



## #4

### Pharmacology of central neurotransmitter

---

#### Objectives:

- Understand the role of neurotransmitters in the etiology and treatment of CNS diseases

#### Color index:

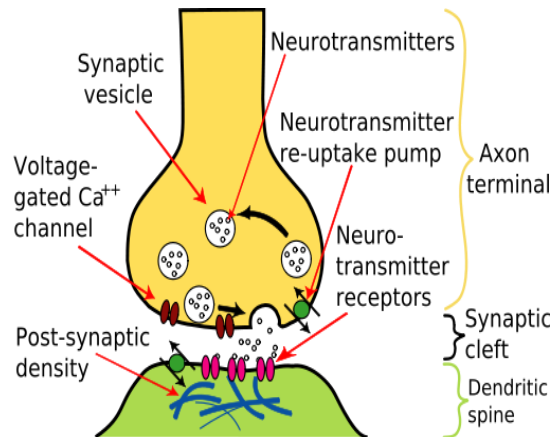
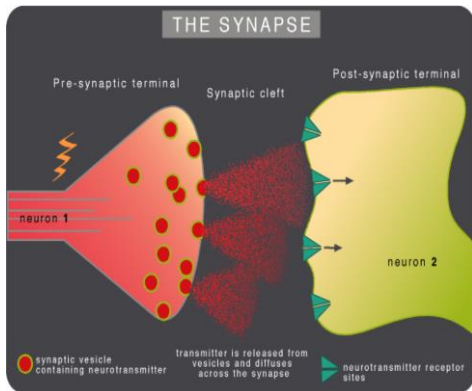
- Drugs names
- Doctors notes
- Important
- Extra

# Neurotransmitters

## What are they?

**Endogenous** chemicals that transmit signals from a neuron to a target cell across a **synapse**.

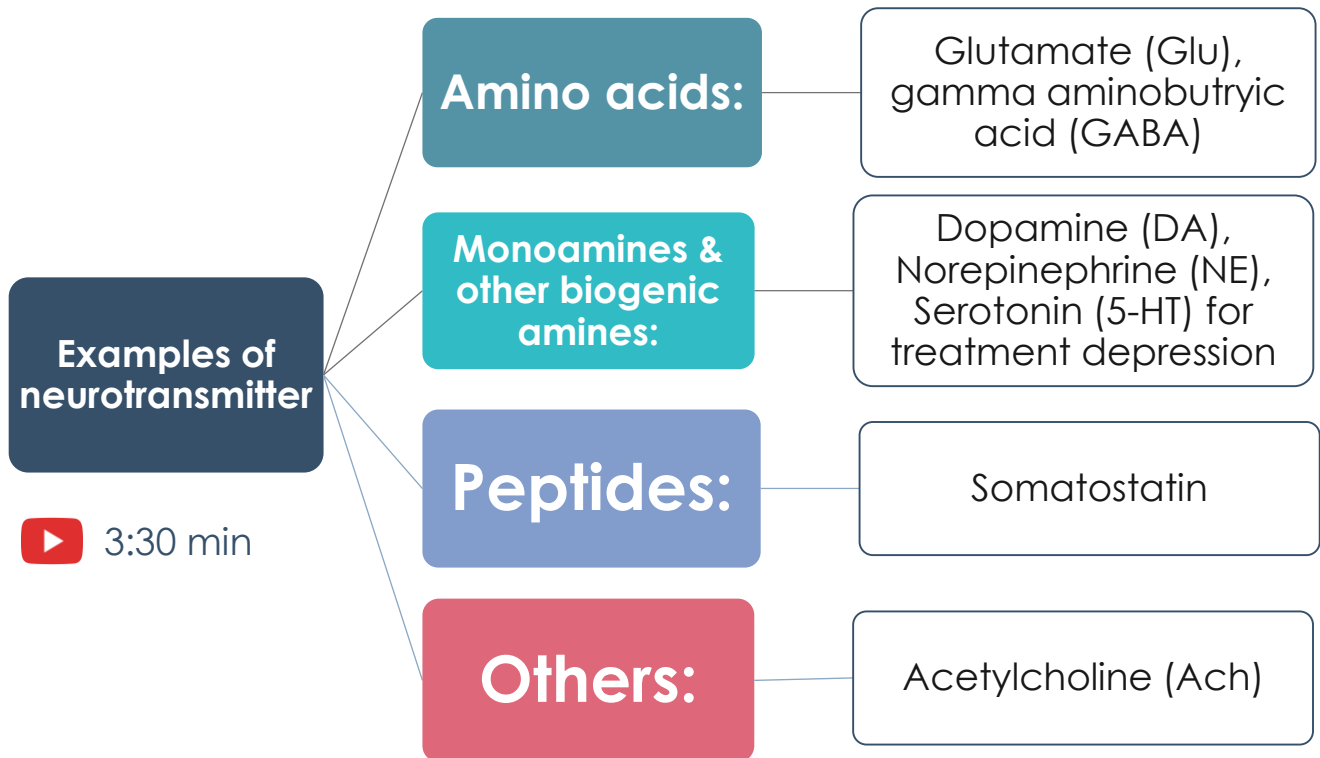
- They are packed into **synaptic vesicles** under the membrane in the axon terminal, on the **presynaptic side**.
- They are released into & diffuse across the synaptic cleft to bind to a specific receptor on the **postsynaptic side**.



