

# 9: Treatment of Sexually Transmitted Disease

# **Objectives**

- 1. List the drugs used in the treatment of syphilis & gonorrhea.
- 2. Describe the mechanism of action and adverse effects of each drug.
- 3. Describe the contraindications of drugs used
- Describe the recommended regimens used for the treatment of syphilis & gonorrhea
- 5. Know the alternative treatments in allergic patients.

## Color index

- Doctors' notes
- Drugs names
- Extra information and further explanation
- Important
- Mnemonics





# Special thanks 😊

# شكرًا لأعضاء الفريق العظماء

- عبدالرحمن الجريان ليلى مذكور رحاب العنزي روان سعد القحطاني عبدالرحمن الراشد لينا الوكيل ريما البراك أثير الرشيد عبدالرحمن ذكري منيال باوزير ريم الشثري أمل القرني عبدالعزيز القرموشي منيرة الضفيان شذا الغيهب انوار العجمي عبدالله هاشم شروق الصومالي وجدان الزيد جواهر ابانمي فيصل العباد خالد العيسى شوق الأحمري جومانا القحطاني محمد خوجة سعد الرشود لمي التميمي حنين باشيخ معتز الطخيس ناصر أبو دجين
  - شُكُر خاص جدًا جدًا للي اشتغلوا معنا من أول بلوك لآخر بلوك
    - روان سعد القحطاني انوار العجمي

# شكرًا للي ارسلوا لنا تشبيهاتهم الحلوة مثلهم

روان سعد القحطاني أسيل السليماني وان العيسى وانيا العيسى وانيا العيسى وانيا العيسى وانيا العيسى ونا المانع وليلى البريكان ويم السرجاني ويم السرجاني ويم الفوزان ويم السرى قوقندي ويم السرى قوقندي وين السبكى ويم السبكى ويم

نورا المهيدب

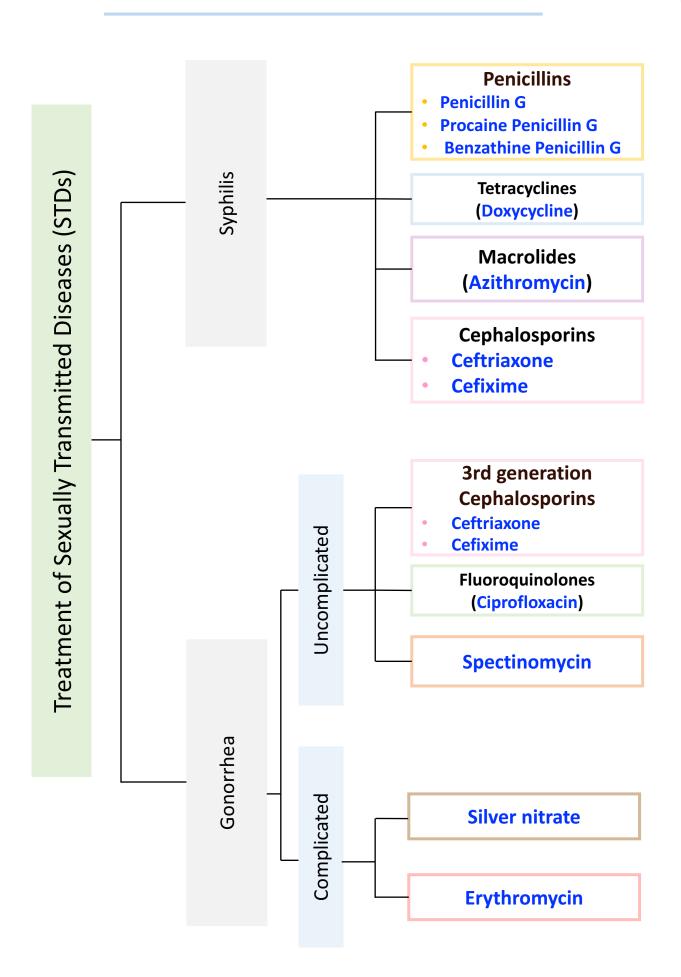
# شكرًا للقادة الأكاديميين

- شوق الأحمري عبدالعزيز العنقري طراد الوكيل
- كنا نكلمهم ونزعجهم حتى في نص الليل وما شفنا منهم إلا حسن الأخلاق والتعامل الحسن 🎔

