

Coagulation mechanism and hypercoagulability

Objectives:

- I- Recognize the different clotting factors.
- 2- Understand the role of calcium ions during clotting cascades.
- 3- Describe the cascades of intrinsic and extrinsic pathways for clotting.
- 4- Recognize process of fibrinolysis and function of plasmin.
- 5- Recognize some conditions causing excessive bleeding.
- 6- Understand some important anticoagulants and their mechanism of action.
- 7- Normal Hemostasi: Coagulation cascade, Fibrinolysis, Natural anti-coagulants, Hemostatic balance.
- 8- Hypercoagulability: Definition, Types, Causes, Laboratory testing.

Hemostasis



Hemostasis 9:59 الفيديو راح يساعدكم على فهم المحاضرة كاملة

- Hemostasis: the spontaneous arrest (Prevention or stoppage) of bleeding from ruptured blood vessels.
- Stages of Hemostasis:





• Coagulation: formation of <u>fibrin</u> meshwork (threads) to form a clot.







	Clotting factors	بعض الFactors لهم أكثر من اسم، لازم ينحفظون كلهم		
Blood clot: is composed of a meshwork of fibrin fibers running in all directions and entrapping blood cells, platelets, plasma.				
	Name	Factor		
Fibrinogen		Ι		
Prothrombin		II		
Tissue factor or thromboplastin		III		
Calcium		IV		
Proaccelerin (Labile factor) accelerator		V		
Proconvertin (Stable factor)		انتبهوا أن مافي 6 VII NOT VI		
Antihaemophilic factor A Antihaemophilic globulin		VIII		
Antihaemophilic factor B Plasma thromboplastin component Christmas factor		IX		
Stuart-Prower factor		X		
Plasma thromboplastin antecedent Antihaemophilic factor C Rosenthal syndrome	(PTA)	XI		
Hageman factor		XII		
Fibrin stabilising factor Laki-Lorand factor		XIII		
Clotting factors mnemonic	 ✓ Person Told Cancer Leads Sickness, Another Chap ✓ Fresher's Party Tonight, Come Let's Sing And Cal 	o Said Protein High Fat. I Seniors, Please Have Fun. 1:00		

Cont.					
	 High-molecular-weight plasma protein. 				
	✓ Mol.W _t 340,000				
Fibrinogen (1)	 It is continually formed by the liver. 				
	 Little or no fibrinogen leak from blood vessels. 				
	 ✓ Plasma conc. – 100 – 700 mg/dl 				
	\checkmark Is a plasma protein, α 2-globulin.				
	✓ Mol.W _t 68,700				
	✓ present in normal plasma in a concentration of 15 mg/dl.				
Prothrombin (II)	 It is unstable protein that can be split easily into thrombin. 				
	 It is continually formed by the liver. 				
	 Vitamin K is important for normal production of prothrombin by the liver. 				
	\checkmark Lack of Vit-K or liver disease can decrease the of prothrombin formation to a very low level \rightarrow bleeding.				
	✓ Is a plasma protein.				
Fibrin stabilising factor (XIII)	 It is also released from platelets that is entrapped in the clot. 				
Laki-Lorand factor	 It must be activated before it affects the fibrin fibres. 				
	 Activated XIII factor operates as an enzyme causing additional strength of fibrin meshwork. 				

Thrombin: is a protein enzyme with weak proteolytic capabilities.

- It acts on fibrinogen to form one molecule of fibrin monomer.
- Fibrin monomers polymerize with one another to form fibrin fibres.
- It activates factor XIII.

clotting cascade

Prothrombin

الصورة هذه

موجودة عند

البنات

بمحاضر ات

أخرى

Activation

Fibrinogen

Thrombin

Stimulates

conversion

Fibrin

(loose

meshwork)

Thrombin is essential in platelet morphological changes to form primary plug.

(2

Activates

Factor XIII

Fibrin

stabilized

meshwork)

Thrombin stimulates platelets to release ADP & thromboxane A2; both stimulate further platelets aggregation.