A membrane action potential arriving at the terminal opens axonal  $\text{Ca}^{2+}$  channels;  $\text{Ca}^{2+}$  inflow releases neurotransmitter molecules from many vesicles by fusing the vesicle membranes to the nerve terminal membrane. Membrane fusion generates an opening through which the molecules are expelled into the synaptic cleft via exocytosis.

- The neurotransmitter-receptor interaction must be terminated quickly to allow rapid, repeated activation of receptors. **One of the following can happen to neurotransmitters that have interacted with receptors:**

- 1-** They can be quickly **pumped back** into the presynaptic nerve terminals by active, ATP-dependent processes (reuptake).
  - 2-** They can be **destroyed** by enzymes near the receptors.
  - 3-** They can **diffuse** into the surrounding area and be removed.
- Neurotransmitters taken up by the nerve terminals are repackaged in vesicles for reuse.



Neuropsychopharmacological science seeks to:

Understand how drugs can affect the CNS **selectively** to relieve pain, improve attention, induce sleep, reduce appetite, suppress disordered movements .... ect.

To provide the means to develop appropriate drugs to correct pathophysiological events in the abnormal CNS.

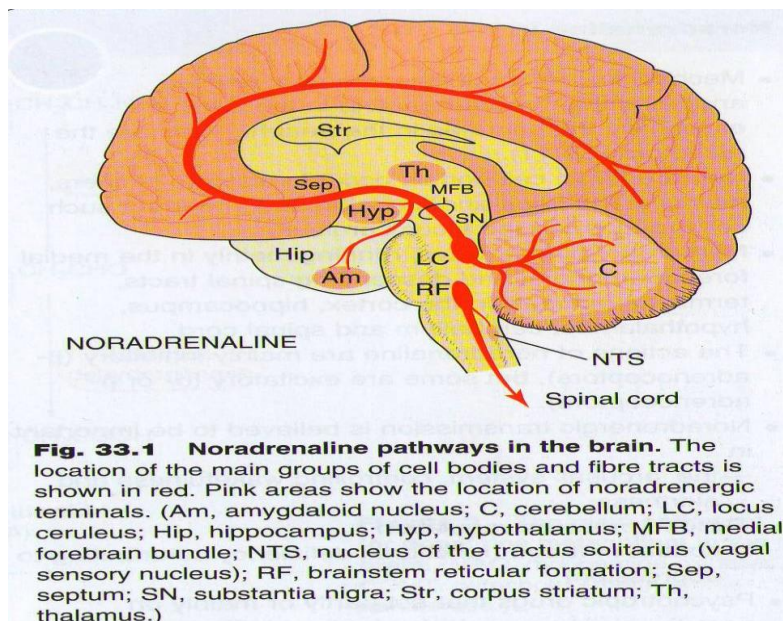
# Importance of understanding neurotransmitters

