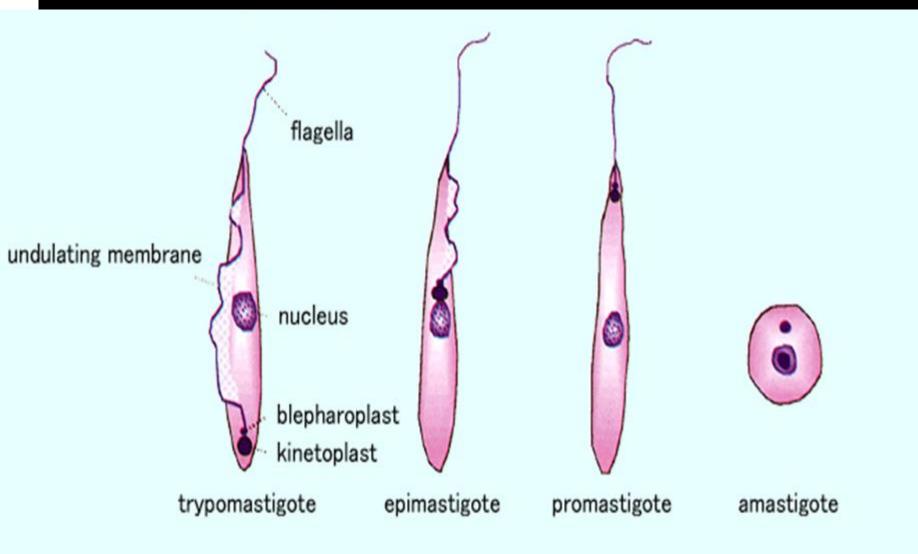
<u>Haemoflagellate</u>

Trypanosomiasis

Dr Mona Badr

Different stages of Haemoflagellates



Trypanosomiasis

 There are two types of trypanosomiasis that affect humans, they are divided according to their geographical location :

African trypanosomiasis, or sleeping sickness, is caused by Trypanosoma brucei parasites in Africa and is transmitted by the **tsetse fly**.

 American trypanosomiasis, or Chagas disease, is caused by Trypanosoma cruzi parasites in Latin America and is transmitted by the 'kissing' bug. •*T. brucei gambiense* — Causes slow onset chronic trypanosomiasis in humans. Most common in central and western Africa, where humans are thought to be the primary <u>reservoir</u>.

•*T. brucei rhodesiense* — Causes fast onset acute trypanosomiasis in humans. Most common in southern and eastern Africa, where game animals and livestock are thought to be the primary reservoir

1-African sleeping sickness

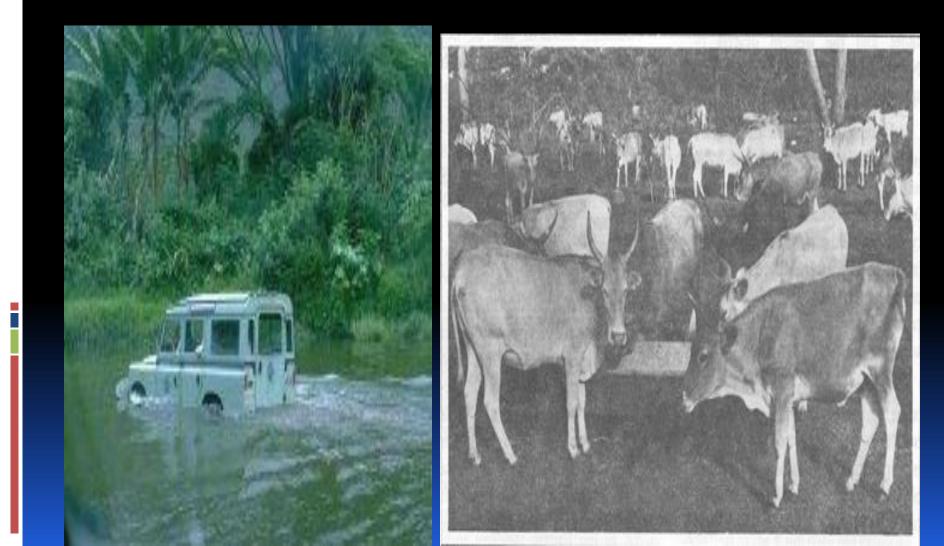
Trypanosoma brucei rhodesiense: East Africa, wild and domestic animal reservoirs

Trypanosoma brucei gambiense: West and Central Africa, mainly human infection **2-Chaga's disease in central and** south America Trypanosma cruzi cause Chaga's disease.