Fibrinogen is formed in the liver, and liver disease can decrease the concentration of circulating fibrinogen, as it does the concentration of prothrombin, pointed out earlier. Because of its large molecular size, little fibrinogen normally leaks from the blood vessels into the interstitial fluids, and because fibrinogen is one of the essential factors in the coagulation process, interstitial fluids ordinarily do not coagulate. Yet, when the permeability of the capillaries becomes pathologically increased, fibrinogen does then leak into the tissue fluids in sufficient quantities to allow clotting of these fluids in much the same way that plasma and whole blood can clot.

Thrombin is a protein enzyme with weak proteolytic capabilities. It acts on fibrinogen to remove four low-molecular-weight peptides from each molecule of fibrinogen, forming one molecule of fibrin monomer that has the automatic capability to polymerize with other fibrin monomer molecules to form fibrin fibers. Therefore, many fibrin monomer molecules polymerize within seconds into long fibrin fibers that constitute the reticulum of the blood clot. In the early stages of polymerization, the fibrin monomer molecules are held together by weak noncovalent hydrogen bonding, and the newly forming fibers are not cross-linked with one another; therefore, the resultant clot is weak and can be broken apart with ease. But another process occurs during the next few minutes that greatly strengthens the fibrin reticulum. This involves a substance called fibrin-stabilizing factor that is present in normal plasma but is also released from platelets entrapped in the clot. It must be activated. The same thrombin that causes fibrin formation also activates the fibrin-stabilizing factor. Then this activated substance operates as an enzyme to cause covalent bonds between more and more of the fibrin monomer molecules, as well as multiple cross-linkages between adjacent fibrin fibers.



Clot retraction



When clot retracts (contracts), it expresses most of the fluid from the clot within 20-60 min called \rightarrow Serum





Role of platelets in clot formation& Retraction \rightarrow they are contractile.

 2 PT= prothrombin time

Extrinsic & intrinsic mechanism

- افهموا هذه السلايد كويس، لو ما فهمتوا بسطناها لكم بالسلايد الجاية، ولو لسا ما فهمتوا اقرؤوا شرح قايتون بسلايد 12 و13 ©

- بعد ما تفهمون الباثواي كويس، اختاروا واحد من الـ diagram الأنسب لكم من اللي بسلايد 14 و15 وطبقوا الكلام عليه !

Intrinsic mechanism			Extrinsic mechanism
 ✓ Trauma to the blood itself or exposure of the (from a traumatized blood vessel wall), fore ✓ All clotting factors present in the blood. I. The trigger is the activation of factor XII by surface, injured blood vessel, and glass. 2. Activated factor XII will activate factor XI. 3. Activated factor XI will activate IX. 4. Activated factor IX + factor VIII + platelet proceed. 	ne blood to collagen ign surface/glass. contact with foreign Blood coagulates in a plain glass tube by the intrinsic pathway hospholipid factor	✓ ✓	TF (tissue thromboplastin) includes phospholipids from the membranes of the tissue plus a lipoprotein complex that functions mainly as a proteolytic enzyme. Triggered by material released from damaged tissues (tissue thromboplastin). Tissue thromboplastin + VII + Ca \rightarrow activate X. Coagulation Cascade 5:22
	Commo	on pa	thway
 ✓ Activated factor X + factor V +PF3 + Ca ac ✓ Activated prothrombin activates thrombin. ✓ Thrombin acts on fibrinogen and change it in ✓ Factor XIII + Calcium → strong fibrin (stro 	<u>tivate</u> prothrombin activa nto insoluble thread like fi ng clot).	tor; a brin.	proteolytic enzyme which activates prothrombin. الفيديو رهيب خاصة للناس البصريّة! 1:53
PTT ¹ is for the i	ntrinsic pathway w	/hile	PT ² is for the extrinsic pathway
In ¹ PPT= Partial Thromboplastin Time			

Simple way to memorize the coagulation cascade (Extra)

- لو ما فهمتوا السلايد السابق، بسطناها لكم هنا، ولو لسا ما فهمتوا اقرؤوا شرح قايتون بالسلايدتين الجاية ☺ - بعد ما تفهمون الباثواي كويس، اختاروا واحد من الـ diagram الأنسب لكم من اللي بسلايد 14 و15 وطبقوا الكلام عليه !

