



Drugs affecting erectile dysfunction

Objectives:

- **Revise** the haemodynamic changes inducing normal erection
- **Interpret** its different molecular control mechanisms
- **Define** erectile dysfunction [ED] and enumerate its varied risks
- **List** drugs inducing ED and reflect on some underlying mechanisms
- **Correlate** drugs used in treatment of ED to the etiopathogenesis
- **Classify** oral 1st line therapy relevant to; Mechanism / Utility / ADRs
- **Compare** the pharmacological difference of PDE5 inhibitors
- **Study** the transurethral, intracavernous or topical 2nd line therapies; Mechanism / Utility / ADRs
- **Enumerate** lines of treatment of priapism

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Drug's name | Doctors' notes | Important | Extra

« قل سيروا في الأرض فانظروا كيف بدأ الخلق »

Mind Map

Androgen for
desire.

Apomorphine
for arousal

Centrally acting

Drugs treating erectile dysfunction

Nitrate activate
guanylate cyclase
→ vasodilation

Peripherally

**Prostaglandin
analogue** and
salbutamol activate
adenylate cyclase

PDE5 Inhibitor

Papaverine inhibit
PDE2,3,4 and to lesser
extent PDE5 to cause
vasodilatation

Selective PDE₅ Inhibitor

- Sildenafil
- Vardenafil
- Tadalafil
- Avanafil

Other Oral drugs

- Testosterone
- Apomorphine
- Oral phentolamine
- Yohimbine
- Trazodone
- Korean Ginseng

Other drugs

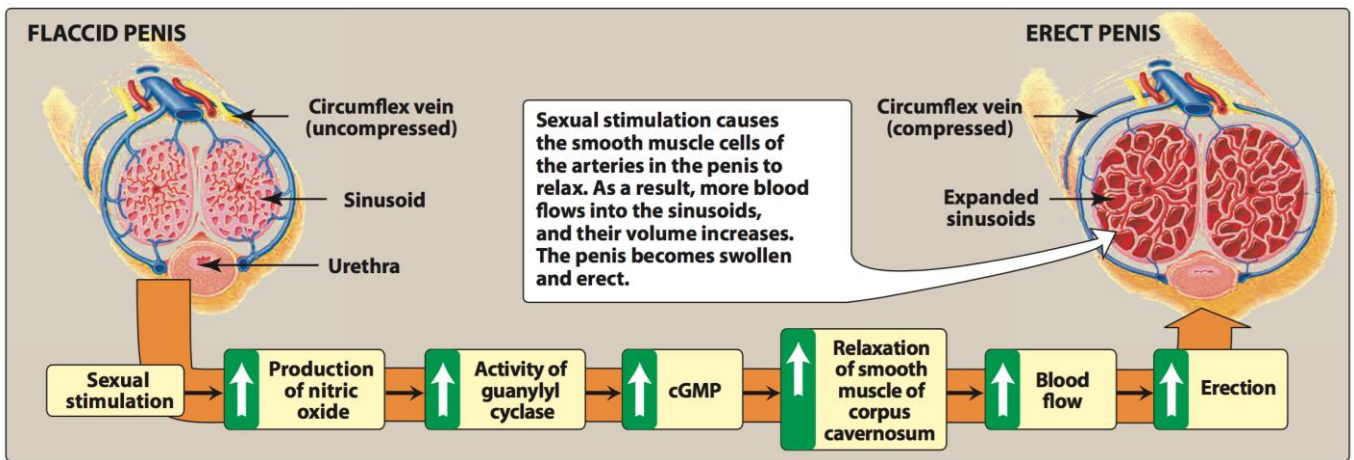
- Transurethraloral
 - Alprostadil
- Transcavernosal:
 - Alprostadil
- Topical
 - Papaverine
 - Minoxidil
 - Nitroglycerine

To Understand Better

Mechanism of an erection

- A normal erection relies on the coordination:
 - Vascular, Neurological, Hormonal, Psychological
- An erection can occur following direct genital stimulation or auditory or visual stimulation, aspects that contribute to the influx of blood to the penis.
- An erection occurs when the amount of blood rushing to the penis is greater than the amount of blood flowing from it
- A massive influx of blood accumulates in the sinusoidal spaces due to relaxation of smooth muscle & dilatation of arteries → corpora cavernosa to swell (tumescence)
- Tumescence (erection) compresses the veins that normally drain the penis → prevents blood outflow & maintains penile rigidity.

