

## LECTURE: Salmonella & shigella

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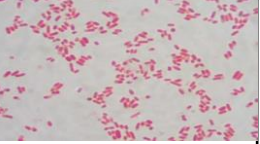
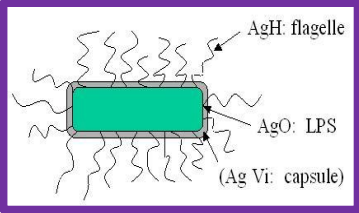
- Important
- Doctor's notes
- Extra explanation
- Only F or only M

"لا حول ولا قوة إلا بالله العلي العظيم" وتقال هذه الجملة إذا  
داهم الإنسان أمر عظيم لا يستطيعه ، أو يصعب عليه القيام به .

# Objectives :

- 1-Develop an algorithm using biochemical tests to identify and classify *Salmonella* and *Shigella*
  - 2- Describe the antigenic structures and virulence factors of *Salmonella* and *Shigella*
  - 3- Compare the pathogenesis of various species of *Salmonella* and *Shigella*
  - 4-Describe the clinical features and risk factors for the infection with the two organisms
  - 5- Describe the general concepts for the management of gastroenteritis caused by both organisms.
-

# • Salmonella

<p><b>introduction</b></p>	<ul style="list-style-type: none"> <li>• Gram negative facultative anaerobic bacilli</li> <li>• Non lactose fermenting colonies</li> <li>• Motile Have flagella</li> <li>• highest during the rainy season in tropical climates and during the warmer months in temperate climates.</li> </ul>	
<p><b>Classification</b></p>	<ul style="list-style-type: none"> <li>• Has two species:             <ol style="list-style-type: none"> <li>1. S.enterica (six subspecies I, II, III, IV, V, VI)</li> <li>2. S.borgori (rare)</li> </ol> </li> </ul> <p>“doctor note: S.Non typhie : Cold blooded animal, birds, rodents, turtles, snake and fish”</p> <p>“doctor note: S.Typhie : human transmission”</p>	
<p><b>Virulence factors</b></p>	<ul style="list-style-type: none"> <li>• Fimbria for adherence ( reason for bacteremia )</li> <li>• Enterotoxin</li> <li>• Endocytosis: SPI 1 T3SS / TLR</li> <li>• Replication in microphage</li> </ul>	
<p><b>Antigenic structures</b></p>	<ul style="list-style-type: none"> <li>• O. somatic antigen</li> <li>• H. flagellar antigen ( motile )</li> <li>• K. capsular antigen</li> <li>• Vi (V=virulent) surface polysaccharide antigen in Salmonella serotype typhi (virulence) prevents phagocytosis &amp; allow intracellular survival</li> <li>• O Antigen (Heat – stable) is lipopolysaccharide in the outer membrane <b>A,B,C1,C2,D,E</b></li> <li>• H-antigen (Heat labile)</li> </ul>	

### Clinical features

- Acute gastroenteritis
- Typhoid fever
- Non-typhoidal bacteremia
- Carrier state following Salmonella infection

### source

- Water food and milk contaminated with human or animal excreta
- Salmonella typhi and S. paratyphi , the source is human

### Gastroenteritis

- Food poisoning through contaminated food
  - S. enterica subsp. Enterica the common cause
  - Source poultry الدواجن, milk, egg & egg products and handling pets
  - Infective dose  $10^6$  bacteria It needs large number of bacteria to start the disease
  - IP 8 – 36 hrs. IP 12-48 hrs
  - fever, chills, watery diarrhea and abdominal pain, self limiting in immunocompetent
  - In sickle cell, hemolytic disorder and ulcerative colitis, elderly or very young patient the infection may be very severe. Require treatment. May cause septicemia or meningitis in the young patient
  - Patient At high risk for dissemination & antimicrobial indicated
-

## Enteric fever(Typhoid fever)

- Prolonged fever
- Bacteremia
- Involvement of the reticulo endothelial system (liver, spleen, intestines and mesentery)
- Dissemination to multiple organs
- Ingestion of contaminated food by infected or carrier individual
- Caused by *Salmonella serotype typhi* or *S. paratyphi A, B and C* (less severe)
- Common in tropical , subtropical countries, and travelers to these countries due to inappropriate sewage disposal and poor sanitation.
- IP : 9 – 14 days.