# وأهم شي شكرًا للجندي المجهول في فريق علم الأدوية

# 🖈 روان سعد القحطاني

# Overview



## Introduction

## **Syphilis**

- Definition: Sexually transmitted disease Caused by <u>Treponema pallidum</u> (a spiral-shaped, Gram-negative highly mobile bacterium) T. pallidum enters the body via skin and mucous membranes through abrasions during sexual contact or blood transfusion or placental transfer from a pregnant woman to her fetus. (only female slides)
- Signs & symptoms: The signs and symptoms of syphilis vary depending upon stage of disease, Disease progresses in stages (primary, secondary, latent, and tertiary), May become chronic without treatment. (only female slides)

## Stages of syphilis

### 1- Primary stage

- Painless skin ulceration (a chancre) on the vulva or mouth
- Infectious stage (sexually only).
- the patient may not feel it so it will left without treatment

### 3- Latent stage

- In latent syphilis there are little to no symptoms which can last for years.
- 70% may have NO SYMPTOMS (Dangerous and may lead to death) 'only female slides'

### 2- Secondary stage

- Diffuse skin rash & mucous membranes lesions
- Palmar/Plantar Rash (painless but infectious)

### 5- Congenital syphilis

Woman is pregnant and has symptomatic or asymptomatic early syphilis, disseminating organisms may pass through the placenta to infect the fetus.

<u>Manifestation:</u> Perforation of Palate (only female slides)

### 4- Tertiary syphilis: (only female slides)

- Approximately 30% of untreated patients progress to the tertiary stage within 1 to 20 years.
- Rare because of the widespread use of antibiotics.
- Manifestations as cardiovascular syphilis (syphilitic aortitis and an aortic aneurysm).

# Treatment of Syphilis

β-Lactam Antibiotics (Natural Penicillins)				
M.0.A	Inhibits bacterial cell wall synthesis through inhibition of transpeptidase enzyme required for crosslinks . (Bactericidal)			
Uses	<ul> <li>1st line treatment of syphilis</li> <li>Penicillins bursting the bacterial cell walls by acting directly on peptidoglycans, as you know gram –ve have low peptidoglycans, so Penicillins are not effective on gram –ve</li> </ul>			
	Benzylpenicillin (penicillin G)  Procaine penicillin G  Benzathine penicillin			
Classification	• Short duration of action, given I.V.	<ul> <li>Given I.M.¹ - delayed absorption.</li> <li>Long acting (24-48 hrs)</li> <li>After adding Procain which is local anaesthetic, the renal excretion decreased → the Half life increase</li> </ul>	<ul> <li>Given I.M.</li> <li>Delayed absorption.</li> <li>Long acting (every 3-4 weeks), 2.4 million units is given once.</li> </ul>	
P.K.	<ul> <li>All these penicillin preparations are:</li> <li>Acid unstable, so we never give them orally</li> <li>Penicillinase sensitive (β-lactamase sensitive)</li> <li>Not metabolized 'only female slides'</li> <li>Excreted unchanged in urine through acid tubular secretion. May cause convulsions 'only female slides'</li> <li>Renal failure prolong duration of action 'only female slides'.</li> </ul>			
ADRs	<ul> <li>Hypersensitivity, So we have to do skin sensitivity test before administration</li> <li>Convulsions when the concentration of the drug in blood is high either because the dose is high or the patient has renal problem</li> <li>Super infections (secondary infection e.g. Candidiasis)</li> </ul>			

## **Drugs used in Allergic Patients To Penicillins:**

- 1. Macrolides e.g. Azithromycin
- 2. Tetracyclines e.g. doxycycline
- 3. Cephalosprins: Ceftriaxone cefixime

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<sup>1</sup> not given I.V. bc it may cause cardiac arrest

# Treatment of Syphilis

Tetracyclines (Doxycycline)		
M.O.A	Inhibit bacterial protein synthesis by reversibly binding to <b>30 S</b> bacterial ribosomal subunits. (Bacteriostatic).	
A.	<ul> <li>Given orally (only female slides)</li> <li>Well absorbed orally</li> <li>Long acting</li> <li>100 mg twice daily for 14 days.</li> <li>Doxycline has 2 advantages among other tetracyclines: 1-High absorption rate up to. 2- Long half life (only twice a day).</li> </ul>	
ADRs	<ul> <li>Brown discoloration of teeth in children</li> <li>Deformity or growth inhibition of bones in children.</li> <li>Hepatic toxicity (prolonged therapy with high dose).</li> <li>Nausea, vomiting ,diarrhea &amp; epigastric pain (given with food)</li> <li>Phototoxicity (only male slides)</li> <li>Vertigo</li> <li>Superinfections.</li> </ul>	
	Because the tetracyclines accumulate with Ca <sup>2+</sup> we should not give it to:  Pregnancy  Breast feeding bc it is excreted in milk  Children (below 10 yrs)	

