

= Haematology 435 =

➤ **Color Codes:**

- **Pink:** Girls' notes. **Blue:** Boys' notes. **Red:** Important Notes. **Gray:** Extra notes.
- **Purple:** Lecture notes & Pathoma notes.

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➤ **References:**

- Girls&Boys Doctors Slides and Notes.
- Team 434 & 433.

➤ **Correction file:** ([HERE](#))

➤ **Check Your Understanding!** ([HERE](#))

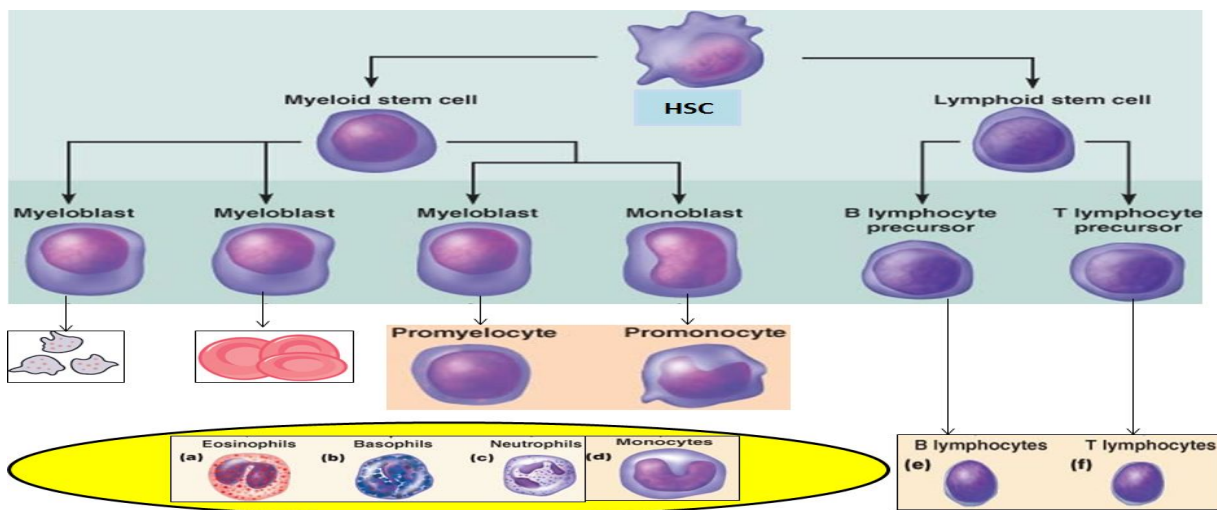
Revised by
خولة العماري & هشام الغفيلي

: Outline

MPN	MPN/MDS	MDN
Cytosis	Cytopenia	

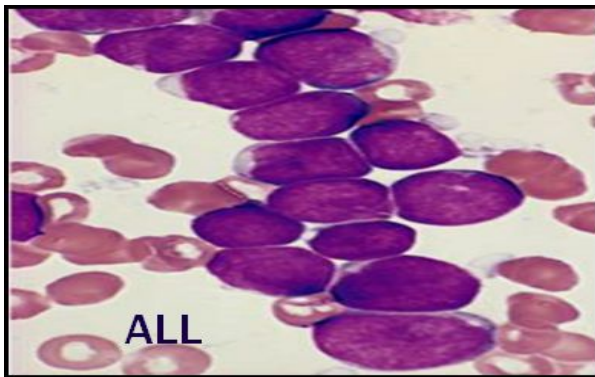
❖ Chronic leukemia

- Heterogeneous group of hematopoietic neoplasms
- **Uncontrolled proliferation** and **decreased apoptotic activity** with **variable degrees of differentiation** زيادة غير منظمة في الخلايا وما تموت هذي الخلايا
- Composed of relatively **mature cells**
- Indolent (progress slowly) (If untreated, the course is in months or years) (pts might be asymptomatic for years)
- Occurs mainly in **adults**

