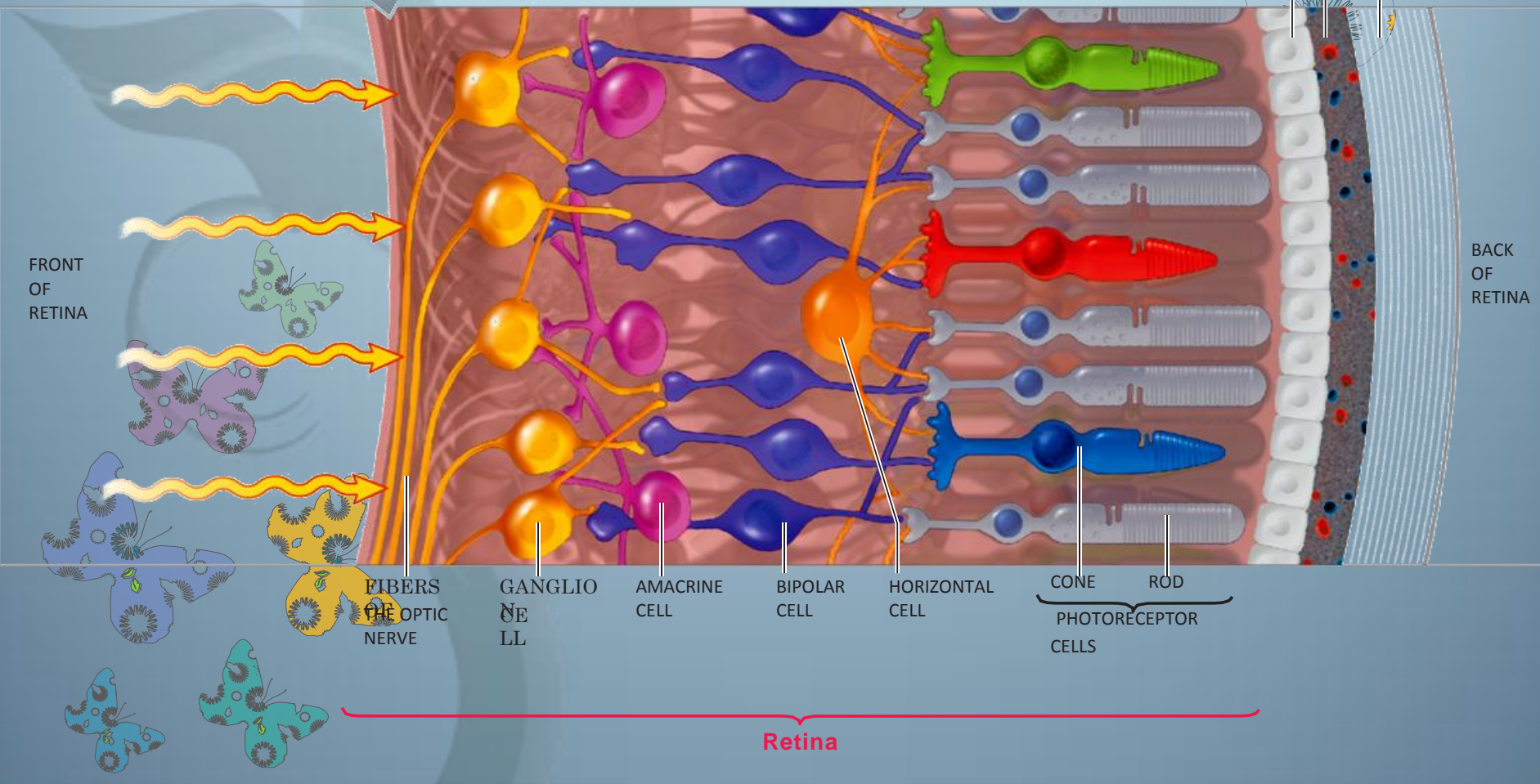
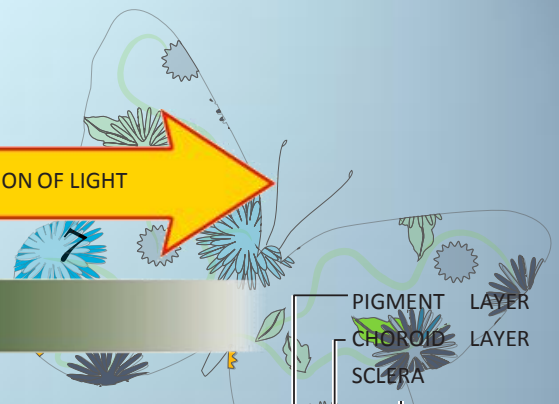
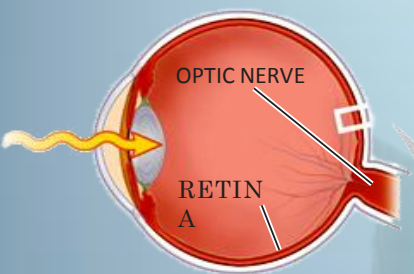
-it passes first through the ganglion cells and then through the plexiform and nuclear layers before it finally reaches the layer of rods and cones located all the way on the outer edge of the retina

--Light absorbed by pigment cell layer that contain melanin pigment  
- then impulses pass from rods & cones to rest of layers finally to ganglion cell layer -to optic nerve

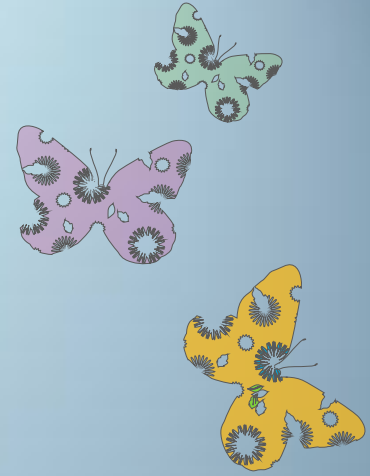
The visual acuity is decreased by this passage through such non-homogeneous tissue.

-However, in the *central foveal region of the retina*, the inside layers are pulled aside to decrease this loss of acuity. This allows light to pass unimpeded to the cones.





*Thank you for  
listening*



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