Stages are important

### **First week:**

- fever, malaise, anorexia, myalgia and a continuous dull frontal headache then
- Patient develops constipation
- Mesenteric lymph node → blood stream liver, spleen and bone marrow
- Engulfment of *Salmonella* by mononuclear phagocytes (multiply intercellularly)
- Bacteria Released into the blood stream again that can lead to high fever (blood culture positive)

### **Second and third week:**

- Sustained fever, prolonged bacteremia
- Invade gallbladder and Peyer's patches
- Rose spots 2nd week of fever
- Biliary tract → GIT
- Organism isolated from stool in large number

## COMPLICATION Can effect any organ

- Necrotizing cholecystitis
- Bowel hemorrhage and perforation
- Pneumonia and thrombophlebitis
- Meningitis, osteomyelitis, endocarditis and abscesses.

## ANTIBIOTIC & MANAGEMENT

- Enteric fever:
  - Ceftriaxone
  - Ciprofloxacin
  - Trimethoprim – Sulfamethoxazole
  - Ampicillin
  - Azithromycin or Ceftriaxone from patients from India and SE Asia due to resistance of strains. Ciprofloxacin from patients from other areas.
- Salmonella gastroenteritis:
  - uncomplicated cases require fluid and electrolyte replacement only.

# • Shigella

<p><b>CLINICAL INFECTION</b></p>	<ul style="list-style-type: none"> <li>• Non lactose fermenter <b>gram negative bacteria</b></li> <li>• Cause bacillary dysentery ( blood, mucus and pus in the stool)</li> <li>• S.sonnei most predominant in USA ( fever, watery diarrhea) <b>from pork</b></li> <li>• <b>Young adult ( man who have sex with man)</b></li> <li>• <b>S.flexneri 2nd most common developing countries ( homosexual )</b> S. dysenteriae most common</li> <li>• <b>S. dysenteriae and S. boydii are most common isolates in developing countries</b></li> <li>• <b>S. dysenteriae type 1 associated with morbidity and mortality. Very serious infection</b></li> <li>• Human is the only reservoir</li> </ul>
<p><b>ANTIGENIC STRUCTURE</b></p>	<ul style="list-style-type: none"> <li>• Has 4 species and 4 major O antigen groups: <b>S.dysenteriae, S.flexneri. S.boydii &amp; S.sonnei.</b></li> <li>• All have O antigens some serotype has K antigen ( <b>heat labile removed by boiling</b>)</li> <li>• <b>Shigella are non motile, lack H antigen</b></li> </ul>
<p><b>TRANSMISSION</b></p>	<ul style="list-style-type: none"> <li>• <b>Person to person through fecal –oral route</b></li> <li>• Flies, fingers ( <b>have a role in spread</b>).</li> <li>• Food and water</li> <li>• Young children in daycare, people in crowded area and anal oral sex in developed countries</li> <li>• <b>Low infective dose &lt; 200 bacilli ( can be transmitted easily unlike salmonella )</b> <b>More serious and virulent than salmonella</b></li> <li>• Penetrate epithelial cells leads to local inflammation, shedding of intestinal lining and ulcer formation. <b>Usually not go deep so no bacteremia due to rarely invading the blood</b></li> </ul>
<p><b>SYMPTOMS</b></p>	<ul style="list-style-type: none"> <li>• High fever, chill, abdominal cramp and pain accompanied by tenesmus, <b>bloody stool with mucus &amp; WBC</b></li> <li>• IP : 24 - <b>48 /72</b> hrs</li> </ul>