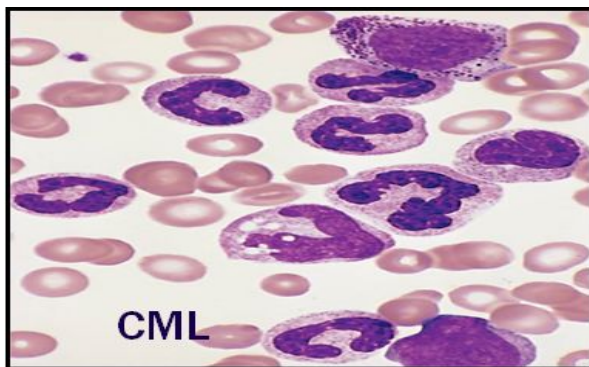
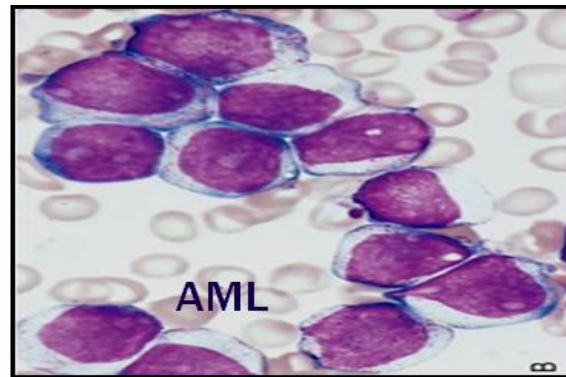


❖ Main types of leukemia

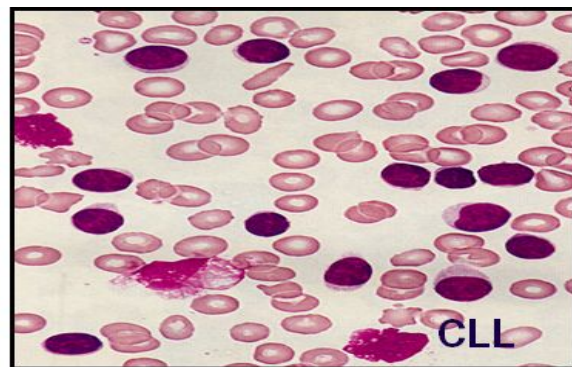
	Acute	Chronic
Lymphoid	Acute Lymphocytic Leukemia (ALL)	lymphoproliferative neoplasm (chronic lymphocytic leukemia)
Myeloid	Acute Myeloid Leukemia (AML)	myeloproliferative neoplasm /myelodysplastic syndrome (chronic myeloid leukemia)
Mixed	Acute biphenotypic (it has both markers)	
Non	Acute undifferentiated (very early blast)	



- **Mainly immature blast cells**



- **Mature Granulocytes**



- **mature lymphocytes**

❖ **Myeloproliferative Neoplasms:**

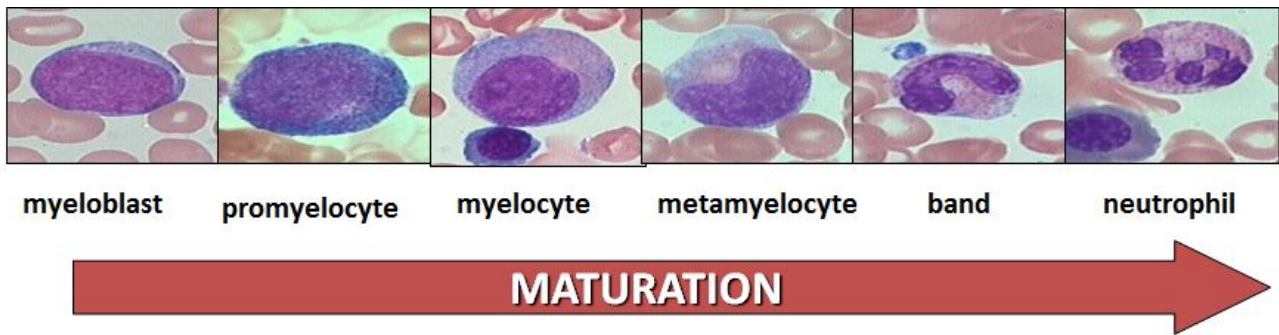
- proliferation of mature cells myeloid cells **mainly Granulocytes** in bone marrow or in blood
- Occur mainly in adults
- **Slow onset and long course**

