# Human Factors & Patient Safety

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## Objectives

- After completing this lecture you should:
  - Define and describe the Human Factors and its relation to patient safety
  - Recognize the importance of applying human factors in healthcare
  - Summarize the impact of Human Factors on people's health and patient safety
  - Differentiate between the different types of Medical Errors
  - Describe several specific Actions to reduce medical errors as related to Humans Factors

## Introduction

- Delivering healthcare can place individuals, teams and organizations under pressure
- In such intense situations, decision making can be compromised, impacting on the quality of care, clinical outcomes, and potentially causing harm to the patient; poor performance also increases costs



## What are Human Factors

Human factors refer to environmental, organizational and job factors, and human and individual characteristics which influence behavior at work in a way which can affect health and safety.

## What are Human Factors

Human factors can be defined as anything that affects an individual's performance.

## What are Human Factors

A simple way to view human factors is to think about three aspects:

- ▶ The job
- ▶ The individual
- The organization/environmental

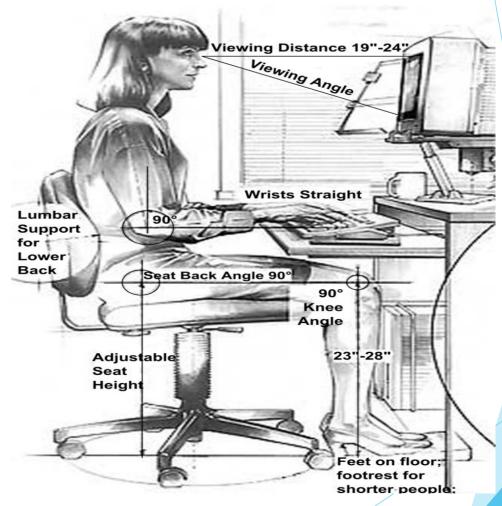
and how they impact on people's health and safety-related behaviour.' (HSE, 1999 p2).

## **Human Factors-The Job**

#### Including:

- Nature of the task
- Workload

This includes matching the job to the physical and the mental strengths and limitations of people.



## **Human Factors-The Individual**

#### Including:

- Competency
- Skills (changeable)
- Personality, attitude(fixed)
- Risk perception
- Sleep deprivation
- Individual characteristics influence behavior in complex ways.



## **Human Factors-The Organization**

#### Including:

- Work patterns
- The culture of the workplace, resourcesCommunications
- Leadership and so on.



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## The Benefits of Applying Human Factors in Healthcare

Awareness of human factors can help you to:

- ► To prevent Medical Errors.
- Understand why healthcare staff make errors.
- Identify 'systems factors' threaten patient safety.
- ▶ To prevent occupational accidents and ill health.

## Medical errors

Failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim, such as:

- Retained surgical instruments
- Restraint -related injuries

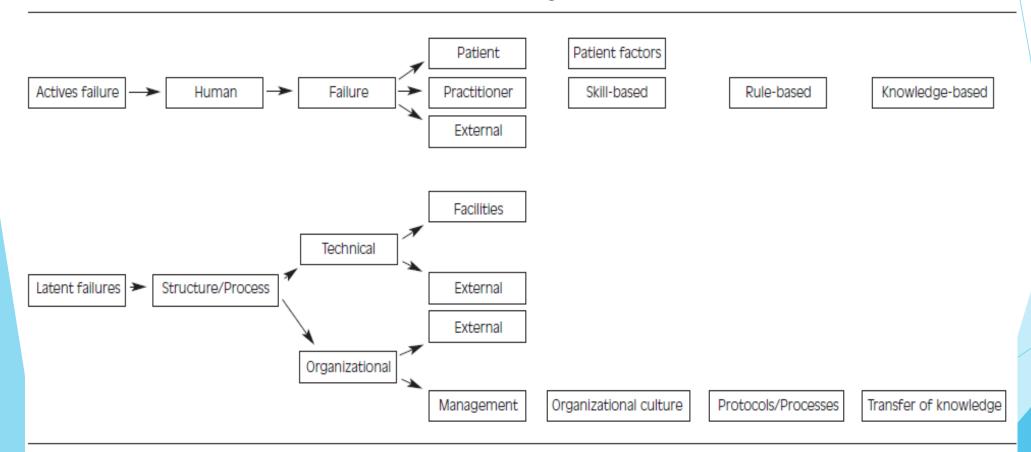


## King Saud University Medical City (KSUMC) -Medical Errors

- Expired medication dispensed
- Un planned hysterectomy
- Wrong Sponge counting
- Self extubation
- Wrong patient ID, went to wrong procedure
- Wrong medication delivered
- Wrong dose administered