Peripheral haemodynamic changes inducing erection



الدكتور حذفه وقال ما راح يجيكم | الدكتورة قالت قراءة (لأننا بناخذ أهمهم في سلايد ٥)

Drug class	Specific drug examples
❖ Beta blockers	Propranolol, metoprolol, atenolol
❖ Ca ²⁺ channel blockers	Verapamil, nifedipine
❖ Alpha adrenergic agonists	Clonidine
❖ Cardiac glycosides	Digoxin
❖ Thiazide diuretics	Hydrochlorothiazide
❖ Aldosterone antagonists	Spironolactone
❖ Fibric acid derivatives	Gemfibrozil, clofibrate
1. SSRIs	1. Fluoxetine, sertraline, paroxetine, citalopram
2. TCAs	2. Amitriptyline, desipramine, nortriptyline
3. Other anti-depressants	3. Lithium.
❖ Benzodiazepines	Lorazepam, alprazolam, diazepam
❖ H ₂ receptor antagonists	Rantidine, cimetidine
❖ Butyrophenones & phenothiazines	Haloperidol, prochlorperazine, chlorpromazine
❖ Hydantoin anti-convulsants	Phenytoin
❖ Cytotoxic agents	Cyclophosphamide, methotrexate
❖ Recreational drugs	Alcohol, cocaine, marijuana

To Understand Better | Erectile dysfunction

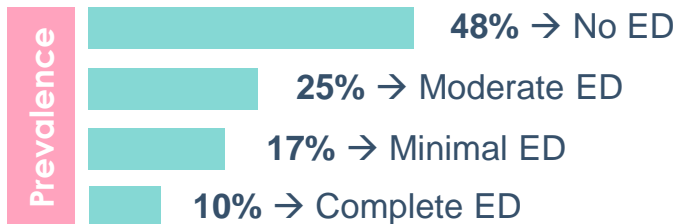
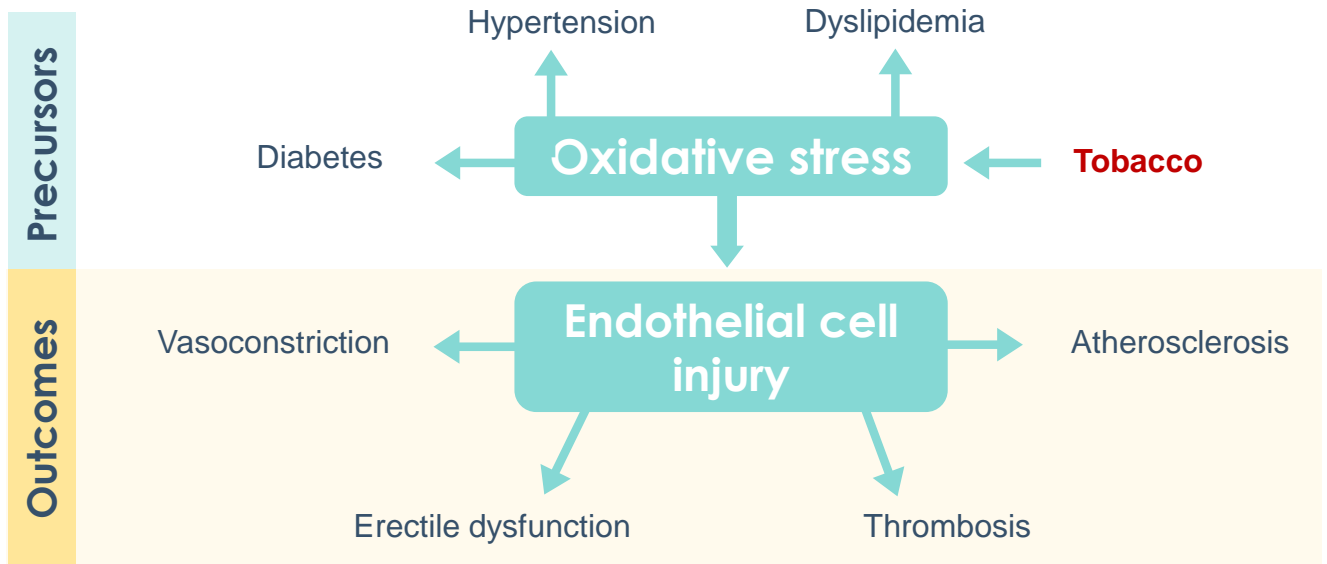
Erectile dysfunction

Persistent or recurrent inability to attain (acquire) & maintain (sustain) an erection (rigidity) sufficient for satisfactory sexual performance

Impotent

It is reserved for those men who experience erectile failure during attempted intercourse more than 75 % of the time.

