

		1. Relations & boundaries		
		Anterior	Medial	Lateral
Ovaries		Broad ligament (mesovarium)	Ligament of ovary	Fimbriae of the uterine tube
		Anterior	Posterior	Lateral
Uterus	Fundus + body + supravaginal part	Superior surface of urinary bladder	sigmoid colon	uterine artery
	Vaginal part of cervix	Anterior fornix of vagina	posterior fornix of vagina	lateral fornices of vagina
vagina	In pelvis	Urinary bladder	Rectum	Ureters
	In perineum	Urethra	anal canal	
False pelvis		Lower part of the anterior abdominal wall.	Lumbar vertebrae.	Iliac fossae and the iliacus muscle.
True pelvis	Inlet	<ul style="list-style-type: none"> • symphysis pubis. 	<ul style="list-style-type: none"> • Promontory of sacrum, • ala of sacrum. 	Ileopectineal (arcuate) lines.
	Outlet		<ul style="list-style-type: none"> • Coccyx 	Anterolaterally: ischiopubic ramus Posterolaterally: Sacrotuberous ligament.
Pelvic walls		Posterior surfaces of the bodies of: <ul style="list-style-type: none"> • the pubic bones, • the pubic rami, and • symphysis pubis. 	<ul style="list-style-type: none"> • Sacrum & coccyx, • piriformis muscles and their covering of parietal pelvic fascia. 	1- Part of the hip bone below the pelvic inlet 2- Obturator internus and its covering fascia 3- Sacrotuberous ligament. 4- Sacrospinous ligament.
Female perineum	Urogenital triangle anteriorly.	<ul style="list-style-type: none"> • Mons pubis • Symphysis pubis. 	Transverse line passing through the 2 ischial tuberosities.	<ul style="list-style-type: none"> • Medial surfaces of the thighs • Ischiopubic rami, • ischial tuberosities
	Anal triangle posteriorly.	Transverse line passing through the 2 ischial tuberosities.	<ul style="list-style-type: none"> • Coccyx • Intergluteal folds 	<ul style="list-style-type: none"> • ischial tuberosity & • sacrotuberous ligaments.
Anal canal		<ul style="list-style-type: none"> • Perineal body, • urogenital diaphragm, and • lower part of vagina 	<ul style="list-style-type: none"> • Anococcygeal body. 	<ul style="list-style-type: none"> • Ischiorectal fossae.
Prostate		<ul style="list-style-type: none"> • Symphysis pubis (SP). 	Rectum (important for PR Examination)	Medial margins of levator ani muscles (levator prostate)
		Superior: Neck of urinary bladder. Inferior: Urogenital diaphragm (UGD).		
Breast		Base: Extends from 2nd to 6th ribs & from the sternum to the midaxillary line <ul style="list-style-type: none"> • 2/3 of its base lies on the pectoralis major muscle • its inferolateral 1/3 lies on: Serratus anterior & External oblique muscles. • Its superolateral part sends a process into the axilla "axillary tail or process". 		Apex (Nipple & Areola) <ul style="list-style-type: none"> • The nipple lies opposite 4th intercostal space.

2. Muscles:					
		Origin	Insertion	Action	Nerve supply
Piriformis		Pelvic surface of the middle 3 sacral vertebrae.	It leaves the pelvis through the <u>greater sciatic foramen</u> to insert into the greater trochanter of the femur .	<ul style="list-style-type: none"> Lateral rotators of the femur at the hip joint. 	Sacral plexus directly.
Obturator Internus		Inner surface of the obturator membrane and the hip bone .	It leaves the pelvis through the <u>lesser sciatic foramen</u> to be inserted into the greater trochanter of the femur .		Nerve to obturator internus.
Levatores ani muscles	Pubococcygeus	<ol style="list-style-type: none"> posterior surface of the body of the pubis Tendinous arch of the obturator fascia Spine of the ischium. 	<ul style="list-style-type: none"> perineal body and coccyx. 	- forms a sling around the prostate or the vagina to support the prostate (levator prostatae) or constrict the vagina (sphincter vaginae) - stabilizes the perineal body maintaining fecal continence as it forms a sling around the recto-anal Junction.	<ol style="list-style-type: none"> perineal branch of the fourth sacral nerve perineal branch of the pudendal nerve.
	Puborectalis				
	Iliococcygeus		<ul style="list-style-type: none"> anococcygeal body and the coccyx 		
		General functions of levator ani muscles: <ul style="list-style-type: none"> Support pelvic organs Resist the rise in intra pelvic pressure during the straining and expulsive efforts of the abdominal muscles (as in coughing). Form the pelvic floor (pelvic diaphragm) which separate pelvis from perineum, traversed by urethra, vagina & rectum 			
	Ischiococcygeus	<ul style="list-style-type: none"> ischial spine 	anococcygeal body and the coccyx		
	Coccygeus		Lower end of sacrum and coccyx	Assist the levator ani in supporting the pelvic viscera	branches of the 4th and 5th sacral nerves
The Dartos muscle		Lies within the superficial fascia & replaces Scarpa's fascia		It Regulates testicular temperature, which promotes spermatogenesis.	The genital branch of the GFN (L1,2)
The cremaster muscle		Found between the external and internal layers of spermatic fascia, insert into the tunica vaginalis underneath the testis.		Cremasteric reflex is used for evaluation of testicular pain If normal reflex is present: Epididymitis If absent (no Testicle rise): Testicular Torsion , but also absent in 50% of boys under age 30 months.	Sensory: femoral branch of (GFN) & Ilioinguinal N. Motor: genital branch of (GFN).