- 1
- 2
- 3

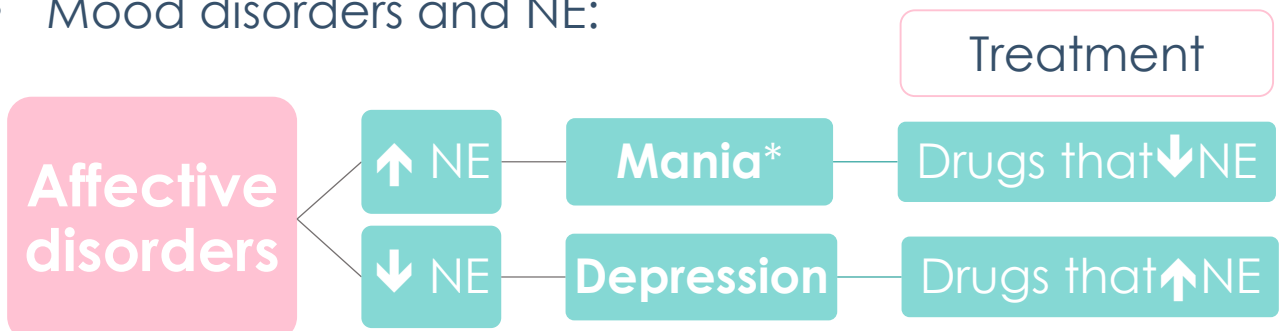
- To understand the etiology of diseases.
- To suggest the best drugs to be used.
- To understand the other clinical uses of any particular drug.

## 1- Norepinephrine (NE)

- Pathway:



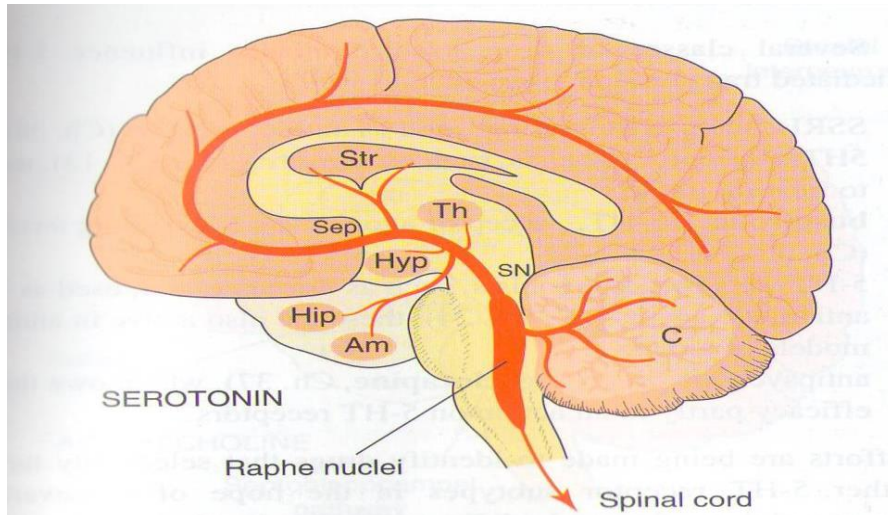
- Mood disorders and NE:



\* Mania is characterized by: enthusiasm, rapid thought and speech patterns, extreme self-confidence, and impaired judgment. Opposite of depression, الهوس

## 2- Serotonin (5-HT)

- Pathway:



**Fig. 33.5 5-Hydroxytryptamine (serotonergic) pathways in the brain.** (Abbreviations and drawn as in Fig. 33.1.)

- Facts:

1

- Primarily found in the **CNS, GIT, platelets, ...**

2

- It is a popular thought that serotonin is responsible for feeling of **well-being & happiness.**

3

- It plays an important role : in **regulation of Mood, sleep, appetite** and **pain perception.**

Diseases that are influenced by changes in serotonin brain content:

**Depression** → w\ low serotonin

**Social phobia**

**Schizophrenia** → w\  
dopamine & ACh

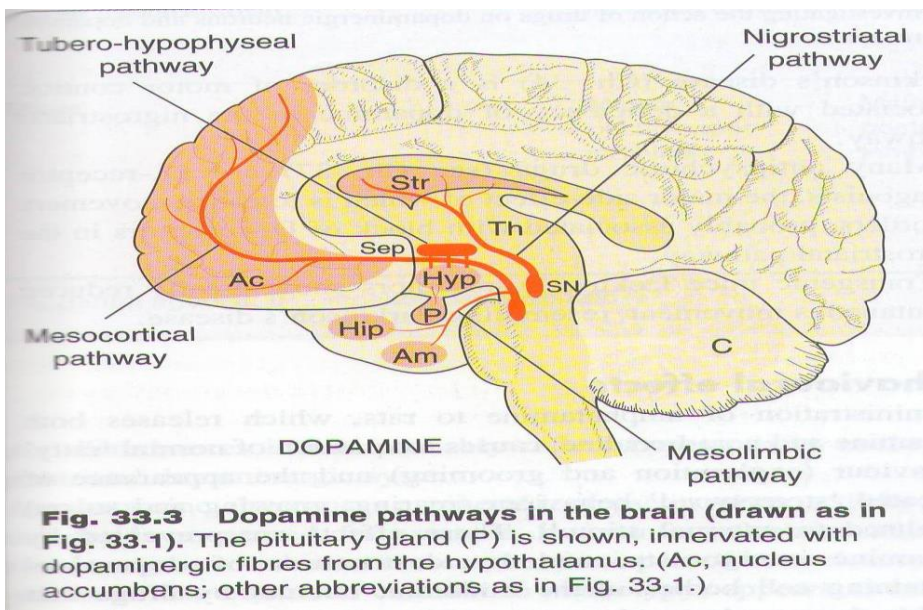
**Vomiting** → bc its receptors  
are found in GIT & vomiting center of the  
medulla. (5-HT<sub>3</sub>)

