



# Professionalism: Overview, an orientation of the course and **Key Elements**

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# Professionalism Course

- Course title : Professionalism
- Code : SKL 221
- Target : Second year medical students
- Course duration : **First semester**
- Credit hours : 6 hours

Note : ( patient safety topics to be given during the second semester with different objectives and topics)



# Today's session.

## Contents:

- Objectives of the professionalism course
- Topics /Sessions
- Teaching and learning strategies
- Student's assessment and evaluation
- Mark distribution
- Overview about professionalism
- Key elements
- Learning resources
- Professionalism : Guide for students



# Objectives of the Professionalism Course.

**At the end of the course, the participants shall be able to;**

- Define the attributes of professionalism.
- Respect for confidentiality and awareness of the legal, ethical and medical issues concerning patient's documentation.
- Practice effectively in teamwork during an inter-professional activity.
- Demonstrate the attributes and behavior of a professional medical student.
- Recognize and manage conflicts at workplace.

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# Objectives of the Professionalism Course-cont.

- ▶ Demonstrate commitment of lifelong learning and the capacity for reflection and self evaluation .
- ▶ Demonstrate how to manage stress.
- ▶ Work effectively with patients, their families, colleagues and other health professionals .
- ▶ Participate as a volunteer for the community services in collaboration with health societies and agencies.

# Professionalism course: Topics

- Overview of the course, orientation and key elements of professionalism.
- Accountability ,initiatives ,integrity & trustworthiness
- Historical standards of professionalism behavior and Islamic values and rules of medical professionalism.
- Effective communication skills: impact on being an effective team player.
- unprofessional behaviors.
- Inter-professional education and collaboration.( **2 sessions**)
- Continuous professional development, life long learning and professionalism through mentoring..
- Stress management
- Leadership and management skills
- Professionalism in different cultural contexts( sensitivity to other belief and world views).
- Community services and volunteer works.( **2 sessions**)



# Teaching Strategies

- ▶ Interactive lectures
- ▶ Student led seminars
- ▶ Simulated inter-professional team
- ▶ Simulated scenario based discussions
- ▶ Preparation of community services and awareness campaigns.
- ▶ Attending seminars in collaboration with health education.



# Teaching strategies: student led seminar

- Includes assignments and projects. Students will be divided into **3 Subgroups** at the beginning of the academic year by the tutor . Each **Subgroup** shall participate in **2 topic/session** ( preparation, role play, discussion and presentation accordingly).
- Slides with the main points of the topic , summary handouts and references will be given to students earlier before the day of the session to help in preparing the topic.
- Student will be evaluated after presentation and discussion.



## Professionalism Course ( SKL-221) GROUP B1

Sl. No	Student ID	Name
1	434100083	BADER AHMED ALSHEHRI
2	434102161	MOHAMMAD NAEM ALAMRI
3	435100313	AHMED KHALID ALZHRANI
4	435100458	MOHANAD BIN ALI BIN ALZHRANI
5	435100479	MOHAMMED ABDULAZIZ ALMARSHUD
6	435101197	MUBASHIR MOHAMMED ALASMARI
7	435101924	MUHANNAD MOHAMMED AL ZHRANI
8	435102390	FAISAL ABDULLAH AL HARBI
9	435102832	KHALED AHMAD SHARAHILI
10	435103515	ROTHAN KALED ALNHADI
11	435103596	ADNAN NASSER AL JABRI AL KHALDI
12	435104339	MOAID ADEL ALYOUSEF
13	435104663	ABDELMAGEED KHALID ALHARBY
14	435104803	ABDULAZIZ FUAD REDWAN
15	435105930	SAAD BARJAS ALMOTAIRI
16	435106201	SALEM ALI ALAMMARI
17	435106497	ABDULKARIM OBAID ALMUHAYDILI
18	435108397	ABDULLAH ADEL NASSER
19	436100002	FAHAD KHALEEL ALZHRANI
20	436100014	FAISAL MOHD HABBAB
21	436100072	ABDULAZIZ HASSAN ALSOMALI
22	436100153	KHALIL ABDULLAH ALGHALAYINI
23	436100168	SAAD SAEED ALQAHTANI
24	436100243	MESHARI IBRAHIM ALSHABRI
25	436100298	KHALID EIDHAH AL SAADI
26	436100305	SAUD TARIQ ALSHENAIFI
27	436100319	ABDULAZIZ MOHSEN AL HOTHALI
28	436100350	MOHAMMED TAWFIK KHOJA
29	436100412	KHALID ABDULRAHMAN AL DAKHEEL
30	436100455	BASEL THAMER ALANAZI
31	436100482	SAAD SAUD ALRUSHUD
32	436100502	ABDULAZIZ SAMI ALJASSER
33	436100539	MOHAMMED KHALED ALMOHAWES
34	436100645	FARIS ABDULLAH ALJAFAR
35	436100652	RAKAN ALI BAHAMMAM



