



Neuropsychiatry Block

Pharmacology Team 438

Summary

★ Starred lectures are more likely to come in SAQ

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Team Leaders:

May Babaeer

Zyad Aldosari

This Summary was done By:

Reem AlGarni

Yasmeen AlMousa

Sara AlFarraj

Nujud AlAbdullatif

Deana Awartani

Reema AlSerhani

Nouf AlShammari

Lecture (1): Drugs related to balance

Drug	M.O.A	Uses	ADRs	C.I
Vestibular Suppressants				
Anticholinergics				
Hyoscine	<ul style="list-style-type: none"> -Inhibits firing in vestibular nucleus neurons -Reduce the velocity of vestibular nystagmus 	<ul style="list-style-type: none"> 1-motions sickness 2-sedation 	<ul style="list-style-type: none"> -Dry mouth -Blurred vision -sedation 	—
Benzodiazepines				
<ul style="list-style-type: none"> Lorazepam Clonazepam Diazepam 	binding to BZ receptors in the brain → enhance GABA action on the brain → reduction of neural excitability. <small>(Mentioned in Anxiety lecture)</small>	<ul style="list-style-type: none"> -Management of acute vertigo (small doses) -Minimize anxiety and panic w/ vertigo 	<ul style="list-style-type: none"> -Dependence -Impaired memory - Increased risk of falling (ataxia) 	<ul style="list-style-type: none"> -pregnancy → (Fetal depression). -Breast feeding → (neonatal depression). - Dose reduction in Liver disease & old people <small>(Mentioned in Anxiety lecture)</small>
Betahistine				
Betahistine <small>(Structural analog of Histamine)</small>	<ul style="list-style-type: none"> 1-Weak H1 receptor agonist: local vasodilation and increased permeability (reverses endolymphatic hydrops) 2-Potent H3 receptor antagonist: Increases local conc. of histamine in inner ear 	<u>Ménière's syndrome</u>	<ul style="list-style-type: none"> -Headache -Nausea -GIT side effects -Hypersensitivity 	<ul style="list-style-type: none"> -Pheochromocytoma - bronchial asthma -History of peptic ulcer -Hypersensitivity reactions
Antiemetics				
Phenothiazines				
Prochlorperazine	<ul style="list-style-type: none"> 1-Blocks dopamine receptors at CRTZ 2-Antiemetic 3-Antipsychotic + some sedation 4-Some vestibular suppression 	One of the best antiemetic drugs used in vertigo	—	—

Lecture (1): Drugs related to balance

Drug	M.O.A	Uses	ADRs	C.I
Antiemetics				
Antihistamines				
Dimenhydrinate	1-Block H1 receptor in CRTZ 2- Sedation 3- Weak anticholinergic effect 4- Decrease excitability in the labyrinth and blocks conduction in the vestibular-cerebellar pathways	- Vertigo -Prevention of nausea & vomiting associated motion sickness	-Sedation -Dizziness -Anticholinergic side effects	- Glaucoma -Prostatic enlargement
Dopamine Antagonists				
Metoclopramide Domperidone	1- Block dopamine D2 receptors in the CRTZ, resulting in potent central anti-nausea & antiemetic action 2- Some sedation 3- Potent gastroprokinetic effect	Esophago-gastric reflux	-Restlessness or drowsiness -Extrapyramidal manifestations on prolonged use	—
Prophylactic Treatment				
Calcium Channel Blockers				
Cinnarizine	1- selective K ⁺ & Ca ²⁺ channel blockers 3- Inhibits K ⁺ currents (Lessens vertigo and motion induced nausea by dampening the over-reactivity of the vestibular hair cells) 2- Antihistamine, antiserotonin, antidopamine	Treatment of nausea and vomiting associated with: 1-Motion sickness 2-Vertigo 3-Ménière's disease	1-Sweating 2-Headache 3-Drowsiness 4-Muscle Rigidity and tremors	1-Parkinsonism 2-Car drivers
Drugs Inducing Vertigo				
A- Vestibular toxins (Altering function) 1- Drugs altering fluid and electrolyte balance: Diuretics 2- Drugs altering vestibular firing (neural depressant) Anticonvulsants, antidepressants, sedative hypnotics, alcohol, & cocaine		B- Mixed ototoxins (Altering structure) Aminoglycosides: - gentamicin: induces apoptosis by evoking free radicals → mitochondrial pathway - neomycin: induces apoptosis by activating caspases → death receptor pathway. (Altering function) Quinine, chloroquine, quinidine / nitrogen mustard / loop diuretic / NSAIDS / tobacco -Decrease local blood flow → biochemical changes → decrease electromechanical transduction → decrease firing of impulse		

Lecture (2): Drugs acting on Eye



Drug		Actions	Uses	ADRs	C.I
Cholinergic agonist					
direct		- Meiosis - Contraction of ciliary muscles → Increase aqueous outflow through trabecular meshwork → decrease IOP	-induction of miosis in surgery. - open angle glaucoma.	- Diminished vision (myopia) -Headache	-
Methacholine					
Carbachol					
Ach			- open angle glaucoma.		
Pilocarpine					
Indirect			- Glaucoma. -Accommodative esotropia → echothiophate + physostigmine. -In lice infestation of lashes. → physostigmine. Both direct and indirect: -Counteract action of mydriatics. - To break iris-lens adhesions.		
reversible	Physostigmine				
	Demecarium				
Irreversible	Isofluorophate				
	Echothiophate				
Cholinergic antagonist					
Natural Alkaloids	Atropine	- Passive mydriasis	-To prevent adhesion in uveitis & iritis. - Funduscopy examination.	-	-angle closure glaucoma.
	Scopolamine	- Cycloplegia.			
Synthetic atropine	Homatropine	- Increased IOP.			
	Cyclopentolate	- Decreased lacrimal secretion → sandy eye.	- Measurement of refractive error.		
	Tropicamide				

Lecture (2): Drugs acting on Eye

Drug	M.O.A	Uses	ADRs	C.I
Adrenergic agonists				
Selective α_2 agonists				
Apraclonidine	- ↓ production of aqueous humor.	- open angle glaucoma -prophylaxis against IOP spiking after glaucoma laser procedures.	-bradycardia. -hypotension.	-
Selective α_1 agonists				
Phenylephrine	-active mydriasis (without Cycloplegia).	-fundoscopic examination. -prevent adhesion in uveitis & iritis. -Decongestant in minor procedures. allergic hyperemia of eye.	-↑ In BP.	-patients with narrow angle.
Non-selective agonists (α_1 , α_2 , β_1 , β_2)				
Dipivefrin (pro-drug of epinephrine)	-↑ uveoscleral outflow of aqueous humor.	-eye drops → in Open angle glaucoma .	- Headache. - Arrhythmia. -↑ In BP.	-patients with narrow angle.
Epinephrine				
β Blockers				
Selective β_1 (cardio-selective)	- ↓ production of aqueous humor.	- Open angle glaucoma .	-Ocular Irritation.	Advantage: -Can be used in patients with hypertension & ischemic heart disease . -Betaxolol is not causing bronchospasm
Betaxolol				
Non-Selective				
Carteolol				
Timolol				

