

"اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا، وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا "

Structure and Function of Hemoglobin

Biochemistry Team 437

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GNT block

Objectives:

- The structure and function of hemoglobin.
- The factors affecting oxygen binding to hemoglobin.
- Examples of normal and abnormal hemoglobin structures.

Hemoglobin¹ (Hb)

- A Hemeprotein² found only in red blood cells.
- Oxygen transport function.³
- Contains heme as Prosthetic group.⁴
- Heme reversibly ⁵ binds to Oxygen

¹ Hemoglobin: is a globular protein, spherical in shape, soluble in water, Tetrameric (has 4 subunits) that can bind to 4 O₂ molecules.

↔ Why do we have a carrier for O₂? Because O₂ is not soluble in water so it won't be able to be carried around in the blood, so the body use hemoglobin to transfer O₂ from the lungs to the tissue.

² A protein that has a heme group attached to it.

³ Hemoglobin also carry CO₂ and Protons (H⁺) from the tissue to the lungs. So it's also considered as a physiological buffer but it's not the main buffer that the body depends on (the main buffer is the Bicarbonate which transport the majority of CO₂).

⁴ Some enzymes require a non-protein part to be active (Apoenzyme+Non-protein part= Holoenzyme), the non-protein part could be a Cofactor (metal ions) or a Coenzyme (small organic molecule), the coenzymes are divided into a Prosthetic group (Permanently attached) **e.g.** Heme group and a Cosubstrates (Temporarily attached).

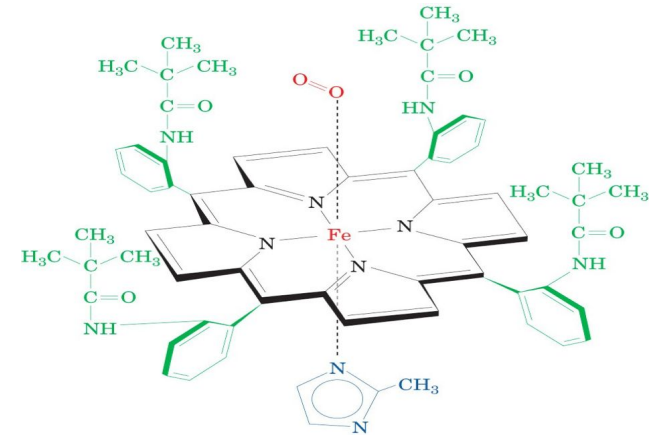
⁵ it can bind to O₂ and can also release it, which is very important to prevent O₂ trapping.

The Heme Group

- A complex of protoporphyrin IX (9) and ferrous iron (Fe^{2+})¹
- Fe^{2+} is present in the center of the heme
- Fe^{2+} binds to four nitrogen atoms of the porphyrin ring
- Forms two additional bonds with:
 - Histidine residue of globin chain
 - Oxygen

- Each Hemoglobin contains 4 globin subunits, each subunit is attached to a Heme group, and every Heme group can carry one molecule of O_2 .
- Heme group structure consists of a protoporphyrin ring and an iron molecule in the center.
- The iron molecule must be in the **ferrous state (Fe^{2+})**
 When the Heme group contains ferrous iron, the iron is able to bind to 6 molecules:
 - 4 Pyrole nitrogens of the porphyrin ring
 - 1 Histidine of the globin chain
 - 1 Molecular O_2

In case the iron was in the ferric state (Fe^{3+}), it can only make five bonds, so it cannot bind to oxygen. This is the case in Met-hemoglobin. "Abnormal hemoglobin"



The heme group: Fe^{2+} - porphyrin complex with bound O_2

Types of Hemoglobin

Normal Hb

Can carry O₂

Form	Chain composition	Fraction of total hemoglobin
HbA	$\alpha_2\beta_2$	90%
HbF	$\alpha_2\gamma_2$	<2%
HbA ₂	$\alpha_2\delta_2$	2%–5%
HbA _{1c}	$\alpha_2\beta_2$ -glucose	3%–9%

