## Development of Spinal Cord & Vertebral Column

# Department of Anatomy King Saud University



#### Dr Sameerah Shaheen Assistant Professor Anatomy

sshahee@ksu.edu.sa

04 September 2018

#### **OBJECTIVES**

At the end of the lecture, students should be able to:

- Describe the development of the spinal cord from the neural tube.
- □ List the layers of the spinal cord and its contents.
- List subdivisions of mantle & marginal zones.
- List meningeal layers and describe positional changes of spinal cord.
- Describe development of vertebral column from sclerotomic portion of paraxial mesoderm.
- Describe chondrification & ossification stages in vertebral development.
- Describe spina bifida and its types.

## Second Week

- Epiblast
- Hypoblast
- Amniotic cavity
- Yolk sac cavity





## Third Week

- Primitive node
- Primitive streak
- Intra embryomic mesoderm
- Notochord



#### **The Three Germ Layers**

- Ectoderm
- Mesoderm
- Endoderm

Notochord stimulates neural tube formation which in turn stimulates development of the vertebral column.

The <u>Neural Tube</u> is a derivative of the ectoderm



## Neural Tube

- Arises from the ectoderm overlying the notochord
- Gives rise to the brain and the spinal cord
- Cervical flexure
- Cephalic flexure



### **Neural Tube Formation**

- The notochord induces the ectoderm above it which thickens to form the neural plate
- The neural plate folds to form neural groove with prominent neural folds
- The neural folds approaches each others with deepening of the neural groove





## **Neural Tube Formation**

 The neural folds fuse and a neural tube is formed Neural crest

 The tube then separates from the overlying ectoderm



#### **Neural Tube Formation**



Neural tube

Notochord

## Neural Tube Closure

 Closer of the neural tube begins in the future neck region (4<sup>th</sup> somite)

 Then proceeds cranially and caudally



## Neural Tube Closure

- The most cranial and caudal ends of the tubes still open as
- Anterior neuropores
- Posterior neuropores
- The anterior pore will close at day  $25 \rightarrow$  lamina terminalis
- The posterior pore closes at day 27
- The lumen of the tube → ventricles of the brain and central canal of spinal cord



### Development of Neural Tube

- Ectodermal cells dorsal to notochord thicken to form the neural plate.
- A longitudinal groove, neural groove, develops in the neural plate.
- The margins of the neural plate (neural folds) approach to each other and fuse to form the neural tube.



### Development of the Spinal Cord

The spinal cord develops from the caudal 2/3 of the neural tube



## Layers of the spinal cord :

- The cells of the neural tube are arranged in three layers :
- An inner ventricular zone of <u>undifferentiated cells</u>
- A middle mantle zone of cell bodies of neurons (future grey matter)
- An outer marginal zone of <u>nerve fibers or axons of</u> <u>neurons</u> (future white matter)



#### Development of the Spinal Cord (Mantle Layer)



Neurons of mantle layer (future grey matter) differentiate into :

1. A dorsal <u>alar plate (future dorsal horn)</u>: containing sensory neurons

2. A ventral <u>basal plate (future ventral horn)</u>: containing motor neurons

The 2 areas are separated by a (sulcus limitans).



Proliferation and bulging of both alar & basal plates <u>result</u> <u>in:</u>

- Formation of <u>dorsal median septum</u>
- □ Formation of <u>ventral median fissure</u>

Narrowing of the lumen of the neural tube to form a small <u>central canal</u>

#### Development of the Spinal Cord (Marginal Layer)



- The marginal layer (future white matter) increases in size due to <u>addition of</u> ascending, descending & intersegmental <u>nerve fibers</u> & is <u>divided into</u> : dorsal, lateral and ventral funiculi
- <u>Myelination</u> of nerve fibers starts at 4<sup>th</sup> month & continues during the 1<sup>st</sup> postnatal year. Motor fibers myelinate before sensory fibers. So, After a nerve injury, both motor and sensory axons have the ability to <u>regenerate</u> and, given a <u>proper pathway.</u>

### Meninges

- <u>These are 3 membranes</u>
   <u>covering the neural tube:</u>
- Outer thick dura mater: MESODERMAL in origin
- Middle arachnoid mater & Inner thin pia mater are ECTODERMAL in origin



 A cavity appears between the <u>arachnoid</u> & the <u>pia mater</u> (subarachnoid space) & becomes filled with cerebrospinal fluid (CSF).

