



OSPE

Endocrine Block

{وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ}

Pituitary Gland

- Identify the structure (name of the gland)
- You should know the **positions** of the gland
- You should know the <u>relations</u> of the gland
- You should know the <u>blood</u>
 <u>supply</u> of the gland

Pituitary Gland

- Location:
 - lie on the middle cranial fossa
 - It is well protected in sella turcica (hypophyseal fossa) of body of sphenoid
- Arterial supply: two branches from internal carotid artery:
 - Superior hypophyseal arteries
 - Inferior hypophyseal arteries

o Relations: it may come as theoretical question

Anterior	Optic chiasma
Posterior	Mammillary bodies
Superior	Diaphragma sellae (dural fold)
Inferior	Sphenoidal air sinuses
Lateral	Cavernous sinuses & its contents (Abducens nerve & internal carotid artery)

Pituitary Gland

- Q1: Identify the marked area?
 sella turcica (hypophyseal fossa) of body of sphenoid on the middle cranial fossa
- **Q2: What is the structures related to it?** Pituitary Gland & cavernous sinus
- Q3: What is the inferior relation to this structure? Sphenoidal air sinuses
- **Q4: What is the posterior relation to this structure?** Mammillary bodies



- Identify the structure (name of the gland)
- You should know the **positions** of the gland
- You should know the <u>parts</u> of the gland & its <u>surface anatomy</u>
- You should know the <u>relations</u> of the gland
- You should know the <u>blood</u>
 <u>supply</u> & <u>venous drainage</u> of the gland

$\circ~$ Location:

- lie on the **middle of the neck** (in the front)
- The gland is surrounded by a facial sheath derived from the pretracheal layer of the deep cervical fascia
- Consists of right & left lobes connected to each other by a narrow isthmus, which overlies the 2nd, 3rd & 4th tracheal rings.
- Each lobe is pear- shaped, its apex reaches up to the oblique line of thyroid cartilage
- o Its base lies at the level of 4th or 5th tracheal rings (remember trachea has 16-20 rings)
- Note: If they ask about the blood supply you should write: arterial supply & venous drainage
- Arterial supply:
 - Superior thyroid artery 1st branch of the external carotid artery
 - Thyroidea ima artery from aortic arch OR from brachiocephalic
 - Inferior thyroid artery from the thyrocervical trunk of the 1st part of the subclavian artery

• Venous drainge:

- Superior thyroid vein drains into Internal jugular vein
- Middle thyroid vein drains into Internal jugular vein
- Inferior thyroid vein drains into left brachiocephalic vein

• **Relations** (surfaces): it may come as theoretical question

Anterolaterally	 4s* Sternothyroid Sternohyoid long Superior belly of omohyoid short Sternomastoid biggest 			
Posteriorly	 Carotid sheath & its contents (common carotid artery, internal jugular vein & vagus nerve) Parathyroid gland 			
Medially	 Larynx Pharynx Trachea Esophagus Recurrent laryngeal nerve in between trachea and esophagus mix from vagus nerve Cricothyroid muscle External laryngeal nerve motor 			

- $\circ~$ Nerves endangered during thyroidectomy:
 - Superior thyroid artery \rightarrow external laryngeal nerve \rightarrow hoarseness of voice
 - Inferior thyroid artery \rightarrow recurrent laryngeal nerve \rightarrow impaired breathing and speech
- **Note:** If they ask about the relation to the posterior border you should write: Superior & inferior thyroid arteries | Superior & inferior parathyroid glands
- You have to know the origin and the insertion of each muscle to be able to distinguish between each one of them (check the video)



o It come as identify question



Right Thyroid lobe Isthmus Left Thyroid lobe



Right lateral lobe of Thyroid gland



Isthmus of Thyroid gland



Left lateral lobe of Thyroid gland

• NOT come as identify question, it may come as theoretical question



Adrenal Gland (Suprarenal Gland)

- Identify the structure (name of the gland)
- You should know the **positions** of the gland
- You should know the <u>relations</u> of the gland
- You should know the <u>blood</u>
 <u>supply</u> & <u>venous drainage</u> of the gland

Adrenal (Suprarenal) Gland

- Locations & Parts:
 - lie on the upper poles of the kidneys, At the level of the last thoracic vertebra (T12)
 - Each gland has an outer yellow cortex and an inner dark brown medulla
- $\circ~$ Covering:
 - Perirenal fat separated the kidney from adrenal (suprarenal) gland
 - Renal fascia encloses the kidney & adrenal (suprarenal) gland
- Blood supply: three arteries supplying each gland:
 - Superior suprarenal artery from inferior phrenic artery (from abdominal aorta)
 - Middle suprarenal artery from abdominal aorta
 - Inferior suprarenal artery from renal artery
- Venous drainage: A single vein (adrenal vein) emerges from the hilum of each gland and drains into:
 - The inferior vena cava (directly) on the right side
 - The left renal vein (then to the IVC) on the left side



Right & Left Adrenal (Suprarenal) Gland

- Cortex	Co gua	Dight.	Right Suprarenal Gland	Left Suprarenal Gland
shape Shape		Shape	Pyramidal (or triangular) shape	Crescentic (or semilunar) shape
		Location	Caps the upper pole of the right kidney So it is at the level of t12	Extends along the medial border of the left kidney from the upper pole to the hilus Its level is from t12 to l2
		Anterior	 Right lobe of liver Inferior vena cava 	1. Pancreas 2. Lesser sac 3. Stomach
	Relations	Posterior	Diaphragm	
		Medial	1. Celiac plexus 2. Ganglia	





Good luck

Rawan Alharbi & Faisal Alsaif



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