What is African sleeping sickness?

- African trypanosomiasis is a parasitic disease transmitted by the tsetse fly. It gets its nickname 'sleeping sickness' because symptoms can include a disturbed sleep pattern.
 - Infection occurs through the bite of infected tsetse flies (intermediate host).
 - Humans, domestic cattle and wild animals are the main reservoir host for Trypanosoma (definitive host).
 - T. gambiense causes a chronic illness . .T. rhodesiense causes a more acute illness.

Animal reservoir hosts for African sleeping sickness



How is African trypanosomiasis transmitted ?

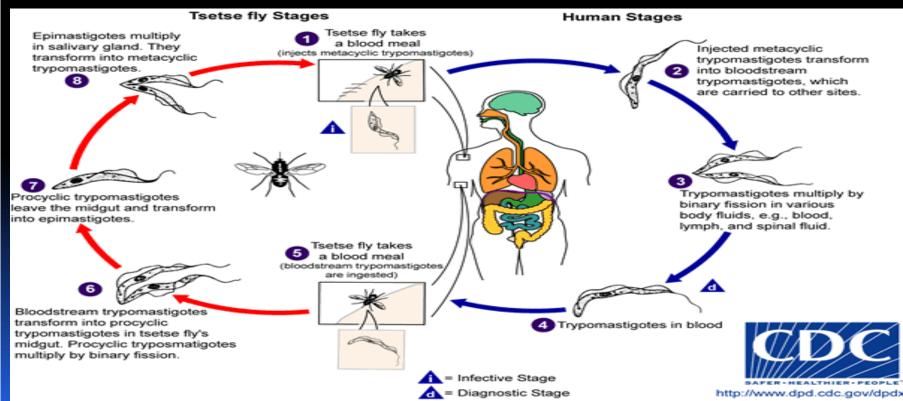


- Trypanosoma are transmitted from human to human through the bite of the tsetse fly which is only found in rural parts of Africa.
- However, trypanosomes can also be transmitted from mother to child as the parasite can cross the placenta? in the blood and infect the baby while it is still in the womb?.
- Contaminated needles can also contribute to the spread of trypanosomes, but this is rare.



Trypanosome life cycle

- The trypanosome parasite is first introduced into the mammalian host as trypomastigotes when a tsetse fly takes a blood meal and secretes parasite-filled saliva into the host's skin.
- Once in the bloodstream the trypomastigotes multiply in the blood, lymph or spinal fluid.



TRYPANOSOMIASES





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Tsetse fly intermediate host







Pathology and clinical picture

- A primary reaction occurs at the site of inoculation of trypomastigotes ,skin stage, chancre which resolve in 2-3 weeks.
- 2. <u>Systemic Haemato-lymphatic stage:</u> intermittent fever, headache and generalized lymphadenopathy mainly in the cervical and sub occipital region (Winterbottom'sign), anemia.

3. <u>Central nervous system stage (CNS):</u>

This stage begins when the trypanosome parasites cross from the blood-brain barrier into the spinal fluid ,infecting the CNS including the brain, result in change in behavior ,confusion ,poor coordination ,difficulties with speech and disturbance of sleep (sleeping during day and insomnia at night.