**Obsessive compulsive  
disorders\***

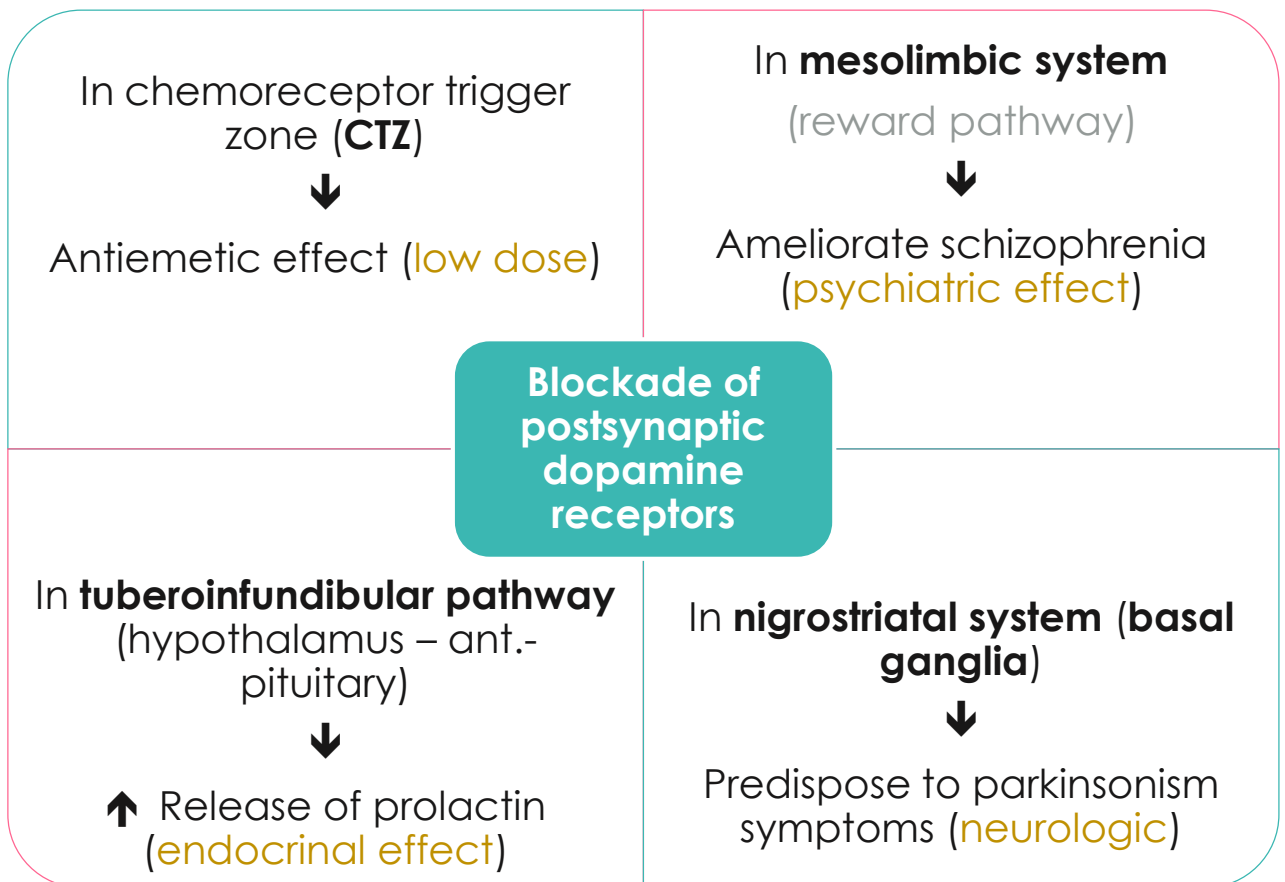
**Generalized anxiety**

### 3- Dopamine:

- Pathway:



- Effects on **dopaminergic synapses**:



The same pharmacodynamic action may have distinct psychiatric "neurologic" and endocrine effects.

# Diseases that are influenced by dopamine level:

Parkinson's disease

Schizophrenia

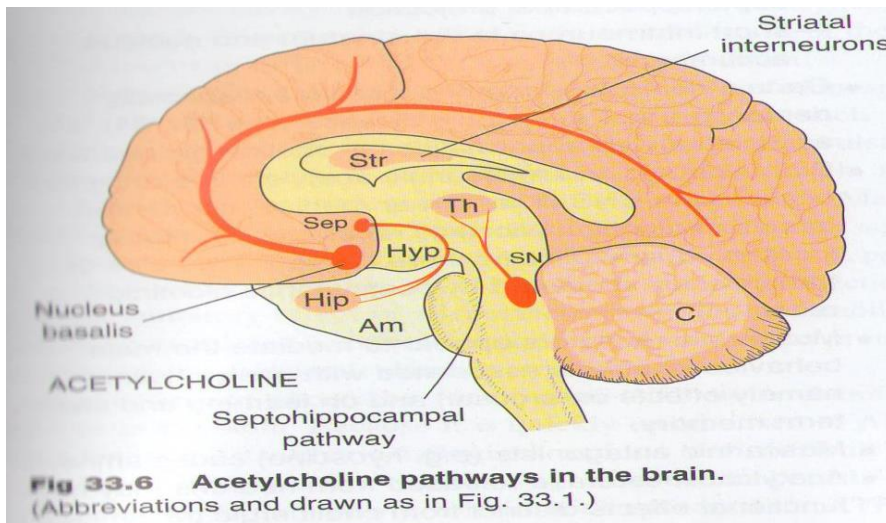
Drug addiction

Depression

Attention deficit hyperactivity disorder\*

\* فرط الحركة

## 4- Acetylcholine

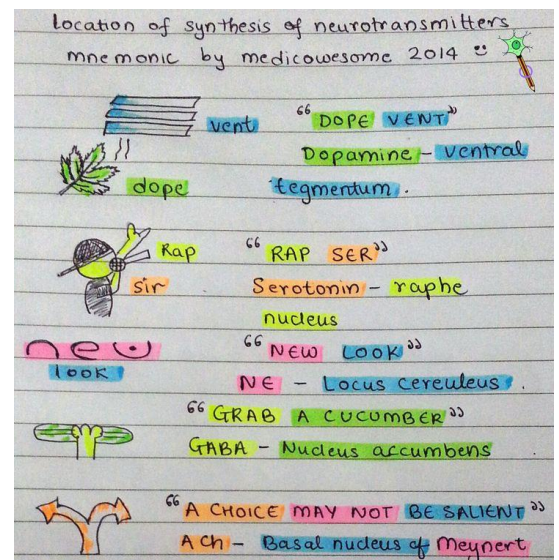


There are two constellations of cholinergic neurons:

1. **The basal forebrain constellation** is located in the telencephalon, medial and ventral to the basal ganglia. It includes **the basal nucleus of Meynert (nucleus basalis)**, which provides cholinergic innervation to the entire neocortex, amygdala (Am), hippocampus (Hip), and thalamus (Th). **The medial septal nuclei (Sep)** provide cholinergic innervation to the cerebral cortex, hippocampus (Hip), and amygdala (Am).

2. **The second** constellation includes cholinergic neurons located in the dorsolateral tegmentum of the pons that project to the basal ganglia, thalamus, hypothalamus, medullary reticular formation, and deep cerebellar nuclei.

Extra, to help you remember the site of NTs production ☺



# Acetylcholine

## Overview

Acetylcholine is the first neurotransmitter discovered.

Inside the brain Ach functions as a **neuro-modulator**, which is a chemical that **alters the way other brain structures process information** rather than a chemical used to transmit information from point to point.

Is Ach an inhibitory or **excitatory** neurotransmitter?  
Ach is both excitatory and inhibitory.

## Role of Acetylcholine in the CNS

Ach is thought to be involved in **cognitive functions\*** such as:

- **Memory**
- **Arousal\*\*** الإثارة
- **Attention** انتباه

\***Cognitive functions** can be defined as cerebral activities that lead to knowledge, including reasoning, memory, attention, and language.

\*\* Arousal is the physiological and psychological state of being awoken or of sense organs stimulated to a point of perception.

## What are the CNS diseases linked to ACH derangement?

- **Damage to cholinergic (muscarinic) receptors** is associated with **memory deficits** as in **Alzheimer's disease**.
- **Muscarinic antagonists** as **hyoscine** cause **amnesia** (deficit in memory).
- **Increased** brain level of Ach predispose to **Parkinson's disease\***
- **Schizophrenia** may be due to **imbalance between Ach & dopamine brain levels**.
- **Depression** may be a manifestation of a **central cholinergic predominance**.

\* Dopamine & Ach work with each other → when you take a dopamine antagonist = Ach will take the upper hand → that's why the increased level of Ach may be predispose to Parkinson's disease.



# Glutamic acid & GABA

## Glutamic acid

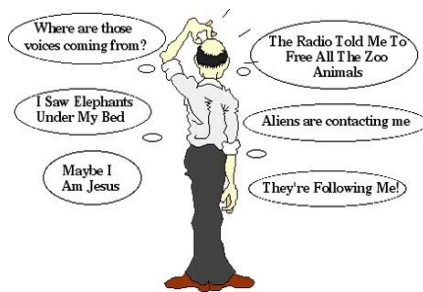
- An **excitatory** neurotransmitter
- **Increased** levels predispose to **Epilepsy**

Glutamate **antagonist** effects:

- treatment of epilepsy
- Reduction of brain damage following strokes & head injury.
- Drug dependence
- Schizophrenia

**Schizophrenia:** is a brain disorder that affects how people think, feel, and perceive.

**Drug dependence** is the body's physical need, or addiction, to a specific agent.



## GABA

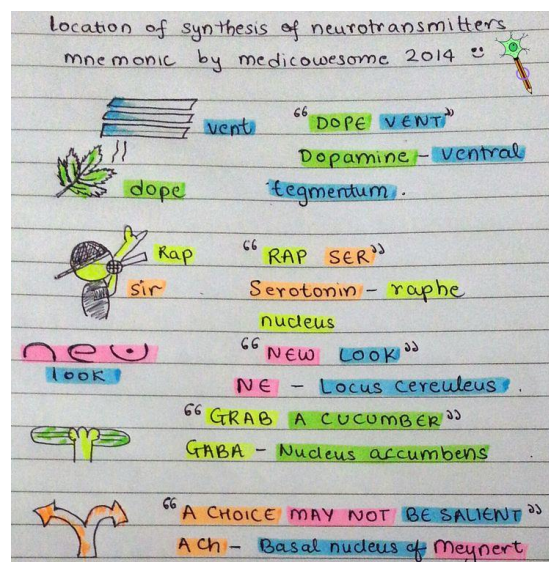
- It is the **main inhibitory** transmitter in the brain (in spinal cord = Glycin)
- It's present throughout the brain; there is very little in peripheral tissue.

