



# Lecture 2&3: CNS Tumors

# objectives

- Appreciate how the anatomy of the skull and the spinal column influences the prognosis of both benign and malignant primary CNS tumors.

- List the principal clinicopathological features of some of the main types of tumors that can arise within the central and peripheral nervous system.

Dark orange: Doctor notes Grey: extra/Robbins Pink: Only found in girls slides





## Introduction

### **Incidence**:

- The annual incidence of tumors of the CNS ranges from:
  - 10 to 17 per 100,000 persons of intracranial tumors.
  - 1 to 2 per 100,000 persons for intraspinal tumors.
- About half to three-quarters are primary tumors, and the rest are metastatic.

### Childhood:

- Tumors of the CNS are a large proportion of cancers of childhood, accounting for as many of 20% of all tumors.
- CNS tumors in childhood differ from those in adults both in histologic subtype and location.
- CNS Tumors location are likely to be:
  - $\circ$  In adults  $\rightarrow$  **supratentorial**
  - $\circ$  In children  $\rightarrow$  **infratentorial**; in posterior fossa.

### **General Characteristics:**



- CNS tumors do not have morphologically evident premalignant or in situ stages compared to carcinomas.
- The pattern of spread of primary CNS neoplasms:
  - $\circ~$  Rarely metastasize outside the CNS.
  - The subarachnoid space does provide a pathway for spread.
  - What are the layers that surround subarachnoid space?
     → Arachnoid and pia layers
- Even low-grade lesions may infiltrate large regions of the brain, leading to serious clinical deficits, non-resectability, and poor prognosis.

### General Manifestation:

- 1. Seizures, headaches, vague symptoms.
- 2. Focal neurologic deficits (related to the anatomic site of lesion).
  - Example on such locations?
     → Benign meningioma may cause cardiorespiratory arrest from compression of the medulla.
- 3. Rate of growth may correlate with history.

### **Classification**:

CNS tumors may arise from:

- 1. Cells intrinsic to the brain (gliomas, neuronal tumors, choroid plexus tumors).
- 2. Cells of the coverings (meningiomas).
- 3. Other cell populations within the skull (primary CNS lymphoma, germ-cell tumors).3
- 4. They may spread from elsewhere in the body (metastases).

- **Gliomas** are tumors that arise from the glial cells of the brain or the spinal cord.
- They are divided into **3 types** based on the origin of the tumor:
  - 1. Astrocytoma (Astrocytes)
  - 2. Oligodendrogliomas (oligodendrocytes)
  - 3. Ependymomas (ependyma)

### Astrocytoma

- Astrocytes are of two types thus astrocytoma can be divided into two types:
- 1. Pilocytic (Grade I) Astrocytoma
  - Epidemiology: children and young adults
  - Location: commonly affect the cerebellum
  - Type: relatively benign

#### 2. Fibrillary Astrocytoma \*All malignant.

- Epidemiology: between 4th and 6th decades (30-59).
- Location: commonly affect the cerebral hemisphere
- Type: variable grades (Grade II  $\rightarrow$  Grade IV)
- Fibrillary astrocytoma can vary in grades



Microscopy of diffuse astrocytoma

Туре	Diffuse Astrocytoma	Anaplastic Astrocytoma	Glioblastoma
Differentiation	Well	Less	Less
Grade	2 (low)	3 (high)	4 (high)
Progress	Slow	Fast	Fast
Cellularity	Moderate	High	High
Pleomorphism	Variable	Great	Great
Survival	>5 years	<5 years	8-10 months (with treatment)
Notes		Mitosis is seen in morphology	Necrosis, mitosis and vascular cells proliferation



Poorly demarcated diffuse astrocytoma

In GBM (Glioblastoma Multiforme) we'll find:

- Pseudopalisading necrosis marginal 1. deadzone between tumors.
- 2. Vascular proliferation increase in vessels. \* If you have one of this two findings or both, the tumor will be Grade IV instead of Grade III.