**Professionalism Course ( SKL-221)**  
**GROUP B2**

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2	436100695	MOHAMMED RAJAB ALKHALAF
3	436100715	IBRAHEEM AHMED ALDEERI
4	436100762	TALAL ABDULAZIZ ALHUQAYL
5	436100787	KHALID ALWALID ALEKRISH
6	436100942	MOHAMMAD ABDULAZIZ ALDUAYJ
7	436100988	FAISAL BANDAR ALMUTRAFI
8	436101118	MOHAMMED HOSHAN ALMAJED
9	436101427	OMAR ABDULMOHSEN FATANI
10	436101445	MOHAMMED KHALID HABIB
11	436101446	HAMAD SAMI ALHUMAIDAN
12	436101449	ABDULAZIZ ABDULLAH AL-ANGARI
13	436101499	HAMAD HASHIM ALKHUHDHAYRI
14	436101503	NAWAF HASHIM ALKHUHDHAYRI
15	436101664	ABDULLAH EYAD HASHEM
16	436101669	TALAL HAROON ALTUKHAIM
17	436101702	TURKI AHMAD MADDI
18	436101868	TRAD SHUKRI ALWAKEEL
19	436101892	KHALID SAEED ALSHEHRI
20	436102023	MOHAMMED TARIQ AL KHIDHR
21	436102042	ABDULRHMAN ABDULLAH ALSHIHRI
22	436102118	KHALID MOHAMMED ALQAHTANI
23	436102166	ABDELRAHMAN IMRAN ALOMARNY
24	436102175	HAMAD YASSER ALHASSOUN
25	436102388	RAYAN KHALID ALHOWAISH
26	436102493	MOHMED YOUSSEF NASR
27	436102572	KHALID AYIEDH ALAMRI
28	436102574	BASEL ABDULLAH ALMEFLH
29	436102628	NAWAF ABDULLAH AL FAIFI
30	436102655	HUSAM ABDULAZIZ ALKHATHLAN
31	436102871	ABDULLAH FAHAD ALSAEED
32	436103024	YAZID AHMED ALSUHIBANI
33	436103089	NAWAF ABDULLAH ALAMRI
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35	436103115	WALEED KHALID MIJLAD



## Professionalism Course ( SKL-221) GROUP B3

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2	436103141	ABDULAZIZ MUSTAFA SHADID
3	436103152	MAJED BELAL ALZIN
4	436103264	ABDELMAJEED SALEH ALMUTARI
5	436103354	HASSAN ALI ALSHAMMARI
6	436103496	YOUSEF JEBRIN ALJEBRIN
7	436103662	NASIR ABDULLAH ALQUAYD ALDOSARY
8	436103705	ABDULLAH ALI JAMMAH
9	436104000	ABDULLAH SAAD ALMUNYIF
10	436104287	ABDULLAH MOHAMMED ALMANA
11	436104347	FAISAL FOUAD ALGHARBI
12	436104426	YAZEED OBAEDALLAH AL-MUTAIRI
13	436104572	SALEH MOHAMMED ALTUWAIJRI
14	436104643	QAIS ADEL ALMUHAIDEB
15	436104670	IBRAHIM ABDULRAHMAN ALHEDAITHI
16	436104680	OMAR SALEH ALMUGHEER
17	436104700	FAHAD MOHAMMED ALFAYEZ
18	436104706	ABDULAZIZ SULAIMAN ALSALEM
19	436104768	ABDULAZIZ HUSSAIN ALSALMAN
20	436104771	NASSER MUBARAK ABU DUJAYN
21	436105099	SAQR MOHAMMED AL-TAMIMI
22	436105110	WALEED DEKHAYEL ELDAKHAYEL
23	436105116	FARIS IBRAHIM NAFISAH
24	436105241	MOYAD KHALID AHMAD
25	436105427	ABDULAZIZ HANI ALGARMOUSHI
26	436105882	MOHAMMAD IBRAHIM ALMUTLAQ
27	436105894	MOHAMMED KHALID ALAYED
28	436105932	BASHEER MAQBUL ALOTAIBI
29	436106059	ABDULLTIF MOHAMMED ALABDULLTIF
30	436106397	MUHAMMED HAMMAD BIN NASIF
31	436106563	FAISAL SALAHUDDIN ALFAWAZ
32	436106879	ABDUL RAHMAN HAMOUD AL - MALIKI
33	436106942	OMAR MOHAMMAD AL-QATTAN
34	436107523	WALEED MOHAMMED AL JAMAL