Major HB in adults

Major HB in fetus, only 2% in adults

Another form in adults, 2 to 5% only

HbA with glucose attached to it

Abnormal Hb

Cannot carry O₂

Hemoglobin bound to something else instead of O₂

Carboxyhemoglobin

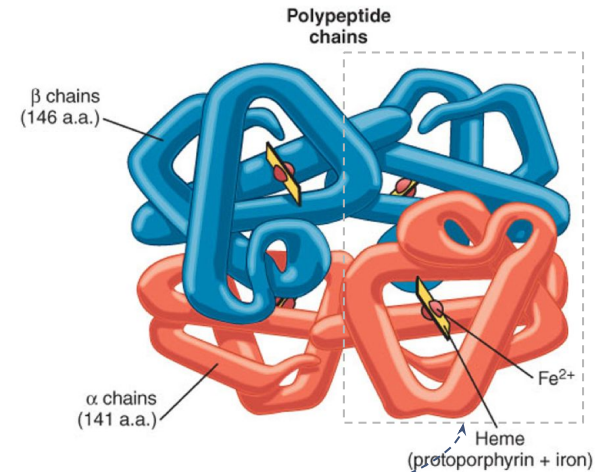
Methemoglobin

Sulfhemoglobin

We will discuss each type in details in a different slide.

Hemoglobin A (HbA)

- Major Hb in adults (90%)
- Composed of four polypeptide chains:
 - Two α and two β chains
- Contains two dimers of $\alpha\beta$ subunits.¹
- Held together by non-covalent interactions²
- Each chain is a subunit with a heme group in the center that carries oxygen
- A Hb molecule contains 4 heme groups and carries 4 molecules of O_2

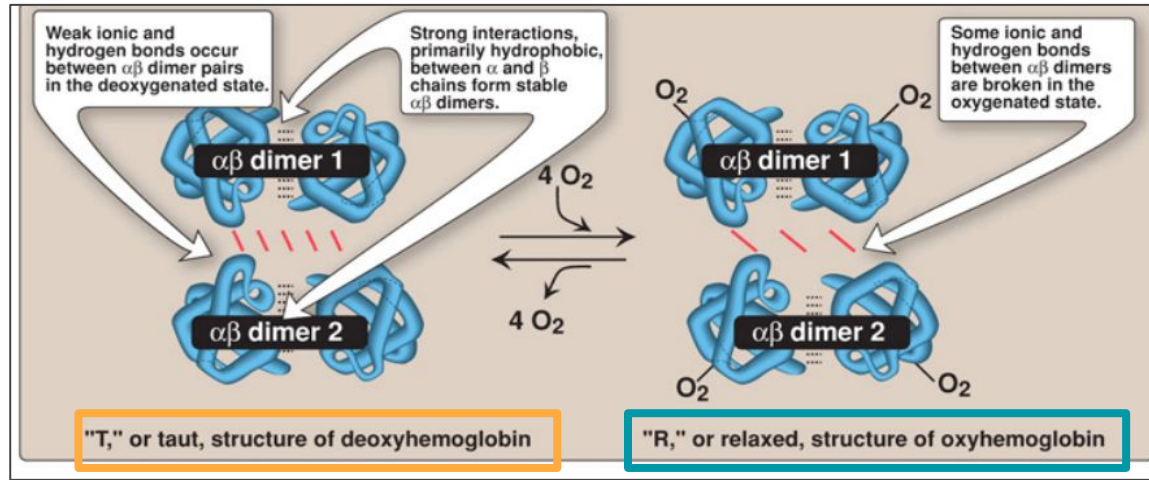


¹ A dimer is made of one α and one β chains.

²

- The bond between the two subunits in one dimer is called an intradimer bond
- The bond between the 2 dimers are called interdimer bonds
- The intradimer bonds are much stronger than the interdimer bonds, which allows the movement of the 2 dimers

HbA Structure



As we said, the intradimer bonds are very strong and stable hydrophobic bonds, but between the dimers "interdimer" the bond is a weak hydrogen bond allowing for flexibility of movement.

How will this affect the structure of hemoglobin?

When oxygen binds to hemoglobin, it causes a conformational change that breaks some of the weak hydrogen bonds between the dimers, making the structure more relaxed.