## COMPLICATION

- Can lead to rectal prolapsed in children
- Complication ileus, obstruction dilatation and toxic mega colon
- Bacteremia in 4 % of severely ill patient
- Seizures, HUS (hemolytic uremic syndrome)

## Lab diagnosis of Salmonella & Shigella in stool

- Both are Gram negative bacilli
- Culture in selective media (selenite enrichment broth media MAC, SS and XLD,HEA BS0)
- Biochemical tests
- Motility test
- Serology for serotypes, Sero-grouping based on O and H antigen
  - 1- sereny test

## TREATMENT

- Antibiotic indicated if symptoms were severe and used to reduce duration of illness
- Antimicrobial agents depending on susceptibility testing Including:
  - ✓ Ampicillin or IV Ceftriaxone or oral TMP-SMX or Ciprofloxacin or doxycycline

Why do we need a selective media ?

Because if we culture the stool directly will show large number of different kind of bacteria and we wont be able to detect the salmonella and shigella



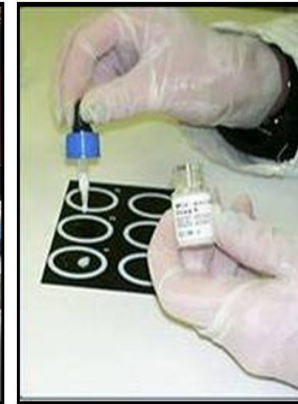
Only in male's slides:

SALMONELLA SPECIES AND SUBSPECIES	NO. OF SEROTYPES WITHIN SUBSPECIES	USUAL HABITAT
<i>S. enterica</i> subsp. <i>enterica</i> (I)	1504	Warm-blooded animals
<i>S. enterica</i> subsp. <i>salmae</i> (II)	502	Cold-blooded animals and the environment*
<i>S. enterica</i> subsp. <i>arizonae</i> (IIIa )	95	Cold-blooded animals and the environment*
<i>S. enterica</i> subsp. <i>diarizonae</i> (II lb)	333	Cold-blooded animals and the environment*
<i>S. enterica</i> subsp. <i>houtenae</i> (IV )	72	Cold-blooded animals and the environment*
<i>S. enterica</i> subsp. <i>indica</i> (VI)	13	Cold-blooded animals and the environment*
<i>S. bongori</i> (V)	22	Cold-blooded animals and the environment*
Total	2541	

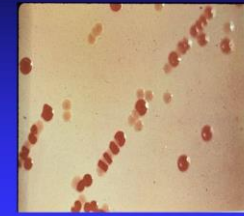
## Serology



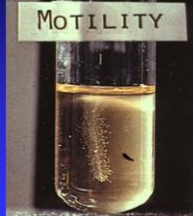
Usually in *Salmonella*, *Shigella* and *E.coli* the final detection is by serotyping using agglutination Ag+Ab test.



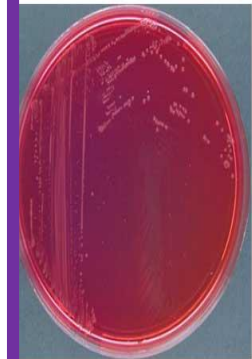
## Shigella on MacConkey Agar



Non-lactose fermenter



Non-motile



*Shigella* on XLD.



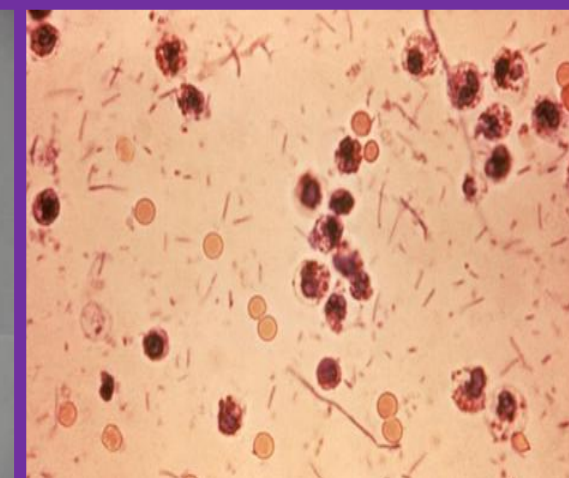
*Salmonella* on XLD.