Macrolides (Azithromycin)		
M.0.A	Inhibits bacterial protein synthesis by binding to bacterial <b>50S</b> ribosomal subunits.	
A.	<ul> <li>Should be given 1 hour before or 2 hours after meals be it has food drug interaction</li> <li>No effect on cytochrome P450, so no drug-drug interaction.</li> <li>Acid stable</li> <li>Penetrates into most tissues except CSF</li> <li>Half life: 2-4 days</li> <li>Once daily, oral dose</li> </ul>	
ADRs	<ul> <li>GIT upset: Nausea, vomiting, abdominal pain &amp; diarrhea.</li> <li>Allergic reactions: urticaria, mild skin rashes but no need to stop the treatment.</li> <li>It has minor ADRs so it's a good alternative choice in case of penicillin resistance</li> </ul>	

# Treatment of Syphilis

Cephalosporines				
	Ceftriaxone	Cefixime		
P.K Only female slides	<ul> <li>Third generation cephalosporins</li> <li>Given parenterally (I.V.) " + IM "</li> <li>Eliminated via biliary excretion</li> <li>Long Half-life</li> </ul>	-		
M.0.A	Inhibit bacterial cell wall synthesis (β-lactam inhibitor) Bactericidal			
ADRs	Hypersensitivity reactions (allergic manifestations) Thrombophlebitis due to injections (temporary) Superinfections Diarrhea			

# WHO guideline for the Treatment of Syphilis\*

Patients	Treatment option		
Early syphilis			
	Benzathine penicillin G (2.4 million units once I.M.)		
Adult (primary, secondary	Procaine penicillin G (1.2 million units I.M. for 10-14 days)		
and early latent syphilis of not more than 2 year's duration)	If penicillin is not allowed due to allergy, use:  1. Doxycycline 100 mg twice daily orally for 14 days  2. or Ceftriaxone 1 g IM once daily for 10–14 days  3. or Azithromycin 2 g once orally.		
	Benzathine penicillin G (2.4 million units once I.M.)		
	Procaine penicillin G (1.2 million units I.M. for 10-14 days		
Pregnant woman	If penicillin is not allowed due to allergy, use:  1. Erythromycin 500 mg orally 4 times daily for 14 days 'female slides'  2. Ceftriaxone 1 g IM once daily for 10–14 days  3. or Azithromycin 2 g once orally.		

# WHO guideline for the Treatment of Syphilis

Patients	Treatment option	
Late syphilis		
Adult (infection of more	Benzathine penicillin G (2.4 million units nits I.M. once weekly for 3 consecutive weeks)	
than 2 years' duration	Procaine penicillin G (1.2 million units I.M. for 20 days)	
without evidence of treponemal infection)	If penicillin is not allowed due to allergy, use:  • Doxycycline 100 mg twice daily orally for 30 days	
	Benzathine penicillin G (2.4 million units nits I.M. once weekly for 3 consecutive weeks)	
	Procaine penicillin G (1.2 million units I.M. for 20 days)	
Pregnant woman	If penicillin is not allowed due to allergy, use:  1. Penicillin desensitization  2. Erythromycin 500 mg orally 4 times daily for 30 days  3. Ceftriaxone 1 g IM once daily for 10–14 days  4. or Azithromycin 2 g once orally.	
Congenital syphilis		
In <b>infants</b> with confirmed congenital syphilis or infants who	Aqueous benzyl penicillin (I.V.) 100,000 – 150,000 U/kg/day for 10 – 15 days	
are clinically normal, but whose mothers had untreated syphilis	Procaine penicillin (I.M.) 50,000 U/kg/day single dose for 10 – 15 days	

## Gonorrhea

## Introduction

- Caused by Neisseria gonorrhea (Pus producing bacteria, Gram negative cocci).
- Transmitted <u>during sexual contact</u> with affected person. (only female slides)
- Many people have no symptoms. (only female slides)
- Men may have burning with urination, discharge from the penis or testicular pain.
- Women may have burning with urination, vaginal discharge, vaginal bleeding between periods, or pelvic pain. (only female slides)