		3. Others	
		Overview	Function
Perineal Body		<ul style="list-style-type: none"> Perineal body is an irregular fibromuscular mass of variable size and consistency, located at midpoint of the line between the ischial tuberosities Lies in the subcutaneous tissue, posterior to vaginal vestibule and anterior to the anal canal & anus 	<ul style="list-style-type: none"> Gives attachment to perineal muscles Plays an important role in visceral support especially in female Forms the central point of the perineum & blends anteriorly with the perineal membrane
Anococcygeal body		<ul style="list-style-type: none"> The anococcygeal body is a complex musculotendinous structure Situated between the anterior aspect of the coccyx and the posterior wall of the anorectal canal 	<ul style="list-style-type: none"> Receives insertion of fibers of levator ani muscle
		Boundaries	Contents
Perineal Pouches/ spaces	Superficial	<ul style="list-style-type: none"> Inferiorly: deep membranous layer of superficial fascia (colle's fascia). Superiorly: Inferior fascia of the urogenital diaphragm (Perineal membrane) Laterally: ischio pubic rami 	<ul style="list-style-type: none"> Bulbs of vestibule: on each side of vaginal orifice. Crura of clitoris. Superficial perineal muscles: <ul style="list-style-type: none"> Bulbospongiosus muscle, surrounds orifice of vagina and covers vestibular bulb. Ischiocavernosus muscle, covers crus of clitoris on each side. Superficial transverse perineal muscles. Greater vestibular (Bartholin) glands: on each side of vaginal orifice. Perineal branch of pudendal nerve supplying muscles & skin.
	Deep	<ul style="list-style-type: none"> Inferiorly: Inferior fascia of the urogenital diaphragm (Perineal membrane) Superiorly: Superior fascia of the urogenital diaphragm Laterally: Inferior portion of obturator internus fascia. 	<ul style="list-style-type: none"> Part of urethra & Part of vagina Sphincter urethrae muscle, which is pierced by urethra & vagina. Deep transverse perineal muscles Internal pudendal vessels Dorsal nerve of clitoris
Ischiorectal Fossa		<ul style="list-style-type: none"> Base: <i>Skin of the perineum.</i> Medial wall: <i>Levator ani & anal canal.</i> Lateral wall: <i>Obturator internus, covered with fascia.</i> 	<ul style="list-style-type: none"> Dense fat. Pudendal nerve & internal pudendal vessels within the pudendal canal (A fascial canal formed by obturator fascia) Inferior rectal nerve & vessels crossing the fossa to reach anal canal.
ligaments of cooper		<ul style="list-style-type: none"> fibrous strands which connect the skin with deep fascia of pectoralis major. Separates lobes and lobules of mammary gland (<i>mammary gland is separated from the deep fascia covering the underlying muscle by a layer of loose areolar tissue which forms the retromammary space</i>) 	

4. Supply				
	Arteries	Veins	Lymph	Nerves Innervation
Ovaries	<u>Ovarian (abdominal aorta)</u>	Ovarian (to inferior vena cava & left renal vein)	To para-aortic lymph nodes (in abdomen)	Ovarian plexus (in abdomen)
Uterine tube	<ul style="list-style-type: none"> • <u>Ovarian</u> • <u>Uterine</u> 	<ul style="list-style-type: none"> • Ovarian • Uterine 	<ul style="list-style-type: none"> • Para-aortic • Internal iliac 	<ul style="list-style-type: none"> • Ovarian plexus • Inferior hypogastric plexus
Uterus	<u>Uterine (internal iliac artery in pelvis)</u>	Uterine plexus (to internal iliac vein)	To internal iliac lymph nodes (in pelvis)	Inferior hypogastric plexus (in pelvis)
Vagina	<u>Vaginal (internal iliac artery in pelvis) & Vaginal branch of the uterine artery</u>	Vaginal plexus (to internal iliac vein)		
Pelvis	<p><u>(I) Internal iliac artery (IIA):</u></p> <ul style="list-style-type: none"> • Arises in front of the sacroiliac joint. It descends downward & backwards over the pelvic inlet. • It divides at the upper border of the <u>greater sciatic foramen</u> into Anterior & Posterior divisions.¹ <p><u>(II) Ovarian artery:</u> Arises from the abdominal aorta.</p>	<p><u>(I) Internal iliac veins:</u> collect tributaries corresponding to the branches of the internal iliac artery.</p> <p><u>(II) Ovarian vein:</u> - Right vein drains into IVC - Left vein drains into left renal Vein.</p>	<p>LN's and vessels are arranged in a chain along the main blood vessels. Thus, there are external iliac, internal iliac, and common iliac nodes. Lymph from Common iliac nodes, ovaries, uterine tubes & fundus of uterus passes to Lateral aortic (para-aortic) nodes.</p>	<ul style="list-style-type: none"> • <u>Somatic:</u> Sacral plexus • <u>Autonomic:</u> <p><u>1. Sympathetic:</u> (I) Pelvic part of sympathetic trunk: The 2 sympathetic trunks unite inferiorly in front of the coccyx and form a single ganglion (Ganglion Impar).</p> <p>II- Superior & Inferior Hypogastric plexuses</p> <p><u>2. Parasympathetic:</u> Pelvic splanchnic nerves (From S 2, 3 & 4). MMN: Sacral two, three, four. Keep shut of the floor.</p>