## **Positional Changes of Spinal Cord**

Initially, the spinal cord occupies the whole length of the vertebral canal. As a result a faster growth of vertebral column, the caudal end of spinal cord (conus medullaris) shifts gradually to a higher level.





## **Spinal Cord Positioning**

- @ 3<sup>rd</sup> month → same length as vertebral canal
- @ birth→ spinal cord
   terminates at 3<sup>rd</sup> lumbar
   vertebra
- @ adult → spinal cord
   terminates at L1



### Development of the Vertebral Column

- The vertebral column <u>develops from</u> the ventromedial parts (sclerotomes) of the somites
- The somites <u>develop from</u> the para-axial mesoderm.





## **Specialization of Mesoderm**

- Appearance of the notochord (first sign)
- Three collections of the mesoderm appear lateral to the notochord



- Somites
- Intermediate mesoderm
- Double sheets of lateral plate mesoderm

### Intraembryonic Mesoderm

- □ Located between Ectoderm & Endoderm EXCEPT in the central axis of embryo where NOTOCHORD is found.
- Differentiates into 3 parts:
  - **1.** Paraxial mesoderm
  - 2. Intermediate mesoderm
  - 3. Lateral mesoderm



- Paraxial mesoderm divides into segments called 'somites'.
- **Each somite divides into 3 parts:** 
  - **1.** Dermatome
  - 2. Myotome
  - 3. Sclerotome



### **Specialization of Mesoderm**

- Each one of somites divide into 3 parts:
- Sclerotome: form the vertebrae & ribs
- Dermatome: forms the dermis of the skin on the dorsal part of the body



 Myotome: forms the skeletal muscles of the neck, trunk & limbs

#### Formation of Body of Vertebra

- At 4<sup>th</sup> week, each sclerotome becomes <u>subvidided into</u>two parts :
  - an <u>cranial part</u>, consisting of loosely arranged cells
  - a <u>caudal part</u>, of more condensed tissue.



#### Formation of Body of Vertebra

 The caudal part of each somite fuses with the cranial part of the consecutive somite, around the notochord to form the body of the vertebra, called the centrum.



Thus each centrum develops from 2 adjacent sclerotomes

Thus the bodies of the vertebrae are intersegmental in origion

#### Fate of Notochord







Annulus fibrosus of the intervertebral discs is formed by the mesoderm surrounding the notochord.

- The fused sclerotomes grow <u>dorsally</u> around the neural tube and form the <u>vertebral</u> (neural) arch.
- Ventrolaterally, costal processes develop that give rise to ribs in thoracic region.



#### Vertebral Development



#### **Curvatures of Vertebral Column**



#### Primary curvatures (concave anterior) : develop prenatally

- Thoracic
- Pelvic or Sacral
- Secondary curvatures (convex anterior) : develop postnatally
  - Cervical: concave posteriorly

     -as a result of lifting the
     head
  - Lumbar: concave posteriorly
     -as a result of walking
    - -Help support trunk, upper body

#### **Spinal Cord Anomalies**

Spina Bifida
 Failure of fusion of the halves of vertebral arches
 Incidence: 0.04 - 0.15%
 Sex: more frequent in <u>females</u>

#### Occulta

Spinal dermal sinus Tethered cord

#### Manifesta

Meningocele Meningomyelocele Myelochisis



### Spina Bifida Occulta

#### □ The <u>closed type</u>

Only one vertebra is affected
No clinical symptoms
<u>Skin</u> overlying it is <u>intact</u>
Sometimes covered by a tuft of hair

Usually does not involve underlying neural tissue



## Spina Bifida Cystica

#### □ The <u>open type</u>

- Cystica is the most severe and complex form of spina bifida. It usually involves serious neurological problems. A portion of the nerves and the spinal cord are exposed outside the body
- Neurological symptoms are present
- <u>Subdivided into:</u>
- 1. Spina bifida with meningocoele: protrusion of sac containing meninges & cerebrospinal fluid
- 2. Spina bifida with meningomyelocoele: protrusion of sac containing meninges with spinal cord and/or nerve roots
- 3. Spina bifida with myeloschisis : spinal cord is open <u>due to</u> failure of neural folds to develop









#### Welcome back