Endothelial Dysfunction is the commonest cause of ED



❖ I.M.P.O.T.E.N.C.E

الدكتور حذفها من سلايداته

I nflammatory	Prostatitis, urethritis
M echanical	Peyronie's disease, chordee
P sychological	Depression, performance anxiety, stress, relationship difficulties
O cclusive vascular	Art: Hypertension, smoking, hyperlipidemia, DM, peripheral vascular disease. Ven: venous occlusion due to anatomical or degenerative changes
T rauma	Pelvic fracture, SC inj, penile trauma.
E ndocrine	Hypogonadism , hyperprolactinemia, hypo & hyperthyroidism.
N eurologic	Parkinsons, MS, spina bifida, pelvic surgery peripheral neuropathy
C hemical	Anti-HTN, ant-arrhyth, anti-depressants, anxiolytic, anti-androgens, anti-convulsants, alcohol, marijuana, anti-parkinson drugs, LHRH analogues.
E xtra factors	Prostatectomy, old age , CRF, cirrhosis

Drugs adversely causing ED

Type	A- Centrally Acting Drugs = on CNS <small>SSRIs are the most imp</small>
MOA	○ Dopamine > NE promote arousal (الإثارة), so whenever 5HT (serotonin) act on 5HT ₂ → ↓ DA release → ↓ arousal
Drug & MOA	1- Most ADDs (Antidepressant drugs) leads to ↓ 5HT uptake → ↑ 5HT in synapse and act on 5HT ₂ → ↓ DA release → ↓ arousal <ul style="list-style-type: none"> Like non-selectively as TCAs and selectively as SSRIs (e.g. Fluoxetine) NOTE: SSRIs also work Peripherally and antagonize NO actions → ↓ genital sensation → Delay ejaculation → it can be used to Treat <u>Premature Ejaculation</u> .
	2- Anti-psychotic drugs they are DA antagonist + hyperprolactinemia that leads to ↓ arousal that leads to Erectile Dysfunction <small>Normally, D inhibits prolactin secretion from AP, so whenever the D R are blocked → ↑ prolactin</small>
	3- Anti-epileptic drugs (phenytoin) have GABA effect that leads to antagonize the excitatory amino acids (aspartate & glutamate), cause ↑ sedation and ↓ arousal .
type	B- Centrally acting anti-hypertensives
drug	1- Methyldopa, Reserpine → ↓ arousal
drug	2- Clonidine leads to ↓ arousal centrally / <u>Vasoconstriction</u> peripherally
type	C- Other anti-hypertensives
drug	1- β₂ blockers leads to -ve vasodilating on β ₂ + potentiate α₁ effect <small>When β₂ is blocked, most of NE will act on α₁ R</small>
drug	2- Thiazide diuretics leads to ↓ spinal reflex controlling erection + ↓ arousal
type	D- Anti-androgens leads to ↓ desire
drug	1- Finasteride : leads to α reductase inhibitor (prevent production of active testosterone → irreversible erectile dysfunction).(used to prevent baldness & BPH)
drug	2- Cyproterone acetate : it is synthetic steroidal anti-androgen → used to treat acne in F.
drug	3- Cimetidine (important) (high doses) / Ketoconazole / Spirolactone leads to hyperprolactinemia + gynecomastia
drug	4- Estrogen-containing medications
type	E- Habituating Agents
drug	1- Cigarette smoking leads to vasoconstriction + penile venous leakage
	2- Alcohol [small amounts] leads to ↑ desire + ↓ anxiety + vasodilatation
	3- Alcohol [big amounts] leads to ↑ sedation + ↓ desire
	4- Chronic alcoholism leads to hypogonadism + polyneuropathy