Lecture (2): Drugs acting on Eye

Drug	M.O.A	Uses	ADRs	C.I
Prostaglandin analogues				
Latanoprost	- ↑ uveoscleral aqueous outflow .	-open angle glaucoma.	-Pigmentation of the iris (heterochromia iridis)	-
Travoprost				
Carbonic anhydrase inhibitors				
Acetazolamide	- ↓ production of aqueous humor by blocking Carbonic anhydrase enzyme	-open angle glaucoma.	Myopia, malaise, anorexia, GI upset, headache, Metabolic acidosis, & renal stone.	- Sulfa allergy - Pregnancy - Digitalis users.
Dorzolamide				
Osmotic agents				
Mannitol (I.V)	- Can rapidly ↓ IOP by ↓ vitreous volume prior to anterior surgical procedures.	-only in acute situations to temporarily reduce high IOP. (Closed Angle Glaucoma)	-Diuresis, circulatory overload, pulmonary edema, heart failure, & CNS effect: seizures, and cerebral hemorrhage.	-heart failure.
Glycerol (Orally)				-diabetic patients Causes: hyperglycemia
Anti-inflammatory drugs				
Drug	M.O.A	Uses	ADRs	
Corticosteroids				
Systemic: Prednisolone, Cortisone	- Inhibition of arachidonic acid release from phospholipids by inhibiting phospholipase A2.	- posterior uveitis. - optic neuritis.	- Glaucoma, cataract, increase IOP. - Skin atrophy. -Secondary infection. -Delayed wound healing.	
Topical: Prednisolone, Dexamethasone, Hydrocortisone		- anterior uveitis. - severe allergic conjunctivitis. -scleritis. -prevention of corneal graft rejection.		
NSIAD				
Flurbiprofen	- COX (cyclo-oxygenase) inhibitor.	- Pre-operatively to prevent miosis during cataract surgery.	- Stinging, sterile corneal melt & perforation.	
Diclofenac		- postoperative inflammation. - mild allergic conjunctivitis. - mild uveitis.		
Ketorolac		-Cystoid macular edema after cataract surgery.		

Lecture (3): Alcohol & the Brain

Pharmacokinetics	Metabolism
<ul style="list-style-type: none"> Ethanol crosses all biological membrane including placenta & CNS Acute alcohol consumption inhibits CYP450 2E1, ↓ metabolism of other drugs taken concurrently as (warfarin, phenytoin). Chronic alcohol consumption induces liver microsomal enzyme CYP450 2E1, which leads to significant increases in <u>ethanol</u> metabolism (Tolerance) & metabolism of other drugs as warfarin (Drug interactions). 	<ol style="list-style-type: none"> Ethanol is converted to Acetaldehyde via [alcohol dehydrogenase (Cytosolic Enzyme) in case of ACUTE consumption] or [CYT-p450 2E1 (Microsomal Enzyme) in case of CHRONIC consumption] Acetaldehyde is converted to Acetate via aldehyde dehydrogenase [in both acute and chronic]

“**Acute acetaldehyde toxicity**” characterized by **nausea, vomiting, dizziness, headache, vasodilatation and facial flushing**

Mechanism of action of alcohol: **Alcohol is a CNS depressant**

Acute alcohol: <u>Enhancement</u> of the effect of GABA on its receptor & <u>Inhibition</u> of glutamate action on NMDA receptors.	Chronic alcohol: <u>Up-regulation</u> of NMDA receptors & <u>Down regulation</u> of GABA receptors Leading to alcohol tolerance & withdrawal symptoms
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Chronic alcoholism associated syndromes:

Systemic: **CVS:**Hypertension,cardiomyopathy | **Endocrine:**Hypoglycemia & ketoacidosis,Hypogonadism | **Liver:****Hepatic cirrhosis**

<p>Fetal Alcohol Syndrome (FAS) <u>Irreversible</u></p> <p>Prenatal exposure to alcohol causes congenital malformation</p> <ul style="list-style-type: none"> Microcephaly Impaired facial development Congenital heart defects Physical and mental retardation. 	<p>Wernicke-Korsakoff Syndrome:</p> <p>It is a combined manifestation of 2 disorders:</p> <ol style="list-style-type: none"> Wernicke's Encephalopathy Korsakoff's psychosis <p>Cause: Thiamine (vit. B1) deficiency</p> <p>TREATMENT: Thiamine + dextrose-containing IV fluids</p>
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Alcoholism Tolerance in Chronic Consumption is Due to

Metabolic tolerance: due to induction of liver microsomal enzymes e.g. CYP450	Functional tolerance: due to change in CNS sensitivity
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Drugs Used in case of:

<p>Management of Alcoholism Withdrawal:</p> <ul style="list-style-type: none"> Benzodiazepines(Diazepam,lorazepam) best choice Acamprosate Fluoxetine Clonidine and Propranolol 	<p>Prevent alcohol relapse:</p> <p>Disulfiram:</p> <p>MOA: inhibits hepatic aldehyde dehydrogenase →increase blood level of acetaldehyde, this induces the symptoms of Acute acetaldehyde toxicity</p>
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Lecture (6): Central NTs

NT	Function	Diseases associated with its level
NE	Alertness, Arousal	↑ Mania + Anxiety ↓ Depression
Serotonin	Mood, Sleep, Appetite	Depression, Anxiety, Schizophrenia
Dopamine	- Nigrostriatal pathway: control movement. - Mesolimbic & mesocortical pathway: cognition and emotion - Tuberoinfundibular: related to endocrine system	↓ Parkinson's Schizophrenia
Ach	Learning, Memory	↑ Parkinson's ↓ Alzheimer's
Glutamate	Excitatory NT	↑ Epilepsy
GABA	Inhibitory NT	↓ Epilepsy, Anxiety

Lecture (5): General Anesthetics

Drug	Uses	Drug	Uses
Pre-Anesthetic medications			
opiates eg. Morphine	Induce analgesia	Anticholinergics e.g Hyoscine	Prevent secretion of fluids into the respiratory tract
Sedatives & anxiolytics e.g Diazepam	Relieve anxiety	Antihistamines e.g Diphenhydramine	Allergic reactions
Antiemetics e.g metoclopramide & prochlorperazine	Post surgical N&V	H2-receptor blockers e.g Ranitidine	Reduce gastric acidity
Thiopental (Barbiturates)	Smooth induction	Adjunct to general anesthesia: Neuromuscular blockers e.g succinylcholine, vecuronium & atracurium	-Facilitate intubation. -suppress muscle tone.