# Professionalism course SKL-221

**Distribution of sessions /topics among male students groups  
(*Student led seminar, Projects , Assignments & Activities* ) during  
the CNS & GIT blocks  
1439/2017**

Session /Topic	Group	Block	Tutor
Effective communication skills: impact on being an effective team player	<b>B1</b>	CNS	Dr. Kamran Sattar
Professional and unprofessional behaviors	<b>B2</b>	CNS	Dr. Kamran Sattar
Inter-professional education and collaboration 2 sessions	<b>B3</b>	GIT	Dr. Muhamad Al-Naami
Community services and volunteer works 2 sessions	<b>B1</b>	GIT	Prof. Eiad Al-Faris
Continuous professional development, life long learning and professionalism through mentoring	<b>B2</b>	GIT	Prof. Samy Azer
Professionalism in different cultural contexts (sensitivity to other beliefs and world views)	<b>B3</b>	GIT	Prof. Sultan Ayoub Meo



# Student's Assessment

- Short answer questions ( **SAQs** )
- Multiple choice questions ( **MCQs** )
- Seminar presentation
- Assignment and project report
- Rating on inter-professional team work.



# Mark distribution

- ❖ **Continuous assessment ( 40 marks):**
  - A- Project/assignment: 20 marks each
  - B- Student led seminar: 20 marks
- ❖ **Final exam ( 60 marks):**
  - A- MCQs : 30 marks
  - B- SAQs: 30 marks
- ❖ Total : 100 marks
- *Note: at the end of year ; 50 marks will be counted for professionalism and 50 marks for patient safety for this academic year only.*



# Professional conducts required during the lecture/session

Include:

- Interaction during lecture
- Professional conduct
- Punctuality ,communication,.. etc.
- **Random check of attendance by the tutor at each lecture**

# Overview About Professionalism







# Professionalism

## Lecture contents:

- Definition of professionalism
- Why professionalism is important?
- Professionalism in medicine
- Concepts of professionalism
  - Key elements
  - Learning resources



# Definition of professionalism

There are different definitions .

**Q: What could possibly be the cause for these differences?**

**Ans: Although there are common key elements in the definition of professionalism that must be fulfilled, the definition might varies depending on culture, law, and community needs.**



## Definitions, cont.

- It is also the measure that could be used to assess our performance by our patients, colleagues, and the profession.

**What resources would you use to help you in identifying the definition of professionalism?**



## Definitions , cont.

- ▶ **The resources for defining professionalism might include:**
- ▶ Literature, published research papers, legal and ethical documents, as well as disciplinary action documents in the hospital, and workplace (These documents are confidential).

# Definition of Professionalism

- **Profession** is an occupation whose core elements is work, based on the mastery of a complex body of knowledge and skills.

*Oxford English Dictionary*

- **Profession** is the conduct, aims, or qualities that characterize a person in a work setting or profession

- **Professionalism** “constituting those attitude and behaviors that serve to maintain patient interest above physician self-interest.”

*American Board of Internal Medicine*

- **Professionalism** is exhibited by one of the professional character, spirit , methods or the standing practice , or methods of a professional as distinguished from an amateur”.

*American College Dictionary*

*American*

# Definition ,cont.



**MEDICINE** is a vocation in which a doctor's knowledge, clinical skills ,and judgment are put in the service of protecting and restoring human well-being.

The purpose of definitions is to realize the partnership between a patient and doctor. It is based on mutual respect ,individual responsibility and appropriate accountability.

# The Holy Quran & Hadith

**The holy Quran and Al-Hadith** have stated that Muslims have duty to care for the sick and this often referred to ‘**Medicine of Prophet**’.

According to the sayings of the Prophet Mohamed’ *peace be upon him*’ that ‘Allah has sent a cure for aliment and that it was the duty of Muslim to care of the body and spirit.

**This includes improving the quality of care and ensures access of healthcare to every body.**

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# Why Professionalism Is Important?

- ▶ There is a great increase in interest in developing medical professionalism of the students.
- ▶ The *ethical* demands upon medical profession have increased due to changes in the traditional modes of health care delivery, increased complexity in the methods of reimbursement, and developing national trends toward managed care.





