

Thalamus and Limbic System

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KING SAUD UNIVERSITY







Objectives

At the end of the lecture, the students should be able to:

- \checkmark Describe the anatomy and main functions of the <u>thalamus</u>.
- \checkmark Name and identify different <u>nuclei</u> of the thalamus.
- ✓ Describe the main <u>connections</u> and <u>functions</u> of thalamic nuclei.
- \checkmark Name and identify different parts of the <u>limbic</u> system.
- \checkmark Describe main <u>functions</u> of the limbic system.
- \checkmark Describe the effects of <u>lesions</u> of the limbic system.

Thalamus

- $\circ~$ It is the largest nuclear mass of the whole body.
- \circ It is the largest part of the diencephalon
- It is formed of: two oval masses of grey matter.
- It is the gateway to the cortex. (the last station for sensory fibers before it project to the cortex)
- Resemble a small hen.



- Together with the hypothalamus they form the lateral wall of the 3rd ventricle.
- The *thalamus* sends received information to the cerebral cortex from <u>different brain regions</u>.
- Axons from every sensory system (except olfaction) synapse in the thalamus as the last relay site 'last pit stop' before the information reaches the cerebral cortex.
- There are some thalamic nuclei that receive input from:
 - 1. Cerebellar nuclei,
 - 2. Basal ganglia
 - 3. Limbic-related brain regions.



02:04



Thalamus Relations Relation = surfaces

It has 4 surfaces & 2 ends.

Surfaces:





Ends:

Superior: (S)Inferior: (I)Lateral ventricle and fornix.Hypothalamus, anteriorly &
Subthalamus posteriorly.Medial: (3)Lateral:(L)The 3rd ventricle In some
people it is connected to the
thalamus of the opposite
side by the interthalamic
connexus, (adhesion) or
Massa intermedia.Lateral:(L)

Anterior end:

Forms a projection, called the **anterior tubercle**. It lies just behind the interventricular foramen*.

Posterior end: (Broad عريض)

Forms a projection called **Pulvinar** which lies above the superior colliculus and the lateral & medial Geniculate bodies.

Thalamus Internal Structure

White matter:

- O **External medullary lamina**: Lamina or fiber
 - Covers the lateral surface.
 - It consists of *thalamocortical* & *corticothalamic* fibers.

o Internal medullary lamina:

- Bundle of Y- shaped myelinated (afferent & efferent) fibers.
- It divides the thalamus into: anterior*, medial, lateral nuclear groups.
- Each of these group is subdivided into a number of named nuclei.

*Has a relation with limbic system

- o Embedded within the internal medullary lamina lie the intralaminar nuclei.
- The **external medullary lamina** covers the lateral surface; in which lies the reticular nucleus.





Thalamus Lateral Nuclear Group

Lateral Nuclear Group is divided into: **Dorsal & Ventral tiers** tier = group

Ventral Tier
1. Ventral Anterior (VA)
2. Ventral Lateral (VL)
3. Ventral Intermediate (VI)
4. Ventral Posterior (VP) (lateral: PLVNT & medial: PMVNT)
5. Medial geniculate nuclei
6. Lateral geniculate nuclei

VL and VI are the same (have the same function)



Thalamus **Projection of Nuclei**

This slide is important!



	Afferent	Efferent
Anterior Thalamic Nucleus	Mammillary body. Which is part from hypothalamus	Cingulate gyrus, (part of limbic system)
Medial Nucleus	Hypothalamus.	Prefrontal cortex & Frontal cortex Only on the girls' slides
Ventral Anterior Nucleus	Globus pallidus body and substania nigra.	Premotor cortex. In frontal lobe
Ventral Lateral Nucleus and VI	Dentate Nucleus From cerebellum	Primary Motor Cortex. In frontal lobe in precentral gyrus
Ventral Posterior Lateral Nucleus	Medial and Spinal leminsci.	Sensory Cortex. Postcentral gyrus in partial lobe
Ventral Posterior Medial Nucleus	Trigeminal Leminiscus	Sensory Cortex.
Lateral Geniculate Nucleus	Optic tract	Visual Cortex. In occipital lobe
Medial Geniculate Nucleus	Lateral Leminiscus	Auditory Cortex. In superior temporal lobe





- The term "limbic" is from the Latin word *Limbus,* for "border" or "edge".
- <u>It separates</u> the medial surface of the cerebral cortex from the diencephalon
- It consists of a number of cortical & subcortical structures with looped connections that all project to the hypothalamus (particularly mammillary bodies Only on the girls' slides).