MOA of General anesthetics: Enhance the action of GABA A and glycine on receptors leading to **Greater entrance of chloride ion** → hyperpolarization → thus **decrease neuronal excitability.**

Drug	Features	ADRs or Disadvantage
Inhalation Anesthetics		
Halothane	- Non irritant (used in children) - Potent anesthetic, weak analgesic	- Slow induction and recovery - Sensitization of Heart to catecholamines - Hepatotoxicity - Malignant Hyperthermia C.I = Pheochromocytoma
Enflurane	- Metabolized to fluoride - Better muscle relaxation, Better analgesic properties	- Pungent (less induction - Not for pediatrics) - Airway irritation - CNS stimulation (Epilepsy-like seizure "abnormal EEG") C.I = seizure disorders & Renal failures
Isoflurane	- No nephrotoxicity & hepatotoxicity - No sensitization of the heart or arrhythmia	Pungent (Not for pediatrics)
Sevoflurane	- Better smell & No airway irritation (used in children) - little effect on HR	-
Desflurane	- Less metabolized - low boiling point (special equipment)	- Pungent odor - Airway irritation
Nitrous oxide	- Potent analgesic Uses= Outpatient anesthesia (Dental procedures) - balanced anesthesia - Neuroleptanalgesia - Delivery	- Diffusion hypoxia, Nausea & vomiting - Inactivation of B12 → megaloblastic anemia - congenital anomalies w\ repeated exposure - Leukopenia (chronic use) C.I= Pregnancy, Pernicious anemia, Immunosuppression

★ All Inhalation anesthetics are **CONTRAINDICATED IN HEAD INJURIES** because they ↑ICP

Lecture (5): General Anesthetics

Drug	Characters	Uses	ADRs	C.I
Intravenous Anesthetics				
Ultrashort acting barbiturates				
Thiopental Methohexital	<ul style="list-style-type: none"> -Rapid onset of action (1min) - Short duration (15-20 min) - Potent anesthetic - ↓ ICP 	<ul style="list-style-type: none"> - in head injury -Induction in major surgery - Alone in minor surgery 	<ul style="list-style-type: none"> -CVS collapse - Respiratory depression - Precipitate porphyria attack - Hypersensitivity reaction 	COPD & severe hypotension (hypovolemic & shock patient)
Non barbiturates				
Propofol	<ul style="list-style-type: none"> - ↓ ICP - Antiemetic action 	-head injury	<ul style="list-style-type: none"> -Hypotension (↓PVR) -involuntary movements 	
Etomidate	<ul style="list-style-type: none"> -Minimal CVS and respiratory depressant effects 	-	<ul style="list-style-type: none"> -Involuntary movements during induction -Postoperative nausea & vomiting -Adrenal suppression 	-
Benzodiazepines				
Midazolam Diazepam Lorazepam	<ul style="list-style-type: none"> Anxiolytic and amnesic action 	<ul style="list-style-type: none"> -Induction of general anesthesia. -Alone in minor procedure (endoscopy). -In balanced anesthesia (Midazolam). 	Respiratory depression	-
Ketamine				
Ketamine	<ul style="list-style-type: none"> -Dissociative anesthesia (Analgesic activity Amnesic action) -Potent bronchodilator 	<ul style="list-style-type: none"> - asthmatic patient - can be used in children - Hypovolemic, shock, & elderly patients 	<ul style="list-style-type: none"> -Postoperative hallucination vivid dreams & disorientation & illusions -Increases plasma catecholamine levels → ↑ICP → Risk of hypertension and cerebral hemorrhage -↑ BP & cardiac output → (↑central sympathetic activity) 	<ul style="list-style-type: none"> -Head injuries -CV diseases (hypertension & stroke)
Opiate drugs				
Fentanyl Alfentanil Sufentanil Remifentanil	<ul style="list-style-type: none"> Potent analgesia (not anesthetic) 	<ul style="list-style-type: none"> [Neuroleptanalgesia (Fentanyl+Droperidol) C.I.= parkinsonism] Neuroleptanesthesia (Fentanyl + Droperidol + nitrous oxide) Cardiac surgery (morphine + nitrous oxide) 	<ul style="list-style-type: none"> -Respiratory depression, bronchospasm (wooden rigidity) -Hypotension -↑ICP -Urinary retention -Prolongation of labor & fetal distress 	<ul style="list-style-type: none"> -Head injuries -Pregnancy -Bronchial asthma Chronic obstructive lung diseases -Hypovolemic shock (Large dose only)

Lecture (7,14): Drugs for Epilepsy



Drug	M.O.A	Uses	ADRs	C.I
Class: 1st Generation				
Fosphenytoin Parenteral form of phenytoin (IV & IM)	-Blockade of Na⁺ & Ca²⁺ influx into neuronal axon. -Inhibit the release of glutamate -Potentiate the action of GABA	1. Partial and generalized tonic-clonic seizures 2. Not in absence seizure. 3. In status epilepticus , given IV.	- Gum(gingival) hyperplasia - Folic acid deficiency (Megaloblastic anemia) - Vit D deficiency (Osteomalacia) -Teratogenic effect	
Phenytoin (orally) Enzyme inducer		1. Drug of choice in partial seizures 2. Tonic-clonic seizures (1ry & 2ry generalized) 3. Not in absence seizures - Other uses: 4. Bipolar depression, 5. Trigeminal neuralgia	-Hypersensitivity reactions. -Drowsiness, ataxia, headache. & diplopia. - Hyponatremia & Water intoxication - Teratogenicity	
Carbamazepine (Orally only) Enzyme inducer (including its own)	Inhibits T-type Ca²⁺ channels in thalamocortical neurons.	Drug of choice in absence seizures	- Drowsiness , fatigue, hiccups , headaches.	-
Ethosuximide (Orally)	-Blocks activated Na⁺ channels - Enhances GABA synthesis & reduces degradation -Suppress glutamate action - Blocks T-type Ca²⁺ channels	Effective in all forms of epilepsy include <u>absence</u> and photosensitive epilepsy Other uses: -Bipolar disorder and mania -Prophylaxis of migraine - Lennox-Gastaut syndrome	- Weight gain (↑ appetite) -Transient hair loss, with re-growth of curly hair - Thrombocytopenia - Hepatotoxicity - Teratogenicity (neural tube defect)	- not used with aspirin or coumadin^{warfarin} (+Bleeding) -pregnancy
Sodium Valproate (Broad spectrum antiepileptic) (Orally, IV) Enzyme inhibitor				