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### Genetic role in Astrocytoma

#### Low grade astrocytoma

Is linked to mutations that alter the activity of two isoforms of the metabolic enzyme isocitrate dehydrogenase (IDH1 and IDH2)

Secondary<sup>1</sup> glioblastoma

Is linked to **p53** mutations that characterize low-grade gliomas

#### **Primary glioblastomas**

Are characterized by amplification of epidermal growth factor receptor (EGFR) gene

### **Pilocytic Astrocytoma**

- Often cystic with a mural nodule. \*in wall of nodule.
- Well circumscribed
- Hairlike = pilocytic processes that are **GFAP<sup>2</sup> positive**
- Rosenthal fibers and hyaline (glassy) bodies are present.
- No necrosis or mitosis present
- Infratentorial



Well demarcated Pilocytic astrocytoma



Rosenthal fibers

<sup>1-</sup> when we say secondary it means it was a different type of tumor that transformed into glioblastoma

<sup>2-</sup> Glial fibrillary acidic protein positive

## Ependymoma (grade II)

- Ependymoma arise next to the ependyma-lined ventricular system of the brain and the central canal of the spinal cord.
- Occurs in the first two decades of life (children & young adults)
- Typically occur near the **fourth ventricle**
- In *adults*, it's more common in the *spinal cord*
- Tumor cells may form round or elongated structures called **rosettes**
- Rosettes are round assemblage of cells around a central lumen
- In ependymoma, **perivascular pseudorosettes** are more common and are cellular assemblage around a small blood vessels



• Pseudorosettes do not have lumen

### In anaplastic ependymomas (grade III)

we find:

- 1. Increased cell density
- 2. High mitosis
- 3. Necrosis
- 4. Less ependymal differentiation





### Oligodendrogliomas

- Oligodendrogliomas is a CNS tumor found in people between the 4th and 5th decades.
- It affects the **cerebral hemisphere** especially white matter.
- Better prognosis than patients with astrocytoma with a survival rate of 5-10 years.
- Anaplastic form has a much worse prognosis.
- The most common genetic findings are loss of **heterozygosity for chromosomes 1p and 19q** (co-deletion).

#### Histopathology of oligodendrogliomas (grade 2):

- Oligodendrogliomas cells have round nuclei with a cytoplasmic halo often referred to as **fried eggs pattern**.
- Blood vessels are thin and can form an interlacing pattern often referred to as chicken wire pattern.
- Calcification is also present in 90% of cases.

#### In anaplastic oligodendrogliomas (grade 3)

#### we find:

- 1. High mitotic activity
- 2. High cellularity
- 3. Vascular proliferation
- 4. Necrosis (with or without palisading)



Study break...

Let's hope this covers up our poor judgment of space



## **Central Nervous System Tumors**

## Meningioma

- Predominantly **benign** tumors of adults.
- Origin: meningothelial cell of the arachnoid.
- Well demarcated.
- Attached to the dura with compression of underlying brain.

#### Histopathology

- Whorled pattern of cell growth.
- Psammoma bodies; laminated calcification.
- Although most meningiomas are easily separable from underlying brain, some tumors infiltrate the brain.
- The presence of brain invasion is associated with increased risk of recurrence.



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#### Main subtypes: (Grade I)

- Syncytial "meningothelial" = multiple whorls
- Fibroblastic = spindle shaped cells
- Transitional = show both features
- Psammomatous & secretory

#### <u>Also Note:</u>

- Atypical meningiomas; increased cellularity and prominent nucleoli. (Grade II)
- Anaplastic (malignant) meningiomas; mitotic rate higher than atypical meningioma and more aggressive. (Grade III)

## Central Nervous System Tumors

## Medulloblastoma (Grade IV)

- Occurs in Children and <u>always in the cerebellum.</u>
- Neuronal and glial markers may be expressed, but the tumor is often largely undifferentiated.
- The tumor is **highly malignant**, and the prognosis for untreated patients is dismal; however, it is exquisitely radiosensitive.
- With total excision and radiation, the 5-year survival rate may be as high as 75%.