Chancre skin stage



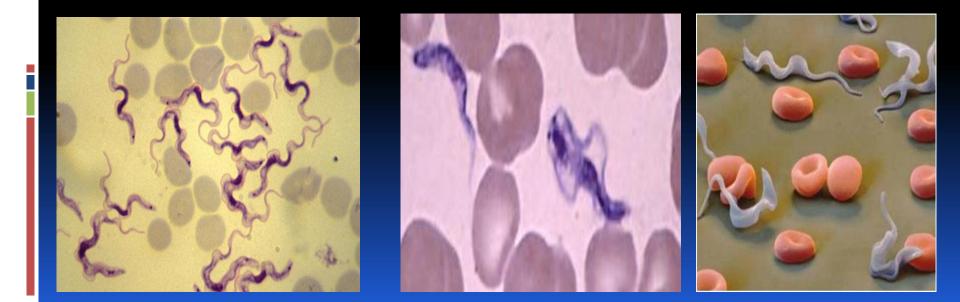
Winterbottom's stage



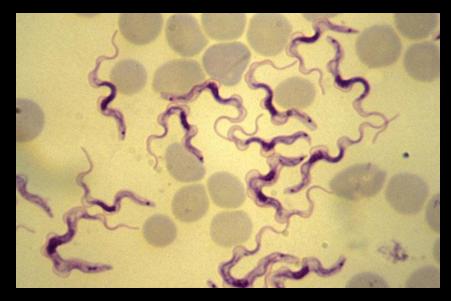
<u>3rd stage CNS:</u> CNS involvement in typical case there is daytime sleeping, psychological changes ,tremors ,convulsions and finally coma Without treatment, the disease is invariably fatal.

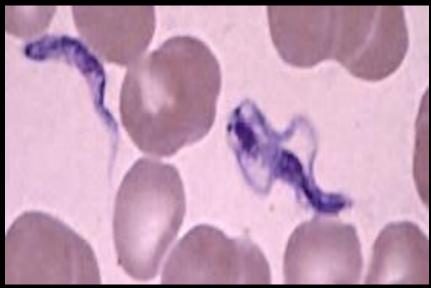
Diagnosis of African trypanosomiasis

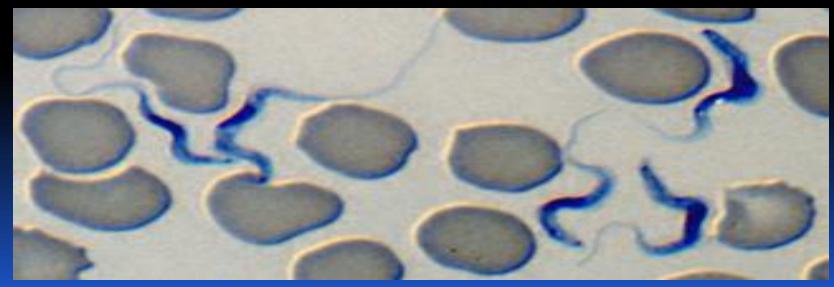
- Diagnosis relies on recognition of the trypomastigote in peripheral blood during fever, sternal bone marrow, lymph node aspirates and CSF. Motile organisms may be visible in the <u>buffy coat</u>.
- Serological testing is also common as IF and ELIZA.