Lecture (7,14): Drugs for Epilepsy

Drug	M.O.A	Uses	ADRs	C.I
Class: 2nd Generation				
Topiramate (Orally) No effect on microsomal enzymes	-Blocks Na+ channels -Potentiates the inhibitory effect of GABA	1. Alone for, partial, generalized tonic-clonic, & absence seizures . 2. Lennox- Gastaut syndrome	- Psychological or cognitive dysfunction - Weight loss -Sedation, Dizziness, Fatigue - Urolithiasis -Paresthesias (abnormal sensation)	-kidney stones
Lamotrigine (Orally) No effect on microsomal enzymes	-Blockade of Na+ channels -Inhibits excitatory amino acid release (glutamate & aspartate)	1. As add-on therapy or as monotherapy in partial seizures. 2. Lennox- Gastaut syndrome	- Influenza-like symptoms -Skin rashes (may progress to Steven – Johnson Syndrome) -Somnolence -Blurred vision -Diplopia -Ataxia	-
status epilepticus (IV)		<u>LORAZEPAM / DIAZEPAM</u>		
safe in pregnancy (monotherapy is better than combo)		<u>LAMOTRIGINE</u> / levetiracetam		

Lecture (8): Drugs for Schizophrenia



Class	Drug	MOA	Uses	Characteristics
Typical	Chlorpromazine Thioridazine	Block dopamine receptors	Both classes: -Schizophrenia (main use) -Acute mania -Manic-depressive illness (during manic phase)	-Nonselective -Treat positive symptoms -Many side effects
	Haloperidol			
	Thiothixene			
Atypical	Clozapine	Block dopamine and serotonin receptors	For Atypical: -Refractory cases of schizophrenia -Reduce risk of recurrent suicidal behavior in patients with schizophrenia	-1st line of treatment -More selective -Treat both positive/negative symptoms (thus helps in the treatment of emotional blunting and anhedonia) -Less side effects
	Risperidone			
	Olanzapine			
	Quetiapine			
	Ziprasidone			
	Cariprazine			

Specific ADRs for Atypical drugs

Drug \receptor blockade	Main ADRs
Clozapine D ₄ and 5HT ₂	<ul style="list-style-type: none"> • Agranulocytosis • Seizures • Myocarditis
Olanzapine D ₁ - D ₄ and 5HT ₂	<ul style="list-style-type: none"> • Postural hypotension • Weight gain (Obesity) • Sedation
Quetiapine D ₁ - D ₂ and 5HT ₂	<ul style="list-style-type: none"> • Sedation • Hypotension • Sluggishness
Cariprazine D3 receptor	<ul style="list-style-type: none"> • Has positive impact on the cognitive symptoms of schizophrenia "advantage"
Risperidone D ₂ and 5HT ₂	<ul style="list-style-type: none"> • Postural hypotension • Weight gain (Obesity) • QT prolongation <p>(contraindicated in cardiac patient with QT prolongation)</p>
Ziprasidone D ₂ and 5HT ₂	<ul style="list-style-type: none"> • Dizziness & drowsiness • Akathisia • Headache • Weight gain (Obesity) <p>•Increased mortality in elderly with dementia-related psychosis</p>

Lecture (8): Drugs for Schizophrenia

Pharmacological actions and ADRs for Both

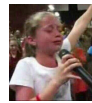
Action	Effect	Mechanism	ADR
CNS	Antipsychotic: <ul style="list-style-type: none"> Produce emotional quieting and psychomotor slowing Decrease hallucinations, delusions and agitation 	Blockage of dopamine receptors in mesolimbic system	<ul style="list-style-type: none"> Sedation, drowsiness, fatigue Haloperidol (typical), Risperidone (atypical)
	Extrapyramidal symptoms: <ul style="list-style-type: none"> Abnormal movement such as tremors, parkinsonism & Tardive dyskinesia 	Blockage of dopamine receptors in nigrostriatal system	<ul style="list-style-type: none"> Early: Parkinson's syndrome Late: <ul style="list-style-type: none"> -Tardive Dyskinesia -Neuroleptic Malignant syndrome
	Endocrine: <ul style="list-style-type: none"> Galactorrhea Amenorrhea Gynecomastia Impotence 	Prevent dopamine inhibition of prolactin release from pituitary → hyperprolactinemia	<ul style="list-style-type: none"> Same as the effects
	Metabolic: <ul style="list-style-type: none"> Changes in eating behavior and weight gain 	Blockage of dopamine receptors in periventricular (medullary) system	<ul style="list-style-type: none"> Same as the effects
	Antiemetic effect : <ul style="list-style-type: none"> Effective against drug and disease-induced vomiting (not motion sickness) 	Blockage of dopamine receptors in the CTZ of the medulla	—
ANS	Anticholinergic effect: <ul style="list-style-type: none"> Blurred vision Dry mouth Urinary retention Constipation 	Blockage of muscarinic receptors	<ul style="list-style-type: none"> Same as the effects Chlorpromazine (typical), Clozapine (atypical)
	Antiadrenergic effect: <ul style="list-style-type: none"> Postural hypotension Impotence Failure of ejaculation 	Blockage of α -adrenergic receptors	<ul style="list-style-type: none"> Same as the effects Chlorpromazine (typical), Thioridazine (typical)
Others	Temperature regulation: <ul style="list-style-type: none"> May decrease body temperature 	Heat loss as a result of vasodilatation (α -blocking) OR due to central effect	<ul style="list-style-type: none"> Obstructive Jaundice Retinal deposits (thioridazine) Granular corneal deposits Agranulocytosis (clozapine) Seizures(clozapine)
	ECG changes <ul style="list-style-type: none"> Prolongation of QT interval 		
	Antihistamine effect: <ul style="list-style-type: none"> Sedation due to H1 receptor blockade 		
	Quinidine-like actions (Block Na channels, antiarrhythmic effect)		