Drugs treating Erectile Dysfunction

Centrally	<ul style="list-style-type: none"> • Androgen for desire (libido) الرغبة • Apomorphine (D agonist) for arousal. الإثارة
Peripherally	<p>هذي بس للتوضيح، ركزوا أكثر على المكتوب في الجدول</p> <p>Nitrate (but is not used in ED)</p> <p>Prostaglandin analogue and salbutamol activate adenylate cyclase</p> <p>Sildenafil & other PDE5 inhibitors inhibit PDE5, and that will block the conversion of cGMP to GMP → Vasodilatation</p> <p>Papaverine inhibit PDE2,3,4 and to lesser extent PDE5 to cause vasodilatation</p> <p>Phentolamine</p> <p>↓ Ca²⁺ intracellular → smooth muscle relaxation</p> <p>* Note: both Nitrates and Salbutamol are not used nowadays.</p>

Selective **PDE5** Inhibitor

Drug	<p>Sildenafil, Vardenafil, Tadalafil, Avanafil (Orally)</p>
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Mech. of action	<ul style="list-style-type: none"> ○ Inhibit PDE5 which prevent breakdown of cGMP, and that leads to pertain vasodilatation and erection (increase blood flow to corpus cavernosum). ○ They do not affect the libido, so sexual stimulation is <u>essential</u> to a successful (At recommended doses, PDE-5 inhibitors have <u>no effect in the absence of sexual stimulation</u>). ❖ Pharmacodynamic actions relevant to PDE5 inhibition: ما يهمننا إلا أول نقطة <ul style="list-style-type: none"> ○ VSMCs of erectile tissue of penis (vascular smooth muscle cells (VSMCs). ○ Other VSMCs (lung, brain, heart,...) ○ Other non-VSMCs (prostate, bladder, seminal vesicle, GIT...). ○ Platelets. ○ Other tissues (testis, skeletal muscles, liver, kidney, pancreas...).
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Indications	<ul style="list-style-type: none"> ○ Erectile dysfunction; 1st line therapy. All types have similar efficacy. ○ Pulmonary hypertension (bc it acts on PDE-5 in the lungs → vasodilation) ○ BPH (Benign prostatic hypertrophy) and premature ejaculation.
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Selective PDE5 Inhibitor (cont.)

ADRs	Common ADRs:	Sildenafil	Vardenafil	Tadalafil
	Headache %	14	10	15
	Flushing %	12	11	3
	Nasal	Congestion	Rhinitis	Congestion
	Dyspepsia %	7	3	15
	Abnormal vision %	>4	<2	-
	Myalgia & Back pain %	-	-	5
	Sperm functions	-	-	Decreased?
	QT prolongation	-	Prolonged	-

❖ **Major less common ADRs:** أهم شيء المظلل بالأصفر هي التي تفرق لي بين دواء ودواء، أما البقية فسببها توسع الأوعية الدموية وكلهم يشتركون بهالشيء

- IHD (Ischemic heart disease) and AMI (Acute myocardial infarction) (with large dose or on nitrates)
- Hypotension in patients on a-blockers more than with other antihypertensives.
- Bleeding; epistaxis...etc.
- Priapism; if erection lasts longer than 4 hours (emergency situation).

❖ **Major rare ADRs:**

- Ischemic Optic Neuropathy; can cause sudden loss of vision
- Hearing loss

❖ PDE isozymes الدكتور حذف الجدول واللى تحته كله، أما الدكتور فقرأت المظلل بالأصفر فقط

Isozyme	Location <small>مراح أسألکم على كل أيزوايزيم وين يآثر عليه، المهم هو تعرفون الساید إفکتس</small>	ADRs (of their blocking)
PDE-1	Heart, lung, brain, smooth muscle.	IHD, AMI.
PDE-2	Adrenal gland, heart, lung, liver, platelets	
PDE-3	heart, lung, liver, platelets, adipose tissue, inflammatory cells.	
PDE-4	Sertoli cells, kidney, brain, liver, lung, inflammatory cells.	-
PDE-5	Lung, platelets, vascular smooth muscles, heart.	Headache, Flush, nasal congestion.
PDE-6	Photoreceptors	Altered vision.
PDE-7	Skeletal muscles, heart, kidney, brain, pancreas, T lymphocytes.	-
PDE-8	Testes, eye, liver, skeletal muscles, heart, kidney, ovary, brain, T lymphocytes.	-
PDE-9	Kidney, liver, lung, brain, possibly heart.	-
PDE-10	Testes, brain.	-
PDE-11	Skeletal muscles, prostate, kidney, liver, pituitary and salivary glands, testes.	Back pain.

