



**MEDICINE**  
KING SAUD UNIVERSITY



MCQs

SAQs

summury

## Pharmacology of neurotransmitters

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# Summary

NT	Function	Diseases that are influenced
Acetylcholine	<ul style="list-style-type: none"> <li>Ach functions as a <b>neuro-modulator</b> which alters the way other brain structures process information.</li> <li>Ach is both excitatory and inhibitory.</li> <li>Ach is thought to <b>be involved in cognitive functions</b> such as :               <ul style="list-style-type: none"> <li>➤ <b>Memory</b></li> <li>➤ Arousal</li> <li>➤ Attention</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Damage to cholinergic receptors is associated with memory deficits as <b><u>in Alzheimer's disease.</u></b></li> <li>Muscarinic antagonists as hyoscine cause amnesia</li> <li><b>Increased brain level of Ach predispose to Parkinson's disease</b></li> <li>Schizophrenia may be due to imbalance between Ach &amp; dopamine brain levels.</li> <li>Depression may be a manifestation of a central cholinergic predominance.</li> </ul>
Dopamine	<ul style="list-style-type: none"> <li><b>Dopamine has 4 pathway to synapse in and give its action :</b></li> <li>1- In chemoreceptor trigger zone (CTZ) → (Antiemetic effect)</li> <li>2- In mesolimbic system → (psychiatric effect)</li> <li>3- In nigrostriatal system (basal ganglia) → (neurologic effect)</li> <li>4- In tuberoinfundibular pathway (lead to Hyperprolactinemia) → (endocrinal effect)</li> </ul>	<ul style="list-style-type: none"> <li><b><u>Ameliorate Schizophrenia</u></b></li> <li><b><u>Parkinson's disease</u></b></li> <li><b><u>Depression</u></b></li> <li>Drug addiction</li> <li>Attention deficit hyperactivity disorder*</li> </ul>
Norepinephrine	<p>It is a catecholamine also called noradrenaline the direct precursor of NE is dopamine The CNS effects of NE are manifested in:</p> <ul style="list-style-type: none"> <li>➤ Alertness</li> <li>➤ arousal</li> <li>➤ readiness for action.</li> </ul>	<p>A variety of medically important drugs work by altering the actions of NE e.g., for treatment of CV problems and <b>some of psychiatric conditions.</b></p> <ul style="list-style-type: none"> <li>Mood disorders:           <ul style="list-style-type: none"> <li><b><u>Mania → high NE</u></b></li> <li><b><u>Depression → low NE</u></b></li> </ul> </li> </ul>
Serotonin (5-HT)	<p>5-hydroxytryptamine (5-HT) is a monoamine.</p> <p>Primarily found in the CNS, GIT, platelets.</p> <p>It is a popular thought that serotonin is responsible for <b>feeling of well-being &amp; happiness.</b></p> <p>It plays an important role : <b>in regulation of Mood, sleep, appetite and pain perception.</b> and some cognitive functions, including memory and learning.</p>	<p>Modulation of serotonin at synapses is a major action of several classes of <b>antidepressants</b> eg <b>selective serotonin re-uptake inhibitors (SSRIs).</b></p> <p><b>Schizophrenia ,</b> Vomiting Generalized <b>anxiety,</b> Social <b>phobia</b> <b>Obsessive compulsive disorders</b></p>
GABA	<ul style="list-style-type: none"> <li><b><u>GABA is the main inhibitory in the brain</u></b></li> <li>Present throughout the brain.</li> <li>there is very little in peripheral tissues</li> </ul>	<p><b>Decrease GABA</b> brain content is associated with :</p> <p><b><u>Epilepsy</u></b> Anxiety Convulsions <b>Insomnia</b> <b>Benzodiazepine (diazepam) enhances GABA function and used in treatment of above diseases</b></p>
Glutamate	<ul style="list-style-type: none"> <li>excitatory neurotransmitter</li> <li><b>increase in its level</b> predispose to <b><u>epilepsy</u></b></li> </ul>	<ul style="list-style-type: none"> <li><b>Reduction of brain damage following :</b></li> <li><b><u>strokes &amp; head injury</u></b></li> <li>Drug dependence, Schizophrenia</li> <li><b>Treatment of epilepsy</b></li> </ul>

# MCQs

**1- A patient diagnosed with Epilepsy, which of the following drugs is the best in his case ?**

- A) Levodopa .                                      B) diazepam.                                      C) Risperidone .

**2- Which of the following transmitter predominantly involved in psychosis ?**

- A) serotonin.                                      B) norepinephrine.                                      C) dopamine.

**3- Which of the following transmitter predominantly involved in psychosis ?**

- A) serotonin.                                      B) norepinephrine.                                      C) glutamate.

**4- A 35 year old female with schizophrenia come to the clinic complaining from late pregnancy. A analysis test was preformed and the doctor found elevated level of prolactin. Which of the following drug cause such side effect?**

- A) dopaminergic drugs.  
B) anticholinergic drugs.  
C) glutamate antagonists drugs.

**5- Which of the following transmitter play an important role in memory and learning ?**

- A) Serotonin.                                      B) Dopamine.                                      C) Acetylcholine.

**6- Which of the following transmitter predominantly involved in Alzheimer's disease?**

- A) Serotonin.                                      B) Dopamine.                                      C) Acetylcholine.

**7- Which of the following transmitter predominantly involved in Obsessive compulsive disorders?**

- A) Serotonin.                                      B) Dopamine.                                      C) Acetylcholine.

Answer:	1) B
	2) C
	3) C
	4) A
	5) C
	6) C
	7) A

## MCQs

**8- Which of the following transmitter predominantly involved in Epilepsy?**

- A) Glutamic acid.                                      B) GABA.                                      C) Both.

**9- Which of the following statement correct about acetylcholine ?**

- A) It is the main inhibitory neurotransmitters  
B) It is neuromodulator.  
C) Has no role in Parkinson's disease.

**10- A 36 male has a head injury due to car accident, if he develop a brain stroke later, Which of the following neurotransmitters may Reduce the brain damage?**

- A) dopamine                                      B) Glutamic acid.                                      C) GABA

Answer:
8) C
9) B
10) B

## SAQs

**A 29 year old Male patient came to the clinic complaining of insomnia and changing in his mood, He also mentioned loss of appetite for the last few weeks.**

**1- What's the neurotransmitter that is most likely disturbed in it's level ?**

Serotonin

**2-Where's this neurotransmitter usually found ?**

CNS, GIT, platelets

**3- list some other disorders that are influenced by changes in this neurotransmitter?**

Obsessive compulsive disorders, Schizophrenia, Depression, Generalized anxiety, Social phobia and vomiting