Lecture (9): Drugs used in Management of Pain

Drug	M.O.A	Uses	ADRs	C.I	
Opioids					
Agonist					
Morphine μ (Can cross placenta) Actions -↓ cough reflex & respiration -Miosis -release Histamine -↑Pressure in biliary tract	1- Binding to presynaptic opioid receptors coupled to Gi: →↓ AC & cAMP →↓voltage gated Ca2+ channels → reduce release of neurotransmitter	-Pain control (Severe cases: In cancer pain, severe burns, trauma, Severe visceral pain) -Pulmonary edema -Myocardial ischemia -Non-painful conditions e.g Heart Failure -Pre-anesthetic medications	-TOLERANCE & DEPENDENCE -Itching -Constricted Pupil -Sedation -Respiratory Depression -Constipation -Hypotension on long term use -Nausea & vomiting	-Elderly -Head injury “↑ICP” -Patients taking MAOIS -Pancreatic pain & Biliary\renal colic -Infants, neonates, or during childbirth -bronchial asthma or impaired pulmonary function	
Codeine μ		-Mild and moderate pain (systemic) -Cough -Diarrhea	Dependence less than morphine	-	
Tramadol μ -less potent than Morphine -inhibit NE & 5HT		→↓ AC & cAMP →↓voltage gated Ca2+ channels → reduce release of neurotransmitter	-Mild to moderate acute and chronic visceral pain -During labor - Rescue therapy in headache & migraine (Mentioned in headache & migraine Lecture)	- Seizures -Nausea - Dry mouth - Dizziness - Sedation - Less ADRs on respiratory and CVS	-Epileptics
Pethidine (meperidine) K -Atropine-like action (smooth muscle relaxant) -no cough suppressant effect		→ ↓ excitatory transmitter 2-Binding to postsynaptic receptors:	-As in morphine but not in cough and diarrhea -Better preanesthetic medication -in obstetric analgesia (no decrease in respiration) -Best choice in severe visceral pain; renal and biliary colics (smooth muscles relaxant)	-Tremors, convulsions, hyperthermia, hypotension. -Blurred vision, dry mouth, urine retention -Tolerance and addiction	-
Fentanyl μ more potent than pethidine and morphine		→ ↑ opening of K+ channels (hyperpolarization) →↓ neuronal excitability	-Analgesic supplement during anesthesia -Induce and maintain anesthesia in poor-risk pts (stabilizing heart) - in combination with Droperidol (antipsychotic) as NEUROLEPTANALGESIA - In cancer pain and severe postoperative pain	-Respiratory depression (more serious than morphine) -CV effects are less -Bradycardia may still occur	-
Methadone μ		-To treat and control opioid withdrawal	-In non-addicts, it causes tolerance and dependence but not as severe as that of Morphine	-	

Lecture (9): Drugs used in Management of Pain

Drug	M.O.A	Uses	ADRs
Opioids			
Antagonist (ANTIDOTES)			
Naloxone <small>(Pure opioid antagonist)</small>	Competitive antagonists that bind to the opioid receptors with higher affinity than agonists but do not activate the receptors	-Used to treat and reverse respiratory depression caused by opioid overdose	-Precipitates withdrawal syndrome in addicts
Naltrexone		-Reverse the effect of analgesia on the respiration of the new born baby	



مساحه للفضفه
اطلقوا العنان لها في
داخلكم

Lecture (4,10): Drugs for Depression



Drug	M.O.A	Uses	ADRs	C.I or +ve
Tricyclics (TCAs)				
Imipramine Amitriptyline Clomipramine <small>(More potent on 5HT)</small> Desipramine Nortriptyline <small>(More potent on NE)</small>	Block reuptake pumps for both 5HT and NE by competing for binding site of the transport protein	<ul style="list-style-type: none"> - Depression - Anxiety w\depression (mentioned in Anxiety lecture) - Panic attack - Imipramine because is used for treatment of nocturnal enuresis in children and geriatric patients - Chronic neuropathic pain 	-TCA block : $\alpha 1$ →Postural hypotension. M1 →blurred vision,urine retention. H1 →Sedation. and 5HT2 . -Sexual dysfunction -Narrow therapeutic index (\uparrow VD & protein bound)	C.I: -Glaucoma & enlarged prostate -Seizure disorder -manic-depressive illness (if given alone) <small>"should be given combo w\lithium salts"</small>
MonoAmine Oxidase Inhibitors (MAOIs)				
Phenelzine Tranylcypromine <small>(Non selective Irreversible)</small>	Inhibition of MAO enzyme which is responsible for catabolism of monoamines (NE -5HT-DA)	-Only used for refractory cases	<ul style="list-style-type: none"> -Antimuscarinic effects -Postural hypotension. -Sedation. -sleep disturbance. -Weight gain. 	-
Moclobemide <small>(Selective MAO-A reversible)</small>	There is 2 type of MAO: A (for NE & 5HT) B (for DA)		Specific for Phenelzine: Sexual dysfunction Hepatotoxicity	special advantage for Moclobemide is that, No cheese reaction "tyramine" occurs with its use.
Selective Serotonin Reuptake Inhibitors (SSRIs)				
Fluoxetine Paroxetine <small>(STRONG enzyme INHIBITORS)</small> Citalopram sertraline <small>(Weak enzyme INHIBITORS)</small> Escitalopram	<ul style="list-style-type: none"> -Selective 5HT reuptake inhibitors -Have no effect on NE or mACh, H, $\alpha 1$ receptors. 	<ul style="list-style-type: none"> -Depression -first line of treatment for <u>most anxiety disorders</u> (mentioned in Anxiety lecture) -Eating disorders: -bulimia nervosa (Fluoxetine) - Anorexia nervosa -premature ejaculation (+5HT2A) 	<ul style="list-style-type: none"> -Changes in appetite -Sexual dysfunction: delayed ejaculation -Drowsiness with Fluvoxamine -Discontinuation syndrome 	Advantages over TCA and MAOI: <ul style="list-style-type: none"> -Lacks cardiovascular and anticholinergic side effects -they do not cause 'cheese' reaction
Norepinephrine and Dopamine Reuptake Inhibitors (NDRI)				
Bupropion	UNIQUE MOA: NE and DA reuptake inhibitor	SMOKING CESSATION (reduces the severity of nicotine craving)	Seizures	ADVANTAGES: <ul style="list-style-type: none"> -No sexual dysfunction -No weight gain. -No orthostatic hypotension.

Lecture (4,10): Drugs for Depression

Drug	M.O.A	Uses
Noradrenergic and specific Serotonergic Antidepressants (NaSSA)		
Mirtazapine	<ul style="list-style-type: none"> - $\alpha 2$ receptor antagonist. - Blocks 5HT_{2A}, 5HT₃ and thus <u>reduces</u> side effects of sexual dysfunction and anxiety. - Blocking 5HT_{2C} → weight gain & H₁ → Sedation 	<p>Preferred in CANCER patients because:</p> <ol style="list-style-type: none"> 1- It improves appetite, ↑ body weight 2- ↓ nausea & vomiting 3- Sedation 4- Less sexual dysfunction 5- Has no anti-muscarinic effect.
Serotonin-2A Antagonist and Reuptake Inhibitors (SARI)		
Trazodone, Nefazodone	<ul style="list-style-type: none"> - Blocks 5HT uptake selectively - 5HT_{2A} antagonists <u>reduces</u> the risk of anxiety, sedation or sexual dysfunction - stimulates 5HT_{1A} receptors 	-
Serotonin and Noradrenaline Reuptake Inhibitors (SNRIs)		
Venlafaxine	-Selective 5HT and NE uptake blockers without $\alpha 1$, M ₁ cholinergic or H receptor blocking properties	-Depression -Anxiety
NE Selective Reuptake inhibitors (NRIs)		
Reboxetine	Block only NET (norepinephrine transporter)	SAFE TO COMBINED WITH SSRIs