Intrinsic mechanism		Extrinsic mechanism			
$12 \rightarrow 11 \rightarrow 9 \rightarrow 10$. The pattern?		$3 \rightarrow 7 \rightarrow 10$. The pattern?			
I. Split 12 into two numbers; I and 2					
2.	2. First, minus 1 to get from 12 to 11		I. Split the 12 from the intrinsic pathway again into two numbers; I		
3.	3. Then, minus 2 to get from 11 to 9		and 2		
In order for factor 9 to activate factor 10, there needs to be factor 8		2. Add them together so that $1 + 2 = 3$			
present.The pattern?		3. In order to get to 10, you need 7 more			
١.	I. Count 8, 9, 10				
2.	You need 8 to get 9 to activate 10				
Thrombin comes before fibrin					
	Back at the start when we talked about how factor 3 is generally the "spark" that starts it all? Which is known as tissue factor 3 (TF).				
	TF.: thrombin -> fibrin				

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Extrinsic pathway for initiating clotting (Guyton)

The extrinsic pathway for initiating the formation of prothrombin activator begins with a traumatized vascular wall or traumatized extravascular tissues that come in contact with the blood. This leads to the following steps, as shown in the picture.

1. Release of tissue factor. Traumatized tissue releases a complex of several factors called tissue factor or tissue thromboplastin. This factor is composed especially of phospholipids from the membranes of the tissue plus a lipoprotein complex that functions mainly as a proteolytic enzyme.

2. Activation of Factor X—role of Factor VII and tissue factor. The lipoprotein complex of tissue factor further complexes with blood coagulation Factor VII and, in the presence of calcium ions, acts enzymatically on Factor X to form activated Factor X (Xa).

3. Effect of Xa to form prothrombin activator—role of Factor V. The activated Factor X combines immediately with tissue phospholipids that are part of tissue factors or with additional phospholipids released from platelets, as well as with Factor V to form the complex called prothrombin activator. Within a few seconds, in the presence of calcium ions (Ca++), this splits prothrombin to form thrombin, and the clotting process proceeds as already explained. At first, the Factor V in the prothrombin activator complex is inactive, but once clotting begins and thrombin begins to form, the proteolytic action of thrombin activates Factor V. This then becomes an additional strong accelerator of prothrombin activation. Thus, in the final prothrombin to form thrombin; activated Factor X is the actual protease that causes splitting of prothrombin to form thrombin; activated Factor V greatly accelerates this protease activity, and platelet phospholipids act as a vehicle that further accelerates the process. Note especially the positive feedback effect of thrombin, acting through Factor V, to accelerate the entire process once it begins.



- لو فهمتوا اللي قبل Skip

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Intrinsic pathway for initiating clotting (Guyton)

The second mechanism for initiating formation of prothrombin activator, and therefore for initiating clotting, begins with trauma to the blood or exposure of the blood to collagen from a traumatized blood vessel wall. Then the process continues through the series of cascading reactions shown in the picture.

1. Blood trauma causes (1) activation of Factor XII and (2) release of platelet phospholipids.Trauma to the blood or exposure of the blood to vascular wall collagen alters two important clotting factors in the blood: Factor XII and the platelets. When Factor XII is disturbed, such as by coming into contact with collagen or with a wettable surface such as glass, it takes on a new molecular configuration that converts it into a proteolytic enzyme called "activated Factor XII." Simultaneously, the blood trauma also damages the platelets because of adherence to either collagen or a wettable surface (or by damage in other ways), and this releases platelet phospholipids that contain the lipoprotein called plateletfactor 3, which also plays a role in subsequent clotting reactions.

2. Activation of Factor XI. The activated Factor XII acts enzymatically on Factor XI to activate this factor as well, which is the second step in the intrinsic pathway. This reaction also requires HMW (high-molecular-weight) kininogen and is accelerated by prekallikrein.

3. Activation of Factor IX by activated Factor XI. The activated Factor XI then acts enzymatically on Factor IX to activate this factor as well.

