

# VOLUNTEERING

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# OBJECTIVES

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- Definition.
- Spectrum of community services.
- Aims of volunteer work
- Steps of preparation of volunteers.
- The expectations of volunteers.
- Acting along social, public and community responsibilities as a professional.
- Opportunities in the volunteering.
- Ethics of volunteering.
- Practicing as a volunteer.



## العمل التطوعي

- التطوع لغة: تَنَفَّلَ، أي تَكَلَّفَ الطاعة. يقال: قام بالعبادة طائعاً مختاراً دون أن تكون فرضاً لله وفي التنزيل الحكيم: ﴿فَمَنْ تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ﴾ [سورة البقرة: آية 184].
- اصطلاحاً: العمل التطوعي هو عمل يقوم به فرد أو مجموعات سواء كان ذلك العمل بدني أو فكري أو اجتماعي أو مادي أو ديني الباعث له هو احتساب الأجر والثواب من الكريم الوهاب

رابط الموضوع: <http://www.alukah.net/sharia/0/108690/#ixzz50lIF2yKA>

# دعوة القرآن الكريم للعمل التطوعي

- من صور العمل التطوعي الإيثار قال الله تعالى: ﴿ وَيُؤْتِرُونَ عَلَىٰ أَنفُسِهِمْ وَلَوْ كَانَ بِهِمْ خَصَاصَةٌ ﴾ [الحشر: 9]، أي: يقدمون خدمة الآخرين ومصالحهم العامة على المصلحة الشخصية الخاصة
- **ذو القرنين وبناء السد كان** بناء السد نعمة عظيمة للبشرية وسبباً من أسباب هناء العيش على الأرض " قالوا يا ذا القرنين إن يأجوج ومأجوج مفسدون في الأرض فهل نجعل لك خرجاً " فقال ذو القرنين بعفة وديانة وصلاح وقصد للخير: " ما مكّني فيه ربي خير " أي إن الذي أعطاني الله من الملك والتمكين خير لي من الذي تجمعونه
- **قصة الخضر وموسى** عليهما السلام وبناء الجدار
- **موسى عليه السلام** - وتطوعه لسقي الأنعام

## دعوة السنة النبوية للعمل التطوعي

- وردت أحاديث كثيرة تدل على مشروعية العمل التطوعي منها:
- عن أنس بن مالك - رضي الله عنه - أن رسولَ الله - صلى الله عليه وسلم - قال: «ما من مُسلم يَغْرِسُ غَرْسًا، أو يَزْرَعُ زَرْعًا، فيأكلَ منه طَيْرٌ، أو إنسانٌ، أو بهيمةٌ، إلا كان له به صدقة» . أخرجه البخاري ومسلم والترمذي.
- قال صلى الله عليه وسلم: "الساعي على الأرملة والمسكين كالمجاهد في سبيل الله أو القائم الليل الصائم النهار)؛ متفق عليه.

رابط الموضوع: <http://www.alukah.net/sharia/0/108690/#ixzz50mGBol2y>

# WHAT IS VOLUNTEERING?

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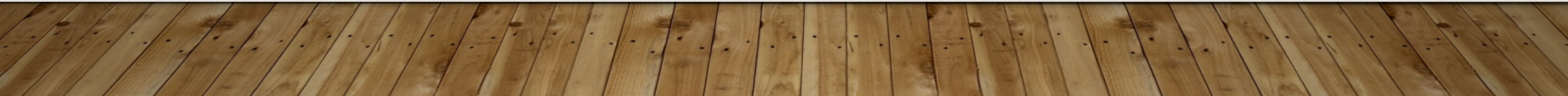
- Volunteering is any **activity** that involves spending **time, unpaid**, doing something that aims to **benefit** the **environment** or **someone** (individuals or groups)
- Giving your **time** and **skills** to help **others** and to progress **yourself.**



# WHAT IS COMMUNITY SERVICE?

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- **Work done by a person or group of people that benefits others.**
- It is often done near the area where you live, so your own community reaps the benefits of your work.
- You do not get paid to perform community service, but volunteer your time.
- Community service can help many different groups of people:
  - Children**
  - Animals and the environment.**
  - People with disabilities,**
  - Senior citizens,**



# IS THERE ANY DIFFERENCE BETWEEN COMMUNITY SERVICE & VOLUNTEERING?





# DIFFERENCE BETWEEN COMMUNITY SERVICE & VOLUNTEERING?

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## Community service

- A **requirement imposed on a person** by a **school**, their **parents**, the **court system** or other persons of authority.
- Technically isn't volunteering because you would not be doing it if you were not being required to.