Lecture (11): Drugs for Parkinsonism

Drug	M.O.A	Uses	ADRs	C.I
Dopamine precursor				
Levodopa & Carbidopa (Orally on EMPTY stomach)	- Is converted into dopamine via dopa decarboxylase (DC) peripherally and centrally. - L-dopa is usually given combined with DC inhibitors (carbidopa) to prevent peripheral conversion. - Benefits of the combo: Lower the dose and increase availability in CNS -Have Short duration which cause fluctuation lead to Dyskinesia	-all types of parkinsonism in (bradykinesia & rigidity) except those associated with antipsychotic drug therapy.	CNS effects: -depression -delusion -hallucination -Insomnia Peripheral effects: -N & V -cardiac arrhythmia (withdraw the drug) -mydriasis -Orthostatic hypotension - Dyskinesias	-Psychotic patient -Glaucoma (due to mydriatic effect) -Patients with history of melanoma -cardiac arrhythmia ----- Limitation: -Dyskinesia -Wearing-off effect - on-off phenomenon
Dopamine agonist				
Bromocriptine (Ergot Derivatives)	-D2 agonist	-Little use for Parkinson's disease - galactorrhea - Infertility in women.	-Similar to L-dopa but with Less prominent Dyskinesias	-Peripheral vascular disease (with ergot only) -Psychosis -Recent myocardial infarction
Pramipexole (Non-Ergot Derivatives)	-D3 agonist - Free radicals scavenger (Antioxidant)	initial therapy or with L- dopa For Parkinson's disease		
Dopamine release				
Amantadine	- Inhibits dopamine reuptake & increase DA release -an antagonist at muscarinic & NMDA receptors	-L-dopa resistance. - early stages of parkinsonism or as an adjunct to levodopa therapy.	- livedo reticularis -dopamine like side effects -Anticholinergic effect	-Anti cholinergics -History of seizures or heart failure

Lecture (11): Drugs for Parkinsonism

Drug	M.O.A	Uses	ADRs	C.I
MAO-B inhibitors				
Selegiline	<p>-selective irreversible inhibitor of MAO-B</p> <p>P.K: Neuroprotective effect: -Antioxidant -Anti-apoptotic.</p>	<p>Adjunctive to levodopa + carbidopa in later-stage parkinsonism to:</p> <p>-↓ the required dose of levodopa</p> <p>-Delay the onset of dyskinesia and motor fluctuations.</p>	<p>At high doses: -may inhibit MAO-A → (hypertensive crises)</p> <p>-insomnia</p>	<p>co-administered with:</p> <p>-TCA (hypertensive crisis)</p> <p>-SSRI (hyperpyrexia, delirium, coma)</p> <p>-Food restriction "low tyramine diet" is required (hypertensive crisis)</p>
COMT Inhibitors Inhibitors				
Entacapone	-Acts peripherally to inhibit COMT enzyme.	<p>adjuvant to L-dopa + carbidopa to:</p> <p>-Decrease fluctuations</p> <p>-Improve response</p> <p>-Prolonged the ON-Time</p>	-L-dopa side effects -Orange discoloration of urine	-
Tolcapone	-Peripheral and central COMT inhibitor		-	
Anticholinergic Drugs				
Benztropine	<p>-Central muscarinic antagonist.</p> <p>-It has modest anti-parkinsonian action</p>	<p>-Improve tremor & rigidity but have little effect on bradykinesia</p> <p>-Provide benefit in drug-induced parkinsonism (due to antipsychotics).</p>	<p>-Cycloplegia -Mydriasis -Dry mouth -Urinary retention -Constipation</p>	<p>-Prostatic hypertrophy -Glaucoma -Intestinal obstruction</p>
Trihexyphenidyl		<p>-early stage of the disease or adjunct to L-dopa therapy.</p>	<p>At high doses: -Confusion, Delirium & Hallucinations</p> <p>-Trihexyphenidyl may cause withdrawal symptoms in high doses.</p>	

Lecture (12): Drugs for Meningitis

Drug	M.O.A	Spectrum & uses	P.K	ADRs
Inhibitors of cell wall synthesis (B-LACTAMS)				
Penicillins	Inhibit bacterial cell wall synthesis (bactericidal)	Narrow (+ve Only)	-B-lactamase sensitive	- Hypersensitivity -diarrhea - Nephritis -Super-infections -High dose in renal failure → seizure
Penicillin G				
Aminopenicillins: Amoxicillin Ampicillin		-Broad -Not active against <i>pseudomonas aeruginosa</i>	given with b- lactamase inhibitors: 1-Amoxicillin + clavulanic acid 2-Ampicillin + sulbactam Combo intended to: prevent hydrolysis by the enzyme and extend spectrum	
Cephalosporin (3 rd Gen)		-Highly effective against Gm -ve bacilli - Ceftazidime → against P. Aeruginosa -Used for treatment of meningitis cause by pneumococci, meningococci, H. Influenzae - highly resistant to B-lactamase	-	
Carbapenems		-wide spectrum -resistant to most B-lactamases	-inactivated by dihydropeptidase to a nephrotoxic metabolite, so given combo with dihydropeptidase inhibitor (cilastatin)	
Imipenem				

Other inhibitor of cell wall synthesis

Vancomycin	Cell wall inhibitor (bactericidal)	- Narrow (+ve bacteria) -used against (MRSA) -used in combo with 3rd gen cephalosporins for meningitis caused by penicillin resistant pneumococci	-poorly absorbed orally, only given orally to treat GIT infections cause by <i>clostridium difficile</i> (pseudomembranous colitis) - given IV for meningitis	-ototoxicity -nephrotoxicity -phlebitis at site of injections - histamine release leading to: 1- red man or red neck syndrome 2- hypotension
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Aminoglycosides

Gentamicin	-Inhibit protein synthesis (30 S subunit) -Bactericidal	Exclusive for aerobic Gram -ve bacteria	I.V	-Ototoxicity & Nephrotoxicity -Neuromuscular blockade
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Lecture (13): Anxiety and Panics