What is the function of the limbic system?

It controls a variety of functions including:



These are the general functions of the limbic system but certain parts are more responsible for certain things, ex: hippocampus and memory

- The limbic system is composed of <u>four</u> main structures:
 - 1. Limbic cortex
 - 2. <u>Amygdala</u>.
 - 3. <u>Hippocampus</u>
 - 4. Septal area.



- These structures form connections between the limbic system and the hypothalamus, thalamus and cerebral cortex.
- The hippocampus is important in <u>memory</u> and <u>learning</u>, while the limbic system itself is important in the control of the <u>emotional responses</u>.







	1. Limbic lobe.	
	2. Hippocampal formation.	
CORTICAL	3. Septal areas (Fornix, connecting the	
STRUCTURES hippocampus with mammillary bodies and se		
	nuclei).	Only on the boys' slides
	4. Prefrontal area (part of olfactory system)	

Cingulate gyrus Septum Oltactory bulb Mamillary body

Note: Subcortical structures are like amygdala and hypothalamus

Limbic Lobe

- C-shaped ring of **grey matter** on the <u>medial side</u> of each cerebral hemisphere, surrounding the corpus callosum.
- \circ It includes:
 - 1. Subcallosal area
 - 2. Cingulate gyrus
 - 3. Isthmus
 - 4. Parahippocampal gyrus
 - 5. <u>Uncus</u>.



Hippocampus

- It is a **limbic system** structure that is involved in:
 - Formation,
 - Organization, and
 - Storage of memories.
- It is important in forming new memories and connecting emotions and senses, such as smell and sound, to memories.
- It is a horseshoe paired structure, one in each cerebral hemisphere.
- It acts as a <u>memory indexer</u> by sending memories to the appropriate part of the cerebral hemisphere for long-term <u>storage</u> and <u>retrieving</u> them when necessary.

Extra:

A patient once had his hippocampus removed as a treatment for seizures.

After the surgery the seizures stopped but the patient was not able retain or make any new memories. To learn more about this patient:

https://bigpictureeducation.com/brain-case-study-patient-hm https://www.youtube.com/watch?v=KkaXNvzE4pk



The hippocampus got its name because it looks like a seahorse



Hippocampus

○ SITE:

It is a scrolled (**infolding**) structure in the <u>inferomedial</u> part of the temporal lobe.



• FUNCTION:

Memory (file new memories as they occur).

The hippocampus & its connections are necessary for *consolidation of new short-term memories.*

- Its principal efferent pathway is called the: FORNIX:
 - It is C-shaped group of fibers <u>connecting</u> the <u>hippocampus</u> with <u>mammillary body</u>.
 - it consists of:

2 Fimbria, 2 Crus, 1 Body & 2 Column.

• The Fornix is an important component of PAPEZ CIRCUIT (based on connecting the hypothalamus with limbic lobe to control emotions).





Amygdala

○ *SITE*:

almond shaped mass of nuclei that lies near (deep within) the temporal pole, close to the <u>tail of the caudate</u> nucleus.

• FUNCTION:

It is involved in

- 1. Emotions
- FEAR
- Anger
- 2. Hormonal secretions



Connections of Amygdala				
INPUTS:	OUTPUTS:			
Association areas of visual, auditory	Hypothalamus &			
& somatosensory cortices.	Autonomic nuclei in the brain stem,			



LESION: Lack of emotional responses* & docility

*Specifically fear and anger

Septal Nuclei تبع السعادة والهنا ٢

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• SITE:

Located anterior to the **interventricular septum**

*located behind the thalamus

- MAIN CONNECTIONS: Ο
 - 1. To Hypothalamus
 - 2. To Habenular nuclei*
- FUNCTION: Ο It is the **pleasure** zone.