Image Source: Faculty of Health and Medical Sciences - University of Copenhagen, Denmark

## BIOCHEMICAL TESTS:



## DYSENTRY STOOL:



	SALMONELLA	SHIGELLA																							
<b>Epidemiology</b>	S typhi india, south America, Africa Non-typh worldwide approximately 10 <sup>6</sup> bacteria 200,000 death	Low infective dose < 200 bacilli																							
<b>Microbiology</b>	Gram negative facultative anaerobic bacilli Non lactose fermenting colonies, nitrate positive but oxidase negative Motile	Gram negative facultative anaerobic bacilli Non lactose fermenting colonies Non-motile																							
<b>Source</b>	<i>Salmonella typhi</i> and <i>S. paratyphi</i> the source is human Salmonella Non-Typhi → Cold blooded animal, birds, rodents, turtles, snake and fish	Human is the only reservoir fecal –oral route ,Flies, fingers, Food and water, Young children in daycare, people in crowded area and anal oral sex in developed countries																							
<b>Classification</b>	<b>Two species</b> 1- <i>S. enterica</i> (six subspecies I, II, III, IV, V, VI) >2500 serotype 2- <i>S. borgori</i> (rare)	<i>S. sonnei</i> <i>S. flexneri</i> <i>S. dysenteriae</i> and <i>S. boydii</i>																							
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<b>Complication</b>	Necrotizing cholecystitis Bowel hemorrhage and perforation Pneumonia and thrombophlebitis Meningitis, osteomyelitis, endocarditis and abscesses Chronic carrier 4-5wks child (0.4%) 50% up to 6 mos (G) . 3mons carrier and 4% chronic (TF)	Can lead to rectal prolapsed in children Complication ileus, obstruction dilatation and toxic mega colon Bacteremia in 4 % of severely ill patient Seizures, HUS																							
<b>Diagnosis</b>	Culture on selective selenite enrichment broth media MAC, SS and XLD, HEA BS Serogrouping Sensitivity Blood culture	Culture on selective media sam as salmonella Serotyping Sensitivity																							

**VERY VERY IMPORTANT**  
You can find it [HERE](#)

<b>Treatment</b>	Ampicillin, Trimethoprim – Sulfamethoxazole Ceftriaxone, Ciprofloxacin or Azithromycin	Ampicillin, Trimethoprim – Sulfamethoxazole, Ceftriaxone, Ciprofloxacin
<b>Prevention</b>	For <i>S. typhi</i> killed and live attenuated, 1 wk before travel to endemic area	Improve food process and water treatment and sanitation

# QUIZ:

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1. Salmonella is a motile bacteria, while Shigella is a non-motile bacteria:

A) True B) False

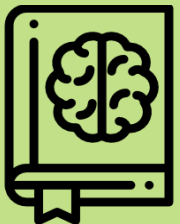
2. A patient diagnosed with Enteric fever, which subspecies you're supposed to see in his biopsy?

- A) Salmonella enterica
- B) Shigella dysenteriae
- C) Salmonella typhi and paratyphi
- D) Shigella sonnei

3. According to the patient in Q.2, which one of these symptoms will be present in his case?

- A) Watery diarrhea
- B) Prolong fever
- C) Bacillary dysentery
- D) Tenesmus

# THANK YOU FOR CHECKING OUR WORK, BEST OF LUCK!



Doctors slides



Hamad Alkhudhairy  
Nawaf alkhudhairy  
Majed alzain  
Talal alhuqayl



Shrooq Alsomali  
Shatha Alghaihb