

## Summary :

<h3>Stroke</h3>	<ul style="list-style-type: none"> <li>• Hemorrhagic in 32% of cases : either Intracerebral or Subarachnoid.</li> <li>• Ischemic in 68% of cases : either Thrombotic or Embolic.</li> </ul> <p><b>Risk factors :</b></p> <ul style="list-style-type: none"> <li>• Some increase the risk of one type of stroke (hemorrhagic or ischemic).</li> <li>• Some increase the risk of both types. (e.g.: smoking, illegal drug use, high blood pressure)</li> <li>• Occasionally, <b>strokes occur in people who have no risk factors</b></li> </ul>	
<h3>Cell death mechanisms in cerebral ischemia</h3>	<p><b>Cell death :</b></p> <ul style="list-style-type: none"> <li>• Necrosis is commonly observed early after severe ischemic insults.</li> <li>• Apoptosis occurs with more mild insults and with longer survival periods.</li> </ul> <p><b>The mechanism of cell death involves calcium-induced calpain-mediated proteolysis of brain tissue.</b> Substrates for calpain include: Cytoskeletal proteins, Membrane proteins and Regulatory and signaling proteins.</p>	
<h3>Biochemical Responses to Ischemic Brain Injury</h3>	<h4>Oxidative stress</h4>	<p>A condition in which cells are subjected to excessive levels of Reactive oxidizing species (ROS or RNS) &amp; they are unable to <b>counterbalance their deleterious effects with antioxidants</b>. It has been implicated in the ageing process &amp; in many diseases (e.g., <b>stroke</b>, atherosclerosis, cancer, neurodegenerative diseases)</p> <p>❖ <b>It happens because of of Reactive Oxygen Species (ROS) &amp; Reactive Nitrate Species (RNS):</b></p> <ul style="list-style-type: none"> <li>• They are mainly generated by microglia &amp; astrocytes.</li> <li>• they modulate synaptic transmission &amp; non-synaptic communication between neurons &amp; glia.</li> <li>• During periods of increased neuronal activity, ROS &amp; RNS diffuse to the myelin sheath of oligodendrocytes activating <b>Protein kinase C (PKC)</b> → posttranslational modification of <b>myelin basic protein (MBP) by phosphorylation</b>.</li> <li>• They regulate neuronal signaling in both central &amp; peripheral nervous systems.</li> </ul> <p><b>The brain is highly susceptible to ROS-induced damage because of:</b> High concentrations of peroxidisable lipids, Low levels of protective antioxidants, High oxygen consumption, High levels of iron (acts as pro-oxidants under pathological conditions), The occurrence of reactions involving dopamine &amp; Glutamate oxidase in the brain.</p> <p>❖ <b>Molecular &amp; Vascular effects of ROS in ischemic stroke :</b></p> <ul style="list-style-type: none"> <li>• <b>Molecular effects:</b> DNA damage, Lipid peroxidation of unsaturated fatty acids, Protein denaturation, Inactivation of enzymes, Cell signaling effects (e.g., release of Ca<sup>2+</sup> from intracellular stores), Cytoskeletal damage, Chemotaxis.</li> <li>• <b>Vascular effects:</b> Altered vascular tone and cerebral blood flow, Increased platelet aggregability, Increased endothelial cell permeability</li> </ul>

<b>Biochemical Responses to Ischemic Brain Injury</b>	<b>Oxidative stress</b>	<p>❖ <b>The role of NO in the pathophysiology of cerebral ischemia :</b></p> <ul style="list-style-type: none"> <li>• Ischemia → abnormal NO production. This may be both beneficial and detrimental, depending upon when and where NO is released.</li> <li>• NO produced by endothelial NOS (<b>eNOS</b>) <b>improving vascular dilation and perfusion (i.e. beneficial).</b></li> <li>• In contrast, NO production by neuronal NOS (<b>nNOS</b>) or by the inducible form of NOS (<b>iNOS</b>) <b>has detrimental (harmful) effects.</b></li> <li>• Increased iNOS activity generally occurs in a delayed fashion after brain ischemia and trauma and is associated with inflammatory processes</li> </ul>
	<b>Metabolic stress</b>	<p>❖ <b>Biochemical changes in The brain during ischemia :</b></p> <p>Ischemia → interruption or severe reduction of blood flow, O<sub>2</sub> &amp; nutrients in cerebral arteries → energy depletion (depletion of ATP &amp; creatine phosphate. <b>Result in :</b></p> <ul style="list-style-type: none"> <li>• Inhibition of ATP-dependent ion pumps → Membranes depolarization → Perturbance of transmembrane ion gradients :  <b>Ca<sup>2+</sup> Influx , Na<sup>+</sup> influx , K<sup>+</sup> efflux</b></li> </ul> <p><b>OR:</b></p> <ul style="list-style-type: none"> <li>• ↑ Lactic acid in neurons → acidosis → promotes the prooxidant effect → ↑ the rate of conversion of O<sub>2</sub> → to H<sub>2</sub>O<sub>2</sub> or to hydroxyperoxyl radical .</li> </ul>
	<b>neurochemical response</b>	<p>Following cerebral ischemia, extracellular levels of various neurotransmitters are increased .</p> <p>e.g.:</p> <ul style="list-style-type: none"> <li>• Glutamate.</li> <li>• Glycine.</li> <li>• GABA.</li> <li>• Dopamine</li> </ul>