❖ **Selectivity of PDE5 inhibitors on PDE5 is not absolute and vary with each drug, and they can:**

- Partially act on PDE targeting **cGMP** (1, 6, 9, 11).
- In higher doses act on PDE targeting **cAMP** (2, 3, 4, 10, 8, 7).

❖ **Selectivity of PDE5 inhibitors in blocking PDE5 and PDE6:**

- **Sildenafil:** 10-fold selective. - **Vardenafil:** 16-fold selective. - **Tadalafil:** > 200-fold selective.

→ They give variability in ADRs

Selective PDE5 Inhibitor (cont.)

Absorption:

- **Fatty food** interferes with Sildenafil & Vardenafil absorption, so taken on empty stomach (at least **2 hours** after food).
- Tadalafil and Avanafil are not affected by food.

Metabolism:

All by hepatic **CYT3A4** (Tadalafil more than the rest) thus:

- **Increase ADRs with enzyme inhibitors:** Erythromycin & Clarithromycin, Ketoconazole, Cimetidine, Tacrolimus, Fluvoxamine, Amiodarone...etc.
- **Decrease efficacy with enzyme inducers:** Rifampicin, Carbamazepine, Phenytoin.

Note:

- **Avanafil** has the advantage of been given **30 min** before intercourse.
- **Tadalafil** must be given every 72 hours if used with enzyme inhibitors. مو مهم

Extra

Given <u>once</u> a day	Sildenafil	Vardenafil	Tadalafil
Dosage (mg)	50-100	10-20	10-20
Time of admin. (hrs.)	1	1	1-12
Onset of action (min)	30-60	30-60	< 30-45
Duration of action (hrs.)	4	4-5	36 (the longest)

A Time to peak concentration

Avanafil	10-45 min
Sildenafil	60 min
Vardenafil	60 min
Tadalafil	120 min

B Half-life

Avanafil	5 hr
Sildenafil	3-4 hr
Vardenafil	4-5 hr
Tadalafil	17 hr

C Food Interaction*

Avanafil	No
Sildenafil	Yes
Vardenafil	Yes
Tadalafil	No

P.K

C:I

- Hypersensitivity to drug.
- Patients with history of AMI, stroke or fatal arrhythmias <6 months.
- **Nitrates** → **total contraindication**. What should we do? PDEIs in small dose + spacing at least 24hrs (48 hrs with **Tadalafil**) for **fear of developing IHD/AMI** due to **severe hypotension**. Both PDE5s & nitrates produce vasoDilation effect → when taken both without decreasing the dose = sever hypotension

Precautions

- With **alpha blockers** (except **tamsulosin**-bc it is selective on prostate alpha1 R) → orthostatic hypotension
- With hepato/renal insufficiency. (bc they are metabolized by the liver & excreted by the kidney)
- With bleeding tendencies (leukemias, hemophilia, Vitamin K deficiency, antiphospholipid syndrome,...etc)
- With **Quinidine**, **procainamide**, **amiodarone** (class I & III antiarryth.) (**Vardenafil**).
- Dose adjustment when using drugs that have interaction on hepatic liver microsomal enzymes (inhibitors or inducers).
- Retinitis pigmentosa. (Rare)

Other oral drugs

Testosterone	<ul style="list-style-type: none"> Given to those with hypogonadism or hyperprolactenemia Given for promotion of desire. (centrally) 	
Apomorphine	Features	<ul style="list-style-type: none"> A dopamine agonist on D2 receptors. Activates arousal centrally; Erectogenic + Little promotion of desire. Given sublingual. Acts quickly. Not FDA approved. Weaker than PDE5. Safe with nitrate.
	Indications	<ul style="list-style-type: none"> Given in mild to moderate cases, psychogenic (bc it ↑ arousal & desire), and <u>if PDE5 is contraindicated</u>.
	ADRs	<ul style="list-style-type: none"> Nausea, headache, and dizziness,
Oral phentolamine	<ul style="list-style-type: none"> alpha1 blocker / debatable efficacy. (can be combined with other drugs) 	
Yohimbine	<ul style="list-style-type: none"> Central and peripheral alpha2 antagonist → Aphroditic + Erectogenic Aphrodite → آلهة الجمال والحب في الإغريق but have low efficacy and many cardiovascular side effects. Efficacy of yohimbine for the treatment of impotence has never been clearly demonstrated. 	
Trazodone	<ul style="list-style-type: none"> Antidepressant, a 5HT reuptake inhibitor → priapism 	
Korean Ginseng	<ul style="list-style-type: none"> Questionable / may be a NO donor. 	