➤ **MPN (myeloproliferative neoplasm) features:**

- Cytoses (cytosis is single)
 - Organomegaly (mainly **splenomegaly**)
 - High uric acid (**increase destruction of cells**) (might lead to gout)
 - Hypercellular bone marrow (**normally <50% is cells and the remainder is fat**)
- this feature must be present, if not present go see something else.**
- Progression to acute leukaemia (mainly **AML**) + **marrow fibrosis**.

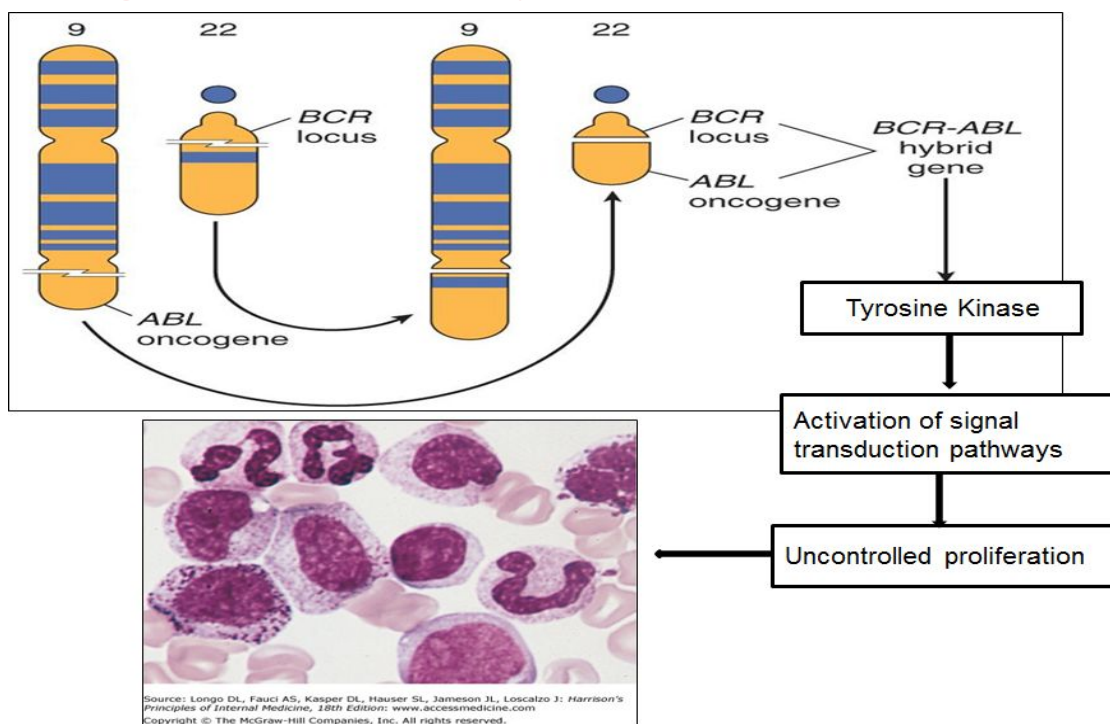
➤ **Chronic Myeloid Leukemia (CML):**

- Stem cell MPN. (**mature myeloid cells**)
- Predominant proliferation of **granulocytic cells**. (**very important**)
- Consistently associated with the **BCR-ABL1 fusion gene** located in the **Philadelphia (Ph) chromosome (abnormal chromosome)** which results from **t(9;22)** protein weight **P210KD**. **t(9;22)** also occur in ALL (B-Lymphoid) **BUT** the difference is in protein weight **P190KD**.