So that means we have 2 forms of Hba,

- "T" or taut structure of deoxyhemoglobin "no O₂ attached to it"
- "R" or relaxed oxyhemoglobin "when O₂ is attached to it"

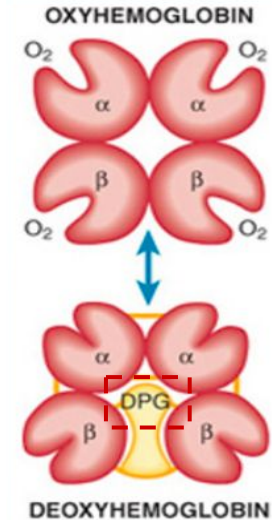
In its deoxygenated state the compound is very taut due to the ionic and hydrophobic bonds between the dimers, however when it binds with oxygen the oxygen breaks some of these bonds leaving the compound in a relaxed state.

Forms of Hb

T-Form (Taut)	R-Form (Relaxed)
<ul style="list-style-type: none"> • The deoxy form of Hb • Taut form (in tissue) • The movement of dimers is constrained • Low-oxygen-affinity form (Promotes release) 	<ul style="list-style-type: none"> • The oxygenated form of Hb • Relaxed form (in the lungs) • The dimers have more freedom of movement • High-oxygen-affinity form

Affinity of Hb to O₂ and the role of DPG:

- The environment at the level of the tissue (low PO₂ or high PCO₂) favors the stabilization of deoxy hemoglobin in order for the oxygen to release.
- DPG "2,3 bisphosphoglycerate" or "diphosphoglycerate" is a molecule made by the shunt in the pathway of glycolysis in the RBCs. This molecule binds to the deoxy form of Hb and stabilizes it as well. This allows the release of O₂.
- In case of deficiency of DPG, the Hb can bind to oxygen but can't release it, resulting in the trapping of O₂ in the Hb

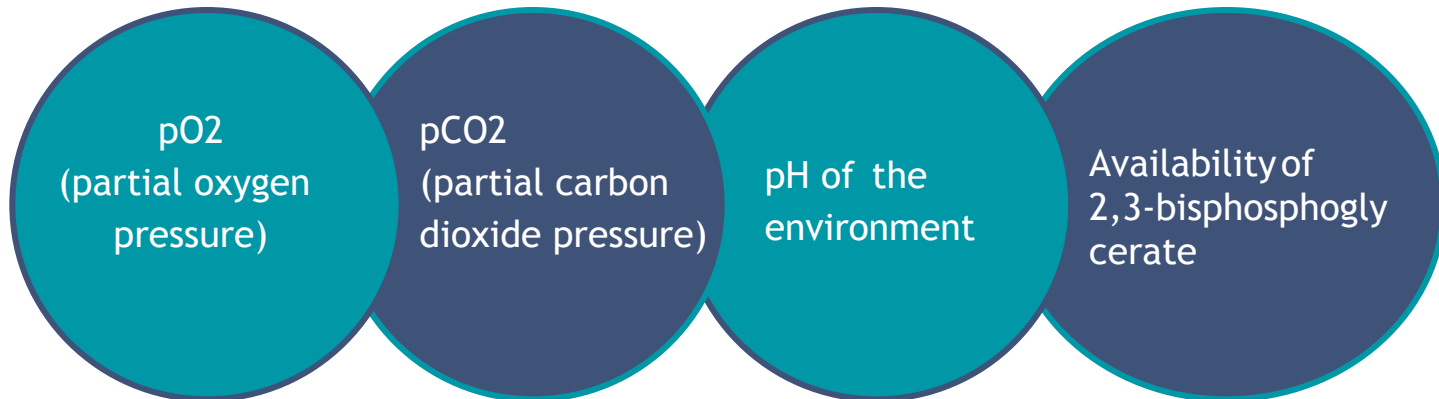


Hemoglobin Function

- Carries oxygen from the lungs to tissues
- Carries carbon dioxide and protons from tissues back to the lungs
- Normal level (g/dL):
 - Males: (14-16)
 - Females: (13-15)

Factors affecting its oxygen binding “affinity”