أهم شيء فيهم هو Alprostadil

Other drugs

ROA	Trans-urethraloral	Intra-cavernosal Inj.	Topical
Drug	Alprostadil		
MOA	<ul style="list-style-type: none"> Prostaglandin E1 analogue → ↑ cAMP. 	<ol style="list-style-type: none"> Alprostadil: <ul style="list-style-type: none"> ProstaglandinE1 → ↑cAMP Needs training → Erection → after 5-15 min lasts according to dose injected → May develop fear of self injury / Discontinuation Papaverine; <ul style="list-style-type: none"> ProstaglandinE1 → ↑ cAMP Phentolamine; <ul style="list-style-type: none"> alpha1 blocker. <p>These 3 drugs are combined with each other in severe cases.</p>	<ul style="list-style-type: none"> 20% Papaverine: ↑ cAMP + cGMP. 2% Minoxidil: NO donor + K⁺ channel opener. 2% Nitroglycerine. <p>+ a drug absorption enhancers.</p> <ul style="list-style-type: none"> Low efficacy. No FDA approval Female Partner can develop: <ul style="list-style-type: none"> Hypotension, headache because of vaginal absorption.
P.K	<ul style="list-style-type: none"> Synthetic & more stable Applied by a special applicator into penile urethra & acts on corpora cavernosa → Erection. Low to Intermediate Efficacy. Minimal systemic effects. Rarity of drug interactions. 		
ADRs	<ul style="list-style-type: none"> Variable penile pain Urethral bleeding / Urethral tract infection Vasovagal reflex / Hypotension Priapism or Fibrosis → rare 	<p>With Alprostadil:</p> <ul style="list-style-type: none"> Pain or bleeding at injection site Cavernosal fibrosis Priapism 	

Treatment of Priapism

❖ What is Priapism?

Priapism is a condition in which a penis remains erect for hours in the absence of stimulation or after stimulation has ended.

Treatment of Priapism (Medical emergency)

Aspirate blood to **decrease** intracavernous pressure.

Intracavernous injection of **Phenylephrine** (alpha1 agonist) = vasoconstriction → detumescence

- Detumescence is the process of subsiding from a state of sexual arousal.

Summary-1

Drugs adversely causing ED

A- Centrally Acting Drugs	<ul style="list-style-type: none"> DA > NE promote arousal, so whenever 5HT act on 5HT2 → ↓ DA release → ↓ arousal
	<p>1- Most ADDs (Antidepressant drugs) leads to 5HT ↓ uptake → ↑ 5HT in synapse and act on 5HT2 → ↓ DA release → ↓ arousal</p> <ul style="list-style-type: none"> Like non-selectively as TCAs and selectively as SSRIs <p>NOTE: SSRIs also work Peripherally and antagonize NO actions → decrease genital sensation → Delay ejaculation → it can be used to Treat Premature Ejaculation.</p>
	<p>2- Anti-psychotic drugs they are DA antagonist + hyperprolactinemia that leads to ↓ arousal that leads to Erectile Dysfunction</p>
	<p>3- Anti-epileptic drugs (phenytoin) have GABA effect that leads to antagonize Exc. amino acid, causes ↑ sedation and ↓ arousal</p>
B- Centrally acting anti-hypertensives	<p>1- Methyldopa, Reserpine → ↓ arousal</p>
	<p>2- Clonidine leads to ↓ arousal centrally / Vasoconstriction peripherally</p>
C- Other anti-hypertensives	<p>1- β₂ blockers leads to -ve vasodilating on β₂ + potentiate α₁ effect</p>
	<p>2- Thiazide diuretics leads to ↓ spinal reflex controlling erection + ↓ arousal</p>
D- Anti-androgens leads to ↓ desire	<p>1- Finasteride: leads to α reductase inhibitor (prevent production of active testosterone → irreversible erectile dysfunction)</p>
	<p>2- Cyproterone acetate: it is synthetic steroidal antiandrogen</p>
	<p>3- Cimetidine (high doses) / Ketoconazole / Spironolactone leads to hyperprolactinemia + gynecomastia</p>
	<p>4- Estrogen-containing medications</p>
E- Habituating Agents	<p>1- Cigarette smoking leads to vasoconstriction + penile venous leakage</p> <p>2- Alcohol [small amounts] leads to ↑ desire + ↓ anxiety + vasodilatation</p> <p>3- Alcohol [big amounts] leads to ↑ sedation + ↓ desire</p> <p>4- Chronic alcoholism leads to hypogonadism + polyneuropathy</p>