## VOLUNTEERING

- You are doing so of your own **choosing** without any worry of **punishments or rewards**.
- You feel strongly about something and want to offer your time or services to help.

Read more: <http://www.advicenators.com/qview.php?q=522751#ixzz50qHVhTqj>

# SPECTRUM OF COMMUNITY SERVICES

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- Use Your Knowledge
- Volunteer for an event.
- Make a Commitment
- Send cards to soldiers serving at the borders
- Hold a bake sale for your favorite charity
- Collect unused makeup and perfume to donate to a center for abused women
- Do Your Own Thing

# تجارب وخبرات في التطوع

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- <https://youtu.be/0YLKKfPKMis>

# WHY PEOPLE VOLUNTEER? AIMS

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- **Learn or develop a new skill**
- Be part of your community
- **Sense of achievement**
- Boost your career options
- **Give something back**
- New interests and hobbies
- **New experiences**
- Meeting a diverse range of people
- **Send a signal to your future employer**
- Impress your friends and family...
- **Have fun**

# VOLUNTEER HAVE THE RIGHT TO:

Have	<b>healthy and safe environment</b>
Receive	orientation or <b>induction session</b>
Provided	with the <b>organization's policies and procedures</b>
Sign	<b>volunteer agreement</b> with the expected <b>tasks and working hours</b>
Provided	with sufficient <b>training and supervision</b>
<b>Reimbursed</b>	for necessary out of pocket expenses
Protected	by appropriate <b>insurance</b>

# VOLUNTEER HAVE THE RIGHT TO:

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Have	your personal information dealt with in a confidential manner
Take	holidays
Say	'no' if you are uncomfortable or feel you are being exploited
Be	informed and consulted on matters which affect you and your work.
Receive	feedback on your work
Receive	recognition for your contribution

# VOLUNTEERS ARE EXPECTED TO:

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Be	punctual and reliable
Respect	confidentiality
Carry out	the duties listed in your volunteer position description
Be	accountable
Give	notice if your availability changes or you are leaving the organization
Report	any injuries or hazards that you notice in the workplace

# VOLUNTEERS ARE EXPECTED TO:

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<b>Adhere</b>	to the organization's policies and procedures
<b>Deal</b>	with complaints in the appropriate manner
<b>Undertake</b>	training as requested
<b>Ask</b>	for support when needed
<b>Support</b>	other team members.



# ACTING ALONG SOCIAL, PUBLIC AND COMMUNITY RESPONSIBILITIES AS A PROFESSIONAL.

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- An individual's social connections, typically measured by the number of social roles that an individual has, provides meaning and purpose to his or her life, while protecting him or her from isolation in difficult periods.
- A study of adults aged 65 and older found that the positive effect of volunteering on physical and mental health is due to the personal sense of accomplishment that an individual gains from his or her volunteer activities. (Herzog et al., 1998)

# ACTING ALONG SOCIAL, PUBLIC AND COMMUNITY RESPONSIBILITIES AS A PROFESSIONAL.

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- As professional and community leaders, we have unlimited opportunities to become involved in and have a positive impact on local, national, and international communities and organizations.
- Physicians have the potential to influence thousands, even millions, of lives.
- As community leaders, we have the ability to inspire other people to be involved in supporting worthy causes and to truly make a positive difference in the community.

# BENEFITS OF VOLUNTEERING

- Help in managing chronic illness
- Improvement in health
- Improvement in mood
- Make the community a better place
- Sense of purpose in life
- Lower stress
- Have control on health.

<http://ow.ly/YImZ309akmv>



# OPPORTUNITIES IN VOLUNTEERING

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Personal growth

New skills

Learn more about self and others

Overcome challenges

Enhance self-esteem and confidence.

Experience in a safe environment.

# تجارب وخبرات في التطوع

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- <https://youtu.be/aS-mAz34NA0>