There are four allosteric factors affecting heme’s oxygen binding, they are:



Oxygen Dissociation Curve

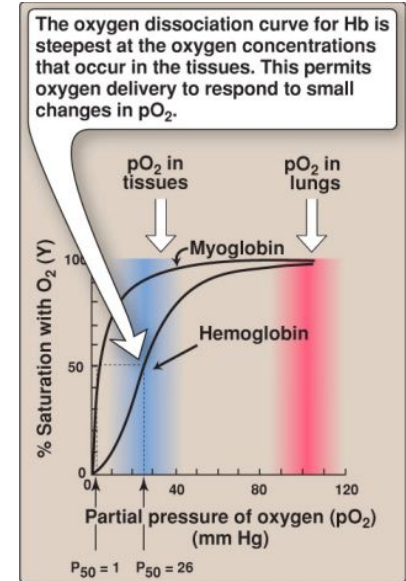
- The curve is **sigmoidal**
- Indicates cooperation of subunits in O₂ binding
- Binding of O₂ to one heme group increases O₂ affinity of others.
- Heme-heme interaction
- As the PO₂ increases, saturation increases as well.

Oxygen dissociation curve:

- It is a curve that shows the relation between Hb saturation and the partial pressure of O₂ of the blood
- Percent Saturation depends on how many O₂ molecules are bound to Hb, for example Hb bound to one O₂ molecule is 25% saturated, if 2 molecules it is 50% saturated and so on. "we have different degrees of saturation"
- The shape of the curve is sigmoidal "it has a lag phase and a steep phase" which indicates the presence of cooperative binding.

Heme-heme interaction:

- One hemoglobin can bind to 4 molecules of O₂, by cooperative binding
- This happens when the binding of the first O₂ molecule facilitates the binding of the second molecule "makes it faster". And the binding of the first and second facilitates the third and so on.
- The last molecule binding is the fastest.
- This is called heme-heme interaction
- The same principle of binding and is applied in release of oxygen as well.



- At the lung: very high partial pressure of O₂, Hb saturation is 100%
- At the tissue: low partial pressure, Hb saturation is reduced "O₂ was released"

P₅₀

- P₅₀ (mmHg): the pressure of the O₂ at which Hb is 50% saturated with O₂.
- P₅₀ values can be used to describe the change in affinity of Hb to oxygen.
- Indicates affinity of Hb to O₂:
 - High affinity ⇨ slow unloading of O₂ (low P₅₀ value)¹ if the O₂ affinity is too much it wont release O₂
 - Low affinity ⇨ fast unloading of O₂ (high P₅₀ value)¹
- Lung pO₂ is 100 mmHg ⇨ Hb saturation is 100%
- Tissue pO₂ is 40 mmHg ⇨ Hb saturation is reduced
- Hence O₂ is delivered to the tissues.

¹ Changes in p₅₀ indicate change of Hb affinity of O₂:

- If the p₅₀ value is decreased “Hb will reach 50% saturation at a lesser PO₂ than normal” means the affinity for oxygen is increased and the curve will shift to the Left.
- Increase in p₅₀ “Hb will achieve 50% saturation at a higher PO₂ than normal” means the affinity is decreased and the curve will shift to the right.