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#### Histopathology:

- Extremely cellular
- Sheets of anaplastic ("small blue")
- Cells small with little cytoplasm and hyperchromatic nuclei
- Mitoses are abundant



#### Histopathology: only found in female's slides

- Often, focal neuronal differentiation is seen in the form of the Homer Wright or **neuroblastic rosette**.
- They are characterized by primitive tumor cells surrounding central neuropil (delicate pink material formed by neuronal processes).



## Peripheral Nervous System Tumors

### Schwannoma

- **Benign**, encapsulated tumors that can occur in soft tissues, internal organs, or nerve roots
- In the CNS, they are often encountered within the cranial vault in the **cerebellopontine angle**
- where they are attached to the vestibular branch of the **eighth nerve** (tinnitus and hearing loss)
- Sporadic schwannomas are associated with mutations in the NF2 gene
- Bilateral acoustic schwannoma is associated with NF2 syndrome (neurofibromatosis type 2)
- Attached to the nerve but can be separated from it

#### Histopathology:

- Cellular Antoni A pattern and less cellular Antoni B.
- nuclear-free zones of processes that lie between the regions of nuclear palisading are termed Verocay bodies.



Antoni B

Antoni A

### Neurofibroma

- Benign peripheral nerve sheath tumors
- Examples:
  - 1. Cutaneous neurofibroma
  - 2. Solitary neurofibroma (in peripheral nerve).
- These arise sporadically or in association with: **type 1 neurofibromatosis**, rarely malignant
- plexiform neurofibroma, mostly arising in individuals with NF1<sup>1</sup> have potential malignancy.
- Neurofibromas cannot be separated from nerve trunk (in comparison to schwannoma).

### Metastatic tumors

- About half to three-quarters of brain tumors are primary tumors, and the **rest are metastatic**
- Lung, breast, skin (melanoma), kidney and gastrointestinal tract are the commonest.
- Sharply demarcated masses with edema.



<sup>1-</sup> neurofibromatosis type 1

## **Homework**!

### Homework: Familial Tumor Syndromes.

#### Q1: Describe the inheritance pattern and the main features of:

- Type 1 Neurofibromatosis.
- Type 2 Neurofibromatosis.

Neurofibromatosis	Type 1	Type 2
Inheritance pattern	An <b>autosomal dominant</b> disorder caused by mutations in the <b>tumor suppressor</b> <b>neurofibromin</b> , encoded on the long arm of chromosome <b>17</b> (17q).	A <b>dominant</b> loss of function mutation of the <b>merlin gene</b> on chromosome <b>22</b> .
Main features	<ol> <li>Learning disabilities.</li> <li>Seizures.</li> <li>Skeletal abnormalities.</li> <li>Vascular abnormalities with arterial stenoses.</li> <li>Pigmented nodules of the iris (Lisch nodules).</li> <li>Pigmented skin lesions (axillary freckling and café au lait spots) in various degrees.</li> </ol>	<ol> <li>Benign tumor.</li> <li>Bilateral acoustic neuromas.</li> <li>(schwannoma; &gt;90% of cases).</li> <li>CN VIII tumor.</li> <li>Sensorineural hearing loss, tinnitus.</li> <li>Meningiomas.</li> <li>Spinal schwannomas 7.</li> <li>Juvenile cataracts (~80% of cases)</li> </ol>

Q2: Which one of these two syndromes, has a propensity for the neurofibromas to undergo malignant transformation at a higher rate than that observed for comparable tumors in the general population?

Neurofibromatosis Type **1**.