Note: The predominant cells are myelocyte and neutrophils .

➤ Pathogenesis of Chronic myeloid leukemia:



Note: The main two consequences in pathogenesis are increase proliferation & decrease apoptosis.

➤ Clinical Presentation:

- Asymptomatic presentation (20-40%)
- Routine CBC : marked leukocytosis
- Common symptoms : Fatigue ,weight loss or night sweating
- Abdominal discomfort due to splenomegaly (not normal, its massive)

- Splenomegaly (**Massive**) Also in leishmaniae spleen called in Arabic الدمامل



> Main Differential Diagnosis:

- 1- **Chronic myelomonocytic leukemia (CMML)** (**monocytosis**, **BCR-ABL -ve**).
- 2- **Leukemoid reaction**: Leukocytosis due to physiological response to stress or infection(not malignancy)

	CML	Leukemoid reaction
Age	Adult	Any age
WBC count	High	High but <100,000
Differential	Mainly myelocytes and segmented	Mainly Bands
Morphology	Hypogranular (non-functioning)	Toxic
Splenomegaly	+	-/+
NAP score هذا يفرق بينهم بسرعة	Low	High
BCR/ABL هذا بيغاله وقت عشان يطلع	+ve	-ve
Onset	Chronic	Acute

> Neutrophil Alkaline Phosphatase (NAP)score: (Old method)

Cytochemical stain that estimate the **amount of alkaline phosphatase enzyme** in neutrophils .

High: Leukemoid

Low : CML

➤ Chronic Myeloid Leukemia (Tri phasic disease) Phases

➤ Chronic phase (Target therapy)

- Leukocytosis ($12-1000 \times 10^9/L$)
- Mainly neutrophils and myelocytes
- Blasts $\leq 10\%$ من اقل من, Basophils $\leq 20\%$ من اقل من
- Stable course (years)

➤ Accelerated phase

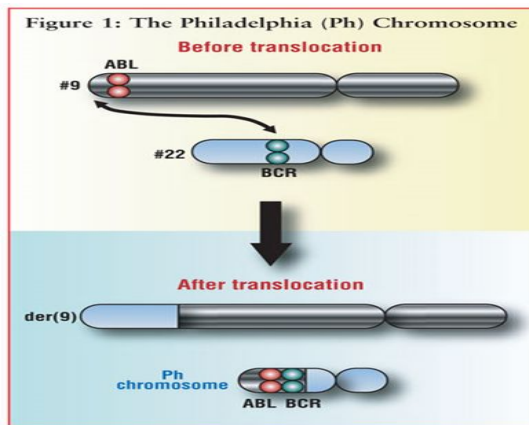
- Increasing counts
- 10-19% blasts (Why 19% ? because if it is 20 it will be AML) (basophils $\geq 20\%$) من اكثر من
- Unstable course (months)

➤ Blastic phase (Die)

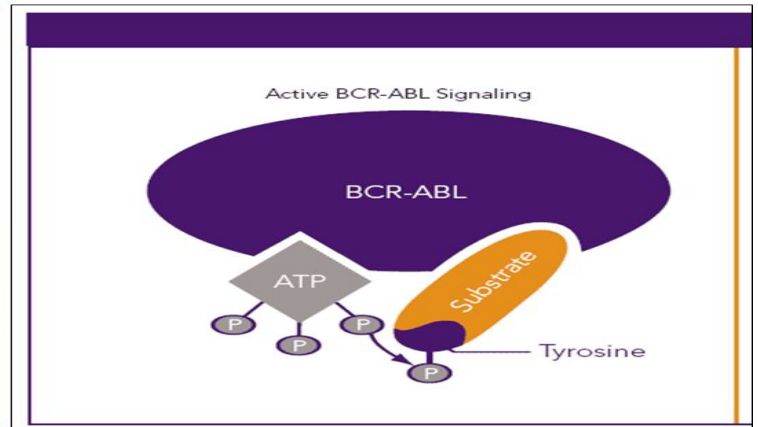
- ($\geq 20\%$ من اكثر من blasts = Acute Leukemia)
- (80% AML & 20% ALL)
- Coarse (Weeks)