Drug	M.O.A	Uses	ADRs	C.I
Benzodiazepines (FAST ONSET OF ACTION)				
Agonist				
Triazolam & Oxazepam <i>(short act)</i>	binding to BZ receptors in the brain → enhance GABA action on the brain → chloride channels opening → <u>hyperpolarization</u> → reduction of neural excitability.	1- Anxiety disorders: -severe anxiety -GAD -OCD -Panic attack w/ depression: Alprazolam.	-Tolerance & dependance. -withdrawal symptoms: (rebound insomnia, anorexia, anxiety, agitation, tremors, convulsion). -Respiratory & cardiovascular depression <i>in large doses only (toxic effect)</i> -cognitive impairment -motor ataxia -anterograde amnesia -Hangover: (excess sedation,drowsiness, confusion)	-pregnancy → (Fetal depression). -Breast feeding → (neonatal depression). - Dose reduction is recommended in Liver disease & old people
Lorazepam Alprazolam Temazepam Estazolam <i>(Intermediate act)</i>		2- Sleep disorders (Insomnia): Triazolam, Lorazepam, Flurazepam.		
Diazepam Chlordiazepoxide Flurazepam <i>(Long - IV only)</i>		3-Treatment of epilepsy: Diazepam, Lorazepam 4- In anesthesia: ● Pre-anesthetic medication (diazepam) ● Induction of anesthesia (Midazolam, IV) 5- Alcohol withdrawal syndrome: (diazepam)		
Antagonist				
Flumazenil (IV)	Selective benzodiazepine receptor antagonist , bind competitively to GABA receptor replacing BDZ	Benzodiazepines overdose (antidote)	Can precipitate withdrawal symptoms in benzodiazepines addicts	
5HT-1A Agonist (DELAYED onset)				
Busprione (Orally)	Acts as a partial agonist at brain 5HTA1 receptors pre-synaptically inhibiting 5HT release. Actions: Anxiolytic only	As anxiolytic in mild anxiety & GAD	-GIT upset, dizziness, drowsiness -Not effective in severe anxiety/panic disorders	-Pregnant women -breastfeeding -Old people (>65) ● Dose reduction in liver disease, elderly

Lecture (13): Anxiety and Panics

Drug	M.O.A	Uses	ADRs	C.I
Monoamine oxidase inhibitors (MAOIs)				
Phenelzine	blocking the action of MAO enzymes	Reserved for patients who have not responded / intolerant of other treatments.	-Dry mouth -constipation -diarrhea -restlessness -dizziness	Require dietary restriction of fermented foods that contain tyramine (hypertensive crisis)
selective serotonin reuptake inhibitors (SSRIs) (DELAYED onset)				
Fluoxetine (Orally)	Blocking uptake of 5-HT	Considered the first line of treatment for most anxiety disorders (panic clinical disorder, OCD, GAD, PTSD, phobia) because they have low risk of dependency	-Nausea, diarrhea - Sexual dysfunction - weight gain -Sleep disturbance or insomnia -Dry mouth -Seizures *Increase in anxiety symptoms, insomnia or headache in the first days of treatment may ↓ compliance	
Tricyclic Antidepressant (DELAYED onset)				
Doxepin Imipramine Desipramine	Reducing uptake of 5HT & NA.	1. Used for anxiety esp: w/depression. 2. Panic attacks.	-Atropine like actions (dry mouth, blurred vision, tachycardia, urinary retention) -α-blocking activity (Postural hypotension). -Sexual Dysfunction	-Benign hypertrophic prostate. -Glaucoma. -seizures. -w/MAOI (mentioned in Antidepressant lecture)
Beta blockers				
Propranolol Atenolol	blocking peripheral sympathetic system → Reduce somatic symptoms of anxiety	performance or social anxiety.	-Decrease BP -Slow HR	caution in -asthma -cardiac failure -peripheral vascular disorders
Second generation (FAST ONSET BUT slower than BDZ)				
Pregabalin	Modulates calcium channels in CNS, ↓Ca++ influx modulates release of NTs	- treatment & prevention of relapse of GAD (1st line as SSRIS). - Epilepsy & neuropathic pain.	-dizziness & somnolence -Withdrawal symptoms may occur but less severe than benzodiazepines.	-

★ Lecture (15): Headache & Migraine

Class	Drugs
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Acute Attack (Rescue Therapy)

Analgesic	<ol style="list-style-type: none"> NSAIDs: buprofen, Naproxen: for mild to moderate attack with no nausea & vomiting. Non-opioid μ (mu) agonist: tramadol (it also inhibit 5-HT reuptake)
Antiemetics	<ol style="list-style-type: none"> Dopamine Antagonists: <ul style="list-style-type: none"> ★ Domperidone: Increases the Gastro-prokinetic \rightarrow \uparrowabsorbtion of abortive therapy ● Phenothiazines (Promethazine): Has a sedative effect. 5HT3 antagonists <ul style="list-style-type: none"> ● Ondanseteron , Granisetron: For severe nausea and vomiting. H1 antagonist <ul style="list-style-type: none"> ● Meclizine, diphenhydramine: Has anti-histaminic+ sedative + Anti-cholinergic effects.

Drug	M.O.A	Uses	ADRs	C.I
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Acute Attack (Abortive Therapy)

Ergots

Ergotamine tartarate <small>rare clinical use due to severe adverse effects may worsen Nausea & vomiting</small>	<p>-Non-Selective, -Partial agonism at 5HT1 receptors (5HT1B\1D)\rightarrow \downarrow release of vasodilating peptides \downarrow excessive firing of nerve endings -Partial agonist α-adrenoceptors\rightarrow Vasoconstriction (peripherally, not desirable)</p>	<p>-only used to abort the attacks, EXCEPT DHE can be given for severe, recurrent attacks NOT responding to other drugs</p>	<p>-cold and numbness of limbs -Anginal pain (coronary spasm) - Arrhythmia -Prolong use : -rebound headache -paraesthesia</p>	<p>★ -Pregnancy -Peripheral and coronary vascular diseases -Hypertension -prophylaxis of migraine -Liver and kidney diseases -in concurrent use with triptans</p>
Dihydroergotamine (DHE) <small>preferred in clinical setting. I.V, good with vomiting</small>				

Triptans

Sumatriptan <small>Subcutaneous \rightarrow peaks after 2 min (good with vomiting)</small>	<p>Selective Agonism at 5-HT1: inhibit the release of vasoactive peptides, promote vasoconstriction, and block pain pathways in the brainstem</p> <p>-No α1, α2, β-adrenergic, dopamine or muscarinic receptors.</p>	<p>-frequent, moderate or infrequent but severe attacks</p> <p>-cluster headache</p>	<p>same as ergot but better tolerated: -Vasospasm -Ischemic heart -Angina -Arrhythmias -Zolmitriptan: Chest & neck tightness, Coronary vasospasm & Somnolence</p>	<p>-Cerebrovascular disorders -Peripheral vasospastic diseases -Renal or hepatic impairment - uncontrolled hypertension. -History of ischemia -In concurrent use with ergots or MAOIs, lithium, SSRIs.</p>
Zolmitriptan				
Naratriptan				

Lecture (15): Headache & Migraine

Class	Drugs
Preventive Therapy	
Anti-epileptics	Block Na ⁺ channel & augment GABA at GABA-A receptors e.g Topiramate, Valproic
Antidepressants	TCA; amitriptyline and nortriptyline
Antihypertensives	B-blockers; propranolol (COMMONLY USED)

migraines a day or less and need rapid relief:

Triptans are often a better choice

Pregnant woman

paracetamol or **intranasal[†] sumatriptan** and or **diphenhydramine, meclizine** are **safe**.

headache episodes lasting 2 or 3 days

DHE is often the optimal choice because it has longer **T_{1/2}**

Menstrual migraine

Frovatriptan (very long $t_{1/2}$) twice per day beginning **two days before** the anticipated onset of menstrual migraine and **continuing for six days**.