4. Activation of Factor X—role of Factor VIII. The activated Factor IX, acting in concert with activated Factor VIII and with the platelet phospholipids and factor 3 from the traumatized platelets, activates Factor X. It is clear that when either Factor VIII or platelets are in short supply, this step is deficient. Factor VIII is the factor that is missing in a person who has classic hemophilia, for which reason it is called antihemophilic factor.Platelets are the clotting factor that is lacking in the bleeding disease called thrombocytopenia.

5. Action of activated Factor X to form prothrombin activator—role of Factor V. This step in the intrinsic pathway is the same as the last step in the extrinsic pathway. That is, activated Factor X combines with Factor V and platelet or tissue phospholipids to form the complex called prothrombin activator. The prothrombin activator in turn initiates within seconds the cleavage of prothrombin to form thrombin, thereby setting into motion the final clotting process



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The Coagulation Cascade



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Extrinsic & intrinsic mechanism



Activation & Inactivation of coagulation

Activation and Inactivation of coagulation				
Activation of coagulation	Inactivation of coagulation			
Are not coded for by specific genes, and their concentrations reflect the overall activation of the coagulation and fibrinolytic systems.	By natural anticoagulants			
Enzymatic activation products of coagulation and fibrinolytic mechanisms	Natural anticoagulants :			
such as :				
 prothombin I+2 (FI+2) 	i. Anti-thrombin III (AT-III)			
 thrombin-antithrombin complex (TAT) 	ii. Protein C (inhibits Va & VIIIa)			
○ FPA	iii. Protein S (cofactor for protein C)			
○ D-dimer				

Cell based model





Role of CALCIUM ions in clotting

• No $Ca^{++} \rightarrow No$ clotting (needed in many steps)



Natural anticoagulants

This slide is very Important



Plasmin



Hemostatic balance



Homeostasis of the clotting system:

A crucial physiological balance exists between factors favoring clotting and factors that oppose it.

Disturbances in this balance can lead to thrombotic diseases or bleeding.



Virchow Triads 1845

Etiological factors for thrombosis:

- Changes in blood flow (stasis).
- Changes in the endothelium.
- Changes in blood composition (Hypercoagulability).

An imbalance in one of these 3 can lead to hyper coagulability an imbalance between the pro and the anti.

Bleeding and clotting disorders (condition that cause excessive bleeding) Hemophilia is very important						
Thrombocytopenia		Hemophilia		Liver disease and vitamin-K deficiency		
 ✓ Bleeding disorder & related to platelet problems. ✓ Very low numbers of platelets in blood (< 50,000/ul) may cause spontaneous bleeding. ✓ Less than 10,000 ···· Fatal. 		 Small Comp. → Hemophilia A → ↑PTT (Partial Thromboplastin Time). Large Comp. → Von-Willebrand's disease → ↑PTT & BT (bleeding time). 		 ✓ e.g. Hepatitis, Cirrhosis, acute yellow atrophy, GI disease. ✓ Liver disease can have signs of bleeding and clotting together. 		
 Decrease production: Aplastic anemia. Leukemia. Drugs. Infections (HIV, Measles). 	Etiology Increased destruction: ITP (Idiopathic thrombocytopenic purpura). Drugs. Infections (HIV).	 Hemophilia A: ✓ Classic hemophilia. ✓ 85% cases. ✓ Deficiency of factor VIII. Hemophilia B: ✓ 15% case. ✓ Deficiency of factor IX. 		 Decreased formation of clotting factors. Increased clotting time. Vitamin K dependent factors: II (Prothrombin) ,VII,IX & X. 		
Clinical feature		Clinical feature				
Easy brusability, Epistaxis, Gum bleeding, Hemorrhage after minor trauma, Petechiae /Ecchymosis.		Easy bruising, massive bleeding after trauma or operation, hemorrhages in joints.		Vitamin-K : ✓ Fat soluble.		
Diagnosis Platelets decreased, B.T (bleeding time) increased. Treatment		 Increase bleeding to tendency Genetic disorders (X-linked disease). Transmitted by female chromosome as recessive trait. Occurs exclusively in males, Females are carriers. Hemophilia is one of the clotting disorders are related to clotting problems 		 vitamin Required by live formation: Prothrombin. 	r for Malabsorption syndromes. Biliary obstruction. 	
 ✓ Treatment of the underlying cause. ✓ Palates concentrates. ✓ Fresh whole blood transfusion. ✓ Splenectomy. 				 Factor VII. Factor IX. Factor X. 	 antibiotics. ✓ Dietary deficiency (in Neonates). 	
		✓ Remember that:	in Hemophilia a PTT	Source	Treatment	
 Thrombocytopenia purp body tissues. Idiopathic Thrombocyto 	ura, hemorrhages throughout all the penia, unknown cause.	is increased, while in In Von- Willebrand's disease PTT and BT is increased.		 Diet. Synthesized in the intest tract by bacteria. 	 ✓ Treat the underlying cause. ✓ Vit-K injections. 	