## Sources of Error

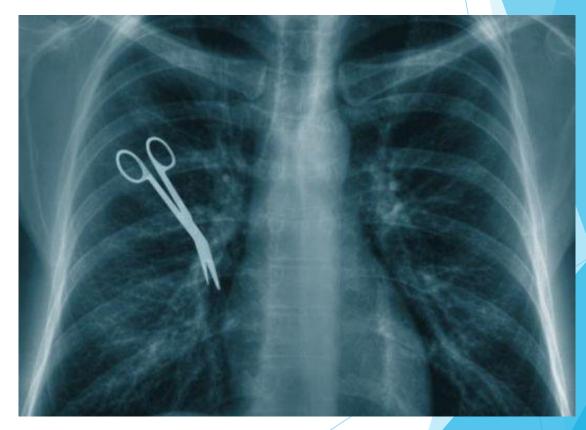
Table I. Classification of causes (JCAHO - Joint Commission on Accreditation of Healthcare Organizations).



Modified from Chang et al., 2005 5.

## The Most Common Medical Errors

- Wrong site surgery (13.4%)
- Patient suicide (11.9%)
- Operative and post operative complication (10.8%)
- Delay in treatment (8.6 %)
- Medication error (8.1 %)
- Patient fall (6.4 %)



## Burden of the Medical Errors

How many of you know or had come cross any Medical Error?

## **Causes of Medical Errors**

**Healthcare Complexity** 

System and Process Design

**Environmental factors** 

Infrastructure failure.

Human Factors and Ergonomics

### **Causes of Medical Errors**

#### 1- Healthcare Complexity

- Complicated technologies
- Drugs interaction.
- Intensive care
- Prolonged hospital stay.
- Multidisciplinary approach

#### 2- System and Process Design

- ► Inadequate communication,
- Unclear lines of authority

## Cont:

#### 3- Environmental factors.

- Over crowded services
- Unsafe care provision areas
- Areas poorly designed for safe monitoring

#### 4- Infrastructure failure.

- Lack of documentation process
- ► Lack of continuous improvement process

## Cont:

#### 5- Human Factors and Ergonomics

- Hungry
- Angry/ Emotions
- Late/ lazy
- ► Tired/fatigue/sleep less
- lack of skilled workers.
- Lack of training.



## Actions to Reduce Medical Errors as Related to Humans Factors

#### Organizational level

organizational

Management and Human

Factors

#### individual level

Making your care and work safer

## Actions to Reduce Medical Errors as Related to Humans Factors

- Part 1: Organizational Management and Human Factors
  - Developing a positive safety culture
    - >Just culture
    - ► Reporting culture (e-OVR Reporting system)
    - Learning culture (Morbidity and mortality review process)
  - Human factors training in healthcare
  - Develop Clinical Practice Guidelines, protocols, algorithms.. etc

### Cont:

- Part 2: Making your care and work safer (individual level )
  - Stress
    - Focus first on the tasks that are high risk or where it is particularly important
    - Quickly allocate a clear leader

#### Storage

▶ Look at the products you use and have stored. E.g Look-alike packaging

#### Physical demands

- Physical tiredness :get enough sleeping before your duty
- Demands exceeding capability: Most people at some time overestimate their abilities or underestimate their limitations.

#### Teamwork

- Briefing and debriefing can help teams develop a shared mental model of a planned procedure or a patient's clinical status
- SBAR (Situation, Background, Assessment, Recommendation)

#### The physical environment

Poor lighting: Look at the lighting in the areas where you need to perform detailed or complex tasks

## **Case Study**

- A child with a known penicillin allergy was prescribed and administered an intravenous dose of an antibiotic of the penicillin class2
- A child was due to have a pacemaker fitted. On pre-admission an allergy to penicillin was recorded. This was noted on both the nursing admission assessment form and the anesthetic record chart. Prior to operation, the allergy was discussed with the specialist pediatric cardiology registrar, the consultant pediatric anesthetist, anesthetic specialist registrar and the cardiology consultant. However, following the procedure the patient's plan included intravenous and oral penicillin.

## Cont..... Case Study

## How did this happen?

- There was no up-to-date protocol on what other antibiotics should be used if a pediatric cardiac patient has a penicillin allergy
- ► There was no clear record of the allergy in the medical
- No system was in place to prevent penicillin prescription when a known allergy was recorded.
- A number of appropriate checks were not followed prior to administration of the antibiotics.
- During independent checks, neither nurse checked allergy status, and both were under pressure to complete tasks.
- The patient's allergy band was on the same side as their identity band, both of which were covered with a bandage for an intravenous drip.

## Cont..... Case Study

Do you think the outcome could be quite different if human factors had been taken into account?

How we can prevent such error by applying human factors in healthcare?

## OVR(Occurrence Variance Reporting) or IR(Incident Reporting)

Occurrence : An Occurrence is defined as any event or circumstance that deviates from established standards of care & safety.

**OVR**: an internal form/system used to document the details of the occurrence/event and the investigation of an occurrence and the corrective actions taken.

## **KSUMC** Reporting System

http://10.135.196.38/Datix/live/index.php?action=login