➤ Treatment: ((في تيم 433 و 434 ذاكرين انه مو مهم))

- 1st line therapy (tyrosine kinase inhibitors like Imatinib)
 - Excellent response (5 years survival $\geq 90\%$) it prevent the fusion of BCR-ABL
- 2nd line therapy If **no response** : stem cell transplantation.



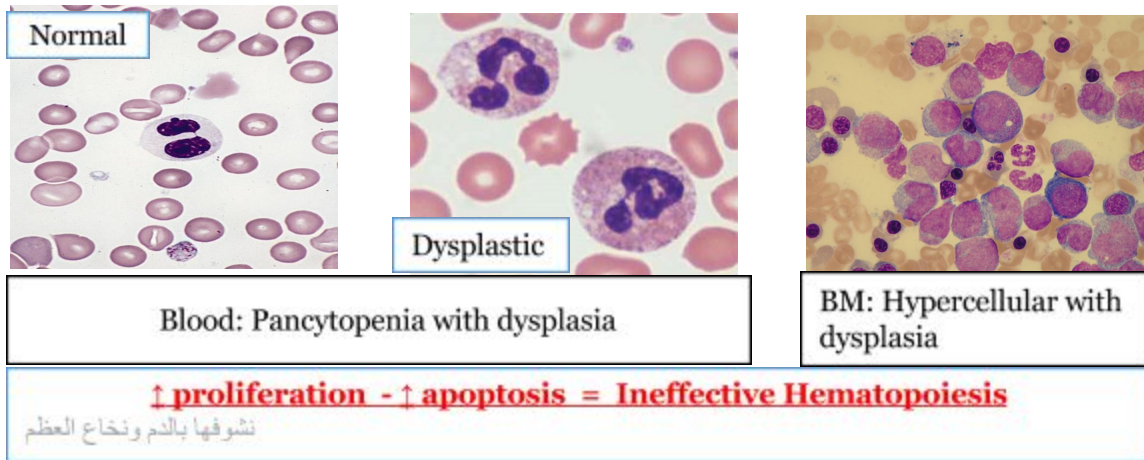
When chromosomes 9 and 22 exchange portions of their genetic material, this translocation results in the formation of der(9), an elongated chromosome 9, and the Ph chromosome, which contains the hybrid BCR-ABL gene.



Myelodysplastic Syndromes (MDS)

Group of myeloid neoplasm's characterized by:

- 1- **Peripheral cytopenia** (low Hemoglobin ± low WBC & low PLT).
- 2- **Dysplasia** (abnormal morphology).
- 3- **Ineffective hematopoiesis** (**hypercellular** bone marrow). Ineffective means ما منه فائدة
- 4- **Progression to AML** (preleukaemic disease).
- 5- **Enhanced apoptosis**. in the peripheral blood cause cytopenia



➤ Many subtypes according to:

- 1- Blast count. (لازم نسويه)
- 2- Degree of dysplasia.
- 3- Genetics :Variable genetic abnormalities mainly (-5 good prognosis , -7 bad prognosis)

➤ Treatment: (في تيم 433 و434 ذاكرين انه مو مهم)

supportive +/- chemotherapy

Chronic Myelomonocytic Leukemia (CMML)

Clonal Hematopoietic malignancy characterized by **proliferation of both monocytes and neutrophils**

MDS/MPN disease: MIXED

Features of MDS (dysplasia & enhanced apoptosis)

Features of MPN (marked proliferation)

Philadelphia chromosome must be **negative**

Blast must be less than 20%

Aggressive course (survival rate around 2.5 y)

Treatment: Chemotherapy ±SCT