- **Decreased** GABA brain content is associated with:

- **Epilepsy**
- **Anxiety**
- **Convulsions**
- **Insomnia**



Extra, to help you remember the site of NTs production ☺



# To understand better-1

ملاحظة: الدكتور قرؤوا هذا الجدول واللي بعده على السريع،  
وركزوا على النيوروترانزيمترز اللي معنا في المحاضرة.

Transmitter	Anatomic distribution	Receptor subtype	Receptor mechanism
Acetylcholine	Cell bodies at all levels, short and long axons	- M1: blocked by <b>pirenzepine</b> and <b>atropine</b> - M2: blocked by <b>atropine</b>	Excitatory : decrease K conductance & increase IP3 & DAG
	Motoneurons – renshew cells synapse	Nicotinic, N	Inhibitory : increase K conductance & decrease cAMP Excitatory: increase cation conductance
dopamine	Cell bodies at all levels, short, medium and long axons	D1: blocked by <b>phenothiazine</b>	Inhibitory: increase cAMP
		D2: blocked by <b>phenothiazine</b> & <b>haloperidol</b>	- Inhibitory (presynaptic ): decrease ca conductance - Inhibitory (postsynaptic) : increase K conductance, decrease cAMP
Norepinephrine	Cell bodies in pons and brainstem project to all levels.	Alpha1: blocked by <b>prazosin</b>	Excitatory : decrease K conductance & increase IP3 & DAG
		Alpha2: activated by <b>clonidine</b>	- Inhibitory (presynaptic ): decrease ca conductance - Inhibitory (postsynaptic) : increase K conductance, decrease cAMP
		Beta1 : blocked by <b>propranolol</b>	Excitatory : decrease K conductance & increase cAMP
		Beta2 :blocked by <b>propranolol</b>	Inhibitory: increase in electrogenic sodium pumps & increase cAMP
Serotonin (5- hydroxy triptamin )	Cell bodies in pons and midbrain project to all levels, GIT & platelets	5-HT <sub>1A</sub> : <b>bupirone</b> is a partial agonist	Inhibitory: increase K conductance, decrease cAMP
		5-HT <sub>2A</sub> : blocked by <b>clozapine</b> , <b>resperidone</b> & <b>olanzapine</b>	Excitatory : decrease K conductance & increase IP3 & DAG
		5-HT <sub>3</sub> : blocked by <b>ondansetron</b>	Excitatory: increase cation conductance
		5-HT <sub>4</sub>	Excitatory : decrease K conductance

## To understand better-2

Transmitter	Anatomic distribution	Receptor subtype	Receptor mechanism
GABA	Supraspinal ▪ interneurons: spinal interneurons involved in presynaptic inhibition & very little in peripheral tissues	GABAA: facilitated by benzodiazepine and zolpidem	Inhibitory: increase CL conductance
		GABAb: activated by baclofen	<ul style="list-style-type: none"> <li>- Inhibitory (presynaptic ): decrease ca conductance</li> <li>- Inhibitory (postsynaptic) : increase K conductance</li> </ul>
Glutamate	Relay neurons at all levels	<ul style="list-style-type: none"> <li>-Four subtypes: NMDA subtype blocked by phencyclidine</li> <li>- Metabotropic subtype</li> </ul>	<ul style="list-style-type: none"> <li>- Excitatory: increase Ca or cation conductance</li> <li>- inhibitory (presynaptic ): decrease ca conductance &amp; decrease cAMP</li> <li>-Excitatory (postsynaptic): decrease K conductance &amp; increase IP3 &amp; DAG</li> </ul>
Glycine	Interneurons in spinal cord and brain stem	Single subtype: blocked by strychnine	Inhibitory: increase CL conductance
Opioid peptide	Cell body at all levels	Three major subtypes: mu, delta & kappa.	Inhibitory (presynaptic ): decrease ca conductance & decrease cAMP
			Inhibitory (postsynaptic) : increase K conductance