The Bohr effect

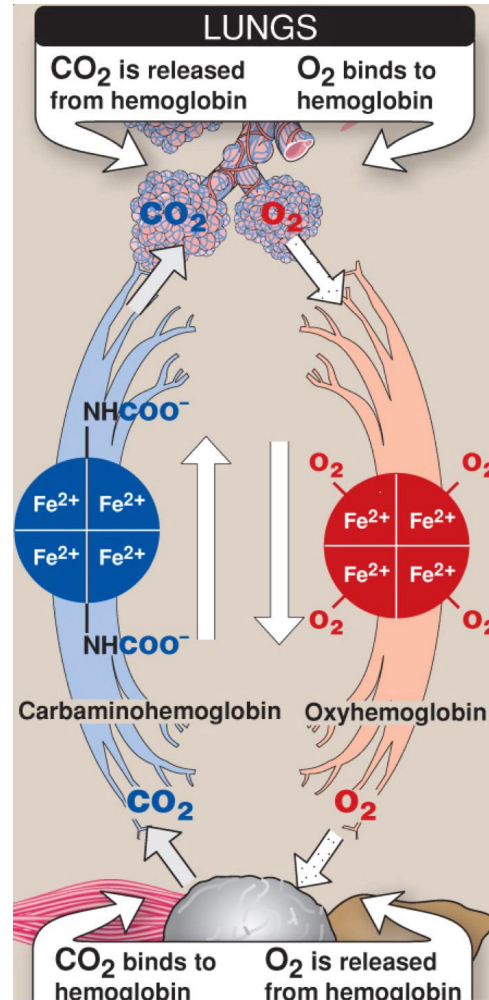
- It is the shift of the ODC “oxygen dissociation curve” to the right in response to an increase in $p\text{CO}_2$ or a decrease in pH.
- It describes the Effect of pH and $p\text{CO}_2$ on:
 - Oxygenation of Hb in the lungs
 - Deoxygenation in tissues

At the lungs:

- Protons are unloaded, and the bicarbonate in the blood interact with the proton so that gives carbonic acid that will dissociate to CO_2 and exhaled out.

At the tissues:

- Oxyhemoglobin releases O_2 and binds to some molecules of CO_2 , we call it carbaminohemoglobin
- Carbaminohemoglobin can also carry protons.
- When protons or CO_2 bind to hemoglobin, they stabilize the deoxygenated hemoglobin and reduce the affinity of Hb. “will be discussed next slide”

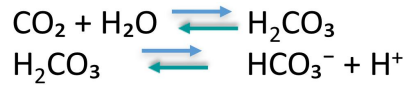


The Bohr effect

In the tissues:

- Tissues have lower pH (acidic) than lungs. Because when tissue is actively metabolising the production of CO_2 is increase, this leads to proton generation

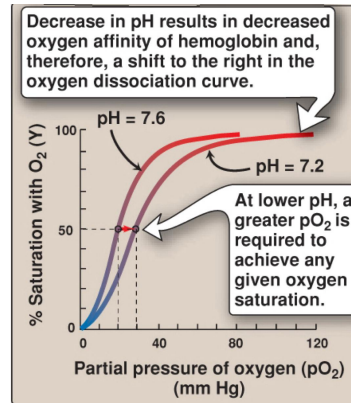
Due to two reactions:



- Protons reduce O_2 affinity of Hb causing easier release into the tissues.
- The free Hb binds to two protons

In the lungs:

- Protons are released and react with HCO_3^- to form CO_2 gas ($\text{HCO}_3^- + \text{H}^+ \rightleftharpoons \text{CO}_2 + \text{H}_2\text{O}$).
- The proton-poor Hb now has greater affinity for O_2 (in lungs)
- The Bohr effect removes insoluble CO_2 from blood stream.
- Produces soluble bicarbonate.



In case of increase CO_2 and protons “decrease in PH” in the environment:

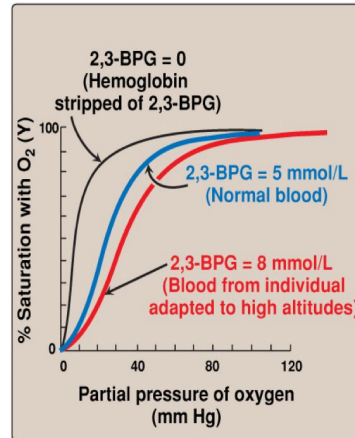
- Deoxy Hb is stabilized
- Affinity of Hb to oxygen is reduced
- Curve shifts to the right and the p50 is increased (bohr's effect)
- Oxygen is released from Hb to tissue “unloaded”