# Why Professionalism Is Important? cont.

- ▶ Most people desire to be treated by physicians who, in addition to being competent, care deeply about their patients.
- ▶ Professionalism and humanism sometimes confused as being synonymous.
- ▶ Professionalism is not only about being competent and skillful but also *behaving in an ethical way*.

# Professionalism In Medicine

- Professionalism embodies the relationship between medicine and society as it forms the basis of patient –physician trust. It attempts to make tangible certain attitudes, behaviors , and characteristics that are desirable among the medical profession.

*University of Ottawa,2012*

- Medical professionalism is the '**heart and soul of medicine.**' more than adherence to a set of medical ethics , it is the daily expression of what originally attracted them to the field –a desire to help people and to help society as a whole by providing quality health care.

*Advancing medical professionalism to improve health care. ABIM Foundation , 2013*



# Concepts of Professionalism

- ▶ **Professionals** have *codes, guidelines, creeds, oaths, commitments* statements, belief statement such as statement on *ethics*.
- ▶ **Professionals** in many professions are *licensed, certified* and specific initial and *advanced education*, many require both initial and ongoing testing for admission and maintaining membership.
- ▶ **Examples of professionals** : medical doctors, engineers, pilots, etc,...

# Key Elements of Professionalism



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# Objectives of Key Elements

- Understand the key elements and attributes of medical/health professionalism.
- Discuss practical examples (case scenarios) about professionalism and key principles learnt.

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# Key Elements of Professionalism: include;

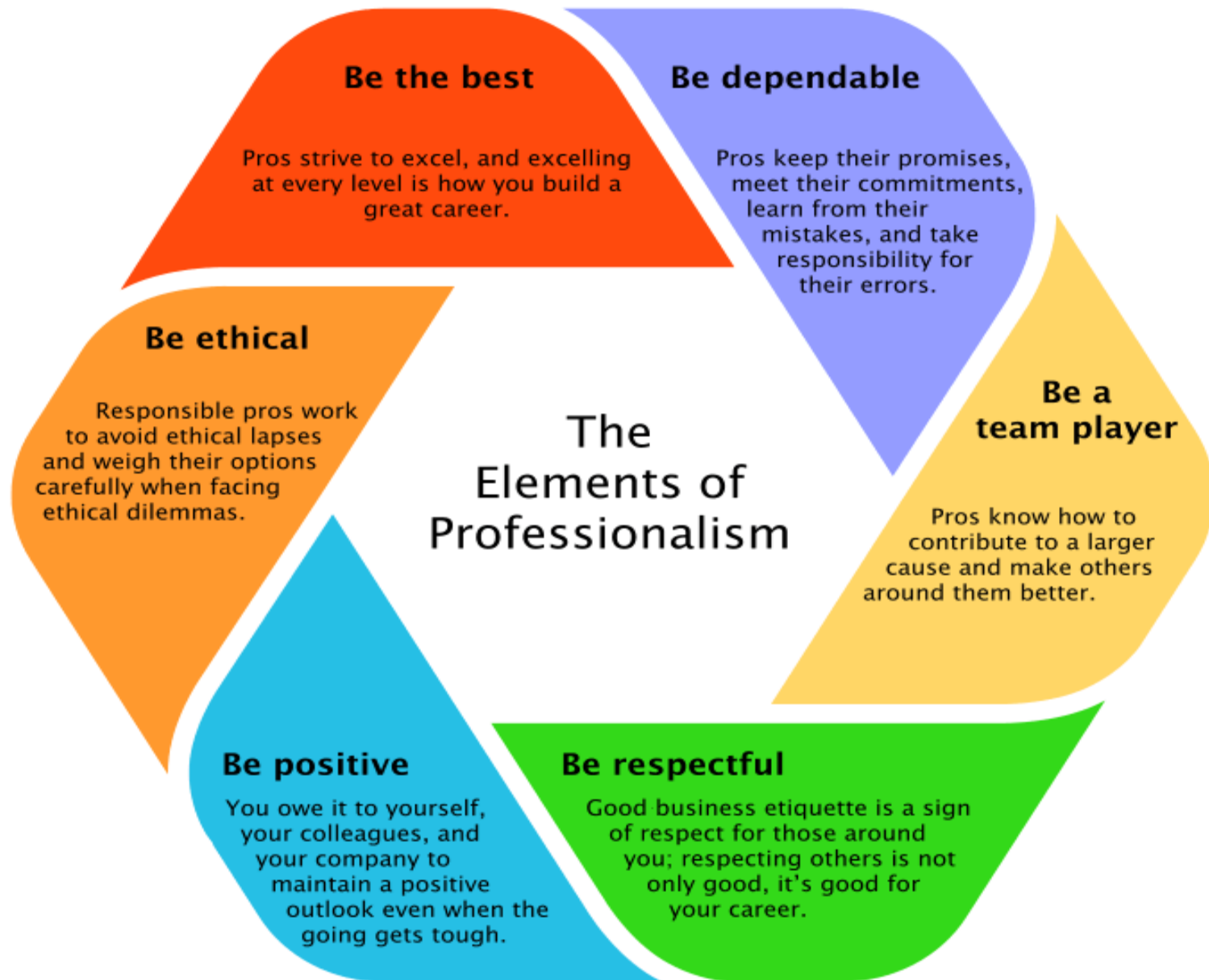
- **Excellence.**
- **Humanism.**
- **Respect.**
- **Accountability.**
- **Altruism.**
- **Integrity.**