# Summary

### **CNS Tumors**

Gliomas	<ul> <li>Astrocytoma:</li> <li><u>1. Fibrillary Astrocytoma</u>: adults, Cerebral hemisphere "supratentorial", types:</li> <li>A. Diffuse astrocytoma (Grade II)&gt; Variable nuclear pleomorphism.</li> <li>B. Anaplastic astrocytoma (Grade III)&gt; Greater nuclear pleomorphism, mitosis.</li> <li>C. Glioblastoma (Grade IV)&gt; Necrosis, vascular or endothelial cell proliferation.</li> <li><u>2.Pilocytic Astrocytoma</u>: Children and young adults, Benign in cerebellum "infratentorial".</li> <li>Gross: cystic, with a mural nodule, Well circumscribed.</li> <li>Histology: Rosenthal fibers, hyaline granular. *GFAP positive.</li> <li>Oligodendroglioma: Adults, Malignant tumor mainly in Cerebral hemispheres, loss of heterozygosity for chromosomes 1p and 19q.</li> <li>Morphology: fried egg pattern, Chicken wire pattern.</li> <li>Ependymomas: Malignant tumor, children and first two decades of life, Ventricular system (4th ventricle) &amp; central canal, in adults (spinal cord). Morphology: perivascular pseudorosettes, Rosettes canals, high mitotic, necrosis.</li> </ul>		
Meningioma	<ul> <li>Benign tumor in subarachnoid in adults (mainly women).</li> <li>Microscopic: Psammoma bodies, whorled pattern.</li> <li>Main types (Grade I): <ol> <li>Syncytial.</li> <li>Fibroblastic.</li> <li>Transitional.</li> </ol> </li> <li>Subtypes: <ol> <li>Atypical meningiomas (Grade II).</li> <li>Anaplastic meningiomas (Grade III).</li> </ol> </li> </ul>		
PNS Tumors			
Medulloblastoma	<ul> <li>Children.</li> <li>Highly malignant tumor in the cerebellum. (Grade IV).</li> <li>Morphology: small, round and blue cells, little cytoplasm &amp; hyperchromatic nuclei.</li> </ul>		
Schwannoma	<ul> <li>Sporadic benign tumor.</li> <li>Bilateral, within the cranial vault in the cerebellopontine angle (8th nerve).</li> <li>Associated with NF2 gene.</li> <li>Microscopic: Biphasic pattern (Antoni A and little Antoni B), Verocay bodies.</li> </ul>		
Neurofibroma	<ul> <li>Benign tumors of peripheral nerve.</li> <li>With type 1 neurofibromatosis.</li> <li>Plexiform neurofibroma: NF1 syndrome.</li> </ul>		
Metastatic tumors	<ul> <li>lung , breast, skin (melanoma), kidney and gastrointestinal tract are the commonest.</li> <li>Sharply demarcated masses with edema.</li> </ul>		



#### Q1: Which of the following isn't correct:

- A) CNS tumors in adults most likely arise from supratentorial.
- **B)** CNS tumors in children most likely arise from posterior fossa.
- **C)** intracranial tumors are more common than intraspinal tumors.
- **D)** Intraspinal tumors are more common than intracranial tumors.

## Q2: Most common site of Fibrillary astrocytoma:

- A) Čerebellum.
- **B**) Diencephalon.
- **C)** Cerebral hemisphere.
- **D**) Red nucleus of the brainstem.

## Q3: Secondary Glioblastomas share which of the following mutations?

- A) EGFR
- B) WEDO
- **C)** p53
- D) BRCA1

#### Q4: In Oligodendroglioma, the most common genetic findings are loss of heterozygosity in:

- A) Chromosome 1q and 19p.
- **B)** Chromosome 1p and 19p.
- **C)** Chromosome 1p and 19q.
- **D)** Chromosome 1q and 19q.

## Q5: one of the histopathological findings in Ependymoma:

- A) Verocay bodies.
- **B)** rosettes.
- **C)** Psammoma bodies.
- **D)** Kamino bodies

## Q6: Medulloblastoma exclusive site in children:

- A) Cerebral hemisphere.
- **B)** Cerebellum.
- C) Medulla.
- D) Pons.

## Q7: One of the histopathological findings in Meningioma:

- A) Kamino bodies.
- **B)** rossetts.
- **C)** Psammoma bodies.
- **D)** Verocay bodies.

#### Q8: Sporadic Schwannoma and Bilateral acoustic schwannoma is associated with which of the following gene mutations?

- A) BRCA1.
- **B)** EGFR.
- **C)** NF2.
- **D)** p53.

# Q9: after ending this lecture, what is the most dangerous and invasive brain tumor?

- A) Medulloblastoma.
- B) Ependymoma.
- C) Meningioma.
- D) Glioblastoma.



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