# Treatment of Gonorrhoea

# **Uncomplicated** gonorrheal infections

3 <sup>rd</sup> Generation Cephalosporines			
А.	Cefixime	Ceftriaxone	
	400 mg of cefixime, PO <sup>2</sup>	500mg ceftriaxone, I.M.	
Use	1st line treatment Typically given in combination with a single dose of azithromycin (1gm, PO¹) or doxycycline (100 mg twice a day 'BD', P.O.² for 7 days) to prevent resistance or to treat second infection like chlamydia trachomatis		

Fluoroquinolones (Ciprofloxacin, olfaxacin) 2 <sup>nd</sup> choice		
M.O.A	All are bactericidal Inhibit DNA synthesis by inhibiting DNA gyrase enzyme (required for DNA supercoiling).	
P.K	Single oral dose of :  Ciprofloxacin (500 mg)  Ofloxacin (400 mg)	
ADRs	<ul> <li>May damage growing cartilage and cause arthropathy.</li> <li>Phototoxicity, avoid excessive sunlight</li> <li>GIT: Nausea , vomiting &amp; diarrhea</li> <li>CNS: Headache &amp; dizziness</li> </ul>	
C.1 <sup>3</sup>	<ul> <li>Pregnancy</li> <li>Nursing mothers</li> <li>Children under 18 years (bc they cause damage to growing cartilage)</li> </ul>	

What is the Alternative treatment in pts that cannot tolerate or be treated with cephalosporins or quinolones? **Spectinomycin** 

<sup>&</sup>lt;sup>2</sup> orally

<sup>&</sup>lt;sup>3</sup> Contraindications because it of its effect on cartilage

## Treatment of Gonorrhoea

	Spectinomycin (3 <sup>rd</sup> choice)		
M.0.A	Inhibits protein synthesis by binding to 30 S ribosomal subunits.		
P. A.	Is given 2 g, I.M, once.		
ADRs	Nephrotoxicity (not common). Pain at site of injection Fever, nausea		

## **Complicated** gonorrheal infections

### When complicated gonorrhea occurs?

If gonorrhea left untreated, it can spread through blood stream into:

1. Eye

2. Joints

3. Heart valves

4. Brain

### **Harmful effects of gonorrhea:**

 It can also spread from a mother to a child during birth. Newborn eye infections may lead to conjunctivitis called opthalmia neonatorum which may lead to blindness

# WHO guidelines suggest one of the following options for topical application to both eyes immediately after birth:

- Silver nitrate 1% solution (1st choice)
- 2. Or Erythromycin 0.5% eye ointment (2<sup>nd</sup> choice)
- 3. Or Tetracycline hydrochloride 1% eye ointment
- 4. Or Povidone iodine 2.5% solution (water-based)
- 5. Or Chloramphenicol 1% eye ointment

	Silver nitrate	Erythromycin
M.O.A	It has germicidal effects due to precipitation of bacterial proteins by liberated silver ions. (germicidal effects: to kill the germs 'microorganism)	0.5% ointment for treatment & prevention of corneal & conjunctival infections.
Use	With conjunctivitis in new born Put into conjunctival sac once immediately after birth (no later than 1 h after birth)	

# Summary

	TREATMENT OF SYPHILIS				
Per	nicillins (β-Lactam Antibiotics)	Tetracyclines (Doxycycline)	Cephalosporines (Cefixime, Ceftriaxone)	Macrolides (Azithromycin)	
penio penio MOA Inhib synth	cylpenicillin, Procaine cillin G, Benzathine cillin G  A: bits bacterial cell wall nesis (Bactericidal). cation: noice in treating ilis	MOA: Inhibit bacterial protein synthesis by reversibly binding to 30S bacterial ribosomal subunits (Bacteriostatic). ADRS: Brown discoloration of teeth in children. Deformity or growth inhibition of bones in children Hepatic toxicity C.I.: Pregnancy. Breast feeding. Children (below 10	MOA: Inhibit bacterial cell wall synthesis (Bactericidal) Cefixime: more effective against gram negative bacteria.  ADRS: Hypersensitivity reactions Thrombophlebitis. Superinfections. Diarrhea.	MOA: Inhibits bacterial protein synthesis by binding to bacterial 50S ribosomal subunits.  P.K: Should be given 1 hour before or 2 hours after meals. No effect on cytochrome P450  ADRS: Allergic reactions: urticaria, mild skin	
yrs.).					