Fomix

Hippocampal

formation

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Lateral ventricles Interventricular

foramen

Third ventricle

Inferior tip of lateral ventricle

Aqueduct of

Fourth ventricle

midbrain

Lesions Associated with Limbic Lobe Disorders

1. Korsakoff's psychosis

- Korsakoff syndrome is a chronic memory disorder caused by severe deficiency of *thiamine* (vitamin B-1) & alcoholic intoxication.
- (<u>Retrograde</u> = loss of <u>new memories</u> at the time of lesion with loss of retained <u>old memories</u> occurred before the injury & <u>anterograde</u> <u>amnesia</u> = inability to gain <u>new memories</u>)
- 2. Temporal lobe epilepsy
 - The **hippocampus** is a <u>common focus site</u> in epilepsy, and can be damaged through chronic seizures.
 - It is sometimes damaged in diseases such as herpes encephalitis.
- 3. Alzheimer's disease:
 - The **hippocampus** is one of the first brain areas to show damage in Alzheimer's disease.
- 4. Schizophrenia:
 - mental disorder with inappropriate actions and feelings.
- 5. Anterograde amnesia
 - the <u>inability</u> to form and retain new memories.





Summary

Thalamic Internal structures	
	Superior s
 External medullary lamina -> consists of 	Inferior su
thalamocortical & corticothalamic fibers.	Medial su
	Lateral su
Internal medullary lamina -> divides the thalamus	Anterior e
into anterior , medial & lateral nuclear groups.	Dectorior

Thalamic Relations surface-> lateral ventricle, fornix urface-> hypothalamus, subthalamus urface-> 3rd ventricle urface-> internal capsule end-> anterior tubercle Posterior end-> pulvinar, superior colliculus, geniculate bodies

Thalamus & limbic system

The limbic system

Interna

Composed of : limbic cortex , amygdala , hippocampus & septal area.

Memories -> Hippocampus

Fear & Anger -> Amygdala

Hormonal secretions -> Amygdala

Pleasure -> Septal Area

Thalamic Lateral nuclear group

• Ventral tier -> lateral dorsal , lateral posterior & pulvinar.

• Dorsal tier -> ventral anterior , ventral lateral , ventral intermediate, ventral posterior (medial & lateral), medial geniculate nucleus, lateral geniculate nucleus.

1. Which one of these is NOT cortical structure?

a) Limbic lobe.

- b) Hippocampal formation.
- c) Septal areas.
- d) Amygdala

2. Which one of these is a function of the limbic system?

a) Memory

b) Speech

c) Behavior

d) A and c

- 3. what is true about the amygdala?
- a) almond shaped mass
- b) lies far away from the temporal pole
- c) close to the tail of the caudate nucleus.
- d) A and c
- 4. What is anterograde amnesia?
- a) The inability to make new memories
- b) The inability to retain old memories
- c) Both a and b
- d) None of the above

5. Which of the following is a part of the dorsal tier of the lateral nuclear group?

- a) Ventral Intermediate (VI)
- b) Ventral Posterior (VP) (PLVNT, PMVNT)
- c) Medial & Lateral geniculate nuclei
- d) Lateral posterior

1.D 2.D 3.D 4.A 5.D

- 1. Limbic system is composed of four main structures mention 3 only:
 - 1. Limbic cortex
 - 2. Amygdala.
 - 3. Hippocampus

2. The limbic lobe includes 5 parts, mention 2:

- 1. Subcallosal area
- 2. Cingulate gyrus

3. The amygdala has four functions mention them all:

- 1. FEAR
- 2. Emotions
- 3. Anger
- 4. Hormonal secretions



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References:

- 1- Girls' & Boys' Slides
- 2- Greys Anatomy for Students
- 3- TeachMeAnatomy.com