Drugs treating Erectile Dysfunction

Centrally	<ul style="list-style-type: none"> Androgen for desire. Apomorphine for arousal.
Peripherally	<p>Prostaglandin analogue (+AC), Sildenafil & other PDE-5 inhibitors (-PDE5), Papaverine (-PDE2,3,4) & Phentolamine (-α₁)</p>

Selective PDE5 Inhibitor

(Orally) - **Sildenafil, Vardenafil, Tadalafil, Avanafil**

MOA	<ul style="list-style-type: none"> Inhibit PDE5 which prevent breakdown of cGMP, and that leads to pertain vasodilatation and erection (increase blood flow to corpus cavernosum). They do not affect the libido, so sexual stimulation is essential to a successful (At recommended doses, PHE-5 inhibitors have no effect in the absence of sexual stimulation). ❖ Pharmacodynamic actions relevant to PDE5 inhibition: <ul style="list-style-type: none"> VSMCs of erectile tissue of penis (vascular smooth muscle cells (VSMCs)). Other VSMCs (lung, brain...), heart. Other non-VSMCs (prostate, bladder, seminal vesicle, GIT...). Platelets. Other tissues (testis, skeletal muscles, liver, kidney, pancreas...).
Uses	<ul style="list-style-type: none"> Erectile dysfunction; 1st line therapy. All types have similar efficacy. Pulmonary hypertension. BPH (Benign prostatic hypertrophy) and premature ejaculation.

Summary-2

Selective PDE5 Inhibitor (cont.)

ADRS	<ul style="list-style-type: none"> ❖ Common ADRs: <ul style="list-style-type: none"> ○ Abnormal vision → more with Sildenafil. ○ Myalgia & back pain → Tadalafil ○ Sperm functions → decreased with Tadalafil ○ QT prolongation → prolonged with ildenafil ❖ Major less common ADRs: <ul style="list-style-type: none"> ○ IHD and AMI (with large dose or on nitrates), Hypotension in patients on a-blockers more than with other antihypertensives, Bleeding; epistaxis, Priapism; if erection lasts longer than 4 hours (emergency situation). ❖ Major rare ADRs: Ischemic Optic Neuropathy; can cause sudden loss of vision & Hearing loss.
P.K	<p>Absorption:</p> <ul style="list-style-type: none"> • Fatty food interferes with Sildenafil & Vardenafil absorption, so taken on <u>empty</u> stomach (at least 2 hours after food). While Tadalafil and Avanafil are not affected by food. <p>Metabolism:</p> <p>All by hepatic CYT3A4 (Tadalafil more than the rest) thus:</p> <ul style="list-style-type: none"> • Increase ADRs with enzyme inhibitors: Erythromycin & Clarithromycin, Ketoconazole, Cimetidine, Tacrolimus, Fluvoxamine, Amiodarone...etc. • Decrease efficacy with enzyme inducers: Rifampicin, Carbamazepine, Phenytoin. <p>Note:</p> <ul style="list-style-type: none"> • Avanafil has the advantage of been given 30 min before intercourse. • Tadalafil must be given every 72 hours if used with enzyme inhibitors.
C.I	<ul style="list-style-type: none"> ○ Hypersensitivity to drug. ○ Patients with history of AMI, stroke or fatal arrhythmias <6 months. ○ Nitrates → total contraindication. What should we do? PDEIs in small dose + spacing at least 24hours (48 hours with Tadalafil) for fear of developing IHD/AMI due to severe hypotension (see detailed mechanism in antianginal drugs).
Precautions	<ul style="list-style-type: none"> ○ With alpha blockers (except tamsulosin) → orthostatic hypotension ○ With hepato/renal insufficiency. ○ With Quinidine, procainamide, amiodarone (class I & III antiarhtmics) (Vardenafil). ○ Dose adjustment when using drugs that have interaction on hepatic liver microsomal enzymes (inhibitors or inducers). ○ Retinitis pigmentosa.