- The dynamic balance between procoagulant reactions & their downregulation by natural anticoagulants in conjunction with the fibrinolytic system should function within normal parameters to prevent abnormal thrombus formation or propagation.
- However, in some instances, alteration of just one variable in this complex series of interacting components will bring about a significant hypercoagulable

(prothrombotic) state, which can manifest itself clinically as arterial and/or venous TE.

Definition	Is a laboratory pheno	Is a laboratory phenotype whereby activation of the of clotting, fibrinolysis, endothelial cells and platelets are identified.				
Hypercougulability / Prothrombotic States						
Hereditory Hen	nostatic disorders		Acquired Hemostatic disorders:			
 Factor V Leidin (Deficincey). Prothrombin G20210A (Mutation). Hyperhomocysteinaema Deficiencies of AT III, Proteins C & S Increased FVIII. 		 Raised Levels of fibrinogen & Antiphosphlipid Antibodies (I Oestrogen therapy (Contract Pregnancy and its complication Surgery and prolonged immodiation Major Trauma. Malignancy. Hyperviscosity. 	 Nephrotic Syndrome Dehydration Thrombocytosis Polycycaemia Sepsis Smoking Obesity Age Varicose veins 			
Laboratory tests of hypercoagulability						
Natural anticoagulant Fibrinolysis		Coagulation activation marker	Activation protein C resistance (APCR)	Genotyping		

 ATIII (Antithrombin 3) ✓ Protein C ✓ Protein S 	✓ PAI-1✓ FDPs (D-Dimer)	 ✓ Thrombin-Antithrombin complexes (TAT). ✓ Prothrombin fraction 1+2. ✓ D-Dimer. 	 ✓ Functional Assay. ✓ Genetic assay (Factor V Leiden). 	 ✓ Factor V Leiden. ✓ Prothrombin G20210A. ✓ Hyperhomocysteinaemia (MTHFR).

Questions'!

- What prevents blood from coagulating in normal (not injured) conditions? What are the natural intravascular anticoagulants?
- Endothelial Surface Factors (Smoothness, Glycocalyx layers and action of Thrombomodulin Protein C and S).
- 2. Antithrombin action of Fibrin and Antithrombin III.
- 3. Heparin.
- 4. Alpha2 Macroglobulin.

What are the actions of Thrombomodulin, Protein C and S?

Thrombomodulin Protein binds to thrombin \rightarrow Activates Protein C (with Protein S) \rightarrow inactivates factors V & VIII and inactivates an inhibitor of TPA \rightarrow increasing the formation of plasmin.

What aids in the mechanism of clot retraction?

The contractile property of platelets.

- Main ENDOTHELIAL factors that prevent platelets from aggregating?
 - PGI2
 - NO
 - ADP Phosphatase

What are the actions of thrombin?

- 1. Stimulates conversion of Fibrinogen into Fibrin.
- 2. Activates Factor XIII (Fibrin Stabilizer).
- 3. Enhances its own activation(Prothrombin to Thrombin).
- 4. Enhances platelet aggregation.
- Main source of Heparin?

Mast cells and Basophils.

How is the bleeding time changed in Haemophilia A?
 It is normal. While in Von-Willebrand's disease it is increased.

Thank you!

اعمل لترسم بسمة، اعمل لتمسح دمعة، اعمل و أنت تعلم أن الله لا يضيع أجر من أحسن عملا.

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اللهم اني استودعتك ما حفظت وما قرأت وما فهمت، فرده لي وقت حاجتي إليه إنّك على كل شيءٍ قدير. 25

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