# Key Elements

## *( Bases of Professionalism)*

- Ethical and Legal Boundaries.
- Communication and Interpersonal Skills.
- Continuous Learning and Self Development.
- Clinical Competence (Knowledge and Skills).





# Key Elements

1

**EXCELLENCE**: ( a talent or quality that

*is unusually good and surpasses ordinary standards)*

- Time management /Punctuality
- Positive attitude ( enjoy work).
- Commitment to life long learning, to exceed ordinary expectations.
- Confidentiality.
- Consider the language and culture of work.
- Give the best of your talents and skills.

# Key Elements. cont

## ➔ 2. HUMANISM:

- Empathy & Compassion.
- Support & Encouragement.
- Love and care.
- Positive attitude.
- Values and integrity.



## Humanism –cont.

The differences between professionalism and humanism:

- **Professionalism** is a way of acting. It comprises a set of observable behaviors.
  - **Humanism** is a way of being. It comprises a set of deep-seated personal convictions about one's obligations to others especially others in need.
- Humanism** manifested as : altruism, duty, integrity, respect for others and compassion.



# Key elements



## 3. RESPECT:

- Dignity & Respect for patients, patients' families, colleagues, and other healthcare professionals.
- Demonstrate good attitude and effective communication.
- Respect all patients in the same way regardless to their social status.

# Respect also includes:

- Respect for the feeling of others
- Respect for differences
- Respect for rules
- Self-respect.



# Key Elements

## 4. ACCOUNTABILITY:

- Accept responsibility.
- Always consider confidentiality.
- Work on resolving conflicts.
- Avoid the business of blaming others, circumstances or how much you are busy.
- Honoring the patient/physician relationship
- Addressing the health needs of the public

# Key Elements

## ➔ 5. ALTRUISM:

- Put the patient's interest first.
- Avoid any conflict between your needs and the patients' rights.
- Give full commitment to your patient.
- Avoid any financial or relationship biases that could have any negative impact on the patient-doctor relationship

# Key Elements

## 6. INTEGRITY

- Be a principle-based person.
- Be honest, and stand by your words.
- Be fair.
- Do not abuse your position/authority.
- Do what you say.
- Behave in a good manner whether you are watched or not.
- Adhere to good work-place ethics.



# Professionalism & Ethics

Though the terms professionalism and ethics are used interchangeably by some people, there are a lot of difference between the two.

**Professionalism** can be defined as the skills, competence and the conduct displayed by an individual of a certain profession.

**Ethics** are guidelines for individuals, which clearly state the dos and don'ts.

## Professionalism

- Competence
- Honesty
- Compassion
- Respect others
- Responsibility for the profession & society

## Ethics

- Morals
- Deliberation and explicit arguments to justify particular actions
- Principles governing ideal human character
- Focus on reasons why an action is right or wrong.

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# Learning resources

- 1- **Feldman, M., & Christensen, J.** (latest edition). *Behavioral Medicine: a Guide for Clinical Practice* . New York: McGraw-Hill Medical. ISBN: 9780071438605.
- 2- **Spandorfer J, Pohl CA, Rattner SL, Nasca TJ.** (latest edition). *Professionalism in Medicine. A Case-Based Guide for Medical Students* .Cambridge University Press, UK. ISBN: 978-0-521-70492-2 .
- 3- **Stern DT** (latest edition). *Measuring Medical Professionalism*. Oxford University Press, UK. ISBN13: 9780195172263.



**THANK YOU.**