trypanosoma







CSF lumbar puncture

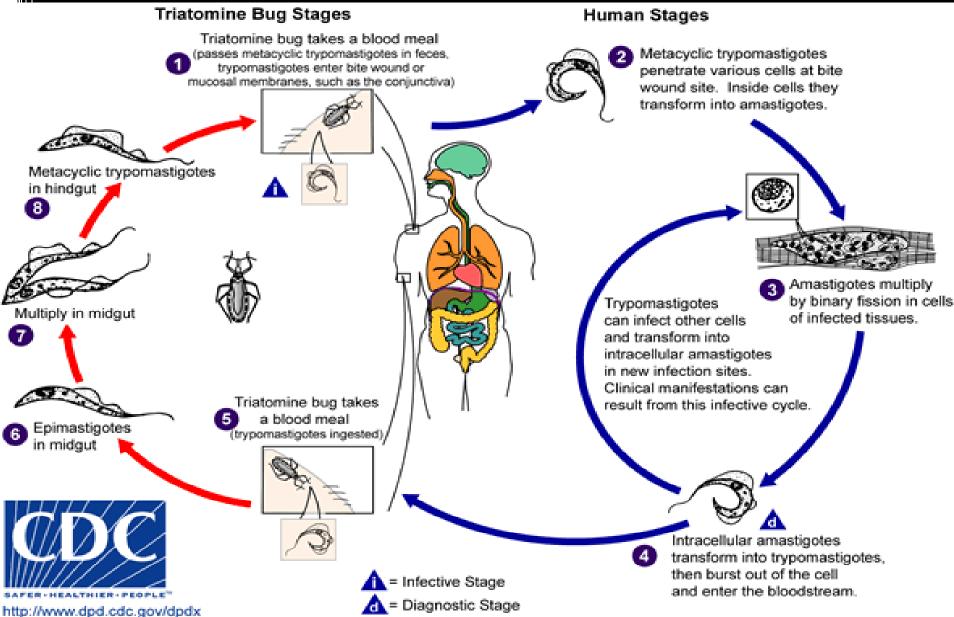


Chagas Disease





AMERICAN TRYPANOSOMIASIS



LIFE CYCLE OF *Trypanosoma cruzi*

Reduviid (Triatomine) bug



American trypanosomes (Chaga's disease)

- The parasites produce focal lymphangitis and oedema at the site of parasites entry (chagoma) after that parasites (trypomastigote) enter the blood stream and find there way , mainly on the face near the eyelids, it produces a swelling of the eye and temporal region with conjunctivitis (ROMANA'S sign), and also find their way mainly the cardiac muscles cells . The most constant feature of the cardiac disease is cardiomyopathy, in severe cases can lead to partial or complete heart block which may lead to cardiac failure.
- NOTE: Parasite when free in blood stream in form (TRYPTOMASTIGOT), but in the tissue it become in form of(Amastigote).

Trypanosoma chaga`s disease

If symptoms develop during the acute phase, they usually resolve spontaneously within three to eight weeks in approximately 90% of individuals. Although the symptoms resolve, even with treatment the infection persists and enters a chronic phase. Of individuals with chronic Chagas disease, 60–80% will never develop symptoms (called *indeterminate* chronic Chagas disease), while the remaining 20–40% will develop life-threatening heart and/or digestive disorders during their lifetime (called *determinate* chronic Chagas disease). In 10% of individuals, the disease progresses directly from the acute form to a symptomatic clinical form of chronic Chagas disease

Chronic chaga`s disease

The symptomatic (determinate) chronic stage affects the nervous system, digestive system and heart. About two-thirds of people with chronic symptoms have cardiac damage, including dilated cardiomyopathy, which causes heart rhythm abnormalities and may result in sudden death. About one-third of patients go on to develop digestive system damage, resulting in dilation of the digestive tract (megacolon and megaesophagus), accompanied by severe weight loss. Swallowing difficulties may be the first symptom of

digestive disturbances and may lead to malnutrition.

American trypanosomes Chaga's disease American trypanosomiasis, is a tropical parasitic disease caused by the <u>Trypanosoma cruzi</u>. It is spread mostly by insects known as "kissing bugs . The human disease occurs in two stages: an **acute** stage and **chronic** stage. In the early stage, symptoms are typically either not present or mild, and may include fever, swollen lymph nodes, headaches, or local swelling at the site of the bite (chagoma). The most recognized marker of acute Chagas disease is called Romaña's sign, which includes swelling of the eyelids on the side of the face near the bite wound the bug feces were deposited or accidentally rubbed into the eye.





