# Congenital Infection

## ALI M SOMILY MD

## Rout of Transmission

Transmission	Types		
Intra-uterine	Trans-placental		
	Ascending infection		
Intra-partum	Contact with infected material during delivery, secretion , blood faces		
Post-partum	Breast feeding		
	Blood transfusion		
	Nosocomial		

# Important Information for any congenital infection

- Background and prevalence
- Incidence of infection in pregnancy
- Risk of mother to child transmission
- Timing of mother to child transmission
- Risk factors for maternal and perinatal infections
- Consequences of both congenital/perinatal infection short and long term

## **Terminology**

- 1. Congenital
- 2. Perinatal
- 3. Neonatal
- What is TORCH
  - 1. Toxoplasmosis,
  - 2. Other (syphilis, parvovirus &VZV),
  - 3. Rubella,
  - 4. **CMV**,
  - 5. Herpes (Hepatitis & HIV),

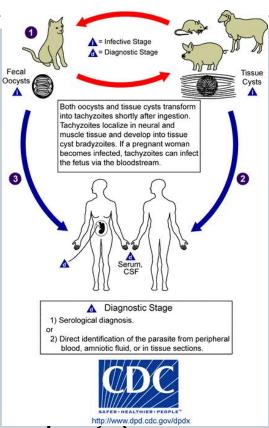
#### Risk and features of congenital infection

- Risk of congenital infection:
- 1. Organism (Teratogenicity)
- 2. Type of maternal infection (Primary ,recurrent)
- 3. Time during pregnancy (1st,2nd,3rd Trimester)

- features of congenital infection:
- Intrauterine growth retardation (IUGR)
- 2. Fever
- 3. Skin rash, jaundice
- 4. Micro-cephaly
- 5. Hepatosplenomegaly(HSM)
- 6. Generalized lymphadenopathy
- 7. Thrombocytopenia
- 8. IgM, Persistent IgG

## **Toxoplasmosis**

- Toxoplasma gondii
- Definitive host is the domestic cat
- Contact with oocysts in feces



- Ingestion of cysts (meats, garden products)
- Can be transmitted from the mother to the baby

## **Epidemiolology**

- European countries (ie France, Greece)
- Usually asymptomatic
- Primary maternal infection in pregnancy
- Infection (Transmission) rate higher with infection in 3<sup>rd</sup> trimester
- Fetal death higher with infection in 1<sup>st</sup> trimester

Clinical presentation

- Mostly asymptomatic
- Classic triad of symptoms:
  - 1. Chorioretinitis
  - 2. Hydrocephalus
  - 3. Intracranial calcifications



• Other symptoms include fever, rash, HSM, microcephaly, seizures, jaundice, thrombocytopenia, lymphadenopathy

# Diagnosis, treatment and prevention

- Diagnosis
- 1. Maternal serology IgM/IgA Acute, IgG (Avidity)
- 2. Fetal ultrasound/ tissue culture and PCR.
- 3. Newborn
  - 1. Serology
  - 2. Culture
  - 3. PCR

- Treatment
- 1. Spiramycin
- 2. Pyrimethamine and sulfadiazine
- Prevention
- Avoid exposure to contaminated food or water and undercooked meat
- 2. Hand washing

## **Syphilis**

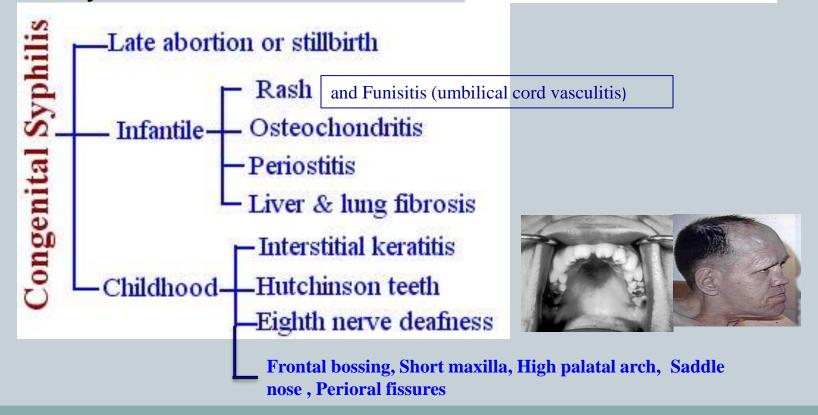
- Treponema pallidum (spirochete)
- Transmitted via sexual contact
- Mother with primary or secondary syphilis
- Typically occurs during second half of pregnancy

#### Clinical features

- Intrauterine death in 25%
- 3 major classifications







#### **Diagnosis and Treatment**

#### Diagnosis

- 1. RPR/VDRL: nontreponemal test
- 2. MHA-TP/FTA-ABS: specific treponemal test
- 3. Confirmed if T. pallidum identified in skin lesions, placenta, umbilical cord, or at autopsy

Treatment

Penicillin G

#### Prevention

• RPR/VDRL screen in ALL pregnant women early in pregnancy and at time of birth

#### Parvovirus P 19

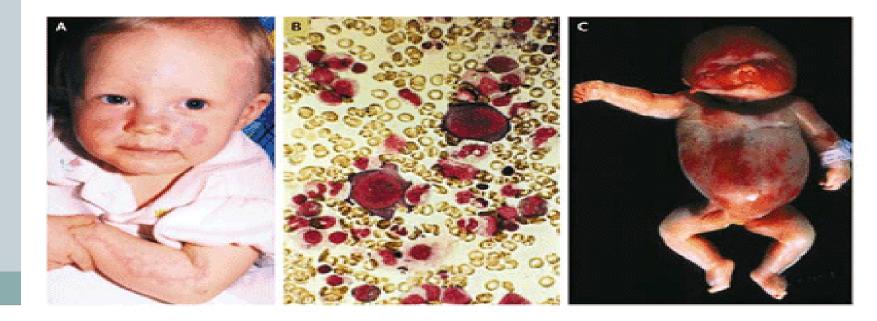
- Parvovirus P 19
- Causative agent of Fifth disease (erythema infectiosum)
- Spread by the respiratory route, blood and transplacental