## **Uncomplicated** gonorrheal infections

Cephalosporines	Fluoroquinolones (Ciprofloxacin)	Spectinomycin
<ul> <li>1st line treatment</li> <li>Typically given in combination with a single dose of azithromycin or doxycycline</li> </ul>	Typically given in combination with a single dose of azithromycin or  Bactericidal. Inhibit DNA synthesis by inhibiting DNA gyrase enzyme (required for DNA supercoiling).	
	may damage <b>growing cartilage</b> and cause arthropathy, <b>phototoxicity</b> . Contraindecations: Pregnancy, nursing mothers, children under 18 years.	Fluoroquinolones ADRS: 1. Nephrotoxicity (not common).

## Complicated gonorrheal infections (conjunctivitis in new born)

Silver nitrate	Erythromycin
It has germicidal effects	prevention of corneal & conjunctival infections.

With conjunctivitis in new born Put into conjunctival sac once immediately after birth (no later than 1 h after birth)

#### Q1: Which one of the following is the drug of choice for treatment of syphilis?

A. Ceftriaxone .

B. Benzathine penicillin G.

C. Silver nitrate.

D. Ciprofloxacillin

#### Q2: Which one of the following is the drug of choice for treatment of gonorrhea?

A. Ceftriaxone.

B. Benzathine penicillin G.

C. Silver nitrate.

D. Ciprofloxacillin

#### Q3: Which ONE of the following is used in syphilis patient who is allergic to penicillin?

A. Amoxicillin.

B. Benzathine penicillin G.

C. Silver nitrate.

D. Ciprofloxacillin.

E. Doxycycline.

#### Q4: Which of the following may cause bone deformity as adverse effect?

A. Amoxicillin.

B. Ciprofloxacillin. C. Silver nitrate.

D. Doxycycline.

#### Q5: Which of the following may lead to cartilage damage and arthropathy as adverse effect?

A. Amoxicillin.

B. Ciprofloxacillin. C. Silver nitrate.

D. Doxycycline.

#### Q6:Which ONE of the following is the mechanism of action of sliver nitrate?

A. Bactericidal by Inhibiting bacterial cell wall synthesis. C. Bactericidal Inhibiting bacterial DNA synthesis.

- B. Bacteriostatic by Inhibiting bacterial protein synthesis.
- D. Germicidal by Precipitating of bacterial proteins.

#### Q7: Which one of the following is best describe the mechanism of action of Spectinomycin?

A. Bactericidal by Inhibiting bacterial cell wall synthesis.

- B. Bacteriostatic by Inhibiting bacterial protein synthesis.
- C. Bactericidal Inhibiting bacterial DNA synthesis.
- D. Germicidal by Precipitating of bacterial proteins.

#### Q8: 28 years old lady has gonorrhea. She gave a birth of her first baby through vaginal delivery. Her baby was born with conjunctivitis. Which one of the following drugs is suitable to be used for the baby?

A. Silver nitrate.

B. Ceftriaxone.

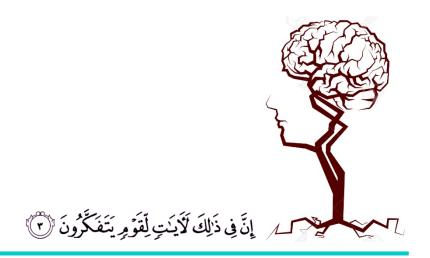
C. Erythromycin

Q9: A 26 years old man present with burning micturition and discharge. He was diagnosed with gonococcal urethritis. The lab investigation has revealed there is also other organism which is chlamydia trachomatis. Which one of the following combination of antibiotics is appropriate in his case?

A. Ceftriaxone + Ciprofloxacillin. B. Ceftriaxone + azithromycin. C. Ceftriaxone + Silver nitrate.

D. Ceftriaxone + doxycycline. E. Both B & D.





# قادة فريق علم الأدوية:

فارس النفيسة

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اللولو الصليهم

# الشكر موصول الأعضاء الفريق المتميزين:

روان سعد القحطاني جواهر ابانمي حنين باشيخ خالد العيسى عبدالله هاشم منيرة الضفيان

### References:

- 1-436 doctor's slides and notes
- 2- Medical News Today