# Summary of the lecture

Transmitter	Function	Diseases that are influenced
Acetylcholine	<ul style="list-style-type: none"> <li>• Inside the brain Ach functions as a neuromodulator</li> <li>• Ach is thought to be involved in cognitive functions:               <ol style="list-style-type: none"> <li>1. Memory</li> <li>2. Arousal</li> <li>3. Attention</li> </ol> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Alzheimer's disease</b> → Damage to muscarinic receptors.</li> <li>• <b>Amnesia</b> → Muscarinic antagonist.</li> <li>• <b>Parkinson's disease</b> → increased Ach level in CNS is predispose to Parkinsonism.</li> <li>• <b>Schizophrenia</b> → ~ imbalance between Ach &amp; dopamine.</li> <li>• <b>Depression</b></li> </ul>
Dopamine	—	<ul style="list-style-type: none"> <li>• Parkinson's disease</li> <li>• attention deficit</li> <li>• hyperactivity disorder,</li> <li>• schizophrenia,</li> <li>• depression</li> <li>• drug addiction</li> </ul>
Norepinephrine	—	<ul style="list-style-type: none"> <li>• <b>Mania</b> → <b>high NE</b></li> <li>• Depression → <b>Low NE</b></li> </ul>
Serotonin (5-HT)	<ul style="list-style-type: none"> <li>• Primarily found in the CNS, GIT, platelets</li> <li>• Responsible for feeling of well-being &amp; happiness.</li> <li>• Plays an important role in regulation of ; Mood, sleep, appetite and pain perception</li> </ul>	<ul style="list-style-type: none"> <li>• Depression</li> <li>• <b>Social phobia</b></li> <li>• Obsessive Compulsive Disorders</li> <li>• Generalized Anxiety</li> <li>• Schizophrenia</li> <li>• Vomiting</li> </ul>
GABA	<ul style="list-style-type: none"> <li>• <b>The main inhibitory</b> transmitter in the brain.</li> </ul>	<ul style="list-style-type: none"> <li>- With <b>low</b> levels of GABA:</li> <li>• <b>Epilepsy</b></li> <li>• Anxiety</li> <li>• Convulsions</li> <li>• Insomnia</li> </ul>
Glutamate	<ul style="list-style-type: none"> <li>• An <b>excitatory</b> neurotransmitter.</li> </ul>	<ul style="list-style-type: none"> <li>- Therapeutic effect of <b>glutamate antagonists</b>:</li> <li>• Strokes</li> <li>• Head injury</li> <li>• Schizophrenia</li> <li>• Treatment of epilepsy</li> </ul>



Thank you for checking our team!



Pharmacology 435

@pharmacology435

### خالد أبوراس

إبراهيم العسعوس  
احمد الخياري  
زياد السالم  
عبدالعزیز الحماد  
فوزان العتيبي  
فارس المطيري  
قصي عجلان  
ماجد العسبلي  
محمد ابونيان  
محمد السحيباني  
يوسف الصامل

### أثير النشوان

أسرار باطرفي  
العنود العمير  
آية غانم  
حصه المزيني  
دلال الحزيمي  
رغدة قاسم  
ريم العقيل  
سارا الحسين  
ساره الخليفة  
لمى الزامل  
لولوه الصفيّر  
لينا إسماعيل  
ملاك اليحيا  
نورة البصيص

Sources:

- 1- 434's lecture
- 2- Wikipedia
- 3- Neurotransmitters (The Neuron) Part 2: <http://what-when-how.com/neuroscience/neurotransmitters-the-neuron-part-2/>
- 4- Pharmacology (Lippincotts Illustrated Reviews Series), 5th edition.
- 5- Basic & Clinical Pharmacology by Katzung. Chapter 21, 12<sup>th</sup> edition

Revised by

حشام العفيللي & خولة العماري