## **Epidemiology**

- Most of the population is eventually infected.
- Half of women of childbearing age are susceptible to infection.
- Risk of fetal death highest when infection occurs during the second trimester of pregnancy (1st 20 wks of pregnancy (12%).
- Minimal risk to the fetus if infection occurred during the third trimesters of pregnancy.

#### Clinical Faeture

- Known to cause fetal loss through hydrops fetalis; severe anaemia, congestive heart failure, generalized oedema and fetal death
- No evidence of teratogenecity



## Diagnosis, and Treatment

#### Diagnosis

- o ultrasound
- Serology IgM, persistant IgG
- o PCR

#### Traetment

o intrauterine transfusions and administration of digoxin to the fetus.

#### Neonatal Varicella

- 90% of pregnant women already immune
- Primary infection during pregnancy carries a greater risk of severe disease

#### Clinical Features

- First 20 weeks of Pregnancy
- Up to 3% chance of transmission to the fetus, recognised congenital varicella syndrome; Scarring of skin, Hypoplasia of limbs, CNS and eye defects



# Diagnosis

Test		Pregnant mother and Fetus	Neonate
Direct form the vesicles	Culture	+	+
	DFA	+	+
	PCR	+ Fetal blood and amniotic fluid	+
Serology	IgM Rising IgG	+	+
US and MRI		+	

#### Treatment and Prevention

- Acyclovir at first signs of varicella pneumonia
- Pre-expoure; live-attenuated vaccines before or after pregnancy but not during pregnancy.
- Postexposure Zoster immunoglobulin to susceptible pregnant women and infants whose mothers develop varicella during the last 5 days of pregnancy or the first 2 days after delivery and premature baby <28 wks of gestation</li>

#### rubella

- R=rubella
- RNA enveloped virus, member of the togaviridae family
- Spread by respiratory droplets and transplacentally

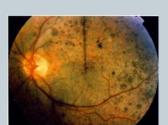
## Epidemiology

- Vaccine-preventable disease
- No longer considered endemic.
- Mild, self-limiting illness
- Infection earlier in pregnancy has a higher probability of affected infant (first 12 wks 70% and 13-16 wks 20% and rare >16 wks of pregnancy)

#### Clinical Features

- Sensorineural hearing loss (most common)
- Cataracts, glaucoma
- "Salt and Pepper" retinopathy
- Cardiac malformations
- Neurologic (less common)









#### Diagnosis

- Maternal IgG is useless!
- Viral isolation virus from nasal secretions, throat, blood, urine, CSF.
- Serologic testing. IgM = recent postnatal or congenital infection.
- Rising monthly IgG titers suggest congenital infection.

#### **Treatment Prevention**

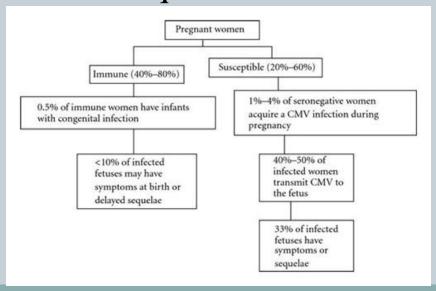
- Supportive care only with parent education
- Prevention by immunization
- Maternal screening
- Vaccinate if not immune (avoid pregnancy for three months)

## cytomegalovirus

- C=cytomegalovirus
- Most common congenital viral infection~40,000 infants per year.
- Mild, self limiting illness

## Epidemiology

- Transmission can occur with primary infection or reactivation of virus but 40% risk of transmission in primary infection
- Increased risk of transmission later in pregnancy but more severe sequalae associated with earlier acquisition



## Clinical presentation

- 90% are asymptomatic at birth
- Up to 15% develop symptoms later
- Microcephaly, periventricular calcifications, neurological deficits, HSM, petechiae, jaundice, chorioretinitis
- >80% develop long term complications: Hearing loss, vision impairment, developmental delay





#### Diagnosis

- Maternal IgG shows only past infection
- Viral isolation from urine or saliva in 1<sup>st</sup> 3 weeks of life
- Viral load and DNA copies can be assessed by PCR
- Detection of Cytomegalic Inclusion bodies in affected tissue
- Serologies not helpful given high antibody in population

#### **Treatment Prevention**

• Ganciclovir x6wks in symptomatic infants

## herpes simplex

- H=herpes simplex (HSV)
- HSV1 or HSV2

## Epidemiology

- Primarily transmitted through infected maternal genital tract
- Primary infection with greater transmission risk than reactivation
- Rationale for C-section delivery prior to membrane rupture

#### Clinical presentation

- Most are asymptomatic at birth
- 3 patterns of equal frequency with symptoms between birth and 4wks:Skin, eyes, mouth, CNS disease, Disseminated disease (present earliest)
- Initial manifestations very nonspecific with skin lesions
  NOT necessarily present

## Diagnosis and treatment

#### Diagnosis

- Culture of maternal lesions if present at delivery
- Cultures in infant
- CSF PCR
- Serologies is useless

#### Treatment

High dose of acyclovir