Availability of 2,3 bisphosphoglycerate

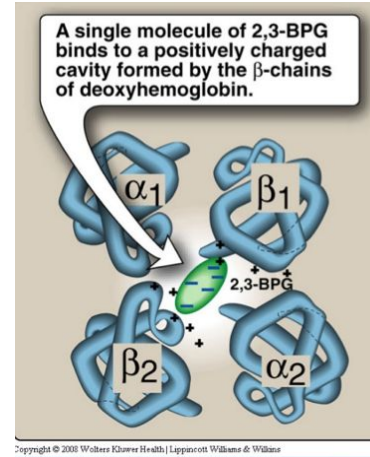
- Binds to deoxy-hb and stabilize the T-form
- When oxygen binds to Hb, BPG is released
- This is specially important for people living in high altitudes

At high altitudes:

- RBC number increases
- Hb conc. Increases
- BPG increases



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High altitude and oxygen affinity

In hypoxia and high altitude:

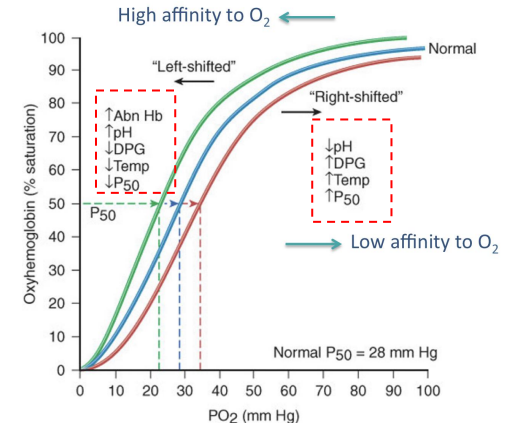
- 2,3 BPG levels rise
- This decrease oxygen affinity of hemoglobin
- Thus increase oxygen delivery to tissue

High oxygen affinity

High oxygen affinity is due to:

- Alkalosis
- High levels of hemoglobin F
- Multiple transfusion of 2,3 DPG- depleted blood

- Alkalosis favors low delivery of oxygen
- HbF: has Higher affinity compared to HbA so it can take oxygen from HbA (mother's Hb)
- Compromised individual unable to produce 2,3 DPG or an individual who got multiple blood transfusions and the blood was not enriched with 2,3 DPG — chances of oxygen high affinity



HbA1c

- HbA undergoes non-enzymatic glycosylation
- Glycosylation depends on plasma glucose levels
- HbA1c levels are high in patients with diabetes mellitus
- Measures the amount of glucose present in the blood
- Glucose binds to Hb spontaneously (no enzyme, no energy required)
- Helps in monitoring the maintenance of sugar level because Hb stays in RBCs and the life span of the RBC is 3 months.

Fetal hemoglobin (HbF)

- Major hemoglobin found in the fetus and newborn
- Tetramer with two α and two γ chains
- Higher affinity for oxygen than HbA
- Transfer oxygen from maternal to fetal circulation across placenta
- It has higher affinity for oxygen so the fetus can take oxygen from the mother's hemoglobin.

α -Globin-like chains :

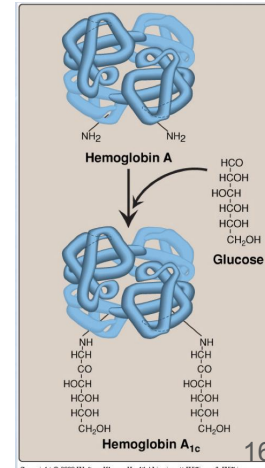
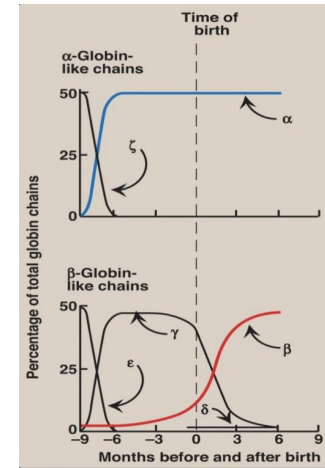
Initially there is ζ like chains for a short duration then α -globin chains will appear.

β -Globin-like chains :

- Initially ϵ -globin like chains appears only in the first trimester
- Then gamma chains stays until after birth and its level decreases in adults
- Delta chains appears just before birth

HbA2

- Appears shortly before birth
- Constitutes ~2% of total hemoglobin
- Composed of two α and two δ globin chains



Abnormal hemoglobins

Unable to transport oxygen due to abnormal structure.