¹ Branches of internal iliac artery:

<p>Posterior division Supplies:</p> <ol style="list-style-type: none"> 1. Posterior abdominal wall. 2. Posterior pelvic wall. 3. Gluteal region. <p>Branches from posterior division:</p> <ol style="list-style-type: none"> 1. Iliolumbar artery. 2. Lateral sacral arteries (2 branches.) 3. Superior gluteal artery. <p>*Blue = parietal branches*</p> <p>*Orange = visceral branches*</p>	<p>Anterior division supplies:</p> <ol style="list-style-type: none"> 1. Gluteal region. 2. Perineum. 3. Pelvic viscera. 4. Medial (adductor) region of thigh 5. The fetus (through the umbilical arteries). <p>Branches from anterior division:</p> <ol style="list-style-type: none"> 1. Obturator artery. 2. Inferior Gluteal artery. 3. <u>Umbilical artery:</u> Gives the superior vesical artery: The distal part of this artery fibroses and forms the Medial Umbilical Ligament. 4. <u>Inferior Vesical artery</u> in male or vaginal in female: In the male it supplies the <u>Prostate</u> and the <u>Seminal Vesicles</u>. <ul style="list-style-type: none"> • The <u>artery of the Vas Deferens</u> (in male) arises from the superior or the inferior vesical artery. 5. <u>Middle rectal artery</u> 6. <u>Internal pudendal artery:</u> It is the main arterial supply to the perineum. 7. <u>Uterine artery:</u> Crosses the Ureter superiorly and supplies the uterus & uterine tubes.
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Anal canal		Arteries	Veins	Lymph	Nerves Innervation
Upper half (sensitive to stretch)	Superior rectal artery (continuation of the <i>inferior mesenteric artery</i>)	Superior rectal vein drained into the inferior <i>mesenteric vein</i> (portal circulation).	Para- rectal nodes drained into <i>inferior mesenteric lymph nodes</i>	Visceral motor (<i>sympathetic & parasympathetic</i>).	
Lower half (sensitive to pain)	Inferior rectal a. (branch of internal pudendal artery)	Inferior rectal vein drained into the internal <i>pudendal vein</i> (Systemic circulation).	Superficial inguinal lymph nodes	Somatic motor & sensory nerves (Inferior rectal N. branch of pudendal N.): supplies external sphincter muscle of the anus and skin of the anal region.	
Testis	Testicular artery: It is a direct branch from the abdominal aorta .	Pampiniform plexus converge as it approaches the inguinal canal and form the Testicular vein . -Right Vein drains into IVC . -Left Vein drains into Left Renal Vein .	Testicular Lymphatics: Follow arteries and veins End in Lumbar (para-aortic) nodes Lymph from scrotum, penis, prepuce: Terminate in Superficial Inguinal nodes		
Prostate	Inferior vesical artery	Prostatic venous plexus: Drains into internal iliac veins . Continuous <u>superiorly with the vesical venous plexus</u> and <u>posteriorly to the internal vertebral venous plexus</u>	Internal iliac lymph nodes.		
Breast	1. <u>Perforating and mammary branches of internal thoracic (internal mammary) artery</u> . 2. <u>Mammary branches of lateral thoracic artery</u> . 3. <u>Mammary branches of lateral cutaneous branches of posterior Intercostal arteries</u> .	-Veins are corresponding to the arteries. -Circular venous plexus is found <u>at the base of nipple</u> , Finally draining into axillary & internal thoracic veins .	Subareolar & Deep lymphatic² plexuses of the breast drainage: <ul style="list-style-type: none"> • Central & lateral parts (75%) → pectoral group of axillary LN • Upper part → apical group of axillary LN. • Medial part → internal thoracic (parasternal) LN, but Some pass <u>across</u> the sternum to <u>anastomose with</u> that of opposite breast. • Inferomedial part lymphatics anastomose with <u>lymphatics of rectus sheath & linea alba</u>, and some vessels pass deeply to <u>anastomose with</u> the sub diaphragmatic lymphatics. 		

- لولوه الصغير

² Lies on the deep fascia covering pectoralis major.