- ★ For **extremely fast relief within 15 min** "emergency". **injectable Sumatriptan is the only choice.**
- ★ If expected **re-dosing is needed** & / or **recurrence of headache** → **Naratriptan, frovatriptan**, have slower onset, fewer side effects, and a lower recurrence rate.

Drug Interactions

Class\ Drug	Interactions
TCAs	<ul style="list-style-type: none"> • TCA are strongly bound to plasma protein→compete for (Aspirin and Phenylbutazone) plasma protein binding site • CYP-450 inducers (Barbiturates) • CYP-450 Inhibitors (Oral contraceptives, Antipsychotics, and SSRIs) ↑risk of toxicity • Co administration w\ MAOI→ cause hypertensive crisis.
MAOIs	<ul style="list-style-type: none"> • Pethidine: MAOIs interact with the opioid receptor agonist (pethidine) which may cause severe hyperpyrexia, restlessness, coma, hypotension. • Levodopa: mania and hypertensive crisis. • Amphetamine and Ephedrine: Indirectly acting sympathomimetic → <u>accumulated</u> monoamines→ hypertensive crisis. • Co administration w\ TCAs→ cause hypertensive crisis. • Co administration w\ SSRI→Serotonin syndrome. • Cheese reaction “Tyramine” →hypertensive crisis.
L-dopa	<ul style="list-style-type: none"> • Nonselective MAOIs • Pyridoxine
Benzodiazepines	<ul style="list-style-type: none"> • CNS depressant= e.g alcohol & antihistamine → increase their effect (Additive effect) • CYT P450 inhibitors =e.g. cimetidine & erythromycin, ↑t_{1/2} of BDZ • CYT P450 inducers=e.g phenytoin & rifampicin, ↓t_{1/2} of BDZ
Buspirone	<ul style="list-style-type: none"> • CYT P450 3A4 inhibitors = e.g. verapamil, diltiazem , ↑ buspirone level • CYT P450 3A4 inducers=e.g. Rifampin , ↓ buspirone level. • MAOIs (increase BP)
Ziprasidone	<ul style="list-style-type: none"> • Shouldn't be used with any drug that prolongs QT interval • Activity decreased by carbamazepine (CYP3A4 inducer) • Activity increased by ketoconazole (CYP3A4 inhibitor)
Alcohol	<ul style="list-style-type: none"> • Acetaminophen + alcohol = risk of hepatotoxicity • NSAIDs + alcohol = risk of major GI bleed or an ulcer • Narcotic drugs (codeine and methadone) + alcohol = risk of respiratory and CNS depression

THE END



CONGRATULATIONS !!!!

you have done so much for the pharmacology in this block and we believe that your hard working will pay off.
Good luck and ACE THE EXAM FUTURE DOCTORS !

Some SAQ Qs

Q1: A patient came to the clinic with phobia and anxiety and depression.

What is the drug should be prescribed ?

Fluoxetine

What is the MOA?

Selective serotonin inhibitors : bind to SERT-> block 5HT transport -> increases 5HT in the synapse.

Mention 4 ADRS:

- 1- GIT symptoms : nausea , vomiting
- 2- sexual dysfunction : loss of libido , delayed ejaclation
- 3- changes in appetite
- 4- anxiety and tremors (if combined with other antidepressants)

Q2: A patient came to the clinic with phobia and anxiety and depression.(Refractory case)

What is the drug should be prescribed?

Moclobemide

What is the MOA?

Selective MAO-A inhibitor

Mentions 4 ADRS:

- 1- postural hypotension
- 2- sleep disturbances
- 3- Weight gain
- 4- Antimuscarinic effects

Q3: A patient came to the clinic with Bulimia nervosa or Depression.

What is the drug should be prescribed ?

Fluoxetine

What is the MOA?

Selective serotonin inhibitors : bind to SERT-> block 5HT transport -> increases 5HT in the synapse.

Mention 4 ADRS:

- 1- GIT symptoms : nausea , vomiting
- 2- sexual dysfunction : loss of libido , delayed ejaclation
- 3- changes in appetite
- 4- anxiety and tremors (if combined with other antidepressants)

Q4: A cancer patient with depression.

What can be prescribed for his depression?

Mirtazapine

What is the MOA?

α_2 receptor agonist , blocks 5HT_{2A} and 5HT₃

Mention 2 side effects :

Sedation and weight gain

Q5: A patient with depression and wants to stop smoking?

What drug should be prescribed?

Bupropion

What is the MOA ?

Potency as NE and DA reuptake inhibitor

Mention advantages:

- 1-No sexual dysfunction
- 2- No weight gain
- 3- No orthostatic hypotension

ADRs:

seizures

Q6: A patient with cluster headaches or menstrual migraine

What drug should be prescribed ?

Sumatriptans - **Frovatriptan**

Mention the MOA:

Selective 5HT₁ receptor agonists, inhibit the release of vasoactive peptides, promote vasoconstriction, block pain pathways in the brainstem

Mention 3 ADRs:

- 1- vasospasm
- 2- arrhythmia , angina, ischemic heart
- 3- mild pain and burning sensation at the site of injection

Mention 4 contraindications:

- 1- history of ischemia
- 2- cerebrovascular disorders
- 3- peripheral vascular diseases
- 4- uncontrolled hypertension

Q6: Patients with severe migraine not responding to other drugs .

What drug can be used?

Dihydroergotamine

Mention the MOA:

Non-selective partial 5HT₁ receptor agonist, decrease release of vasodilating peptides and excessive firing of nerve endings. And decrease vasodilation & stretching of the pain endings

Mention 4 ADRs:

- 1- GI upset
- 2- anginal pain due to coronary spasm
- 3- rebound headache on prolong use
- 4- paraesthesia

Mention 4 contra indication:

- 1- pregnancy
- 2- peripheral and coronary vascular diseases
- 3- hypertension
- 4- liver and kidney diseases

Q7: A patient with schizophrenia showing leukopenia.

What antipsychotic drugs was he using?

Clozapine

Mention the mechanism of action:

Blocking D₄ and 5HT₂ receptors

Mention other ads :

- 1- seizures
- 2- myocarditis
- 3- excessive salivation during deep sleep