Met-Hb

Contains **oxidized Fe³⁺** ferric form (~2%) that cannot carry oxygen.

Carboxy-Hb

CO replace oxygen and binds 220x tighter than oxygen (in smokers).

Sulf-Hb

Forms due to high **sulfur** levels in blood (irreversible reaction).

Hemoglobin

types

Normal

HbA : 2 α . 2 β
 HbA2: 2 α .2 δ
 HbF: 2 α .2 γ
 HbA1c: 2 α . 2Bglucose

Abnormal

Caroxy Hb: co
 Met Hb: Fe⁺³
 Sulf Hb:sulfur group
 "Irreversible"

Functions

- Carry O₂ to tissue
- Carry CO₂ to lung

Factors affecting oxygen binding

Partial oxygen pressure → " ↑P_{O2} → ↑O₂ binding to Hb"

pH of the environment → ' ↓PH → ' ↓O₂ binding to Hb"

Partial carbon dioxide pressure → ' ↑p_{CO2} → ↓O₂ binding to Hb"

Availability of 2,3 -bisphosphoglycerate
 → ↑ 2,3 BPG → ↓ O₂ binding to Hb"

- Hemoglobin A, the major hemoglobin in adults, is composed of four polypeptide chains (two α chains and two β chains, $\alpha_2\beta_2$) held together by noncovalent interactions.
- The subunits occupy different relative positions in deoxyhemoglobin compared with oxyhemoglobin.
- The deoxy form of hemoglobin is called the “T,” or taut (tense) form. It has a constrained structure that limits the movement of the polypeptide chains. The T form is the low-oxygen-affinity form of hemoglobin.
- The binding of oxygen to hemoglobin causes rupture of some of the ionic and hydrogen bonds. This leads to a structure called the “R,” or relaxed form, in which the polypeptide chains have more freedom of movement. The R form is the high-oxygen-affinity form of hemoglobin.
- The oxygen dissociation curve for hemoglobin is sigmoidal in shape (in contrast to that of myoglobin, which is hyperbolic), indicating that the subunits cooperate in binding oxygen. Cooperative binding of oxygen by the four subunits of hemoglobin means that the binding of an oxygen molecule at one heme group increases the oxygen affinity of the remaining heme groups in the same hemoglobin molecule.
- Hemoglobin’s ability to bind oxygen reversibly is affected by the pO_2 (through heme-heme interactions), the pH of the environment, the pCO_2 , and the availability of 2,3-bisphosphoglycerate (2,3-BPG). For example, the release of O_2 from Hb is enhanced when the pH is lowered or the pCO_2 is increased (the Bohr effect), such as in exercising muscle, and the oxygen dissociation curve of Hb is shifted to the right.
- To cope long-term with the effects of chronic hypoxia or anemia, the concentration of 2,3-BPG in RBCs increases. 2,3-BPG binds to the Hb and decreases its oxygen affinity, and it, therefore, also shifts the oxygen-dissociation curve to the right. Carbon monoxide (CO) binds tightly (but reversibly) to the hemoglobin iron, forming carbon monoxide hemoglobin (Hb CO).

MCQs:

Q1/ Depending on Bohr effect which of the following will reduce the affinity of the Hb to the O₂ and cause it release..

- A. Low pH
- B. Acidity
- C. Protons
- D. All of the above

Q3/ One factor that induces high O₂ affinity ?

- A. Alkalosis
- B. Acidosis
- C. Low level of Hb
- D. Met Hb

Q5: Carboxy-Hb is found in:

- A. Fetus+newborn
- B. Smoker
- C. Healthy adult.
- D. Sulf users

Q2/ Which of the following is irreversible?

- A. Sulf Hb
- B. Met Hb
- C. Carboxy Hb
- D. None of the above

Q4: HbA₂ is composed of ?

- A. Two α and two δ globin chains.
- B. Two α and two γ chains.
- C. Four α globin chains.
- D. Two α and two β chains.

Girls team

- لمياء القويز
- ارجوانة العقيل
- روان المشعل
- رهنف الشنيبر
- اروى الجهني
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Boys team

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