Other oral drugs

Testosterone	<ul style="list-style-type: none"> ○ Given to those with hypogonadism or hyperprolactenemia ○ Given for promotion of desire.
Apomorphine	<ul style="list-style-type: none"> ○ A dopamine agonist on D2 receptors. ○ Activates arousal centrally; Erectogenic + Little promotion of desire. ○ Given sublingual. Acts quickly. ○ Not FDA approved. Weaker than PDE5. ○ Safe with nitrate. ○ Uses: Given in mild to moderate cases, psychogenic, and if PDE5 is contraindicated. ○ ADRS: Nausea, headache, and dizziness,
Oral phentolamine	<ul style="list-style-type: none"> ○ alpha1 blocker / debatable efficacy.

Other drugs

ROA	Trans-urethraloral	Intra-cavernosal Inj.	Topical
MOA	<p>Alprostadil:</p> <ul style="list-style-type: none"> ❖ Prostaglandin E1 analogue → ↑cAMP. ❖ P.K: ○ Low to Intermediate Efficacy. ○ Minimal systemic effects. ○ Rarity of drug interactions. 	<ol style="list-style-type: none"> Alprostadil: ProstaglandinE1 → ↑cAMP. *Needs training Papaverine; ProstaglandinE1 → ↑cAMP Phentolamine; alpha1 blocker. <p>They are combined with each other in severe cases.</p>	<ul style="list-style-type: none"> ○ 20% Papaverine: ↑cAMP + cGMP. ○ 2% Minoxidil: NO donor + K channel opener. ○ 2% Nitroglycerine. <p>+ a drug absorption enhancers.</p> <p>Female Partner can develop: hypotension, headache because of vaginal absorption.</p>
ADRS	<p>Urethral bleeding / Urethral tract infection. Vasovagal reflex / Hypotension. Priapism or Fibrosis → rare</p>	<p>With Alprostadil:</p> <ul style="list-style-type: none"> • Pain or bleeding at injection site. Cavernosal fibrosis. Priapism 	

Treatment of Priapism

- Aspirate blood to decrease intracavernous pressure.
- Intracavernous injection of **Phenylephrine** (alpha1 agonist) → detumescence

1- Centrally acting antihypertensive causes ED?

- A. Reserpine
- B. Finasteride

2- What is the MOA of Finasteride?

- A. a reductase inhibitor
- B. \uparrow 5HT in synapse and act on 5HT₂ \downarrow DA release \rightarrow \downarrow arousal

3- Sildenafil has been prescribed for years to treat erectile dysfunction. Recently, this drug is also being used for what condition?

- A. vasospastic angina.
- B. supraventricular tachycardia.
- C. Cyanide poisoning.
- D. Raynaud disease.
- E. Pulmonary hypertension.

4- Which of the following is incorrect about selective PDE-5 Inhibitors?

- A. They block the conversion of cGMP into GMP.
- B. They inhibit PDE-5.
- C. All types have similar efficacy.
- D. They affect libido.

5- Sildenafil is contraindicated in patients taking the following class of drugs:

- A. α -adrenergic blockers
- B. β -adrenergic blockers
- C. Organic nitrates
- D. Angiotensin converting enzyme inhibitors

6- The following is a selective α_2 adrenoceptor antagonist:

- A. Prazosin
- B. Phentolamine
- C. Yohimbine
- D. Clonidine

7- A 66-year-old man complained of decreased libido and difficulty maintaining an erection. He is concerned about the use of drugs to restore sexual function, particularly about the need to time therapy with anticipated sexual activity. Which one of the following statements is true:

- A. Sildenafil is indicated for this patient because of its long duration of action.
- B. Vardenafil in a film-coated tablet is indicated for this patient because its absorption is not affected by food.
- C. Vardenafil in an orally disintegrating tablet is indicated for this patient because of its long duration of action.
- D. Tadalafil is indicated for this patient because of its long duration of action.

Thank you for checking our team!



Pharmacology 435

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Sources:

1. 435's slides.
2. Pharmacology (Lippincotts Illustrated Reviews Series), chapter 29, 5th edition.