T. cruzi causes cutaneous stage (chagoma)



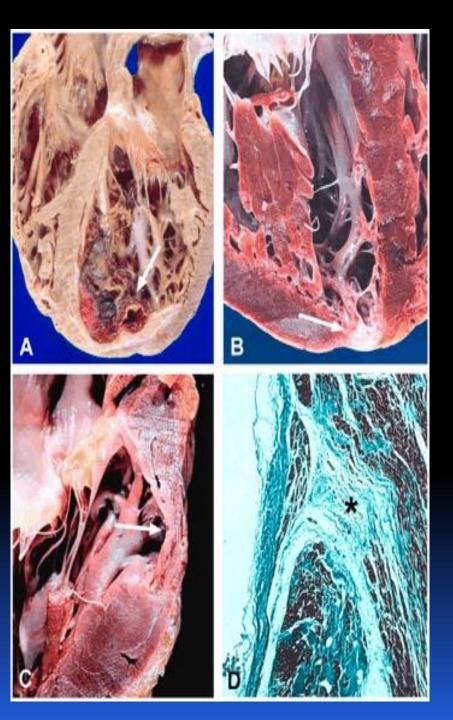
Ocular lesion (Romana' sign)



American trypanosomes Chaga's disease



T. cruzi causes a chronic illness with progressive myocardial damage leading to cardiac arrhythmias and cardiac dilatation, and gastrointestinal involvement leading to mega-oesophagus and megacolon. T. cruzi causes acute illness in children, which is followed by chronic manifestations later in life., intracellular <u>amastigotes</u> destroy the intramural neurons of the autonomic nervous system in the intestine and heart, leading to megaintestine and heart <u>aneurysms</u>, If left untreated, Chagas disease can be fatal, in most cases due to heart muscle damage.



Heart damage due to American trypanosomiasis

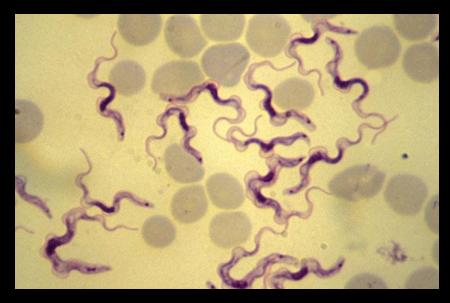
About two-thirds of people with chronic symptoms have cardiac damage, including <u>dilated</u> <u>cardiomyopathy</u>, which causes heart rhythm abnormalities and may result in sudden death.

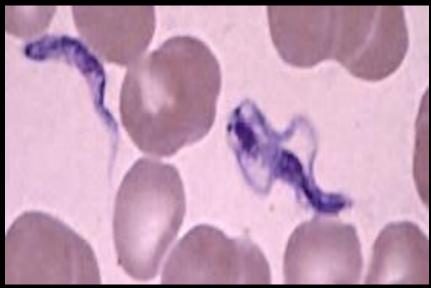
Diagnosis

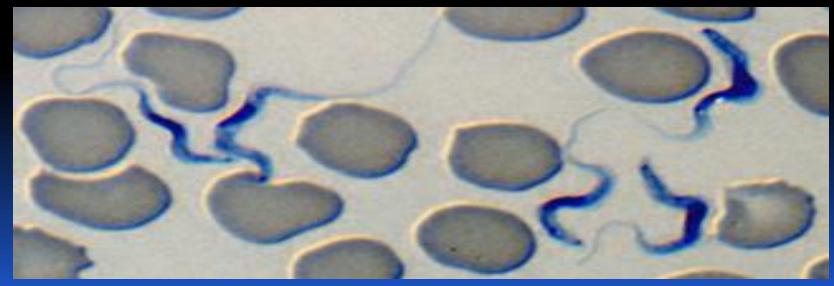
- Microscopical examination of Giemsa stained blood film.
- Serology: IFAT
- Xenodiagnosis: feeding bugs on a suspected cases.
- PCR used to detect trypomastigotes.



trypanosoma







TREATMENT OF TRYPANOSOMIASIS

<u>African trypanosomiasis</u> For early infection

- pentamidine
- suramin
- For late infection
- eflornithine (Diflouromethylornithine- DFMO)

<u>American trypanosomiasis (Chaga's disease)</u>

- benznidazole
- NITROFURAZONE .